**Peek inside the Rossmoor owl boxes**

How are the owls doing – especially on the job?

By Sam Richards

Staff writer

Even if the barn owls themselves are rarely seen during the day, Eddy Ibarra said the raptors’ hard work can be detected, subtle though it is.

“There are fewer mice and rats around … it’s hard to say if there’s been a big difference, but the owls are helping,” said Ibarra, Rossmoor’s landscape field supervisor.

The owls inhabit Rossmoor with the help of nine “owl boxes” mounted on large poles about 10-12 feet above the ground at some of the community’s uppermost reaches, where development and nature meet, and where mice, moles, voles and gophers tend to cause the biggest problems with landscaping and gardens, Ibarra said. The owls are an environmentally friendly form of pest control, and have allowed Rossmoor groundkeepers to cut back substantially on the use of poisons to kill vermin.

Most, but not all, of the boxes host owl families. Ibarra said, based on the droppings, feathers, owl pellets (regurgitated guts of things the birds ate) and the remains of their prey workers have found inside.

There also are a handful of privately installed owl boxes around Rossmoor.

Ibarra said. The boxes can be built from scratch. Barn owls are commonly found in most of the United States, with the exception of the northern plains and the higher mountain ranges. The white owls with heart-shaped faces and no protruding “ears” are categorized as a “species of least concern” with a stable population. Still, their numbers have been declining in recent years, mostly because of habitat loss.

Farmers, ranchers and gardeners have been building “owl box” nesting sites for decades, as barn owls are proven eradicators of gophers, moles and other small critters that can cause problems for other animals, gardens or crops. During a typical three-month nesting period, a family of barn owls can eat more than 1,000 small animals.

Curtis Kaul, a landscaper who works in five different Rossmoor Mutuals, said, “There are fewer mice and rats around … it’s hard to say if there’s been a big difference, but the owls are helping.”

**INSIDE THE NEWS**

**Stumpfel and Harrington elected to the GRF Board**

Kathleen Stumpfel in District F and Dale Harrington in District G won the election for GRF Board of Directors.

Stumpfel defeated Milan Moravec by a vote of 382 to 126 to replace Steve Roath, while Harrington narrowly defeated Alan Swanson by a vote of 218 to 214 to take over for Geri Pyle, who has termed out. District B’s Carl Brown ran unopposed and was re-elected by acclamation.

The votes were counted by the independent audit firm Burr Pilger Mayer, Inc. and announced on Friday.

The new members, who will serve three-year terms, were seated on the Board following Monday’s Annual Meeting of Members. At that meeting, President Bob Kelso detailed the Board’s many 2018 accomplishments, including the pilot on-demand bus system, solar farm, technology committee report, LED lighting project and more.

A complete report of the annual and organizational meetings will be in next week’s News.

**GRF Committee to fill 10 openings next month**

The following 10 openings are available on GRF committees in June:

- Auditors Advisory Committee – two non-GRF Board member openings;
- Audit Committee – three non-GRF Board member openings;
- Finance Committee – two non-GRF Board member openings;
- Fitness Center Advisory Committee – two non-GRF Board member openings;
- Golf Advisory Committee – one non-GRF Board member opening.

Residents interested in serving on any of these committees are invited to apply by submitting their names and qualifications, along with a brief statement on why they want to serve, to Assistant Secretary Paulette Jones in the Board Office at Gateway Complex by Friday, June 7. If you have any questions, call her at 925-988-7710.

For more information, view the committees’ charters on the Rossmoor website at www.rossmoor.com. Hit the Residents Info tab, scroll down to Rossmoor Governance, and the committees’ information is listed under GRF Committees.

**Jerry Gerash named ‘Colorful Coloradan’**

Next month marks the 50th anniversary of the 1969 Stonewall Uprising outside a gay bar in New York City. Following a police raid on the Stonewall Inn, people congregated outside and began to fight back against the police, marking the beginning of a nationwide movement against anti-gay laws and police abuse.

Rossmoor resident and lawyer Gerald “Jerry” Gerash was one of the pioneers who fought for gay rights, both in

Continued on page 18A

Jerry Gerash talks about his fight for civil rights for gays and lesbians in the 1970s and beyond. By Maggie Sharpe

Staff writer

News photo by Dan Rosenstrauch

News photo by Dan Rosenstrauch
Asphalt paving underway, continues through May

Weather permitting, the following entries and streets are scheduled for asphalt maintenance this month:

- Wednesday, May 15 – Terra Granada Drive Entry 10
- Thursday, May 16 – Terra Granada Drive Entry 10
- Friday, May 17 – Terra Granada Drive Entry 10

- Monday, May 20 – Ptarmigan Drive between Entry 15 and cul-de-sac (downhill lane)
- Tuesday, May 21 – Ptarmigan Drive between Entry 15 and cul-de-sac (uphill lane)
- Wednesday, May 22 – Ptarmigan Drive between Terra Granada Drive and Entry 15 (downhill lane)
- Thursday, May 23 – Ptarmigan Drive between Terra Granada Drive and Entry 15 (uphill lane)
- Tuesday, May 28 – Rockledge Lane Entry 8

- Wednesday, May 29 – Pine Knoll Drive Entry 7
- Thursday, May 30 – Saklan Indian Drive Entry 5

On May 13 and May 14, one-way traffic will be in place from Golden Raid Road Entry 26 toward Skycrest Drive.

One-way traffic also will be in place from May 20 to May 23 on Ptarmigan Drive in the areas listed above.

All entries will remain open during construction, but there could be minor delays.

Residents in the affected areas are being informed with door-to-door notices, as well as notices posted in carports and laundry rooms and signs at each entry.

When trash or recycle pick-up is affected, bins will be placed at the entrance to the entry.

Kay Sjostrand woke up on a recent morning to find trucks busy repaving Running Springs Entry 1.

Dressed for Spring

A colorful turkey strolls along Golden Rain Road Entry 13, photo taken by Frances Chin.

West Nile virus

Eliminate spawning areas; remove sources of standing water near the home, including waterlogged flowerpots, cans, pet dishes, buckets, etc.

---

Custom Exteriors Inc.

On the Rossmoor Contractors List
Serving Rossmoor for 21 YEARS

SPRING BLOW-OUT!
BUY 4 WINDOWS, GET 1 FREE

*Expires 7/31/19. Labor Not Included

- We Handle the Entire Rossmoor Alteration Applications and City Permits
- We Bring The Showroom To You
- Mutual Operations Approved
- Over 400 Rossmoor Installations

FOR A LIMITED TIME - Free Upgrade to Sound Package Glass and new Quadra-Glide rollers for patio doors.

www.custom-exteriors.com
925-226-8857
Mutual 8, Rossmoor’s smallest co-operative, held its 50th annual shareholders meeting on May 7 and two individuals were elected to three-year terms on the board of directors by acclamation.

Alfreda Bell, who had been appointed to fill the 11 months remaining in the term of a director who resigned, was elected in her own right. Jim Ware ran unopposed for the directorship being vacated by interim President Bob Viator.

The highlights of the meeting were the informal brunch provided by the social committee and a demonstration on recycling and composting by Cindy Ware. After staff and committee reports were heard, vice president Luther Avery, on behalf of the directors and the membership, expressed appreciation to Viator for serving out the 11 months remaining in the term of the previous president, who resigned in the spring of 2018.

Mutual No. 8 was legally organized as a non-profit mutual benefit corporation in 1965. The legal entity was planned as the seventh construction project of First Mutual. Ross Cortese’s surveyors and civil engineers drew up plans for Skycrest Drive and the driveways that would become Entries 2, 4, 5 and 6 along the north side of Skycrest Drive.

When the plans were approved and the heavy equipment started terracing the site, the local geology dictated some changes. Excavators trying to run a gas line up Skycrest Drive hit bedrock just under the surface. Rather than blasting a trench, the developer decided the manors along Skycrest Drive would become all-electric homes, a fashionable idea at the time. The presence of bedrock prompted other modifications. Some planned two-story buildings were replaced by level-in units, which could be built on slabs, eliminating the need for blasting and drilling.

The buildings were all erected in 1969, which allowed the first residents to move in. At the first annual shareholders meeting, a routine vote to approve the building project’s absorption into First Mutual didn’t go as planned. One of the directors, who had previously worked for Mutual 8, incoming President Jim Ware, left, is passed the gavel by outgoing President Bob Viator, who is stepping down after six years. HUD, convinced the others that they would be wiser to maintain their independence. And thus, Mutual 8, with 103 manors, became Rossmoor’s littler co-op mutual, compared to First Mutual with 1,878 manors and Second Mutual with 1,387 manors.
Rotary Club awards three scholarships

By Walker Lundy
Club correspondent

One of the most exciting community events sponsored annually by the Rossmoor Rotary Club is a speech contest for high school students from Las Lomas High School.

Three students gave speeches at a recent weekly meeting of the Rossmoor Rotary Club and were judged on their persuasiveness. The winner this year was Alejandra Ruiz, who spoke on the subject of the wage gap between the NBA and the WNBA. She won a $300 scholarship.

Second place and a $200 scholarship went to Maison Thompson, who spoke about the importance of human rights and the LGBTQ community. She will be awarded a $300 scholarship.

The students had to incorporate Rotary International’s Four-Way Test into their speeches. The test asks the following questions: Of the things we think, say or do, is it the truth, is it fair to all concerned, will it build goodwill and better friendships and will it be beneficial to all concerned.

One of the missions of Rossmoor Rotary is to work with young people in the community. In addition to the speech contest, Rotary pays to send students to Camp Royale, a leadership camp for high school students; contributes to scholarships for the Rossmoor Scholarship Foundation and makes a substantial donation to the Las Lomas Performing Arts Foundation.

Rossmoor Rotary meets weekly at the Hillside Clubhouse. The Hillside Clubhouse is located at 3400 Lower Golden Rain Rd., beginning at 11:30 a.m. Anyone interested in finding out more about Rotary may show up and have lunch as a guest.

Walnut Creek City Council declares June Pride Month

By Andrea Gourdin
LGBT Alliance Chairwoman

Walnut Creek City Council member Kevin Wilk led the way by introducing a resolution for the city council to consider approving June Pride Month and raising a rainbow flag.

It passed unanimously on May 7 without any public written or in-person opposition. It will be formally adopted on May 21.

This is a first for Walnut Creek and the effort had wide community support from the LGBT individuals and groups, politicians, the faith community, health organizations and straight allies. There was also a significant contingent from Rossmoor.

The LGBTQ community has gained many legal rights in this country, especially over the last 10 years. However, laws don’t change how we treat or interact with each other. All marginalized groups need others to stand with them to encourage wide-spread acceptance so that legal rights can have true meaning.

Rossmoor residents stood tall and responded to that call.

Hillside pool reopens for additional afternoon

The GRF has made some changes to try to address the lifeguard shortage and reduction of outdoor pool hours. Hillside has added back one lifeguard mid-week afternoon, with the pool remaining open on Thursdays from 6 a.m. to 8 p.m. and from 1 p.m. to 8 p.m. and from 1 p.m. to 8 p.m. on Tuesdays. The other days it closes at 1 p.m.

The shortened hours at the Dollar pool remain.

The pools also are now trying to hire year-round, full-time lifeguards, rather than seasonal part-time employees. This means the position is eligible for benefits that include medical, dental, paid holidays, vacation time off and more.

The job posting can be viewed at Rossmoor.com under About Us and Employment.

TICE VALLEY DENTAL

SEAN A. KARIMIAN, DDS

Located in
John Muir Outpatient Center

TEETH-IN-A-DAY IMPLANTS
DENTURE & PARTIAL SOLUTIONS
SENIOR DISCOUNT

$79.00

CLEANING
X-RAY
EXAM

$225.00 Value (New Patient only)

“arithmetic. The students had to incorporate Rotary International’s Four-Way Test into their speeches. The test asks the following questions: Of the things we think, say or do, is it the truth, is it fair to all concerned, will it build goodwill and better friendships and will it be beneficial to all concerned.

One of the missions of Rossmoor Rotary is to work with young people in the community. In addition to the speech contest, Rotary pays to send students to Camp Royale, a leadership camp for high school students; contributes to scholarships for the Rossmoor Scholarship Foundation and makes a substantial donation to the Las Lomas Performing Arts Foundation.

Rossmoor Rotary meets weekly at the Hillside Clubhouse, 3400 Lower Golden Rain Rd., beginning at 11:30 a.m. Anyone interested in finding out more about Rotary may show up and have lunch as a guest.

Rossmoor Rotary is one of 35,000 Rotary clubs worldwide with a total of 1.2 million members.

Walnut Creek City Council declares June Pride Month

By Andrea Gourdin
LGBT Alliance Chairwoman

Walnut Creek City Council member Kevin Wilk led the way by introducing a resolution for the city council to consider approving June Pride Month and raising a rainbow flag.

It passed unanimously on May 7 without any public written or in-person opposition. It will be formally adopted on May 21.

This is a first for Walnut Creek and the effort had wide community support from the LGBT individuals and groups, politicians, the faith community, health organizations and straight allies. There was also a significant contingent from Rossmoor.

The LGBTQ community has gained many legal rights in this country, especially over the last 10 years. However, laws don’t change how we treat or interact with each other. All marginalized groups need others to stand with them to encourage wide-spread acceptance so that legal rights can have true meaning.

Rossmoor residents stood tall and responded to that call.

Hillside pool reopens for additional afternoon

The GRF has made some changes to try to address the lifeguard shortage and reduction of outdoor pool hours. Hillside has added back one lifeguard mid-week afternoon, with the pool remaining open on Thursdays from 6 a.m. to 8 p.m. and from 1 p.m. to 8 p.m. on Tuesdays. The other days it closes at 1 p.m.

The shortened hours at the Dollar pool remain.

The pools also are now trying to hire year-round, full-time lifeguards, rather than seasonal part-time employees. This means the position is eligible for benefits that include medical, dental, paid holidays, vacation time off and more.

The job posting can be viewed at Rossmoor.com under About Us and Employment.

TICE VALLEY DENTAL

SEAN A. KARIMIAN, DDS

Located in
John Muir Outpatient Center

TEETH-IN-A-DAY IMPLANTS
DENTURE & PARTIAL SOLUTIONS
SENIOR DISCOUNT

$79.00

CLEANING
X-RAY
EXAM

$225.00 Value (New Patient only)

“arithmetic. The students had to incorporate Rotary International’s Four-Way Test into their speeches. The test asks the following questions: Of the things we think, say or do, is it the truth, is it fair to all concerned, will it build goodwill and better friendships and will it be beneficial to all concerned.

One of the missions of Rossmoor Rotary is to work with young people in the community. In addition to the speech contest, Rotary pays to send students to Camp Royale, a leadership camp for high school students; contributes to scholarships for the Rossmoor Scholarship Foundation and makes a substantial donation to the Las Lomas Performing Arts Foundation.

Rossmoor Rotary meets weekly at the Hillside Clubhouse, 3400 Lower Golden Rain Rd., beginning at 11:30 a.m. Anyone interested in finding out more about Rotary may show up and have lunch as a guest.

Rossmoor Rotary is one of 35,000 Rotary clubs worldwide with a total of 1.2 million members.

Walnut Creek City Council declares June Pride Month

By Andrea Gourdin
LGBT Alliance Chairwoman

Walnut Creek City Council member Kevin Wilk led the way by introducing a resolution for the city council to consider approving June Pride Month and raising a rainbow flag.

It passed unanimously on May 7 without any public written or in-person opposition. It will be formally adopted on May 21.

This is a first for Walnut Creek and the effort had wide community support from the LGBT individuals and groups, politicians, the faith community, health organizations and straight allies. There was also a significant contingent from Rossmoor.

The LGBTQ community has gained many legal rights in this country, especially over the last 10 years. However, laws don’t change how we treat or interact with each other. All marginalized groups need others to stand with them to encourage wide-spread acceptance so that legal rights can have true meaning.

Rossmoor residents stood tall and responded to that call.
DeSaulnier schedules a Town Hall

Congressman speaks May 28

Congressman Mark DeSaulnier will hold a Town Hall on Tuesday, May 28 at 10:30 a.m. in Rossmoor.

The Town Hall will run until noon in the Tahoe Room at the Event Center.

DeSaulnier, who represents the 11th Congressional District, will provide an update from Washington that includes the Robert Mueller report, Congressional oversight and a look at Democrats’ first 100 days since the most recent election.

Following past Town Hall formats, DeSaulnier will give a Power Point presentation and then answer questions submitted on cards, which will be available during the event.

For more information about DeSaulnier and the event, visit his website at https://desaulnier.house.gov.

Residents invited to join TV/Internet Survey Task Force

The new Ad Hoc TV/Internet Survey Task Force is looking for residents interested in serving.

Residents are invited to apply by submitting their names and qualifications to Assistant Secretary Paulette Jones in the Board Office at Gateway Complex by May 23. Questions can be directed to her by calling 925-988-7710.

For more information about the Ad Hoc TV/Internet Survey Task Force, the committee’s charter can be found online at https://rossmoor.com. Click on For Residents, scroll down to Golden Rain Foundation and click on the task force under GRF Committees.

OWLS: Families are nesting in the boxes

Natural solution for rodent control

Continued from page 1A he’s had no involvement with the 11th Congressional District, nesting pairs can coexist within a half mile or less of one another. But the boxes are installed as far from homes as possible, Ibarra said, because these birds are noisy – the adults screech, and the babies make a louder, more sustained sound than any other type of bird. “If we can do more to reduce human intervention to get our rodents under control, it’s all the better,” she said.

“It’s survival of the fittest, I guess you could say.” In a January email, her husband, Dick Bertrand, said the resident owl was seen shortly after that. Bertrand, a former member of the Mutual 61 landscape committee board, said she’s glad the owls are there.

“If we can remove the problem of specific species of owls, in this case barn owls, which are a natural solution for rodent control.

See the redesigned website at www.rossmoor.com.

SKIN CANCER & MEDICAL DERMATOLOGY NEAR ROSSMOOR

The Gladstone Clinic is pleased to announce that we will be seeing Dermatology patients at:

1220 Rossmoor Parkway (John Muir Outpatient Center)
On Wednesday Afternoons starting May 8th

HAYES B. GLADSTONE, MD
Former Director & Assoc. Professor
Stanford Dermatologic Surgery
Specializing in:
Skin/Mole Checks
Excisions
Moles Surgery
Cosmetic Surgery

KRYSRAL SUN, PA-C
Stanford Trained
Specializing in:
Skin/Mole Checks
Rashes
Acne/Rosacea
Eczema/Dermatitis/
Psoriasis
Cosmetic
Dermatology

We accept Medicare and most PPOs and are part of the John Muir Health Network.
To schedule an appointment
925-837-6000
www.GladstoneClinic.com

Untreated hearing loss increases your risk of FALLS, DEMENTIA and DEPRESSION

Dr. Mimi’s Audiology Clinic

Dr. Mimi is a Rossmoor resident who has a Ph.D. in Clinical Audiology. If you have Tinnitus (ringing in your ears) please give Dr. Mimi a call. She is a Tinnitus Specialist with 37 years of clinical experience.

“Tinnitus has been a part of my life for 40 years and I am fortunate to have had the wisdom of Dr. Mimi’s evaluations, guidance and professionalism along the way. A hearing aid experience with Dr. Mimi is impressive and I am assured by her expertise in the field of Audiology.”

Marc Davison

Dr. Mimi makes house calls for Rossmoor clients at NO extra charge!

Take the Rossmoor Green Line Bus to our parking lot.
Second survey available to share thoughts about Rossmoor Shopping Center

By Ann Peterson
Managing editor

The owners of Rossmoor Shopping Center are conducting a second survey to gauge interest in potential retailers and restaurants. The simple survey can be filled out and submitted online and will take 5 minutes or less to complete.

A link to the survey is available at https://rossmoor.com. Scroll to the Quick Links at the bottom of the page and click on Rossmoor Shopping Center Survey.

The survey asks participants what they would like to see in the shopping center, including restaurants, retailers and medical/professional services. The shopping center is undergoing a major renovation and welcoming new tenants, including the Burgerim franchise eatery late summer or early fall and Salons by JC, an 8,000-square-foot spa and beauty spa, early next year.

The first survey generated about 600 responses. Terrence Tallen, managing member of Rossmoor Retail Partners, which owns the shopping center, said he hopes the second survey will generate even more responses to help attract new businesses that residents want the most.

“We received a considerable amount of feedback, with responders citing the top five restaurants and top five retailers they’d like to see at the center,” Tallen said. “But we would like a larger sample set to present to prospective tenants so that we can best serve the community.”

LBGT Alliance announces Pride events

Throughout the month of June, the Rossmoor LBGT Alliance will host a series of inclusive events during its fourth Gay Pride Celebration. This year’s pride theme, “Love, Diversity, and Community,” aptly conveys the mission of the Alliance and the spirit of pride. Alliance events are open to all.

Pride events will kick off with an open discussion on Thursday, June 6, at 2 p.m. in the Vista Room at Hillside. Straight parents and grandparents of gay children will share stories of their personal experiences and family responses after learning these young people were gay.

This year’s Artist Salon will be on Sunday, June 9, at 1 p.m. in the Diablo Room at Hillside. The Salon will feature LBGT artists, writers and performers who will share their talent and creativity.

The always popular film festival will be on Wednesday, June 12, starting at noon. Four films will air during the afternoon and early evening.

Last year’s films were shown to full houses and this year’s films should prove equally popular. Details on individual films will be announced later.

There will be a Pride Walk on Saturday, June 15. Meet at 9 a.m. at the covered entry to Creekside.

The Alliance’s annual gala celebration will be on Saturday, June 15, in the Fireside Room at Gateway. The Oakland Gay Men’s Chorus will be the featured entertainment. Cocktails will be served at 5 p.m. followed by entertainment and dinner at 6.

June pride events will conclude with Salsa on the Plaza, a popular Rossmoor event for the past two years. Bring your dancing shoes and come celebrate on Thursday, June 20, at 7 p.m. at Peachcock Plaza at Gateway.

Any resident can join the Alliance. Membership is free. Go to the Alliance website at www.rossmoorlgbta.org.

Voter registration training sessions to be held today and on May 24

The Democrats of Rossmoor Club is sponsoring two voter registration training sessions specifically designed for volunteers who have never before registered voters in California.

The first two-hour session is today, beginning at 1 p.m., and that training will be repeated on Friday, May 24, also at 1 p.m. Both sessions will be held in Multi-Purpose Room 3, 1001 Golden Rain Road.

Those trained at these sessions will register voters in various settings, including live music events, farmer’s markets, retirement residences, a flea market and a ceremony for newly naturalized U.S. citizens. Some venues are within Rossmoor, and others, outside of Rossmoor.

Volunteers are scheduled in pairs—a newcomer teamed with someone experienced. Volunteering to register voters is an opportunity to spend a couple of hours getting to know someone better, or make a new friend, or go to an interesting new place, all while helping make democracy a reality.

At these two sessions, sign-ups will begin for some sites. Those attending should bring their calendars. Anyone interested in attending one of these sessions must reserve a seat by contacting Carol Weed at carol4ofa@gmail.com.

$25 OFF ROSSMOOR RESIDENT SPECIAL

SMOG STAR EXPRESS of Walnut Creek

1611 Newell Avenue  925-938-3315
OPEN 7 Days/No appointment needed

Visit us in the Mobil station near Kaiser in Walnut Creek Fast, Friendly, Affordable Service. Locally owned and operated. Test Only station.

Must present this coupon at Newell Avenue location. Cannot be combined with other offers. Not valid on retest. Valid thru 6-30-19.

• Fine Jewelry and Watch Sales
• On Site Jewelry Repair
• Large Selection of Remounts
• Full Service Watch Repairs
• Estate and Consignment Sales and Purchases
• Designated Free Parking in Back

ESTABLISHED 1946

Spitz Jewelers

1333 North Main Street • Walnut Creek, CA 94596
Phone: 925-932-8877 • Website: www.spitzjewelers.com • Email: info@spitzjewelers.com
Hours: Tuesday – Friday 10am – 5:30pm • Saturday- 10am-5pm • Sunday 12 – 4pm

Dr. Gil Magilen
Hearing Instrument Specialist

40+ years inventing clearer hearing

When a Sound Engineer tunes your tiny hearing aids...

MAGIC HAPPENS

Call 925-933-3314 or Visit Our Website: www.WCHAC.com

Hearing Engineering Technology Beyond Audiology

Unequaled Benefit and Value
FREE DEMO & Trial Period

WALNUT CREEK HEARING AID CENTER

1866 Tice Valley Blvd. Walnut Creek, CA 94595 (Next to Rossmoor Safeway)
John Muir Hospital needs volunteers to staff gift shop

By Maggie Sharpe
Staff writer

Volunteers are urgently needed to help staff the Muir Galleria Gift Shop at John Muir Health Medical Center (JMHMC) in Walnut Creek.

“We could probably use a dozen more volunteers for the gift shop due to the variety of shifts and because we’re open seven days a week,” said Don Liddle, president of JMHMC Auxiliary and a longtime Rossmoor resident. “We already have quite a few Rossmoor residents who volunteer with the Auxiliary.”

The Auxiliary is the fund-raising arm of the medical center in Walnut Creek, not only through proceeds from the gift shop but also through the Galleria Gift Shop at Walnut Creek, an annual golf tournament (coming up Aug. 26 at Orinda Country Club), and a teddy bear quilt drawing.

“The money raised is used to purchase equipment and other items for the medical center,” said Liddle.

Volunteers are needed for shifts (mostly 3 hours long), Monday through Friday, 9 a.m. to 6 p.m. (and 6 to 8 p.m. when volunteers are available) and Saturday and Sunday, 10 a.m. to 4 p.m. The shop experiences foot traffic from hospital visitors, as well as staff members.

“We have a gift shop manager on duty Monday through Friday and a weekend supervisor. Both of those are paid positions,” said Liddle.

The volunteer position is typical of any retail operation.

“Some volunteers are buyers, some run the cash register and some do display arrangements,” said Liddle, adding that the shop sells everything from fresh flowers to jewelry and apparel, toys and stuffed animals, baby items, greeting cards, used books, knickknacks, candy and soft drinks.

“The shop also has a fitting room for customers to try on clothes.”

Dave Milne, a volunteer at JMHMC, said he finds great personal satisfaction in doing volunteer work at the hospital.

“There is also a deep appreciation from the hospital staff for the volunteers,” said Milne. “I can’t tell you how many times I’ve been told how appreciative the staff is of volunteer efforts. My sense is that everyone, staff and volunteers, are empowered to participate in maintaining Muir’s high standards.”

There are a few steps to volunteering at JMHMC: Complete an application form; supply two references; submit to a background check; take a TB test; get an annual flu shot; and attend orientation/training.

For more information on volunteering, contact JMHMC volunteer coordinator Carrie Winchell at Carrie.Winchell@JohnMuirHealth.com, visit the John Muir website at www.JohnMuirHealth.com and click on the link to volunteering, or call 925-947-5358.

Volunteer Terri Parnoff assists customer Mike McEuen in the Muir Galleria Gift Shop at John Muir Health Medical Center.

My Health Journey Tours
7-day and 10-day Taiwanese Tours

My Health Journey Tours offers travelers the opportunity to experience Taiwan’s natural beauty, unique culture, and amazing history. Our tours combine medical visits, spa treatments, and cultural activities to create an enriching, relaxing experience.

START DATES:
September 23, 2019
October 14, 2019

With English-speaking tour guide the prices will be higher at $2299 and $2699 respectively with international airfare included (from SFO to Taipei round-trip flights).

Travel insurance, round-trip airfare, accommodations, all transportation and tickets included (except night market food and snacks, tips and personal expenses).

EXPERIENCE MY HEALTH JOURNEY TOURS at https://weaitravel.com/ or www.myhealthjourney.net

510-353-1888 510-972-9018

• Experience jade mining in creeks and do-it-yourself jade jewelry making

HIGHLIGHTS OF OUR TOURS:
• Carefully designed and arranged throughout with safety and comfort as the No.1 priority
• Designated English speaking tour guide throughout whole trip
• Luxury transportation (Mercedes-Benz Van) for small group (maximum of 8 people)
• All Luxury hotels with One-night stay at Lalu Hotel overlooking beautiful Sun Moon Lake view
• Enjoy a wide variety of Taiwanese cuisines and special chef’s tasting menu at CangJiu Mountain Wineyard
• Visit the one and only pristine low altitude rain forest in Taiwan to enjoy its unique Hot Spring Bath at Great Root Spa Resort
• Experience jade mining in creeks and do-it-yourself jade jewelry making

Need info? Try library at Gateway

By A. Braun
Library volunteer

If one doesn’t know exactly where to look for information on the internet, perhaps the Rossmoor Library can help. Texts, leaflets and newsletters can help focus the search before going to the internet.

They can be a start to finding what you need or want to know. Printed material can sometimes be more inviting than searching the internet.

The library offers a wide variety of reference books, ranging from antiques to music to the best plays from 1920 to 1936 to the “Random House dic- tionary of the English Language.”

Searching for information on a new or old appliance, car or product? Consumer guides are currently available for the years 2016 through 2019; Buying Guides for 2016 to 2019; and New Cars 2018.

Advocates for good physical and mental health can find information in the newsletters from Harvard Health, the Mayo Clinic, Tufts, Massachusetts Hospital and others.

To help plan a trip or just out of curiosity, look at the “Atlas of the World” to get an overview of the area, the landscape, geographic features and even the climatic, social, religious and economic statistics of an area.

Come browse the reference section of the library, you never know what you might learn.

The Rossmoor Library is located at Gateway. The hours are Monday, Tuesday and Thursday from noon to 4 p.m.; Wednesday and Friday, 10 a.m. to 4 p.m.; and Saturday, 10 a.m. to 1 p.m. Call 925-988-7704. The website is www.rossooorlibrary.org.
Talk show host Paul Preston will speak to Republicans at Event Center

Paul Preston will speak at the Republican Club dinner meeting on Tuesday, May 21, at the Event Center. The social hour is at 5:15 p.m. and dinner by Scott’s is at 6.

Preston has been ranked among the 50 most influential and most listened-to streaming talk show hosts. On Agenda 21 Radio, he analyzes problems facing the nation today. He is vice-chairman of New California, a movement to divide California into two states. Preston wants to reform high taxes, poor housing, education, and law enforcement.

Unlike the failed 2016 campaign to split California into six states, the New California movement seeks to consolidate rural California into a distinct economy separate from the coastal cities. The U.S. Constitution provides for the admission of a new state formed from an existing state with the approval of that state’s legislature and the U.S. Congress. Everyone is welcome for dinner and the speech, which costs $36. For the speaker only, it’s $35 and those interested should arrive at about 6:50.

For reservations, go to www.rossmoorepublicans.us. For information, call Susie White at 925-954-8282.

Reserve now to join workshop on self-defense for women

A free women’s self-defense workshop is offered on Thurs., May 23, in the Acalanes High School Multipurpose Room, 1200 Pleasant Hill Road, Lafayette. The doors open at 6 p.m., with the workshop from 6:30 to 7:30. Participants will learn about situational awareness and using everyday objects for protection. They will have a chance to practice what they learn on punching bags. All ages and abilities are welcome to participate in this hands-on, participatory workshop. Wear casual, work-out attire.

The workshop is sponsored by Assemblywoman Rebecca Bauer-Kahan in partnership with the California Highway Patrol. Space is limited. Reservations are required. Call 328-1515. The deadline is Monday, May 20.

Rossmoor Fund can help pay emergency expenses for needy residents

By Bill Leary

Club correspondent

The good news is that we are living longer. The bad news is that we are living long enough to exceed our retirement savings or our fixed incomes. We may have thought that we could get by on less in retirement, and we often do, but growing old has special challenges. And costs.

We are living long enough to suffer illnesses our parents never suffered and financial obligations they never faced. Even if we planned well, and most of us did not, life happens. Fully 40 percent of Americans cannot afford a sudden emergency expense of $400. It may be something like a hearing aid, eyeglasses or dental surgery. When such an emergency occurs, people in that situation must cut back elsewhere, take out a loan or ignore the emergency, however necessary.

Fortunately, when such an emergency occurs to a Rossmoor resident with limited income and financial resources, there is another choice: the Rossmoor Fund.

Through the generous contributions of other residents and clubs toward helping their neighbors, the Rossmoor Fund can provide individual grants to pay for emergency expenses that create a financial crisis. For 10 years the Rossmoor Fund has been helping hundreds of residents who have faced such a crisis. The Rossmoor Fund is not set up to help with normal ongoing expenses, but if you are facing an unexpected emergency and meet the fund’s minimum income requirements, it can pay that expense for you.

The Fund’s board of directors determines eligibility by looking at current assets and it stipulates that the annual income of the applicant can be no more than 250 percent of the current federal poverty guidelines (maximum income for 2019: $31,225 for individuals, $42,275 for couples).

Residents can obtain a copy of the simple, confidential grant application at the Rossmoor Counseling Center. Counselors can help fill it out and submit it to the Rossmoor Fund board. The application is also available online at rossmoorfund.org.

Rossmoor News • May 15, 2019

Save!

Take Advantage of this Great Offer:

DOCTOR EXAM, $85
BITE WING X-RAYS, & TEETH CLEANING

*save of open focus

Daniel J. McMillan, D.D.S.

PROVIDING ALL ASPECTS OF GENERAL AND COSMETIC DENTISTRY
2006 graduate of the University of the Pacific, CCDS CDA, ADA member
935-2292
1852 Tice Valley Blvd., Tice Valley Plaza Center

Looking for a New Dentist?

Conveniently located in Tice Valley Plaza, Dr. Daniel J. McMillan D.D.S. is accepting New Patients

COMPLIMENTARY CONSULTATION

6999 DIAMOND CERTIFIED RATING FOR WINDOW/DOOR INSTALLATION AND CUSTOMER SERVICE!

WEST COAST

WINDOWS & DOORS, INC.

SHOWROOM HOURS:
Mon.-Fri. 9 am-4 pm • Saturdays by appt.

FREE ESTIMATES
Rossmoor Listed
925-681-1776
1112 Willow Pass Court
Concord, CA

Kelly Mullins, Owner
Call Lic. #499083
www.westcoastwindowsanddoors.com
Rossmoor Farmers Market season resumes this Friday at Gateway

By Cathy Tallyn
Staff writer

If the thought of fresh strawberries, cherries and sweet corn makes your mouth water, you’ll be happy to know that Rossmoor’s Farmer’s Market is back on Fridays, beginning May 17.

The market will be from 9:30 a.m. to 1 p.m. in the same spot as other years – the far corner of Gateway’s front parking lot, at Golden Rain Road and Tice Creek Drive.

There are 15 vendors and counting. Resident’s favorite family farmers will be back. There will be farm fresh fruits and vegetables, along with plants, tamales, bakery goods and hummus.

“It’s a good variety,” said Savannah Slover, marketing director for the California Farmer’s Market Association. The group has markets all over the Bay Area. It screens the sellers; not just anybody can be a vendor.

“In order to participate, the vendor has to have grown it or made it himself,” she said.

Some farmers, who sell strawberries, cherries and corn, for example, come from as close as Brentwood, Slover said. But most come from as far away as the Central Valley. Usually, farmers participate at more than one Farmer’s Market location, she added.

Just what will be offered depends on the crop and the time of year. Rossmoor’s Farmer’s Market will continue into October.

Farmers bring their freshest, ripest product to market,” Slover said. “Bakers get into the kitchen at 3 a.m.” Rain or shine, there is always fresh picked local produce.

In the spring, the market is filled with strawberries, artichokes, green garlic, onions and sugar snap and English peas. During the summer, residents will be able to enjoy peaches, nectarines, melons, fresh corn, summer squash, fragrant basil and tomatoes.

The fall harvest brings persimmons, pomegranates, apples, pears and winter squashes.

Plans for this year’s market are much the same as last year. There will be some kind of entertainment most Fridays and occasional cooking demonstrations.

The community booth program also will also be carried over. It puts the spotlight on the many activities Rossmoor has to offer.

Rossmoor’s clubs and organizations that want to put the word out and recruit members are invited to participate. A pop-up booth with tables and chairs will be provided. There is no charge. To be considered, email sheilawalshcfma@gmail.com.

There also will be something special on opening day, but that’s to be determined.

“I think the Rossmoor community really enjoys the Farmer’s Market,” Slover said. “It’s something to look forward to.”
Tarot Study Group to meet May 28

Rossmoor Tarot Study Group will meet on Tuesday, May 28, from 10 a.m. to noon in the Garden Room at Dollar Clubhouse. (Note the change in time and place from last month.)

The May program continues a historical review of the tarot and highlights Barbara Moore, one of the founders of the Tarot Renaissance, which began in the 1970s.

The first International Tarot Conference was held at the California Institute of Integral Studies in 1988. The conference illustrated the use of the tarot for personal growth using the ancient imagery of the cards for contemporary use.

Rossmoor Tarot Study Group members will also be introduced to the new “Alice in Wonderland” tarot deck and manual. This will be followed by an interactive session with the tarot cards, illustrating these updated concepts. Afterwards, those interested are welcome to adjourn to the Creekside Grill for an optional lunch and follow-up discussion.

The origin of the tarot has been traced back to ancient times and cultures and the cards have been historically used as a pictorial map of the unconscious in symbolic form.

The club’s purpose is to study the history, culture and psychological use of the cards as a tool for insight and understanding of modern times and the individual.

The meeting is open to all interested Rossmoor residents.

For more information, to become a member, or to place your name on a volunteer contact list, email club president, Leanne Hamaji, at Lhamaji@gmail.com.

Check out Friday Lunch

The Rossmoor Recreation Department and Contra Costa County co-sponsor a lunch program on Fridays in the Diablo Room at the Hillside Clubhouse. The lunch is provided by C.C. Cafes. The goal is to provide nutritious and well-balanced meals to seniors.

A typical lunch is made up of an entrée (beef, chicken, pork, fish or pasta), salad and a dessert. Alternate meals are available as well. Monthly menus are available from the Recreation Department at Gateway. The suggested donations are $5 for seniors 60 years and older and $5 for people younger.

Many residents come to the Friday lunch program to enjoy the food and socialize. There are also many volunteers who work to provide this service and make the lunch a nice experience. Volunteers are needed for this program.

Lunch is served promptly at 11:30 a.m. Lunch attendees are advised to arrive 10 to 15 minutes prior to meal service to allow time to sign-up, get meal tickets and fill out any necessary forms.

For required reservations, call Elena Ybarra in the Recreation Department at 925-988-7703. Call by Wednesday at noon for that week’s Friday lunch.

Why join the Rossmoor Lions Club? Here are 15 reasons

By Leanne Hamaji
Club correspondent

The Rossmoor Lions Club’s goal is to serve those in need. The main focus is on the vision and hearing-impaired, but the club also supports programs related to pediatric cancer, diabetes, disaster relief, hunger and the environment.

People who give service to others, whether through Lions Club or other groups, discover the added benefit of intrinsic rewards. Studies have shown that giving of oneself can improve physical and mental health in many different ways, even lowering blood pressure. The intrinsic rewards vary from person to person.

Lions Club members often speak about how their lives have improved or become more fulfilled because of the efforts they’ve given to Lions Club programs. The benefits of joining Lions Club can be different for different people. They can be simple, straightforward benefits or multiple, intertwined benefits. Below are myriad reasons why people join and remain within Lions Clubs:

• to help people in need;
• to be a part of something larger than oneself;
• to create a social network after moving to a new community;
• to reconnect with a social community after the loss of a loved one;
• to maintain an outlet and release for oneself while acting as a caregiver for a loved one;
• to stay mentally stimulated;
• to add richness and fulfillment to life;
• to maintain a positive outlook on life during a rapidly changing and sometimes unsettling social and political climate;
• to work on a specific program, such as one that helps the blind, the hearing-impaired, the hungry, children with cancer, the environment, those affected by natural disasters or those with diabetes;
• to give a sense of value to one’s life;
• to create a continuing sense of connectedness and community;
• to “pay it forward” and help improve society as a whole;
• to advance goodwill around the world;
• to avoid loneliness;
• to expand one’s social network of friends and acquaintances.

If any of the reasons above appeals to you, the Rossmoor Lions Club welcomes you to try out the club. Attend a few meetings and/or volunteer for a few fundraising events and see if you begin to feel the camaraderie and self-fulfillment, or other benefits, that club members experience.

Club members customize Lions Club for their own needs. Some enjoy meals and social events; some would rather do fundraisers or work on specific programs; some get involved with other Lions organizations around the Bay.

The Rossmoor Lions Club meetings are on the first and third Thursdays from 11:30 a.m. to 1:15 p.m. in the Diablo Room at Hillside Clubhouse. For more information, to become a member, or to place your name on a volunteer contact list, email club president, Leanne Hamaji, at Lhamaji@gmail.com.
Rossmoor Scholarship Foundation awards 48 scholarships

By Bernie Wolf
RSF Trustee

Several hundred people gathered Sunday, April 28, at the Event Center to award 48 high school seniors and second-year Diablo Valley College students $3,000 each in scholarships.

The assembly included friends and family of recipients, as well as trustees and prior donors/supporters of Rossmoor Scholarship Foundation. This was the 52nd year of these awards. What started out as five scholarships in 1967 has blossomed to 48 awards this year because of the support of the Rossmoor community and many friends of RSF.

Aasim Yahya, a 2018 RSF scholarship recipient, was the keynote speaker. Yahya had just finished attending his first year at UC Berkeley. He was very open and honest about the challenges of starting college and shared his experience of having an anxiety episode prior to his first midterm exam. But his advice to the assembled students was to not become too focused on everything academic but also plan some time for activities beside studying.

Jan Geahry led the presentation of awards that followed. She has served as master of ceremonies for many years. Students briefly shared their name, the college they’d be attending and what their major might be; some also shared a highlight of their high school experience. Awards also were given for named scholarships – $3,000 scholarships given in honor or memory of loved ones – and add-on awards of $2,500. RSF scholarship recipients were eligible for the add-ons by submitting additional essays for specific awards. For instance, some might be interested in a career in computers, or music, or health-care fields, to name just a few examples.

This event was made possible by volunteer help from Fran Matthews and Lonna Wolf and a team of other trustees who helped decorate the Event Center and put out refreshments. Kathy Koch, an RSF trustee, was able to get delicious desserts donated by Serendipity, which is the Mt. Diablo High School training program for students interested in the hospitality sector. Rossmoor Realty, with special help from Lou Landgraf, donated the awards ceremony brochure.

Walter Krovoza, husband of trustee Rosemarie Krovoza, and first-time volunteer Len Cook provided the photography. Cook said that he felt better about the future of our country after meeting these award recipients, a feeling shared by many of the trustees who did interviews.

Donations are being accepted now to help support future scholarship recipients. Donors can use the coupon here in the newspaper or visit rossmoorscholarshipfoundation.org and click on DONATE and then DONATE NOW button.
Rossmoor Friends of Hospice hosts ‘Sneakers & Paws’ walk

If it’s May, it’s time for White Cane Days, the annual Rossmoor Lions Club’s fund-raiser and the primary support for Lions Club’s multiple vision programs.

To facilitate giving, a flyer was included in the May 1 edition of the Rossmoor News. And on Thursday, May 16, Lions Club volunteers will be sitting at donation stations in front of Gateway and at the Rossmoor Safeway complex.

The vision programs supported by Rossmoor Lions Club allow people to adapt to visual loss and continue to lead productive lives. Glasses or corrective eye procedures can significantly improve people’s lives. The assistance can help a child learn to read, help a high school student get ahead, allow an adult to continue to provide for his or her family, or help a senior maintain independence.

The primary beneficiaries of the annual drive will be the Lions Center for the Visually Impaired (LCVI) in Pittsburgh, and Lions In Sight in Vallejo.

LCVI conducts free eye screenings, holds adaptability classes for the vision impaired and provides home visits by vision specialists to help the sight-impaired adjust to vision loss. Many Rossmoor residents have benefited from the center’s eye screenings in recent years.

Lions in Sight Foundation provides over two hundred thousand pairs of eyeglasses per year to those in need internationally and domestically. The foundation also conducts free eye exams and helps to provide eye surgeries to low income clients.

Other beneficiaries of the fund drive include the Lions Eye Foundation in San Francisco, which provides free eye treatments and surgeries, and Sight Savers Foundation, affiliated with UC Berkeley, which provides free eye treatments and glasses for low income clients.

One hundred percent of donation to the Lions Club of Rossmoor Foundation, a non-profit 501(c)(3) organization, goes to vision programs for the blind and sight-impaired.

Checks should be made payable to “Lions Club of Rossmoor Foundation.” The checks can be deposited in the Lions Club mailbox in the Gateway administration building or mailed to Lions Club of Rossmoor Foundation, P.O. Box 2181, Walnut Creek, CA 94595.

All donations are greatly appreciated. Donors’ names will be publicized in a future issue of the Rossmoor News.

For more information regarding the White Cane Day fund drive or to become a member, email club president, Leanne Hama-jii at Lhama@jiji.com.

Genealogical Society to meet May 17

Dawn Kosmakos will discuss using DNA to find unknown ancestors when the Mt. Diablo Genealogical Society meets on Friday, May 17, at 10 a.m. in the Club Room at Creekside.

At the age of 45, Kosmakos took a DNA test for fun and discovered that the father who raised her wasn’t her biological father. After successfully losing DNA clues to find and reunite with her birth father, she became passionate about helping others with similar stories. She started as a search angel in Search Squad and DNA Detectives in 2016, which led her to start her career as a professional genetic genealogist.

The tools and concepts of locating an unknown parent are also helpful in finding an unknown ancestor. Kosmakos will present a case study of how she used DNA results, along with traditional genealogy, to aid in locating a biological paternal grandmother. She will demonstrate step by step how to separate DNA matches into family lines, how to fill in missing info and how to piece it all together to form a logical conclusion.

Following the meeting, a member and guest will be invited to attend the optional, no host lunch with the speaker in the Creekside Grill and meet at the Creekside Clubhouse. Lunch reservations need to be made before 3 p.m. on Wednesday, May 1. To do so, contact Terry Nordgren at 925-997-0033 or at Ter-yRch33@gmail.com.

The Mt. Diablo Genealogical Society meets the third Friday of the month at 10 a.m. in the Club Room. Visitors and guests are always welcome and more information is available at the society’s website at mdgs.webs.com and Facebook page.
AARP ‘Smart Driver’ course offered on May 17 and 24

The two-session AARP Smart Driver Course will be offered in Rossmoor May 17 and 24 to help residents refresh their existing skills and to pass along the latest driving laws.

The required first class is an eight-hour course, broken into two four-hour sessions. Both classes must be attended consecutively to receive credit. The four-hour sessions are on consecutive Fridays, May 17 and 24, from 1 to 5 p.m. in multipurpose room No. 3 in the Gateway Clubhouse. At the end of the second day of instruction, there will be an additional 15 minutes to complete distribution of certificates. Due to the amount of material covered, you must arrive on time both days.

You may also take this class online at www.aarp.org/auto/driversafety.

A refresher class will be offered Tuesday, May 28 from 8 a.m. to 12:30 p.m. for residents who have taken the eight-hour class or another refresher class within the last three years. That class also will be taught in multipurpose room #3 of Gateway Clubhouse.

There is a $5 registration fee, payable at the door. This event is open to all Rossmoor residents.

For reservations, contact Rose Jackson at 925-279-0735 or at rose-jackson@comcast.net.

NCJW offers workshop on the courts

The National Council of Jewish Women (NCJW) will meet on Thursday, May 23, at 2 p.m. in the Fireside Room at Gateway. Coffee and cake will be served.

The Contra Costa Section will present a program on the federal court system. It will show just how vital it is.

“Learn Why Courts Matter: You Be the Judge” is an interactive workshop. It will feature Judge Robert Cowen of the U.S. Court of Appeals for the Third Circuit, based in Philadelphia.

He joined the court in 1987 after being nominated by Pres. Ronald Reagan. Cowen has served in the federal judiciary since 1978. He will explain how the federal court system works and how judges are appointed to the individual courts.

Also on the program is Lindsay Morris, an associate director of government relations and advocacy from NCJW national headquarters in Washington, D.C.

Attendees will have an opportunity to review the data from a Supreme Court case and see how their decision matches the actual one.

There is a $5 registration fee, payable at the door. This event is open to all Rossmoor residents.

For reservations, contact Rose Jackson at 925-279-0735 or at rose-jackson@comcast.net.

NCJW works with other organizations to promote civil rights and tolerance. For information, visit www.ncjw.org.

SECURITY REPORTS
FROM SECURITAS

The following are the major incidents reported to Securitas, Rossmoor’s security service provider. They appear here as they were initially reported to Securitas. After investigation, details of a case may indicate a lesser or different incident description. If the case warrants it, the News will do a follow-up story.

Thursday, May 8
Fire: At 6:35 p.m., firefighters were called to 1443 Rockledge Lane, Entry 8, after smoke was seen coming from the roof where workers had been earlier in the day. Three engines responded. Upon close examination, firefighters saw a little bit of smoke coming from an attic vent in the two-story building. The crew found a smoldering fire in the gutter area and put it out. The small fire was above manor 1. No one was displaced and there were no injuries.

Workers repair a roof at 1443 Rockledge that was damaged from an attic fire on May 8.
A Blockbuster Novel Set in North Carolina’s Marshlands

By Cindy Kennedy

Della Owens’s debut novel, “Where the Crawdads Sing,” hit bestseller lists like a tidal wave. Since publication, it’s been the darling of book groups everywhere, including one of mine. “Where the Crawdads Sing,” it seems, is the novel of the moment.

In essence, “Where the Crawdads Sing” is equal parts a coming of age story and a crime thriller. Set in Barkley Cove, a small town on the North Carolina coast, the story begins in 1969. Two boys riding their bikes out to the old fire tower discover a body lying in the swamp. Soon word spreads that it is Chase Andrews, the town’s golden boy and star quarterback. Could Chase have fallen from the tower? Or was he pushed?

The narrative then toggles back and forth to the early 1950s, centering on the Clark family, who live in a shack on the marsh. The shack “sat back from the road...” As Kya grows up, she retreats into the marsh and finds solace in it. Tate Walker, whose father owns a shrimp boat, befriends Kya and teaches her how to shrimp. The two share a love for the marsh and its wild inhabitants. Kya encounters Chase Andrews in town, and, like the other girls in Barkley Cove, she’s charmed by him.

Owens, the author, is a wildlife scientist, and her extensive nonfiction writing has won several awards. Indeed, her lush, lyrical prose describing the marshland is the strongest part of “Where the Crawdads Sing.” The plot, however, is weakened by improbable situations which require a suspension of belief and a leap of faith.

Given its mega popularity, it’s no wonder “Where the Crawdads Sing” already has been snapped up for a screenplay. Clearly, the book is a commercial success. As to its literary merit, that’s a matter of personal interpretation. This reviewer would categorize it somewhere between a vacation book and a literary gem—a good, but not exceptional, novel.

“Where the Crawdads Sing” is part of the Rossmoor library collection. Cindy Kennedy can be emailed at cindykennedy55@yahoo.com.

Off the Shelf

Newcomers meet June 3

Newcomers will meet on Monday, June 3, at 1:30 p.m. at Dollar Clubhouse. Speakers will be Lily Padilla, reservations coordinator in the Recreation Department, and Susan Ritner, Channel 28 station manager. Voter registration representatives will be on hand in the Recreation Department, and Susan Ritner, Channel 28 station manager. Voter registration representatives will be on hand.

Participants can mingle with new residents, volunteers and others who have lived in the community for many years. Refreshments will be served.

Newcomers programs are open to all residents. No reservation is required to attend. The program is a unique way to welcome new residents.

The monthly meetings provide an educational opportunity to learn more about the community and are an optimal way to meet other new residents.

For more information, call Elena Ybarra in Recreation at 925-988-7703.

Interfaith Council sponsors Forum May 30

The Interfaith Council will sponsor its fourth Big Questions Forum of 2019 on Thursday, May 30, from 1:45 to 4:15 p.m. in the Donner Room at the Event Center.


Dr. Jilla Behnam lectures on Sufism and conducts Tamarkoz (Sufi meditation) classes and workshops nationwide. Currently, she is director of the MTO Sufi center in Berkeley.

She is also a regular guest speaker and instructor of the popular Tamarkoz DeCal course at UC Berkeley, “Connecting the Mind and Heart.”

A student of MTO Sufi Council’s Harvard and Sufi Institute, Behnam was trained directly by Sufi master Hazrat Salaheddin Ali Nader Angha to teach Sufism and Tamarkoz.

Behnam is a consultant in organizational effectiveness and leadership development, serving as director of Wayfinders, a leadership consultancy based in the Bay Area.

Previously, she was director of International Diplomacy and Partnership Programs at the University of California, Berkeley Extension. She received her Ph.D. in human behavior with a specialization in leadership and organization.

Saiganesh Sairaman is a minister of the Ananda Church of Self Realization in Palo Alto. He has traveled and given talks extensively throughout India and the Bay Area. Saiganesh holds a master’s degree in information technology and systems and is a partner for HR—Legal and Workforce Development and Communication with God, how does your tradition describe God? If there is communication with God, how does this take place? How does God participate in the lives of believers and in the life of our planet? Where is God found?

After each 20-minute presentation, questions from the audience will be taken by each speaker. The speakers will then join attendees at the round tables for discussion. People can share their personal experiences or ask each other questions.

For more information, contact Susie Kohl, president of the Interfaith Council, at 925-451-0668, or Sara Blackstock, coordinator of the Big Questions Forum, at blackstocksara7@gmail.com or 925-998-1417.

Gateway Tax Service

TAX SERVICE

- Tax Preparation
- Reduced taxes with advanced planning
- Financial & Investment Planning
- We help you deal with the IRS
- 17 years of experience
- We make house calls!
- 10% off with this Ad

MICHAEL W. OLF, CPA, EA
925-322-8067
www.gwtaxprep.com
Photo Club presents new exhibit at Gateway

Members of Rossmoor Photography Club have put a new twist on the old theme of “Still Life.” The exhibit, called “Still Life Revisited,” is on display at Gateway in the corridor between the office area and Fireside Room until November.

Called a “Still Life Revisited,” the refreshing exhibit displayed at Gateway in the corridor between the office area and Fireside Room until November.

Constantly searching for something new in photography, the print group decided to explore and create still life with an updated contemporary touch.


All Rossmoor residents and friends are invited to view the new exhibit.

The Rossmoor Photography Club has put on display a new photo exhibit titled “Still Life Revisited.” The exhibit is housed at Gateway in the corridor that links the office to the Fireside Room.

With a keen interest in learning more about their camera or photography, club members welcome individuals to take a look at the work. Whether using a cell phone, tablet, point-and-shoot or a DSLR, photographers with entry-level skills are especially encouraged to join. The club meets on the first and third Wednesdays evenings in the Vista Room at Hillside

For more information, email vickyarichardson@aol.com.

Snakes come out of hibernation in the spring. Rossmoor can call a trained and qualified person to remove snakes safely. From Monday through Friday, 8 a.m. to 4 p.m., call the Mutual Operations Service Order representative, 988-7650, to send out a technician. After 4 p.m. and on weekends, call Securitas at 988-7899.

Call Service Order desk to remove stray snakes

Snakes come out of hibernation in the spring. Rossmoor can call a trained and qualified person to remove snakes safely. From Monday through Friday, 8 a.m. to 4 p.m., call the Mutual Operations Service Order representative, 988-7650, to send out a technician. After 4 p.m. and on weekends, call Securitas at 988-7899.
Mutual 48 ‘Condo Stroll’ offers chance to see various floor plans

Mutual 48 — Entries 19 and 20 in The Heights at the top of Parmigan Drive — will stage a “Condo Stroll” for its residents, followed by a Mexican food buffet on Thursday, May 16, beginning at 3 p.m. This Condo Stroll will provide the opportunity for Mutual 48 residents to visit other condos in the neighborhood and see varying floor plans, outlooks, space use, décor and possible remodels. Six residents have graciously offered to open their homes that afternoon, three in Entry 19 and three in Entry 20.

The Condo Stroll will be followed by a Tortilleria El Molino Mexican buffet in the Davis-Gorges Park in Entry 19, beginning at 5:30 p.m. The price of the buffet and Mexican drinks is $20. Each condo will be open for approximately 20 minutes, following a set schedule which has been delivered to all residents. Golf cart transport (as needed) will be available from Doug Asmussen at 925-324-0533. For more information call Cindy MacLeod at 925-519-1212.

The Condo Stroll will be followed by a Tortilleria El Molino Mexican buffet in the Davis-Gorges Park in Entry 19, beginning at 5:30 p.m. The price of the buffet and Mexican drinks is $20. Each condo will be open for approximately 20 minutes, following a set schedule which has been delivered to all residents. Golf cart transport (as needed) will be available from Doug Asmussen at 925-324-0533. For more information call Cindy MacLeod at 925-519-1212.

The Condo Stroll will be followed by a Tortilleria El Molino Mexican buffet in the Davis-Gorges Park in Entry 19, beginning at 5:30 p.m. The price of the buffet and Mexican drinks is $20. Each condo will be open for approximately 20 minutes, following a set schedule which has been delivered to all residents. Golf cart transport (as needed) will be available from Doug Asmussen at 925-324-0533. For more information call Cindy MacLeod at 925-519-1212.

The Condo Stroll will be followed by a Tortilleria El Molino Mexican buffet in the Davis-Gorges Park in Entry 19, beginning at 5:30 p.m. The price of the buffet and Mexican drinks is $20. Each condo will be open for approximately 20 minutes, following a set schedule which has been delivered to all residents. Golf cart transport (as needed) will be available from Doug Asmussen at 925-324-0533. For more information call Cindy MacLeod at 925-519-1212.

The Condo Stroll will be followed by a Tortilleria El Molino Mexican buffet in the Davis-Gorges Park in Entry 19, beginning at 5:30 p.m. The price of the buffet and Mexican drinks is $20. Each condo will be open for approximately 20 minutes, following a set schedule which has been delivered to all residents. Golf cart transport (as needed) will be available from Doug Asmussen at 925-324-0533. For more information call Cindy MacLeod at 925-519-1212.
California State Assemblywoman Rebecca Bauer-Kahan will speak at the Democrats of Rossmoor’s dinner meeting on May 23, at the Event Center. At 5 p.m., there will be a town hall social. Hors d’oeuvres will be served at 5:30 and dinner will be served at 5:45. The speaker will address attendees at 7.

Scott’s restaurant will provide the meal. The entrée choices include chicken Siena, citrus marinated salmon and vegetarian Wellington. The menu also includes salad, vegetables, mashed potatoes and dessert with coffee. Wine will be available.

The cost is $33. Reservation forms are available online at www.democratsofrossmoor.org, or at club events or in the club mailboxes. Reserva-
tion checks may be put in the club mailbox or mailed to Jane Williams, 2200 Golden Rain Road No. 6, Benicia, CA 94510. Reservations are due by Friday, May 17.

BART Director Deborah Allen will speak to the Financial Forum on Tuesday, May 28, at 3 p.m. in the Fireside Room at Gateway. Her topic will be “Rebuilding BART.”

In November 2016, she was elected to represent District 1, which includes Martinez, Concord, Walnut Creek, Lafayette and San Ramon. She also serves on several other transportation boards and committees throughout the East Bay Area. She has 25 years of financial management experience as a CPA, chief financial officer, tax manager, auditor and business owner.

This event is free to members of the Financial Forum. Guests pay $10 at the door. Light refreshments will be served.

The Rossmoor Library is located at the Gateway complex. The library is open Monday through Saturday. Hours are Monday, Tuesday, and Thursday from noon to 4 p.m.; Wednesday and Friday from 10 a.m. to 4 p.m.; and Saturday, from 10 a.m. to 1 p.m.

Planning for death is easy. You tell your estate planning attorney how you want your assets to be distributed after your death and they are distributed. Easy! However, if you develop Alzheimer’s or dementia, things can get complicated. You need to create a plan outlining your wishes.

First, if you become incapacitated (or become incompetent) and can no longer manage your finances, who will pay your bills and manage your money? Think carefully about: 1) who you can trust, and 2) your family’s financial support.

Second, if you become incapacitated, who will manage your health care decisions on your behalf? This may be the same agent you appointed to be your power of attorney. If you appoint them to serve as Successor Trustee and as power of attorney.

Additionally, you also need to tell your appointed agent how you want your assets to be used during this time. If you become incapacitated, which account should be used first for your expenses? Will your agent withdraw funds from your IRA? Brokerage account? Bank account? Do you want your house to be sold and the proceeds spent on your care? Tell us what you want.

Third, if you become incapacitated, who will make your health care decisions on your behalf? This may be the same agent you appointed to be in charge of your finances or they may be different. Make sure this person knows and understands your wishes and will be willing to be a strong advocate on your behalf when making health care decisions.

If you stop into our office at Gateway, you will find a wall of community resources. Our administrative assistant or one of the clinicians will help you find the resource you are looking for.

In addition to psychotherapy, referrals, respite hours and support groups, Rossmoor Counseling organizes many events during the year.

We are finishing up our Optimum Wellness Lecture Series; the next talk will be about the effects of aging on sleep quality. This lecture will be held in the Fireside Room on June 17 at 10 a.m.

We are also preparing for our Women’s Conference on May 29 at 1 p.m. in the Event Center featuring American journalist, Laura Ling. Tickets are $25 and can be purchased at the Administration Desk in Gateway. This event is for women only.

Still in the planning phases are our Men’s Conference and our Health Fair. These happen towards the end of the year and announcements will be made in the Rossmoor News.

This year we have partnered with the Recreation Department to start a new event called the Lunch Bunch. This event is intended to provide interactive holiday events for people who may not be able to join family or friends on the holiday. Recreation and Counseling just hosted a successful Easter/Passover Lunch Bunch and will host a Christmas Lunch Munch again this year.

Remember that you have this service available to you. We most often help people cope with relationship struggles with a spouse, partner or family member. There is also long-term planning, aging-in-place planning, help coping with change or transition and grief support.

If you feel it might be helpful to talk with a counselor or if you have questions about any of the events sponsored by Counseling Services, give our office a call at 925-988-7704. Our administrative number is 925-998-7750.
Gerash was born in the Bronx, the son of immigrant Russian Jews who fled persecution in their homeland. His “Colorful Coloradan” story recounts: “Jerry and his brother Walter understood the struggle in their homeland. ‘At that time there were 10, the family moved to Los Angeles. Gerash said he knew when he was 14 that he was gay. He also knew that it wasn’t something he dared to share openly.”

“‘My story teaches about the shame and oppression I felt and showed my own self-loathing,’” said Gerash, adding that his mother was “fine” with his homosexuality, but that his father cried before. “I’d still love you.”

Gerash went on to earn a degree from U.C. Berkeley in optometry, which he practiced in Oakland until his brother encouraged him to pursue a law degree in Denver, where Walter already had a successful law practice.

Gay activism

Inspired by the Stonewall Uprising a couple of years earlier, in 1972 Gerash and some friends formed the Gay Coalition of Denver (GCD) to fight for civil rights. At that time there were only two gay organizations in Denver – a motorcycle club and a community church, Gerash said.

Although Colorado law had changed that year to decriminalize sodomy, Denver police continued to use another law against “lewdness” to harass and arrest gay men. In fact, in the first few months of 1973, local records show that 100 percent of the people arrested for “lewdness” were gay.

Gerash and the GCD filed a lawsuit – which they ultimately won – to establish that these laws were discriminatory and illegal. The outcome was that police could no longer harass or arrest gay people for such public shows of affection as holding hands that were considered the norm for heterosexuals. “This meant gay people no longer had to hide who they were,” said Gerash.

Later that year, the GCD organized the community to show up at the Oct. 23 Denver City Council meeting to push for repeal of anti-gay laws on the city’s statutes.

Jerry Gerash looks over all of his buttons collected from various protests he has attended during his lifetime. Gerash was also named “Colorful Coloradan” from his time living in Colorado.

Even Gerash was surprised by the turnout. “About 350 gays and lesbians showed up – I didn’t even know most of them,” he said. “We were pretty outspoken. I think we found strength in numbers. We didn’t beseech any favors; speakers demanded that certain laws be repealed. We nearly got arrested, but by some miracle we didn’t.”

Although most city council members were downright hostile to the group at first – and made them wait three hours to speak – the stories of harassment, entrapment and arrest stats seemed to sway the council. Since Gerash and the GCD had recently filed the lawsuit over the “lewdness” statute, they had all the criminal arrest records at their fingertips. “I presented a slide on the Discriminatory Enforcement of Ordinance 823 (lewdness) that showed 99.1 percent of the ‘complaining witnesses’ were police officers and 100 percent of those arrested were gay,” said Gerash. “I think that visual turned the tide.”

Within one month, Denver City Council voted to repeal the four anti-gay laws that GCD had sought to remove.

Gerash made a name for himself as someone who could get people to attend city council meetings and as someone who could make sure the city council would listen. That’s an example of straight about GCD and how members were downright hostile to the group, Gerash said.

In the mid-1970s, Gerash spearheaded the effort to open a community center in Denver to serve as both a gathering place and resource for gay people. In 1976, the GLBT Community Center opened and today still provides a hub for information, resources, social activities, support and advocacy.

“It’s the third oldest community center of its kind in the country,” said Gerash. “It’s a continued story from page 1A.
Don’t charge cellphones at night due to possible fire hazards

Phone apps also discussed at tech talk

By Elizabeth Knefel

Smart phones can be a powerful tool that can go beyond placing calls.

When teaching a free class on smartphone sponsored by the Rossmoor Recreational Department, it was discovered that many owners charge their devices at night when they are sleeping.

This is very dangerous. Lithium batteries, which power mobile devices, are very unstable during the charging process. There have been incidents where lithium batteries started a fire during charging.

To be safe, charge your devices when you are awake and present. Do not charge your device at your manor when you are away.

There are some handy free apps for smartphone users.

WebMD has various features but the one that’s very handy is the Pill Identification Tool. One can select the shape, color and imprint to determine the identity of the pill. It will list the uses, side effects, precautions, interactions, overdose information and images.

Magnifying Glass with Light (for Apple devices) uses your camera, on your smart phone, which allows an user to adjust the zoom (magnification) and lighting to view text, images, etc.

OverDrive provides audio-books and eBooks for library patrons. Users can download these digital materials to their smartphones without going to the library. No need to return these digital materials to the library. One must have a library card to use this app.

To obtain these apps, use the App Store or Google Play.
The Devil Mountain Chorus performs a free concert at Rossmoor May 28.

Devil Mountain Chorus performs free concert May 28 at the Event Center

The Devil Mountain Chorus of Walnut Creek will perform a free concert on Tuesday, May 28, at 7:30 p.m. in the Event Center.

The name of the show is “Beach Blanket Harmony” and will feature songs by the Beach Boys such as “I Get Around,” and “Surfer Girl” as well as such favorites as “Hey, Good Lookin,’” “Breaking Up Is Hard to Do” and “Hello Mary Lou.”

The Devil Mountain Chorus brings traditional melodies through fun-filled songfests and regular rehearsals that are open to visitors.

Organized in 1972, the 30-member men’s chorus and its quartet members sing in four-part harmony, appearing before area business, professional, and civic groups. The group is part of the Society for the Preservation and Encouragement of Barbershop Quartet Singing in America, a national non-profit organization with hundreds of chapters and thousands of members.

This free program is sponsored by the Recreation Department and is open to all residents and their guests.

Ashmolean Singers ‘Love Is in the Air’ performance is Sunday at Event Center

By Jacqui Ewing
Club correspondent

The Ashmolean Singers present their 14th annual spring concert May 28 at the Event Center. The name of the show is “Forbush in ‘South Pacific,’” and “Surfer Girl” as well as such favorites as “Hey, Good Lookin,’” “Breaking Up Is Hard to Do” and “Hello Mary Lou.”

The Devil Mountain Chorus brings traditional melodies through fun-filled songfests and regular rehearsals that are open to visitors.

Organized in 1972, the 30-member men’s chorus and its quartet members sing in four-part harmony, appearing before area business, professional, and civic groups. The group is part of the Society for the Preservation and Encouragement of Barbershop Quartet Singing in America, a national non-profit organization with hundreds of chapters and thousands of members.

This free program is sponsored by the Recreation Department and is open to all residents and their guests.

Junior Bach Festival is tomorrow at Event Center

The Junior Bach Festival returns to Rossmoor on Thursday, May 16, at 7 p.m. in the Event Center.

The performers range in age from 9 to 18 years old. These young musicians will perform a Mozart of compositions by Johann Sebastian Bach on a wide variety of instruments, such as piano, guitar, harpsichord, violin, flute, and cello.

Through professionally adjudicated auditions, the festival selects performers under age 21 who are both technically virtuosic and capable of communicating the genius of Bach’s compositions. Those students are invited to perform in the festival’s series of concerts, offered annually around the time of Bach’s birthday (March 21) in venues throughout the Bay Area.

The Festival Association also promotes the appreciation and study of Bach’s music by offering public workshops. Bach experts are invited to explore topics such as baroque music, orchestra, and baroque dance.

The Junior Bach Festival is a nonprofit arts organization promoting music education and performance for young musicians. Established in 1952, the Berkeley-based organization is the oldest of any youth Bach festival in the country. Many of its young performers have gone on to professional careers in music.

This free program is sponsored by the Recreation Department and is open to all residents and their guests.

Bonnie Weiss discusses career of actress and singer Mary Martin on Monday

Bonnie Weiss will discuss the entertainment career of Mary Martin on Monday, May 20, at 11 a.m. in Peacock Hall at Gateway.

Martin was America’s favorite leading lady of musical comedy. Her portrayals of Nellie Forbush in “South Pacific,” Maria von Trapp in “The Sound of Music” and the title role in “Peter Pan,” were legendary.

This free program is sponsored by the Recreation Department and is open to all residents and their guests.

Tickets still available for Eagles tribute band

The Eagles Tribute band Midnight Flyer will perform on Monday, May 27, at 7 p.m. in the Event Center.

Midnight Flyer delivers harmonies and musicianship in performing the songs of the legendary country rock band. Midnight Flyer is made up of band members Matt Owens, Keith Robertson, Marcus Cole, Bruce Holloway and Charles Walmire.

The band will play hit songs such as “Take It Easy,” “Witchy Woman,” “Desperado,” “Hotel California,” “The Long Run,” and many more.

The Eagles, who formed in 1971, had five No. 1 singles, six Grammy Awards, five American Music Awards, and six No. 1 albums. Two of their albums, Their Greatest Hits (1971–1975) and Hotel California, were among the top three best-selling albums in the United States by 2006. The Eagles remain the highest-selling American band in U.S. history.

Tickets for the concert are $16 at the Recreation Department at Gateway. This concert is sponsored by the Recreation Department and is open to all residents and their guests.

DAOR ‘Your 2 Cents’ group holds first reading

The Drama Association of Rossmoor’s (DAOR) “Your 2 Cents” group presents a free, first reading of the full-length play “Quresha and Other Tales” by Bobbi Ausubel on May 17, at 2 p.m. in Las Trampas Room (Performing Arts Studio) at Hillside.

DAOR welcomes all residents to enjoy the play and give their feedback to the playwright.

Residents and groups may submit large paintings to hang at Fitness Center

The Rossmoor Art Association (RAA) is looking for large art to hang in the upper level of the Fitness Center.

The art can be from an individual or a group in any medium.

Each piece must be more than 36 inches on one or both sides, but not larger than 72 inches wide and 48 inches tall. A new show will be hung every four months and will include art from the Rossmoor Art Association.

Those who are interested or who know a group with large art, should contact Marcy Wheeler at 925-787-9159 or at marcy@marcywheeler.com.
A List Band with Marlon Green and Mindy Canter performs at Spotlight

The A List Band, featuring Marlon Green and Mindy Canter, will perform at the Spotlight on Wednesday, May 22, at noon in the Fireside Room.

Green first became interested in the rhythms of marching bands when he was a young boy. He initially began to study the saxophone and then began to concentrate wholly on playing the drums.

Green has contributed his skills and enthusiasm to many major Bay Area rhythm and blues, jazz, and gospel groups and has toured with many talented entertainers throughout the United States, Canada, and Japan.

Canter’s blend of blues, jazz, funk, and soul is rhythmically infectious and widely acclaimed. Although classically trained, her earliest creative influences were rhythm and blues, jazz, funk, and rock.

Canter has performed with Albert King, Taj Mahal, Boz Scaggs, Dan Hicks, Yo-Yo Ma, Los Lobos, Narada Michael Walden and more. Last year, she released a duet with Yo-Yo Ma entitled “Give Us Peace.”

As this is the last Spotlight program for May, residents in attendance celebrating a birthday this month will receive a complimentary piece of birthday cake. Hot dogs, salads, chips and pie will be available for purchase prior to the show.

This free program is sponsored by the Recreation Department and is open to all residents and their guests.

Birds of Rossmoor — the spotted towhee

By Don Bauman

Correspondent

Spotted towhee (SPTO) is a western bird found primarily west of the Mississippi River, but is a year-round resident in California and, of course, Rossmoor.

The male and female are very similar in plumage, but the female colors are muted compared to the male. The bird shown in the photograph is a male and was spotted standing on a perch.

Continued on page 25A

Photo Club collecting photographic equipment

The Photography Club seeks donations of unused cameras, filters, lenses and tripods. The equipment is sold online and the money raised is used to upgrade the club’s computers, projectors and other equipment used during competitions and educational meetings.

Because potential buyers seek only current used equipment, the club requests that camera donations be limited to digital single lens reflex cameras, digital mirrorless cameras and point and shoot cameras, each with a 12-megapixel resolution or greater.

The club also requests that such equipment be in good working order. Likewise, donations of auxiliary equipment should be in good, not necessarily new, condition.

For information or for pick-up of donations, call Walt Braun at 240-994-1410.

The club welcomes those who have an interest in learning about their camera or who want to upgrade their photography skills. No matter if you shoot with a phone, tablet or DSLR, you’re welcome to join.

New photographers with entry-level skills are especially encouraged to join.

Curious? Come to a competition meeting. For information, email vickyarichardson@aol.com.

Perfect Light. For Less.

Our innovative light-diffusing window fashions turn harsh rays into a soft glow. Enjoy this perfect light and save with valuable rebates, now ‘til 6/24/19.

Galleria Shades And Shutters
1611 N Broadway
Downtown Walnut Creek
925-938-8363
galleriashadesandshutters.com

*Manufacturer’s mail-in rebate offer valid for qualifying purchases made 4/13/19 – 6/24/19 from participating dealers in the U.S. only. Rebate will be issued in the form of a prepaid reward card and mailed within 4 weeks of rebate claim approval. Funds do not expire. Subject to applicable laws, a $20.00 monthly fee will be assessed against card balance 6 months after card issuance and each month thereafter. See complete terms distributed with reward card. Additional limitations may apply. Ask participating dealer for details and rebate form. ©2019 Hunter Douglas. All rights reserved. All trademarks used herein are the property of Hunter Douglas or their respective owners. HDSM3APC3
You are invited to our 2nd annual

Intero Loves Rossmoorians

Event

Courtyard outside of
1992 Tice Valley Blvd, Walnut Creek

Tuesday, May 21st  4pm-6pm

Come out and enjoy a fun-filled fiesta with us!
Refreshments Will Be Served

Intero

1992 Tice Valley Rd. Walnut Creek, CA 94595  925 937-6050

Acurus Home Loans  |  Paul Sterling  |  925.595.7498
## New Listings

### Villa BelmonTE Condo
- **$780,000**
- **New listing**
- Upper with great view
- Updated kitchen
- 2nd bath updated
- Some dual pane windows

### TAHOE Condo
- **$780,000**
- **New listing**
- Lower with enclosed patio
- Garage & carport
- Updated kitchen
- View of greenbelt, private pool
- Updated kitchen, solid wood cabinetry
- High end appliances

### PIEDMONT Co-op
- **$693,000**
- **New listing**
- Gorgeous 17th golf view
- Approx 1900 sq ft living space per owner
- Views of golf course & pool
- Corian counters
- Central A/C

### SAN FRANCISCAN Co-op
- **$585,000**
- **New listing**
- Updated kitchen w/ granite counters
- Opened balcony to enjoy outside
- View of Mt. Diablo

### CLAREMONT Condo
- **$499,000**
- **Pending**
- View of Mt. Diablo
- Open balcony to enjoy outside
- Updated kitchen w/ granite counters
- Laminate flooring throughout

## Pending Listings

### VILLA BELMONTE Condo
- **$375,000**
- Level-in end unit
- Updated kitchen with new appliances, etc.
- View of greenbelt, private pool
- Many updates – inside laundry
- New flooring & shutters throughout

### TAHOE Condo
- **$780,000**
- **Pending**
- Amazingly Reconfigured. All the bells & whistles! Fabulous price!
- Updated kitchen, stainless appliances
- Quartz counters with breakfast bar
- Lovely entertainment wall/fireplace

### SONOMA RENOVATION Co-op
- **$638,000**
- **Pending**
- Updated kitchen. Two skylights.
- Wood laminate flooring in kitchen, entry, hall & bathroom
- Updated kitchen. Two skylights.

### SONOMA Co-op
- **$539,000**
- **Pending**
- Updated kitchen w/ custom, solid wood cabinetry.
- Touchstone fireplace w/ custom cabinetry.
- Abundant light floods the living spaces.
- High end appliances

### KENTFIELD Condo
- **$425,000**
- **Pending**
- Spacious private patio with fabulous views
- Custom cabinetry with glass fronts
- Sleek dual-pane windows throughout
- Convenient inside washer/dryer

### CARMEL Co-op
- **$490,000**
- **Pending**
- Unobstructed valley views over lawn setting
- Beautifully remodeled throughout
- Two fabulous patios to enjoy outdoors
- Decorator tile flooring, colored ceilings, recessed lights
Ceramic artist Elaine Platias replaces fire victims’ beloved frogs

By Mel Bricker
Club correspondent

An article in the Rossmoor News recently caught the eye of Anne Shulenberger, a member of the Ceramic Arts Club (CAC). It was about Kev and Shelley Kelly who were victims of a fire in their manor on Rossmoor Parkway.

They were burned out. Two of their special possessions were Mr. and Mrs. Frog. The figures were in front of their manor. However, someone came along and stole the frogs.

Shulenberger thought that this might just be a good project for one of the CAC members. She put out the word and Elaine Platias responded.

Platias has been a member of the CAC for 10 years and during that time has enjoyed creating animals of various kinds. She could especially identify with the Kellys because Platias herself was a victim of the Oakland Firestorm of 1991. She lost everything. And, she too had the experience of things being stolen from her home after the fire. So, she has great empathy for the Kellys.

After about a month of working on the figures, a new incarnation of Mr. and Mrs. Frog has been completed. They are whimsical and delightful ceramic figures who will soon be ready to deliver to the Kellys. Platias loved making them both as a creative expression and in solidarity with the loss of others.

Pit fire unloading
The pit fire will be unloaded on Friday, May 17, beginning at 9:30 a.m. This will be followed by a potluck lunch in the Fireside Room at 11:30 a.m., to which all members of CAC (and their guests) are invited. Those who plan to participate in this potluck lunch should put their name on the sign-up list on the front desk of the Ceramics Studio.

Window display change
The front window display of the CAC Studio will be changed on Monday, May 20. This window will display items from the pit fire.

If a CAC member has an item from the pit fire to display, it can be left on the table nearest the windows before 9:30 a.m. on May 20. Each piece must be accompanied by an identifying slip with the artist’s name, phone number and price, if for sale. The identifying slips are in the blue sale folder found between the two display windows.

Show and tell
The CAC’s informal show and tell meeting is on Friday, May 31, from 11 a.m. to noon. All members are welcome and encouraged to ask questions or bring one or two pieces of their recent work to show and discuss with the group.

For information, visit www.rossmoorcereamics.com.

Trusted by more than 300 families in Walnut Creek.

Rossmoor residents love their community. That’s why so many of them — once they decide to leave behind the stresses of maintaining a house — move to Atria.

We serve Rossmoor with three nearby communities, so our residents can remain close to the place they love.

Call 925.448.3067 today and let’s do lunch, our treat.
Diablo Symphonic Orchestra presents “Dinner with Matilda” on Tuesday, June 4, at 6 p.m. at Dollar

Come visit with Matilda Hofmann, who conducts and is the artistic director for the Diablo Symphony Orchestra and hear the program she has planned for the 2019-2020 year.

The menu will be lasagna, salad with rolls, wine and dessert. Cost is $15. Make checks payable to DSOG Guild and send to Sally Kennedy, 1114 Skycrest Drive, No. 3, Walnut Creek, CA 94595. Those who wish to sit together should send their checks together. The reservation deadline is May 30.

This event is open to all Rossmoor residents and their guests as well as orchestra members.

For more information contact Betty Glazier at 925-934-7371 or Sally Kennedy at 925-934-7720.

TOWHEE: Bird lives in Rossmoor year-round

Continued from page 21A

This bird is a close relative to the Eastern Towhee, which looks very similar, except that it is missing the white spots.

The SPTO is most often seen on the ground, where it forages for food under leaf litter around thickets and bushes and feeds on insects, seeds and berries.

It will kick leaves out and over by doing what my wife, Pat, describes as the “towhee two-step,” which is the bird version of the Hokey Pokey.

The SPTO will build nests on the ground or in low bushes and may have as many as three broods each year. While the SPTO is year-round in Rossmoor, some of the population may migrate east during the winter, leaving a somewhat smaller population behind.

Need More Space?

ROSSMOOR SPECIAL
$300 OFF purchase of a wallbed

Make One Room into Two. 15 Murphy Beds on Display. High Quality - We Won’t Be Undersold 15 Years in Business

Financing Available! • SAN RAMON • CALL FOR AN APPOINTMENT • 925-895-2406

www.wallbedsmore.com

Put lost or found items on Channel 28

Channel 28 offers a lost and found service as well as free giveaways via their Post-It broadcast segments.

Residents wishing to post need to send in their names, up to 3-4 images of the item lost, found or being given away, and a short description of those items to tvoffice@rossmoor.com.

Let Channel 28 know when items are returned or received.

Harmony women’s vocal ensemble holds Spring Concert on June 1

Harmony, Rossmoor’s women’s vocal ensemble, invites Rossmoor residents and friends to an afternoon of musical celebration at its ninth annual Spring Concert on Saturday, June 1, at 3 p.m. in the Diablo Room at Hillside.

Under the direction of founder Meriel Ennink and accompanied by pianist Kerry Leyden, the group will perform a wide variety of songs, ranging from a choral rendition of Bach’s Aria to a unique arrangement of the traditional American song “O Shenandoah” by the local composer/director of Voci Women’s Ensemble, Mitchell Covington; the familiar “As Time Goes By;” and a medley from “West Side Story.”

Harmony with director Meriel Ennink and accompanist Kerry Leyden.

The Diablo Choral Artists Foundation and Voci Women’s Ensemble present a concert titled “The Peace of Wild Things” on June 4 at Dollar

Diablo Choral Artists perform on Tuesday, June 4, at 7 p.m. in the Diablo Room at Hillside.

The Diablo Choral Artists will perform a concert titled “The Peace of Wild Things” on Tuesday, June 4, at 7 p.m. in the Diablo Room at Hillside.

The concert will feature choral music by composers of various traditions evoking the wonders of nature.

They will perform music by Schubert, Brahms, and Vaughn Williams, along with pieces from Charles V. Stanford, Gerald Finzi, Frederick Delius, and newer works from living composers Gwyneth Walker, Ola Gjeilo, and Los Angeles composer Dale Trumbore.

For 25 years, Diablo Choral Artists have presented works of sacred and secular choral music while nurturing the appreciation and enjoyment of choral music in people of all ages and cultures.

This free concert is sponsored by the Recreation Department and is open to all residents and their guests.

Diablo Choral Artists perform free concert ‘The Peace of Wild Things’

The Diablo Choral Artists Foundation and Voci Women’s Ensemble present a concert titled “The Peace of Wild Things” on Tuesday, June 4, at 7 p.m. in the Diablo Room at Hillside.

The concert will feature choral music by composers of various traditions evoking the wonders of nature.

They will perform music by Schubert, Brahms, and Vaughn Williams, along with pieces from Charles V. Stanford, Gerald Finzi, Frederick Delius, and newer works from living composers Gwyneth Walker, Ola Gjeilo, and Los Angeles composer Dale Trumbore.

For 25 years, Diablo Choral Artists have presented works of sacred and secular choral music while nurturing the appreciation and enjoyment of choral music in people of all ages and cultures.

This free concert is sponsored by the Recreation Department and is open to all residents and their guests.
The work of Loreto Valenzuela is on display through mid-June at Art Studio 1 at Gateway. “From the Artist’s Collection” includes work in oil and graphite. Her art is divided into two periods in two countries. She was born in Chile and started developing her art when she was raising her children. Then she moved to California where she got a degree and worked for 25 years in accounting and credit analysis. Then she went back to Chile for a year and reconnected with her art. She retired to Rossmoor 12 years ago and has enjoyed the time to express her art and take classes here. She is a member of the Rossmoor Art Association. The display includes striking portrait drawings and oil paintings of bright still lifes and landscapes. Her work has also been shown in displays at Creekside, Gateway, and the Event Center.

Artwork by Loreto Valenzuela

The Rossmoor Ukulele Club entertained some 50 veterans, including one that was 97 years old, as well as staff at the VA Hospital some 50 veterans, including one that was 97 years old, as well as staff at the VA Hospital in the Diablo Room at California Veterans’ Home. The club meets every Wednesday afternoon at the Hillside Clubhouse. It is open to all, and it is a must-read for anyone interested in the story of American politics during the past two decades. All are invited to the DOR book club discussions. It is not necessary to be a member of the DOR to attend book club meetings. For further information contact Jane Walter at walterjane4@yahoo.com.
Learn about directing from director DAOR sponsors the two-part class

The Drama Association of Rossmoor sponsors the workshop, “A Director Prepares,” on Wednesdays, May 22 and May 29, from 10 a.m. to noon, in the Performing Arts Studio at Hillside.

The workshop will presented by Susan E. Evans, artistic director of Town Hall Theatre Company in Lafayette.

The cost is $25. Checks may be left in the club mailbox at GATEway or brought to the first session. Register by contacting Sandra Hawkins at sandrahawkins310@gmail.com.

While aimed at directors, this workshop will be of interest to actors and audiences also. Evans will instruct participants on what a director must address before rehearsals begin. This includes script selection; text analysis; researching style, period and playwright; deciding on blocking, lighting and set needs; auditions; and casting. She will also address different ways directors work with actors.

All Rossmoor residents, Town Hall Theatre Company的艺术istic director in December 2016. Previously, she served for five years as the artistic director of the Douglas Morrison Theatre in Hayward.

She directed “Private Lives,” “Dividing the Estate,” “All My Sons,” Eurydice,” “An Ideal Husband,” “The Skin of Our Teeth” and “Mrs. Warren’s Profession.”

She directed a series of staged readings of contemporary playwrights. And, she also programmed story-telling evenings and an annual playwriting contest.

Evans served for 11 years as the artistic director of Eastenders Repertory Company, a company which focused on re-envisioning classics and developing new works.

She directed the world premiers of Charles Polly’s acclaimed “Twyla Trilogy” Parts 2 and 3.

Evans received her undergraduate degree from Emory University in Atlanta. She did post-graduate training at the Drama Studio London.

She enjoys ongoing directing projects with Actors Reading Writers in Berkeley. She is an associate member of the Stage Directors and Choreographers Society.

The Drama Association is a member of the Performing Arts Guild of Rossmoor

The Drama Association of Rossmoor (DAOR) will host a talk by a Berkeley Repertory Theatre director on Tuesday, June 2, at 7 p.m. in the Club Room at Creekside.

The docent will talk about “Kiss My Aztec!” by John Le- guizamo, with music by Benj- amin Velez and direction by Tony Taccone.

“Kiss My Aztec!” is billed as an energetic, raucous, hip hop, merengue and rap, and an uproarious mashup of 16th-century and modern slang, celebrating and com- memorating Latin culture.

The play runs May 28 to June 14 at the Roda Theatre, 2651 Addison St., Berkeley.

For information on the two-part class, call Barbara Vo- ght at 925-278-1637.

Nob Hill Sound of Play Band will entertain Ballroom Dance Club

Nob Hill Sound of Play Band will play Saturday, May 18, from 7 to 10 p.m. at the Event Center.

The band has a long list of very popular songs in its repertoire, and their guests, at any level of dancing ability, are wel- come to come with a partner of any age group. The $10 cover per couple for club mem- bers, $20 for nonmembers and guests.

Soft drinks and popcoco is served, and attendees are encouraged to bring ad- ditional snacks or beverages of their choice. Dressy attire is encouraged and admired, but jackets and ties are not required.

At the April dance, Don P. Solis and Arlis Johnson performed a canto-two-step routine and took a Watson-cha-cha. Giving the enthusiastic participants expressed for that pair, Ball- room Dance Club Vice-Pres- ident Dorothy Williams is looking for suggestions for other performers, particularly those who are able to teach a simple dance during the band break. If you have a performer suggestion, please drop their name and contact information in the new “Performance Suggestions” box at the wel- come table.

The Ballroom Dance Club holds a dance with live music on the third Saturday of each month. New members are always welcome to come throughout the year. Annual dues are $50 for a couple comprised of a leader and a follower, or a single per- son and a guest partner.

For more information, please inquire at the check-in desk or contact membership chair Marshall Gordon by email at rbdc-membership@ rossmoordan.com or by phone at 925-787-7679.

Ralph Hammond and Mary McKenzie at a recent dance

THEATER REVIEW

‘A Murder is Announced’ is Delightfully Suspenseful

By Charles Jarrett

I f you haven’t been to the Mar- tinez Campbell Theater this past season, you are missing out on all means pay atten- tion, because their current show, “A Murder is Announced” is a delightful Agatha Christie murder mystery.

The Plot Line theater company, one of the newer theater companies currently presenting their works in this delightful little theater in the heart of Martinez, has ferret- ed out a very experienced, talented and hard-working cast to play this successful British comedy.

In 1977, playwright, author and screenwriter Leslie Fuller, who ad- opted Christie’s very popular 50th anniversary book by the same name into a stage play. It is Darbon’s sten- ning adaptation that you will see in this intriguing community theater production in Martinez. The original Chri- stie book was written 27 years earlier, in 1950, and featured Miss Marple and her sleuth sirds. But it has been considered for a number of years by many mystery aficionados as a classic true crime novel.

The story takes place in Chipping Cleghorn, a fiction- al English village in a country somewhere in England, where a curious classified notice has been published in the local daily newspaper announc- ing that a murder will occur in Letitia Blacklock’s (Sally Hoolihan) home, also known as “Little Paddocks,” at 6:30 p.m. on that same day. Letitia resides there with her young- est son, Simon (Claire Nichole) and Patrick Simmons (Joseph Saam), and a chauffeur named “Bunny” Bunner (played by Gretchen Lee Salter).

Bunny is a particularly quirky, over-anxious and de- lightfully engaging individ- ual who can hardly restrain herself from sharing gossip or other interesting informa- tion to anyone within earshot. When Bunny discovers the curious ad in the newspa- per, she immediately panics.

Neighbors Mrs. Sweetenham (Kim Doppe) and her son Ed- mond (Frederick Wind) also read the advertisement in the newspaper and stopped by the home in the afternoon asking Letitia if the strange announcement is some kind of joke, or perhaps a game. They all want to know who the home is concerned.

Letitia seems to pass it off as some kind of crude joke, probably of little or no signif- icance. The assembled neigh- bors and family members alike, share their hu- concerns over a glass of wine as the designated time ap- proaches. Suddenly, as a light and the room goes com- pletely black, a near-ob- tacle rings out in the time, there is a flash of light and the room goes com- pletely black, a near-ob- tacle rings out in the time, there is a flash of light and the room goes completely black.

The door to the house opens, and a follower, or a single per- son, is seen in the darkness. Shots ring out – and the eve- nying mystery begins.

The principal charac- ters in the play also include Police Inspector Craddock (Randy Anger), her sargent husband Herbert (Robert Smith) and Miss Marple (Melynda Kiriing). In addition, a kitch- en-servant known by the household maid named Mitize (Christi- na Boothman), and employ- er/friend Phillipa Haymes (Kaihlee Brennan) also con- tribute significantly to the storyline. There are many seemingly reasonable assump- tions made by the lead investiga- tors, that is, until the astute Miss Marple and clev- er Herbert get their heads together and dig deep enough into some fam- ily letters to finally uncover the source of the identity of the murderer.

The acting is superb all the way around with Kering, Hogarty and Anger taking top accolades. Not far be- hind, we thoroughly enjoyed the interactions between Bunny and Miss Marvel’s frantic panic and over-ambitious sharing of information. The set is executed to perfection, and the costumes, decorated and presented by Diane McRice; her work is always exceptional. A unique piece of a play that CC Cardin is also to be noticed.

The Plotline Theater is in its second season. An- ger, the managing director, is the company’s artistic di- rector and producer whose work I have enjoyed for about 30 years. Company Producer and Director Matthew Davis is also the artistic director and the director of this play at the Campbell Theater. The show is presented by Plotline Theater Company and spon- sored by Onstage Repertory Theatre and their manage- ment and production team, including Mark Schomaker, Donald Drummond, Randall Nott, John Lytle and Jim Maher.

The Martinez Ross-Row show has lots of twists and turns and will keep you glued to the edge of your seat right down to the final moments, the thing that should not be missed. ‘A Murder is Announced’ continues at the Campbell Theater this past season until Saturday, May 16, at 7 p.m., Fridays and Saturdays at 8 p.m., with Sunday matinees.

Continued on next page

Resident teaches class on Faulkner

Faulkner’s historical contexts, characters and themes are discussed in entertaining, not forgettable class on Thursday evening in Club Room at Creekside.

Faulkner’s Out Law” writing style.

Faulkner’s historical contexts, characters and themes are discussed in entertaining, not forgettable class on Thursday evening in Club Room at Creekside.

Faulkner’s historical contexts, characters and themes are discussed in entertaining, not forgettable class on Thursday evening in Club Room at Creekside.

Faulkner’s historical contexts, characters and themes are discussed in entertaining, not forgettable class on Thursday evening in Club Room at Creekside.

Faulkner’s historical contexts, characters and themes are discussed in entertaining, not forgettable class on Thursday evening in Club Room at Creekside.

Faulkner’s historical contexts, characters and themes are discussed in entertaining, not forgettable class on Thursday evening in Club Room at Creekside.

Faulkner’s historical contexts, characters and themes are discussed in entertaining, not forgettable class on Thursday evening in Club Room at Creekside.

Faulkner’s historical contexts, characters and themes are discussed in entertaining, not forgettable class on Thursday evening in Club Room at Creekside.

Faulkner’s historical contexts, characters and themes are discussed in entertaining, not forgettable class on Thursday evening in Club Room at Creekside.

Faulkner’s historical contexts, characters and themes are discussed in entertaining, not forgettable class on Thursday evening in Club Room at Creekside.

Faulkner’s historical contexts, characters and themes are discussed in entertaining, not forgettable class on Thursday evening in Club Room at Creekside.

Faulkner’s historical contexts, characters and themes are discussed in entertaining, not forgettable class on Thursday evening in Club Room at Creekside.

Faulkner’s historical contexts, characters and themes are discussed in entertaining, not forgettable class on Thursday evening in Club Room at Creekside.

Faulkner’s historical contexts, characters and themes are discussed in entertaining, not forgettable class on Thursday evening in Club Room at Creekside.

Faulkner’s historical contexts, characters and themes are discussed in entertaining, not forgettable class on Thursday evening in Club Room at Creekside.

Faulkner’s historical contexts, characters and themes are discussed in entertaining, not forgettable class on Thursday evening in Club Room at Creekside.

Faulkner’s historical contexts, characters and themes are discussed in entertaining, not forgettable class on Thursday evening in Club Room at Creekside.
Modern Classical CDs
Chamber Music Festival presents a feast for music lovers.


By Robert Moon

T he establishment of a ma- ther chamber music festival in the Bay Area in the midst of the 200 dot.com meltdown was an entrepreneurial mir- acle that has been sustained for a series of 27 years. The 2017 season was representative of the many events that chamber music lovers can experience: 17 professional concerts; four Encounter presentations (two-hour multimedia pre- sentations by speakers and musicians); master classes; and Café Conversations.

T here is also a Chamber Music Institute, a rigorous student program for auditions of string players and pi- anists from ages 9 to 29 that offers a myriad of free per- formances for audiences. I have been to many of these events in the past 18 years and can attest to the high performance levels and the exceptional talent of the community of musicians and educa- tors for three exciting weeks.

The first disc is string music (on modern instru- ments) from the generation before Bach. In addition to relative unknowns as Farina, Uccellini and Vitali, there is Tartini’s “Devil’s Trill” sonata that is a well-known “Christmas Concer- to.”

The second disc presents works by Bach, Beethoven, Mozart, and Schumann. It features a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The third disc contains works by Beethoven, Brahms, Schumann, Chopin, and Brahms. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The fourth disc features works by Schubert, Grieg, Schumann, Mahler, and Mozart. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The fifth disc contains works by Beethoven, Brahms, Schumann, Chopin, and Brahms. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The sixth disc features works by Schubert, Grieg, Schumann, Mahler, and Mozart. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The seventh disc contains works by Beethoven, Brahms, Schumann, Chopin, and Brahms. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The eighth disc features works by Schubert, Grieg, Schumann, Mahler, and Mozart. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The ninth disc contains works by Beethoven, Brahms, Schumann, Chopin, and Brahms. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The tenth disc features works by Schubert, Grieg, Schumann, Mahler, and Mozart. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The eleventh disc contains works by Beethoven, Brahms, Schumann, Chopin, and Brahms. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The twelfth disc features works by Schubert, Grieg, Schumann, Mahler, and Mozart. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The thirteenth disc contains works by Beethoven, Brahms, Schumann, Chopin, and Brahms. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The fourteenth disc features works by Schubert, Grieg, Schumann, Mahler, and Mozart. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The fifteenth disc contains works by Beethoven, Brahms, Schumann, Chopin, and Brahms. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The sixteenth disc features works by Schubert, Grieg, Schumann, Mahler, and Mozart. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The seventeenth disc contains works by Beethoven, Brahms, Schumann, Chopin, and Brahms. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The eighteenth disc features works by Schubert, Grieg, Schumann, Mahler, and Mozart. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The nineteenth disc contains works by Beethoven, Brahms, Schumann, Chopin, and Brahms. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The twentieth disc features works by Schubert, Grieg, Schumann, Mahler, and Mozart. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The twenty-first disc contains works by Beethoven, Brahms, Schumann, Chopin, and Brahms. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The twenty-second disc features works by Schubert, Grieg, Schumann, Mahler, and Mozart. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The twenty-third disc contains works by Beethoven, Brahms, Schumann, Chopin, and Brahms. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The twenty-fourth disc features works by Schubert, Grieg, Schumann, Mahler, and Mozart. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The twenty-fifth disc contains works by Beethoven, Brahms, Schumann, Chopin, and Brahms. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The twenty-sixth disc features works by Schubert, Grieg, Schumann, Mahler, and Mozart. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The twenty-seventh disc contains works by Beethoven, Brahms, Schumann, Chopin, and Brahms. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The twenty-eighth disc features works by Schubert, Grieg, Schumann, Mahler, and Mozart. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The twenty-ninth disc contains works by Beethoven, Brahms, Schumann, Chopin, and Brahms. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The thirtieth disc features works by Schubert, Grieg, Schumann, Mahler, and Mozart. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.

The thirty-first disc contains works by Beethoven, Brahms, Schumann, Chopin, and Brahms. It’s a beautiful and well-crafted Four Part Invention. The first 13 measures of the second movement are given a slight deflection. The work is a treat for any lover of this genre.
Movies at Peacock Hall continue to be a popular gathering place for Rossmoor residents to enjoy viewing movies in a comfortable and convenient setting.

To help make seeing movies at Peacock Hall a more pleasant experience for everyone, here are a few reminders and guidelines to keep in mind:

- **Arrive early**: The venue often fills to capacity (155), especially for shows sponsored by Rossmoor clubs. Arriving approximately 30 minutes early increases the odds of finding a seat. Bring something to read or chat with neighbors.
- **Silence cell phones**: Silence your phone before the movie begins.
- **Do not save more than one seat**: Take advantage of the language captions. A t-switch, tune into the loop system in the room to get a direct feed into the hearing aid of the audio of the film. A captioning system is set in the margins of Tokyo, where a dysfunctional band of outsiders is united by fierce loyalty and a penchant for petty harrumphs. When one of them is arrested, secrets are exposed that upset their tenuous, below-the-radar existence. Both showings will feature English-language captions. This film is 2 hours long and is rated R.
- **They shall not grow old**: Sun., May 19, 4 and 7 p.m.

The 2018 comedy stars Rowan Atkinson. After a cy- ber-attack reveals the identities of all the active undercover agents in Britain, Johnny English (Atkinson) is forced to come out of retirement to find the mastermind hacker. The showing at 4 p.m. will feature language captions. This film is 1 hour and 28 minutes long and is rated PG.

- **Shoplifters**: Mon./Tues., May 20 and 21, 4 p.m.

This 2018 Japanese drama is set in the margins of Tokyo, where a dysfunctional band of outsiders is united by fierce loyalty and a penchant for petty har-umphs. When one of them is arrested, secrets are exposed that upset their tenuous, below-the-radar existence. Both showings will feature English-language captions. This film is 2 hours long and is rated R.

**Upcoming Movies Sponsored by Rossmoor Clubs**

**GREEK CLUB**

**“Boy on a Dolphin”**

Wednesday, May 15, 1 p.m.

The 1957 thriller stars Sophia Loren, Alan Ladd and Clifton Webb. The film is set on a gorgeous Greek island and revolves around a beautiful sponge diver who discovers a sunken ship filled with ancient ar- tifacts, including a priceless ancient statue of a boy riding on a dolphin.

**Rossmoor Republican Club**

**“America, Imagine the World Without Out Her”**

Wednesday, May 15, 4 p.m.

The 2013 American political documentary is by Dinesh D’Souza in collaboration with John Sullivan. They wonder what may have become of the world if they had never come into being. There are inter- views with leading historians. The filmmakers lay the groundwork for a thought-provoking look at the crucial role of the United States on the world stage.

**The Film**

The film runs 105 minutes, is not rated and will be shown with captions. For information, call Mary Beth Hodge at 954-1158.

**CHINESE-AMERICAN ASSOCIATION**

**“Baby Steps”**

Wednesday, May 15, 7 p.m.

The 2018 film is about a gay couple searching for a surrogate to have their baby. The plot focuses on Danny, a young man with terminal cancer. He and his companion, Saving seats typically leads to uncomfortable confrontations for all parties concerned.

- **No pets in Peacock Hall** except for those that are trained service animals. Comfort ani- mals are not allowed.
- **Do not bring in extra chairs**. This is a serious safety violation. The movie will not be started if this is done prior to the show.
- **The doors are locked from the inside when the theater is full.** Residents can always leave the theater if needed.

**Tips and considerations for those viewing movies at Peacock Hall**

- **Silence cell phones**: Silence your phone before the movie begins.
- **Do not save more than one seat** for a companion. Saving seats typically leads to uncomfortable confrontations for all parties concerned.
- **No pets in Peacock Hall** except for those that are trained service animals. Comfort animals are not allowed.
- **Do not bring in extra chairs**. This is a serious safety violation. The movie will not be started if this is done prior to the show.
- **The doors are locked from the inside when the theater is full.** Residents can always leave the theater if needed.
- **No food or drinks are allowed** in Peacock Hall. There are drinking foun- tains in the lobby.
- **If perfume or cologne is worn**, do so in moderation.
- **Consider attending a 10 a.m. or 9 p.m. showing on Fridays for new re- lease films**. These showings are typi- cally more lightly attended.
- **Take advantage of the language captions showings**. Unfortunately, not all movies have a language captions op- tion. For those with a hearing aid with a t-switch, tune into the loop system in the theater to get a direct feed into the hearing aid of the audio of the film. A transmitter system is also available.
- **Occasionally playback of the film may malfunction.** If this occurs, there is typically not a staff person in the projection room when this has begun. Call Securitas by utilizing the phone in the lobby of Peacock Hall and they will contact the nearest custodian who will do their best to fix the situa- tion.
- **Volume levels** (much like room temperature) can vary depending on differ- ing opinions as to what is correct. Every attempt is made to make the volume level and room temperature appropriate for the majority of the audience at the show.
Mindful Living continues science of mindfulness class on Saturday

The Mindful Living Club continues its “Science of Mindfulness: A Research-Based Path to Well-Being” class on Saturday, May 18, from 9 to 11 a.m., at Fairway Room at Creekside.

This week’s topic is: “Groundbreaking Mindfulness Programs.”

The series is part of “The Great Courses” 24 session series. Classes are preceded by a 30-minute meditation. The course fee is $10, but small donations to cover the $40 room and equipment costs are requested. For information contact club founder Dick Powell at DickPowell153@aol.com or 925-238-6366 or visit www.MindfulLivingClub.org.

Mindful Day

Get outside and mind nature

By Dick Powell.

This week’s Mindful Day theme is to get outside, unplugged, and immerse in nature to rejuvenate and access wonder.

Naturalist and author John Muir said: “Nature’s peace will flow into you as sunshine flows into trees.”

When we connect with the environment, we bring in a sense of serenity, allow for the interconnection of all things in the natural world.

I’m constantly drawn to the sense of wonder that emerges when I’m outdoors – the sense that I am just one small element in a vast, miraculous ecosystem, shimmering and vibrating with life.

Even on the most hectic days, the act of stepping outside allows the nervous system to calm, the cognitive centers to rest, and mood to lift. It is a no-cost-therapy with no side effects. It gives interior space to focus on the goodness and joy available in each moment of your life.

Here’s how:

1. Time travel to find outdoor play activities: Close your eyes and think back to your childhood. What were the things you loved to do in nature in your free time? Making dams in the creek after the rain? Pancakes out of clay? I loved a game of baseball or football in the street. Remember your favorite?" And try them out now – alone or with friends. For me at this age, it would be a bike ride to Peet’s or a walk around the golf course.

2. Lose the headphones when you play outside: “It’s wonderful to be outside under the sun or stars, but do so in a way that allows you to tune in to the sounds of the environment instead of a favorite podcast.

3. Look at a tree: Be where you are. When swimming, playing, cycling, playing catch in nature, try to be there. Notice where your mind is and bring it back to the present activity, savoring the experience. Looking at a tree is a simple and immediate way to anchor in the here and now. That is the only place the tree ever is.

4. Play in nature at the edge of your comfort zone: Hike a trail that might be higher than your usual walks, or a little longer, with a couple of extra laps. Outdoor activities that stretch abilities require concentration. Experiencing flow is even likely in these moments when you are engaged with nature.

5. Notice where your mind is and bring it back to the present activity, savoring the experience. Looking at a tree is a simple and immediate way to anchor in the here and now. That is the only place the tree ever is.

The women’s collective talks nutrition

The Women’s Collective meets on Thursday, May 16, from 10 to 11:30 a.m. in the Fairway Room at Creekside.

The speaker is Diane Urcuyo, a registered dietitian and certified diabetes educator.

She will share the news of special nutritional programs covered by Medicare and ways to maximize health through following good nutrition.

A woman’s nutritional needs change as they age. Urcuyo will give members pointers on how to cook for one and follow a change in diet.

Because a session with a dietitian is generally covered by insurance, she has a listing of programs that cover nutrition therapy. Only 4 percent of seniors with diabetes take advantage of medical nutrition therapy. Only 4 percent of seniors with diabetes take advantage of medical nutrition therapy. "I can’t. He’s a worry wart kind of man and if he thinks I’m worried, he becomes so flustered I became worried about what was going on.”

“Who do you think I’m worrying about?”

“Sheila, he became so flustered I became worried about what was going on.”

“Who do you think I’m worrying about?”

“Why?”

“Maybe he was joking.”

“Weird, but I think he was being serious, and I really got worried when I walked into his office to see if he wanted some tea and maybe take a break for lunch and he hurriedly erased whatever he was watching on his computer. I jokingly asked if he was enjoying watching some pretty girls in a porn video.”

“Maybe, but I’m not sure.”

“Maybe he was joking.”

“What is going on here?”

“I don’t know; I just want to know what’s going on and I’m so worried that he may be coming down with Alzheimer’s.”

“Have you discussed the problem with him?”

“No, I don’t want him to think I’m worried.”

“Have you discussed the problem with him?”

“Marilyn, you’re doing him a disservice. Let’s assume he is showing the signs of Alzheimer’s. There’s something he can do that will be more useful now than if you wait.”

“Why?”

“Shelia, when you had to put Bob into an assisted living facility because of his dementia, I know how much you went through for several years before he finally just couldn’t remember anything and was always getting lost. What can I do? I’m so worried.”

“You need to talk to him.”

“Can’t. He’s a worry wart kind of man and if they think I’m worried, they take it as a sign that he has dementia and it might make him worse.”

“Marilyn, I suggest you watch him for a few weeks and try to observe if he shows any other signs of Alzheimer’s.”

“Like what?”

“Naturally, his memory. But more important whether he becomes confused about anything. Does his judgment seem faulty? Does he do anything that seems wrong or dangerous or inappropriate? If you asked him to dry dishes or boil eggs or take the 101 to the beach outside, does he follow through?”

“OK, I can watch him more closely and not laugh off any strange behavior.”

“What do you mean? Does he ever do strange things or does he just act strange?”

“Does he avoid doing independent things or does he appear to just follow you around?“

“Marilyn, you need to find out what’s going on. Always be alert for any unusual signs.”

Continued on page 31A
The Famous Marshmallow Test and Future Success

By Bob Seiden

Have you ever heard of the famous marshmallow test? I do not think kids today know too many behavior- al or cognitive science studies. However, I say that the marshmallow study may be one of the greatest psychologi- cal studies of the last century.

The marshmallow study investigated delayed gratifi- cation and its relationship to success in life. But this was not exactly a recent discovery. Over 50 years ago, Walter Mischel, then a Stanford psychol- ogy professor, studied four-year-old children, one at a time, in a relatively bar- riered room. Mischel asked each child something like: “Here is a tasty marshmallow that you can eat right away. But, if you wait 15 minutes, I will give you two marshmallows when I return in about 15 minutes.” Imagine that you are a four-year-old nursery school child. What do you do? Do you take the sure thing and munch the single tasty marshmallow? Or do you light temptation, delay gratification and enjoy the pleasure of two tasty marshmallows a bit later?

Waiting 15 minutes for a tasty reward is generally not an easy task for the average four-year- old child. So what happened?

Two-thirds gobbled the goodies within the 15-min- ute time period. Some ate the marshmallow within a few seconds of being left alone. Others waited longer. A third third waited the entire 15 minutes and they got their two delicious marshmallows.

The one-third who waited were able to distract them- selves by whistling, staring at the ceiling, or covering their eyes. Others sat on their hands and a few even licked the marshmallows.

Is this a big deal or what?

Follow-up studies years later, when they were about 18 or 19 revealed that the children who delayed gratification were better able to handle stresses in their life. They were more self-confident, harder workers and more self-sufficient. In ad- dition, they were still better at delay of gratification and im- pulse control.

The most surprising discov- ery was that those kids with patience to wait a quarter of an hour scored 210 total points higher on verbal and math SAT scores.

This simple marshmallow test was, in fact, more predic- tive of future academic success than the most powerful and well-researched IQ tests.

The next big question was whether this character trait is inborn or could it be taught at an early age and on a large scale.

The good news seems to be that self-control is a teachable cognitive skill. This means that the “instant grati- fication” were not nec- essarily doomed to a life of failure and poverty. But it also suggests that learning to delay gratification does not automati- cally grant one a life of success and wealth.

Is it a major deal or what?

Peripheral Neuropathy Group to watch movie

Rossmoor Peripheral Neu- ropathy Support Group will meet on Friday, May 24, from 10 to 11:30 a.m. in the Vista Room at Hillside. The group will watch the movie “Coping with Chronic Neu- ropathy,” which gives tips and techniques on living with neuropathy. The movie is presented by NeuropathySupportNetwork.org, patients and caregivers.

Brain Fitness is topic of Wellness Group

To help the Rossmoor community better un- derstand the role that brain train- ing can play in improving life, the Wellness Group will show the video, “Brain HQ,” at its meeting on Monday, May 27, at 7 p.m. in the Club Room at Creekside.

The video is designed to en- hance memory, attention and processing speed, thus improving cognitive ability and quality of life.

The video will run just under 55 minutes. It features Michael Merzenich, PhD, professor emeritus at UCSF and considered the father of brain plasticity.

His subject is harnessing the power of brain flexibility. He is one of the co-founders of Posit Science, the maker of “Brain HQ.”

Following the video, Wellness Group Pres- ident Brad Waite will give a demonstration of how to use “Brain HQ.” A question and answer session will follow.

The Wellness Group is dedicated to provid- ing a forum for information about healthy aging. All residents are invited.

Residents can find information on the Rossmoor website: www.rossmoor.com.
EYE GLASSES
Men’s dark bifocal
SILVER BRACELET

Residents can get information from the Rossmoor www.rossmoornews.com Click the Classified ad tab at the top of page

20 LOST
SILVER BRACELET Lost on 4/15 at Event Center during Poor Man’s Dinner. Reward. Call 650-804-0235.

100 BUSINESS SERVICES
APPLIANCE REPAIR
BETTER HOME SERVICES
510-882-1985
Funny thing happened this week, I obviously need help.

AUTO
FREE BODYWORK with every paint -ing of bumpers and panels. Call for information, free pickup and delivery. Mike. 925-584-7444.

MOBILE AUTO DETAILING
Save time and money. Body work done, headlight refurbishing and wheels. Call 925-709-7500. Visit www.sf-bay-area-collectibles.com or have collectibles, china, crystal, coins, watches, etc. Possible long term. Call Alan at 925-674-1414.

BEAUTY/FASHION

COMPUTERS
COMPUTER SERVICES Hardware setup, repair, upgrades, software and application training. New systems and sales - PC, Macintosh, Apple. All windows and MAC OS. Data Recov -ery! All service. No charge if not fixable. Call 925-899-8211.

ERIC’S COMPUTERS – Need help? We set up new & used computers, internet connections, email, Troubleshoot, repair, replace internal and external de -vices, operating systems, and general photography specialist. We make house calls. www.ericcomputers.com, 24 hours. 925-676-5444.

Please recycle this newspaper.

**CLASSIFIED INDEX**

**CLASSIFIED CODE**

Holiday...................... 5
Personals...................... 10
Lost......................... 20
Found......................... 25
Resident Seeking.................. 30
Ars For Sale.................. 40
Ars Wanted.................. 45
Carpet......................... 50
Carpet & Garages For Rent...... 50
Carpet & Garages Wanted...... 55
Free Stuff.................... 60
For Sale..................... 65
Wanted....................... 70
Business Opportunities........ 90
Business Services............. 100
Professional Services........... 110
Seeking Employment............ 120
Help Wanted.................. 130
Pets.......................... 135
Real Estate Information....... 140
Real Estate For Sale............. 145
Real Estate Wanted............. 150
Room/Shared Housing........... 155
Vacation Rental................ 160
Travel....................... 170

HOW TO PLACE A CLASSIFIED AD

Classified ads in the Rossmoor News are a minimum of $12.50 for 30 words or less for non-residents and $8 for residents. Each additional word is 25c. Phone numbers are one word. Discount rates available for long-term ads. Payment must be made at the time the ad is placed.

Place classified ads at the News office located at the Creekside complex, or mail to 1006 Stanford Drive, Walnut Creek, CA 94595. Classified ads can be emailed to newsdesk@rossmoor -news.com or faxed to 925-988-7862. Staff will call back for payment information and ad confirmation.

The ad deadline is Friday at 4 p.m. for each Wednesday edition. Deadline changes due to holidays will be printed in the News.

For information, call the News Monday through Friday from 8 a.m. to 4 p.m. at 925-980-7252.

Residents can get information from the Rossmoor classified ads online at www.rossmoornews.com. Click the Classified ad tab at the top of page.

Note regarding classified ads for leases and rentals: All Rossmoor leases and room rentals are invalid unless approved by the appropriate Mutual Board.

Copyright (c) 2019 Rossmoor News - All Rights Reserved. No part of this newspaper may be reproduced in any form without written permission from Rossmoor News. Please recycle this newspaper.

EYE GLASSES
Men’s dark bifocal
SILVER BRACELET

Residents can get information from the Rossmoor www.rossmoornews.com Click the Classified ad tab at the top of page

20 LOST
SILVER BRACELET Lost on 4/15 at Event Center during Poor Man’s Dinner. Reward. Call 650-804-0235.

100 BUSINESS SERVICES
APPLIANCE REPAIR
BETTER HOME SERVICES
510-882-1985
Funny thing happened this week, I obviously need help.

AUTO
FREE BODYWORK with every paint -ing of bumpers and panels. Call for information, free pickup and delivery. Mike. 925-584-7444.

MOBILE AUTO DETAILING
Save time and money. Body work done, headlight refurbishing and wheels. Call 925-709-7500. Visit www.sf-bay-area-collectibles.com or have collectibles, china, crystal, coins, watches, etc. Possible long term. Call Alan at 925-674-1414.

BEAUTY/FASHION

COMPUTERS
COMPUTER SERVICES Hardware setup, repair, upgrades, software and application training. New systems and sales - PC, Macintosh, Apple. All windows and MAC OS. Data Recov -ery! All service. No charge if not fixable. Call 925-899-8211.

ERIC’S COMPUTERS – Need help? We set up new & used computers, internet connections, email, Troubleshoot, repair, replace internal and external de -vices, operating systems, and general photography specialist. We make house calls. www.ericcomputers.com, 24 hours. 925-676-5444.

Please recycle this newspaper.
PERSONAL COOK
Are you tired of
healthy cooking. I can cook in your
cooking or eating the same food all

Are you looking for someone to

Expecting guests? Call the guest

FRUITFUL ADVICE
YOUR FRIEND IN THE Computer
Business: System Engineer over

Please call Ben

electronics store, electronics, and

Expertise in troubleshooting,

Installation service. Servicing

I love small jobs. I do repairs, main-

HANDYMAN SERVICE
HANDYMAN AND CARPENTRY

Rossmoor resident. No project is too small, re-

Specializing in home tiling, paint-

Unbeatable prices. We're fast,

Masculine, professional look. We take care of

Insured bonding. License No.

Due to the large volume of inquiries, we are no

We are Rossmoor Residents!

Dial-a-Bus 988-7676
ỏ��s ��s, 34A
100 Business Services

TILING/ALTERATIONS

EXPERT ALTERATIONS and dry cleaning specialists. Call Rossmoor resident, Cali K., 314-263-3649, or email ustrad.

YARD/GARDENING

YARD MAINTENANCE: pruning, hedging, weeding, and debris removal, including clean up service. Let me help make your gar- den a showpiece just like my own! Dave’s Yard Maintenance Service. Call 925-662-8399 today.

PARADISE ALL TYPES of the gar- dening. Yard shape-up and mainte- nance. Trimming, pruning, weeding, shrub removal, yard design, plant- ing, patio containers. Dependable, on time. Quality results! Call Lester 925-639-7732.

SPRUCE UP YOUR DEC or pa- rrot! Replant for a fresh, interesting look. 40 years design experience. Rossmoor references. Call Sharon, 925-954-8766, or email shiipa- da313@gmail.com

101 Professional Services

Health

IN-HOME PERSONAL TRAINING (PARKINSON’S): I am a Pilates instructor and per- sonal trainer. I will come to your home to tailor an exercise program to promote well-being. Nancy Henderson 925-254-0329 or ser- suave003@yahoo.com

The Rossmoor News is full of information. Check it out at www.rossmoor.com

Writing/Editing

PROFESSIONAL EDITOR, PH.D.

The editor of the newsletter for the Published Writers of Rossmoor is available to edit your fiction or non- fiction manuscripts. Work in per- son or online. www.editor-writer.net, edittngg@gmail.com, or 925-710-2249.

The Rossmoor News offers a free obituary up to 120 words. For information on how to place a free or a paid obituary, call 988-7800.

Spacious San Franciscan
Enjoy over 1,330 square feet of living space in this ex- panded San Franciscan. This coop has no stairs and no one above or below which gives you the feel of a detached home and allows accessibility for all your visitors. Inside this lovely home is an enormous Great Room that combines an entertainers Kitchen, Dining Area and Family Room. If you like to have a get-together- ers, this is the place for you with a huge Island kitchen for informal gatherings and lots of room for formal Din- ing Area. The Kitchen has been beautifully updated, with modern white cabinetry and stone counters. A half bathroom has been added to the Master bedroom for your convenience. Don’t miss this opportunity! 
NEW PRICE $585,000

Spaciously Yours

1992 Tice Valley Blvd., Walnut Creek

102 Seeking Employment

CAREGIVER – Resident

COMFORT IN YOUR OWN HOME
We are a team of native Califor- nia caregivers (15+ years expe- rience) dedicated to providing in- home compassionate care (med- ical/non-medical) to clients. 4-hour minimum. Call Maria (925-330- 0192), Susan (925-788-9605), Bot- ty (925-874-3960).

THE CARING HAND Home Care Re- ferral Agency has a registry of prof- essional caregivers who can pro- vide non-medical services which includes personal care and light housekeeping services. Call Beth Sanchez for assistance at 925- 369-3976, 510-352-8041.


SANTA CRUZ

MaS A R M E D M A N

We are a group of professional caregivers who are not a CPA or EA who has no time to help you. Dana Sinner of Dana Law, Specialization for 45 years. By appointment. 925-323-9448.

SIVAJI-SENT
Color, new plants, design/install.
Just name it! gentle rates! Thank you Steve, 925-385-6996.

PHOTO REPRINTING

TAX PROBLEMS? See a tax attorney not a CPA or EA who has no time to help you. Dana Sinner of Dana Law. Specialization for 45 years. By appointment. 925-323-9448.

RELIABLE CAREGIVER Caregiv- ership. Available any time, live-in- full time experience. 20 years worked with different types of home health care. Call Faye at 925-760-5017 or 925-792-6706.

INDEPENDENT, EXPERIENCED Caregiver! Full or part time. Excel- lent references. Personal care, dog walking, medication, etc. Reasonable rates. Call 925-379-1105.

POWER OUTAGE? Call PG&E 1-800-743-5002

SANTA CRUZ

New Listing

INVERNESS LISTING

INVERNESS Model – Wonderful 2 bed 2 bath +Den, laundry room, garage & carport, eat-in kitchen with lovely views out all windows. Nearly 1600 sq. ft.!

AMAZING VALUE!!!
Villa El Rey Model in a duplex – unit occupies full 2nd floor – no shared walls! 2 beds 2 baths 2 balconies, fireplace, and carport very close. Condo has a resort feel with view of spectacular Santa Cruz Mountains. Villa El Rey Model – Level-in, no one above or below, 3 bed 2 bath! Gorgeous “newer” remodel! Home is a “dream” patio home! Treat yourself. Move right in and relax in luxury!

NEW INVERNESS LISTING

INVERNESS Model – Wonderful 2 bed 2 bath +Den, laundry room, garage & carport, eat-in kitchen with lovely views out all windows. Nearly 1600 sq. ft.!

AMAZING VALUE!!!
Villa El Rey Model in a duplex – unit occupies full 2nd floor – no shared walls! 2 beds 2 baths 2 balconies, fireplace, and carport very close. Condo has a resort feel with view of spectacular Santa Cruz Mountains. Villa El Rey Model – Level-in, no one above or below, 3 bed 2 bath! Gorgeous “newer” remodel! Home is a “dream” patio home! Treat yourself. Move right in and relax in luxury!
<table>
<thead>
<tr>
<th><strong>Agents</strong></th>
<th><strong>MLS LISTINGS COOPERATIVES</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>PEGGY MARTINEZ</td>
<td>2 BEDS, 1 BATH</td>
</tr>
<tr>
<td>DRE License #0104546</td>
<td>2 BEDS, 1.5 BATHS</td>
</tr>
<tr>
<td>(925) 330-0260</td>
<td>GOLDEN GATE - GORGEOUS &amp; REMODELED to perfection with quality craftsmanship &amp; materials. accented with designer colors in a by the sea setting nestled amongst lush landscape and Spanish style curb appeal now bring the bells of nature indoors with lots of natural light. .......... $1,765,000</td>
</tr>
<tr>
<td>Kimberly C.</td>
<td>2 BEDS, 2 BATHS</td>
</tr>
<tr>
<td></td>
<td>KENTFIELD - STEAM VIEWS. New carpets. White plantation shutters on bedroom windows. Firep in entry, kitchen and bathrom. Balcony has a list of privacy, overlooks lush green trees. $335,000</td>
</tr>
<tr>
<td></td>
<td>SEQUOIA - WALK TO HILLSIDE COMPLEX. a wonderful view of Mt. Diablo from large open deck. Expansive lawn area and trees in front. Nicely updated kitchen with granite counter and a built-in microwave. Bathroom has washer/dryer added. Skylights in both kitchens and bath bring in lots of natural light. Ceramic tile in Entry. NEW PRICE $339,500</td>
</tr>
<tr>
<td></td>
<td>CLAREMON T - IMPECCABLE bright cozy home with upgraded bath and kitchen, laminate and carpet. Lovely outlook over trees and lawn, relax on deck. Near parking and laundry. $329,000</td>
</tr>
<tr>
<td></td>
<td>CARMEL - WELCOMING tiled front patio. Extra enclosed office/library with full wall storage cabinets and dual pane windows opens onto additional rear patio. Remodeled kitchen, new molding throughout, master bathroom with large, tiled shower, shutters on most windows, stack washer dryer. fresh paint and new carpet. Easy walk to Creekside, golf, Event Center and Stanley Dollar pool. .......... $485,000</td>
</tr>
<tr>
<td></td>
<td>CLAREMON T - Extensive upgrades; hardwood surface flooring, built-in cabinets with LED lighting &amp; spot lit glass cabinets, electric fireplace, Bar, pendant lighting over quartz kitchen counter top, top quality appliances, new forced heat/air, sensor lighting, recessed lighting + much more. Must see!.... $574,000</td>
</tr>
<tr>
<td></td>
<td>EXP. CLAREMON T - TOP-OF-THE-WORLD LOCATION! Escape the hustle and bustle of city life! Great view! Beautiful &amp; spacious with den &amp; enclosed deck! Double pane &amp; storm windows. Fresh paint, new carpeting, smooth ceilings, many updates. Staged and ready to move-in. .......... $610,000</td>
</tr>
<tr>
<td></td>
<td>VILLA CERRO - STUNNING GARDEN SETTING. Location! Location! Rarely available, nestled in the coveted Stanley Dollar Hills neighborhood. Unique features, culinary minded kitchen, garden window, custom tile counter, wood burning fireplace, spa inspired baths. The list is endless. .......... $823,000</td>
</tr>
</tbody>
</table>
(925) 932-1162
www.rossmoorrealty.com
I-800-980-7653 (SOLD)

Luxury Living at its Finest - An Ash Model Boasting 180° Panoramic Views of Mt. Diablo and the Delta.

2 BEDS, 2 BATHS, DEN CONDO. Open flowing concept perfect for entertaining your guests. Stunning two bedrooms, two bathrooms, and spacious den office. A light, bright green ECO friendly home! Highlights include 3 Solar tubes that fill the house with light. Granite Marble flooring with intricate medallion inlay. Antique German Chandelier in Dining room. Double-sided fireplace. Stained glass entry. Family room with views. Spacious eat-in kitchen. Luxurious master bedroom suite. Kitchen features tile flooring in kitchen and nook, granite tile counter tops, gas range and cook top, Bosch dishwasher, maple cabinets, breakfast nook with views. ECO friendly features, solar blinds, higher R value windows, black out blinds, low flow toilets, faucets, and shower heads.

PRESENTED BY ROBERT PARRISH. CALL ROBERT AT (925) 360-5889.

Immaculate Aberdeen

VILLA EL REY - UPDATES THROUGHOUT! New stainless steel kitchen appliances several new light fixtures. Enjoy breakfast nook and large walk in pantry! Fireplace in living room. Sparkling new paint and flooring. Entire top floor - no shared walls. And guess what ... a SWIMMING POOL for this Montal only too! Golf cart parking & carport with storage room just steps away...

PRESENTED BY VALERIE PETERSEN (925) 623-5678.

Carmel in Picturesque Setting.

VILLA NUERO - BREATHTAKING VIEW. Attractively designed with coveted open concept floorplan framed with appealing angles. The unique architecture offers volume ceilings and walls of windows bathing the home with lots of natural light. This home offers lots of beautiful updates, level-in access, and RARE detached garage AND carport.........$399,000

PRESENTED BY GLORIA CORDA (925) 683-5659.

The Waterford

CONGREGATE LIVING AT ITS BEST

EXPANDED CHATSWORTH WITH EXCEPTIONAL VIEW.

Attractively designed with coveted open concept floorplan framed with appealing angles. The unique architecture offers volume ceilings and walls of windows bathing the home with lots of natural light. This home offers lots of beautiful updates, level-in access, and RARE detached garage and carport.

Fourth Floor 1 Bed, 2 Baths Condo.


Offered at $599,000


NEW!!

VILLA EL REY - UPDATES THROUGHOUT! New stainless steel kitchen appliances several new light fixtures. Enjoy breakfast nook and large walk in pantry! Fireplace in living room. Sparkling new paint and flooring. Entire top floor - no shared walls. And guess what ... a SWIMMING POOL for this Montal only too! Golf cart parking & carport with storage room just steps away...

PRESENTED BY VALERIE PETERSEN (925) 623-5678.

Carmel in Picturesque Setting.

VILLA NUERO - BREATHTAKING VIEW. Attractively designed with coveted open concept floorplan framed with appealing angles. The unique architecture offers volume ceilings and walls of windows bathing the home with lots of natural light. This home offers lots of beautiful updates, level-in access, and RARE detached garage AND carport.........$399,000

PRESENTED BY GLORIA CORDA (925) 683-5659.

The Waterford

CONGREGATE LIVING AT ITS BEST

EXPANDED CHATSWORTH WITH EXCEPTIONAL VIEW.

Attractively designed with coveted open concept floorplan framed with appealing angles. The unique architecture offers volume ceilings and walls of windows bathing the home with lots of natural light. This home offers lots of beautiful updates, level-in access, and RARE detached garage and carport.

Fourth Floor 1 Bed, 2 Baths Condo.


Offered at $599,000


NEW!!

VILLA EL REY - UPDATES THROUGHOUT! New stainless steel kitchen appliances several new light fixtures. Enjoy breakfast nook and large walk in pantry! Fireplace in living room. Sparkling new paint and flooring. Entire top floor - no shared walls. And guess what ... a SWIMMING POOL for this Montal only too! Golf cart parking & carport with storage room just steps away...

PRESENTED BY VALERIE PETERSEN (925) 623-5678.

Carmel in Picturesque Setting.

VILLA NUERO - BREATHTAKING VIEW. Attractively designed with coveted open concept floorplan framed with appealing angles. The unique architecture offers volume ceilings and walls of windows bathing the home with lots of natural light. This home offers lots of beautiful updates, level-in access, and RARE detached garage AND carport.........$399,000

PRESENTED BY GLORIA CORDA (925) 683-5659.

The Waterford

CONGREGATE LIVING AT ITS BEST

EXPANDED CHATSWORTH WITH EXCEPTIONAL VIEW.

Attractively designed with coveted open concept floorplan framed with appealing angles. The unique architecture offers volume ceilings and walls of windows bathing the home with lots of natural light. This home offers lots of beautiful updates, level-in access, and RARE detached garage and carport.

Fourth Floor 1 Bed, 2 Baths Condo.


Offered at $599,000


NEW!!

VILLA EL REY - UPDATES THROUGHOUT! New stainless steel kitchen appliances several new light fixtures. Enjoy breakfast nook and large walk in pantry! Fireplace in living room. Sparkling new paint and flooring. Entire top floor - no shared walls. And guess what ... a SWIMMING POOL for this Montal only too! Golf cart parking & carport with storage room just steps away...

PRESENTED BY VALERIE PETERSEN (925) 623-5678.

Carmel in Picturesque Setting.

VILLA NUERO - BREATHTAKING VIEW. Attractively designed with coveted open concept floorplan framed with appealing angles. The unique architecture offers volume ceilings and walls of windows bathing the home with lots of natural light. This home offers lots of beautiful updates, level-in access, and RARE detached garage AND carport.........$399,000

PRESENTED BY GLORIA CORDA (925) 683-5659.

The Waterford

CONGREGATE LIVING AT ITS BEST

EXPANDED CHATSWORTH WITH EXCEPTIONAL VIEW.

Attractively designed with coveted open concept floorplan framed with appealing angles. The unique architecture offers volume ceilings and walls of windows bathing the home with lots of natural light. This home offers lots of beautiful updates, level-in access, and RARE detached garage and carport.

Fourth Floor 1 Bed, 2 Baths Condo.


Offered at $599,000

PROFESSIONAL COUPLE would like to rent a home in Rossmoo for the month of July. No pets of children. References upon request. May be reached at call Bob Barbarella Cavai at 760-844-2146 or 760-777-0117.

Rental Couple Wants to Rent 2 BR/2 BTH condo during our Rossmoor condo renovation. Preferably un-furnished and furnished to accept available for 2-3 months, July-August (and probably September). Call: 925-588-6977 or pakali81@yahoo.com.

RETIRED MALE with two closets. Wonderful tranquil setting in a native of San Francisco and a thriving active resident of Rossmoor since 1990.

RETIRED COUPLE wants to rent in Rossmoor mid-August to mid-September or thereabouts. Reference: Contact Diana, 203-1389 or dinan@att.net. Call: (925) 699-6258.

RENTED: 3 BEDROOM HOME for 2 or 3 month period starting July 15th. Call 925-448-5228 or 925-451-4664.

RENTED: 1641 Tice Valley Blvd., Walnut Creek 94595 • (925) 932-1162

With nature views. Only 2 units in building. 3 bdrms, 2 baths, 1379 sq ft. Remodeled kitchen and baths. Huge master bath with jetted tub, large shower, sky light, double sinks, w/d. Kitchen has granite counters, window. Laminated floors thru-out. Close carport & guest parking. $659,000

Sue DiMaggio ADAMS (925) 207-9123 SueCd@aol.com
Kathie DiMaggio STEIN (925) 699-6289 Kathie@katherinestein.com

Extensive Remodel, Piedmont

With nature views. Only 2 units in building, 3 bdrms, 2 baths, 1379 sq ft. Remodeled kitchen and baths. Huge master bath with jetted tub, large shower, sky light, double sinks, w/d. Kitchen has granite counters, window. Laminated floors thru-out. Close carport & guest parking. $659,000

With nature views. Only 2 units in building, 3 bdrms, 2 baths, 1379 sq ft. Remodeled kitchen and baths. Huge master bath with jetted tub, large shower, sky light, double sinks, w/d. Kitchen has granite counters, window. Laminated floors thru-out. Close carport & guest parking. $659,000

With nature views. Only 2 units in building, 3 bdrms, 2 baths, 1379 sq ft. Remodeled kitchen and baths. Huge master bath with jetted tub, large shower, sky light, double sinks, w/d. Kitchen has granite counters, window. Laminated floors thru-out. Close carport & guest parking. $659,000

With nature views. Only 2 units in building, 3 bdrms, 2 baths, 1379 sq ft. Remodeled kitchen and baths. Huge master bath with jetted tub, large shower, sky light, double sinks, w/d. Kitchen has granite counters, window. Laminated floors thru-out. Close carport & guest parking. $659,000

With nature views. Only 2 units in building, 3 bdrms, 2 baths, 1379 sq ft. Remodeled kitchen and baths. Huge master bath with jetted tub, large shower, sky light, double sinks, w/d. Kitchen has granite counters, window. Laminated floors thru-out. Close carport & guest parking. $659,000

With nature views. Only 2 units in building, 3 bdrms, 2 baths, 1379 sq ft. Remodeled kitchen and baths. Huge master bath with jetted tub, large shower, sky light, double sinks, w/d. Kitchen has granite counters, window. Laminated floors thru-out. Close carport & guest parking. $659,000

With nature views. Only 2 units in building, 3 bdrms, 2 baths, 1379 sq ft. Remodeled kitchen and baths. Huge master bath with jetted tub, large shower, sky light, double sinks, w/d. Kitchen has granite counters, window. Laminated floors thru-out. Close carport & guest parking. $659,000

With nature views. Only 2 units in building, 3 bdrms, 2 baths, 1379 sq ft. Remodeled kitchen and baths. Huge master bath with jetted tub, large shower, sky light, double sinks, w/d. Kitchen has granite counters, window. Laminated floors thru-out. Close carport & guest parking. $659,000

With nature views. Only 2 units in building, 3 bdrms, 2 baths, 1379 sq ft. Remodeled kitchen and baths. Huge master bath with jetted tub, large shower, sky light, double sinks, w/d. Kitchen has granite counters, window. Laminated floors thru-out. Close carport & guest parking. $659,000

With nature views. Only 2 units in building, 3 bdrms, 2 baths, 1379 sq ft. Remodeled kitchen and baths. Huge master bath with jetted tub, large shower, sky light, double sinks, w/d. Kitchen has granite counters, window. Laminated floors thru-out. Close carport & guest parking. $659,000

With nature views. Only 2 units in building, 3 bdrms, 2 baths, 1379 sq ft. Remodeled kitchen and baths. Huge master bath with jetted tub, large shower, sky light, double sinks, w/d. Kitchen has granite counters, window. Laminated floors thru-out. Close carport & guest parking. $659,000

With nature views. Only 2 units in building, 3 bdrms, 2 baths, 1379 sq ft. Remodeled kitchen and baths. Huge master bath with jetted tub, large shower, sky light, double sinks, w/d. Kitchen has granite counters, window. Laminated floors thru-out. Close carport & guest parking. $659,000

With nature views. Only 2 units in building, 3 bdrms, 2 baths, 1379 sq ft. Remodeled kitchen and baths. Huge master bath with jetted tub, large shower, sky light, double sinks, w/d. Kitchen has granite counters, window. Laminated floors thru-out. Close carport & guest parking. $659,000

With nature views. Only 2 units in building, 3 bdrms, 2 baths, 1379 sq ft. Remodeled kitchen and baths. Huge master bath with jetted tub, large shower, sky light, double sinks, w/d. Kitchen has granite counters, window. Laminated floors thru-out. Close carport & guest parking. $659,000

With nature views. Only 2 units in building, 3 bdrms, 2 baths, 1379 sq ft. Remodeled kitchen and baths. Huge master bath with jetted tub, large shower, sky light, double sinks, w/d. Kitchen has granite counters, window. Laminated floors thru-out. Close carport & guest parking. $659,000

With nature views. Only 2 units in building, 3 bdrms, 2 baths, 1379 sq ft. Remodeled kitchen and baths. Huge master bath with jetted tub, large shower, sky light, double sinks, w/d. Kitchen has granite counters, window. Laminated floors thru-out. Close carport & guest parking. $659,000

With nature views. Only 2 units in building, 3 bdrms, 2 baths, 1379 sq ft. Remodeled kitchen and baths. Huge master bath with jetted tub, large shower, sky light, double sinks, w/d. Kitchen has granite counters, window. Laminated floors thru-out. Close carport & guest parking. $659,000

With nature views. Only 2 units in building, 3 bdrms, 2 baths, 1379 sq ft. Remodeled kitchen and baths. Huge master bath with jetted tub, large shower, sky light, double sinks, w/d. Kitchen has granite counters, window. Laminated floors thru-out. Close carport & guest parking. $659,000

With nature views. Only 2 units in building, 3 bdrms, 2 baths, 1379 sq ft. Remodeled kitchen and baths. Huge master bath with jetted tub, large shower, sky light, double sinks, w/d. Kitchen has granite counters, window. Laminated floors thru-out. Close carport & guest parking. $659,000

With nature views. Only 2 units in building, 3 bdrms, 2 baths, 1379 sq ft. Remodeled kitchen and baths. Huge master bath with jetted tub, large shower, sky light, double sinks, w/d. Kitchen has granite counters, window. Laminated floors thru-out. Close carport & guest parking. $659,000

With nature views. Only 2 units in building, 3 bdrms, 2 baths, 1379 sq ft. Remodeled kitchen and baths. Huge master bath with jetted tub, large shower, sky light, double sinks, w/d. Kitchen has granite counters, window. Laminated floors thru-out. Close carport & guest parking. $659,000

With nature views. Only 2 units in building, 3 bdrms, 2 baths, 1379 sq ft. Remodeled kitchen and baths. Huge master bath with jetted tub, large shower, sky light, double sinks, w/d. Kitchen has granite counters, window. Laminated floors thru-out. Close carport & guest parking. $659,000
OPEN HOUSE
Sunday, May 19, from 1 to 4 p.m.

For a complete list of all Open Houses, (some of which are not on this page), and for access through the secure gate, please contact the agent in the listing or call Intero at 937-6050 or Berkshire Hathaway at 280-4920.

YOSEMITE $675,000
2 Bedrooms / 2 Baths
Remodeled, reconfigured & expanded LEVEL-IN Yosemite. Expansive entry w/open concept kitchen/ living/dining flows into private patio. Remodeled kitchen features Gas Range, SS appliances, semi-custom cabinets. Reconfigured master includes double vanity, walk-in closet, skylight, nook with full-sized W/D and tiled stall shower.
Mary Beall Neighbor & Elizabeth Cavanagh
(925) 708-0800 & (925) 360-0230
Intero Real Estate DRE#00748278 / 02061488

SONOMA $459,000
2 Bedrooms / 1 Bath
Beautifully renovated downstairs model, inspired by an artist’s vision! Travertine-tiled entry leads to home with updated kitchen and bath; spacious floorplan with extra square footage from enclosed patio; plantation shutters; washer/dryer; smooth ceilings; dual-pane windows in both bedrooms; step-in shower; fabulous court location with lots of extra parking for a second car!
Maria Eberle
(415) 710-6937
Berkshire Hathaway HomeServices Drysdale Properties DRE#01798906

SONOMA RENOVATION $638,000
2 Bedrooms / 2 Baths
This is the ultimate quality renovation. Abundant light floods the living spaces by day. Overhead recessed lighting for evening entertaining. Touchstone fireplace framed with custom solid wood cabinetry. The kitchen includes custom solid wood cabinetry, spacious island, stainless steel sink and high-end professional quality appliances. Baths have White Carrara marble. The LR includes custom, solid wood cabinetry, spacious island, stainless steel appliances, modern cabinetry, and recessed lighting.
Marsha Wehrenberg, Broker Associate
925-787-7625
Intero Real Estate DRE#00482614

SEQUOIA $320,000
2 Bedrooms / 1 Bath
Freshly painted 2 bedroom Sequoia unit with new carpet and vinyl. Bathroom tub, enclosure and sink re-glazed. Large balcony with views of the hillside. Vacant and move-in ready!
Michael Mitchell
(925) 864-3454
Michael Mitchell Broker DRE#0138487

SEQUOIA WRAP $499,900
2 Bedrooms / 1 Bath
BRING THE OUTDOORS IN WITH THIS ELEGANT REMODEL! THIS SEQUOIA WRAP HAS IT ALL! Remodeled two years ago and features designer white shaker cabinets that extend into dining room, custom tile backsplash, waterfall granite island with additional under counter storage, kitchen and bathroom windows, arched doorways, recessed lighting, coffered ceilings in living room and dining room, 2 solar tubes, custom tiled walk-in shower with 16 vertical sprayers, new windows and doors and full size washer/dryer.
Jacklynn Roenspie
(925) 628-1827
Jacklynn Roenspie Real Estate DRE#01399128

PINEHURST $600,000
2 Bedrooms / 2 Baths
Stacy Stream
(707) 333-9924
Rapisarda Real Estate DRE#01058289

PIEDMONT $659,000
3 Bedrooms / 2 Baths
Secluded location, 2 unit building. Remodeled kitchen, remodeled & enlarged master bath has tub with jets, large shower, double sinks, skylight. Recessed lights, crown molding, laminate floors. Balcony deck off master bedroom. Patio with views of hills.
Karen Carnegie-Stochl
(925) 200-1184
Executive Brokers DRE#00671700

SARATOGA $629,000
2 Bedrooms / 2 Baths
Beautifully renovated condo with gorgeous Mt Diablo views! Featuring a newly updated kitchen with gorgeous backplash, stainless steel appliances, modern cabinetry, and recessed lighting, large master suite, renovated bathrooms, newly installed carpet, fresh paint, in-unit washer and dryer, and more!
Leslie Shafton
(925) 360-9192
Dudum Real Estate Group DRE#01944775

GOLDEN GATE $649,500
2 Bedrooms / 2 Baths
The latest total re-build by Toupin Construction, Rossmore’s most respected builder. As usual no money was spared on remodeling this private end unit overlooking the 9 hole course. This bright home features large windows, skylights, a gourmet kitchen with walk-in pantry and top-of-the-line GE Cafe’ appliances, two amazing baths, ABSOLUTELY NO STAIRS plus it is walking distance to Gateway, Creekside and Stanley Dollar.
The Naeger Team
James D. Bradley, Realtor
(925) 260-0723 & (925) 323-7725
Berkshire Hathaway HomeServices Drysdale Properties DRE#01247943
any, of the real property described above
Drive, Pleasant Hill, CA 94523. The street
Pleasant Hill Community Center, 320 Civic
referenced Deed of Trust.

Sale Date & Time:

the Financial Code and authorized to do
savings bank specified in section 5102 of
loan association, savings association, or
drawn by a state or federal savings and
trusts created by said Deed of Trust, to-wit:
and expenses of the Trustee and of the
trustee(s) named in said Deed of Trust, to-will
$1,103,000. (Estimated) as of 06/16/2016.
Accrued interest and additional advances,
any, will increase this figure prior to
sale. It is possible that at the time of sale
the opening bid may be less than the total
indebtedness due. NOTICE TO POTENTIAL
BIDDERS: If you are considering bidding on
this property, you should understand that
there are risks involved in bidding at a
trustee auction. You will be bidding on a
lot, not on the property itself. Placing the
highest bid at a trustee auction does not
automatically entitle you to a clear title to
the property. If you win the bidding, you
should also be aware that the lien being offered
is a legal lien on the property and may
exist on this property by contacting the

county recorder’s office or a title insurance
company, either of which may charge you
for this information. If you consult
either of these resources, you should be
assured that the lien holder may hold
more than one mortgage or deed of trust
on the property.

NOTICE TO PROPERTY
OWNERS: The Notice of Sale to the
public notice of sale being posted or one
more times by the mortgagee, beneficiary,
trustee, or a court, pursuant to Section
2934a of the California Civil Code. The law
requires that information about trustee sale
postings be made available to you and
the public, as a courtesy to those not
present at the sale. If you want to learn
whether your sale has been postponed,
and, if applicable, the rescheduled time
and date for the sale of this property, you
may call 1-800-280-2832 for information
regarding the trustee’s sale or visit this
Internet Web site, www.auction.com, for
information regarding the trustee’s sale of
this property, using the file number assigned
in this case. T.S. # 9551-3115: Information
about postpayments that are very short in
duration or that occur close in time to
the scheduled sale may not immediately be
reflected in the telephone information
or on the Internet Web site. The best way to
verify postpayment information is to attend
the scheduled sale. If the Trustee is unable to
carry title for any reason, the successful
bidder will receive a deed to the property.

NOTICE TO INTERESTED PARTIES:

YOU ARE
NOTICE OF TRUSTEE’S SALE

T.S. No.: 9551-3115 TSG Order No.:

SANCTUARY OF THE SOUL
A LOYALTY &loyalty: "Mr. Rogers was very professional and
very responsive for paying off all liens senior
to the lien being auctioned off, before you
are notified of the property by contacting the

county recorder’s office or a title insurance
company, either of which may charge you
for this information. If you consult
either of these resources, you should be
assured that the lien holder may hold
more than one mortgage or deed of trust
on the property.

NOTICE TO PROPERTY
OWNERS: The Notice of Sale to the
public notice of sale being posted or one
more times by the mortgagee, beneficiary,
trustee, or a court, pursuant to Section
2934a of the California Civil Code. The law
requires that information about trustee sale
postings be made available to you and
the public, as a courtesy to those not
present at the sale. If you want to learn
whether your sale has been postponed,
and, if applicable, the rescheduled time
and date for the sale of this property, you
may call 1-800-280-2832 for information
regarding the trustee’s sale or visit this
Internet Web site, www.auction.com, for
information regarding the trustee’s sale of
this property, using the file number assigned
in this case. T.S. # 9551-3115: Information
about postpayments that are very short in
duration or that occur close in time to
the scheduled sale may not immediately be
reflected in the telephone information
or on the Internet Web site. The best way to
verify postpayment information is to attend
the scheduled sale. If the Trustee is unable to
carry title for any reason, the successful
bidder will receive a deed to the property.

NOTICE TO INTERESTED PARTIES:

YOU ARE
NOTICE OF TRUSTEE’S SALE

T.S. No.: 9551-3115 TSG Order No.:

SANCTUARY OF THE SOUL
A LOYALTY &loyalty: "Mr. Rogers was very professional and
very responsive for paying off all liens senior
to the lien being auctioned off, before you
are notified of the property by contacting the

county recorder’s office or a title insurance
company, either of which may charge you
for this information. If you consult
either of these resources, you should be
assured that the lien holder may hold
more than one mortgage or deed of trust
on the property.

NOTICE TO PROPERTY
OWNERS: The Notice of Sale to the
public notice of sale being posted or one
more times by the mortgagee, beneficiary,
trustee, or a court, pursuant to Section
2934a of the California Civil Code. The law
requires that information about trustee sale
postings be made available to you and
the public, as a courtesy to those not
present at the sale. If you want to learn
whether your sale has been postponed,
and, if applicable, the rescheduled time
and date for the sale of this property, you
may call 1-800-280-2832 for information
regarding the trustee’s sale or visit this
Internet Web site, www.auction.com, for
information regarding the trustee’s sale of
this property, using the file number assigned
in this case. T.S. # 9551-3115: Information
about postpayments that are very short in
duration or that occur close in time to
the scheduled sale may not immediately be
reflected in the telephone information
or on the Internet Web site. The best way to
verify postpayment information is to attend
the scheduled sale. If the Trustee is unable to
carry title for any reason, the successful
bidder will receive a deed to the property.

NOTICE TO INTERESTED PARTIES:

YOU ARE
NOTICE OF TRUSTEE’S SALE

T.S. No.: 9551-3115 TSG Order No.:
What would you like done?

COMPLETE KITCHEN & BATH REMODEL
HV AC REPAIR & INSTALLATION
• Popcorn ceiling removal • Doors • Windows • Washer & Dryer Installation
Owner on site • Reasonably Priced and Reliable
FREE Estimates • Rossmoor References
(California-273497)

Ny Construction
CALL NICOLAS
925/384-8423

Ralyen Drywall & Painting
Reasonable Rates • Honest • Reliable • Professional
• Kitchen and Bath Remodels • Popcorn Removal
• Home Preparation for Sale • Washer and Dryer Disposals
• Painting and Drywall • Crown Molding Baseboards and Trim

LHI Construction
COMPLETE REMODELING
Baths • Kitchens • Cabinets
Plumbing • Windows • Doors
Termite, Dry-rot Repairs
Concrete • Patios • Tile
Luigi Barberio 925-682-9941
GENERAL CONTRACTOR
www.lhiconstruction4u.com
925-200-8850

Heating & Air Conditioning
Duct Work • Water Heaters
Providing Highest Quality & Honest Comfort
1-877-204-6663
Sales • Service • Installation
christianhvac@hotmail.com
Licensed & Insured, Lic. #1029082

Christian HVAC

Bay Area Plumbing BAP, Inc.
“The Dutchman Can Always Fix It”
925-395-0672
www.bayareaplumbingnow.com
A+ BBB rating
5★ rating Angie’s List
• Great pricing
• All Repairs & Installations
• Preventative Maintenance
Ron Lem
The Dutchman

Leap Frog Plumbing
LeapFrogPlumbing.com
• EMERGENCY SERVICE
• REPAIRS & INSTALLATION
• PREVENTIVE CHECKUPS
• BATHROOM REMODELS
• WATER HEATER SPECIALISTS
Serving Rossmoor customers since 1996!
925-395-0672

The Guest Clearance System Number Is 988-7843
What do you do if you are involved in a vehicle accident?

- You must stop. Someone could be injured and need your help. If you don’t stop, you may be convicted of “hit and run” and could be severely punished.
- Call 9-1-1, if anyone is hurt.
- Move your vehicle out of the traffic lane, if no one is injured or killed.
- Show your driver’s license, registration card, evidence of financial responsibility, and current address to the other driver or persons involved, or to any peace officer.
- You (or your insurance agent, broker, or legal representative) must make a written report to the police or CHP within 24 hours of the accident, if someone is killed or injured.
- You (or your insurance agent, broker, or legal representative) must make a written report to DMV within 10 days, if required.
- Leave a note with your name and address in the car or securely attached to it if you hit a parked vehicle or other property. Report the accident to the city police or, in unincorporated areas, to the CHP.
- Find the owner and report to authorities as mentioned above, if your parked vehicle rolls away and hits another vehicle.
- If you hit an animal, call the nearest humane society or call the police or CHP. Do not try to move an injured animal or leave an injured animal to die.
BERKSHIRE
HATHAWAY
HomeServices

GET THE INSIDE SCOOP! For a full report of real estate activity near you visit: RossmoorNow.com

NEWSPAPER

ATTEND OUR MAY OPEN HOUSE

THIS SUNDAY, MAY 19, FROM 1 TO 4 P.M.
THE LARGEST MONTHLY ROSSMOOR TOUR.
For access to Rossmoor, first come to the Berkshire Hathaway office for details on Open Homes and Tour Sheet. Over 15 scheduled homes - all models and prices.

FEATURED LISTING

A BEAUTIFUL BELVEDERE 3BR/2BA

SUNDAY OPEN

$699,000

These single story CONDOS with LEVEL ENTRY are arguably the most popular plan in Rossmoor. This well located end unit, that has been professionally upgraded, features large rooms, high vaulted ceilings, a wood burning fireplace, lots of custom built-ins and a wonderful private park setting!

RARE EXPANDED BROOKGREEN

1BR/1BA

$210,000

This 1st floor condo w/ more than 700 sq. ft. of living space is one of the more popular floor plans in the incomparable Waterford. Located near the fabulous Tice Creek fitness center this home features great food, weekly housekeeping, and much more.

EXPANDED KENTFIELD CONDO

2BR/2BA/ DEN

$650,000

Don’t miss the sweeping views of Rossmoor and Mt Diablo from the open terrace of this upper level home at the top of Skycrest. This is a very popular floor plan with large rooms, a remodeled kitchen and baths PLUS a “state of the art” mini-split HVAC system, extra storage and much more.

FABULOUS GOLDEN GATE

2BR/2BA

$649,500

The latest total re-build by Toupin Construction. No money was spared on remodeling this private end unit overlooking the 9 hole course. This bright home features large windows, skylights, a gourmet kitchen with walk-in pantry and top-of-the-line appliances. TWO amazing baths and much more!

SPECIAL SONOMA

2BR/1BA

Reduced to $459,000

Beautifully renovated w/ new appliances, quartz counters, double pane windows, crown & base moldings, & recessed lighting, smooth ceilings, plantation shutters, enclosed patio w/ natural light. Extra 200 sq ft+/ End of cul-de-sac w/ tiled entry, close to carport, plus so many extras!

VILLA NUEVO PENTHOUSE

2BR/2BA/DEN

$850,000

A gorgeous top floor condo with level-in access via elevator featuring open floor plan. Offered partially furnished. This open and spacious home includes a grand entrance, high ceilings, spacious balcony with luxury spa tub, separate laundry room, high vaulted ceilings, fresh paint, new carpets and garage.

UNIQUELY REMODELED

2BR/2BA/ DEN

$579,000

Beautifully reconfigured by L’Es- trange and Associates, this Sonoma is located classically and still has the original character. The updated kitchen has a large island with quartz countertops, a living/dining area with built-in cabinets and electric fireplace, dual pane windows, vinyl plank flooring, much more.

ENCHANTING SANTA CRUZ

2BR/2BA/ DEN

$649,500

This luxuriously updated condominium offers extraordinary privacy and features the EPOC lot. This is a very popular floor plan with a large master bedroom suite and an additional bedroom, allowing for abundant interior light, a secluded garden patio overlooking freshly manicured lawns and a breathtaking hilltop view of Mt Diablo.

SPECTACULAR SIERRA

2BR/2BA

$635,000

A close-in condominium with just 3 gentle steps to its door. The entrance opens to a spacious living room with fireplace that opens to a beautiful covered patio and lawn area, a laundry room and garage.

© BHH Affiliates, LLC. An independently owned and operated member of BHH Affiliates, LLC.
Information not verified or guaranteed. If your home is currently listed with a Broker, this is not intended as a solicitation. Equal Housing Opportunity.
ATTENTION DEAR READERS:

While composting seemed fruitless at first, I re- searched and learned that Rossmoor's kitchen waste is a good source of clean ingredients for the process, and our job is only to sort it into “good” and “bad” waste, dumping the “good” waste into the green cart. In sorting, I focused on the “bad” waste because it is more specific to identify and left the rest to the composting contractor.

I attended a Sustainable Rossmoor meeting and got a free food scrap box, which I lined with a free compostable liner. The box fits under the garbage grinder of our sink, and I have been using it conveniently ever since. I prepare a meal, I just drop the “good” scraps in the sink (for the box), and I handle the “bad” waste in my usual manner.

The “bad” waste is substantially all non-biodegradable and non-absorbive materials, which contaminate the composting process. The main “bad” elements are metal, glass, ceramics, and plastics. Also, large quantities of paper, newspapers, cardboard, and corrugated can upset the balance of elemental carbon and nitrogen required in the compost process.

In my house, “good” and “bad” run about 50/50. Half the good scraps will no longer go in a landfill to generate methane gas to heat the world, but will be recycled into fertilizer and plastic.

Richard Ward
Terra California Drive

IS ROUNDUP SAFE?

In response to the letter writer who said Roundup is “safe” because it’s been around for 40 years, so have cigarettes; are they “safe”? His letter was made up of the same old tired, deceptive Monsanto talking points that are used by anyone who has a vested interest in keeping Monsanto (now Bayer) afloat. The EPA’s “revolving-door” history means it’s been “captured” by the very industries it’s meant to regulate.

They try to confuse you by referring to LD levels. The letter writer never mentions that LD stands for “lethal dose,” which deals with one-time acute toxicity, not chronic long-term exposure toxicity. Yes, maybe if you ate a pound of baking soda you’d die faster than drinking a gallon of Roundup, but this is irrelevant.

Unlike what the letter writer asserts, Roundup is not “tightly absorbed in soil” but accumulates in our bodies, our drinking water, our food, as well as our soil. It is clearly toxic. No effect on fish or mammals? There have been fish die-offs and the monarch butterfly is almost going extinct due to Roundup.

The two first lawsuits were the tip of the iceberg. The last lawsuit was a “bellwether” case, meaning that it will influence the 11,200 cases now pending and any following. It is estimated that Monsanto/Bayer will have to pay out about $4.5 billion to these cancer victims. If anyone has stock in Monsanto/Bayer, I’d get out.

Karen Perkins
Golden Rain Road

How to contact the GRF Board

Residents who would like to contact the GRF Board can do so in the following ways:

• Email: grf@rossmoor.com
• Mail: GRF Board, P.O. Box 2070, Walnut Creek, CA 94595
• Message phone: 988-7710
• Drop-off: Board Office at Gateway

Rossmoor government in brief

Golden Rain Foundation: Clinton House, pools, public areas
Mutuals: Residence buildings and surrounding areas.
Ten Thousand Lies Aren’t Enough?

By Marc Gould

Early in his presidency, our bright, judicious, beloved but imperfect President Barack Obama decided that the country would be best off not pressing for war crimes trials for federal employees who took this country and its coalition into a deceitfully premised war in Iraq. He had good, if temporary, reasons, one being the perceived requirement to act in a bipartisan fashion. Perhaps he could not imagine that Republican partisans could become as anti-American as it has proven to be.

In effect, President Obama and many leaders of the Democratic Party decided that it was OK, for the United States of America to cause hundreds of thousands of Iraqi, American, and coalition deaths based, knowingly, on jive intelligence. Most of the dead, bloodied and broken victims were Iraqi civilians.

Former Skull and Bones member George W. Bush, his former national security adviser and executive officer Dick Cheney did not get punished. Large numbers of aides and a few intelligence officers did not get punished. Halliburton’s former chief executive officer Paul “Pee Wee” Davis did not get punished. Large numbers of aides and a few intelligence officers did not get punished. Halliburton’s former chief executive officer Paul “Pee Wee” Davis did not get punished.

Perhaps he could not imagine that Republican partisans could become as anti-American as it has proven to be.

In effect, President Obama and many leaders of the Democratic Party decided that it was OK, for the United States of America to cause hundreds of thousands of Iraqi, American, and coalition deaths based, knowingly, on jive intelligence. Most of the dead, bloodied and broken victims were Iraqi civilians.

Former Skull and Bones member George W. Bush, his former national security adviser and executive officer Dick Cheney did not get punished. Large numbers of aides and a few intelligence officers did not get punished. Halliburton’s former chief executive officer Paul “Pee Wee” Davis did not get punished. Large numbers of aides and a few intelligence officers did not get punished. Halliburton’s former chief executive officer Paul “Pee Wee” Davis did not get punished.

Is enforcement of law intended to protect us from extreme ill-doers divisive?

Watergate was an unnecessary, incompetent robbery followed by an unnecessary, incompetent malvolent cover-up compared to Trump. Must we initiate impeachment proceedings only after the conclusion of current House and New York Southern District investigations, beginning about three weeks before the 2016 election. We know that right before Trump’s inauguration, the Obama administration obtained a new FISA court warrant for 90 more days of spying. In each Page surveillance (spying) warrant application, the Justice Department told the court, “The FISA Court’s role is to protect the nation’s security.”

Clapper claims that the FBI was not spying on the Trump campaign but just a few individuals with suspicious Russia ties. Clapper said it would have been a good thing if intelligence operative had been “observing” the campaign due to the threats the Russian allegations posed to the integrity of our electoral system. If this was true, why didn’t the FBI notify any of the Trump campaign officials? Rudy Giuliani, Jeff Sessions and Chris Christie had national security credentials. Did the Obama administration use the government’s spying powers against a political opponent?

Clapper said he wants to know whether the only intelligence collection that occurred in 2016 was the use of a single confidential informant and the FISA warrant to spy on Page. “I’d like to find out whether that is, in fact, true,” Barr said. “It strikes me as a fairly anemic effort if that was the counterintelligence effort designed to stop the threat as it’s being represented.”

Barr said he wants to know if Page was under surveillance during his time working for the campaign, which would be a long time ago. He also wants to know if any other Trump campaign officials were under surveillance during that period. Barr said he has never been charged for any Russian involvement.

Another area Barr is probing is when the Justice Department and the FBI knew that the Democratic Party was paying former British intelligence operative Christopher Steele. It was Steele who put together the Russian dossier of allegations against Trump. This dossier was used by Robert Mueller’s team.

How many times did we hear from Democrats to let Mueller finish his probe? Now that it’s out to the public, they aren’t satisfied. Mueller’s report concludes his evidence did not establish a conspiracy between Trump and Russia to hijack the 2016 election. The report states that no American conspired with Russia.

After 650 days, 19 lawyers (several anti-Trump), 40 FBI agents, 2,800 subpoenas, 500 witness interviews and 15 co-operating agreements with foreign governments, and $25-plus million of our tax dollars, the Democrats are not satisfied. Barr has made the report, with only 2% redactions, available to Congress. Not one Democrat has read it. What hypocrisy!

The real problem is that the MSM is in cahoots with the Democrats and the MSM is to discredit Barr before the release of the Justice Department’s Inspector General report. The IG is investigating how U.S. intelligence and law enforcement agencies potentially abused their authority to punish the government’s political enemies.

We can only hope that Congressional Democrats and the MSM will have the guts and courage to hold the exercises. They will need it as they continue to move heavy weight goals. First, it was Russian collusion. Now, it is obstruction of justice for no underlying crime.

Ed Manning can be emailed at igotfa@gmail.com.
**Earth Matters**

**Living Lightly on This Small Planet**

**Putting a Price on Carbon — A Time for Action**

**By Joy Danzig**

T here is today increasing urgency for nations to curtail greenhouse gases, primarily carbon, and increase reforestation, among other courses of action, in order to diminish and capture carbon in the atmosphere.

We in the U.S. have a reason for optimism in the form of a bill, the Energy Innovation & Carbon Dividends Act, H.R. 763, introduced by Rep. Theodore E. Deutch (D-Florida) in the House of Representatives on Jan. 24. It has a bipartisan support in Congress, including sponsorship by Congressmen Mark DeSaulnier of our local district. The latest action in the House was a referral on Feb. 12 to the Subcommittee on Energy. Progress of the bill may be monitored online at EnergyInnovationAct.org.

A key organization lending its support to this bill is the Citizens Climate Lobby (www.citizensclimatelobby.org), an international grassroots environmental group that trains and supports volunteers in building relationships with their elected representatives in order to influence climate policy. It has a local chapter in Contra Costa County.

Our action we are urged to take is to write or call the offices of Senators Diane Feinstein and Kamala Harris asking for their support of this bill. Another action is to ask friends and family, especially those in states other than California, to contact their senators and congressional representatives requesting their support. The CCL website offers clear information about the bill and concrete steps to take in its support, such as a sample letter or email. This bill imposes a fee on the carbon content of fuels, including crude oil, natural gas, coal or any other product derived from these. The fee is collected at the point of emission to emit greenhouse gases into the atmosphere. It puts a price of $15 per metric ton of carbon dioxide emissions, starting in 2019, which will increase by $10 per year and then to $15 per year if the previous year’s emissions goals are not reached. It includes exemptions for fuels used for agricultural or non-emitting purposes, exemptions for fuels used by the Armed Forces and rebates for facilities that capture and sequester carbon dioxide.

It also includes border adjustment provisions that require certain fees or refunds for carbon-intensive products that are imported or exported. The fee is collected at the refinery, coal mine or natural gas transmission system level.

H.R. 763 then gives back 100% of the revenue into “Cash Dividends for Hard Times Fund” maintained in the U.S. Treasury, which is then distributed as a dividend to all households in the U.S., in a pro-rata share to each adult with a Social Security number or taxpayer identification number with a half-share paid to each child. The dividends are not taxable as income and won’t factor into the determination of other federal assistance programs, especially helpful for families and individuals receiving such assistance.

One analysis of carbon emissions indicates that without the passage of H.R. 763, emissions by 2035 would be over 5,000 million metric tons. Were this bill to take effect, the emissions by 2035 would be well under 3,000 million metric tons.

In just 12 years, passage of the Energy Innovation and Carbon Dividends Act would likely reduce carbon emissions by at least 40%. Even further, studies show that passage of this Act would add 2.1 million jobs to the American economy. The time for action is now.

Joy Danzig can be emailed at joyful61@gmail.com.

---

**As You Write It**

**A Column for Residents**

**The Religious Right**

**By James Brennan**

We have heard about the “religious right” a lot since the last presidential election. Many political commentators have given the term a critical connotation, saying it refers to a segment of the American public that is religious but not liberal. Other analysts believe it refers to a broader section of the population that is religious but not liberal in their political views.

To help understand “religious right,” I turned to the American College Dictionary to get a definition of “religious right.” This phrase appears to mean people who are religious but not liberal in their political views.

James Brennan can be emailed at jjjim61@aol.com.

---

**Singles Salon celebrates the ’50s, ’60s and ’70s with music and dance for fun-loving stars**

Join Singles Salon and remember school days from the ’50s, ’60s and ’70s. Members usually meet for YITs on Thursdays at 4:45 p.m. at various local restaurants. Single men and women of all ages are invited to attend the casual gatherings. Enjoy lively conversations, a light meal and beverages while learning more about Singles Salon. No reservation is needed, and guests are welcome.

The YIT on May 23 will be at the WiseGirl Restaurant, 1932 Oak Park Blvd., Pleasant Hill. The theme for the 30 event is at the Chicken Pie Shop, 1251 Arroyo Way, Walnut Creek. There’s street parking. June 6 it’s at The Bistro and bar in the Lafayette Park Hotel, 3287 Mt. Diablo Blvd., Lafayette. Free self-parking is located in the rear and valet parking is available at the main entrance. For information, call Bill Race at 925-459-0960.

Dinners in diners for six to ten persons are held bi-monthly in members’ homes and emphasize socializing. There is no obligation to be a gourmet cook or cook at all. Store bought and prepared foods are welcome.

Members volunteer to either host (provide the table setting at their home) or cook (provide the main course) once a year. Guests bring appetizers, salads, side dishes, desserts and wine. The next dinner dining in dinner is Sat- urday, May 25. Members who wish to be informed when a dinner will be held can let the group know their interest to the host or to the group organizer, Richard Rux at 925-934-4981.

Singles Salon is an active Rossmoor social club for single men and women. The club offers a variety of small-group activities to easily mix and make friends. New members are welcome. Guests may attend events as space permits. For information, contact David Church at 951-733-4005.

---

**A SALLY’S BALANCED DIET**

**A Time for Action**

**By James Brennan**

It says: “Give me your tired, your poor. Your huddled masses yearning to breathe free. The wretched refuse of your teeming shore. Send these, the homeless, tempest-tossed to me. I lift my lamp beside the golden door!”

Instead of uniting Americans, Trump seems determined to divide us—by his words, policies and actions. His nativist, anti-immigrant platform and threats against brown-skinned Latinos. His obvious racism is compounded by his antipathy toward Muslims. He seems determined to drive a wedge between ordinary Americans and those Americans who share his prejudices.

While it is true that religion means many different things to many different people, it is difficult to square what he has taught us about the treatment of the poor. These people also constitute the “Religious Right?”

The truly scary part of this is that significant segments of Trump’s political base—primarily in the former Confederate South—are possible to embrace him. Polls confirm that Trump’s core supporters do in fact continue to support him. This fact begs the question: “How could that be true when a large proportion of these people also constitute the ‘Religious Right?’”

In just 12 years, passage of the Energy Innovation and Carbon Dividends Act would likely reduce carbon emissions by at least 40%. Even further, studies show that passage of this Act would add 2.1 million jobs to the American economy. The time for action is now.

One Civil War in our nation’s history is one too many.

James Brennan can be emailed at jjjim61@aol.com.
18ers’ first Guest Day Tourney draws 62 golfers

By Daisy Soo Hoo

The 18ers’ first Guest Day Tourney was held on May 9 with a field of 62 players. The 18-Hole Golf Club had its first Guest Day of the season on May 9 with a field of 62 players.

The club correspondent

The 18ers

Mack team net of 129; second place Kathleen Young, Bari Seely and Mary Jane Kiefer, 128; and third Teddi Swanson, Bari Mantel, and Robin Moreau.

First flight: first place Claudia Mack, Alice Sprague, Claudia Terry, and Betty Cuniberti.

The first-place winners in the first flight of the 18ers Guest Day were, from left, Marlene Mack, Alice Sprague, Claudia Terry, and Betty Cuniberti.

Second flight: first place Nikki Affinotto, Bari Mantel and Lorraine Weisenberg team net of 128; and third Teddi Swanson, Joan Upshaw, Joanne Brennan and Valerie Helenson team net of 133.

Closest to the line on hole 16 were Nancy Seibert, guest, 5 feet 4 inches, and Peggy Yamada, 18er, 10 feet 3 inches.

Closest to the hole on 16 were Nancy Seibert, guest, 5 feet 4 inches, and Peggy Yamada, 18er, 10 feet 3 inches.

Lindsay, Hague, Mann win Rossmoor Tennis Club Wild Card Tournament

By Ken Steiner

Blessed with a beautiful day for tennis, 12 men and 12 women turned up at Buckeye Tennis Complex on May 4 to compete in a round robin “Wild Card” tournament.

This month’s event was supervised by Paulene Hanley.

Event participants play seven brief four-game doubles matches. In each match, a player’s partner and opponents are determined by chance using computer generated assignments – hence the name Wild Card.

This is a fun event where tennis players of all levels can compete and play with people they normally would not play with. It’s a great mixer and an opportunity to have fun without any pressure.

The Wild Card events are generally held on the first Saturday of every month. They are open to all Rossmoor residents, not just tennis club members.

Anyone interested in playing

The Rossmoor Pickleball Clubs have 50 and up eligible to compete.

Rossmoor Pickleball Club players Terry Gordon, Bob Walgren and May Wong competed in the Bay Area Senior Games in Sunnyvale on May 4 and 5.

Anyone age 50 and over is welcome to join. Residents are welcome to join. For membership information, contact Jerry Tileston at 925-946-1633.

For Scramble information, contact Margaret Ready at 925-954-8293. For clinic information, contact Helen Baldwin at 925-262-7666.

Terry Gordon, left, and Bob Walgren display their gold medals.

The Happy Hackers will hold a pitching clinic on Wednesday, June 5, at 3 p.m. Clinics are given by the Pro Shop staff and are limited to 20 attendees. The cost is $5. Signup sheets will be available in the Pro Shop, beginning Wednesday, May 22. Leave reservation checks in the Happy Hacker drawer at the Pro Shop at signing up.

The Happy Hackers June Scramble will be held on Saturday, June 15.

The Happy Hackers is a co-ed club and membership is open to golfers of all playing abilities. Handicaps are not required. All Rossmoor residents are welcome to join. For membership information, call Jerry Tileston at 925-946-1633.

The Happy Hackers will hold a pitching clinic on Wednesday, June 5, at 3 p.m. Clinics are given by the Pro Shop staff and are limited to 20 attendees. The cost is $5. Signup sheets will be available in the Pro Shop, beginning Wednesday, May 22. Leave reservation checks in the Happy Hacker drawer at the Pro Shop at signing up.

The Happy Hackers June Scramble will be held on Saturday, June 15.

The Happy Hackers is a co-ed club and membership is open to golfers of all playing abilities. Handicaps are not required. All Rossmoor residents are welcome to join. For membership information, call Jerry Tileston at 925-946-1633.

The Happy Hackers June Scramble will be held on Saturday, June 15.

The Happy Hackers is a co-ed club and membership is open to golfers of all playing abilities. Handicaps are not required. All Rossmoor residents are welcome to join. For membership information, call Jerry Tileston at 925-946-1633.

The Happy Hackers June Scramble will be held on Saturday, June 15.

The Happy Hackers is a co-ed club and membership is open to golfers of all playing abilities. Handicaps are not required. All Rossmoor residents are welcome to join. For membership information, call Jerry Tileston at 925-946-1633.

The Happy Hackers June Scramble will be held on Saturday, June 15.
**18ers play Terrible Twos Tournament**

Thirty-six 18ers golf club members played the Terrible Twos Tournament on May 2. Players subtracted their two worst holes from their scorecard and used the remaining 16 holes as their score. After subtracting their handicaps for a net score the winners were:

First flight: first place Joanne Kim net 51, second place Robin Baggett net 54, third place Peggy Yamada net 56, and fourth place Sue Yoon net 57.

Second flight: first place Joanne Brennan net 53, second place Mary Ann Higgins net 55, third place Robin Moreau net 57, and fourth place Tom Snyder net 59.

One chip in was made by Robin Moreau on hole 9. Birdies were made by Olivia Hsueh on hole 1, Sue Yoon on hole 4, Teddi Swanson on hole 10 and Jo Young Lee on hole 13.

Save the dates for the upcoming Handicap Tournament on May 16, 21, 23, and the Men’s Club Invitational Tournament on June 13.

**Men’s Golf Club invites women’s club golfers to play in Par 3 Tournament**

The Rossmoor Men’s Golf Club (RMGC) has expanded its Women’s Par 3 Tournament this year. In addition to the Rossmoor women’s nine-hole and 18-hole clubs.

The event will be on Wednesday, May 22, with a shotgun start at 8:30 a.m.

The Dollar Ranch Golf Course will be converted to 18 par holes for this event. The format for the tournament will be two-person teams.

The Rossmoor women’s club will compete separately and from different tee boxes. Separate prize pools will be established. Prizes will include low gross and low net within each team. Second through fifth places will be paired with specific men or women. The cost is $25 per player and includes the prize pool and lunch with beer, wine and soda at the Event Center.

Only checks, payable to RMGC, must be included in sign-up envelopes. Green fees will be charged at the member rate prior to the start of play.

Registration will close Saturday, May 18, at 5 p.m. No refunds will be granted after the deadline.

The tournament directors are John Newman, RMGC, 925-451-6133; Denise Pratt, 925-307-2533; and Anne Phillips, Niners, 925-389-6473.

**Reserve by May 26 to play in RMGC’s Member/Guest Invitational Tournament**

The 25th Rossmoor Men’s Golf Club Member/Guest Invitational Golf Tournament is on Friday, May 31. Deadline for reservations is May 26.

The fun day includes check-in, lunch and putting contest, followed by a shotgun start, and prime rib dinner with an open bar.

Sign-up envelopes are available in the Men’s Club area of the Pro Shop. Sign-up preference will be given to Billiards Club members. Nonmembers will be placed on a waiting list and notified when space is available.

To reserve a spot, forward your name, phone number and email address to rossmoorbilliardsclub@gmail.com. The deadline for signing up is Tuesday, May 22, at 3 p.m.

The club exists to encourage the physical, mental and social benefits of playing pool, snooker and billiards.

The Billiards Room is located behind the multipurpose rooms at Gateway. The room is open daily to all Rossmoor residents from 6 a.m. to 9 p.m.

For information, contact Chuck Clare at 925-944-6211 or Contact@rosmoorbilliardsclub.com.

**Billiards Club offers follow-up clinic**

The Billiards Club will offer a follow-up pool clinic on Friday, May 24, at 2:30 p.m. in the Billiards Room at Gateway.

**Dave Peters takes Lawn Bowling Club singles title**

By Peter Van Styke

Club correspondent

After three days of competition, Dave Peters was the winner of the Rossmoor Lawn Bowling Club's singles championship.

The singles title is one of the most prestigious titles for the club. The standard game of bowls is triples where two teams of three compete. With three people bowling there are

Continued on page 6B

**Men’s Golf Club travels to Clayton May 30**

Rossmoor Men’s Golf Club (RMGC) will participate in its fifth Away event for 2019 at Oakhurst Country Club in Clayton on Thursday, May 30. Check-in and shotgun start are at 7:30 a.m. There will be an 8:30 a.m. shotgun start followed by lunch and prizes.

Checks should be made payable to RMGC and the sign-up deadline is Saturday, May 25, at noon.

Membership in RMGC is required to participate in all Home and Away events. The number of players allowed is limited, and therefore selection will be determined by the number of Home and Away events a player has participated in at home.

The roster will be posted in the Pro Shop and on the club’s website. All checks of players not on the roster will be voided. Players are asked to bring their RMGC shirts.

For information, contact Burke Ferrari at 925-891-4265 or burke.ferrari@hotmail.com; Ed O’Dea at 925-899-2093 or edoea@sbcglobal.net; or visit the RMGC website at www.rossmoor golfcourse.com.

**Billiars wins 8-ball tourney**

Larry Keiffer won the Rossmoor Billiards Club 8-ball pool tournament on May 3. Twelve players participated in a single-elimination format with matches determined by the first player to win two games.

Keiffer defeated Rene Michaud 2-0 in the final match. In the last game of the match, after Keiffer didn’t pocket any balls on the break, Michaud missed his first shot. Keiffer then came in and “ran the table” (pocketed all seven of his balls and the 8-ball) to win the game and match. Keiffer jokingly said he had discovered the secret to beating Michaud, a frequent past champion: don’t let him shoot.

The Billiards Room is located behind the multipurpose rooms at Gateway. The room is open to all Rossmoor residents from 6 a.m. to 9 p.m. every day unless a club competition is being held. There are four pool tables, two snooker tables and one three-cushion billiards table, along with all the ancillary equipment needed to play.

The new club member fee is $5. Pool players of all skill levels are encouraged to join. However, membership is not required to use the facility.

Guests and children 12 years and older are welcome to play but must be accompanied by a club member to ensure protection of the table coverings and equipment.

For information, email rossmoorbilliardsclub@gmail.com and provide your name, phone number and email address.

Larry Keiffer, winner of the 8-ball pool tournament

News photo by Dan Rossmooreanch

18ers play Terrible Twos Tournament

Men’s Golf Club invites women’s club golfers to play in Par 3 Tournament

Rossmoor Men’s Golf Club (RMGC) has expanded its Women’s Par 3 Tournament this year. In addition to the Rossmoor women’s nine-hole and 18-hole clubs.

The event will be on Wednesday, May 22, with a shotgun start at 8:30 a.m.

The Dollar Ranch Golf Course will be converted to 18 par holes for this event. The format for the tournament will be two-person teams.

The Rossmoor women’s club will compete separately and from different tee boxes. Separate prize pools will be established. Prizes will include low gross and low net within each team. Second through fifth places will be paired with specific men or women. The cost is $25 per player and includes the prize pool and lunch with beer, wine and soda at the Event Center.

Only checks, payable to RMGC, must be included in sign-up envelopes. Green fees will be charged at the member rate prior to the start of play.

Registration will close Saturday, May 18, at 5 p.m. No refunds will be granted after the deadline.

The tournament directors are John Newman, RMGC, 925-451-6133; Denise Pratt, 925-307-2533; and Anne Phillips, Niners, 925-389-6473.

**Reserve by May 26 to play in RMGC’s Member/Guest Invitational Tournament**

The 25th Rossmoor Men’s Golf Club Member/Guest Invitational Golf Tournament is on Friday, May 31. Deadline for reservations is May 26.

The fun day includes check-in, lunch and putting contest, followed by a shotgun start, and prime rib dinner with an open bar.

Sign-up envelopes are available in the Men’s Club area of the Pro Shop. Sign-up preference will be given to Billiards Club members. Nonmembers will be placed on a waiting list and notified when space is available.

To reserve a spot, forward your name, phone number and email address to rossmoorbilliardsclub@gmail.com. The deadline for signing up is Tuesday, May 22, at 3 p.m.

The club exists to encourage the physical, mental and social benefits of playing pool, snooker and billiards.

The Billiards Room is located behind the multipurpose rooms at Gateway. The room is open daily to all Rossmoor residents from 6 a.m. to 9 p.m.

There are four pool tables, two snooker tables and one three-cushion billiards table, along with all the ancillary equipment needed to play.

The new club member fee is $5. Pool players of all skill levels are encouraged to join. However, membership is not required to use the facility.

Guests and children 12 years and older are welcome to play but must be accompanied by a club member to ensure protection of the table coverings and equipment.

For information, email rossmoorbilliardsclub@gmail.com and provide your name, phone number and email address.

Larry Keiffer, winner of the 8-ball pool tournament

News photo by Dan Rossmooreanch
Trails Club hikes Santa Cruz mountains, visiting state parks as well as friends
By Ellen Gilman
Club correspondent

Breathtaking, spiritual, spectacular. That is how Trails Club members described their five days of hiking in the Santa Cruz mountains among the coast redwoods and creeks, ocean bluffs and wildflower-covered grasslands of the central California coast.

From April 29 to May 3, 49 club members joined coordinator Don Geahry on a “safari” each day visiting a different state park: Henry Cowell, Big Basin, Fall Creek and Wilder Ranch. Each day there were three different hikes of varying difficulty, allowing hikers to choose the best pace and distance for them.

On the last evening, a celebratory dinner for all 49 tired but happy friends was held at Janet and Stanley Maleksi’s home on the west side of town.

Before heading home on the fifth day, hikers explored the Santa Cruz area on their own. Some hiked at another state park, some visited the U.C. Arboretum, others adventurously zip-liked or took a canopy tour and still others visited either the U.C. Marine Discovery Center or the Santa Cruz Art and History Museum.

The Trails Club, aside from offering nine different local hikes every week throughout the year, organizes three or four “safaris” annually, with accommodations generally at lodges or motels.

Still to come in 2019 are Cambria in June, Grand Teton/Yellowstone in August and Camp Concord (South Lake Tahoe) in September.

Tennis Club hosts first Saturday barbecue of season at Buckley courts

Rossmoor Tennis Club is hosting its first Saturday evening barbecue of the season on Saturday, May 25.

Open tennis starts at 4 p.m.; social hour, including free mojitos at 5 p.m.; and dinner, consisting of hamburgers and hot dogs, starts at 5:30 p.m.

Guests are asked to bring a side dish to share.

Mr. Lenny (the) Cook has volunteered to be the grill master. Additional volunteers are needed by the resident sponsoring them. Children must be at least 12 years old and sufficiently competent to ensure protection of the table coverings and all equipment.

For information about free instruction, game rules and/or to volunteer, send an email request to rossmoortennisclub@gmail.com.

Billiards Room is open daily for all residents

The Rossmoor Billiards Club exists to encourage the physical, mental and social benefits of playing pool, snooker and billiards.

The fee for new members is $5; however, club membership is not required to use the facility.

The Billiards Room is located behind the multipurpose rooms at Gateway. The room is open to all Rossmoor residents from 6 a.m. to 9 p.m. every day; unless a club competition is being held.

There are four pool tables, two snooker tables and one three-cushion billiards table along with all the ancillary equipment needed to play. Guests are welcome but must be accompanied by the resident sponsoring them. They must be at least 12 years old and sufficiently competent to ensure protection of the table coverings and all equipment.

For information about free instruction, game rules and/or to volunteer, send an email request to rossmoorbilliardsclub@gmail.com.

BOWLING: Dave Peters wins

Continued from page 5B

The competition was fierce but also the aura of friendship pervaded. After the first two days of elimination games, the final four was set.

Frankie Napoli was the No. 1 seed; the amazing rookie Sam Citron, playing in his first tournament, was second; Dave Peters was third; and Mike Clancy was fourth. Napoli would be sitting against Napoli your opponent and the psychological aspect of you against yourself. You must be on your game and focused.

The 2019 Singles Tournament took place from May 7 to 9. Eighteen of Rossmoor’s best bowlers took part in the tourney. The format on the first two days was a round robin that would decide the final four.

The game started out very tight with one point separating the bowlers for the first five ends. Then Peters started to take control with excellent bowling, Napoli, a past champion, bowled well but all the wicks and the movement of the jack would fall Peters’ way.

Napoli would be sitting on two points. With a perfect shot, the jack would nevertheless be hit toward Peters and Peters would score two, a four point swing. But, Peters bowled excellently showing his great skill and precise and consistent bowling. And, with the bowling gods on his side, it was just too much for Napoli to overcome. The final result was 18-5 in favor of Peters.

“it was an honor to bowl against Napoli. He has been a champion and one of our club’s great bowlers,” Peters said.

Training reminder

Club coaches Ed and Pau line De Assis invite all to come down to the bowling greens at Drive No. 2A. The deadline for sending checks is Wednesday, May 22.

Mr. Lenny (the) Cook has volunteered to be the grill master. Additional volunteers are needed by the resident sponsoring them. Children must be at least 12 years old and sufficiently competent to ensure protection of the table coverings and all equipment.

For information about free instruction, game rules and/or to volunteer, send an email request to rossmoortennisclub@gmail.com.

Outing reminder

Club coaches Ed and Pau line De Assis invite all to come down to the bowling greens at Drive No. 2A. The deadline for sending checks is Wednesday, May 22.

Members of the Rossmoor Trails Club who attended a Santa Cruz “safari” are, from left, Peter Yang, Marie Kahn, May Wong, Lisa Dietz, Lynne Forrette, Don Geahry, Alice Lau, Linda Ritz and Susan Yang.

Members of the Rossmoor Trails Club scout trails in Santa Fe.

In between hiking and enjoying the local cuisine they explored galleries, museums and historic sites. It was a most satisfying scouting trip that left hikers exuberant about leading their upcoming October safari for other adventurous Trails Club members.

The cost for a hamburger or hot dog is $5. Conditions will also be available. Members are encouraged to wear red, white and blue attire.

Those who wish to attend may call Linda Ritz at (650) 878-7765.

For future Saturday barbecues, the club will return to its normal format of open tennis at 4 p.m., social hour (BYOB) at 5 and dinner at 5:30. For these events, guests are asked to bring their own entrée to grill as well as a side dish to share.

By Adrienne Roth
Club correspondent

Scramblers from the Rossmoor Trails Club recently scouted trails in Santa Fe for an upcoming five-day hiking safari in October.

Neither rain nor hail nor snow nor elevation kept them from their explorations. The weather was cool and the skies a gorgeous blue with white puffy clouds.

On the higher hikes they encountered snow but this did not diminish their enjoyment of the gorgeous views from that added height. The aspens, already beautiful, will be even lovelier in the fall.

The Scramblers were grateful for the exercise as they indulged in the marvelous eclectic blend of southwestern and Mexican food. And there were unusual margaritas to choose from — sage, smoky and others unusually zip-liked or took a canopy tour and still others visited either the U.C. Marine Discovery Center or the Santa Cruz Art and History Museum.

The Trails Club, aside from offering nine different local hikes every week throughout the year, organizes three or four “safaris” annually, with accommodations generally at lodges or motels.

Still to come in 2019 are Cambria in June, Grand Teton/Yellowstone in August and Camp Concord (South Lake Tahoe) in September.

The Rossmoor Billiards Club exists to encourage the physical, mental and social benefits of playing pool, snooker and billiards.

The fee for new members is $5; however, club membership is not required to use the facility.

The Billiards Room is located behind the multipurpose rooms at Gateway. The room is open to all Rossmoor residents from 6 a.m. to 9 p.m. every day; unless a club competition is being held.

There are four pool tables, two snooker tables and one three-cushion billiards table along with all the ancillary equipment needed to play. Guests are welcome but must be accompanied by the resident sponsoring them. They must be at least 12 years old and sufficiently competent to ensure protection of the table coverings and all equipment.

For information about free instruction, game rules and/or to volunteer, send an email request to rossmoorbilliardsclub@gmail.com.

In between hiking and enjoying the local cuisine they explored galleries, museums and historic sites. It was a most satisfying scouting trip that left hikers exuberant about leading their upcoming October safari for other adventurous Trails Club members.
Rossmoor Men’s Golf Club board of directors hosted a Cinco de Mayo lunch for the golf course maintenance crew as a thank you for the work they do all year. RMGC President Pat Iacullo presided over the festivities. Bryan Burnett, the club’s food and beverage director, and Twilight Director Rich Fuller prepared the lunch. Among those attending the lunch were Mike Kiefer, treasurer; Marc Raynor, ambassador and marshall; Fred Sun, past president; John McDonnell, past president; Burke Ferrari, home and away director and John Benshoff, secretary. A number of maintenance crew members also attended.

In addition to serving the golfing community, the courses are open Mondays for walkers to enjoy. Despite all the rain this year, the course is in great playing shape and RMGC wanted to thank the crew members, under the supervision of Maintenance Superintendent Blake Swint, for their hard work in making that happen.

Pickleball hosts Hit and Giggle Tourney

On what was described by club members as a beautiful spring evening on May 6, the Rossmoor Pickleball Club held its first Hit and Giggle Tournament of the year at the Creekside courts.

Club members participated in the mixed level doubles and socialized on the sidelines with their fellow players. It was a good, relaxed opportunity for additional opportunities to score.

Happy Hackers golfers host scramble on Saturday

The Happy Hackers May scramble is Saturday, May 18, on the Creekside Golf Course. Tee-off time is 3 p.m.

Sign-up sheets are available in the Pro Shop. Dinner and golf is $31, dinner only is $24 and golf only is $7. Be sure to place checks in the Happy Hacker drawer at the Pro Shop.

The deadline is Wednesday, May 15. Green fees are additional and paid at the Pro Shop.

The Happy Hackers is a co-ed club and membership is open to golfers of all playing abilities. Handicaps are not required. All Rossmoor residents are welcome. For membership information, call Jerry Tileston at 925-946-1633.

For scramble information, contact Margaret Ready at 925-954-8293 or Dottie Langthorn at 925-937-5330.

Bocce Club wine and cheese party on Sunday

Rossmoor Bocce Club’s annual wine and cheese event is on Sunday, May 19, from 4:30 to 7 p.m. in the Fireside Room at Gateway.

Members and guests are welcome to sample various wines and a selection of delicious cheeses from around the world. There will be a variety of gluten and gluten-free items available.

The cost is $12 per person. Reservations are due at noon today, May 15. Contact Kathy Johnson at 925-300-3754 or kj7525@yahoo.com. Drop checks in the club mailbox at Gateway or pay at the door. Be sure to note the names of those who will attend.

Rossmoor Domino Club announces game winners

The domino winners on May 6 were Dr. Bob Weyandt 326, Curt Gunn 320, Sue Wickens 318 and Jeannie Johnson 314.

The domino winners on May 4 were Betty Treanor 325, Mike Flanagan 319, Elaine Eisenstein 319, Steve Bagada 319, Janet Web 313, Karin Romak 310 and Sally Lowry 308.

Experienced players meet on Mondays in the Oak Room at Gateway. Participants should plan to arrive at 6:30 p.m. as play begins promptly at 6:45. Saturday sessions for inclusion of the less experienced players meet from 10 a.m. to 12:30 p.m. in Multi-purpose Room 2 at Gateway.

Experienced players who want a higher-stakes game, are invited to meet with the Brown Baggers on Fridays at 9 a.m. in the Garden Room at Dollar.

Teaching sessions are on Thursdays from 9:30 a.m. to noon in the Oak Room. There are instructors for all levels from beginner to experienced players. Tables are also available for novice players to hone their skills against other novice players in a non-competitive environment.

Tip of the week

More scoring hints: If a double is present on the board, always consider tiles in hand to play on these, as this provides additional opportunities to score.

Introducing... The New Club Car: Onward

Purchase a 2019 Club Car with your choice of custom metallic paints! TRADE-INS AND FINANCING AVAILABLE

SERVICE SPECIALS

Service preventative maintenance performed at your home by one of our certified technicians.

Our Benicia office offers new & used golf car sales, service, parts and mobile technical support. Please visit our website nicksgolfcarts.com to begin your Nick’s Custom Golf Cars experience.

5340 Gateway Plaza Dr. • Benicia (707) 747-5508 www.NicksGolfCarts.com

Serving Rossmoor since 1988

Rossmoor News • May 15, 2019

7B

Serving Rossmoor since 1988

5340 Gateway Plaza Dr. • Benicia (707) 747-5508 www.NicksGolfCarts.com Serving Rossmoor since 1988
RELIGIOUS SERVICES

EPISCOPAL
St. Anselm’s Episcopal Church (682 Michael Lane, Lafayette) invites everyone to worship on Sunday, May 19, at 8 or 10 a.m. as it celebrates the fifth Sunday in Easter. The readings for this service are: Acts 11:1-8; Psalm 148; Revelation 21:1-6; and John 13:31-35. The Contemporaries Bible Study group will meet on Wednesday at 10:45 a.m. in Jackson Hall.

The parish office hours are Monday, Tuesday and Thursday from 9 a.m. to 1:30 p.m. For more information, call the parish office at 925-284-7420.

LUTHERAN
Hope Lutheran Church invites everyone to gather for a spirited worship service in the Fireside Room at Gateway on Sunday, May 19, at 10:30 a.m. Pastor Lil Belusa’s sermon is titled “A Nobody ‘Til Somebody Loves You.” Marji Calbeck will be the pianist. Don Gurley serves as Cantor. Constance Koo (harpist) will provide special music. Immediately following worship, all are invited to a time of sharing goods and fellowship.

The people of Hope gather in the Fireside Room for a friendly time of liturgical worship and high-spirited fellowship. The Oneg Shabbat dinner will be held at the Gateway Clubhouse. Large-print bulletins and hearing aid T-coil complement the accessibility of worship at Hope.


B’nai Israel of Rossmoor will hold Shabbat services on Friday, May 17, in the Vista Room at Hillside. Arrive at 7:15 p.m., and services start promptly at 7:30 p.m. Cantor Richard Brott will lead services, Barbara Fenkel will serve as Rosh HaErej, and Barry Grossberg will give the Dvar Torah. Shirley Cohen will be the greeter; the Oneg will be hosted by Jo Ann and Arnold Jacobson. Everyone is invited to enjoy the service and social hour.

After services, Jerry Gerash will speak about 50 years of the people of Hope and Love” since 1965.

For more information about B’nai Israel, contact Josh Fendel at 925-248-2995. For membership information contact Elaine Harris, Membership VP, at elainerharris@gmail.com or 925-300-3225. Those who need a ride may call Steve Harris at 248-245-1830 or Paula Tint at 925-935-6880.

CATHOLIC
St. Anne’s Catholic Church offers Masses at 8:30 am, 10 am, and 11:30 am, and 1 to 4 p.m. The office can be reached at 925-932-6724. All are welcome at St. Anne’s Church, celebrating “Faith, Hope and Love” since 1965.

Rossmoor Bible Study Group meets tomorrow, May 16, at 9 a.m. at the Dollar Clubhouse. May is the last month before the group’s summer break.

The New Testament book of Titus will be studied. Paul identified himself as the author of Titus, calling himself a “bond-servant of God and an apostle of Jesus Christ.” Paul clearly held Titus in a position of great respect as a friend and fellow worker for the gospel. Titus was trusted for his affection, earnestness, and bringing comfort to others.

Small groups meet from 9 to 9:45 a.m. There are four women’s groups and two men’s groups and each has a leader. Questions are answered and discussed each week.

From 10 until about 10:40 a.m., the teacher lectures and gives a commentary on the material studied. Residents and friends may also join the group at 10 a.m. for the lecture only. The group is open to all, and is located in a room that is open to all. For more information, call Owen Thompson at 925-254-0205 or visit www.rossmorbiblestudy.org.

Friends of Grace hosts celebration

The Rossmoor Friends of Grace and Grace Presbyterian Church will team up to host a Memorial Day Celebration on Monday, May 27 at the Grace campus, 2100 Tice Valley Blvd., just outside Rossmoor.

The afternoon will begin at noon with a traditional picnic in Grace’s Orchard. The menu will feature hot dogs and potato salad on the menu. Following the picnic, military heroes and heroines will be honored and program beginning at 1 p.m., also on the Grace campus at Tice Valley Boulevard. Karen Hastings-Fleger, Grace

Continued on page 20B
Mindful Living Club holds daily meditations

The Mindful Living Club has sponsored free daily meditations since 2015. The club holds two daily mindfulness meditations at 8:30 a.m. and 5 p.m., seven days per week.

The 8:30 p.m. meditation is held in the Sanctum at Dollar. For more information contact Jane Brown at mjcb982602@gmail.com or 925-407-6398.

The 8:30 a.m. daily schedule is: Monday through Friday, in the home of club founder Dick Powell, 2056 Ticce Creek Drive No. 4 (park on Ticce Creek near Entry 5 for easiest access); first Saturday of the month in the Echo Room at the Event Center before the Laughter Yoga class; second, third, fourth and fifth Saturdays in the Fairway Room at Creekside before the Mindfulness Class. For more information, contact DickPowell1533@aol.com or 925-238-6366.

Both meditations are 30 minutes long and in domed chairs. Those who use a meditation cushion are asked to bring their own.

Meditation practice can improve relationships, reduce stress, improve performance, protect the brain from mental illness, reduce anxiety, improve sleep, create more control over pain and emotions, and enhance the immune system.

Meditation also creates more compassion or empathy for others, reduces chronic pain, improves mood, and can help end addictive behavior.

Basics of Meditation

The new “Basics of Meditation” class is full for May, but June 26 and July 24 are open. Classes are on Wednesdays from 3:30 to 4:30 p.m. at Dollar Sanctum.

This one-hour class is an introduction to the practice of meditation, including how to begin and maintain a regular practice. The four stages of meditation (focus, flow, finish), including posture, using the breath as an anchor, and dealing with distractions, will be discussed.

An easy method of meditation drawn from ancient wisdom and practice that is universally accessible to anyone, regardless of prior experience, will be presented.

Class size is limited. To register, contact Sylvia Kara-Nu Lunt at 408-887-1400 (text OK) or sylvia karanu-lunt@gmail.com.

For more information on meditation, visit the club’s website at http://www.mindfullivingclub.org/how-to-meditate.html.

To further enhance meditation techniques, the Mindful Living Club will host its semi-annual Mindfulness Meditation Retreat at San Damiano Retreat in Danville on July 9, 10 and 11.

For information, see the listing in the Club Travel section, visit www.mindfullivingclub.org/retreats.html or contact Powell at the email above.

Enjoy pizza, bingo at St. Anne’s on May 20

St. Anne’s Society will sponsor its semi-annual pizza/ bingo night on Monday, May 20, at 5 at nearby St. Anne’s Church Parish Center.

All parishioners, Rossmoor residents and friends are invited to this popular event. Pizza Oliva will provide a selection of meat, chicken, cheese and vegetable pizzas. Salad as well as soft drinks, wine and beer are included. Each person receives one free bingo card at check-in. Extra bingo cards are available for $1 each. The cost is $15 per person. Send reservation checks, payable to St. Anne’s Society, to Marilyn Puccini at 806 Ter-W. El Pintado, Danville, CA 94526 at 10:00 a.m.

Cantare Con Vivo presents June 1 concert

Cantare Con Vivo closes its season with a concert called “There Is Sweet Music Here.” It features adult and children’s choirs, on Saturday, June 1, at 7:30 p.m. in Lafayette-Orinda Presbyterian Church, 49 Knox Drive, Lafayette.

The concert, which marks the 20th anniversary of the choir and children’s choral programs, will include a variety of American music, including contemporary, classical, folk, popular, and show tunes, in addition to spirituals and patriotic selections. Titles include “Of Man River,” “You’ll Never Walk Alone,” “(Not One Sparrow), “Angel Band,” “Water Night,” and many others.

Tickets are available at the door and online at www.cantar econvivo.org.

Sing for Joy holds informal sessions

Sing with group Friday afternoons

Sing for Joy bills itself as fun, free (almost – dues are $2 a year) and good for you. This unique and a cappella singing group was started in Rossmoor 27 years ago by Do-lgan Ross who persuaded several club members to join together for the enjoyment of singing.

The group, which numbers about 20 and includes both Rossmoor and non-Rossmoor residents, meets every Friday at 4:30 p.m. in Gateway’s Red- wood Room. Other residents are invited to drop in on the informal sessions to listen to the fun.

This year, members also will look back in remembrance of Tom Mesez, the leader from 2012 until his death in December. Music shared includes traditional ballads, golden oldies, pop hits and great show tunes.

Interested residents who want to add their voice can sign up on the spot in the Redwood Room on Fridays or call Membership Chair Beverley Walker at 925-952-9925.

Marilyn Jean Tresko September 23, 1936 - April 20, 2019 Walnut Creek, California

Marilyn J. Tresko, is in the loving arms of her Savior. Marilyn was a loving wife, mother of two, grandmother, pilot, Deaconess, prayer warrior and a devoted follower of Jesus Christ. Marilyn was born on September 23, 1936 in Cleveland, Ohio and passed on April 20, 2019 in Walnut Creek, California. She leaves her loving husband of 64 years, Raymond, and their two sons, Daniel (Reyes) and Michael (Kristi), their five grandchildren, Katie (Doug) Prout, Jonathan (Amanda) Tresko, Anna Tresko, Nicholas (Briana) Tresko and Timothy (Jocelyn) Tresko, and three great grandchildren, Landon Proat, Rilyn Proat and Elise Tresko. Also, Marilyn leaves behind her brother David (Kitty) Hupp and sister-in-law, Ceilec. Marilyn is preceded in death by her mother, Mildred Brandt and her father Orian Hupp. Memorial Services will be held to celebrate Marilyn’s life on Sat, June 15, 2019 at Danville Community Presbyterian Church located at 222 W. El Pintado, Danville, CA 94526 at 10:00 a.m.

Marilyn Jean Tresko September 23, 1936 - April 20, 2019 Walnut Creek, California

Marilyn J. Tresko, is in the loving arms of her Savior. Marilyn was a loving wife, mother of two, grandmother, pilot, Deaconess, prayer warrior and a devoted follower of Jesus Christ. Marilyn was born on September 23, 1936 in Cleveland, Ohio and passed on April 20, 2019 in Walnut Creek, California. She leaves her loving husband of 64 years, Raymond, and their two sons, Daniel (Reyes) and Michael (Kristi), their five grandchildren, Katie (Doug) Prout, Jonathan (Amanda) Tresko, Anna Tresko, Nicholas (Briana) Tresko and Timothy (Jocelyn) Tresko, and three great grandchildren, Landon Proat, Rilyn Proat and Elise Tresko. Also, Marilyn leaves behind her brother David (Kitty) Hupp and sister-in-law, Ceilec. Marilyn is preceded in death by her mother, Mildred Brandt and her father Orian Hupp. Memorial Services will be held to celebrate Marilyn’s life on Sat, June 15, 2019 at Danville Community Presbyterian Church located at 222 W. El Pintado, Danville, CA 94526 at 10:00 a.m.

Marilyn Jean Tresko September 23, 1936 - April 20, 2019 Walnut Creek, California

Marilyn J. Tresko, is in the loving arms of her Savior. Marilyn was a loving wife, mother of two, grandmother, pilot, Deaconess, prayer warrior and a devoted follower of Jesus Christ. Marilyn was born on September 23, 1936 in Cleveland, Ohio and passed on April 20, 2019 in Walnut Creek, California. She leaves her loving husband of 64 years, Raymond, and their two sons, Daniel (Reyes) and Michael (Kristi), their five grandchildren, Katie (Doug) Prout, Jonathan (Amanda) Tresko, Anna Tresko, Nicholas (Briana) Tresko and Timothy (Jocelyn) Tresko, and three great grandchildren, Landon Proat, Rilyn Proat and Elise Tresko. Also, Marilyn leaves behind her brother David (Kitty) Hupp and sister-in-law, Ceilec. Marilyn is preceded in death by her mother, Mildred Brandt and her father Orian Hupp. Memorial Services will be held to celebrate Marilyn’s life on Sat, June 15, 2019 at Danville Community Presbyterian Church located at 222 W. El Pintado, Danville, CA 94526 at 10:00 a.m.
THURSDAY, MAY 23

<table>
<thead>
<tr>
<th>TIME</th>
<th>EVENT</th>
<th>LOCATION</th>
<th>ORGANIZATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 a.m.</td>
<td>Luk Tung Kuen</td>
<td>Diablo Room, H</td>
<td></td>
</tr>
<tr>
<td>9 a.m.</td>
<td>Handicup Tour Awards</td>
<td>Donner A/B, EC</td>
<td></td>
</tr>
<tr>
<td>9 a.m.</td>
<td>Bible Study</td>
<td>Main Area, D</td>
<td>Bible Study Group</td>
</tr>
<tr>
<td>9 a.m.</td>
<td>Domino Play</td>
<td>Oak Room, G</td>
<td></td>
</tr>
<tr>
<td>9 a.m.</td>
<td>Stretchy Room</td>
<td>Seeing Room, G</td>
<td>Rec. Dept. 4</td>
</tr>
<tr>
<td>Noo n</td>
<td>Ira S. Feldman</td>
<td>Redwood Room, G</td>
<td>Rec. Dept. 2</td>
</tr>
<tr>
<td>Noon</td>
<td>Nummy Cube</td>
<td>Pine Room, H</td>
<td>All-Americans &amp; Friends 6</td>
</tr>
<tr>
<td>12:45 p.m.</td>
<td>Partnership Bridge</td>
<td>Oak Room, G</td>
<td></td>
</tr>
<tr>
<td>1 p.m.</td>
<td>Study Group</td>
<td>Fairway A/B, C</td>
<td>Buddhist Study Group 7</td>
</tr>
<tr>
<td>1 p.m.</td>
<td>Scramble Play</td>
<td>Echo Room, EC</td>
<td>Scramble Club 7</td>
</tr>
</tbody>
</table>

**TICE CREEK FITNESS CENTER CLASSES**

**FITNESS CENTER:** The Fitness Center is open Monday through Friday from 6 a.m. until 9 p.m. and Saturday and Sunday from 6 a.m. to 6 p.m.

**INFORMATION:** Fitness Center, call 888-7850.

The Fitness Center has TV screens in front of each studio with the most updated schedule. The schedule shows the classes for the day and includes staff classes, independent contractor classes, clubs and small group training classes. Fee classes are marked with an “$” after description.

**SGT- Small group training classes** - are taught by Fitness Center staff. The fee is $10 per class.

**AEROBICS STUDIO**

**MONDAY**

Strength with/ Cathy Steen $..................8:45 to 9:30 a.m.

Musical Move w/ Julie Hughes ..................10 to 10:50 a.m.

Light Strength w/ Kateleen Lampfort ..........11:10 to noon

Barre with/Emm Yee ..........................6:15 to 7:15 p.m.

**TUESDAY**

Strength Circuit w/ Dino $..........................6 to 7 a.m.

Smart Start w/ Cathy Steen $..................8:45 to 9:30 a.m.

Zumba Club w/ Carol Lehr ..........................9:45 to 10:30 a.m.

Ballett Club w/ Lainie N. ..................11 a.m. to noon

Tai Chi Movement CAAR ..........................1 to 2:45 p.m.

TRX SGT w/ Becky Beckelman ..................3 to 4 p.m.

Cardio Dance Live w/ Bonnie Forman $4.15 to 5:15 p.m.

**WEDNESDAY**

Strength with/ Cathy Steen $..................8:45 to 9:30 a.m.

Muscle Movers w/ Julie Hughes .................10 to 10:50 a.m.

TRX SGT w/ Emm Yee ..........................12:30 to 1:30 p.m.

SGT Osteoporosis w/ Emm Yee .................1:45 to 2:45 p.m.

Tai Chi CAAR ..........................3 to 5 p.m.

**THURSDAY**

Strength Circuit w/ Dino $..........................6 to 7 a.m.

Smart Start w/ Cathy Steen $ ..................8:45 to 9:30 a.m.

Zumba class w/ Carol Lehr ......................9:45 to 10:45 a.m.

Light Strength w/ Kateleen Lampfort ..........11:10 to noon

Barre with/Emm Yee ..........................6:15 to 7:15 p.m.

**FRIDAY**

Abs/Back w/ Dino $..........................7:05 to 7:35 a.m.

Strength with/ Cathy Steen $ ..................8:45 to 9:30 a.m.

Muscle Movers w/ Becky Beckelman ............10 to 10:50 a.m.

Int. Line Dancing Club w/ Jackie Johnson 11 a.m. to 12:30 p.m.

**SATURDAY**

Adv. Line Dancing Club w/ Jackie Johnson 12 to 1:30 p.m.

Self-defense with/Dennis Shimakmo ................5 to 6 p.m.

**DANCE STUDIO**

**MONDAY**

Spin w/ Kateleen Lampfort ..................6 to 7 a.m.

Keep Fit with/ Marie Harp $..................9 to 10 a.m.

Zumba w/ Jo Nash ..........................11 to 12 p.m.

Parkinson’s w/ Julie Hughes 1:30 to 2:30 p.m.

Tap: Happy Hoofers Club w/ Mary Lyons $2.45 to 4:45 p.m.

Group cycle w/ Emm Yee ..................5 to 6 p.m.

**TUESDAY**

SGT Bodyweight w/ Bob Huff $8.15 to 9:15 a.m.

Chinese Dance CPAC Club w/ Zong Yi $3.10 a.m. to 11 a.m.

Tap: Hot Flashers Club w/ Mary Lyons $2.45 to 4.45 p.m.

**WEDNESDAY**

Spin w/ Kateleen Lampfort ..................6 to 7 a.m.

Keeping Fit w/ Marie Harp $..................9 to 10 a.m.

Folk Dance w/ Judy Gordon ..................1:15 to 3:15 p.m.

Chair Challenge w/ Julie Hughes ..................3:30 to 4:20 p.m.

**THURSDAY**

SGT Bodyweight w/ Bob Huff $8.15 to 9:15 a.m.

Chinese Dance CPAC Club w/ Zong Yi $10 a.m. to noon.

Parkinson’s w/ Bob Huff $..................1:30 to 2:20 p.m.

Tap: Hot Flashers Club w/ Julie Hughes ........6:30 to 7:30 p.m.

Group cycle w/ Emm Yee ..................5 to 6 p.m.

Self-defense class w/ Dennis Shimakmo ........7 to 7:50 p.m.

**SUNDAY**

Spin w/ Kateleen Lampfort ..................6 to 7 a.m.

Keeping fit w/ Marie Harp $..................9 to 10 a.m.

Folk dance w/ Judy Gordon ..................1:15 to 3:15 p.m.

**SGT Bal/Fall Prevention with Julie Hughes 10:30-11:30 a.m.**

**TICE CREEK POOLS**

Open M-F from 6 a.m. to 9 p.m.

It’s closed until 1 p.m. on Thursday for cleaning. It’s also open Saturday and Sunday from 6 a.m. to 6 p.m.

**HILLSIDE POOL**

Open M-F 6 a.m. to 1 p.m., except Tuesday, 1 to 8 p.m. Thursday, 6 a.m. to 8 p.m. and Saturday and Sunday, 6 a.m. to 8 p.m. DOLLAR POOL is open to 1 p.m. Monday, Wednesday and Friday; 6 a.m. to 1 p.m. Tuesday; Thursday and 6 a.m. to Saturday and Saturday.

**FAMILY SWIM:** Family swim is at Hillside pool Monday, Wednesday, Thursday and Friday from 11 a.m. to 1 p.m. and weekends and holidays from 11 a.m. to 2 p.m. There is no family swim on Sunday.

**For information regarding all pools and swim classes, call 925-988-7854.**

**TICE CREEK LAP POOL**

**MONDAY**

Water exercise with Cathy Steen $.................10 to 10:45 a.m.

**TUESDAY**

Masters swim ..........................9 to 10 a.m.

**WEDNESDAY**

Water exercise with Cathy Steen $.................10 to 10:45 a.m.

**THURSDAY**

Pool closed for cleaning from 6 a.m. to 1 p.m.

No classes scheduled, open swim 1 p.m. to closing.

**FRIDAY**

Water exercise with Cathy Steen $.................10 to 10:45 a.m.

Joint Efforts w/ Julie Hughes ..............11:15 a.m. to noon

Twinges in Hinges w/ Julie Hughes ........12:15 to 1:15 p.m.

Aquacise with Bob Huff $..................6:30 to 7:30 p.m.

**SATURDAY**

TURQUOISE pool closed for cleaning from 6 a.m. to 1 p.m.

No classes scheduled, open swim 1 p.m. to closing.

**FRIDAY**

Water exercise with Cathy Steen $.................10 to 10:45 a.m.

Joint Efforts w/ Becky ..................11:15 a.m. to 12:15 p.m.

Aquacise with Bob Huff $..................6:30 to 7:30 p.m.

**WATER WALKING**

**MONDAY**

Water exercise with Cathy Steen $.................10 to 10:45 a.m.

Joint Efforts w/ Julie Hughes ..............11:15 a.m. to noon

Twinges in Hinges w/ Julie Hughes ........12:15 to 1:15 p.m.

Aquacise with Bob Huff $..................6:30 to 7:30 p.m.

**SATURDAY**

Aquacise with Becky $..................5 to 6 p.m.

**WEDNESDAY**

**THURSDAY**

Pool closed for cleaning from 6 a.m. to 1 p.m.

No classes scheduled, open swim 1 p.m. to closing.

**FRIDAY**

Water exercise with Cathy Steen $.................10 to 10:45 a.m.

Joint Efforts w/ Becky ..................11:15 a.m. to 12:15 p.m.

Aquacise with Bob Huff $..................6:30 to 7:30 p.m.

**SATURDAY**

Aquacise with Becky $..................5 to 6 p.m.

**TURQUOISE**

**MONDAY**

Deep Water with Janet Brause $..............5 to 6:45 p.m.

Kids Swim ..........................11 a.m. to 1 p.m.

**TUESDAY**

Pool closed for cleaning from 6 a.m. to 1 p.m.

Open swim available from 1 p.m. to closing.

**FRIDAY**

Deep Water with Janet Brause $..............5 to 6:45 p.m.

Kids Swim ..........................11 a.m. to 1 p.m.

**THURSDAY**

Masters Swim ..........................9 to 10 a.m.

Kids Swim ..........................11 a.m. to 1 p.m.

**SATURDAY**

Deep Water with Janet Brause $..............5 to 6:45 p.m.

Kids Swim ..........................11 a.m. to 1 p.m.

**DOLLAR POOL**

No classes in this pool.
Excursions
FROM THE RECREATION DEPARTMENT

Excursion tickets are on sale in the Administration Office at Gateway, Monday through Friday, from 8 a.m. to 4:30 p.m. Cash, check, MasterCard, Visa and American Express payments can be accepted. In accordance with the City of Rosemont’s Tobacco Ordinance, participants under the age of 18 will not be admitted past the front door even for refunds. Excursion participants are assumed to be able to manage personal care, take personal medication, and accept responsibility for residents who cannot do so.

The Excursion Desk has the right to cancel a trip in advance if no funds were given or if the Excursion Desk, or its agents, are not able to assure a refund. If a ticket is not issued because of a change of departure time, the excursion charges will not be refunded. If the trip is canceled, a full refund will be given as shown by the Excursion Desk. If residents cancel their personal reservations, they are guaranteed a refund if cancelled at least 15 days before the day of departure. Refunds will only be available after that time if a ticket is able to be resold.

Times listed in the News are the actual times of departure. Returns will be called to board the bus 15 minutes prior to this time. For information, call 988-7721.

CARMEL-BY-THE-SEA
Wednesday, May 22

Moderate to extensive walking

Spend a leisurely day in Carmel, one of the most en- trance into the Sea of Cortez, to see what has inspired some of the world’s finest artists to paint, sculpt, photograph, and write here. The community covers one square mile, but most visitors find themselves mainly in its center, the stretch of Ocean Avenue that inches downward from Junipero Avenue to the white-sand beach. Explore the cosmopolitan side streets that radiate off it. It doesn’t feel right to call this area “downtown,” but it has the elements of a typ- ical downtown: shops, restaurants, public offices. The bus will leave Gateway at 9 a.m. and return around 7:30 p.m. The cost is $50.

MODERN DAY TRIP
Monday, May 24

Extensive walking

Do you like to explore new places, try new activities and taste new foods? Do you have a question that has no answer is yes, then this mystery trip is for you. Lunch is included – that’s the only clue. Wear layered clothing and comfortable shoes. The bus will leave Gateway at 8:30 a.m. and return around 3 p.m. Cost is $89.

“BEAUTIFUL, THE CAROL KINGS”
Wednesday, May 29

Minimal walking

The winner of two 2014 Tony Awards and a 2015 Gram- my Award, “Beautiful: The Carole King Musical” returns to Gateway with a brand new cast. “Beautiful” tells the story of the early life and career of King. Tough her fight into the record business as a teenager and by the time she reached her 20s, had the husband of her dreams and a flourishing career writing hits for the biggest stars. What was it like when first discovered by Europeans and how did the Native Americans react to this area in the last 200 years and what are we looking at for the future? Experience the life of the theSuns, and the Golden State Warriors. This zany musical features beloved songs written by Carole King, Gerry Goffin and Cynthia Weil/Barry Mann, including “I Feel the Earth Move,” “One Fine Day,” “(You Make Me Feel Like) A Natural Woman,” “You’ve Got a Friend” and the title song, “Beautiful.” The bus leaves Gateway at 12:15 p.m. and returns around 6:30 p.m. Great orchestra seats. Cost is $130.

WOODY SEZ” MUSICAL AT THE LESHER CENTER
Wednesday, June 5

Extensive walking

Start the day with a two-hour Delta Cruise aboard the River Dolphin from Antioch to Rio Vista. Listen to live commentary with rich historical facts and information about the Delta. Be transported through his fascinating life with moving ballads and energetic foot-stompers like “This Land Is Your Land,” “The Ballad of Tom Joad,” and “This Train Is Bound for Glory” in this incredible musical journey. The Rossmoor Transportation Department will provide free transportation for the first 18 participants. Cost is $38.

RAILS AND WATERWAYS OF THE DELTA
Wednesday, June 5

Extensive walking

Cruise the mighty Delta and visit the Delta Queen Museum. This museum has the largest collection of Sac-ramento/San Joaquin Delta and why is it so important? What was it like when first discovered by Europeans and how did the Native Americans react to this area in the last 200 years and what are we looking at for the future? Experience the life of the theSuns, and the Golden State Warriors. This zany musical features beloved songs written by Carole King, Gerry Goffin and Cynthia Weil/Barry Mann, including “I Feel the Earth Move,” “One Fine Day,” “(You Make Me Feel Like) A Natural Woman,” “You’ve Got a Friend” and the title song, “Beautiful.” The bus leaves Gateway at 12:15 p.m. and returns around 6:30 p.m. Great orchestra seats. Cost is $130.

ANDREA BOCELLI AT GOLDEN 1 CENTER
Saturday, June 15

Moderate walking

Tenor Andrea Bocelli is joined by the Sacramento Phil-harmonic and Opera. This performance will feature the unique repertoire from Bocelli’s landmark release “Si,” as well as treat audiences to his beloved traditional selection of Italian arias. This zany musical features beloved songs written by Carole King, Gerry Goffin and Cynthia Weil/Barry Mann, including “I Feel the Earth Move,” “One Fine Day,” “(You Make Me Feel Like) A Natural Woman,” “You’ve Got a Friend” and the title song, “Beautiful.” The bus leaves Gateway at 12:15 p.m. and returns around 6:30 p.m. Great orchestra seats. Cost is $130.

Woody Sez” MUSICAL AT THE LESHER CENTER
Wednesday, June 5

Minimal walking

Center REPertory Company presents “Woody Sez” musical at the Lesher Center in Walnut Creek. Tap your feet and sing along with Woody Guthrie, America’s great- est troubadour, in this joyous musical portrait. You’ll be transported through his fascinating life with moving ballads and energetic foot-stompers like “This Land Is Your Land,” “The Ballad of Tom Joad,” and “This Train Is Bound for Glory” in this incredible musical journey. The Rossmoor Transportation Department will provide free transportation for the first 18 participants. Cost is $38.

RAILS AND WATERWAYS OF THE DELTA
Wednesday, June 5

Extensive walking

A guided tour of the museum learn how the railroads and people that all try to co-exist here. Enjoy a hosted lunch at the cafe. The bus will leave Gateway at 8:15 a.m. and return around 3:30 p.m. Cost is $38.

ANDY WARHOL AT SFMOMA
Tuesday, June 18

Extensive walking

The new exhibit Andy Warhol. “From A to B and Back Again,” opens at the Museum of Modern Art (SFMOMA) in San Francisco. This exhibition – the first Warhol retro- spective organized in the U.S. since 1989 – reconsiders the work of one of the most inventive, influential, and im- portant American artists. Beneath the glamour of Warhol’s wide-ranging creations is a deep engagement with the so- cial issues of his time that continues to resonate today. Stretching across three floors of SFMOMA, featuring a dozen works unique to this museum, and building on a wealth of new materials, research, and scholarship that has emerged since the artist’s untimely death in 1987, this exhibition reveals new complexities about the Warhol we think we know, and introduces a Warhol for the 21st cen- tury. Explore this exhibit with personal audio-guide. Lunch is on your own. The bus will leave Gateway at 4:30 a.m. and return around 8:30 p.m. The bus will leave Gateway at 4:30 a.m. and return at approximately 8:30 p.m. Cost is $45 for members of SFMOMA and $75 for non-members.

“BEACH BLANKET BABYLON”
Thursday, June 20

Moderate walking

Enjoy “Beach Blanket Babylon” one more time at the Club Fugazi in San Francisco. The longest running musical revue in theatre history, “Beach Blanket Babylon” is set to close at the end of this year after 45 years. “Beach Blan- ket Babylon” continually evolves in its hilarious parodies of current events and popular icons as this headline’s unfold. The story follows Snow White as she takes a fast- paced journey around the world in search of her Prince Charm. Among the ways audiences encounter a star-studded, ever-changing line-up of hilarious characters including Donald and Melania Trump, Nancy Pelosi, Kim Jong-Un, Vladimir Putin, Freddie Mercury, Lady Gaga, Ruth Bader Ginsburg, Sarah Huckabee, Bernie Sanders, Barack and Michelle Obama, Beyoncé, Ariana Grande, Stormy Daniels, Oprah, and the San Francisco Giants. This musical features extravagant costumes and outrageously huge hats. Watch the show from reserved orchestra seats. The bus will leave Gateway at 4:30 a.m. and return at approxi- mately 10:30 p.m. The cost is $105.

ON AFTERNOON IN CARMEL
Thursday, June 27

Moderate to extensive walking

Spend a day of leisure in Carmel-by-the-Sea. Most visi- tors find themselves mainly in Carmel’s center, the stretch of Ocean Avenue from Junipero Avenue and the colorful side streets to the white-sand beach. Explore the cosmo- politan shops, boutiques, and art galleries. For dinner, choose from a multitude of international, regional, and

Continued on next page
Excursions

Continued from page 128

MONTEREY CANNERY ROW
Wednesday, July 17

Moderate to easy walking

Enjoy a fun and relaxing day at Cannery Row in Monterey, Cannery Row curves along the coast from the Corner Guard Post to Monterey Bay Aquarium. Once a landing for Monterey’s multicultural fishing fleet, and then industrial area of canneries, rendering plants, and warehouses, today it is best known as the inspiration location for John Steinbeck’s novel, “Cannery Row,” with many shopping, dining and ocean play opportunities. Take a walk along the scenic Monterey Bay Aquarium Wharf. Along the way, view harbor seals, sea otters and pelicans in natural habitats on the dazzling Port of Monterey Bay National Marine Sanctuary. Visit the Cannery Row Interpretive Center, Monterey Bay Aquarium, a must-see attraction that informs visitors of every year (admission not included), Cannery Row restaurants feature fresh sustainable seafood, organic produce from local farm fields, and healthy, creative cuisine. The bus will depart Gateway at 9:30 a.m. and return at 3:30 p.m. Cost is $101.50.

NEW LISTING

ARABIAN HORSES AND THE KELLOGG STAGECOACH
June 10 through 14

Travel to Southern California to visit the W.K. Kellogg House and Arabian Horse Center, located in the heart of Cal Poly Pomona campus. The Horse Center, established in 1925, is a showcase facility that houses approximately 100 purebred Arabian horses used in teaching, research, and breeding. Experience the nostalgia of the Old West with the Real Horse Power Show at the Harris Stagecoach Museum in Paso Robles. Experience the way travel was in the 1860s aboard the full-size Western Concord Stagecoach.

Tour highlights:
• Kellogg House tour
• Kellogg Arabian Horse Center
• Farm Store
• Kellogg Stagecoach Brew Works
• Santa Barbara
• Sea Crest Resort in Pismo Beach
• Great American Melodrama Theater Show
• Park and Play
• Real Horse Power Show

Included in the trip are motor coach transportation, nine nights deluxe lodging, 11 hosted meals, sightseeing per itinerary, taxes and gratuities and luggage handling. The cost is $1,495 single and $795 double occupancy. $1,495 for single. A deposit of $200 is due with application (check only payable to American Stage Tours). Balance was due March 26. If space is available on this trip, full payment may be made. Call the Excursion Desk for information regarding availability.

NEW LISTING

ASHLAND AND THE OREGON SHAKESPEARE FESTIVAL
June 25 through 29

Travel to Ashland, Oregon that nestles at nearly 2,000 feet in elevation at the base of majestic Siskiyou and Cascade mountain ranges. The Oregon Shakespeare Festival is widely recognized as one of the best theater festivals in the world.

Tour highlights:
• Rogue River lunch cruise
• Dinner Show and at the Oregon Cabaret Theater (“Mamma Mia!”)
• “Between Two Knees” at the Thomas Center
• Dinner at the Bessey’s Restaurant
• “Macbeth” at the Allen Elizabeth Theatre
• Backstage tour of the Oregon Shakespeare Festival
• Dinner at Callahan’s Restaurant
• “As You Like It” on Elizabeth Stage

Excursions

Continued from page 13B

three dinners), professional tour director and baggage handling. The cost per person, double occupancy is $2,895 ($3,920 for a single). A deposit of $300 is due with application. Final payment is due by June 23. Stop by the Excursion Desk for a complete itinerary and reservation form.

RENO SUMMER 24 through 26

Travel over the majestic Sierra Nevada Mountains to Reno. Accommodations in Reno will be at the Silver Legacy, downtown Reno, which is connected to Circus Circus and the Eldorado.

Tour highlights:
• Boomtown to play and have lunch ($5 cash and $5 food
• Cal-Neva Lodge to gamble and eat ($5 cash and $5 food
• Hosted buffet dinner and a performance of a current pro-

duction (TBD)
• Red Hawk Casino ($10 slot play included)

Included in the trip are motor coach transportation, two nights deluxe lodging, one hosted meal, sightseeing per itinerary, taxes and gratuities, luggage handling. The cost is $310 per person double occupancy, $395 for single. A deposit of $50 is due with application (check payable to American Stage Tours). Balance is due August 7. Details are furnished upon request. A deposit of $500 per person is due to secure reservations. Final payment is due by Oct. 24. Stop by the Excursion Desk for a complete itinerary and prices.

MEXICAN RIVIERA CRUISE

Oct. 3 through 13

Experience the beauty of Mexico’s golden Riviera with a roundtrip Princess cruise from San Francisco. This 11-day cruise visits Mazatlan, Puerto Vallarta, Ocho Rios, Jamaica, and several more places in between. This cruise is filled with bright flavors, scenic vistas and fun in the sun. Rich experiences onboard and ashore give travelers a deeper understanding of Mexico’s rich culture.

Ports of call:
• Puerto Vallarta
• Manzanillo

Mazatlan
Cabos San Lucas

Included in the price are: 10-night cruise aboard the Grand Princess; roundtrip transfers from Rossmoor to San Francisco Airport, all meals and entertainment aboard ship; luggage handling; driver and stevedore tips; port taxes; and government fees. Prices start from $1,675 per person and vary depending on the stateroom choice. Single rates are furnished upon request. A deposit of $500 per person is due to secure reservations. Final payment is due by June 24. Stop by the Excursion Desk for a complete itinerary and prices.

CAMBRIA CHRISTMAS MARKET

Dec. 4 through 6

Visit a winter wonderland at the Annual Cambria Christ- mas Market and be immersed in a world of twinkling lights, music and merriment. Based on the Christmas markets that originated in Europe and date back to the middle Late Middle Ages, this charming outdoor festival features more than two million lights, tempting local food and drink, fresh baked goods and treats, Glüwein, the traditional German hot spiced wine and of course, Santa Claus.

Tour highlights:
• Wine tasting
• Dinner and show at the San Luis Obispo Repertory Thea-

ter

The tour includes: Motor coach transportation, two night hotels accommodations, four meals (two break-

fasts, one lunch, one dinner), sightseeing per itinerary. The cost per person, double occupancy is $735 ($890 for a single). A deposit of $100 is due with application. Final payment is due by Oct. 24. Stop by the Excursion Desk for a complete itinerary.

AUTHENTIC CUBA and CARIBBEAN CRUISE

Jan. 28 through Feb. 5, 2020

Experience authentic Cuba with a seven-night Holland America cruise. Get up close and personal with Cuba’s heritage in Havana, uncover the “Pearl of the South,” Cienfuegos. The seven-night cruise aboard the Veendam is filled with bright flavors, scenic vistas and fun in the sun.

Included in the price:
• Wine tasting
• Dinner and show at the San Luis Obispo Repertory Thea-

ter

The tours are open to all Rossmoor residents, not just members of the club. For information, contact the Excursion Desk prior to each trip. Do not contact the Recreation Department.

Rossmoor clubs and organizations wishing to be included in this column must email an article to the News at news@rosmoor.com. Send checks for $35, made payable to the club or organization. Questions about the trip should be directed to the trip leader listed. Direct travel independently and do so at their own risk. Direct reservations can only be re-sold if the reservation can be re-sold. You will not receive a refund. After that date refunds are given up to and including the day of the reservation deadline.

The retreat will be co-led by Chau Yoder, Dharma Teacher trained by Trinh Nhat Hahn, and Dick Powell, club founder, who also studied with Nhat Hanh. We will use his teachings extensively. He will also use parts of this book that inspire and invigorate. “The Mindful Day” by Laurie J. Cameron, which is recom-mended text for our mindfulness program.

The retreat will include guided meditation, walking medi-

cation, Chi Gong, mindful eating. The Five Mindfulness Trainings, Dharma discussion and other exercises to help you understand and experience Full Mindful Living. There will be time for journaling, quiet and walking in the beautiful gardens of San Damiano. The facility is air-conditioned.

For more information contact Dick at DickPowell38@aol.com or 925-238-6366. A $149 deposit is required to reserve your space. Add $51 if you want to reserve room and board as well, for a total $200 deposit. You also can pay in full. Payment can be by check or credit card. See the booking form at www.fullmindfullivingclub.org. Final payment is due by June 9.

TROPICAL COSTA RICA

Feb. 8 through 16, 2020

Cost Rica is Central America’s hidden gem, a haven for eco-tourism. Visit paradise in tropical Costa Rica, with its sandy beaches, lush forests, exotic plants, incredible animals, and stunning waterfalls.

Tour highlights:
• Coffee plantation
• 2 nights Guanacaste Resouanty
• 2 nights Guanacaste Resort stay

The price is $349 per person, add $130 to stay two nights with breakfasts and dinners for a total of $479.

The price is $2,725 per person and vary depending on the stateroom

on Tuesday, July 9, and ending at 5 p.m. each day. Lunch will be included. It will end Thursday, July 11 at 5 p.m. Participants will go home each evening, or can stay over-night and have breakfasts and dinners included for an extra charge.

on Tuesday, July 9, and ending at 5 p.m. each day. Lunch will be included. It will end Thursday, July 11 at 5 p.m. Participants will go home each evening, or can stay over-night and have breakfasts and dinners included for an extra charge.

on Tuesday, July 9, and ending at 5 p.m. each day. Lunch will be included. It will end Thursday, July 11 at 5 p.m. Participants will go home each evening, or can stay over-night and have breakfasts and dinners included for an extra charge.
Deconstructed: A Conversation with Chaitanya Sohan

Tuesday, May 21, from 6 to 8 p.m. at the Rossmoor Travel Club Library, 1644 N. Broadway. Sohan is devastated when her stepfather’s new job moves the family from India to Silicon Valley. Her memoir is an account of her journey to 16 of other Bay Area immigrants is told in her new book, “America Deconstructed.” Reservations are encouraged. For information, go to www.mindfulnesstours.org/2019guides/gct.com/SGE19.

MOUNTAIN SHADOW FILM SOCIETY presents a Finnish film, “One Last Deal.” An art dealer spots an oil painting on an auction and gets into a vigorous bidding war. The auctioneer is over his budget but seals the deal. The feature will be shown Saturday, May 18, at 4:30 and 7:30 p.m., at the Walnut Creek Library, 1644 N. Broadway. General admission tickets are $12 and are available on first come, first served basis.

The safari also includes visits to Karen Blixen’s “Out of Africa” estate, the Giraffe Center, the Sheldrake Elephant Orphanage, a Masai village and school, a hippo pool breakfast and Steakmeyer’s rare and exotic animal orphanage. The price is $8,975—same as last year. For a family of four, Corfu in Greece, as well as stops in Malta, Sicily and Siena and a port-trip option to the Langhe Countryside. The main trip starts at $7,195, or at $8,495 with optional add-on.

LIVE! FROM THE LIBRARY

The Rossmoor Travel Club is sponsoring a 16-day river cruise along the Rhine, Main and Danube rivers. The trip will start in Amsterdam and end in Vienna. This small river ship is limited to approximately 150 guests with an easy activity level.

Participants will see medieval architecture and familiar landmarks along the Rhine, Main and Danube rivers. For information, contact Marija Nelson Bleier at 925-314-3460 or at mbleier@danville.ca.gov.

VILLAGETHEATRES.COM. For information, contact John Dunn at 925-314-3418 or jdunn@danville.ca.gov.

COUNTY OF ALAMEDA, California, and the city of Dublin. The main trip starts at $1,195, going up to $1,395 with optional add-ons. For information, contact 510-255-0703.

the Rossmoor Travel Club is sponsoring a 16-day river cruise along the Rhine, Main and Danube rivers. The trip will start in Amsterdam and end in Vienna. This small river ship is limited to approximately 150 guests with an easy activity level.

Participants will see medieval architecture and familiar landmarks along the Rhine, Main and Danube rivers. For information, contact Marija Nelson Bleier at 925-314-3460 or at mbleier@danville.ca.gov.

VILLAGETHEATRES.COM. For information, contact John Dunn at 925-314-3418 or jdunn@danville.ca.gov.

Call CONSTRA COSTA CHORALE presents its spring concert, “Out of the Shadows,” which features choral and piano music by women composers from the 12th to 21st century. The program will be Sunday, May 19, at 5 p.m. at the Mt. Diablo Unitarian Universalist Church, 55 Eickley Lane, Walnut Creek. Senior tickets are $15. For beginning information, go to cccchorale.org or call 510-255-0703.

The Great Rivers of Europe—Rhine, Main, Danube and Danube Valleys—Sept. 25 to Oct. 10

The Rossmoor Travel Club is sponsoring a 16-day river cruise along the Rhine, Main and Danube rivers. The trip will start in Amsterdam and end in Vienna. This small river ship is limited to approximately 150 guests with an easy activity level.

Participants will see medieval architecture and familiar landmarks along the Rhine, Main and Danube rivers. For information, contact Marija Nelson Bleier at 925-314-3460 or at mbleier@danville.ca.gov.

VILLAGETHEATRES.COM. For information, contact John Dunn at 925-314-3418 or jdunn@danville.ca.gov.

The Great Rivers of Europe—Rhine, Main, Danube and Danube Valleys—Sept. 25 to Oct. 10

The Rossmoor Travel Club is sponsoring a 16-day river cruise along the Rhine, Main and Danube rivers. The trip will start in Amsterdam and end in Vienna. This small river ship is limited to approximately 150 guests with an easy activity level.

Participants will see medieval architecture and familiar landmarks along the Rhine, Main and Danube rivers. For information, contact Marija Nelson Bleier at 925-314-3460 or at mbleier@danville.ca.gov.

VILLAGETHEATRES.COM. For information, contact John Dunn at 925-314-3418 or jdunn@danville.ca.gov.

Call CONSTRA COSTA CHORALE presents its spring concert, “Out of the Shadows,” which features choral and piano music by women composers from the 12th to 21st century. The program will be Sunday, May 19, at 5 p.m. at the Mt. Diablo Unitarian Universalist Church, 55 Eickley Lane, Walnut Creek. Senior tickets are $15. For beginning information, go to cccchorale.org or call 510-255-0703.

The Great Rivers of Europe—Rhine, Main, Danube and Danube Valleys—Sept. 25 to Oct. 10

The Rossmoor Travel Club is sponsoring a 16-day river cruise along the Rhine, Main and Danube rivers. The trip will start in Amsterdam and end in Vienna. This small river ship is limited to approximately 150 guests with an easy activity level.

Participants will see medieval architecture and familiar landmarks along the Rhine, Main and Danube rivers. For information, contact Marija Nelson Bleier at 925-314-3460 or at mbleier@danville.ca.gov.

VILLAGETHEATRES.COM. For information, contact John Dunn at 925-314-3418 or jdunn@danville.ca.gov.

The Great Rivers of Europe—Rhine, Main, Danube and Danube Valleys—Sept. 25 to Oct. 10

The Rossmoor Travel Club is sponsoring a 16-day river cruise along the Rhine, Main and Danube rivers. The trip will start in Amsterdam and end in Vienna. This small river ship is limited to approximately 150 guests with an easy activity level.

Participants will see medieval architecture and familiar landmarks along the Rhine, Main and Danube rivers. For information, contact Marija Nelson Bleier at 925-314-3460 or at mbleier@danville.ca.gov.

VILLAGETHEATRES.COM. For information, contact John Dunn at 925-314-3418 or jdunn@danville.ca.gov.
Travel Club prepares to host potluck May 20 in Fireside Room

The Rossmoor Travel Club's potluck dinner will take place Monday, May 20, at 5:30 p.m. in the Gateway.

Although no new trips will be presented at this potluck, each facilitator of a trip scheduled for May 25 or later will have a few minutes to talk about and answer questions about his or her trip. Potential destinations with space available include a small-ship cruise along Italy's west coast, a cruise along great rivers of Europe, an adventure in countries of the Adriatic, a cruise along the lower Mississippi River, a trip to southern Africa and a land-and-small-ship trip to the Amazon.

The potluck is open only to members of the Rossmoor Travel Club. Reservations must be made by membership chairman Murphy McConnell no later than May 15. New members should e-mail their reservation to murfemc@comcast.net. (No phone calls, please.)

New members are welcome to come, but no new member applications will be accepted at the door because the number of members checking in may exceed the space available. jungles and keeps the greeting team very busy. McConnell will also share quilts from her historic collection, which reveals a profound use of color, design and whimsy. She is a member of the American Quilt Study Group of Berkeley on Wednes-

History and Culture Club to hear about 1800s folk art and quilts

By Barbara Britt

Club correspondent

The History and Culture Club will host an event on June 26, at 2 p.m. in the Fair-

Way Room at Creekside. The speaker will be noted quilter makes available at the Rossmoor resident Florence McConnell.

To introduce the dis-

tinctive work of a group of 19th century Germans who settled in the southeastern part of Pennsylvania. It was a melting pot for the pursu-it of religious freedom, op-

the Arts and Culture Club, should be sent to the Gateway mailbox. From June 27 to the end of the year, members can join groups of its kind.

The Potluck will be held in the Fireside Room, where the group will spend two days exploring this beautiful coast before heading north to explore antebellum homes, renowned plantations and the Mississippi River cruise begins with a pre-cruise, one-night stay at a hotel near the New Orleans French Quarter. Included is a visit to the Garden District, including historic Natchez and a private tour of the Vicks-

burg National Military Park, where in 1863 the Union took control of the Mississippi River. Traveling toward the delta, enjoy the ship's amenities - spacious state rooms with king-size or twin-bedded con-

This trip is now available for booking. For more information, contact Rossmoor tour facilitators Gary Schaub or Maria Gouris at 925-938-5454 or e-mail creeksidefolk@gmail.com. To book, call American Quilt Study Group of Berkeley at 707-546-1550.

The Rossmoor Travel Club is sponsoring this Overseas Adventure Travel tour of Tirana, Albania, and a post-trip to Belgrade, Serbia, with a pre-trip to Zagreb, Croatia, to spend three days, including a dinner with a local family, the group will visit various sites, including the University of Tirana, the National History and Cultural Museum and the National Theatre. The group will then travel to Belgrade, where they will spend three days, including a visit to the Belgrade City Museum, the National Museum and the Belgrade Fortress. The final destination will be Zagreb, where the group will spend the last three nights of the tour.

The Rossmoor Travel Club is sponsoring an 8-day travel club trip to Israel on May 20, at 5:30 p.m. in the Fireside Room. Monday, May 20, at 5:30 p.m.

The trip will be aboard American Cruise Lines' 180-passen-
ger American Harmony – their newest river ship. ACL has been a leader in small-ship cruising for 30 years. We will walk on some of the wooden foot bridges of the lakes. The group's last major destination is Ljubljana, Slovenia, where we will spend two nights, during which time we will visit Ljubljana Castle and the administrative building of the city and its surroundings. The next three days will be spent in Zagreb, where we will visit the Zagreb Main Square, the Zagreb Cathedral and theunny Beach, which is a beautiful and scenic destination.

AEYDAN® will come in a choice of two sizes designed to fit each facilitator of a trip sched-

This trip is rated as "moderately active," which means it includes a range of activities, including heritage tours and visits to cultural sites, and requires a reasonable level of fitness. Participants are expected to be on their feet for much of the day and to walk for several miles.

For more information, contact Rosemoor tour facilitators Gary Schaub or Maria Gouris at 925-938-5454 or e-mail creeksidefolk@gmail.com. To book, call American Quilt Study Group of Berkeley at 707-546-1550.

The Rossmoor Travel Club is sponsoring a trip to Turkey on May 20, at 5:30 p.m. in the Fireside Room. The trip will be aboard American Cruise Lines' 180-passenger American Harmony – their newest river ship. ACL has been a leader in small-ship cruising for 30 years. We will walk on some of the wooden foot bridges of the lakes. The group's last major destination is Ljubljana, Slovenia, where we will spend two nights, during which time we will visit Ljubljana Castle and the administrative building of the city and its surroundings. The next three days will be spent in Zagreb, where we will visit the Zagreb Main Square, the Zagreb Cathedral and the sunny Beach, which is a beautiful and scenic destination.

AEYDAN® will come in a choice of two sizes designed to fit each facilitator of a trip sched-

This trip is rated as "moderately active," which means it includes a range of activities, including heritage tours and visits to cultural sites, and requires a reasonable level of fitness. Participants are expected to be on their feet for much of the day and to walk for several miles.

For more information, contact Rosemoor tour facilitators Gary Schaub or Maria Gouris at 925-938-5454 or e-mail creeksidefolk@gmail.com. To book, call American Quilt Study Group of Berkeley at 707-546-1550.

The Rossmoor Travel Club is hosting a trip to Turkey on May 20, at 5:30 p.m. in the Fireside Room. The trip will be aboard American Cruise Lines' 180-passenger American Harmony – their newest river ship. ACL has been a leader in small-ship cruising for 30 years. We will walk on some of the wooden foot bridges of the lakes. The group's last major destination is Ljubljana, Slovenia, where we will spend two nights, during which time we will visit Ljubljana Castle and the administrative building of the city and its surroundings. The next three days will be spent in Zagreb, where we will visit the Zagreb Main Square, the Zagreb Cathedral and the sunny Beach, which is a beautiful and scenic destination.

AEYDAN® will come in a choice of two sizes designed to fit each facilitator of a trip sched-

This trip is rated as "moderately active," which means it includes a range of activities, including heritage tours and visits to cultural sites, and requires a reasonable level of fitness. Participants are expected to be on their feet for much of the day and to walk for several miles.

For more information, contact Rosemoor tour facilitators Gary Schaub or Maria Gouris at 925-938-5454 or e-mail creeksidefolk@gmail.com. To book, call American Quilt Study Group of Berkeley at 707-546-1550.

The Rossmoor Travel Club is sponsoring a trip to Turkey on May 20, at 5:30 p.m. in the Fireside Room. The trip will be aboard American Cruise Lines' 180-passenger American Harmony – their newest river ship. ACL has been a leader in small-ship cruising for 30 years. We will walk on some of the wooden foot bridges of the lakes. The group's last major destination is Ljubljana, Slovenia, where we will spend two nights, during which time we will visit Ljubljana Castle and the administrative building of the city and its surroundings. The next three days will be spent in Zagreb, where we will visit the Zagreb Main Square, the Zagreb Cathedral and the sunny Beach, which is a beautiful and scenic destination.

AEYDAN® will come in a choice of two sizes designed to fit each facilitator of a trip sched-

This trip is rated as "moderately active," which means it includes a range of activities, including heritage tours and visits to cultural sites, and requires a reasonable level of fitness. Participants are expected to be on their feet for much of the day and to walk for several miles.

For more information, contact Rosemoor tour facilitators Gary Schaub or Maria Gouris at 925-938-5454 or e-mail creeksidefolk@gmail.com. To book, call American Quilt Study Group of Berkeley at 707-546-1550.
**Duplicate Bridge Club is raising its table fees**

Rossmoor Duplicate Bridge Club is raising table fees effective June 1 as follows:

- Regular, charity and championship games will be $4 for club members and $5 for guests. STAC games will be $5 and $10.
- Unit games will be $5 and $8.

**CHESS FORUM**

By George P. Sphicas

Club correspondent

The best solvers for the month of April were Dwight Stone, Mike Callaghan, Ross 1880, Jeannie Merrick/Katie Grant and Carolyn Nelson/Wini Biehl 2770 with a small slam in no trump. The low score was 1800. For information, call Helen Dailey at 925-934-1902 or Carolyn Nelson at 925-256-4578.

There were 16 players at partnership bridge on May 7. The winners were: Kate Grant/Joyce Towner 3220, Pam McGrath/Helen Dailey 3020 and Mary Burley/Elizabeth Mone 2750. The low score was 900. For information on partnership bridge, call Ted Grundman at 925-256-4578.

There were 32 players at partnership bridge on May 8. The winners were: Susan Wolfe/Jim Biehl 3890, Donna Prichard/Dawn Howell 3490, Ray Gorski/Jim Byrd 2650 and Jeannie Merrick/Kate Grant 2510. The low score was 1460. The games were hosted by Vicki Chu.

At partnership bridge on May 9, the winners were: Vicki Chu/Renee Medak 4900, Jo Mala/Elizabeth G. 4160, Simi Zabetian/Loya Adler 3990 with a small slam in 6 spades making 7, Neal Monasch/Velma Leavitt 3630, Richard Bamberger/Mona Tauchar 3500, Henry Levinsky/John Johnson 3500, Mary Burkhard/Carolyn Nelson 3400, Dan Gonzalez/S stress 3200, Rosalie Girard/Carrie Morgan/Navertz 3130 and Nancy/Sid Cohen 3070. For information call Neal Monasch at 925-933-9420.

**Bunco Club meets tonight**

The Bunco Club of Rossmoor will gather today, May 15, in the Oak Room at Gateway, from 6 to 6:30 p.m. with doors opening at 6:30 p.m.

**Ping Pong**

The club’s ping pong facility is offered each week. Readers are invited to send their solutions. The names of the best solvers will be published each month.

Send your entry (just the key, the key to GeorgeSP@gspresults.org. For questions, contact GeorgeSP@gspresults.org.
Rossmoor French Club meets Friday for conversation and refreshments

The Rossmoor French Club – for people who enjoy speaking French – meets Friday, May 17, at 7 p.m. in Multipurpose Room 1 at Gateway.

The format is casual. Although there is no fixed agenda, members often discuss subjects related to France, such as politics, literature, music, culture, food, regions, movies, books and tourism.

The group shares a light snack, often with wine. The goal is to enjoy the companionship of like-minded people who have happy memories of France or other francophone settings.

Some members were born in France. Others have learned French in school or elsewhere. A few members polished their French skills while living in francophone West Africa. French is spoken by a variety of accents.

The meeting is open to anyone interested in speaking French. Membership is $10.

Some people come simply to enjoy listening to French conversation. There are occasional translations or explanations in English.

For information, call club President Lydia Bernhardt at 925-287-1258 or Ariane Franc at 925-954-8797.

Rossmoor Red Hatters to hold Hawaiian-themed luncheon in the Fireside Room

Rossmoor Red Hatters are planning a Hawaiian theme for their next luncheon on Saturday, June 8, at noon in the Fireside Room.

The club historian, Mike Herr, will present information about King Kamehameha on Saturday, June 8, at the Event Center. Attendees may be asked to don island-wear for this event.

From 5 to 6 p.m., the Tiki Bar will offer Mai Tai beverages prepared with and without alcohol. During this social hour, a selection of pupus (hors d’oeuvres) will be passed.

The club president, Mike Herr, will present information about King Kamehameha. Each of the Hawaiian State Club-sponsored Rossmoor hula groups will perform one dance. The newly formed men’s hula group will dance to “Moikoa Kea Iwa.” The women of Na Kupuna O Kealohao will dance to “Puaamana,” a 1930’s song by Auntie Emgard Aluli about her family home in Lahaina on the island of Maui. This number has become a standard for Hawaiian musicians and hula dancers.

The buffet dinner, catered by II Pavone, will begin at 6. It will feature traditional Hawaiian dishes, including potato and macaroni salad, Hapa rice (white and brown rice mixed with tiny green peas, pearl onions and mushrooms) and Huli Huli Chicken (barbecued boneless, skinless thighs and breasts) along with pineapple upside down cake.

Each table will have a green salad, Hawaiian rolls, decaffeinated coffee and a bottle of red and white wine.

Continued on page 208

Hawaii State Club plans June luau

Join in aloha spirit, wear island attire. The newly formed men’s hula group will perform one dance. The newly formed men’s hula group will dance to “Moikoa Kea Iwa.” The women of Na Kupuna O Kealohao will dance to “Puaamana,” a 1930’s song by Auntie Emgard Aluli about her family home in Lahaina on the island of Maui. This number has become a standard for Hawaiian musicians and hula dancers.

The buffet dinner, catered by II Pavone, will begin at 6. It will feature traditional Hawaiian dishes, including potato and macaroni salad, Hapa rice (white and brown rice mixed with tiny green peas, pearl onions and mushrooms) and Huli Huli Chicken (barbecued boneless, skinless thighs and breasts) along with pineapple upside down cake.

Each table will have a green salad, Hawaiian rolls, decaffeinated coffee and a bottle of red and white wine.

Continued on page 208

TRAVELING STORYTELLER JOINS SHALOM CLUB FOR SATURDAY’S BRUNCH AT DOLLAR CLUBHOUSE

Traveling storyteller Joel ben Izzy will be the featured guest at a May 18 brunch hosted by the Shalom Club starting at 11 a.m. at the Dollar Clubhouse.

Joel will share stories from his large repertoire of stories. Over the years, Joel has traveled the globe, gathering and telling stories in some 35 countries. His recent travels have taken him to China, Ireland, Greece and Israel.

In addition to performing, Joel has recorded six award-winning CDs of his stories. He’s a celebrated author as well, of “The Beggars King and the Secret of Happiness” and his “Dreidels on the Brain,” a 2016 finalist for the National Jewish Book Award.

Though his stories come from all over the world, Joel’s specialty has always been Jewish folklore, particularly Yiddish tales from the old country. Following brunch of May 18, he will share some of his favorites in an interactive presentation. He’ll also talk about his books and CDs, which will be available for purchase and signing after his performance.

The brunch menu will be from Sunrise Bistro, comprising tuna salad with assorted rolls, turkey sandwiches, a vegetable frittata, a condiment platter, fruit salad, desserts and drinks.

Cost of the brunch is $25 per person for Shalom Club members and $30 for non-members. The cut-off date for reservations is Thursday, May 16. Checks can be dropped off at the Shalom box at Gateway, or mailed (with your email and phone number) to Ed Goldberg, 888 Terra California No. 4, Walnut Creek. Make checks payable to Shalom Club of Rossmoor. For more information, call Sheila Levinsky at 925-448-2064.

If you haven’t paid your $10 annual dues, please do so now. The Shalom Club was formed as a social gathering place for the Rossmoor Jewish community to meet new and old friends and to enjoy various activities. For more information about the club, call Lary Silver at 925-954-8823, or visit the new website at rossmoorshalom.com

COMPUTER CLUB TO HOST ANNUAL BARBECUE JUNE 11

Sportsmen’s Park is venue

The Computer Club will host an annual barbecue June 11 for conversation and refreshments.

The Computer Club of Rossmoor will hold its annual barbecue on Tuesday, June 11, from 5 to 7 p.m. at Sportsmen’s Park at Hillside.

Dinner will be catered by Back 40 Texas BBQ. The menu includes pork ribs, smoked beef brisket, barbecue chicken and veggie burgers, along with an array of side dishes.

There will be an open bar with wine and soft drinks, and it will be easy to win some great door prizes.

Jack Convery, the banjo man, will entertain guests with a wide range of music, from folk to mellow sounds to lively selections that might inspire some to get up and dance.

Everyone is welcome to attend. Tickets are $30 for members and $35 for non-members. Tickets can be purchased at the club’s website at www.caccor.com. To pay with cash or check, drop by the Computer Center at Gateway. Tickets must be purchased by June 6.

For information, contact Rhona CCHR at comcast.net.

NEW GERMAN CLUB MEETS FOR DINNER ON MAY 28

German-speaking Rossmoor residents will meet for their Stammtisch on Tuesday, May 28, at 3 p.m. in the Vista Room at Hillside.

Conversation during the German Club event will be in German. Dinner, catered by Fiona’s Pantry, will be served at 4:30.

The entrée is a choice of meat lasagna or vegetable lasagna, both with a side of garlic bread, salad and vegetables. Dessert will be a frittata, a condiment platter, fruit salad, desserts and drinks.

The cost is $18. Reservations and checks, payable to the German Club, can be sent or delivered to Inge Knight, 1516 Golden Road No. 3, Entry 2. Tickets must be purchased by Monday, May 20.

The German Club’s third meeting on April 19 was attended by people who, having met newcomers and visiting with friends, Having dinner together is an integral part of the Stammtisch experience.

At the May meeting, members will celebrate being officially recognized as a Rossmoor organization. It is now one of the 250 clubs for Rossmoor residents.

Members look forward to many enjoyable meetings and forming new friendships.

For information, call Knight at 925-954-7478.

Hawaii State Club plans June luau

Join in aloha spirit, wear island attire.

The Hawaii State Club will have a luau to honor King Kamehameha on Saturday, June 8, at the Event Center.

Attendees are invited to don island-wear for this event.

From 5 to 6 p.m., the Tiki Bar will offer Mai Tai beverages prepared with and without alcohol. During this social hour, a selection of pupus (hors d’oeuvres) will be passed.

The club president, Mike Herr, will present information about King Kamehameha. Each of the Hawaiian State Club-sponsored Rossmoor hula groups will perform one dance. The newly formed men’s hula group will dance to “Moikoa Kea Iwa.” The women of Na Kupuna O Kealohao will dance to “Puaamana,” a 1930’s song by Auntie Emgard Aluli about her family home in Lahaina on the island of Maui. This number has become a standard for Hawaiian musicians and hula dancers.

The buffet dinner, catered by II Pavone, will begin at 6. It will feature traditional Hawaiian dishes, including potato and macaroni salad, Hapa rice (white and brown rice mixed with tiny green peas, pearl onions and mushrooms) and Huli Huli Chicken (barbecued boneless, skinless thighs and breasts) along with pineapple upside down cake.

Each table will have a green salad, Hawaiian rolls, decaffeinated coffee and a bottle of red and white wine.

Continued on page 208

New German Club meets for dinner on May 28

German-speaking Rossmoor residents will meet for their Stammtisch on Tuesday, May 28, at 3 p.m. in the Vista Room at Hillside.

Conversation during the German Club event will be in German. Dinner, catered by Fiona’s Pantry, will be served at 4:30.

The entrée is a choice of meat lasagna or vegetable lasagna, both with a side of garlic bread, salad and vegetables. Dessert will be a frittata, a condiment platter, fruit salad, desserts and drinks.

The cost is $18. Reservations and checks, payable to the German Club, can be sent or delivered to Inge Knight, 1516 Golden Road No. 3, Entry 2. Tickets must be purchased by Monday, May 20.

The German Club’s third meeting on April 19 was attended by people who, having met newcomers and visiting with friends, Having dinner together is an integral part of the Stammtisch experience.

At the May meeting, members will celebrate being officially recognized as a Rossmoor organization. It is now one of the 250 clubs for Rossmoor residents.

Members look forward to many enjoyable meetings and forming new friendships.

For information, call Knight at 925-954-7478.
**SIR luncheon features performance by singers Dan and Laurie Roldan**

Rossmoor Sons in Retirement (SIR) will have its summer social luncheon for members, their ladies and guests on Tuesday, June 4, in the Fireside Room at Gateway. The meet begins at 11 a.m. and hors doeuvres will be served. A catered plated luncheon will follow at noon.

The entrée choices are prime rib of beef, as well as salad, with lemon dill butter sauce and a vegetarian option of spinach and ricotta cannelloni. The menu also includes a Romaine salad, focaccia bread, baked potatoes and green beans. A buffet will be provided by Dan and Laurie Roldan. She is an award winning actress who loves to sing inspirational music. She sings annually for the Hospice of the East Bay “Tree of Lights.”

Additionally, she has performed with most Bay Area theater groups, including Playhouse West and Woodomind. Some favorite roles include: Sarah Brown in “Guys and Dolls,” Rose in “The Secret Garden” and Mary Magdalene in “Jesus Christ Superstar.”

He spent many years in New York City with experience on Broadway and Off Broadway. He is a graduate of the American Academy of Dramatic Arts in New York City and studied voice with David Alexander Terry of the Santa Fe Opera for several years.

Some of his favorite roles include: Sky Masterson in “Guys and Dolls,” Frank Butler in “Annie Get Your Gun,” Billy Bigelow in “Carousel” and curly McClain in “Oklahoma.”

Reservation forms are in the Connection until September. The hosted bar opens at 11 a.m. and hors doeuvres will be served. A catered plated luncheon will follow at noon.

**Volunteer Exchange sets annual brunch**

The Volunteer Exchange will have its annual anniversary brunch on Tuesday, June 5, in the Fireside Room at Gateway. Members are asked to arrive by 10:15 a.m. so that the event can begin promptly at 10:30.

This is a members only event and a reservation is required. All Volunteer Exchange members should receive an invitation for this event via email (or hand delivered if you don’t receive email) by Monday, May 20. Anyone who does not receive an invitation is asked to contact Antje Ahlemeyer at Bev and Antje Ahlemeyer.

July 1 will be the beginning of the club’s new fiscal year. Members can pay the annual dues of $15 on the day of this annual brunch or put a check in the club’s mailbox at Gateway.

There will not be a Volunteer Exchange meeting in July or August. Regular meetings will resume in September. Members are welcome to re- quest or perform services all summer, however.

The men and women of the Volunteer Exchange perform numerous services for each other such as transportation and pet care. In this way, they earn credit hours that they can use in the future to request these services from new members. Members able to provide services are always welcome. Services are competed to the needs of the members.

Detailed information about the club can be found on the club’s website easily accessed via a link in the “ Clubs” section at www.rossmoor.com.

**Acalanes alumni to host summer gathering**

Acalanes High School alumni, as well as family and friends of alumni, are invited to join the Acalanes Alumni Club for the summer gathering on Tuesday, June 11, at the Event Center.

The hosted social hour with wine, beer and soft drinks starts at 5:30 p.m. The entrée choices are Mahi Mahi with sticky rice or beef filet with green beans and baked potatoes. The menu also includes a salad, vegetables and cake.

The cost is $32 per person. Reservation checks payable to Susan Williamson, should be mailed to 1301 Running Springs Road No. 49, Danville, 94506. Please include an entrée choice and a contact phone number. The reservation deadline is Thursday, June 4.

All classes are invited to join the Acalanes Alumni Club. There is a good mix of class members from 1944 to 1965. Acalanes grads that live outside of Rossmoor can become members. For club and membership information, call JoAnn Musante Daigle (class of ’58) at 925-274-8182. The club website is www.sirbrace81.org.

**Topic of Rotary meeting will be ACS**

The Rotary Club of Rossmoor will have a luncheon meeting on Tuesday, June 12, from 11:30 a.m. to 1:30 p.m. in the Diablo Room at Hillside.

The speaker is Asher Garinkel, vice president of community outreach for the ACS Association of Cancer Surgeons. The chapter gives people living with ACS and their families the opportunity to get together themselves in fun and casual settings. It also helps fund global research efforts, supports scientific and clinical collaboration, connects people with ACS and educational trials, publicizes professional care management services and creates a network to provide support. It is an ACS care partner. For more information contact Sara at 925-942-0564.

**Connection celebrates summer with picnic**

Members of The Connection and their guests are invited to join us for a picnic on Tuesday, June 4, on the Dollar Clubhouse patio. The event begins with a social hour with appetizers at 11:30 a.m. Lunch will be served at 12:30 p.m.

This year’s event will feature traditional picnic fare. The entrée is a choice of barbecued meat, such as beef or pork, or less Italian sausage with pasta. A buffet will provide a variety of side dishes and peach cob- ble for dessert. The Connection will provide lemonade, iced tea and water.

Registration forms are in the Connection Newsletter, on the website www.rossmoorcon nection.com, or in the office of The Connection. Reservations are due by Thursday, May 23. The cost is $20 for members and $25 for guests.

The annual picnic is the last general meeting of The Connection until September. The small group events sponsored by the club continue during the summer months.

The purpose of The Connection is to give the women of Rossmoor a means to establish friendships, promote social and educational activities and charitable outreach. For information, check the website or contact Karen McCallister at karjbm@aol.com.

**Sharon Tenison to speak on Citizen for Citizen Diplomacy with Russia**

By Rick Sterling

Club correspondent

In a recent Wall Street Journal op-ed piece, U.S. foreign policy experts George Schultz, Sam Nunn and William Perry wrote, “The U.S., its allies and Russia are caught in a dangerous policy paralysis that could lead – most likely by mistake or miscalculation – to a military confrontation and, potentially, the use of nuclear weapons for the first time in nearly 74 years. A bold policy shift is needed…”

To discuss the need and potential for such a policy shift, Rossmoor Friends of Mt Diablo Peace & Justice Center will host a special event featuring Sharon Tenison speaking on her 35 years’ experience organizing citizen-to-citizen exchanges with Russia through the Center for Citizen Initiatives (CCI). The event will be held on Wednesday, May 22 at 4 p.m. in the Fairway Room at Creekside.

Apple Co-Founder Steve Wozniak said, “I have supported CCI’s far-reaching inspirational dreams and projects because they make sense. Cooperation rather than confrontation is the only way that will work when dealing with each other or with other nations.”

Sharon will talk about her experience, and about the successes, setbacks and what has led to the current situation. She will discuss what she knows about the Russian perspective and her upcoming September citizen delegation to Russia.

U.S. Ambassador to Russia Thomas Pickering has said, “Sharon Tenison arguably met and talked with more Russians than any contemporary anywhere. She left her mark, and that of her organization, while repairing and rebuilding our relationship with that great country of Russia and its people.”

Along with a presentation about her past experience, Sharon will discuss the need for such citizen-to-citizen experiences to be part of CCI’s upcoming delegation this September. Photos from a recent past delegation will show what it looks like.

Sharon recently said, “I remember the Vietnam War ended, how blacks were finally integrated into schools, how the Cold War was brought to an end. It happened when enough Americans changed their minds and became vocal – and insisted. It came not from the top, but from the bottom. And that is what has to happen again.”

For more information contact Sara at 925-942-0564.

**International Affairs Book Club to discuss oil, politics and Persian Gulf**

The International Affairs Book Club will meet on Friday, May 25, at 7 p.m. in MPR 1 to discuss “Energy Kingdoms: Oil and Political Survival in the Persian Gulf.”

By Rick Sterling

The International Affairs Book Club will meet on Friday, May 25, at 7 p.m. in MPR 1 to discuss “Energy Kingdoms: Oil and Political Survival in the Persian Gulf.”

The book, by Jim Krane, an energy specialist at Rice University’s Baker Institute for Public Policy, explains the lightly populated Persian Gulf’s phenomenal and rapid change from isolated, poor tribal countries to oil monarchies. Oil exports provide the sole basis for their entire political and economic system. However, subsidizing entire populations from oil wealth to secure their families’ power has created huge domestic consumption and almost no jobs for the newly educated and growing populations. Now climate change threatens the continued habitation of most of the Gulf and desert regions.

All Rossmoor members are welcome to attend the discussion of this timely book, just published in January.
**GRACE: Memorial Day celebration planned**

Continued from page 8B

Church’s music director, will present a patriotic music trib-ute to honor those who have gone before us. The program will also include poetry and other readings.

The picture and program are designed to offer a relax- ing Memorial Day afternoon for old friends and new. In the spirit of the day, guests are en-couraged to wear red, white and/or blue.

The event is free, but during the program there will be an optional opportunity to con-trIBUTE to the church’s current mission project. Attendees are encouraged to bring friends and neighbors. RSVP by May 22 to help planners provide ade-quate seating; call the church office at 925-935-2100.

**LUAU: Hawaii State Club to host**

Continued from page 13B

Attendees are also welcome to bring their own bottle of wine.

The evening’s entertainment will begin at 7. It will feature the return of Ka Ohi Nani O Mana’olana, an accomplished hula hui from Concord that has mentored Rossmoor’s Na Ku-hula hui from Concord that has been received, call Herr at 925-938-6215.

3. To confirm that the check has been received, call Herr at 925-938-6215.

Robert Tunnell is the in-terviewer in this program; both are members of Rossmoor’s Published Writers. (2019)

**HEART. Health. Health. 25 minutes.**

In this episode of the “Healthy Aging Series,” learn about is- sues in heart health. UC Davis physicians Dr. Douglas Boyd, a cardiothoracic surgeon, Dr. Amarlo Villablanca, a cardio-vascular specialist and Dr. Jeffrey Southard, an interven-tional cardiology, share their expertise on heart disease. Discover the causes as well as interventions available to people suffering from heart disease. Learn how to identify risk factors of heart disease and healthy behaviors to maintain a healthy heart and lifestyle. (2018)

**SUSTAINABLE News. Information. 2 hours.**

GRF CEO Tim O’Keefe and Landscape Manager Rebecca Pollon presented information about upcoming happenings within the gates of Rossmoor. O’Keefe talked about water reclamation projects, LED/energy retrofits and recycling. Pollon discussed GRF’s landscaping plans as well as water conserva-tion technologies and recycled materials. (2019)

**DON NEELY’s Royal Society Jazz Orchestra. Jazz/ Swing. 1 hour, 52 minutes.**

For more than 30 years, Don Neely and his 11-member Roy-al Society Jazz Orchestra presented music from the great bands, performers and composers of the Jazz Age and Swing Era, such as Louis Armstrong, Benny Goodman and Duke Ellington. The orchestra also presents songs made famous by such greats as Bing Crosby, Cab Calloway, Ruth Etting, Eddie Cantor and Bing Holiday. (2018)