Policy Committee considers recommending tighter rules for postings in display cases

By Cathy Tallyn  
Staff writer

The GRF Policy Committee is mulling over whether to recommend tighter guidelines for the posting of notices and the distribution of flyers and petitions in Rossmoor’s common areas.

The committee spent 70 minutes on the issue at its Aug. 2 meeting attended by about a dozen residents, who were given the opportunity to express their views and concerns to the committee. Residents were concerned about censorship, discrimination, the use of the word “propaganda” and how the guidelines would be enforced and by whom.

The committee tackled the issue after complaints that some bulletin board postings were offensive to some residents.

Resident clubs are able to post notices in GRF display cases at Gateway near the hobby shops, outside Peacock Hall and in the hallway by the Redwood Room, for example. Residents are also able to post and distribute flyers and petitions in common areas.

Committee members voted to rewrite some guidelines.

Under the rewritten guidelines, postings by clubs in display cases are limited to basic information. Postings must not be about the club’s beliefs, propaganda or causes it supports. There can be no advertising of outside contractors or vendors.

GRF staff has the authority to assign space, approve postings and remove postings deemed to be inappropriate.

John Littig of the Republican Club said he was concerned that GRF will control who speaks at club meetings. Committee Chairman Robert Kelso responded, “No, there’s not going to be an attempt to do that.”

A Rockledge Lane resident said he found some parts of the policy’s wording extremely troubling.

“What is offensive and what’s not offensive? What is obscene and what’s not? Could that be in a code?”, he said.

“Under the rewritten guidelines, the GRF staff has the authority to assign space, approve postings and remove postings deemed to be inappropriate. John Littig of the Republican Club said he was concerned that GRF will control who speaks at club meetings. Committee Chairman Robert Kelso responded, “No, there’s not going to be an attempt to do that.”

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Continued on page 7A

On the lookout for thieves

A license plate reader has been installed in front of the recycling station at the entry to the MOD parking lot. The trailer pictured going down the hill is, ironically, emblazoned with the word “BANDIT.”

New security cameras installed at Mutual Operations parking lots

Four new security cameras, including a license plate reader, have been installed at GRF’s Mutual Operations Division (MOD) headquarters off Rossmoor Parkway at 800 Rockview Drive. The cameras, three in the MOD parking lot and one at the top of Rockview, monitor vehicles coming and going in the parking lot and the contractors’ storage and parking area further up the hill.

The installation, which was finished at the end of July, was approved by the GRF Board last spring after several pieces of heavy equipment were stolen from contractors’ containers that are stored there, as well as other thefts, including a resident’s travel trailer that was parked in the adjacent RV lot.

Employees’ cars have also been broken into, some trees that were to be planted were stolen—even a Toys for Tots box was swiped.

“The contractors’ lot up the hill where they rent space to park and store their equipment has been hit several times, including three times this year,” said Dennis Bell, Rossmoor Public Safety manager. “The new cameras provide an overview of the entire MOD lot. The license plate reader that’s in front of... Continued on page 6A

Reverse mortgage bill signed, HUD to develop regulations

By Maureen O’Rourke  
News manager

These are the seed pods of the goldenrain tree.

The legislation that would allow reverse mortgages in Rossmoor, HR 3700, was signed by President Barack Obama on July 29. Just two weeks before, the bill was passed by the U.S. Senate and the House of Representatives.

The bill contains a stipulation that the Department of Housing and Urban Development (HUD) must match the programs offered by the Federal Housing Finance Agency (FHFA). The FHFA policy simply grandfathered in the

Counseling Services

Rossmoor residents’ needs survey. See page 12A

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Lions appraisal event coming up. See page 6A.

www.rossmoornews.com
**Rossmoor Library**

The library is open Monday through Saturday. Hours are: Monday, Tuesday, Thursday and Friday from 10 a.m. to 4 p.m. and Saturday, from 10 a.m. to 1 p.m. For information, call 988-7704 during these hours.

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**Walnut Creek has open house Saturday**

Find out what makes Walnut Creek work at a free open house on Saturday, Aug. 13, from 9 a.m. until noon.

Go backstage at the Lesher Center for the Arts, get up close and personal with giant street-sweeping machines, get an insider’s perspective of what happens on the police department’s bomb squad truck and more. Every department will be on hand to meet and greet the community.

Activities will take place at city hall, the corner of Civic and Broadway, and the Lesher Center for the Arts, the corner of Civic and Locust.

North Main Street between Civic and Bonanza will be closed to traffic starting at 8 a.m. to accommodate displays of street sweeping machines, dump trucks and other public works equipment. It will re-open by 1 p.m.

The line-up includes: Meet the mayor at city hall, be in a commercial for Walnut Creek TV, see the high-tech traffic signal master in action, find out about major development projects, meet the police department’s K-9s and get free admissions to the Bedford Gallery’s “Flux” exhibition.

Be sure to fill out a City Showcase passport (available the day of event in the city hall lobby and in front of the Lesher Center) for a #WalnutCreekWorks water bottle (while supplies last).

Ample parking is available at the Locust Street garage, and the first hour is free.

For information, contact Gayle Vassar, communications and outreach manager, at 943-5895.

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**GRF putting together 2017 budget**

The GRF Board has begun planning for the 2017 budget. The following are the meetings leading up to the budget workshop:

- Sept. 6: GRF staff delivers the draft budget package to the Finance Committee and the GRF Board.
- Sept. 6: The draft budget information will be posted on the Rossmoor website. Hard copies of the draft budget will be available in the Rossmoor Library.
- Sept. 13: The draft budget presentation workshop with staff, the GRF Board and the Finance Committee will be held in the Fireside Room at Gateway.
- Sept. 14: A second workshop will be held in the Fireside Room at Gateway. (Both the Sept. 13 and 14 meetings will air on Channel 28.)
- Sept. 27: Final budget recommendations will be discussed at the regular meeting of the GRF Finance Committee.
- Sept. 29: The 2017 budget will be approved at the GRF Board meeting.

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**Rossmoor golfers support Orange Friday**

A call went out to all golfers in the twilight event on July 29 to wear orange to support the Giants. The first 50 players attired in orange got their choice of a free orange bling necklace or small bubbles container. This group gathered just before teeing off. From left are Assistant Pro Wayne Weckerlin, Joan Baggett, Mark Weiss, Bob Greeno and Robin Moreau. On all orange Friday (when the Giants play at home), golfers who wear orange qualify for entry in the $25 range token drawing.
streets lined with this beautiful golden-blossomed tree. In the early 1960s, Cortese purchased 1,200 trees, had them shipped to California and planted in his first and second communities -- Leisure Worlds in Seal Beach and Laguna Hills, Calif.

However, he probably got bad advice from an unknowing horticulturist. The golden-rain trees need a warm, moist climate, like Florida, and unfortunately they did not survive in California's dry and varied climate. But the corporate name survived and many of the original communities use it to this day.

The golden-rain tree, native to China and Korea, is a deciduous tree that can reach 40 feet in height. Its binomial name is Koelreuteria Paniculata and it is a species of flowering plant in the family Sapindaceae. As fall approaches, the tree gets two-inch papery clusters, like tiny Chinese lanterns, which will dangle among the branches, turning a pink-orange shade and continuing into winter.

There is a goldenrain tree in Rossmoor on the corner of Golden Rain Road and Rossmoor Parkway that has butter-yellow flowers in the spring.

Name Golden Rain comes from name of tree

Continued from page 1A streets lined with this beautiful golden-blossomed tree. In the early 1960s, Cortese purchased 1,200 trees, had them shipped to California and planted in his first and second communities -- Leisure Worlds in Seal Beach and Laguna Hills, Calif.

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In 2017, all of Rossmoor will have Internet as part of TV package

Internet service will be added to the cable television contract beginning in 2017. This means that, in addition to cable TV, residents will pay for their Internet service provider in their monthly fees.

Residents need to be aware of this change if they are considering renewing or entering into an Internet service provider agreement. Negotiations are ongoing with a provider and details will be coming out soon.

Be sure to complete Counseling Services survey. See page 12A

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Be sure to complete Counseling Services survey. See page 12A
Bonhams appraisal event is Rossmoor Lions fundraiser
Also sponsored by Intero Real Estate

The Bonhams appraisal event will return to Rossmoor on Wednesday, Aug. 24, from 10 a.m. to 2 p.m. in the Fireside Room at Gateway. This event has become one of the most anticipated yearly events sponsored by Intero Real Estate Services for the Lions Club of Rossmoor. Complimentary refreshments will be available.

Residents can get up to two items appraised for $10. Participants will also have the opportunity to consign and sell their items at auction if they meet Bonhams’ minimum consignment requirements. One-hundred percent of the money collected will benefit Lions Club programs of the money collected will benefit Lions Club programs.

Appraisers from Bonhams will provide participants with a verbal auction estimate of their property in the following specializations: fine arts (including paintings, sculpture and fine prints and photographs); furniture and decorative arts; books, maps and manuscripts; Asian furniture and decorative art; Native American art and fine jewelry.

Appointments are necessary (see appointment information below). The Bonhams appraisers will not be able to provide evaluations during this event for watches (wrist or pocket watches), antiquities (ancient Greek, Egyptian or Roman), musical instruments, entertainment memorabilia, African or oceanic artifacts, toys, dolls, coins, stamps or sports memorabilia.

Bonhams, founded in 1793, is one of the world’s oldest and largest auctioneers of fine art and antiques. The present company was formed in November 2001 by the merger of Bonhams and Brooks and Phillips Son and Neal, UK. In August 2002, the company acquired Butterfields, the principal firm of auctioneers on the U.S. West Coast. The company has two major salesrooms in London, and five more throughout the United Kingdom. Sales are also held in San Francisco, Los Angeles, Carmel, New York and Boston in the United States, as well as in Toronto, Canada, France, Monaco, Hong Kong, Australia and Dubai.

At last year’s Lions Club fundraising appraisal event, Virlo Bradbury, left, brought her painting in to be appraised by Kathy Wong from Bonhams.

For information and to reserve an appointment, call Intero Real Estate Services at 210-1345, Monday through Friday from 9 a.m. to 5 p.m. Ask for Markita Moore.
**Rossmoor Meetings**

**Board, Mutual and Committee Meeting Dates**
All Golden Rain Foundation, Mutual and committee meetings listed here are open to Rossmoor residents. Meeting times and locations are subject to change. For information in GRF Board and committee meetings, call Senior Manager of Executive Services Paulette Jones at 988-7711; for information on Third Mutual meetings, call Sharon Fees at 988-7718; and for information on all other Mutual meetings, call Anne Paone at 988-7775.

**Aug. 11:** Aquatics Advisory Committee ............... 1:30 p.m.
Board Room, Gateway

**Aug. 12:** Golf Advisory Committee .................. 9 a.m.
Board Room, Gateway

**Aug. 17:** Mutual 48 board ..................................... 2 p.m.
Mutual Operations meeting room

**Aug. 17:** Mutual 68 task force .......................... 4 p.m.
Board Room, Gateway

**Aug. 18:** Second Mutual board ......................... 9 a.m.
Peacock Hall, Gateway

**Aug. 18:** Mutual 70 board ..................................... 2 p.m.
Board Room, Gateway

**Aug. 22:** Mutual 68 board ..................................... 1 p.m.
Board Room, Gateway

**Aug. 23:** GRF Finance Committee ........................ 9 a.m.
Board Room, Gateway

**Aug. 23:** Third Mutual Governing Documents .... 3 p.m.
Board Room, Gateway

**Aug. 25:** GRF Board ........................................ 9 a.m.
Peacock Hall, Gateway

**Aug. 26:** First Mutual board .............................. 11 a.m.
Donner Room, Event Center

**Registration underway for CERT training**

Registration is now open for Walnut Creek’s fall basic training classes for the Community Emergency Response Team (CERT).

Classes will be held at the downtown Walnut Creek Library on Tuesdays, Sept. 6, through Oct. 18, from 6:30 to 9:30 p.m. with a final class drill the morning of Saturday, Oct. 22.

For information, email cert@walnut-creek.org.

To sign up online, go to www.walnut-creek.org/department-services/public-safety/emergency-preparedness/cert-basic-training.

Note that there is a $25 CERT program fee payable the first day of class.

CERT graduates are sworn in as disaster service worker volunteers for the city of Walnut Creek. Unfortunately, due to limited resources, Walnut Creek CERT classes are open only to those who live or work in either incorporated or unincorporated Walnut Creek.

CERT volunteers can go to any city’s CERT program to make up a class. Call 256-3556 at the start of the CERT session to verify the order of class topics.

For information about Rossmoor area CERT, contact Marcia McLean, area coordinator, at 415-246-1994 or at MarciaCan@me.com.

**Art and Wine 2016 benefits hospice**

The Art and Wine 2016 benefit for Hospice East Bay and the Friends of Hospice Rossmoor Respite Fund will be held Monday, Sept. 26, at the Event Center. The event hours have changed this year. The VIP hour is from 4 to 5 p.m. and general ticket admission is from 5 to 8 p.m.

The evening features Stan and Ann Gedeon’s delicious hors d’oeuvres, fine California wines to taste, an art exhibit by members of Rossmoor’s Art Association and lapidary and ceramics studios, and a silent auction. A wine tasting glass and signature wine tote bag will be presented as guests arrive.

Supporting the not-for-profit Hospice East Bay and Friends of Hospice Rossmoor Respite Fund is vital to continue the high level of community support they have provided for so many years.

Tickets are $30 general and $80 VIP admission. To purchase tickets visit http://tinyurl.com/art-wine2016. Ticket order forms will also be available beginning Friday, Aug. 26, at Creekside Grill.

For information regarding the event, becoming a sponsor or donating to the silent auction, contact Trish Dickson at 289-6795.
New security cameras at MOD should help stop thieves

New security cameras at the MOD offices on Rockview Drive provide an overview of the whole parking lot and monitor vehicles entering and leaving the lot 24/7.

New security cameras at the MOD should help stop thieves

Continued from page 1A

the recycling station records everyone coming and going. It can read a license plate at speeds up to 90 mph – although I hope nobody is going up that hill at 90! The new cameras also record if a vehicle driving up Rockview Drive goes straight into the MOD parking lot, which is mostly used by Rossmoor office and maintenance employees, or makes a right-hand turn off Rockview toward the contractors’ parking and storage area.

Bell believes that the thefts are an inside job. “Whoever is doing the thefts knows what they’re doing and where they’re going,” said Bell, who has worked at Rossmoor for more than seven years, following a 32-year career with the Walnut Creek Police Department. “It’s probably someone authorized to be here – it’s not just someone who is sneaking in.”

In fact, said Bell, with the system of security cameras employed at Rossmoor, sneaking in – and out – is pretty hard. The new cameras are electronically linked with cameras and license plate readers at the front entry gate to Rossmoor – through which some 9,500 vehicles pass daily – and with cameras at the Event Center and Gateway parking lot – which were installed back in 2012 after several employees’ cars were vandalized.

While activity is not monitored 24/7, it can be viewed and reviewed at any time. Footage, which includes pedestrians passing through the front gate, is stored for 45 days.

“We also plan to install security cameras at the new Fitness Center when it’s built – it’s cheaper to install during the building phase than when a building is already up,” said Bell, adding that the cameras have already helped police and security in solving thefts, as well as a couple of accidents where drivers disputed who was at fault. “On one occasion two stolen cars that were captured on tape leaving Rossmoor were later implicated in a big forgery ring. And the travel trailer that was stolen from the RV lot was later recovered by CHP.”

While security cameras become increasingly sophisticated and effective, observing some simple safety precautions will keep residents’ homes and property much safer, said Bell.

“Theft is a crime of opportunity, therefore it’s our responsibility to minimize the opportunity,” said Bell, adding that people sometimes even leave their keys in the car, making for an easy extra getaway for any prospective thief. “Ninety-nine percent of thefts occur because a vehicle was left unsecured or a house or car was left unlocked. Don’t leave anything in plain view in your car, put it in the trunk or out of sight – and lock up!”

He urges residents and neighbors not to hesitate to contact Securitas, Rossmoor’s security provider, if they see something unusual or suspicious.

“Securitas will send an officer to check,” said Maloa Jenkins, account manager with Rossmoor’s Securitas. “We have two to four mobile officers on duty all the time who will respond to a call for service. That’s what we’re here for.”

In addition, said Jenkins, Securitas has two portable video cameras that are used in random locations to record activity, including the contractors’ storage lot.

Overall, Rossmoor is a very safe community, according to Bell.

“The CEO and I recently met with the Walnut Creek police chief and two captains who said that Rossmoor is very safe, that theft rates are low,” said Bell. “It’s nice that residents can walk the streets without having to worry about getting their purse snatched or car hijacked.”

However, if something happens, call security immediately – don’t wait for two days until the trail is cold. “We would rather get 100 calls a day that turn out to be nothing, than miss that one time when a crime might be stopped,” said Bell.

It’s too early to say how effective the new MOD camera system will be in detering crime. However, one recent nighttime visitor caught on tape was unphased by the new technology.

“The other night the security cameras captured a raccoon walking in the parking lot,” said Bell. “The sensors will capture anything that’s moving.”

“Happy Fishing, Dave”

Somehow the word’s gotten out. My customers are always asking me...“how’s the fishing?” Or, “When’s your next trip Dave?” “Or Have you been fishing this year, Dave?” A good client just left the office and as she walked out the door, she looked back and said, “Happy fishing, Dave.”

Here’s the scoop. So far this year, the fishing has been good, but the “catching” not so good. We caught a limit of Kokanee at Whiskeytown Reservoir, struck out on trout at Lake Shasta (too windy that weekend). The fish at Boca and Stampede didn’t cooperate either. Over at Lake Tahoe, the wind did us in. You see, wind and boats don’t get along too well. Over at Boca, we walked out the door, she looked back and said, “Happy fishing, Dave.”

My next trip is scheduled for mid-Sept on the Columbia River, my old stomping grounds. Fish and Game is expecting over a million salmon to enter the Columbia River this year starting the first week of August (hey, that’s today!!). I’m thinking of building a smoker, and smoking some salmon. I love eating smoked salmon.

I’ll keep you updated on the Columbia R. in a future story.

Fisherman, Dave

P.S. – I almost forgot, I’m fishing with a guide on Lake Berryessa, Monday, August 8th, my birthday present to myself. The CEO and I recently met with the Walnut Creek police chief and two captains who said that Rossmoor is very safe, that theft rates are low,” said Bell. “It’s nice that residents can walk the streets without having to worry about getting their purse snatched or car hijacked.”

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Home Show was so successful that another one is planned

Berkshire Hathaway fundraiser

The first-ever Rossmoor Home Show held July 15 at Gateway was a tremendous success, according to Berkshire Hathaway Home Services Branch Manager Catherine Myers. The Home Show raised over $6,000 from vendor fees, food sales and contributions from Rossmoor residents for the Rossmoor Fund.

There were over 50 vendors, and 650 residents who came together to meet, share information, ask questions and get answers for home improvement needs.

Additionally, over 20 door prizes were enthusiastically awarded. Myers thanks the local retail and dining community and the agents and partners of the Berkshire Hathaway Tice Valley office for donations of prizes. Berkshire Hathaway is already underway organizing next season’s Home Show, and it is anticipated that it will be a bigger show with more contractors and home improvement specialists, including designers, painters, handymen, window and flooring specialists and much more.

The venue may be moved to accommodate the anticipated increased turnout.

Some programs from this year’s show, listing all participating vendors, are available at the Berkshire Hathaway office at 1830 Tice Valley Blvd. To share impressions of the Home Show, visit the Berkshire Hathaway office, visit online at www.RossmoorHomeShow.com or call the office at 280-4920.

Calico Corners was a participant in the Rossmoor Home Show and offered a gift basket as a prize. The winner was Rossmoor resident Sydne Weiner. Pictured from left are store manager Cathy Daniels, Sydne Weiner and design associate Leslie Haines.

John Muir Health Outpatient Therapy Services at Rossmoor

Physical, Occupational and Speech Therapy

- We are pleased to announce that the Rossmoor Refresh has been completed at John Muir Outpatient Therapy at Rossmoor. We are enjoying a new coat of paint and new flooring. Although other elements of the Refresh in the building are yet to be completed through this fall, we invite you to come and utilize our services in the improved environment.
- Our wait times to be seen are at two weeks or less. You no longer have a long wait to get the services your doctor prescribed.
- We are able to see individuals with the following insurances: Medicare, PPO, Workmen’s Compensation, CCHP and Affinity HMO.
- Your care is always with a therapist, never an aide.

We, at John Muir Health Outpatient Therapy, thank you for your ongoing support and trust in us to provide high quality care for you and your loved ones. We listen, we earn, we listen, we earn, we work as a team!
Why Do You Need a Sound Engineer for Your Ears?

Hearing engineers deliver the promise of the digital revolution in hearing aids.

A hearing engineer can optimize today’s hearing aids to hear speech and music more clearly and more beautifully.

Dr. Gil has shown that people understand three times as many words correctly when the sound is engineered than by fit by the traditional methods. Consumer Reports was shocked at how little sound measurement was used when people buy hearing aids. It’s no wonder that even after 30 years, with all we’ve learned about the brain and hearing, with all the developments of digital hearing aids, still only 20% of those with hearing loss, buy hearing aids.

What can a hearing engineer do, that is currently beyond the training of others who deliver hearing aids? Engineers measure. Engineers solve problems. Engineers validate the quality of whatever they make. Sound engineers are skilled at making sound clear and beautiful.

Dr. Gil has shown that people understand three times as many words correctly when the sound is engineered than by fit by the traditional methods.

Talented sound engineers measure, sense, and control sound to make it more beautiful.

Hearing engineers

- Measure the sensory, neural, and cognitive components of your unique hearing impairment.
- Assess the problems you are having and construct solutions to address your personal needs.
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- They validate your hearing improvement with those measurements — verifying that you hear more sound with less distortion whether it’s a speaker, music, or environmental sound.
- They optimize the sound through hearing aid accessories (such as wireless remote microphones, TV listeners, cell phones, etc.)
- They optimize the sound and sound quality through the T-coil you use in T-Looped rooms or with your personal T-Loop at home.
- They create detailed sound adaptation strategies for new hearing aid users so you have a faster and easier return to the world of sound you have been missing.
- Discover how the customized hearing engineering of sound will improve your speech-understanding abilities and quality of life.

Dr. Gil Magilen, (PhD, Biophysics, UC Berkeley)

Your Hearing
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Hearing

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Creating custom solutions to return you to the world of sound

Tips for drain use

In order to prevent blockages, residents are asked to refer to the following tips for drain use.

1. To prevent blockages in the following items in your garbage disposal: rice and pastas, stringy vegetables, coffee grounds, potato peels, animal bones, egg shells, banana peels, grease, onion skins and excess liquid detergents.

2. Put a tablespoon of baking soda into the drain about once a week, then slowly pour 1/4 cup of vinegar and lemon juice and let it stand for 30 minutes. Next, run hot water through the drain to eliminate odors and keep grease from building up.

3. Pour a strong salt water (brine) solution down the drain to eliminate odors and keep grease from building up.
Rossmoor Centenarians

Vivian George had perfect life traveling and volunteering

By Char Howard
Contributing writer

Another amazing Rossmoor centenarian, Vivian George turned 102 on July 7. She was born in Oregon City, Ore., one of six children. Her father was a commercial photographer and she proudly shows photographs that he took of her when she was a child. As a single woman, she sold real estate in Pasadena for many years. In 1957, she married James P. George who was CEO of Challenge Cream and Butter Association. His first wife had died of cancer, leaving him with an 11-year-old daughter. After marriage, Vivian became a housewife and cared for her stepdaughter. For 18 years her husband held a job with the U.S. government, which took them to many poor countries in the world. His job was to help these underdeveloped countries modernize their pesturization processes. During these trips, she volunteered in the various countries and she proudly shows photographs that he took of her while traveling. "I have had a perfect life with traveling and volunteering work," she said. Vivian George is indeed a remarkable Rossmoor centenarian!

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For more information visit www.alz.org/walk, or call 408-372-9918.

Vivian George celebrated her 102nd birthday in July with her nephew George Brown. She has not participated in many activities in Rossmoor because she and her husband traveled so much. Her husband passed away in 1998. She says she is grateful to the U.S. government for making it possible for them to travel worldwide. “I have had a perfect life with traveling and volunteer work,” she said.

On the day of this interview and the presentation of See’s Candies, she had a birthday party that included 30 family members and friends, caregivers and hospice workers. The room was filled with flowers and balloons and a large birthday cake.

Due to her poor vision and difficulty hearing, communication is done with the use of large print on a computer screen. “And I am on no medication,” she said. Vivian George is indeed a remarkable Rossmoor centenarian!

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FOR A LIMITED TIME-Free Upgrade to Sound Package Glass and new Quadra-Glide rollers for patio doors. AnlinDelMar-“Taking Quality to the Next Level.”
Scholarship recipient is a department head at Hearst Museum of Anthropology

By Mariann Kessler
Foundation correspondent

The new head of Education and Interpretation at Phoebe A. Hearst Museum of Anthropology, UC Berkeley, Adam Nilsen, Ph.D., was a 1999 recipient of a Rossmoor Scholarship.

Earlier this year, Jan Geary, a Rossmoor Scholarship Foundation trustee, heard a presentation by Nilsen when he spoke at a meeting of Cal Alumni Club about his new position. She asked him to tell the Rossmoor Scholarship Foundation about his education and activities that have occurred since his high school graduation in 1999. Following is the letter received from Nilsen.

Greetings Rossmoor residents!

I was delighted to visit Rossmoor back in January to help give a presentation on the Phoebe A. Hearst Museum of Anthropology at UC Berkeley, where I am the head of Education and Interpretation. As a "local boy," I enjoyed being back in the community that honored me with a scholarship from the Rossmoor Scholarship Foundation back in 1999. I've been up to some exciting things since that year when I graduated from Acalanes High School.

I first went to Stanford, where I studied cultural and social anthropology and linguistics. Early on, I became interested in museums. I traveled to Norway and Iowa to compare two museums that had very different, but fascinating ways of telling stories about the migration of Norwegians to America. I continued in that vein when I moved on to New York University, where I completed a master's degree in anthropology. There, I examined the ways in which a Scandinavian cultural center worked to construct a sense of shared Scandinavian identity among the five Nordic nations.

Having researched museums, I started to crave experience working in one. I returned to New York to work as a history researcher at the Oakland Museum of California. There I curated exhibits on California history. I especially enjoyed working on exhibits with community participation. For instance, I worked with 24 different Californians from all over the state to set up an exhibit based on each person's objects and memories from the 1960s and 1970s.

This got me interested in questions like: How do museum visitors learn? What do they actually get out of exhibits? This led me to return to Stanford in 2010 to complete a doctorate degree in the graduate School of Education. (Who knew that I would return to Stanford for a round two?) During that time I sharpened tools for researching these kinds of questions, especially focusing on how people think and learn about people they perceive to be different from themselves. For instance, how do they empathize with or take the perspective of people who lived very different places and times, such as the Californian Gold Rush or the Salem Witch Trials?

Shortly after finishing up last year, I was pleased to enter my current position, which combines my interests in educational research and anthropology with the exciting creative process of putting together museum exhibits and programs. The Hearst will be reopening around the beginning of 2017 with new and exciting exhibits based on its collection of 3.8 million objects from around the world.

Seventeen years later, I send another "thank you" to the residents of Rossmoor for your support and hope to see you some time at the Hearst.

Warm regards, Adam

Adam Nilsen

Having researched museums, I started to crave experience working in one. I returned to my Bay Area roots, to work as a history researcher at the Oakland Museum of California. There I curated exhibits on California history. I especially enjoyed working on exhibits with community participation. For instance, I worked with 24 different Californians from all over the state to set up an exhibit based on each person's objects and memories from the 1960s and 1970s.

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Warm regards, Adam

Entertainment

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Security Reports

The following are the major incidents reported to Securitas, Rossmoor’s security service provider. They appear here as they were initially reported to Securitas. After investigation, details of a case may indicate a lesser or different incident description. If the case warrants it, the News will do a follow-up story.

Thursday, July 21
Assault: Walnut Creek Police responded to a dispute between two Leisure Lane residents that escalated to an assault. A resident complained another’s cat was hissing and clawing at his screen door. One resident complained to police that the other was waving a heavy duty flashlight. Minutes later, police were again called, this time to report an assault.

Sunday, July 31
Theft: A Waterford resident reported the theft of a necklace from her manor. It’s believed to have disappeared on July 19.

Monday, Aug. 1
Vandalism: A Skycrest Drive, Entry 8, resident reported scratches on the side of her vehicle. She believes the scratches were made by a dolly that was left in the adjacent parking space.

Tuesday, Aug. 2
Theft: A Golden Rain Road, Entry 4, resident reported the theft of jewelry from the manor. The resident thinks it occurred the first week of July when an outside contractor was working on the manor.

Wednesday, Aug. 3
Vandalism: A Terra California Drive, Entry 13, resident parked his vehicle across the street from the entry and later found 10 stickers on the vehicle that read, “Get CA Plates.” The stickers were removed and there was no damage to the vehicle.
Democrats sponsor phone banks for Clinton

The Democrats of Rossmoor will sponsor a series of phone banks for “Contra Costa for Hillary.” All Clinton supporters are welcome to participate. The campaign will provide instructions, suggested scripts and call lists, both virtual and on paper. Participants need only bring a charged cell phone and either an iPad, tablet or laptop for virtual calling. Calls will be made only to Democrats and the initial effort will simply be to try and recruit volunteers. Sometimes the calls will be local and other times calls may be to critical swing states.

The phone banks will be scheduled on Tuesdays between 4:30 and 7 p.m. in the Card Room at Dollar on the following dates: Aug. 23, Sept. 6 and 20, and Oct. 4. RSVP by email at SLewis4Hillary@gmail.com, by phone at 510-708-2851 or visit www.hillaryclinton.com. Where the website refers to California events and asks for a zip code, enter either 94595 or Rossmoor to find events.

For information, contact Susan Lewis at the email address or phone number above.

Hotmail blocked by GRF spam filters

Residents who send email to Golden Rain Foundation and/or Mutual Operations departments with Hotmail accounts will find that their emails are initially being blocked by spam applications. GRF was forced to block Hotmail accounts due to mass junk mail and viruses that flow through from miscellaneous and multiple email addresses. The IT Department does, however, check spam through its server and releases legitimate Hotmail emails.

Residents who send emails to the News will always receive a response if the emails come through. Residents who do not receive a response from their emails should call the News at 988-7800.

Democrats hear from ‘American Amnesia’ author

Award-winning UC Berkeley political science professor Paul Pierson will speak at the Democrats of Rossmoor’s Thursday, Aug. 25, dinner meeting. The meeting will be held at the Event Center, beginning at 5 p.m. with the town hall and social hour, followed by dinner at 6 p.m. and Pierson’s presentation at 7 p.m. All are welcome.

Those wishing to hear the speaker without attending the dinner are welcome to come at 7 p.m. to hear the presentation free of charge. The sign-up form for the dinner appears with more details in the club’s newsletter, on its website at www.democrat sofrossmoor.org, in the club’s mail slot at Gateway and at all club events.

Pierson will discuss his new book, “American Amne sia: How the War on Government Led Us to Forget What Made America Prosper.” In it he argues that the road to greater prosperity is paved with more — not less — government. He makes the case that, as recently as the 1950s, Americans broadly appreciated government. He cites Republican President Dwight Eisenhower’s first State of the Union address, where “government was mentioned 40 times, almost all positively. By Bill Clinton’s first State of the Union address, the president mentioned the government half as often, and mostly negatively.”

In a New York Times’ book review written by Economist Group senior editor Matthew Bishop, the author wrote of Pierson’s new book: “If Bernie Sanders were a book by two leading politics professors, it would be ‘American Amnesia.’”

Bishop continued that the book argues that government helped make America great and theorizes that “a return to effective government is the answer the nation is looking for.” Pierson also explores how inequality in the United States has grown much faster than in other countries.

Pierson earned his bachelor’s degree in government at Oberlin College in Ohio and his master’s and PhD at Yale University. He has written several other books, including his first book, “Dismantling the Welfare State?” which won the American Political Science Association’s Kammerer Prize for best work on American political policies published in 1994.

There will be time for questions after Pierson’s presentation. The deadline to sign up and pay for the dinner is Friday, Aug. 19. For information, call Jane Williams at 934-2484.

Kevin Ko, DDS

Family and Cosmetic Dentistry

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Rossmoor bus #1 stops across the street

Senior Citizens 10% Discount

(Some restrictions apply)

We also speak Cantonese, Mandarin, and Tagalog
Counseling Services is assessing residents’ needs

ROSMOOR RESIDENTS ARE INVITED TO COMPLETE THIS SURVEY BELOW TO HELP COUNSELING SERVICES IDENTIFY THE NEEDS OF ROSMOOR RESIDENTS.

The Rossmoor Counseling Services Department hopes to identify and provide for the unmet needs of Rossmoor residents. Counseling Services staff is currently providing no-fee short-term counseling; several support groups, resources/referrals; and coordinates the annual Women’s and Men’s Conferences along with the Optimum Wellness Series of lectures. Counseling works closely with the Rossmoor Fund, assisting with grant applications, Safeway card distribution and the Respite Program for caregivers.

Residents are asked to take a few moments to complete this brief survey and return it to the SURVEY BOX in Administration Office at Gateway by Aug. 31. The Survey can also be mailed to Counseling Services, 1001 Golden Rain Road, Walnut Creek, 94595. Residents can take the survey online through the Rossmoor website at www.rossmoor.com. Click on the Counseling Services Survey on the home page of the site. Residents’ efforts in the completion of the survey are greatly appreciated.

Section I – Demographics

Personal Data (please print):
I have lived in Rossmoor for ___________ years
Gender (check box) Male Female
Age:
Marital Status Single Married Domestic Partner Separated Divorced Widowed Decline to State

Financial Information:
Approximate Household Income per month if you are: _____
Are you receiving Medi-Cal or Medicaid?
SINGLE = Above $1945 per month ______ Yes ______ No ______
SINGLE = Below $1945 per month ______
COUPLE = Below $2621 per month ______
COUPLE = Above $2621 per month ______

Household Arrangement:
Living Arrangement: Alone With Caregiver With Adult Child With Spouse

Section II – Service Needs

Below is a list of issues/conditions/concerns which could affect an individual’s quality of life. Check the box that best describes how much each one is a problem for you:

Problem No Problem Minor Problem Serious Problem
Accidents in/out of the home (e.g. falling) ______
Buying food ______
Caregiver stress ______
Daily meals ______
Depressed mood ______
Energy/utilities ______
Health care ______
Household chores ______
Legal affairs ______
Loneliness ______
Managing money ______
Mobility ______
Money to live on ______
Obtaining information about services/benefits ______
Personal care ______
Transportation ______
Other (specify): ______
Other (specify): ______

The two problems from the previous questions that affect me the most are:
First problem: ______ This is a problem to me because: ______
Second problem: ______ This is a problem to me because: ______

Take the survey online at www.rossmoor.com
Click the survey box.

Schedule set for Rossmoor Games

Kent Croswell
Games coordinator

The Rossmoor Games are coming up quickly. Thirteen clubs and the Fitness Center plan to participate in the games running from Sept. 10 through 23.

The clubs hosting events this year are the Fitness Center, Basketball, Billiards, Bocce, Duplicate Bridge, Partnership Bridge, Dominoes, Golf, Lawn Bowling, Pickleball, Scrabble, Square Dance, Tennis and Table Tennis. Following is a schedule of events, including requirements for participation.

Any corrections or updates that clubs have should be submitted directly to the News. Table Tennis Club dates are to be announced.

SATURDAY, SEPT. 3
Tennis: Buckeye Tennis Center, 9 a.m. Wild Card format. Sign-up sheet will be posted in the kvak at Buckeye Center approximately two weeks before the event. Limited to 12 men and 12 women.

SATURDAY, SEPT. 10
Pickleball: Sierra Room at the Fitness Center, 10 a.m. to 5 p.m. Eighteen flights of various levels of playing ability, with 18 winners. Limited to club members. Sign-ups will be through club's email system.

Fitness Center, CyberCycle: First day of rides. Located in the Fitness Center. Sign-up in the Fitness Center ahead of time. Winner will be the person who rides the most total miles over the days of Sept. 10 through 17.

MONDAY, SEPT. 12
Duplicate Bridge: Oak Room at Gateway, 12:30 p.m. Two or three divisions, depending on number of players. Limited to Rossmoor residents who are club members.

Dominoes: Points game. Oak Room at Gateway, 6:30 p.m. Any club member or Rossmoor resident with a good knowledge of the Five-Up version is eligible. Sign up ahead of time with the Domino Club. See Domino articles for details.

TUESDAY, SEPT. 13
Swimming: Del Valle pool, 9 a.m. Sign up ahead of time at the Fitness Center. The Fitness Center is running articles on its events and has sign-up sheets.

Billiards: Nine-Ball Tournament. Billiards Room at Gateway, 1:30 p.m. All Rossmoor residents are eligible. Sign up ahead of time in the Billiards Room.

WEDNESDAY, SEPT. 14
Partnership Bridge: Oak Room at Gateway, 12:45 p.m. Usual format of games. Open to all Rossmoor residents. No

Continued on next page
Rossmoor Games schedule set, will be played Sept. 10 through 23

Sports, games and dance groups are participating

Continued from page 12A pre-event sign-up required, but no partner required.

THURSDAY, SEPT. 15
Scrabble: Day one in the Club Room at Creekside at 10 a.m. Open to all club members and Rossmoor residents. Pre-event sign-up required. See Scrabble articles for details.

Partnership Bridge: Oak Room at Gateway, 12:45 p.m. Usual format of games. Open to all Rossmoor residents. No pre-event sign-up required, but must bring a partner.

FRIDAY, SEPT. 16
Scrabble: Day two in the Fairway Room at Creekside at 10 a.m. Pre-event sign-up required. See Scrabble articles for details.

SATURDAY, SEPT. 17
Dominos: Chosen partner event. Oak Room, 9:30 a.m. Any club member or Rossmoor resident with a basic knowledge of the Five-Up version is eligible. Sign up ahead of time with the Domino Club. See Domino Club articles for details.

Lawn bowling: lawn bowling greens at Hillside at 10 a.m. Skills event. Open to all residents.

MONDAY, SEPT. 19
Triathlon: Begins at Del Valle pool with swim portion, 9 a.m. Afterwards, moves to Creekside Golf Course for bike/run portion. Sponsored by the Fitness Center. Sign up by Sept. 1 at the Fitness Center. Individual and team event. Open to all Rossmoor residents. See Fitness Center article for details.

Bocce: Bocce courts, 9 a.m. Preliminary rounds. Limited to club members. See Bocce Club emails and bulletin board for details and sign-up.

Basketball: Sierra Room at Del Valle Fitness Center, 1 p.m. Events to be announced. Open to all Rossmoor residents. Non-members can call Angela Norton at 937-2037 to sign up.

Billiards: Eight-Ball Tournament. Billiards Room at Gateway, 1:30 p.m. All Rossmoor residents are eligible. Sign up ahead of time in the Billiards Room.

WEDNESDAY, SEPT. 21
Bocce: Bocce courts, Hillside, 9 a.m. Preliminary rounds. Limited to club members. See Bocce Club emails and bulletin board for details and sign-up.

Basketball: Sierra Room at the Fitness Center, 1 p.m. Events in order are: Free throw, hot shots and 2x2. Open to all Rossmoor residents. Non-members can call Bob Randall at 937-2037 for information.

Partnership Bridge: Oak Room at Gateway, 12:45 p.m. Usual format of games. Open to all Rossmoor residents. No pre-event sign-up required, but must bring a partner.

THURSDAY, SEPT. 22
Bocce: Bocce courts, Hillside, 9 a.m. Semi-final round. Limited to club members. See Bocce Club emails and bulletin board for details and sign-up.

Partnership Bridge: Oak Room at Gateway, 12:45 p.m. Usual format of games. Open to all Rossmoor residents. No pre-event sign-up required, but must bring a partner.

FRIDAY, SEPT. 23
Bocce: Bocce courts, Hillside, 9 a.m. Finals round. Limited to club members. See Bocce Club emails and bulletin board for details and sign-up.

After-Games party: Event Center, 5 until about 9:30 p.m. All participants (with a guest) are invited to attend this free event, but attendees will be asked to pick up free tickets at the Recreation Department, beginning at a yet to be determined date.

SATURDAY, SEPT. 24
Dominos: Book game. Multipurpose Room 2 at Gateway, 9:30 a.m. Any club member or Rossmoor resident with a good knowledge of the Five-Up version is eligible. Sign up ahead of time with the Domino Club. See Domino Club articles for details.

Tennis competition will be part of the Rossmoor Games in September.

Post office asks residents to keep mail slots clear

In order for mail carriers to deliver mail to mail slots, the opening must be clear and unobstructed. Things like plants, sliding screens and locked screen doors can block mail slots.

When the slots are blocked, carriers must bring mail back to the post office and reattempt delivery at a later date. Residents should occasionally check mail slots to ensure unobstructed access.

A tennis competition will be part of the Rossmoor Games in September.
Rossmoor Fund offers grants

Well over 100 Rossmoor residents have received grants from the Rossmoor Fund to help them deal with a financial emergency. Many report that asking for help was difficult, but that the financial aid was significant in improving their lives.

Grants have been given for the following:
• Medical expenses not covered by insurance
• Dental work
• Optical expenses
• Temporary caregiving
• Ambulance service
• Other unexpected expenses

Grants are generally limited to those whose annual income is less than $32,000. Assets are taken into account.

For two-person households, income is less than $24,000, or for a single person, income is less than $16,000. Grants are intended to those whose annual income is less than $24,000, or for two-person households, income is less than $16,000. Grants are intended to those whose annual income is less than $24,000, or for two-person households, income is less than $16,000. Grants are intended to those whose annual income is less than $24,000, or for two-person households, income is less than $16,000.

The U.S. Social Security Administration (SSA) recently announced that it will now require a cell phone number from all Americans who wish to manage their retirement benefits online at www.ssa.gov.

Some Rossmoor residents heard about this new requirement through an email from SSA and thought it might be a scam. The email, however, is really from SSA and does not require the recipient to respond or send back personal information.

The SSA said all new and existing “my Social Security” account holders will need to provide a cell phone number. The agency said it will use the mobile numbers to send users an eight-digit code via text message that needs to be entered along with a username and password to log in to the site.

The SSA noted it was making the change to comply with an executive order for federal agencies to provide more secure authentication for their online services.

People will not be able to access their personal “my Social Security” account if they do not have a cell phone or do not wish to provide the cell phone number.

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• Medical expenses not covered by insurance
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• Other unexpected expenses

Grants are generally limited to those whose annual income is less than $32,000. Assets are taken into account.

A one-page application is all that is needed to apply. Contact Counseling Services at 988-7750 or the Rossmoor Fund at 367-FUND (3863) and be confident that the application will be handled quickly and with complete confidentiality.

The Rossmoor Fund is generously supported by residents of Rossmoor as well as organizations.

An Email from Social Security: It Looks Like a Scam – But It’s Not

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People will not be able to access their personal “my Social Security” account if they do not have a cell phone or do not wish to provide the cell phone number. The purpose of providing the cell phone number is that each time an individual logs in to his/her account with a username and password, Social Security will send back a one-time security code the individual must also enter to log in successfully to his/her account.

Social Security expects to provide additional options in the future, dependent upon requirements of national guidelines currently being revised.

The SSA does offer other “extra security” options, such as sending users a special code via the U.S. mail that has to be used to log in to his/her account.

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Questions with senior care?

Ask Vanessa

DEAR VANESSA,

My father was recently diagnosed with dementia. He is still driving and I am concerned for his safety. What is your advice? Thank you. PAULA

Driving is a complicated task that requires a split-second combination of complex thought processes and manual skills. As your father’s dementia progresses, he will reach a point where he can no longer drive safely and must stop driving. Many people find this upsetting or very difficult to accept because they see it as a loss of autonomy or independence.

The American Academy of Neurology (AAN) concludes that “patients with mild dementia should strongly consider stopping driving.” People with mild dementia may still be able to function independently, but they’ll experience memory lapses that may result in becoming lost on a familiar route, forgetting the “rules of the road,” or having slowed reaction times, which can lead to traffic tickets, fender benders, and even road rage.

State regulations provide specific guidelines to determine driving capabilities. California’s Health & Safety Code [Section 103900] requires physicians to submit a confidential report to the county health department when an individual is diagnosed as having Alzheimer’s disease or related disorders, including dementia, severe enough to impair a person’s ability to operate a motor vehicle.

This information is forwarded to the Department of Motor Vehicles (DMV), which is authorized to take action against the driving privileges of any individual who is unable to legally operate a motor vehicle due to moderate or severe dementia. DMV may determine that only drivers with dementia in the mild stages may still have the cognitive functions necessary to continue driving safely. DMV requires re-examination for all individuals reported to have mild dementia.

There is really nothing that a person with dementia can do to improve his or her driving skills. You have to respect your father’s desire to drive, but you must put safety first. Gently assure him (through a supportive conversation) that he will manage without driving. Be sure to include him in making transportation arrangements so that he can remain mobile and active.

VANESSA

Patients with Mild Dementia Should Strongly Consider Stopping Driving
Rossmoor woman loves to dance, even though she can’t hear music

By Ruth Koehler

Contributing writer

This is a story about an amazing woman with whom I have become friends in Rossmoor—Lois Chan. I was line dancing behind a woman and when I went to say hello, I discovered she was deaf, but she gave me a warm welcome. I was amazed at how well Lois dances to music she cannot hear.

Through gestures, hugs and writing notes, we became good friends. I introduced Lois to another friend, Jean Fahnme who knows American Sign Language (ASL). This led to the beginning of classes with Fahnme teaching ASL, assisted by Lois and Bryan, who is also deaf. Becoming friends with the deaf is an enriching experience. I would like to introduce them to Rossmoor.

Kitt Kaw Kan (Lois) was born in Hong Kong in 1939 and became deaf when she was two years old during World War II. Her mother wanted her to learn speech, so at age 10 she enrolled in a mainstream oral school. "How frustrating it was that I was unable to understand the speech!" she said. "This school had not been allowed to use sign language."

One day when Kit and her mother went shopping, they saw a deaf couple using sign language. "I told my mother I wanted to be in the deaf school," she said. "I transferred to the deaf school and learned to use sign language for the first time in my life. I was happy to become acquainted with deaf students."

"I have four wonderful sons, who I raised. They all graduated from college and have good jobs and beautiful homes," she said. "I am proud of being their mother."

In 2000, she met Bryan Zinza in Hayward while bowling in the deaf tournament and they have been together for 16 years. Zinza, whose nationality is Danish and Slavic, was born in New York City. He graduated from a school for the deaf in White Plains and then went to Gallaudet University in Washington, D.C., which was the only deaf college in the world. After earning his bachelor's degree, he moved to California and had jobs at deaf schools in Berkeley and Fremont. He retired as a supervisor for the residential program for the special-needs students in Fremont. Zinza has two sons and a daughter.

The couple moved to Rossmoor in late December. Zinza has joined cribbage, swimming, table tennis and hiking while Chan does line dancing, swimming, walking and playing table tennis. She also enjoys cooking, sewing and making jewelry with beads and shells. The couple enjoys traveling, but mostly on cruise ships. On the cruises, they joined line dancing and Lois taught Bryan how to walk.

"When I was a young teen, I went to see the movies with my friends and fantasized about Gene Kelly and other stars dancing," she said. "Sometimes I learned by myself by following the rules of the steps at home and at the club. I do not feel any music but I can feel high vibration only on the floor." She said she often dances when she watches "Dancing With The Stars."

"Dancing is my fun," she said.

Lois Chan has put into a frame many of the important events in her life, including her meeting with Helen Keller. "I grew up in Hong Kong in 1939 and became deaf when I was two years old during World War II. Her mother wanted her to learn speech, so at age 10 she enrolled in a mainstream oral school. "How frustrating it was that I was unable to understand the speech!" she said. "This school had not been allowed to use sign language."

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Lois Chan and Bryan Zinza, who are both deaf, can dance to the vibration of the music, as a supervisor for the residential program for the special-needs students in Fremont. Zinza has two sons and a daughter.

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Education policy expert Lance Izumi speaks to Republican Club Tuesday

Lance Izumi will be the featured speaker at the Republican Club dinner meeting on Tuesday, Aug. 16, at the Event Center.

He will discuss Gov. Jerry Brown’s education legacy, specifically analyzing and criticizing Brown’s new education-spending and school-accountability programs.

He will also discuss several critical federal and California state court cases involving key education issues, which will have a major impact on the possibility of education reform in California.

Izumi is Koret Senior Fellow in Education Studies and Senior Director of the Center for Education at the Pacific Research Institute (PRI).

He is the author of “Obama’s Education Takeover,” which details the centralization of education policymaking in Washington. He is also co-author of several education-related books and producer of related films. He has authored numerous PRI studies and reports, plus innumerable op-ed pieces in top U.S. and international publications.

For over a decade, Izumi served on the board of governors of the California community colleges, the largest higher education system in the nation, and he served two terms as board president.

In 2015, he was elected chairman of the board of directors of the Foundation for California Community Colleges, the official non-profit supporting the California community college system.

In 2008, the New York Times selected Izumi as an online contributor on the presidential race and education issues.

Izumi was chief speechwriter and director of writing and research for California Gov. George Dukmejian. He also served in the Reagan administration’s Peace Corps as director for U.S. Attorney General Edwin Meese.

Izumi received his bachelor of arts degree in economics and history at UCLA, and his master’s degree in political science at UC Berkeley. He received his juris doctorate from the University of Southern California.

The social hour begins at 5:15 p.m., with a hosted wine and beer bar. Dinner is at 6. The entrée is barbecued chicken and baby back ribs with potato salad and coleslaw; the vegetarian alternative is an entree of lentils, vegetables and quinoa. The cost is $28 for members and $30 for non-members.

To hear the speaker only, without dinner, the cost is $5. Tickets for the speaker only should arrive at 6:50. Reservations are required; walk-ins cannot be accommodated.

An event registration form is included in The Rossmoor News. It is sent to all club members monthly. The registration form can also be accessed and printed at rossmroor-republicans.us. For membership questions, call Susie White at 788-4479.

For dinner reservation questions, call Marlys Siegel at 262-8185.

Bill signed that allows reverse mortgages in Rossmoor again, HUD to develop regulations

Continued from page 1A

housing developments that had been in place for many years, including Rossmoor, without changing any of their existing programs.

In Rossmoor’s case, that should include the Membership Transfer Fee and its restrictions on rentals. HUD has not been willing to make loans with those two conditions. HUD will now spend the next 90 days developing proposed regulations to comply with the new law.

“We expect some push back by HUD, but now we have the new law on our side,” said Rossmoor Realty Manager Chuck Lamb. “We feel cautious but optimistic.”

On July 30, 2015, HUD announced that condos and co-ops in Rossmoor were no longer eligible for FHA loans because of the Golden Rain Foundation Membership Transfer Fee. HUD said the fee is not in compliance with its regulations.

“We are at least one giant step closer to having FHA and reverse mortgages back in Rossmoor,” said Lamb.

FHA loans are desirable because they require just 3-1/2-percent down and qualifying is easier than conventional financing for people who don’t have great incomes and credit. Qualifying is easier than conventional financing, since FHA requires just 3-1/2 percent down and qualifying is easier than conventional financing. When HUD no longer allowed these loans, many residents who intended to use the FHA-insured reverse mortgage to supplement their income as well as homebuyers were put in a bind.

When HUD made its decision to stop the financing over a year ago, Lamb, with help from reverse mortgage specialist lender, Martha Echols, testified at the National Association of Realtors (NAR) directors’ meeting and asked for support to get the NAR to lobby to have Rossmoor’s needs included in the bill.

The NAR brought the bill to Capitol Hill as part of the Realtor legislative meetings and trade expo.

Bill signed that allows reverse mortgages in Rossmoor again, HUD to develop regulations

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RESIDENTS FORUM GUIDELINES
Letters must be about 250 words. Letters are subject to verification and editing. Letters are strictly the opinion of the letter writer. The Rossmoor News accepts letters for publication in complete or abridged form at the discretion of the managing editor and in accordance with common editorial policies. Headings of letters are written by the managing editor.

- Letters must be signed. Letters must be typed, double spaced, 12-point font, with name, address and phone number for verification.
- Letters must be germane to the activities and affairs of Rossmoor.
- Letters should be about 250 words or less.
- Open letters addressed to anyone other than the editor will not be published.
- Letters’ content cannot include phone numbers, full addresses, email addresses or website links.
- Letters are edited for clarity at the discretion of the editor.
- Letters announcing an event with a date, time and location will not be printed.
- Letters sent by email are confirmed by an emailed reply. If you have not received a confirmation, contact the News by phone, 988-7800, or in person to verify submission.
- The normal deadline for letters is Friday at 10 a.m. Early deadlines due to holidays are announced in the News.

HERE’S WHAT THE FLAG CODE SAYS
I read with interest Laura Bernell’s letter on the July 27 Residents’ Forum questioning why the American flag is flown half-staff in Rossmoor for fallen policemen and not for fallen civilians. I would like to give a helpful response.

The United States has a Flag Code that details how the American flag is flown. The code states which days the American flag should be flown at half-staff, when and why to fly the flag at half-staff, and for how long the flag is to be kept at half-staff. The code also spells out who can order flags to half-staff and for whom.

There are specific rules for flying and lowering flags. For example, if the flag is to be flown at half mast, it first must be fully raised and then lowered. In addition, flags are not to be flown at night without the appropriate lighting. It’s fun to learn about the many rules. And it helps to understand why the flag is at half-mast.

Willie Sanderson
Leisure Lane

CHILDISH CAR VANDALISM
It was a most unhappy lady. I must park my car on the street between Ptarmigan Drive and Rosewood Drive. I was legally parked. Much to my dismay, I discovered my car with about 10 label stickers on it. The labels said, “You live in California, get California license plates and pay for our roads.”

Well, I not only have California plates, I have personalized plates, which I pay extra for, so why then, am I not paying for our roads? Perhaps this person should familiarize him/herself with the California plates system.

The labels when they get hot were very difficult to remove completely from the car surface, and they leave a sticky residue, which can damage the car paint. This incident has been reported to Securitas. Vandalism is against the law.

I trust Mr./Ms. Labeler that you will make sure your facts are straight before you act, and also hope you stop this childish practice. We know it’s not the first time!

Pamela Hipsey
Terra California Drive

AGREE TO DISAGREE
I am writing in hope of putting an end to a letter to the editor war before it really gets started. Clair VEenic and Gene Gordon are at odds over the issue of censorship related to display cases at Gateway. Clair believes that because of an email sent by Gene to the GRF Board, saying the peace vigils at the front gate, that Gene has no business deciding the suitability of items published in the News, and by extension items posted for every- one to see.

I asked Gene to let me review the email he sent several years ago to the Board. As claimed by Clair, it does contain some profanity and one question- able phrase. But I found that the profanity, used twice, was not directed at the GRF Board members. The profanity quoted by Gene was aimed at those opposing the peace vigils. The graphic was of a man giving a “one-finger salute” similar to the salute given by a California delegate to Hilary Clinton at the convention. That graphic/photo was splashed and across many news sources.

I do not agree with Clair that because Gene sent this email many years ago, he cannot voice his opin- ion on issues such as censorship or governance of Rossmoor. All residents in Rossmoor have the right to speak out on any issue that they believe affects them. Clair should remember that if he chose, and had enough votes, Gene could one day be sitting on the GRF Board making those decisions that Clair says she should have no say in.

These gentlemen should try to agree to disagree politely.

Pamela Hipsey
Terra California Drive

TAKING THE ISSUES SERIOUSLY
Last week, at a town square meeting in the Event Center, I joined a small group of people talking with Kevin Wilk, a candidate for Walnut Creek City Council. He was the only city council candi- date there.

Since Rossmoor represents about one-sixth of the population of our city, I am glad to see someone taking our issues seriously. Traffic congestion downtown and the lack of adequate parking was the subject of our conversation. He had some con- crete ideas, and will be working with the Transportation Commission for several years.

Now, we just need to persuade GRF to add more frequent shuttles and start earlier and run later so we can better connect with the city’s system.

Carol Weed
Avenida Sevilla

LETTER TO THE EDITOR
I read with interest each week’s Rossmoor News resident letters presenting arguments for large cap- ital expenditures to accommodate special needs – most recently an elevator for Dollar Clubhouse and additional dog park facilities to accommodate large dogs.

When I am no longer able to navigate stairs, I will not expect my favorite hangout to be retrofitted to meet my limitations – why not consider relocating the activities you enjoy to a building without stairs? We have lots of them.

And with respect to our lovely dog park, it was not designed as a large dog run. Big dogs are in Walnut Creek and Danville. The reason there is a preponderance of small dogs in Rossmoor is because this environment is not ideal for large dogs’ exercise needs and many older people can no lon- ger handle larger breeds. If you came to Rossmoor with a large dog or acquired one since moving here and are experiencing problems with the dog park, you should avail yourselves of dog parks available nearby. As the owner of a dog that did not do well in dog parks, for 15 years I took care of his exercise needs elsewhere.

Both of the above situations reflect the wants/ needs of less than 1 percent of Rossmoor’s popula- tion. Unless and until that situation changes, they should not be at the very bottom of budget priority considerations.

Barbara Holte
Canyonwood Court

LUCKY BINGO WINNER
I was one of the lucky recipients of a catered par- ty for 10 people by playing Bingo on Channel 28. This prize was terrific. All 10 people I invited to my home were simply delighted with the food, wine and service given by Havana Restaurant. I try never to miss playing TV Bingo. It is a lot of fun; in fact, we have started a group of women to play together. So, get yourself a bingo card from the Channel 28 office at Creekside. You’ll be glad you did

Fran Long
Palmigran Drive

LUCKY TO LIVE HERE
How lucky we all are to have so many events available to us here in our beautiful community. Book launch parties are one type of event and I went to a wonderful one at the Dollar Clubhouse last week. There were over 100 people there to hear Rossmoor resident and author, Ann Thomas, read from her newest release, “Unmistakably Old, and Doing Pretty Well. Considering…” I thought the book buffs were lovely, the books were available and laughter filled the air as Ann spoke and read from her book. Fun- ny stories and a fun evening.

As I said… how lucky we are.

Gayle Sexton
Terra Granada Drive
THANKS TO ALL

Residents who saw the article on page 7A of the Aug. 3 News will have seen that it announced a new set of directors for Mutual 28 and heaps praise on me, Jim Jardine, the previous president. I thank the new board members for their work and sacrifice to pull together to assure continuity in the management of the Mutual.

But this needs to go further. This gives me the opportunity to thank Rossmoor Mutual Operations for consistent service, office staff for friendly, can-do performance of their jobs, our CEOs for their oversight and the many Golden Rain boards – as up and down as they sometimes has been – for holding the rudder to the middle of the stream.

While I can’t name all of the staff members I’ve had the pleasure to work with, I will mention the two longest service time: Theresa Molina, Mutual service administrative manager, and Paul Donner, the director of Mutual Operations. Theresa is one with the oil can: hires the best people and keeps them flowing smoothly. Paul worked his way through the ranks and understands every nook and cranny of all of our homes, the utilities and streets, and helps the eight people to keep them all working.

And last, Rossmoor’s great mix of people, whom the various boards and dedicated employees alike strive to keep safe and secure. Thank you.

Jim Jardine

Parramigan Drive

COMMITTEE RULES — TOO RESTRICTIVE

I was recently accepted as a resident member on Third Mutual’s committee that will be working to revise all of its governing documents. Prior to this, only the residents’ forum was invited to attend this meeting. It is informed that this meeting would be closed to non-committee members, and, as a member, I would be required to sign a confidentiality agreement that would prohibit my discussing with non-committee residents anything related to the materials being reviewed.

In addition, it was stated that this committee plans to have multiple future meetings with attorneys, and these meetings would also be closed to non-committee residents as “privileged.” Secrecy appears to be the basis of this document revising process.

This committee is following the example set by the board in restricting resident access to information.

The agenda for the Aug. 8 executive session board meeting, a meeting closed to residents who are not directors, lists as an agenda item “Clarify Process of Governing Documents Committee.” Why must the process by which this committee will be revising the governing documents be discussed in secret?

Therefore, I am declining this committee position because, instead of honoring the concept of “transparency,” this committee and board are increasingly restricting resident access to information and documentation in both open and closed meetings.

I plan to attend the open committee meetings since I am a resident observer, even though the committee’s charter states that non-committee residents will not be allowed to participate in any discussion on closed meetings.

I believe I can better serve the residents’ interests by not being restricted in what I am allowed to discuss with residents.

Roxanne Stallings

Rossmoor Parkway

STREET WALKING VS. SIDEWALK WALKING

Here’s another point to add to the discussion about walking in the street vs. sidewalk: Driveway “dips” on the sidewalks are frequent and unstable for people who have balance problems. The roads, in contrast, are smooth and even. Obviously, care must be taken wherever one walks. Walk facing the traffic and keep your eyes open.

Sheila Gerber

Lakeshire Drive

USE CROSSWALK SAFETY, COMMON SENSE

I am writing in regard to an alarming letter in the Rossmoor News Resident Forum July 1 issue.

The letter writer recounts how she and three other pedestrians at a Rossmoor crosswalk were ignored by the drivers of two approaching cars on a “very dark” night. She “yelled” at the driver of one car. The driver “slammed on his brakes.” The pedestrians “literally came within a foot or two of being hit,” despite “flashing warning lights in the street.” She concurs with another resident letter writer that this crosswalk on Stanley Dollar Drive is “dangerous.”

A crosswalk is not dangerous.

Drivers (including residents of Rossmoor and visitors) on a “very dark” night, with possible handicaps of distorted vision, distorted hearing, poor reflexes, sleep deprivation or driving under the influence, are not expecting to see pedestrians.

Pedestrians, who could have similar handicaps, and do not use extra caution in a crosswalk, are dangerous, especially on a “very dark” night. Confrontations on a “very dark” night are dangerous.

There is little traffic of any kind in Rossmoor at night — both cars and pedestrians. Did the writer’s party hear the oncoming cars or see their lights? Why did they not pause to be certain that the drivers of the cars saw them and were prepared to stop to allow them to cross on this “very dark” night?

Speed bumps, curb ramps, crosswalk lines, flashing lights and orange flags are useless, day or “very dark” night, when both drivers and pedestrians do not contribute to crosswalk safety by exercising common sense, courtesy and good judgment.

Patricia Northlich

Skycrest Drive

AN HONEST WORKER

I pulled out of my garage last Monday morning with my wallet sitting on the roof of the car and only later discovered my cash and cards were missing.

Three hours later a Terra Landscaping pickup pulled up and the driver produced the wallet intact that he had found in the shrubbery along Cactus Court.

I vehemently refused any reward and took with me big thank you’s and my wallet. I failed to get his name, but I hope Terra will identify and reward him. John Murphy

Cactus Court

CHILDREN IN ROSSMOOR

Jane Viator of Skycrest Drive wrote a Resident’s Forum letter explaining why Rossmoor is “child-friendly.” The only thing she left out was “children should be seen and not heard.”

Kev Kelly

Rossmoor Parkway

ELEVATE THE DEBATE ON GUN CONTROL

This letter is in response to the man who wrote, in response to the Republican Perspective column of July 20, in support of gun control by invoking images of the Orlando shooting as reason to pass more anti-Second Amendment laws. Can we please elevate the level of debate?

Appeals to emotionality, while dramatic, do not further the discussion. I could as easily invoke images of mass graves in post-Nazi Germany, the millions of dead in the killing fields of Pol Pot’s Cambodia, or the 20 million killed by Russia’s Stalin. All genocides happen where guns are outlawed. It would also help to remember our own history. The first major gun revolution in the U.S. began when the British came for our guns. The U.S. government first disarmed those we marched on Trail of Tears. Not counting casualties in wars, over 170 million civilians died in the 20th century genocides often sponsored by their own governments.

The column writer cites a recent Gallup poll showing the U.S. public is 57 percent in favor of more anti-Second Amendment laws. Can we please elevate the level of debate?

The system speaks to us through the thermostat. The system speaks to us by its operation: to rise gradually, to fall, to be at a constant or variable temperature. It has a memory of past behavior: It cannot be a mistake.

Are we being told, “Can’t gun en-thusiasts focus on the re-lease of mass mur-der type guns?” No. We can’t.

Jim Wolfe

Golden Rain Road

PARTISAN PUNDIT CLOUDS THE TRUTH

The Republican Perspective column (July 27) was a wonderful example of partisan punditry over the truth.

The writer cites examples attempting to “prove” that Hillary Clinton “is a congenial liar.” But upon closer examination, it is partisan politics as usual.

The column described a trip to Bosnia under sniper fire. This was not absolutely true. What partisan pundits don’t tell you is that Clinton admitted she mispoke regarding this. Acknowledging that would have undermined their narrative.

The columnist discusses Clinton claiming that Trump is being used by ISIS recruiters. A congenial lie should have been “no evidence” and the writer could have noted “elsewhere in the media, this was a common opinion.”

Partisan punditry clouds the truth about Trump’s anti-Muslim statements. Robert Kuttner, in a column titled, “The ISIs and Trump Enabler,” each column is “Trump praises…… Trump’s speeches are like an ISIS recruiting video.”

David Phillip of Columbia University: “Trump’s incendiary anti-Muslim comments will surely be used by ISIS social media to demonize the United States and attract recruits to fight in Iraq and Syria.” Will these opinions be proved true? Time will tell.

What is the truth about telling the truth? Politifact ranks Clinton’s questionable statements as 74 percent half true or better and Trump questionable statements as 30 percent half true or better. Partisan punditry is not an equal conversation than demand the best of our own candidates.

Every partisan pundit, Republican, Libertarian, will always try to impede their political foe. Just assume whatever they are saying is crafted as such. Don’t rely on partisan columnists to tell you what is true and not true.

Chuck Beach

Stanley Dollar Drive

At Wit’s End

Our Newest Resident

By Tom Mader

Recently we installed a new heating and cooling system. It is great to have a good system that is not a vast improvement over what we had. The previous system was sometimes erratic, as though it was getting even with us for not appreciating its usefulness. The present system appears to be nearly human: It talks to us! For example, if we tell it to increase the heat to ensure the temperature we want, it does so. I’ve tried telling it to do the same in impossible, such as lowering the temperature to below zero. Then it simply remains silent, as if to tell me I should have my head examined.

Yes, the ingenuity of our inventors seems to know no bounds. We usually consider this to be progress, but sometimes I am anxious about where we’re heading. The system speaks to us through the thermostat. It has a memory of past behavior: It cannot be a mistake. I assume that if we run into some problem with either heat or air-conditioner, it will maintain itself, and the residents will be agitated or start blaming us for making a mistake.

However, we know the system speaks to us through the thermostat, and since it’s responding to our requests, obviously it hears clearly what we’re...
Chairwoman Debbie Wasserman Schultz was forced to resign pronto, sent packing before the convention was gaveled to order and, as far as I know, has relocated to Tierra del Fuego. Then the Democrats skillfully divested themselves of the main target in this campaign—both the Russians and the political operatives from both camps went right along with this change of focus—opining, charging or defending, depending on their political allegiance.

Even Trump himself got caught up in the side show. He denied any involvement or knowledge of the hack, who had done it and whether the Russians were involved. He also suggested that the Russians take a crack at finding Clinton's missing 30,000 emails. Well, that immediately became the headline—story totally gone from the headlines was the DNC’s underminding of the socialist candidate.

Those on the Left accused Trump of inviting the Russians to break into the DNC’s email system. Clinton campaign spokesman Robby Mook said Trump had encouraged a foreign power to commit espionage to influence an election. Rep. Joaquin Castro declared that Trump is “using Russia’s cyberespionage as a distraction.” Sen. Rand Paul said of Trump “This guy, he’s part of a foreign power.” Reid also offered that intelligence officials should “Fake it. Pretend you’re doing a briefing, but you can’t give this guy any information.” Among others, Rep. Debbie Dingell literally accused Trump of treason.

Defenders on the Right said Trump was being sarcastic. I saw Trump’s statement on live TV, before spinners from either side had managed to barge in. I laughed out loud to me it was an obvious joke—not an invitation to the Russians to do anything. Now let’s think about this for a moment. Even if Trump had been serious, there’s no foul. And here’s the dilemma: the emails by offering the opinion that the Russians had done the hacking. And furthermore, they had done it to help him. The polls pretty much predict he’ll be FIRED from the White House and Mar-a-Lago is watchin’ you! Misrepresent me and I guarantee the podium now. Let’s listen in.

The truth is, and it’s very simple, we don’t have a clue what’s going on. The whole presidency is in that 50-foot gold ceiling.”

The briefing was hastily moved to Mar-a-Lago and against her disheveled but apparently lovable opponent, because, as they say, it’s complicated.

We already have cars that talk to us and tell us to do things that we don’t want to do. And we are always worked up by the prospect of machines making decisions based on some code that we can’t understand. I’m truly afraid that a day might come when I’ll be ‘watching’ you, if you have any memory at all. I don’t want to have to ‘watch’ you, but I’m afraid I may have to.

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Progressive View

Continued from page 19A

China's leaders don’t want to make a deal with you?

Trump: I’ll negotiate so hard that they’ll be begging me to move those jobs back right here to the U.S. of A.

Reporter 9: Mr. President, any other ideas on who might to move those jobs back hard that they’ll be begging

China’s leaders don’t want to

Progressive View

Rocko get him outahere and

the lyin’ media! You’re fired!

you ready to do that?

in action in Afghanistan. Are

Army captain who was killed
gize to the parents of the U.S.
still waiting for you to apolo-

but lots of military people are

hate to bring up a sore subject,

bridges!

portation. That guy sure knows

tie would be perfect for Trans -
Exclusive Private Screening
Wednesday, August 17th at 1:30pm in Peacock Hall

Immediately following in the Fireside Room-
MEET & GREET WITH PAMELA REED AND SHAWN CHRISTIAN
Talent subject to change without notice

Starting August 8th get your tickets in the Recreation Department.
Please pick up from 8am to 4:30pm
150 tickets available First come, first served
Limit: 2 tickets per person
The Alexander String Quartet and mezzo-soprano Kindra Scharich will perform “Kindertotenlieder” (Songs on the Death of Children) by Gustav Mahler and “Vier letzte Lieder” (Four Last Songs) by Richard Strauss on Sunday, Aug. 28, from 2 to 4 p.m. in the Tahoe Room at the Event Center.

The event is sponsored by Lieder Alive! which commissioned the world premiere of the two arrangements, and the Opera Club of Rossmoor. Cost is $20 for Opera Club members and $25 for other attendees. Hors’oeuvres and beverages, including a selection of fine wines, will be served.

Reservations by Aug. 20 are requested. Call for reservations according to the following: Barbara Cotton, 932-0366, for last names beginning A–I; Kathleen Kish, 954-7860, for last names beginning J–Q; and Marilyn Sampair, 933-1395, for last names beginning R–Z.

Both of these vocal/orchestral pieces are works of late Romanticism, expressing commentary on love and loss in new arrangements for string quartet by first violinist Zakarias Grahn of the Alexander String Quartet. The San Francisco world premiere of the musical works was enthusiastically received. Rossmoor is only the second place where the music will be performed.

Mezzo-soprano Kindra Scharich has been praised by the San Francisco Chronicle for her “noble, vocally assured singing, with stately grace and deep-rooted pathos.” She has sung over 25 roles in the lyric mezzo repertoire, and is also at home on the operatic or concert stage. She studied voice and piano at Eastman School of Music and earned bachelor’s and master’s degrees in vocal performance from the University of Michigan. She completed her post-graduate education at San Francisco Conservatory of Music.

The award-winning Alexander String Quartet is widely acknowledged as one of the finest chamber music ensembles performing today. It was the first American quartet to win the London International String Quartet Competition in 1985 and has since gained widespread admiration for its performances of both standard repertoire and contemporary music.

Over the past three decades, the quartet has collaborated with some of the most acclaimed musicians in the world and, since 1992, has been ensemble-in-residence at San Francisco Performances.

This program is open to all Rossmoor residents and their guests. The Opera Club is a member of the Performing Arts Guild of Rossmoor.

The performers will be in “Over the River and the Woods” are, seated from left, Kevin O’Byrne and Director Jean Wilcox, and standing, Lorettas Cristano, Ed Warp, Gail Wetherbee, John Rasmussen, Angela Galli, Bertha Reiley and Sherman Brown.

Naked Stage production features new and veteran Drama Association actors

By Susan Slizza
Association correspondent

An exciting combination of veteran Drama Association of Rossmoor (DAOR) actors and recent additions to the club are busy rehearsing the second Naked Stage production, “Over the River and Through the Woods,” by Tony Award-winning playwright Joe DiPietro.

The show will be presented at Hillside’s Performing Arts Studio (formerly Las Trampas) on Friday, Aug. 19, and Saturday, Aug. 20, at 2 p.m.

Naked Stage seeks to offer expanded opportunities to the Rossmoor community for participation in the dramatic arts by nurturing new and existing talent. In keeping with this, the readers theater format of Naked Stage is opening doors to new DAOR actors, as well as long-time regulars, with the opportunity to perform before welcoming Rossmoor audiences.

Currently, seven actors, including two new club members, will showcase their talents in a presentation that brings this play fully to life without traditional sets and props and without requiring that actors completely memorize their lines. Naked Stage is thus offering the opportunity to experience the joy of acting in live theater, as well as the satisfaction of contributing creatively to important behind-the-scenes work, to a greater number of Rossmoor residents.

Under the direction of Jean Wilcox, a founding member of DAOR with many years of acting, directing and teaching experience in the Bay Area and at the DAOR Academy, the ensemble cast is nearing completion of weeks of rehearsals. As the opening approaches, they’re eager to perform DiPietro’s well-known, wity and frequently poignant two-act comedy.

The play explores the evolving relationships between Nick Cristano, a 29-year-old, and his wife, Elizabeth Knefel, a Rossmoor resident and former tech journalist and college professor, will teach the free class on smart phones and tablets. Attendees should bring their smart phone or tablet to class. Class size is limited to the first 40 signups. To sign up, call Elena Ybarra at 988-7703.
As more Americans move to a more safe and secure method of protecting the wealth they have worked so hard for, the U.S. Mint has seen an increase in Gold Eagle sales all over the nation. Many of the leading analysts have made a prediction of gold at...

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- Safe, secure, and guaranteed
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TOLL FREE 844.821.1642
Pop Rocks to perform tomorrow at Event Center, concert is open to all

The ultimate dance band

The Pop Rocks band will perform on Thursday, Aug. 11, at 8 p.m. in the Tahoe Room at the Event Center. Pop Rocks is the ultimate dance band. The six-piece band has both male and female lead vocals and an entire band of musicians who can sing.

Pop Rocks has an extensive song list. Their shows feature current high energy hits mixed with the classics from the ‘70s, ‘80s and ‘90s. The band has a knack for adapting the show to the audience and pleases the most discerning crowds, including a recently concluded USO tour of the Middle East.

The Pop Rocks, a six-piece band that performs dance music, will be at the Event Center tomorrow night.

Tickets are $10 at the Recreation Department at Gate 12.

For information about Pop Rocks, visit their website at www.poprocksrocks.band.

Naked Stage presents show

Continued from page 22A his two sets of loving and irreplaceable Italian-American grandparents. Nick’s elders are appalled at the prospect of their grandson accepting a job offer that would require his moving far from their loving, if somewhat overwhelming embrace. How they scheme to keep him close to home makes for both hilarity and soul-searching that goes to the heart of family relationships.

Making her Rossmoor debut is new DAOR member, Angelo Galli, who portrays Emma Cristano, Nick’s insightful paternal grandmother. Galli has considerable acting experience in comedic and dramatic roles performed at the Altarena Playhouse and the Willows Theatre. Also making her first appearances in Rossmoor is new member Bertha Reilly, who serves as the play’s narrator. Reilly has been connected with the Stagebridge Senior Theatre Company for 15 years, involved in improv, storytelling and drama, and for the past five years has appeared in Wild Irish productions.

The rest of the “Over the River” ensemble is headed up by veteran DMOR actors Ed Kmak, who plays the protagonist, Nick Cristano; Sherman Brown, who portrays Nunzio Cristano; Gail Wetherbee, who plays Aida Gianelli, Nick’s maternal grandmother; Jon Rasmussen as Frank Gianelli, Aida’s husband; and Loretta Casalaina, who plays Caliann O’Hare, the grandparents’ “perfect” choice – they hope! – for their grandson’s future wife.

The production staff includes Kevin O’Byrne, assistant director; producer and stage manager; Martin Kelp, technical coordinator; Margaret Bowen, house manager; Vicki Stanley, intermission coordinator; Diane Armstrong, reservations coordinator; and a team of volunteer ushers and ticket sellers.

The $10 ticket admission (cash or check only) includes complimentary refreshments of wine, juice and cookies served at intermission. Reservations are strongly recommended due to the limited seating capacity of the Performing Arts Guild. Tickets may be purchased at the door beginning 45 minutes before each performance. Doors open at 1:30 p.m.

DAOR is a proud member of the Performing Arts Guild of Rossmoor.

Lovers of Jewish choral music are invited to an open house sing-along on Thursday, Aug. 25, from 1 to 2:45 p.m. at Dollar. The goals of the sing-along are to enjoy singing Jewish (and some non-Jewish) songs led by Achbi Ben Shalom on guitar and Barry Brian on piano; to introduce new and returning members of the Rossmoor Jewish Community Chorus (RJCC); and to get a peek at songs that RJCC will be learning at its first rehearsal on Thursday, Sept. 1, from 1 to 2:45 p.m. at Dollar.

Singing in a Jewish chorus can provide a connection with members’ Jewish heritage and to the Jewish people. The RJCC is a small community of like-minded people who love Jewish music and the desire to conserve and nourish Jewish culture.

Shalom studied music education and conducting at Tel Aviv University and at Holy Names University in Oakland. He is known as a specialist in Jewish and Israeli music, and worked most of his adult life as a music instructor, arranger and choral conductor. He has performed as a solo singer/guitarist and with his band Adama and conducted choral groups such as Nigum Community Chorus and the Lake Merritt Singers.

Shalom has been creating and conducting Jewish choirs for over two generations. Since 1968, he has founded and directed seven Jewish synagogue choirs and a Jewish community chorus. He has been singing in choirs since age seven, including two professional choirs. He earned a minor in music from Massachusetts Institute of Technology (MIT). A regular attendee at the North American Jewish Choral Festival, he continues to be enriched by the world’s leading Jewish choral directors and singers.

For information, contact Brian at barybrian@alum.mit.edu, or 215-285-0854, or Shalom at achbibenhalom@gmail.com, or 510-528-8872.
Gu-zheng concert held in Fireside
Featuring Weishan Liu

Weishan Liu will perform a gu-zheng concert on Sunday, Aug. 21, at 3:30 p.m. in the Fireside Room at Gateway.

Liu is one of the world’s leading gu-zheng virtuosos. Her music is deeply expressive, and combines deep feelings, strength, heart, emotion, experience and wisdom.

She began training in the classical style of the gu-zheng from the age of 11 when the acclaimed gu-zheng master Cao Zheng picked her as his student at the Shenyang Music Conservatory. Her breakthrough came at the 1974 Chinese national traditional music competition where, playing her original composition “The Magnificent Bronze Gorge,” she won first prizes in both the composition and performance categories.

She went on to become the top gu-zheng soloist at the Central Song and Dance Ensemble of China, making recordings and performing and touring with them, as well as often performing for visiting heads of state including President Jimmy Carter.

Liu moved to the United States in 1982 and continued performing her unique style of gu-zheng music. She has performed with the Chinese orchestras of Berkeley and Los Angeles, as well as with the Bay Area Women’s Philharmonic Orchestra, the Palo Alto Philharmonic Orchestra, and she has performed composer Chen Yi’s modern compositions with the ensemble Earplay.

She is a pioneer in the teaching of gu-zheng. Over the past two decades she has trained over 1,000 students, many of whom have become professional performers and teachers themselves. She also founded the San Francisco Gu-zheng Music Society to promote the music of the gu-zheng and traditional Chinese music and culture. This organization gives many community concerts and educational programs, including a big annual concert in San Francisco with a different theme every year, and it frequently invites Chinese and Western musicians to showcase their talents.

Women’s Chorale holds auditions

Diablo Women’s Chorale will hold auditions for new singers on Monday, Aug. 15, at 6:15 p.m. Women with choral experience, music-reading ability and a love of good music and spirited company are encouraged to audition.

All auditions are by appointment only. To schedule an audition, call Nancy at 899-5050 or email diablowomenschorale@gmail.com. In the email give information on what voice part you sing and a brief description of prior vocal and/or choral experience.

The chorus rehearses on Mondays from 7 to 9 p.m. at Saint Matthew Lutheran Church in Walnut Creek, with two major concerts per year, as well as smaller performances.

Chamber Music Society announces upcoming concerts

The 2016-2017 Rossmoor Chamber Music Society season features five chamber music ensembles considered among the best in the Bay Area. The series will include groups that have been audience favorites in the past, as well as two new ensembles presented here for the first time.

All concerts will be in the Event Center on Mondays at 7:30 p.m. The performance dates are as follows: Alexander String Quartet with guest pianist Gwendolyn Mok, Sept. 19; Telegraph String Quartet, Oct. 17; Feneey-Bogas-Wyrick Piano Trio, Jan. 16; Avenue Winds, Feb. 20; and Bridge Chamber Virtuosi, March 20.

The price for the five-concert series is $65. Single tickets may be purchased at the door for $18. Season ticket order forms are available at www.rossmoorchambermusic.org or in the Chamber Music mailbox at Gateway.

The completed form, along with a check, may be mailed to Chamber Music Society, 1001 Golden Rain Rd., Walnut Creek 94595, or left in the Chamber Music mailbox at Gateway. Subscribers furnishing email addresses will be sent concert reminders by email. (Contact information is never shared.) Season tickets will be mailed to subscribers in early September. For information regarding tickets call Rita at 945-1087 or visit www.rossmoorchambermusic.org.

Consider carpooling to popular Gateway and Del Valle events
Four and More performs at Concert in the Park series on Aug. 14 at Dollar picnic grounds.

Four and More will perform a free concert at the Sunday Concert in the Park on Sunday, Aug. 14, at 4 p.m. at the Dollar picnic grounds. The Rossmoor Community Chorus will present its summer concert on Sunday, Aug. 14, at 3 p.m. in the Fireside Room at Gateway Clubhouse.

The Drama Association of Rossmoor (DAOR) welcomes Eric Fraisher Hayes, manager of artistic programs for the Eugene O'Neill Foundation, Tao House, and actor, Aaron Murphy, to provide a preview of the Eugene O'Neill Festival on Tuesday, Aug. 16, at the Performing Arts Studio (Las Trampas Area). This story is a comic musical satire based on actual life stories and songs of some of us are able to avoid the temptations, they are constantly thwarted in achieving their goals.

For exercise enrollees Cher-ralia, Maria, I've just met a girl named Mary. I like her, but she's not interested in me. I'm not sure what to do. I'm feeling a little down. I know I should be happy, but I just can't seem to feel it. I feel like I'm just going through the motions.

So I decided to call my friend Cheryl. She's always been there for me, no matter what. I called her up and we talked for a few hours. She told me all about her day and how she's been feeling. She's been doing some yoga and it's really helped her. She said that it's important to take care of yourself and that I should try to find some time for myself.

I thought about what she said and I realized that I needed to do something for myself. I decided to go for a walk in the park. I walked for a while and thought about everything that had been going on in my life. I started to feel better. I realized that I wasn't alone and that I could count on my friends to be there for me.

I think that's what makes us human. The ability to connect with others and to feel understood. I'm grateful for my friends and family and I'm trying my best to take care of myself.

The Rossmoor Community Chorus will present a free concert at the Sunday Concert in the Park on Sunday, Aug. 14, at 3 p.m. in the Fireside Room at Gateway Clubhouse.

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**Chromatica Chorus sings ‘Under the Italian Influence’**

Chromatica Chorus will perform a concert titled “Under the Italian Influence” in the Tahoe Room at the Event Center on Monday, Aug. 15, at 7 p.m. The concert was first performed last spring at three East Bay locations and earned Chromatica standing ovations.

Focusing on a broad range of choral music written by Italian composers, the program includes a requiem mass written by Mozart’s contemporary Antonio Salieri, the famous “Easter Hymn” by Mascagni from “Cavalleria Rusticana,” several pieces by Norman della Joio, music for films written by Henry Mancini, and a piece that was a worldwide hit for Andrea Bocelli, “Con Te Partiro.” Chromatica was founded in 2011 and now includes 24 men and women singers. Directed by Hoff, an operatic tenor who has sung both in New York and San Francisco, and accompanied by pianist Julie Rieth, it seeks to perform challenging pieces at a high level of professionalism.

For more about Chromatica, visit www.chromaticachorus.org.

This free concert is sponsored by Rossmoor Recreation and is open to all residents and their guests.

**Opera Club presents preview of Opera San Jose season**

The Rossmoor Opera Club will present a preview of Opera San Jose’s upcoming season on Wednesday, Aug. 14, from 1 to 3 p.m. in the Club Room at Creekside.

The 2016-17 season will offer productions of Mozart’s “Le Nozze,” Rossini’s “Il Barbiere di Siviglia,” and Donizetti’s “L’Elisir d’Amore” and “Don Pasquale.” In honor of Rossini’s 200th birthday, the Opera Club will also stage a contemporary opera that has achieved great popularity in the past 20 years: Tomie Windle’s “Silent Night.”

The opera, “Silent Night,” tells the story of the spontaneous truce between German and Allied soldiers on Christmas Eve in World War I. This fine operatic work was premiered in 2011 and has already been broadcast nationwide on public TV; the score has also won a Pulitzer Prize.

The presenter is Linda Riebel, president of the Friends of Opera San Jose and author of the book, *Divas: Impresaria, Legend.*

The focus of her lecture will be on this new production and also include a discussion of other operas written on the same topic as the three masterpieces that Opera San Jose will present. Some of these lesser-known operas have been staged recently in the Bay Area.

**Mission Gold Jazz Band plays at Dixieland Jazz Club event**

The Dixieland Jazz Club will feature John Soulsil and his Mission Gold Jazz Band on Wednesday, Aug. 24, at 7 p.m. in the Tahoe Room at the Event Center.

With a name inspired by the golden hills above Fremont’s Mission San Jose, Mission Gold Jazz Band is an eight-piece, two-cornet Dixieland band consisting of a variety of multi-talented musicians from all over the Bay Area. The band was formed in 1980 and performs the music of Jelly Roll Morton, King Oliver, Lu Watters and Turk Murphy, as well as standards and tunes in the swing genre.

Bandleader John Soulsil is a baritone and also plays trombone. He has been listening to Dixieland jazz since his preteen years, when he heard his trumpet-playing brother’s records of the Fire House Five Plus Two, and has played trombone since grade school. Soulsil has played with various bands and formed Mission Gold Jazz Band in the early 1980s. He has also played with the Cell Block 7. And That’s Jazz, the Spirit of ‘29 and Ted Shaffer’s Jelly Roll Jazz Band.

Mission Gold Jazz Band offers a variety of Dixieland styles, including marches, blues, ragtime and stomps. They encourage audience participation during tunes reminiscent of the cakewalk and parasol strutting and also invite guests to sing along with the band.

Guests are encouraged to bring friends, plus favorite libations and hors d’oeuvres. Doors open at 6:30 p.m. Admission is $10 for club members and $15 for nonmembers or guests. Attendees can pay at the door or at www.dixielandjazzrossmoor.com (at no extra cost). Credit cards are accepted on the website.

For information, contact Bob Burch at 934-1337.
The Penguin Dance Club will host a Sunflower Ball on Saturday, Sept. 10, in the Fireside Room at Gateway. Social hour will begin at 6 p.m. with a variety of hot appetizers and a hosted bar staffed by Ced Ferrett and his volunteer bartenders.

Dinner will be served at 7 p.m. by Simple Elegance Catering, beginning with a fresh spinach salad with egg and bacon bits. Entrée choices are: medium rare tri-tip of beef with rosemary and horseradish aioli and mashed potatoes, first grilled salmon with a light lemon butter sauce and rice pilaf, or a vegetarian option of eggplant parmesan and rice pilaf. Grilled squash will be the vegetable served with all entrees along with warm sliced French bread and butter.

Dinner will finish with a dessert of mud pie along with decaffeinated coffee and hot tea. Red and white wine will be on each table. Entertainment will be provided by the Manny Gutierrez Quartet playing a variety of music for listening and dancing. In keeping with September's theme, sunflower centerpieces will be created by Barrie Elrod and her assistants.

The cost for the evening is $75 per member couple, or $85 per guest couple. Reservation checks, payable to the Penguin Dance Club, should be mailed to Sally Kenney, 1114 Skydrift Drive, No. 3, Entry 2. Note the entry choice on the check. All reservations, including those for guests, must be received by Friday, Aug. 26.

By Monday evening reservations will be taken on a first-come, first-served basis. There will be no re-funds after Friday, Sept. 2.

The group practices every Tuesday from 2:45 to 5 p.m. and performs several events and socials at the holidays and in the spring.

The Ashmolean Singers look forward to welcoming more Rossmoor residents to join the fellowship of singers.
Three Living American Composers Show Mastery of Orchestral Writing


By Robert Moon

Orchestral composer Nico Muly says he often asks himself, “What moves these players to be as extraordinary as they are?”

Muly is asking a question that goes beyond the realm of professional musicians and extends to the audience as well. The composer is asking how to bring a sense of wonder to the concert hall, to make listeners feel as though they are experiencing something truly unique and magical.

Muly is not alone in his desire for orchestral music to be an event that wows and inspires. Many composers today are looking for ways to challenge and engage their audience, to push the boundaries of what is possible with sound and movement.

This is not a new idea. Since the beginning of the modern orchestral tradition, composers have been experimenting with new techniques and ideas in an effort to create music that is fresh and exciting. From the impressionists to the serialists to the postmodernists, each generation of composers has sought to find new ways to express themselves and to connect with their listeners.

But even as we look to the past for inspiration, we must also be mindful of the present. The world is changing rapidly, and the way we experience music is no exception. With so much information available at our fingertips, it can be hard to make sense of it all. As a result, many people are becoming cautious of hearing new music, preferring to stick with what they know.

This is why it is so important for living composers to continue to create music that is innovative and thought-provoking. By doing so, they can help to sustain our cultural heritage and ensure that the future of music remains vibrant and dynamic.

Nico Muly

Muly is one of the composers whose work is featured on the new album, “Dawn to Dust.” He is an American composer and music educator who was born in 1983. Muly has taught at various colleges and universities, including the University of Michigan and the University of Iowa.

His work has been performed by orchestras around the world, and he has received numerous commissions and awards for his compositions. Muly’s music is characterized by its use of electronic techniques and its focus on creating a sense of space and depth.

“EOS,” the piece on the album, is a work for solo percussionists and orchestra. It features the percussionists playing in a variety of unique and unusual ways, creating a sense of movement and energy that is both captivating and engaging.

Colin Currie, percussion

Currie is one of the leading percussionists in the world and is known for his innovative and virtuosic playing.

He has been involved in many collaborations with composers, including Muly, and has recorded works for a variety of ensembles and settings.

Andrew Norman, “Switch”

Norman is an American composer and music educator who was born in 1964. He is known for his innovative and experimental approach to composition.

His work has been performed by orchestras and ensembles around the world, and he has received numerous commissions and awards for his compositions. Norman’s music is characterized by its use of electronic techniques and its focus on creating a sense of space and depth.

“Switch” is a piece for solo percussionists and orchestra. It features the percussionists playing in a variety of unique and unusual ways, creating a sense of movement and energy that is both captivating and engaging.

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Friday Lunch in Rossomor

Menu for Aug. 19

Call 988-7703 for a reservation

Friday Lunch is served at a suggested donation of $2. Lunch is served at 11:30 a.m. at Hillside. Reserve a space for Friday Lunch for the following week in person right after lunch, or call 988-7703 no later than Wednesday by noon to cancel a reservation, call 988-7703. Please leave name and phone number when cancelling. If you are unable to make lunch, cancel your reservation so another resident can take your place.

The menu:

Cold plate: Celebrate National Senior Citizen’s Day: Asian chicken salad (spring mix, Mandarin oranges, sesame seed dressing), egg drops and crispy noodles, egg drop soup, carrot raisin salad, whole wheat bread with margarine, fortune cookies and/or applesauce.

Options:

Hamburger plate or chef’s salad. Please specify the entree of your choice; otherwise, you will receive the menu item for that day.

The Ceramic Arts Club offers two-wheel-throwing classes, taught by Lynnne Meade, a well-known local potter.

Ceramic classes are Wednesdays, Sept. 7, 14, 21 and 28. The beginners’ class is from 9 a.m. to noon, and an intermediate/advanced class is from 1 to 4 p.m.

These classes are open to all Ceramic Club members for $50 for those who sign up and pay by Aug. 31 or $65 afterward. Payment is nonrefundable. Reservation checks should be made payable to CAC.

Sign-up lists are posted on the whiteboard near the display windows in the Ceramic Studio at Gateway. Deposit the payment in the wooden box below the list.

Website

CAC recommends that members and interested individuals contact the studio’s website at www.rossmoorcermamics.com. See up-to-date information regarding studio membership and a section called “The Scoop,” featuring photos of activities going on in the studio. Contact Anne Shulenberger.

New paintings by Art Association artists on display at Creekside Event Center

Lights Come From” by RAA instructor John Hopper. Osborn and Josephson are new to the RAA.

The remainder is a wonderful group of paintings by recognized longtime members of the RAA.

Most paintings are for sale and the phone numbers of the artists are listed on the gallery diagram to the right of the gallery display. If viewers want to purchase, they should contact the artist directly.

This exhibit will remain until Dec. 5. Member artists are urged to prepare work ahead for submissions for later displays.

Currently, there is a group of instructors who teach drawing, watercolor, oil, acrylic painting, life drawing and painting. Asian calligraphy and brush painting, and printmaking. Class listings are noted on the Ceramic Studio bulletin board as well as on the club website, rossmoorc.com.

For questions regarding this exhibit, contact committee members Nancy Meaden (658-2542) and Shiria Klenk (945-9792).
The Chinese-American Association of Rossmoor will present the 2012 movie, “Shun Li and the Poet,” on Wednesday, Aug. 17, at 7 p.m. in Peacock Hall at Gateway.

The story is simple and the plot minimal. It is about two immigrants struggling outside their home countries. They help each other to overcome loneliness, alienation and prejudice during a short period of time.

Shun Li is a Chinese woman working in a textile sweat shop near Rome. She slowly pays off the debt that brought her to Italy, saves money to bring her son to join her in Italy. But she is suddenly transferred to work as a bartender at a pub in a small town along a Venetian lagoon. The pub is managed by local fishermen, including Bept, an old Slav immigrant nicknamed “The Poet.” A tender and delicate friendship grows between Shun Li and Bept. It becomes a bond that transcends two cultures, half a world apart. But gossip soon threatens their innocent relationship.

The film is one hour and 30 minutes long and is open to all Rossmoor residents and their guests. For information, contact C.L. Chen at 324-916.

Boomers主机cinema under the stars

The Rossmoor Shakespeare Society presents “Shun Li and the Poet” next Wednesday

Shakespeare Society presents ‘Twelfth Night’

The Rossmoor Forever Club invites all residents and their guests to a feature film outdoor movie showing on Saturday, Aug. 13, at the Dollar Picnic area. The movie will be the Martin Scorsese rock documentay, “Shine a Light.”

The Boomers have hired a professional company to set up a 20 foot screen and sound system on the Dollar stage. This free movie experience will even include free, freshly popped popcorn.

Plan to arrive at the Dollar stage area at about 8 p.m. to secure a comfortable seat among the crowd at the last movie, additional chairs will be added for this one.

Golf cart viewers, enjoying a “drive-in” movie experience, are welcome to park near the rows of seats. The movie will start at about 8:30.

The film includes interviews with Rolling Stone members Mick Jagger, Keith Richards, Charlie Watts, Ron Wood and other band members. It includes performance footage from their 2006 Bigger Bang Tour.

The cinematography is noted for capturing the raw energy of this legendary band. It was filmed over a two-day period at the intimate Beacon Theatre in New York.

The evening may turn rainy, by attendees are encouraged to bring jackets and blankets for comfortable viewing. Bring a flashlight or lantern for the end of the evening as there is little outdoor and pathway lighting at Dollar picnic area.

This is the last of the boomers’ outdoor movie series. However, the club is planning a unique movie experience in mid-November at the Event Center. More details will be announced at a later date and will be listed on the club website: rossmoorboomers.com.

There is no charge for this event but contributions to the club’s Feed the Pig Fund, which helps low-income Rossmoor residents, are always appreciated. Funds collected are used to buy Safeway gift cards or other assistance. Distribution is handled through the Rossmoor Services and Rossmoor Fund.

For information about the club, or to contact one of the board members, send an email to boomersforever1@gmail.com or check the website.

Light for Others Catholic Group sponsors the showing of the movie “Mother Teresa” on Saturday, Aug. 13, from 10 a.m. to noon in Peacock Hall at Gateway.

The movie tells of Mother Teresa, a simple nun who began working in a textile sweat shop near Rome. She slowly pays off the debt that brought her to Rome, saves money to bring her son to join her in Italy. But she is suddenly transferred to work as a bartender at a pub in a small town along a Venetian lagoon. The pub is managed by local fishermen, including Bept, an old Slav immigrant nicknamed “The Poet.” A tender and delicate friendship grows between Shun Li and Bept. It becomes a bond that transcends two cultures, half a world apart. But gossip soon threatens their innocent relationship.

The film is one hour and 30 minutes long and is open to all Rossmoor residents and their guests. For information, contact C.L. Chen at 324-916.

The 2016 drama “The Finest Hours,” starring Chris Pine and Rachel Ward, will be shown in Peacock Hall at Gateway on Thursday, Aug. 11, at 1, 4 and 7 p.m. and on Friday, Aug. 12, at 10 a.m., 1, 4, 7 and 9 p.m. Language captions will be utilized on Thursday at 1 and 7 p.m. and on Friday at 10 a.m. and 1 p.m.

Recounting one of the most heroic tales in the annals of the U.S. Coast Guard, this tense subject to chiller traces the daring rescue of the crew aboard two oil tankers that were torn in two by the furious waves of a gigantic Atlantic storm.

This film is two hours long and is rated R. This free program is sponsored by the Recreation Department and is open to all residents and their guests.

The 2013 Turkish foreign film “Mustang” will be shown in Peacock Hall at Gateway on Monday and Tuesday, Aug. 15 and 16, at 4 p.m.

Enraged by her granddaughters’ flirtations with some male classmates, a strict Turkish grandmother refuses to let the girls out of the house to keep them from ruining their marriage chances. But the girls find ways to circumvent the restraints. This film is nominated for an Academy Award for Best Foreign Film.

This film is one hour and 34 minutes long and is not rated. This free program is open to all residents and their guests.

Rossmoor gets exclusive screening of ‘Savannah Sunrise’

An exclusive private screening of a new movie called “Savannah Sunrise” will be presented Wednesday, Aug. 17, at 1:30 p.m. in Peacock Hall at Gateway. The event is sponsored by Comcast and the Recreation Department.

This film, which was released in May 2016, is one hour and 28 minutes.

Immediately following the show, a meet and greet with the show’s stars, Pamela Reed and Shawn Christian, will be held in the Memory Room. Tickets are limited. Efficiency expert Joy Miles (Shawnee Smith) has her free-spirited mother-in-law Loraine’s (Reed) move from Louisville to Savannah planned to the minute until one missed flight turns a straightforward road trip into an hilarious journey.

This free event is open to the first 150 people to pick up tickets. Tickets are given away in the Recreation Department at Gateway, Monday through Friday from 8 a.m. to 4:30 p.m. There is a limit of two tickets per person.
Republics to show ‘13 Hours’ next Wednesday, all welcome to attend

The Republican Club will show “13 Hours: The Se-
rein Soldiers of Benghazi” on Wednesday, Aug. 17, at 4 p.m. in Peac-
cock Hall at Gateway. All Rossmoor residents are in-
vited to attend. This是一部被评选为2016年
PALM Springs International Film Festival.
Senior tickets are $8 for all screenings and three-hour validat-
parking is available. Show times will be posted on Tuesday,
For information, call the theatre at 254-9065.

Due to the popularity and growth of the 30s/40s/50s
Couple book group, an additional monthly meeting
will be added this month.

The evening group will con-
tinue to meet on the first Mon-
day at 7 in Multipurpose Room
2, and the afternoo
The afternoon group will meet on the third Thursday of the month at 1 p.m. in the
Garden Room at Dollar. This
month’s meeting is Aug. 18.
Both groups will read the same
book and club members are welcome to attend either meeting with no reservation
necessary. The August book is
“The Little Paris Bookshop
by Nina George.”
For information, contact Lynn Eklund at lynneklund@yahoo.com or at 683-1461.

The next Walnut Creek downtown history
tour, led by the Walnut Creek Historical
Society, will be on Saturday, Aug. 13.
The Walnut Creek Historical Society offers guided walking tour of his-
toric sites in the downtown area every second Saturday rain or shine from March through Oc-
tober.
These free tours depart at 9:30 a.m. from
Liberty Bell Plaza on the corner of Broadway and Mt. Diablo Boulevard. A booklet with his-
toric photos of the sites visited may be pur-
chased at the tour for $5. Registration in ad-
vance is required.
People who join the tours experience many
“who knew?” moments. Such as, who knew a
men’s clothing store is currently in a 100-year-old
building where the first sewing patterns were
sold in Walnut Creek? Learn about places you have walked over, under or by and never knew
the stories they have to tell about our heritage.
For details, call 935-7871 or visit the Histori-
cal Society’s website at www.wchistory.com
and click on “Tours.”

New app allows drivers to pay by
phone to park in downtown Walnut Creek

The city of Walnut Creek, in partnership with Parkmobile,
has launched a pay-by-phone option for all 1,500 parking
spaces downtown. Customers can now pay to park using
Parkmobile’s app for iPhone. A smartphone, Windows, Amazon,
and Blackberry phones, or by
calling the toll-free number on
the green meter sticker,
and click on “Tours.”

The city is pleased to pro-
vide parking customers another way to pay for parking at the meter in addition to coins and credit cards,” said Carla Han-
en, the city’s parking manager.
Customers first must regis-
ter by downloading the mobile
app in their phone’s app store
or online at www.parkmobile.
com. Once registered, they
may use the mobile app, in-
ternet, or the toll-free number
listed on green meter stickers
to pay for parking. After set-
ing up this fee-custom-
ers can immediately start us-
ing the system with their regis-
tered mobile phone.
Customers simply enter the
code located on the green meter stic-
k, select the amount of time they
would like to park and start parking.
The app allows park-
ing sessions to be extended by
phone without returning to the
meter as long as the parking
session has not hit the hourly
limit. There is a $0.35 conven-
ience fee for customers using the
service.

Other cities in the Bay Area
such as Martinez, Richmond, Oak-
land, San Rafael, Sausalito
and Vallejo. The city plans
to add the ability to use Park-
mobile in its three garages in the
future.

For information on how to
register and use the app, visit

POETRY CORNER

“My Grandfather Louis”

By Marc Hofstadter

Where horses’ hooves pounded the track
my grandfather came to life.
Aunt Shirley says he’d desert his store
while Henrietta fretted and complained.
My Grandfather Louis
as his favorite raced to the finish
in one final, exhilarating sweep.
He would live to 90, more than one life
as his favorite raced to the finish
in one final, exhilarating sweep.
He would live to 90, more than one life
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50 BUSINESSES

Beauty/Fashion

MANICURE PEDICURE SERVICES

Relax at home and enjoy my friendly service and comfortable touch. Licensed nail technician. Call Suil, 925-349-8616. License No. 227361.

CARPET

CARPET CLEANING

Court Cleaning provides professional cleaning services to over 15 years. Specializing in interior and exterior cleaning. Call Suil, 925-349-8616. License No. 227361.

Computers

COMPUTER SERVICES

Frustrated with your tech device? Former college professor, tech journalist, librarian, Rossmoor resident. Telephone 925-338-9644. Computer Upgrades, Backup and Buying Service. Email: jonathanfoley444@gmail.com. 510-517-3179.

Locate classified ads online at www.rossmoormoms.com

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Relax at home and enjoy my friendly service and comfortable touch. Licensed nail technician. Call Suil, 925-349-8616. License No. 227361.

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50 BUSINESSES

50 BUSINESSES

Celebration of Life

OAKMONT MEMORIAL PARK

ABE CALVERA

Rosalba Calo

4141 Tice Valley Blvd., Walnut Creek 94595 • DAMS

BRE #01942595

160 Classified Ads

70 WANTED

AUGUST 10, 2016

BRE #01942595

Discount rates available for 30 words or less for non-Rossmoor residents and $8 for residents. Phone numbers are one word. Discounts may not be added to the same classified. Reservations required. Ad confirmation.

Classified ads at the News office located at the Creekside complex, or mail to 1006 Stanley Dollar Drive, Walnut Creek, CA 94595. Classifieds can be emailed to newsdesk@rossomormoms.com or faxed to 925-984-7862. Staff will call back for graphic production and ad confirmation.

The ad deadline is Friday at 10 a.m. for each Wednesday edition. Deadlines change due to holidays will be printed in the News.

For information, call the news office at 925-682-3408 or email classifieds@rossomormoms.com.

Note regarding classified ads for leases and rentals: All Rossmoor leases and room rentals are invalid unless approved by the appropriate Mutual Board.

Rossmoor News classified ads are online at www.rossmoormoms.com

Click the Classified ad tab at the top of page

Classifieds in the Rossmoor News are a minimum of $12.50 for 30 words or less for non-residents and $8 for residents. Each additional word is 25¢. Phone numbers are one word. Discount rates available for long-term ads. Payment must be made at the time the ad is placed.

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LICENSED GENERAL contractor specializing in kitchens and baths. Water damage, new construction. Reasona- 
oble rates, no subcontractors. I will do it all for you! Rossmoor-approved contractor. Call today. Ex- 


RON’S WINDOW COVERINGS Blinds, drapes, valances, shutters and free, home consultation. Free personalized installa- 

TILE ENTRANCES: A beautiful one can enhance the value and the appearance of your home. Special pricing for a limited time! Exam- 
ple samples and references in Rossmoor License No. 775026. Phone directly to arrange for a free estimate. 925-200-3132.

PERSONAL COOK Are you tired of cooking all the time? I will do it for you! I have 15 years experience in healthy cooking. I can cook in your home or deliver. 925-889- 
7040 or website: www.the3alimenti.com.

GEORGE’S FURNITURE REPAIR Specializing in upholstery and furniture specialty. Reupholstering and can do it all. Call now. 925-216-
5890. No job too small.


Bathroom: A Fresh Look! на new refrigerator. The bath features a step in shower, updated countertop and new kitchen appliances, and new stall shower.

Loveless, LLC

ROSA’s HANDYMAN EXPERIENCED HANDYMAN, GEORGE’S FURNITURE REPAIR

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5890. No job too small.

CONTEMPORARY SUMMIT CONDO

Penthouse style living with spacious floor plan, 1,920 square feet, all-level access from convenient garage parking, 2 bedrooms, 2 baths, den, sunny kitchen, family room combo, new paint and carpet, dual fireplace. Two garage parking spaces and a golf cart space. Great community pool. $850,000

LOWER-LEVEL TAHOE

Top of the hill Cactus Court location with pleasant views. Beautiful enclosed sun room, wonderful front patio for entertaining. Newly painted and carpeted. Newer A/C, eat-in kitchen. Garage parking. $630,000

Please Call Us for Any of Your Real Estate Needs. We are the Rossmoor Specialists!

Robert Parrish
925.360.5889
rparish444@gmail.com

Tina Parrish
925.858.4267
tinaparrish0916@gmail.com
DONT-NO-MORE: "Your housekeeping solution. We cater to your individual needs. Reliable, dependable, quality service with Rossmoor references. Licensed and bonded. Call Barbara, 925-209-2060.

120 Seeking Employment

155 Real Estate Wanted

NEWLY RETIRED COUPLE Moving to California seeks furnished, 2-month rental, starting August or March-April. (They have some flexible dates.) Non-smoking/ no pets. Please contact Contact Diane Realty, Realtor, 510-204-2933. 620 Bayshore Cir.

160 Real Estate Room/Sharing

180 Pets

LEGAL NOTICES

Rossmoor’s Best Value ~

Extraordinary Custom Home

Rossmoor’s Top Producer

Rossmoor’s Best Value ~

Extraordinary Custom Home

Rossmoor’s Top Producer

views of mt. diablo

- Toupin Remodel of Sequoia Wrap
- Wonderful Mt. Diablo views, new carpets
- Wrap all enclosed, separate office room
- Open kitchen with an island, granite counters, pendant lights, window
- Remodeled bath w full size W/D, window
- Carport parking very close. Now $485,000

PAWS ‘N’ PURRS PET SERVICE
Loving attention for your pets. Dog and cat sitters. Call Angela at 997-4756 or call cat clipping by Kathy, 932-3754. (Also performs grooming on your pets.)

TWO PLACES AVAILABLE to give your pet the loving care they deserve. My home is for a loving, friendly, non-shedding household pets or small children, near downtown Martinez. Call Jean at 231-7082.

TONEY THE DOG WALKER Jungle Park and the bone and let me get your dog moving! I’ve worked for Rossmoor residents for over 10 years. I’m a reliable dog lover with reasonable rates. Call 925-451-8331.

165 Vacation Rental


180 Pets

NEWLY RETIRED COUPLE Moving to California seeks furnished, 2-month rental, starting August or March-April. (They have some flexible dates.) Non-smoking/ no pets. Please contact Contact Diane Realty, Realtor, 510-204-2933. 620 Bayshore Cir.

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165 Vacation Rental

The Leader in Rossmoor Resales Since 1967

OUR CURRENT LISTINGS

MLS LISTINGS - COOPERATIVES

2 BEDS, 2 BATHS

MONTEREY - ATTRACTIVE UPDATES THROUGHOUT. Corian counters, new dishwasher. Decorator paint and lovely window coverings. Enclosed porch for extra room overlooking private, garden setting. Dual pane windows............. NEW PRICE!! $355,000

MONTEREY - FABULOUS ROSSMOOR LOCATION & VIEWS. Enclosed sun porch. Updated kitchen with stainless steel appliances & granite counters tops. Plantation shutters in both bedrooms. Stack washer dryer. ............. NEW PRICE!! $379,000

SAN FRANCISCAN - EXTRAORDINARY COMPLETELY RENOVATED & RECONFIGURED HOME; New sheet rock, ceilings, Hickory hardwood floors, new two-panel solid core doors & casings, all new Anderson 100 Series Dual Pane Windows, new wall insulation, and additional windows added. Magnificent kitchen with all stainless steel appliances, Sienna Bordeaux granite counters and custom maple cabinets. Thermo TEC entry door. BD media wiring. Amanti remote fireplace............. NEW PRICE!! $739,000

VILLA BARCELONA - PRETTY COURTSET SETTING with lovely views. Corner unit with numerous upgrades throughout. Formal dining room opens out to kitchen with two windows. Plantation shutters, smooth ceilings, crown moldings. Level in access from carport. Washer dryer.............................. $624,500

SUMMIT - HIGHLY DESIRABLE PINNACLE RIDGE LOCATION. All level access from elevator. New paint and carpeting. Two balconies with remote retractable awnings. Volume ceilings, dual fireplace, blackout shades in bedrooms and living room. Corian counters & garden window in kitchen. Huge master suite with walk-in closet. Separate laundry with WD. Two underground parking spaces + golf cart space....................... $850,000

MLS LISTINGS - CONDOMINIUMS

TAHOE - WONDERFUL STYLAN SETTING. Enclosed porch for extra living space. Vaulted ceilings and fireplace in living room. Fresh paint. Close to Gateway. Detached garage. New carpet....... NEW PRICE!! $598,000

TAHOE - FANTASTIC TOP OF THE COURT LOCATION. Enclosed sun room. Balcony with pleasant view, inviting front patio for BBQ. Fresh paint, new quality carpeting. Wood burning fireplace. Newer HVAC.............. $630,000

SONOMA - ANOTHER FINE REMODEL BY FRED L’ESTRANGE. Completely reconfigured gourmet’s kitchen with granite, custom Antique White cabinets and stainless steel appliances. Fireplace wall with TV space. Beautiful glass & tile baths. Rounded corners, crown moldings, smooth finished ceilings, custom lighting, arched doorways. Enclosed balcony................. $495,000

VILLA VALENCIA - VIEW! VIEW! VIEW! Highly desirable condominium with gorgeous sweeping views of the Rossmoor valley. Recently remodeled kitchen with custom cabinets, quartz counter tops and newer appliances. Double pane windows, new quality carpet, fresh paint. Expansive open deck with views. All level access from elevator. Close to carport and storage. Courtyard location with pond and fountain. Washer and dryer......................... $458,000

SAN FRANCISCAN - FANTASTIC LOCATION. New sanded & stained wood floors, new ceiling fan in living room, new bathrooms, updated kitchen. Newer air conditioning & gas furnace. Newer glass doors. Short walk to pool............. $457,000

SONOMA - FABULOUS LOCATION & VIEWS. Enclosed sun room. Newer flooring. Updated kitchen with granite counters, SS appliances. All level access. Washer dryer............. $515,000

VILLA VALENCIA - ANOTHER FINE REMODEL BY FRED L’ESTRANGE. Completely reconstructed. Gourmet’s kitchen with granite countertops, SS appliances. Newer HVAC, freshly painted. All level access. Washer and dryer......................... $538,000

FIREFLY - GORGEOUS UPDATES THROUGHOUT. New wood flooring, remodeled kitchen, SS appliances, granite counters, newer carpet. Enclosed sun porch............................... $475,000


VILLA VALENCIA - VIEW! VIEW! VIEW! Magnificent house with breathtaking views. Updated kitchen with granite countertops & SS appliances. All level access from carport. Washer & dryer.......................... $550,000

VILLA VALENCIA - VIEW! VIEW! VIEW! Magnificent house with breathtaking views. Updated kitchen with granite countertops & SS appliances. All level access from carport. Washer & dryer.......................... $550,000

FIREFLY - FABULOUS LOCATION & VIEWS. New SS refrigerator. Updated kitchen. SS appliances. SS range & dishwasher. Corian countertops. Two full baths. All level access from carport. Washer dryer....................................... $480,000

NEIL AGUAS
984-5552

DEBRA BARTH
765-7076

GORDON CORDE
980-7252

JIM BARRY
765-7076

LINDA CRIBBS
980-7252

BETTY CASE
360-0693

CHRISTINE DASTOME
286-4772

KATHIE DIPIETRO
699-6258

NORMAN FAINY
286-4772

SHAHI HAYDON
980-5650

DONNA HILL
457-9296

JANET McARDIE
915-3336

MARTY MARTINEZ
285-2653
Exceptional San Franciscan Model in Premium Golf Course Location.

TWO BEDROOM, TWO BATHROOMS COOPERATIVE. Reconfigured and remodeled throughout. Custom cabinetry, granite counters and top of the line appliances. Fireplace and hardwood flooring in living room. Four large skylights, recessed lighting, ceiling fans. Rear access from carport. Brick patio with glorious golf course views. Offered at $710,000

PRESENTED BY LORI YOUNG. CALL LORI (925) 787-6357.

FEATURED LISTING

Wonderful Light & Bright Sequoia.

3 BEDROOMS, 2 BATHROOMS COOPERATIVE

Conveniently located - move in ready. Two skylights, two solar tubes. Special features include permitted full enclosure with dual pane windows, fresh paint, new carpet & vinyl, a washer dryer, stall shower, mirrored closet doors and new baseboards throughout. Offered at $349,500

PRESENTED BY PEGGY MARTINEZ & MATT SPLIVALO. CALL PEGGY AT (925) 330-0260.

SPOTLIGHT SEQUOIA WRAP

Lovely Remodel in Serene Setting.

2 BEDROOMS, 2 BATHROOMS COOPERATIVE


PRESENTED BY VALERIE PETERSEN. CALL VALERIE (925) 623-3076.

The Waterford

CONGREGATE LIVING AT ITS BEST

BROOKGREEN - 1 BED, 1 BATH THIRD FLOOR LOCATION. Spacious living room, bath with walk-in shower. Covered balcony with pleasing outlook. Fully equipped kitchen. Stack washer dryer. Offered at

MIDDLETON - 2 BED, 2 BATH FIRST FLOOR LOCATION. Wrap around patio. Spacious master suite with walk-in closet and covered walk-in tub. Fully equipped kitchen. Closet entrance & guest parking. Stack washer dryer. NEW PRICE!! $339,000

Call The Rossmoor Experts Today at (925) 932-1162

www.rossmoorrealty.com • 1-800-980-7653 (SOLD)
LEGAL NOTICES

SUPERIOR COURT OF THE COUNTY OF CONTRA COSTA, State of California

Petitioner: Leila Tara Lee Machado filed a petition for change of name under & 1537 et seq. of the Civil Code of the State of California, to show cause, if any, why the change of name should not be granted. If no written objection is filed within 60 days of this order, the Petitioner(s) shall have judgment for the change of name described above.

The Court ORDER that all persons interested in this matter appear before the Hon. John H. Sugiyama, Judge, on the 7th day of July, 2016, in the courtroom located at 555 Escobar Street, Martinez, California, to show cause, if any, why the change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reason for the objection, and must mail a copy of the written objection to the Clerk of the Court at the above address at least 2 court days before the hearing. The court may postpone the hearing date if the matter is not heard or decided within 30 days of the hearing date.

For four successive weeks prior to the

ORDER TO SHOW CAUSE FOR CHANGE OF NAME TO ALL INTERESTED PERSONS.

Petitioner: Leila Tara Lee Machado filed a petition with this Court to show cause why the petition should be granted. Any person objecting to the change of name must file a written objection that includes the reason for the objection, and must mail a copy of the written objection to the Clerk of the Court at the above address at least 2 court days before the hearing.

The court may postpone the hearing date if the matter is not heard or decided within 30 days of the hearing date.
CLIENT TESTIMONIAL

Sue is by far the BEST realtor who I have ever had the privilege of working with! Sue knows Rossmoor like the back of her hand... Sue is attentive to your needs/wants and it doesn’t take her long to know what you need, and then she goes about finding homes that will meet your needs. She does not waste time – she knows every unit that is for sale in Rossmoor and has personally been through each one.

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THEATER REVIEW: "CHICAGO, THE MUSICAL" AT WOODMINDAN

From continued page 26A
Marie Capusto, are the most prominent felons in this sto- ry, and the two actors who dominate the right side of eight attractive miscreants.

Making sure the incarcerated Wrickland is not too favorable, and the audience is entertained by their right side of eight attractive miscreants.

It is Billy Flynn (Dwight Mahar) who manipulates everything from trial dates to everything that the clothing and the music that made this musical a mainstream of the theatrical success.

Leading actors Capusto, Leamy and Mahar are stellar. But the entire cast, and I mean the entire cast, is on a professional level not often found in such great numbers in a community theater setting.

The July 18 introduction, and most emphatically, the precision and execution of a production that can be clearly seen, and the perfection scale of 10.

Nothing this good could have been achieved without substantial planning and hard work, but it is this brilliant attention to detail that really makes this production sail.

"CHICAGO, The Musical" continues through this week, and on 9-8-96, Thursday-Saturday, and Sunday, the closing day.

This gem of an outdoor theater is in the heartland of Mill Park at 3300 Joaquin Miller Road in Oakland, just east of Highway 24, and a short distance above the Mormon Temple. Parking is available a $5 fee.

Bring comfortable, warm clothing and appropriate shoes.

Tickets can be secured by calling 510-531-5997 or by visiting the website at woodminster.com.

MUTUAL MAINTENANCE

From the MUTUAL MAINTENANCE SYSTEMS operation

Order Desk email: worksm@mrossoom.com

August Schedule

LANDSCAPE MAINTENANCE: First through Fourth Mutuals: once-a-month routine maintenance, ground cover and shrub trimming, weed control.


LANDSCAPE MAINTENANCE: Fourth Mutual: Thurs., Thurs.


LANDSCAPE MAINTENANCE: Most weekly, fertilizer with sulphur coated area.

Pest Control: Call 988-7640 for service and order.

Exterior Lighting: To obtain a report by month and carbon footing problems, call Mutuals at 988-7650.

TRASH AND RECYCLING PROBLEMS: 988-7640.

FOR ASSESSING THE FOLLOWING CALL:

Billing inquiries and information: 988-7637

Liability insurance: 988-7650

Bus information: 988-7670

Comcast: 1-800-447-7382

Landscaping and pest control: 988-7640

Manor alterations and resales: 988-7660

Animal Control Contra Costa County: 333-8300

FWCM = First Mutual 5WCM = Second Mutual 6WCM = Third Mutual 5WCM = Fourth Mutual

No household waste allowed at GRF recycling facility on Rockview.

The recycling facility on Rockview Drive at the corporate parking lot will be closed on Monday, Tuesday and Thursday from 8 a.m. to 4:30 p.m.; closed Sundays and holidays.

The recycling facility is for GFR vendors and residents only; no other contractor residents may use the facility, and no one may anyone without a valid resident ID. Those who wish to use the site must be ready to show their IDs to employees staffing the site.

Residents may use the site during its operating hours only, and should not leave anything outside the Dumpsters.

Waste that can go in Mutant Dumpsters may not be disposed of at the recycling facility.

This is not an official collection point for household recyclables. Recycling waste includes items that pose a threat to public health.

Residents are responsible for placing recyclables in the correct tress, appliances and household hazardous waste through proper channels. Curb, Inc. picks up hazardous waste at no charge to residents. Residents can call 1-800-449-7587 to schedule the collection of waste directly from their homes.

LEGAL NOTICES

APN 0017780-001:

August 1, 2016

FILE NO. 2007-0659-00

FILED: Aug. 1, 2016

ORDER DEED OF TRUST

The property heretofore described and reserved as Security, Priority, and Size of Outstanding Liens, that certain property situated in said MARINA MEADOWS, as Trustor(s), to Logic 659-7766 Trustee Corps may be acting as a DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT.

FOR AUTOMATED SALES INFORMATION PLEASE CALL: In Source Line at 702-659-7766 Trustee Corps MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE.

FOR AUTOMATED SALES INFORMATION PLEASE CALL: In Source Line at 702-659-7766 MTC Financial Inc. dba Trustee Corps MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT.

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**CURRENT LISTINGS**

**PRICE REDUCED**

**FABULOUS EXPANDED MONTEREY**

Just finished, a rebuilt and reconfigured 2-bedroom, 2-bath co-op by long-term Rossmoor craftsman, Don Moura. This bright home with approximately 1300 sq. ft. features large rooms, wonderful finishes, a covered front terrace and a close-up private location. Reduced to $519,500.

---

**PRICE REDUCED**

**A SOPHISTICATED VILLA ROBLES**

This renovated 2-bedroom, 2-bath condo with approx. 1502 sq. ft. is located at the top of Stanley Dollar Drive and features an updated kitchen and baths, a large living/dining room with fireplace and walls of glass opening to an open terrace, a separate laundry room, PLUS an attached garage and separate carport. Reduced to $649,000.

---

**FEATURED LISTING**

**NEWLY LISTED: A STUNNING SEQUOIA WRAP**

This 2-bedroom view co-op is all done and features an updated kitchen with custom maple cabinets, stainless steel appliances, new carpet, paint and vinyl, walls of dual-pane windows with expansive views, a large wrap-around deck, a garage with storage cabinets and a new HVAC system. $625,000.

---

**NEWLY LISTED: A MODIFIED CYPRESS**

This spacious 2-bedroom, 2-bath condo with approximately 1234 sq. ft. is one of Waterford’s favorite condos with an oversize living/dining area, fresh paint and quality carpet and a large wrap-around patio that is located on the desirable first floor adjacent to the creek and close to its carport, storage and transportation to everything Rossmoor. COMING SOON: A PHENOMENAL FILOLI

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**NOW AVAILABLE: A MODIFIED CYPRESS**

A custom designed 1-bedroom, 2-bath condo with an oversize living/dining area, fresh paint and quality carpet and a large wrap-around patio that is located on the desirable first floor adjacent to the creek and close to its carport, storage and transportation to everything Rossmoor. $699,000.

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**WATERFORD**

**A FABULOUS FILOLI**

This spacious 2-bedroom, 2-bath condo with approximately 1234 sq. ft. is one of Waterford’s favorite condos with an oversize living/dining area, fresh paint and quality carpet and a large wrap-around patio that is located on the desirable first floor adjacent to the creek and close to its carport, storage and transportation to everything Rossmoor. $699,000.

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**THE ULTIMATE IN RETIREMENT LIVING**

A sparkling 1-bedroom Brookgreen home with approx. 610 sq. ft. features a gas fireplace, stainless steel appliances, new carpet, paint and vinyl, walls of dual-pane windows with expansive views, a large wrap-around deck, a garage with storage cabinets and a new HVAC system. $135,000.

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**NOW AVAILABLE: A MODIFIED CYPRESS**

A custom designed 1-bedroom, 2-bath condo with an oversize living/dining area, fresh paint and quality carpet and a large wrap-around patio that is located on the desirable first floor adjacent to the creek and close to its carport, storage and transportation to everything Rossmoor. COMING SOON: A PHENOMENAL FILOLI

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Pickleball Club introduces new Mixed Bag Tournament

Rossmoor Pickleball Club (RPC) includes monthly tournament levels and introduces a new social tournament format, RPC held its final advanced tournament on July 30 at noon in the Sierra Room. This was the last social tournament the club hosted for several skill levels.

The final eight players in the tournament were Linda Bower, Rich Frederick, Randy Kuhl, Dick-Dale Reynolds, Frank Reynolds, Bill Sederowitz, Bob Walgren and May Wong. The four finalists were Bower, Kuhl, Walgren and Wong.

Beginning in August, RPC will host a new Mixed Bag Tournament for RPC members on Thursdays at the 10th tee court, beginning at 6:30 p.m. when weather permits. The tournament will be for mixed doubles, intermediate to advanced levels. The new format will enable players to meet and play with different club members of various skill levels.

The round robin format allows every participant to play several rounds with different partners against mostly different opponents. The points scored by each player will be recorded after each round and the winners will be determined based on the total points for all rounds.

Sign-up sheets for all Mixed Bag events will be posted approximately one week in advance in the Sierra Room. For information about the Mixed Bag tournaments, contact Dave Sperry at 212-5789 or shedsnsmiles@aol.com.

Men’s Golf Club sponsors two-day-two-man tourney

Lunch to follow at Event Center

The Rossmoor Men’s Golf Club (RMGC) has added a new, two-day event to the 2016 golf calendar. The tournament will be a two-man team, member-member competition. Players can choose a partner or enter as a single. The Pro Shop will make teams from other single entries, with play starting on Saturday, Aug. 27, on the Dollar Ranch Course, using assigned tee times, beginning at 8:30 a.m.

Teams wanting to only play nine holes each day will have starting times assigned on the Creekside Course for Aug. 27. The final round will be held on Wednesday, Aug. 31, with a shotgun start at 8:30 a.m. on the Dollar Ranch Course and 10:30 a.m. on the Creekside Course. Lunch with beer, wine and soda will be served at the Event Center after play on Aug. 31.

To start the momentum for this new event, there will be a social gathering for participants only on Thursday, Aug. 25, in the Diablo Room at Hillside starting at 6:30 p.m. Food will be provided, along with a limited open bar. Explanation of scoring formats, rules and tournament overview will be provided, along with tee sheets for those teams interested in friendly wagering. Cards and dice cups may also be offered to participants.

Play will be from the white or gold tees, depending on each player’s preference. A team can be comprised of mixed tees (white-white, white-gold or gold-gold). Play will be in foursomes, assigned by the Pro Shop. Flights will be established based on the team’s combined handicaps. Final team scoring and deciding flight winners will use results from both days.

The team with the highest point total from any flight will be declared the 2016 member-member champion and will have their names engraved on a new trophy. Scores from each day will be posted by the Pro Shop as “T” scores. Teams wishing to only play nine holes each day will be assigned separate tee times.

Sign-up envelopes are available in the Pro Shop. Entries close on Tuesday, Aug. 23, at 5 p.m. No refunds for cancellations after Aug. 23. Cost per player is $22. There will be a separate box on the Pro Shop sign-up sheet to indicate if a player plans on attending the social gathering. The cost for this event is an additional $8.

Payment is by check only, payable to the RMGC. Green fees and cart fees are included. Payment is due at the Pro Shop for each day’s play. All players must register at the Pro Shop. Tee times will be posted at the Pro Shop on Aug. 25 and also at the social gathering.

For information, call tournament director Chuck Moran at 843-870-4717 or email chuck.r.moran@gmail.com.

Help spruce up golf course on Monday

Repair ball marks and divots, enjoy hot dogs

Tennis Club women’s doubles played Saturday, Trilogy tourney is up next

The annual Rossmoor Tennis Club (RTC) Women’s Doubles Tournament will be held on Saturday, Aug. 13, at Buckeye courts.

The sign-up sheet is posted at the Buckeye courts’ kiosk. All RTC women players are encouraged to sign up. The tournament starting time is 9 a.m. but is subject to change. For more information, contact Trudie Anderson (see the tennis directory for contact information).

The tournament format will be four rounds consisting of eight games per round, no-ad scoring, and changing partners every round. There will be refreshments and prizes.

Tournament at Trilogy Rio Vista

The Rossmoor interclub match at Trilogy Rio Vista is on Saturday, Aug. 20. Match starting time is 9 a.m. The team will require 12 men and 12 women plus alternates. A sign-up sheet is posted at the Buckeye courts’ kiosk.

The format for the tournament includes four men’s doubles, four women’s doubles, and four mixed doubles, playing two sets each. The tennis club winning the most sets wins the tournament.

For information, contact Ron Wyman (see the tennis directory). OAKS BALL team signup

Signups for the Oaks Bay Area Ladies League (BALL) Team are now taking place. There is a signup sheet at the Buckeye courts’ kiosk. The first Oaks team meeting is Aug. 29 at 9:30 a.m. at Buckeye courts 1 and 2.

All women age 50 and above are invited. Cost is $5 for the season. The first match will be Sept. 26. For information, contact Jan Perez or Trudie Anderson (see tennis directory).
Ann Hirsch breaks two national records in swimming, heads to nationals this month

By Cheryl Patterson

Club correspondent

Ann Hirsch and Dolly Ackerman represented the Rossmoor Silver Bullets swim club at the 2016 Pacific Masters Long Course Championships held July 22 through 24 in San Mateo. The Silver Bullets is a division of the Walnut Creek Masters Swim Club.

More than 300 swimmers, ages 18 and up, competed in five-year age groupings. Major swim meets like this one offer all the events, which is why the meet spans three days.

Hirsch swam five individual events plus one relay and broke two Pacific Masters records in her age group (85-89) for the 100-meter breaststroke and the 200-meter breaststroke.

The national masters' record for the 200 is within reach and may be a reality when Hirsch swims in the National Long Course Championships in Oregon later this month. Hirsch's other record was set in the 200-meter breaststroke and the 100-meter freestyle in her age group for the meet.

Ackerman placed first in her age group for the 50-meter butterfly and also earned points with her second place finish in the 100- and 200-meter freestyle, and the 100- and 200-meter backstroke.

She swam in three relays with fellow swimmers from the Walnut Creek Masters Club, helping the club earn enough points for a first place finish in the mid-size team division.

Long course meets are swum in 50-meter pools, usually in the summer. Short course meets are either 25 yards or 25 meters. A swimmer can swim a 50-meter set in a 50-meter pool or a 25-meter event in a 25-meter pool or a 25-yard event in a 25-yard pool. These are considered three different events.

More information about events and rankings can be found at USMS.org.

The Silver Bullets swim Mondays and Thursdays from 9 to 10 a.m. at the Hillside pool. New swimmers are welcome to meet coach Lisa Ward and attend two sessions before making a commitment for the year-long classes. The group has 24 swimmers, including three who joined in the past two months.

Bocce Club marks end of summer league with ice cream social

The Bocce Club will have its annual ice cream social on Friday, Aug. 12, from 2 to 4 p.m. at The Creekside event center. It is in celebration of the completion of the club's 15-week summer league tournament, which played on Tuesday, Wednesday and Thursday nights and Friday mornings. There were close to 200 players who participated in this summer season.

Members will also discuss the fall league that will begin on Wednesday, Aug. 24. This league will run on Wednesday and Thursday nights for 10 weeks.

The party will be $5 for members and their guests. No reservations are needed — just show up. There will be ice cream and toppings available.

For information, contact Allison Howells at 256-8771 or ag.howells@sbcglobal.net.

Niners end July with Low Net Tournament of Champions is played tomorrow

By Mary Beth Hodge

Club correspondent

The Rossmoor Women's Ninehole Club played a Low Net Tournament on July 28. The first place winner in flight 1 was Carolyn Smith, second place was Sarah Buehler and third place was Laurie Kelle.

In flight 2, Gerda Peterson and Lundy Gonzalez tied for first place and Karen Wener won second place.

In flight 3, Biev McInerney was in first place, June Bedford was in second place and Barb Welch was in third place.

In flight 4, the winner was Judy Canepa, second place was Mary Beth Hodge and third place was Dee Reichert.

The final Tournament of Champions is Thursday, Aug. 11. Niners who are not participating are encouraged to make their own tee times and follow the field.

Summer scramble

There are only four more days to sign up for the Niners' annual summer scramble, held on Thursday, Aug. 18. This is always a fun event. The pros will be there to help the four-some players, so this is a great chance to get to know other members.

Lunch will be served in the Donner Room at the Event Center. The cost is $23 for prizes and a barbecue lunch of beef or veggie burgers, potato salad, green salad and chips. Water, iced tea and a cash bar will also be available.

Sign-up sheets are on the Niners' counter in the Pro Shop. Make checks out to the Niners' counter and place them in the Niners' donation box. The sign up is Sunday, Aug. 14.

The cutoff date for signups is Sunday, Sept. 4.

The Niners welcome three new members: Dee Dunne, Barbara Iacullo and Sandra Ducey.

Golf tip of the week

If a ball, when not in play, falls off a tee or is knocked off a tee by the player inadverently, the stroke is not a penalty. However, if a stroke is made at the ball, whether the ball is moving or not, the stroke counts, but there is no penalty.

Basketball Club to take part in Rossmoor Games

The Rossmoor Basketball Club will have four events at the Rossmoor Games on Tuesday, Sept. 20, from 2:15 to 8 p.m.

The events will be hot shots, free throws, two on two and three on three. Shooters will shoot on a first-come-first-serve basis.

Nonclub members can participate in the events. To participate, call Bob Randall at 937-2037.

Rossmoor Tennis Club hosts Sneakers and Spikes social Sept. 3 at Creekside

Rossmoor Tennis Club (RTC) presents the Sneakers and Spikes social for RTC members on Saturday, Sept. 3, at 2 p.m. at the Creekside Course. All player levels are welcome to attend.

A scramble/best ball format will be used. Players can enter as singles or be assigned a partner at check-in. Golf tee is also due at check-in.

Prizes will be awarded for best foursome team score, longest man and woman's drive from the eighth tee, man and woman closest to hole on the seventh green, and a few mystery prizes.

Dinner will be served at Gateway's Fireside Room at 5 p.m. Dinner will include an Asian buffet including Mongolian beef, grilled chicken, green beans and stir-fried noodles. A vegetarian dish is available upon request.

The price for dinner is $20 per person. Reservations are due by Aug. 29. Send checks, payable to RTC, to Joyce Nienhuis, 2415 Cactus Ct., Walnut Creek 94595.

Marc and Fred Barnes are hosts for the event and dinner.

Rossmoor Billiards Club team members that played against Pinole Senior Center in a recent tournament are, from left, Chris Christopher, Larry Keiffer, Alison Watson, Rene Michaud, Tom Krauss, Eric Hansen and Clay Edmunds.

Pinole seniors challenge Rossmoor in eight-ball billiards

Pinole players score the victory

Six pool players from the Pinole Senior Center visited Rossmoor on Aug. 4 to challenge the Rossmoor Billiards Club in eight-ball.

The Rossmoor team was comprised of Captain Larry Keiffer, Rene Michaud, Tom Krauss, Clay Edmunds, Eric Hansen, Chris Christopher, Alison Watson and Pete Tremblay.

The format of the event was for each player to play one game against each player of the opposite team resulting in a total of 48 games. The Rossmoor team won two out of the first three games, but the Pinole team dominated in the end, winning by a final score of 38-10.

The Billiards Room is located in Gateway and is open to all Rossmoor residents from 6 a.m. to 9 p.m. daily, except when tournaments are scheduled.

For information, contact club president Frank Lloyd at 954-7445 or treasurer Larry Keiffer at 951-7158. Lessons can be arranged for beginners as well as those players looking to improve their game.
Two Rossmoor lawn bowlers to compete in nationals, Mixed Championship Triples contest slated for next week

By Pauline de Assis

Club correspondent

The U.S. Bowls Singles Playdowns conducted by the Pacific Coast Mountain Division (PIMD) has come to a conclusion.

The elimination play-offs were held on July 30 and 31. There were six qualifying bowlers who made it to the elimination rounds. Among them were Rossmoor bowlers Frankie Napoli and Miguel Roliz.

The format was the round robin; A bowler has to play all the other bowlers until on the last day, the top scorer/winner takes the championship to represent PIMD.

The weather was slightly cooler than the previous weekend, somewhere in the mid to high 90. Thankfully, there were breezes sweeping through, at www.rmossgolfcourse.com.

After all was said and done, Nazz and Frankie had the most points in the tournament. So, Roliz made it to fourth place. First place was taken by Nick Christensen of San Jose who will be going to Sun City, Arizona, in October as PIMD’s men’s singles representative.

Women’s singles

Four women signed up for the Women’s Singles Playdowns played on July 30. With three games to be played and at 21 points per game, the games ran into roughly 20-plus ends in each game. So, like the men, the three games took the whole day (with short breaks between games).

There was a point where during the third game, chances of a three-way tie could have happened, but as it turned out one bowler won all three games, two won two games and one lost all three games.

Rossmoor’s Pauline de Assis knocked out when she pulled it off in the third and final game playing against Angie Peet of San Francisco. Although with a tie at 18 to 18 in the third to last end, it could have gone either way.

De Assis will therefore be the women’s singles PIMD representative, and Rossmoor bowler, Bill Lee, the men’s pairs representative at the U.S. National Championships.

July social

The July fun social held on July 28 and was well attended. Pizza was the entree for the event with salads, desserts and Marti Marchetti’s fabulous cupcakes and other delicacies. There were also the July birthday celebrations and a raffle.

The top five scoring bowlers to date are, Ed de Assis, Luiz Ozorio, Magdalene Perera, Pauline de Assis and Mimi Rodrigues. They still hold the top five spots since last month’s scoreboard.

It’s recommended that bowlers sign up for next month’s fun social on the last Thursday of the month.

Handicap Fours

The mix/match Handicap Fours Tournament was Aug. 2 through 4. There were nine teams and therefore some teams had byes on day one or day two.

The four qualifying teams who made it into the semi-finals are: the first place team of Gerry Roliz, Diana Wong, Nick Christensen, and Bill Lee.

Continued on next page

Hackers scramble on Aug. 20, tee off at an earlier time, new time is 2:30 p.m.

The Happy Hackers will hold its August scramble on Saturday, Aug. 20, on the Creekside Golf Course. The tee off time for this event (as well as September and October) will be at 2:30 p.m. Check-in is at 2. Golfers should check in by this time so pairings can be changed if necessary.

The entry fee is $30, golf only; $7, and dinner is included. Guests may be invited for the annual event. Fee is $5. There is a maximum of 10 participants. Sign-up sheets are in the Happy Hackers area of the Pro Shop.

If you are not currently a member and wish to join, mid-year dues as of Aug. 1 is $50 for the remainder of the 2016 year. Rosemoor membership is open to golfers of all playing abilities. Handicaps are not required to join. For information regarding membership, call Mariel Wyro, membership chairperson, at 256-4484. For tournament and clinic information, call Mary Lou Delpech at 932-6742.

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Golf Shop News

FROM THE GOLF PRO

Golf Course Superintendent Blake Swint and his crew have the tees, fairways and greens than in any previous August.

The golf course crew will be working hard to restore the roughs between holes and perimeter areas that had to be abandoned due to the four-year drought. Come mid-September, that will change as we get into our “Post Drought Management Business Plan.”

There is no doubt that the golf course has more grass on the tees, fairways and greens than in any previous August. Golf Course Superintendent Blake Swint and his crew have done a great job managing the drought and still providing a great track. We understand that the roughs are not in good shape. However, that will change this fall as we get into our “Post Drought Management Business Plan.”

The weather in August is a busy golf tournament schedule. Golfers are expected carpooling to popular Gateway and Del Valle events.

Golf Shop News

A Survey of the Golfing Community, Tournaments and a Drought Update

By Mark Hepzig, golf course director

So, we enter August and realize that the summer and the year are starting to slip away. Boy, does time fly! Have you enjoyed your golf so far this year? Have you met some nice people? Have you reached your goals for improvement? Did you join the Trails Club yet? What are your plans or play the course in Tahoe? Have you really worked on that part of the game that is your weakness?

If your answer to any of these is no . . . no problem. There is still plenty of time to make your plans soon. If our staff at the golf shop can help with any part of improving your golf experience, please let us know. We want you to get to the end of this year and the many years to come.

With that in mind, I have created a survey for the Rossmoor golfing community. During the next couple of weeks, the golf shop will collect the feedback so that we can validate what we are hearing from residents. There are some questions for what can be improved. The survey will be available at the golf shop counter at Creekside and I will send it through the golf course club’s email list. The survey short sheet and return it to the golf shop. It is anonymous and the survey’s results will not be needed. Thank you in advance for your feedback and we look forward to your input.

Tournaments

August is a busy golf tournament schedule. Golfers are asked to please call ahead for tee times so they are not surprised by a long wait. Residents who have interest in playing in the golf events are encouraged to check the bulletin boards in the golf shop. All the clubs have bulletin boards that are full with upcoming schedules and sign-up envelopes.

Managing the drought

There is no doubt that the golf course has more grass on the tees, fairways and greens than in any previous August. Golf Course Superintendent Blake Swint and his crew have done a great job managing the drought and still providing a great track. We understand that the roughs are not in good shape. However, that will change this fall as we get into our “Post Drought Management Business Plan.”

The golf course crew will be working hard to restore the roughs between holes and perimeter areas that had to be abandoned due to the four-year drought. Come mid-September and through November, residents will see seeding and thinnings in the roughs between holes and perimeter areas that had to be abandoned due to the four-year drought. Come mid-September and through November, residents will see seeding and thinnings in the roughs between holes and perimeter areas that had to be abandoned due to the four-year drought.

Consider carpooling to popular Gateway and Del Valle events.

Residents who enjoy the outdoors will enjoy the Trails Club for both physical activity and socializing.

The club offers a variety of hikes in the East Bay every Wednesday and Saturday. The hikes may be at Mt. Diablo, Brones, Redwood Park, Castle Rock or the Berkeley hills. Occasionally, hikes are planned in San Francisco and at Marin Headlands. On Monday mornings club members walk around the golf course when the course is closed to golfers. Various parties and potlucks are held throughout the year.

Hikers are divided into four groups. Generally, Amblers hike three to five miles at a moderate pace with up to 500-foot elevation gain. Ramblers hike five to seven miles. Trekkers hike six to eight miles and Scramblers six to nine miles. Most hikes, but not all, are within the East Bay.

Check out the complete schedule, along with changes and updates at www.rossmoorgolfcourse.com. Go to monthly hikes calendar and click on agenda. Pertinent information about meeting times and what to bring is also on the website.

To join the Trails Club, go to the website and click on club information, then membership. Print an application packet and send it to the registrar. Those who are interested may call Mary Ann Garvey, membership coordinator, at 932-6504 for more information.

All hikes are weather-dependent, but leaders will be ready to take hikers elsewhere if the scheduled hike is rained out, too muddy or too exposed in hot weather.
Men's Golf Club invites Rossmoor golfers to Hawaiian dinner and entertainment

The Rossmoor Men's Golf Club invites members of the women's golf clubs and the Happy Hackers to an Aloha Ho'olaule'a celebration. Happy Hackers to an Aloha Ho'olaule'a celebration.

The format is simple. Both players will compete in a round-robin tour- nament on Friday, Aug. 26, at the Event Center. Played on nine holes of the Dollar Ranch Golf Course, this tournament is open to all members of Rossmoor's golf clubs (Men's, 18ers, 9ers) with official handicaps.

Entry forms are available at the Pro Shop (make sure to fill out entry forms completely). Entry deadline is Friday, Aug. 19. There will be no refunds or add-ons after 4 p.m. that day. A consolation dropdown bracket will be held for those who lose in the semi-finals on the third day. The winner will receive a $20 cash prize and an individual medley, in three age categories.
Bunco Club welcomes new players to next meeting Aug. 17 in Oak Room

The Bunco Club of Rossmoor will hold its next meeting on Wednesday, Aug. 17, in the Oak Room at Gateway. Check in between 6 and 6:30 p.m., with play starting at 6:30 p.m.

Bunco is a competitive game of dice, luck and monetary prizes, where the idea is to make new friends and have fun. It requires no special skills or previous experience. The cost is $5 per person, which includes prizes, snacks and beverages.

Anyone needing a ride to the meeting or who would like information should call Bev Fellows at 949-7628 or beverlyfellows@comcast.net.

Winners of the Bunco night in July are, from left, Theodora Schrader, Billie Fairfax, Maggie Schultz, Rose Maggi, Lenneth Hart and Sylvia Snider.

Rossmoor Games features domino tourney

The annual domino tournament, in association with the Rossmoor Games, will be held this September.

The points game is Monday, Sept. 12, at 6:30 p.m. in the Oak Room at Gateway. There will be the regular format of five games, but players draw a number at the beginning of the event to determine seat rotation.

The Wednesday event is Saturday, Sept. 17, at 9:30 a.m. in Multipurpose Room 2 at Gateway. Players choose a partner before the event, and keep that partner throughout. Pool play, plus semifinals and finals will determine the winners.

The random draw is Monday, Sept. 19, at 6:30 p.m. in the Oak Room. Players draw for a partner on the day of the event, and then keep that partner throughout play, winning as a team. Pool play, plus semifinals and finals will determine the winners.

The book game is Saturday, Sept. 24, at 9:30 a.m. in Multipurpose Room 2. There is a five game format, but using rules and scoring from the book, “Dominoes.” Players draw a number at the beginning to determine seating rotation. Players accumulate points during each event, based on placing, to determine the overall winner.

Any Rossmoor resident with a good knowledge of the Five-Up version of dominoes is welcome to join in the fun. Players can participate in one, two, or three or four events. Pre-event sign up is required.

Regular weekly club play is Monday at 6:30 p.m. in the Oak Room for experienced players; Saturday at 10 a.m. in Multipurpose Room 2 for novices and the experienced; Thursday at 9:30 a.m. in the Oak Room for teaching; and Monday, Wednesday and Friday at 9 a.m. in Multipurpose Room 2 at Gate 1405. Pre-event sign up is required.

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Scrabble to be played at Rossmoor Games

The Rossmoor Scrabble Club will sponsor a tournament, in conjunction with the Rossmoor Games this year’s games.

The tournament is on Thursday, Sept. 15, in the Game Room at Creekside, and Friday, Sept. 16, in the Fairway Room at Creekside.

Each day will begin at 10 a.m. and last until approximatley 4 p.m. with either a box lunch or pot luck from noon to 1 p.m.

There will be two divisions: recreational and competitive. The format for each will depend on the number of entrants. But tentative plans are for preliminary play on Sept. 15, using pool play, followed by championship rounds on Sept. 16.

Recreational participants will have one-on-one competition with 50 minutes allowed per game. Competitive participants will also be one-on-one, but will use chess clocks, allowing 25 minutes for each player, with penalty points for overtime. Participants may be asked to bring Scabble equipment.

Sign up at regular Scrabble Club meeting or contact Lin-da Sitter at linda@stanjove.com or Kent Crosswell at 937-5318.

Chess Club offers a chess tourney this week

CHESS FORUM

Each week, the Rossmoor Chess Club offers a chess tournament, called open, as well as the answer for the previous week.

The answer for the Aug. 3 problem is 1.Qx7 check...Rx7 2. Ng6 check...Kg8 3.Rh8 mate. This is another problem is offered to tease the mind, white to mate in three.

The answer will be included in next week’s column.

Players at all levels are once again welcome in the Chess Room on the first floor down at the Dollar Clubhouse on Fridays from 12:30 to 5 p.m. On Saturdays, there’s a nice crowd from 10 a.m. to 4 p.m. Play is also on Sundays from 10 a.m. to 4 p.m. For the rest of the year, there will be play on Wednesdays from 10 a.m. to 1 p.m. with the possibility of lessons.

Call Bob Dickson at 934-1405 with the solution and any questions or comments.

Play pinochle on Tuesdays

The Pinochle Club invites everyone who loves fun and competition to join it on Tuesdays from 9 a.m. to noon in Multipurpose Room 2 at Gateway.

Those who want to learn something new, or pick up where they left off years ago, are welcome. Members are available to teach the game.

This is a fun social group that enjoys a friendly game of double deck pinochle.

For information, call 510-387-4708.

Rossmoor Fund Can Provide

EMERGENCY FINANCIAL ASSISTANCE—through Rossmoor Counseling Services - 988 7750

PRO BONO LEGAL SERVICES—through the Law Center – 866 543 8017
**Duplicate Bridge players record scores**

**Section A**


**Section B**


**Wednesday, July 27**


**Thursday, July 28**


**Friday, July 29**


**Duplicate Bridge fees reduced for STA week**

August 22 through 27 is Summer Fun STA Week at the Rossmoor Duplicate Bridge Club.

The cost to club members is $52 and $7 for guests. The Monday game is open to Rossmoor residents only, but residents may play with guests on the other days.

**Duplicate Bridge holds Pair Qualifier tomorrow**

There will be a North American Pair Qualifier du-
ning both a melting point and boiling point approxi-
ately one-fifth that of iron. It will consist of a 250-mile swim at Del Valle

pool, followed by a 7.4-mile bike loop, and a 1.5-mile run on the cart paths of Creekside

Course. Categories will be men, women and team.

No age divisions will be used and a team can consist of two or three persons of any gender.

Right, if driving up, do not block the street or

under the oak trees at the top of the hill on the

entrance is on the right where there is a paved fire

road with a chain blocking driver access. There

is a sign that says "trail" and "labyrinth." It is a short

walk up the fire road to the labyrinth. It is

under the oak trees at the top of the hill on the

entrance will be at the Fitness Center or Hillside pool.

before, as everyone will be given a time. Sign

backstroke and individual medley, in three

CyberCycle.

The swimming event will be held Tuesday,

1.5-mile run on the cart paths of Creekside

will consist of a 250-yard swim at Del Valle

Road, 10 minutes prior to the scheduled starting time of each game.

If both partners are not present at that time, the team will

arrive 10 minutes before games

Duplicate Bridge players record scores

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The Fitness Center will sponsor several events during the Rossmoor Games in Sep-

tember, including swimming, triathlon and CyberCycle.

The swimming event will be held Tuesday, Sept. 19, at the Fitness Center or Hillside pool.

There will be events for both men and women including freestyle, breaststroke, backstroke and individual medley, in three age categories, 55-69, 70-79 and 80 and over.

All swimmers are encouraged to partic-

ipate, even those who have never competed before, as everyone will be given a time.

Sign up at the Fitness Center or Hillside pool.

The Idinominian Triathlon will be held Monday morning, Sept. 19. The time will be announced later and will be approximately one-fifth of an Ironman triathlon, iodine hav-
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Therapy groups at the Fitness Center are

available at the meeting.

The Horse Enthusiasts Club is open to anyone interested in horses and horse-related activi-

ties. For information, contact Rae Miller at 465-7875 or by email at raemiller935@gmail.com.

The Rossmoor LGBT Al-

liance sponsored a fundraiser on July 22 for the Rainbow Community Center’s Youth Program, featuring the music of Patrice Pike. The alliance raised $10,300 for the Rainbow Community Center.

Pike generously donated an additional $1,000 in scholar-

ship money from her Step Onward Foundation, which provides sup-

port for young adult survivors of childhood sexual abuse. The alliance also donated 50 percent from all CD sales that evening.

The Rainbow Community Center is the only organization in Contra Costa County that is solely focused on serving the lesbian, gay, bisexual, trans-

gender and queer/questioning (LGBTQ) community. Their current priorities are to build services for LGBTQ youth and

iors and people living with HIV/AIDS, and to develop community connections.

The Rossmoor LGBT Al-

liance promotes the building of bridges between the di-

verse gay, lesbian, bisexual and transgender communities at Rossmoor and the greater Rossmoor community. Its primary pur-

pose is to help create a grow and support a vibrant LGBTQ community for the residents of Rossmoor while connecting a variety of other Rossmoor clubs, orga-

nizations and friends.

For more information, visit www.rossoirebgta.org.
The Democrats of Rossmoor (DOR) Book Club will meet on Wednesday, Sept. 7, at 3 p.m. in Multipurpose Room 2. The change in date is because the first Monday of the month falls on Labor Day. So be sure to mark the change.

The next book to be discussed is “Nation on the Take” by Wendall Potter. Potter co-wrote the book with Nick Penniman, director of Issue One, a non-profit formed when two campaign finance organizations merged in 2014. The book covers the influence of political money – including corporate donations and lobbyists – on various industries such as food, pharmaceuticals, manufacturing and fuel.

The authors track lobbyists’ donations to targeted congressmen and outline the impact of the food lobby on obesity. The authors also discuss the agencies designed to protect Americans from potentially harmful chemicals.

“I have action and claims there is bipartisan support for changes in regulating lobbying and political donations. The problem, he writes, is turning that profession support into actual votes, given the enormous industry donations to representatives and senators who ultimately make the laws.

The book chosen for the Oct. 3 DOR book club meeting is “Chain of Title: How Three Ordinary Americans Uncovered Wall Street’s Seamy Practice” by David and David Baydon. They will discuss the book at the Lafayette library on Tuesday, Aug. 16, at 7 p.m. This talk is sponsored by several local Democratic clubs including the Democrats of Rossmoor.

The book selection for Friday, Aug. 23, from 6 to 9 p.m. in the Redwood Room at Gateway. Wine and light appetizers will be served. Signed copies of Schram’s previous books will be available while supplies last. All esteemed Rossmoor residents are welcome to attend. RSVP to 708-355-3580 or by email at MaryLou.Schram@gmail.com.

“Should What We Do Annette” is about the President’s daughter, Chelsea, and her friend,erview Eva and Cómo, and their families. The book is set in London where they have come to visit her mother, and the story is about their time there and the challenges they face.

By Barbara Kirbach

All About Books

Publishing Writers honors Rossmoor resident and author Mary Lou Schram

Rossmoor residents are invited to join members of the International Affairs Book Club on Friday, Aug. 26, at 7 p.m. in Multipurpose Room 3 in a session that will discuss “A Rage for Order: The Middle East in Transition From Tahrir Square to ISIS” by Robert Worth.

The book analyzes the wave of revolution which spread in 2011 through the Middle East as protesters demanded an end to tyranny, corruption and economic decay. But since the book was written, the regional author highlights a generation of young Arabs insisting on a new ethos of common citizenship. Their bravery and idealism stirred observers around the world and led militant jihads to label the book as a “threat”.

The discussion leader will be Howard Zalkin. There is no charge to participate and all are welcome, but the selection should be read beforehand.

For information, contact John A. Marsily at 817-9422.
RELIGIOUS SERVICES

METHODIST
Tice Valley United Methodist Church invites everyone to a joyful and hope-filled worship experience on Sunday mornings at 11 a.m. in Peacock Hall. This Sunday, Aug. 14, Pastor Joanne Peterson will preach on Genesis 28:10-19a. Her sermon title is “Climbing the Right Ladder.” Loni Williams is the music director. The choir sings each Sunday from September through June. Holy Communion is celebrated on the first Sunday of each month. Weekly worship is wheelchair-accessible with large print bulletins and aids for hearing. After the service, worshippers are invited for conversation and refreshments in Multipurpose Rooms 1 and 2. On the fourth Sunday of each month, a light lunch will be provided. For more information or pastoral care, contact the church office at 937-4353, Monday through Thursday, 9 a.m. to 1 p.m., or visit the church website at www.tvumc.org.

CATHOLIC
St. Anne’s Catholic Church schedule of Masses for Saturday and Sunday, Aug. 13 and 14 is as follows: Rev. Joseph Parekkatt will celebrate the 9 a.m. Mass on Saturday and the 9 a.m. and 11:15 a.m. Masses on Sunday. Rev. George Da Roza will preside at the 5 p.m. Mass on Saturday. The Sacrament of Reconciliation is available on Saturdays from 4 until 4:30 p.m. All are welcome at St. Anne’s Church, celebrating “Faith, Hope and Love” since 1965.

EPISCOPAL
St. Luke’s Episcopal Church invites all Rossmoor residents to a service of “caring and sharing through inspirational worship and fellowship” on Sunday, Aug. 14, at 10 a.m. in the Diablo Room at Hillside. On this 12th Sunday after Pentecost, the Rev. Joanne Peterson will preach on Luke 12:49-56. The service will include a Holy Eucharist. All are welcome to participate fully and to stay for refreshments and fellowship at the potluck coffee hour following the service. Call the church office for more details at 937-4820, visit www. stlkeswalnutcreek.org or the Facebook page at St. Luke’s Episcopal Church, Walnut Creek-Rossmoor.

LUTHERAN
Hope Lutheran Church invites everyone to gather for a spirited worship service in the Fireside Room at Gateway on Sunday, Aug. 14, at 10:30 a.m. Pastor Jack Niemi will preach on Luke 12:49-56. Special music will be provided by the Hope Choir. Maestro Wayne Anderson serves as pianist, and Don Gurley serves as Cantor. Following worship all are invited for a time of sharing delicious goods and great fellowship. The people of Hope church gather in the Fireside Room to be transformed by a warm and friendly time of liturgical worship and high-spirited fellowship. Rossmoor Dial-a-Bus delivers attendees to Gateway. Large-print bulletins and hearing aid T-coil complement the accessibility of worship at Hope. For information or pastoral concerns, contact Pastor Jack at 549-5111. Visit Hope’s website at www.hoperossmoor.org for more information.

PRESBYTERIAN
Grace Presbyterian Church invites everyone to worship on Sunday, Aug. 14, at 10 a.m. At the beginning of the service there will be a special time with children before they are invited to attend Sunday school. After worship congregants have time to socialize and enjoy refreshments in the Fireside Room. At 11:30 a.m., Sunday Study, using the video series “Ed’s Story,” will take place in the Library. The class will explore hope and faithfulness in the midst of suffering.

Karen Hastings-Flegel is currently serving as the church’s Music Director and Organist. She is a graduate of Pacific School of Religion and holds a master’s degree in Divinity. After national search, the Designated Associate Pastor Nominating Committee unanimously agreed that Hastings-Flegel be called to the position. In addition to music leadership, the position will include pastoral care and occasional preaching and teaching. Hastings-Flegel will preach her candidacy sermon this Sunday. After worship there will be a congregational meeting to decide on the appointment.

JEWSH
B’nai Israel Congregation Cantor Rachael Brott will lead the Shabbat service on Friday, Aug. 12, at 7:30 p.m. in the Vista Room at Hillside. The greeter will be Arlene Geiger who will also say the blessing over the challah. Ed and Shirley Cohen will sponsor the oneg in honor of Shirley’s special birthday and Shirley will recite the candle blessing. Ed will speak to the congregation on their Shabbat experiences in faroff places. Come to socialize and enjoy refreshments in the Fireside Room. At 11:25 a.m., Sunday Study, using the video series “Ed’s Story,” will take place in the Library. The class will explore hope and faithfulness in the midst of suffering.

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RELIGIOUS SERVICES

B’NAI ISRAEL CONGREGATION Friday Evening Service 7:30 p.m. Vista Room–Hillside Clubhouse For information call 287-9997 or 300-3225

TICE VALLEY UNITED-METHODIST CHURCH Services every Sunday at 11 a.m. in Peacock Hall at Gateway Rev. Joanne Peterson • 937-4353 New Office: 1944 Tice Valley Blvd.

ST. ANNE’S CATHOLIC CHURCH Sunday Masses 9:00 & 11:15 a.m. Confessions Sat. 3:30-4:30 p.m. Father Joseph Parekkatt 9600 Rossmoor Parkway 933-2324


FIRST CHURCH OF CHRIST, SCIENTIST #2 Eckley Lane, Walnut Creek (corner of Eckley Lane and Walnut Blvd.) Sunday 10 a.m. Wednesday Evening 7:30 p.m. 934-4527

ORINDA COMMUNITY CHURCH CONGREGATIONAL U.C.C. 10 Irwin Way, Orinda, CA 94563 510-254-4500 Sunday Worship at 10 a.m. All are welcome!
The Ideal Happiness Club is a program that focuses on mindfulness and the public's acceptance of the practice. It is an art practiced by some of the world's most successful people. From Oprah to Phil Mataraso, co-president, at 324-gate170@yahoo.com to be put on the mailing list. Shalom Club hosts picnic with barbecue and bocce The Shalom Club of Rossmoor will host a picnic and barbecue on Saturday, Aug. 13, at 5 p.m. at Sportmen's Park near Hillside. Bring a picnic dinner to enjoy under the covered picnic area. A meal is planned at a local restaurant after the show. Call Lenvisky for more information and to suggest ideas for future events. Shalom Club membership dues are $10 and should be sent to Ed Goldberg, 888 Terra California Dr. #4, or dropped off at the Shalom Club box at Gateway. The Shalom Club is a social gathering place for the Rossmoor Jewish and interfaith community to meet with old friends and enjoy activities together. For more information call Larry Silver at 954-8823. Visit www.rossmoorshalom.com for club information and to see all upcoming events. Men of Rossmoor Club moves meeting place for Thursday The Men of Rossmoor’s “On the Park Bench” meeting is in a new location on Thursday, Aug. 11. The session will be from 3 to 4:30 in the Multipurpose Room 3 at Gateway. The Thursday, Aug. 18, meeting will also be in a different location, which will be announced later. Previous meetings were on the second floor at Dollar Club house, which was not accessible for men unable to negotiate the steps. The gatherings are friendly with casual conversations among members. Members share life experiences and discuss such topics as history, politics and sports. For information, call Sam Mataraso, co-president, at 324-0432 or send your email address to Mataraso at mountain.gate170@yahoo.com to be put on the mailing list.

Ideal Happiness Club topic is self-talk The In Search of Ideal Happiness Club will meet Wednesday, Aug. 17, from 10:30 a.m. to noon in the Vista Room at Hillside. This month’s topic is self-talk. Nothing has more influence over our moods and actions than does self-talk. In this class, students will examine the origin of self-talk and why it says what it says and why it does so. Students will also look at what can be done to make self-talk an ally in the pursuit of happiness, said Bob Nozik, M.D., instructor. Each month’s subject will cover an aspect of the current science and secrets for having a deep abiding happiness that an individual can count on even through tough times. It is recommended that Nozik’s book – Happy 4 Life – here in two installments. It is available for $15 at club meetings or from club founder Dick Powell at DickPowell53@aol.com or at 238-6366. There is no cost for this program, although small donations are helpful to cover room and materials costs. More information on all aspects of the ideal happiness program is available on the club website: www.IdealHappiness.org. AUAW holds raffle to win lunch at estate Moraga vineyard will present winemaking, pairings The Orinda-Moraga-Lafayette Chapter of the American Association of University Women (AUAW) is offering an opportunity to participate in a drawing for a full luncheon, while supporting scholarship programs that help graduating local high schools and Saint Mary’s College. The winner will have a choice of two Saturday afternoon luncheons: Sept. 17 or 24. The luncheon will be held at a private vineyard in Moraga and will include an introduction to the winemaking process, a menu featuring salmon and several courses and wine pairings from several local vineyards. Raffle tickets for $20 each or three for $50 can be purchased by contacting Maryellen Judson at THJudson@aol.com. The drawing will be on Monday, Aug. 22.

AAAUW, go to the OML-AUAW website at http://oml-ca.aauw.net/tech-tekr/
## POOL AND FITNESS CENTER HOURS

**ALL POOLS OPEN**

**DEL VALLE POOL** is open from 6 a.m. to 5:30 p.m. Monday through Friday, except Thursdays when it opens at 1 p.m. after cleaning, and 6 a.m. until 6 p.m. on Saturday and Sunday.

**HILLSIDE POOL** is open 6 a.m. to 8 p.m. daily but closes for cleaning until 1 p.m. on Tuesdays. Only family swim is at Hillside Monday, Wednesday, Thursday and Friday from 11 a.m. to 2 p.m. and Saturday and Sunday from 11 a.m. to 2 p.m. There is no family swim on Tuesdays.

**FITNESS CENTER** is open Monday through Friday from 6 a.m. to 9 p.m. on Saturday and Sunday, 6 a.m. to 6 p.m.

**INFORMATION:** Fitness Center, call 988-7850. Pools, call 988-7854.

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### THURSDAY, AUGUST 11

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<tr>
<td>9 a.m.</td>
<td>Group Cycle</td>
<td>Sierra Room, DV</td>
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<td>9 a.m.</td>
<td>Bagel &amp; Book Club</td>
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<td>9 a.m.</td>
<td>Chair Sit &amp; Stretch</td>
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<td>Barre Fit</td>
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**D-Dollar Clubhouse**

**G-Gateway Clubhouse**

**EC-Event Center**

**H-Hillside Clubhouse**

**MRP-Multipurpose Room**

**DV-Del Valle**

**C-Creekside**

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### SATURDAY, AUGUST 13

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<td>9 a.m.</td>
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**THURSDAY, AUGUST 11**

11:45 a.m. Gentle Yoga
8:30 p.m. Thirsty Thursday
11:45 a.m. Gentle Yoga
7:30 p.m. Bridge
11:45 a.m. Gentle Yoga

**SATURDAY, AUGUST 13**

6 a.m. Pilates in the Pool
11:45 a.m. Gentle Yoga
8:30 a.m. Pilates in the Pool
12:15 p.m. Tai Chi
10 a.m. Tai Chi
10 a.m. Tai Chi
10 a.m. Tai Chi
10 a.m. Tai Chi

**SUNDAY, AUGUST 14**

7:30 p.m. Bridge
7:30 p.m. Bridge
7:30 p.m. Bridge
7:30 p.m. Bridge
7:30 p.m. Bridge

**MONDAY, AUGUST 15**

7:30 p.m. Bridge
7:30 p.m. Bridge
7:30 p.m. Bridge
7:30 p.m. Bridge
7:30 p.m. Bridge

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Calendar information is provided to the News by Room Reservations at the Recreation Department. Residents or groups who would like to make changes to the listing should contact Room Reservations at 988-7780 or 988-7781.

TIME EVENT LOCATION ORGANIZATION
8 a.m. To 4:30 p.m. Times listed in the News and on the ticket are the actual time of departure. Names will be called to board the bus 15 minutes prior to this time. For information, call 888-7731.

THURSDAY, AUGUST 18

TIME EVENT LOCATION ORGANIZATION
8:30 a.m. Tai Chi Chih Beginning ........ Diablo Room, H .......... Tai Chi Chih Club 10 a.m. Silver Swans Ballet Club .... Aerobics Room, DV .......... Rec. Dept.

WEDNESDAY, AUGUST 17

TIME EVENT LOCATION ORGANIZATION
8 a.m. Tai Chi Chih Beginning ........ Diablo Room, H .......... Tai Chi Chih Club 10 a.m. Tai Chi Chih Beginning ........ Diablo Room, H .......... Tai Chi Chih Club 10:30 a.m. Silver Swans Ballet Club .... Aerobics Room, DV .......... Rec. Dept.
Excursions

Continued from page 11B

to have another excellent season this year after their remarkable race to a strong fin-
ishing 11th last year. The current team, as usual, has an array of talent and experience such as Madison Bumgarner, Brandon Belt, Joe Panik and the "Face of MLB" Buster Posey. The coaches are led by a pitching staff led by Matt Harvey, Noah Synder-
gard and Jacob deGrom. The team has a potent offense with sluggers such as Yen-
nis Cepedes and Curtis Granderson. Enjoy watching the game from the Virgin America Club and flying out of San Francisco International. The bus will leave at 11:15 a.m. and return at approximately 5:30 p.m. The cost is $177.

SAUSALITO
Wednesday, Aug. 3

Moderate to extensive walking

Take a day off and enjoy the cool ocean breeze and the ambiance of Sausalito -- the unique Bay Area gem. Known for its natu-
ral beauty and breathing-kicks views, Saus-
alito is a highlight visited throughout the year. Galleries, shops, top-quality restaur-
ants will entice you. You'll enjoy a leisurely walk around town and explore on your own. There will be an optional opportu-

nity to take a pleasant 1-hour tour on a sail-
board tour. Bay Model is an education center administered by the U.S. Army Corps of Engi-
neers that displays a working hydraulic model of the San Francisco Bay and Sac-
ramento-San Joaquin Delta System. The bus will leave Gateway at 9 a.m. and return at approximately 4 p.m. The cost is $24.

"ED RUSCHA AND THE GREAT AMERICAN WEST"
Thursday, Sept. 8

Extensive walking

Visit the Young Museum in San Fran-
cisco for a docent-led tour of the "ED Rus-
cha and the Great American West" exhib-
it includes 90 works that reveal the artist's engagement with the American West and its starring role in our national mythology. Works include long-standing portraits of Los Angeles and the film industry, such as his famous "Technicolor" images of the Hol-
hollywood sign. The exhibition also in-
cludes scenes of gasoline stations, spe-
ake and the Great American West" exhibit.

CARMEL-BY-THE-SEA
Saturday, Sept. 24

Moderate to extensive walking

Spend a leisurely day in Carmel and see what has inspired some of the world's finest artists to paint, sculpt, photograph and create. The heart of the town is a small square mile, but most visitors find them-

selves mainly in its center, the stretch of Ocean Avenue. The bus will leave Junipero Avenue to the white sand beach and the colorful side streets that radiate off it. It doesn't call it the town, but it has the elements of a typical downtown: shops, restaurants, public offic-
es -- only cuter. The buildings have a fairy-
tale look and feel. The sidewalks encourage walking. The windows encourage gawking. The art galleries invite critique. The smells of the bakeries and cafes draw people in for a bite. Stop by the Carmel Visitor Center for a self-guided walking tour map.Visitors can choose either a self-guided tour or a guided tour. The bus will depart Gateway at 9:30 a.m. and return at approximately 4 p.m. The cost is $50.

SMUIN BALLET SATURDAY, Sept. 24 at 2 p.m.

Minimal walking

Smuin Ballet presents its new program which includes a selection of George Bal-

nikoff’s "Les Biches," Spuhr’s "The Mad Man," and Amel Larrieu’s "The Lark." The performance is a typical San Francisco ballet that is entertaining, evocative and a perfect introduction to ballet for a young audience. The show is so loved Smuin favorites, introduces the work of new and inventive choreographers, and unsettles several world premiers. Season highlights include Michael Smuin’s pow-

erful work, "Stabat Mater," called "one of the most beautiful ballets of the choreogra-
pher’s career" (San Francisco Chronicle); Brendan N. "My Life and the Sea" which chronicles Amy Seiwert’s "Broken Open" returns with captivating sights and sounds. Rossman transpor-
tation for the first 18 participants. Cost is $40.

"BEACH BLANKET BABY" Sunday, Sept. 25

Moderate Walking/Stairs

The longest running musical revue in the country, "BBB" is celebrating over 15,000 performances at the Club Fujiyagi in San Francisco. The show is full of really talented and a variety of curiosities and popular icons as today's headlines unfold. The story follows Snow White as she takes a fast- paced journey around the world in search of her Prince Charming. Along the way she meets an array of stars, as we see a star-studded, ever-changing lineup of hilarious pop culture characters including Donald Trump, Bernie Sanders, Jimmy Fallon, Bill Clinton, Kim Kardashian, Lady Gaga, President Obama, Ted Cruz, Taylor Swift, Vladimir Pu-
tin, Nicki Minaj, Darth Vader and Princess Leia. Cailyn Jenner, Oprah and the Golden State Warriors. This zany musical features classic kostumed donuts, sushi and huge hats. Watch the show from reserved center balcony seats (stair only, no eleva-
tion) at 8:15 a.m. and return at approximately 5:30 p.m. The cost is $80.

APPLE HILL Tuesday, Sept. 27

Extensive walking

Apple Hill in Camino near Placecatter is a great place to visit in the spring with a great deal of its very best during the fall, when the fruit is ripe and the weather is still warm. The Apple Hill Growers Association includes more than 50 orchards, orchards, Christmas tree farms, and wineries. Where every go to Apple Hill during the harvest season to enjoy apples, apple pie, apple butter, apple stru-
del, apple cake, apple bread. Upon arrival at High Hill Ranch, have a delicious snack of apple pie or apple fritter with coffee. Take a tour loop through rolling country hills as you visit two or more apple orchards with a step-on guide who will give a running com-
mentary on the history and development of apple growing. After the tour, enjoy a barbecue chicken lunch including special homemade apple dessert. Don’t forget to peruse the fruit stand for all your apple shopping needs. The bus will leave Gateway at 8:15 a.m. and return at 5 p.m. The cost is $65.

SAN FRANCISCO BAY SPLENDOR Thursday, Sept. 29

Extensive walking

Enjoy an evening on San Francisco Bay with stunning views of the city, the Golden Gate Bridge, and Alcatraz Island. Start the evening with dinner at HS Lordships restaurant at the Berkeley ma-
rina. Uniquely situated on the water with a spectacular view of the San Francisco Bridge, have a unique dining experience in a restaurant of delicious foods. The three-course Sun-
set Dinner includes soup or salad, choice of entree, and grilled vegetable or garden veggie pasta, and dessert. Af-
fer dinner, enjoy a cruise aboard the River Dolphin and experience the San Francisco Bay from an entirely different perspective. Learn about the city’s rich cultural histo-
you are cruising past, such as Treasure Island and Yerba Buena Island, San Francisco’s waterfront. Before the lights of the Bay Bridge at night. The bus will leave Gateway at 4 p.m. and return at approximately 10:30 p.m. The cost is $105.

NEW ENGLAND RAILS AND TRAILS

EXTENDED TRIPS

The BEST IN THE WEST NUGGET RIB COOK-OFF IN REO
Aug. 18-20 High Season

Enjoy a fun-filled getaway to Reno. First stop will be at Boomtown to play and have no-host lunch ($5 cash and $5 food minimum). The next morning, travel to Sparks for "The Best in the West Nugget Rib Cook-off." Smell the aromas of ribs as two dozens of the world’s top rib cooks compete for the big prize. There will be time for lunch on your own. On the way back to California, stop at Red Hawk Casino ($10 slot play included). The cost per person, double occupancy, is $285 ($335 single) and includes two nights’ deluxe lodging, three meals (two breakfasts and one dinner) including tax and gratuity, ticket for the show, casino packages, motorcoach transportation and luggage handling. A deposit of $100 is due with application. Itinerary and reservation forms are available at the Excursion Desk.

PACIFIC INTERNATIONAL QUILT FESTIVAL
Thursday, Oct. 13

Extensive walking

The Pacific International Quilt Festival returns to Santa Clara Convention Center

with a spectacular collection of over 800 quilts and works of wearable and wall art. This highly anticipated quilt show is the largest on the West Coast. Visitors to the show will view the international entries of the 2016 World Quilt Competition along with ribbon winners from the U.S. This out-
standing collection of quilts highlights the skills of quilters from around the world in-
cluding Africa, Asia, Australia, Europe, New Zealand and South America. Quilting entries from the Wearable Art Competition will also be on display. The event also of-
ers a wide variety of workshops and lectures presented by world-renowned instructors. Explore the aisles of the show with this one-of-a-kind event that will be in fabrics, notions, machines, wearable art and everything for the quilter, artist and quilter. The two-day getaway will end at 8:30 a.m. and return around 4:30 p.m. The cost is $45 (includes admission for the Merchant Mall and Quilt Show).

For more information, call 925-229-9300; email excursions@rossmoor.com; visit www.rossmoor.com/2016excursions.
Excursions

Continued from page 128

The cost per person double occupancy is $2,775 ($850 single supplement). Includes: round-trip air, transfers, seven nights first-class hotel accommodations, 11 meals (seven breakfasts and four dinners), transfers, motorcoach transportation, professional tour director, baggage handling. A deposit of $300 per person is due with reservation form. Detailed itinerary and reservation forms are available at the Excursion Desk.

HOLLAND WINDMILLS AND RHINE RIVER CASTLES EXCLUSIVE RIVER CRUISE

Oct. 7 through 17

Enjoy this exclusive cruise-tour experience featuring two nights in Lucerne and seven nights river cruise aboard the MS Amadeus Silver. Travel down “Old Father Rhine,” probably Europe’s most impressive waterway. From Amsterdam, Sightseeing at the North Sea. See the breathtaking views and discover grand cities along the Rhine River. Savor the tastes of authentic dishes and learn about local culture.

Tour highlights:
• Two nights hotel stay in Lucerne
• Lucerne tour
• Seven-night cruise – outside cabin
• Strasbourg tour
• Cologne tour
• Amsterdam tour
• Volendam and windmills
• Black Forest tour and cuckoo clock factory tour
• Basel tour
• Rudesheim tour
• Koblenz tour
• Welcome and farewell dinners
• The tour includes: all transfers, round trip airfare, two nights hotel stay in Lucerne, seven nights cruise in deluxe outside cabin, 22 meals (six breakfasts, six lunches, and seven dinners), local wine with dinners, baggage handling per itinerary, on-board entertainment, professional tour director, and cruise manager; baggage handling and port charges. Prices subject to change. Have yourself a picture-perfect Smoky Mountain Christmas with America Today Tours. Enjoy the sights, sounds and smells of the holiday season in Gatlinburg and Pigeon Forge, Tennessee. The Grand Ole Opry, Dollywood’s Smoky Mountain Christmas, Great Smoky Mountain National Park tour, Great Smoky Mountains National Park tour, Moonshine Distillery, Gatlinburg, Tennessee, Dollywood, Pigeon Forge, Tennessee, and Pigeon Forge, Tennessee.

Tour highlights:
• Have yourself a picture-perfect Smoky Mountain Christmas with America Today Tours. Enjoy the sights, sounds and smells of the holiday season in Gatlinburg and Pigeon Forge, Tennessee. The Grand Ole Opry, Dollywood’s Smoky Mountain Christmas, Great Smoky Mountain National Park tour, Great Smoky Mountains National Park tour, Moonshine Distillery, Gatlinburg, Tennessee, Dollywood, Pigeon Forge, Tennessee, and Pigeon Forge, Tennessee.

The tour includes:
• All transfers, round trip airfare, two nights hotel stay in Lucerne, seven nights cruise in deluxe outside cabin, 22 meals (six breakfasts, six lunches, and seven dinners), local wine with dinners, baggage handling per itinerary, on-board entertainment, professional tour director, baggage handling and port charges. Prices subject to change. Have yourself a picture-perfect Smoky Mountain Christmas with America Today Tours. Enjoy the sights, sounds and smells of the holiday season in Gatlinburg and Pigeon Forge, Tennessee. The Grand Ole Opry, Dollywood’s Smoky Mountain Christmas, Great Smoky Mountain National Park tour, Great Smoky Mountains National Park tour, Moonshine Distillery, Gatlinburg, Tennessee, Dollywood, Pigeon Forge, Tennessee, and Pigeon Forge, Tennessee.

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A SMOKEY MOUNTAIN CHRISTMAS

Nov. 30 to Dec. 8

In the evening, after a hosted buffet dinner, enjoy a musical performance (tickets are $10 to $25 per person). The tour includes: all transfers, roundtrip airfare, motorcoach transportation, six nights first class hotel accommodations, dining, taxes and gratuities. A deposit of $200 per person is due with reservation (check only). Balance is due Sept. 2. Stop by the Excursion Desk for a complete itinerary.

The tour includes:
• All transfers, round trip airfare, two nights hotel stay in Lucerne, seven nights cruise in deluxe outside cabin, 22 meals (six breakfasts, six lunches, and seven dinners), local wine with dinners, baggage handling per itinerary, on-board entertainment, professional tour director, baggage handling and port charges. Prices subject to change. Have yourself a picture-perfect Smoky Mountain Christmas with America Today Tours. Enjoy the sights, sounds and smells of the holiday season in Gatlinburg and Pigeon Forge, Tennessee. The Grand Ole Opry, Dollywood’s Smoky Mountain Christmas, Great Smoky Mountain National Park tour, Great Smoky Mountains National Park tour, Moonshine Distillery, Gatlinburg, Tennessee, Dollywood, Pigeon Forge, Tennessee, and Pigeon Forge, Tennessee.

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T he following are the current special events sponsored by the Rossmoor Recreation Department. For more information on any of these events during the month, check the Special Events listing on the calendar page each week, or look for the article in the Arts and Leisure section of the News, or call the Recreation Department at 988-7732. Events are free unless otherwise noted. This information is posted throughout the month on the Rossmoor News website at www.rossmoornews.com.

SUNDAY CONCERT IN THE PARK

Sunday, Aug. 14

The Four and More Band will perform jazz standards at 4 p.m. at the Dollar Picnic Grounds. This free concert is an Essex Production and is open to all residents and their guests.

CHROMATICA IN CONCERT

Monday, Aug. 15

The Chromatica choral group will perform a program titled “Under the Italian Sun.” The concert will feature a program at the Tahoe Room at the Event Center. This free program is open to all residents and their guests.

WIESHAN LIU CONCERT

Sunday, Aug. 21

Wieshan Liu will perform a concert of traditional Chinese music in the Fireside Room at Gateway at 3:30 p.m. This free concert is presented by Eliie Mok and is open to all residents and their guests.

PHILADELPHIA AND AMISH COUNTRY CHRISTMAS

Dec. 2 through 8

The story of America on this adventure to Philadelphia and Lancaster. Philadelphia, “the Birthplace of a New Nation,” displays its rich history in Independence Hall, where the Declaration of Independence and Constitution were signed, and the Liberty Bell, an enduring symbol of American freedom and ingenuity. The scenic and rural Pennsylvania Dutch countryside is filled with rich culture, bright flavors, scenic vistas and fun in the sun. Newly enhanced with the latest innovations, Grand Princess continues to offer signature service: movies under the stars, Italian-inspired piazza and the sanctuary, Leaves Tea Lounge and library.

New Year’s on the Mexican Riviera

Dec. 30 through Jan. 9

Ring in New Year 2017 and experience the beauty of Mexico’s golden Riviera. This 11-day cruise aboard Grand Princess is a round trip from San Francisco. The Mexican Riviera is filled with rich culture, bright flavors, scenic vistas and fun in the sun. Newly enhanced with the latest innovations, Grand Princess continues to offer signature service: movies under the stars, Italian-inspired piazza and the sanctuary, Leaves Tea Lounge and library.

• Puerto Vallarta
• Manzanillo
• Mazatlan
• Cabo San Lucas

Included in the price: cruise aboard the Grand Princess, round-trip transfers from San Francisco. The Mexican Riviera is filled with rich culture, bright flavors, scenic vistas and fun in the sun. Newly enhanced with the latest innovations, Grand Princess continues to offer signature service: movies under the stars, Italian-inspired piazza and the sanctuary, Leaves Tea Lounge and library.

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Excursions

Continued from page 13B

Rossmoor to San Francisco pier, all meals and entertainment aboard ship, baggage handling, drunken parents, and government fees. Travel Guard Group Protection Plan, one bottle of wine per cabin and two onboard cocktail parties. Prices start from $2,140 per person and is due to secure reservations. Final payment is due on Oct. 7. Stop by the Excursion Desk for a complete itinerary and prices.

DISCOVER PANAMA
Feb. 9 through 17, 2017
With partial transit Panama Canal Cruise
Explore the colors and natural beauty of Panama – a land between the Atlantic and Pacific oceans. Panama is a country where bustling cities surround Spanish ruins, and rainforests cradle luxury resorts.
Tour highlights:
• Gamboa Rainforest Resort
• Pacific Queen Panama Canal Cruise (partial transit)
• Panama city tour
• Embera Indian Village
• Miraflores Locks Visitor Center
• Anton Valley
• Chitre
• Playa Bonita
• The tour includes: all transfers, roundtrip airfare, motorcoach transportation, eight nights first-class hotel accommodations, touring per itinerary, 16 meals (eight breakfasts, four lunches and four dinners), sightseeing per itinerary, professional tour director and baggage handling. The cost per person, double occupancy is $3,099 ($3,799 for a single). A deposit of $650 is due upon application. Stop by the Excursion Desk for a complete itinerary and reservation form.

NEW LISTING
AZARJNA TRIP TO MONTREY AREA
Sep. 6 through 8
Take a break from travel with an Arizona

Spring Training Getaway, presented by Premier World Discovery. Just a short flight out of the Bay Area, Phoenix is where baseball fans flock to watch their teams battle it out during spring training and catch a glimpse of the players off the diamond.
Tour highlights:
• Phoenix city tour
• Two baseball games
• Hall of Fame Fire Museum
• Old Town Scottsdale
• Heard Museum of Native American Culture
• Tucson area
• Mission San Xavier del Bac
• Arizona Sonora Desert Museum
• Sabino Canyon Recreation Area tram tour
• Old West farewell dinner
• A deposit of $300 per person is due with reservation form. Final payment is due Dec. 28. Detailed itinerary and reservation forms are available at the Excursion Desk.

FRENCH RIVIERA EXPLORER: NICE, MONTE CARLO AND CANNES
March 21 through 29, 2017
Escape the winter blues with this eight-day trip to French Riviera (or Côte d’Azur) presented by Premier World Discovery. A hectic retreat in the 18th century, the area subsequently attracted aristocrats and stars of stage and screen. Today it’s an established vacation destination. It features famously glamorous beach resorts such as Saint-Tropez and Cannes, and the independent microstate of Monaco.
Tour highlights:
• Seven nights at one hotel in Nice
• Half board tour
• Chagall Museum
• Notre Dame Church
• Fragonard Perfume Factory in Grasse
• Ventimiglia and San Remo, Italy
• Monte Carlo tour
• Monaco Monte Carlo
• Cannes
• St. Tropez

The cost per person double occupancy is $3,125 ($475 single supplement). Included in the price: round-trip air, all transfers, four small group activities, five overnight hotel accommodations, 10 meals (seven breakfasts, three dinners), touring per itinerary, motor coach transportation, professional tour director and baggage handling. A deposit of $300 per person is due with reservation form.

STOP BY THE EXCURSION DESK FOR A COMPLETE ITINERARY AND PRICES.
BROADWAY PLAZA presents its summer concert series on Thursday nights in August from 6:30 to 8 p.m. in the new event plaza. Aug. 11 with Foreverland, a Michael Jackson tribute act; Aug. 18, Mustache Harbor, and Aug. 25, Tainted Love.

CALIFORNIA SHAKESPEARE THEATER presents George Bernard Shaw’s off-beat comedy, “You Never Can Tell,” running 7:30 p.m. Thursdays through Sundays; Aug. 27, 5 and 8 p.m. at the Centerfor the Arts, 1601 Civic Drive, Walnut Creek. Amputee of the week, writer and actress Janet Beazley, will present a one-woman show at 8 p.m. Aug. 30. Tickets are $40. For tickets and information, visit www.calshakes.org or call 943-7469.

CENTER FOR COMMUNITY ARTS (formerly civic arts education) invites the community to make ceramic tiles for two wall murals for the Ruth Bancroft Garden in Walnut Creek. The event is Saturday, Aug. 27, from 9 a.m. to 3 p.m. at the Civic Park studios, 1365 Civic Drive, Walnut Creek. For details, call 943-5846.

CENTRAL WORKS presents the political comedy, “Hearts of Palm,” which tells a story about people making moral decisions. Performances are Thursdays, Fridays, and Saturdays at 8 p.m. and Sundays at 5 p.m. through Aug. 27. For tickets, call the box office at 301-555-2302 or go to www.benefited-calshakes.org.

PLAYHOUSE PRODUCTIONS presents “WastewatchersThe Musical,” which takes a hilarious and light-hearted look at four women dealing with friendship, food, love, life and sex. The show is through Aug. 28 at the nearby Del Valle Theatre, 5623 Civic Drive, Milpitas. Tickets at the door are $25, or $22 in advance. The show begins at 8 p.m. For tickets, visit www.BuyTickets.com or call 572-9436.

Pavone, will be served at 6:30 p.m. on Aug. 24 in the Fireside Room. The Piedmont High School Alumni Club is holding its third annual potluck dinner Wednesday, Aug. 17, at 5:30 p.m. in the Fireside Room. Those C – P, bring a main dish; I – P, bring a salad; R – Z, bring a dessert. Those whose last names begin with A-H, bring a beverage. For more information, contact Nancy Hayna. Call 323-1504 or nreill43l@gmail.com.

BROADWAY PLAZA presents its summer concert series OAKLAND’S THEATRE CENTER presents “Chicago” Thursday Aug. 11 through Sunday, Aug. 14 at 8 p.m. in the Woodminster Amphitheater in Oakland. The musical is a red bandanna with polka dots. Participants will try to outdo each other in sex. The show is through Aug. 28 at the nearby Del Valle Theatre, 5623 Civic Drive, Milpitas. Tickets at the door are $25, or $22 in advance. The show begins at 8 p.m. For tickets, visit www.BuyTickets.com or call 572-9436.
Apple Users’ film fest next Tuesday

Users of Apple computers and devices, iPads and iPhones can find support in the Apple User Group of Rossmoor (AUGR). The website for the group is www.rossmooraucers.org.

The AUGR Film Fest, which is currently supported by the Diablo Valley Mac User Group (DVMUG), will be held Tuesday, Aug. 16, at 7 p.m. in Peacock Hall.

Entry is free, including viewing and videos from Rossmoor Photography Club as well as AUGR and DVMUG members.

Wine and cheese will be served at the awards party in the Fireside Room after the film show.

The event showcases short videos made on computers or devices.

New Kids to host western barbecue

New Kids on the Block (NKOTB) will have a western barbecue on Friday, Aug. 19, on Dollar patio.

Happy hour begins at 5:30 p.m. with top off beers and wines will be served as well as beer, wine, bourbon, vodka, gin and sodas.

During the evening, blue grass and Johnny Cash music will play while ice breaker games will be played to encourage socializing and camaraderie.

At 6:30, a buffet dinner catered by Smokin Mo’s will feature smoked tri tip beef, slow cooked ribs, potato salad, baked beans, Caesar salad and lemon squares for dessert. Decaffinated coffee and herbal tea will complete the meal.

Table topics will be at each table for fun and interesting conversation.

After dinner, enjoy a game of blackjack hosted by board members Patrick Mathews and Lee Barry with $20 cash prizes.

New Kids is a social dinner club for parties of 30 to 40 members and guests. It is designed to welcome newcomers to Rossmoor and is open to all residents who have lived in Rossmoor for any length of time.

Food, music, cock-tails, games and a chance to meet new residents enhance the fun.

Members pay $30 and non-members, $35. Membership for the remainder of the year is $5.

Reservation checks, payable to the 30s/40s/50s Club, to Dick Bertand, 6403 Horsemans Canyon Drive and guests who want to sit together, at tables for eight to 10, must submit their checks in the same envelope.

For information about the event, contact Chris Bertrand at 322-8533.

The 30s/40s/50s Couples Club is for 30s/40s/50s couples born in the decades of the 1930s, 1940s and 1950s. It is a social group whose purpose is to meet others of the same age with similar interests.

For information or to join, contact Membership Chair woman Patty Smith at 949-8325 or Jan Widdel at 944-0812.

Stamp collectors trade Saturday at Gateway

Rossmoor Stamp Club, also known as the Rossmoor Philatelic Society, holds its monthly trading session on Saturday, Aug. 13, in Gateway’s Multipurpose Room 3. The meeting will start at 9:30 a.m. and end at 11 a.m.

The club maintains a collection of donated stamps which are offered to members at nominal prices of pennies per stamp. Most collections are made up of inexpensive stamps with collectors venturing into moderately priced stamps. The club has members at all levels of collecting and experience. Members learn from each other and from stamp catalogues and journals.

Program chairman Steve Lee is an advanced collector who enjoys sharing his knowledge of philately. His particular area of expertise is Great Britain and its colonies and stamps called classics. Classics are stamps issued before 1930. This earlier period of collecting recognizes the great range of types of stamps and postal services.

In many countries, the post office was the major place of interaction between citizens and government. Design and color on stamps reflected the language of the ruling government officials. Stamps were used to communicate to everyone, so pictures and designs were used to foster national identity and loyalty.

For information about stamp collecting, stop by one of the club’s monthly meetings or contact club president Rich Kirby at 324-6328 or richardwkirby@aol.com.

Single Salon to host hoedown and barbecue

Singles Salon members and guests are invited to a western-style barbecue on Sunday, Aug. 21, at Dollar clubhouse and patio.

Dress up in western apparel and enjoy dinner catered by Maverick, featuring tri-tip, smoked chicken and ribs, with music supplied by the Saddle Cats.

Cost is $35 for members and $40 for guests. Space is limited for this popular event. Reservations must be received by Aug. 14.

Mail checks to Dione Williams, 3178 Tera Granada No. 2. If dropping off a check, leave it in the envelope in the basket on her porch. Call Williams at 933-9077 for information.

The next YIT (Yea, It’s Thursday) will be Aug. 11, at Sunol Ridge Restaurant, 1388 Locust (corner of Locust and Cypress) in Walnut Creek. Start time is 4:45 p.m. There is easy parking in the nearby city facility and the first hour is free.

YITs are one of the group’s popular events and are open to all Rossmoor singles. For information, call Bill Race at 459-0960.

Singles Salon is a social organization for single men and women who enjoy such activities as bi-monthly dining events at Dollar; dining out as a group at local restaurants on a bi-monthly basis; and attending art, movie, theatre and sporting events as well as YITs.

Social activities also include small-group dinners at a member’s home. Dinner club events are coordinated by Norma Van Cott, 938-4104.

For membership information, call Dione Williams at 933-9077.

District governor speaks at Rotary on local, global project

The Rossmoor Rotary Club will hear from District Governor Fred Collignon at its Wednesday, Aug. 17, meeting at 11:30 a.m. at Hillside. The speaker usually starts at 1 p.m.

Fred Collignon will talk about Rossmoor Rotary’s involvement in local and international Rotary projects, including raising money for Alzheimer’s and Parkinson’s support agencies.

Collignon is a member of the Berkeley Rotary Club for 25 years. He was a UC professor for 40 years and was a public policy analyst and economist. In addition, he has helped lead the startup of nine different firms, and served several terms on the Berkeley City Council.

For information, contact Joy Aliaardous, past president of Rossmoor Rotary, at 954-1002.
Rossmoor Garden Club will hold its sixth annual Tomato Festival at Sportman’s Park.

The Festival will open at 2 p.m. with tomato tasting. All are invited to taste a wide variety of garden fresh heirloom tomatoes. Club gardeners grow delicious, juicy tomatoes bursting with flavor including red, green, beefsteak and cherry, Brandywine, Early Girl, Striped German, Roma and Cherokee Purple.

Gourmet cooking demonstrations and samples will be presented by Rick Delamain, former owner and executive chef of the award-winning Cypress Restaurant and Club vice president Ted Bentley, a former chef and food industry veteran, will offer recipes that showcase the fabulous tomato and other vegetables. Attendees will be offered a complimentary Bloody Mary with a fresh veggie topper.

Tomato-themed munchies will be available as festival-goers peruse the many offerings at the auction. The sale will be open to the public and will include gift cards to Lafayette restaurant favorite, the Hideout, a weekend in Lake Tahoe, vintage jewelry, framed art, homemade baked goods and preserves, and much more. Cash and checks will be accepted for auction payments. All attendees will receive a door prize ticket for the chance to win prizes including honey grown in garden hives and baskets of tomatoes.

A complete barbecue dinner, catered by English's, will be served around 4:30 p.m. The menu includes barbecue tri-tip and chicken, potato salad, tossed salad, fruit salad, baked beans, rolls, a selection of desserts, and coffee. Soft drinks will be available throughout the event. A vegetarian entree of stuffed Portobello mushroom is available if noted on reservation.

The $42 per person admission must be purchased in advance. Checks may be mailed or dropped off at the Garden Club mailbox at Gateway, 1001 Golden Rain Rd., Walnut Creek, 94596. Make checks payable to Rossmoor Garden Club and include the names of all attendees so name tags can be created. The deadline to purchase is Friday, Aug. 19, or when sold out, whichever comes first. Checks received after the event sells out will be returned.

Proceeds from the festival support the Garden Club's infrastructure. Members supply much of the food and help maintain the underground irrigation system, retaining walls, fencing, tree trimming, and care of the wells that supply the club's water.

For information on the Festival or Rossmoor Garden Club email rossmoorgardenclub@gmail.com.

Prime Time Couples to hold catered dinner next Tuesday at Dollar

Prime Time Couples Dinner Club will be held on Tuesday, Aug. 16, at Dollar, served by Simple Elegance Catering. This event is for couples and members and $54 per couple for nonmembers.

There will be a social hour from 5:30 to 6:30 p.m. when a variety of hors d’oeuvres will be served. Guests are welcome to bring a beverage of choice. Dinner will be at 6:30 p.m. Casual seating will be determined by a random drawing to mix couples and promote maximum acquaintance.

Dinner will be mixed green salad with vinaigrette dressing, herb-crusted tilapia, wild rice pilaf, green beans tossed in basil sauce, and white bean and tomato relish. A vegetarian option is available on request. Wine, coffee, and tea will also be served.

Reservation checks must be received by Thursday, Aug. 11. Checks may be dropped off at the Prime Time Couples Club message box at Gateway or mailed (or delivered) to treasurer Tom Meset, 2132 Golden Rain Rd., No. 1, Entry 13. Late phone reservations are sometimes possible. Call Meset at 939-2132 for information.

Prime Time Couples Club is a social club for couples that meets the third Tuesday of every month for a catered dinner. The event features food and entertainment of foreign countries worldwide.

Membership applications are available in the club mailbox at Gateway or mailed to the International Club, 1001 Golden Rain Rd., Walnut Creek 94596.

The Ladies Who Lunch to dine at Cooperage in Lafayette

The Ladies Who Lunch group of the 30s/40s/50s Couples Club will dine at the Cooperage American Grill on Thursday, Aug. 25. This charming Lafayette restaurant, located at 32 Lafayette Street, offers a varied menu in a well-come, contemporary setting. The group will meet at 11:30 a.m. in the far corner of Gateway parking lot to form carpools to the restaurant. For reservations, email Sandy Cavallo at cavallosh@comcast.net by Monday, Aug. 22.

Guadalcanal is topic of 30s/40s/50s Speaker Salon

The 30s/40s/50s Couples Club is for Rossmoor residents born in the 1930s, 1940s and 1950s. Its purpose is to help residents meet others in the same age group with similar interests.

For information or to join, call membership chairman Barbara Smith at 949-8325 or Jan Widdel at 944-0812.

The white-breasted nuthatch is the club’s past, present and future bird-sighting (including dates and locations) can be perused on the club’s official website at www.jardine-electronics.com/rna/na.html. For information about the club or its monthly activities, contact Brian Murphy at 937-8835 or by email at murphybrian234@gmail.com.

Rossmoor Writers hold Big Bash with dinner

Rossmoor Writers’ annual Big Bash is scheduled for Saturday, Aug. 27, at 5:30 p.m. at Dollar. This year’s theme is “Anything Goes.”

Dinner, with an open bar, and dinner will be followed by three skits including “Thoroughly Modern Muse” by Michael Heflich, “Riding Shotgun on the Normal Stage” by Richard Allen, and “Ten Limericks” by Stan Blakeney.

Dinner will be catered buffet-style with Tullio’s and will feature lasagna ravioli, pesto, angel hair with chicken, Caesar salad and spinach salad.

Last year’s event attracted over 60 people so early reservations are recommended. The cost is $25 per person. For reservations, call Jim Keenan at 408-0741.

The Rossmoor Nature Association will hold a bird-watching workshop. These guided bird walks have been a popular activity for Rossmoor birders for over 20 years. A typical walk is along the level cart paths of the Creekside golf course, which is normally open for walking on Mondays.

On an average outing, birders could expect to see approximately 20 species during the 2-hour excursion. Recent walks have featured sightings of killdeer, chickadees, white-breasted nuthatch, robins and acorn woodpeckers.

A complete record of all sightings can be found on the club’s website at www.carossmoornature.com.

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Neuropathy Support Group to hear latest research on infrared light therapy

Dr. Len Saputo will be the presenter for the Peripheral Neuropathy Group on Friday, Aug. 26, at 10 a.m. in the Vista Room at Hillside. All residents and their guests are welcome to attend this free presentation on infrared light therapy for pain management.

There are many causes of neuropathy. The most common neuropathies are caused by diabetes, chemotherapy, lumbar disc disease, heavy metal poisoning and environmental toxins.

While infrared light therapy is by far the most effective and best tolerated treatment, there are many nutritional factors that support healing the nerves that should be used in combination with light therapy.

Mainstream medicine relies on drugs to manage pain, but has nothing for the numbness or loss of awareness of where the feet are. Saputo has been involved with research studies

...Continued on page 20B

Tibetan Relaxation hosts classes on healing breath

Healing Breath is the theme of the next two Tibetan Relaxation classes to be held on Saturdays, Aug. 13 and 24, from 10 to 11:30 a.m. in the Shasta Room at the Fitness Center.

Teacher Santosh Philip is an entrepreneur, architect and instructor at the Nyingma Institute in Berkeley. He has been teaching in Rossmoor since 2009.

Tibetan Relaxation is based on attuning the rhythms of breathing to deeper states of consciousness and well-being. The class will use practices that tap into the sacred energy within and its healing movements.

The classes meet on the second and fourth Saturdays of each month and are open to all Rossmoor residents and their guests. The fee per class is $10. The first class for new students is free.

For information, call Endy Stark at 938-4681.

Medical Friends to learn about hospitalists Tuesday

What is a hospitalist? Find out at the Medical Friends of Rossmoor lecture on Tuesday, Aug. 16, from 1 to 2 p.m. in Peacock Hall at Gateway.

Many do not know that hospitalists are a team of in-house physicians that work closely with the primary care provider to provide updates and exchange information about patient care while the person is in the hospital.

The speaker will be Dr. Yashwant Mehta and Dr. Melanie Lee. Both are physicians with John Muir Medical Group.

They will discuss the role of a hospitalist, the history of hospital medicine, what a person can expect when hospitalized and transition of care.

No preregistration is necessary. For information, contact Jenevieve Holman, community outreach coordinator, Wellness Services, John Muir Health, at 941-7923 or at Jenevieve.holman@johnmuirhealth.com.

Tibetan yoga class meets

The next Tibetan Relaxation Yoga class meets on Saturday, Aug. 13, from 10 to 11:30 a.m. in the Shasta Room at Del Valle. The class will be taught by Santosh Philip.

Through body postures and looking inward, attendees may find that feelings and awareness communicate qualities of appreciation and joy.

The classes are held twice monthly on the second and fourth Saturdays of the month. The fee is $10 per class. Classes are open to Rossmoor residents and their guests and beginners are welcome.

The next class on Aug. 27 will also be taught by Philip. For more information call Endy Stark at 938-4681.

Sleep study recruiting for people aged 55-80

Posit Science Company in San Francisco, which has partnered with the Rossmoor Computer Club and Acalanes Adult Education in the past to conduct research studies, is currently conducting a sleep study on people with insomnia and living in the Bay Area.

Posit Science is looking for healthy people aged 55 through 80 for a study on cognitive training in people with insomnia – specifically, a sleep problem that causes distress or impairment in functioning (e.g., social, occupational).

Participants will be asked to complete about four sessions (two to three hours each) of assessments in the Posit Science office in San Francisco and 12 hours of cognitive training from home, and also wear a sleep monitoring watch at night.

Participants who complete everything will be paid $260.

If interested, email SLEEPrecruitment@posit-science.com or call 415-568-3565 and say that the call is for the sleep study.

Instructor Jayah Paley to teach pole walking workshop at Fitness Center

The Rossmoor Fitness Center has teamed up with Jayah Paley to offer a pole waling workshop on Friday, Aug. 26, from noon to 3 p.m. in the Sierra Room at Del Valle. Sign-up starts at noon and class starts promptly at 12:30.

Participants will have an opportunity to try a variety of top-quality walking pole models and learn special balance tips. They will learn to move which poles fit best and which will help in achieving mobility goals.

As people age, spine function diminishes, gravity acts, the spine compresses and people get shorter. The natural arm-swing movement is one of the best ways to engage healthy spinal rotation and muscle recruitment.

Using poles for exercise can actually enable people that support the spin. Engaging the upper body movement to regular walking. It is a great way to reduce risk of falling, strengthen muscles and improve bone density.

Studies have shown you can burn significantly more calories (up to 70 percent) using poles over regular walking. Plus, it’s fun.

There will be an opportunity to learn skills that will enable participants to improve endurance and performance on a variety of gentle terrain (like curbs and driveways).

Participants should notice an almost instant appreciation and joy.

The classes are held twice monthly on the second and fourth Saturdays of the month. The fee is $10 per class. Classes are open to Rossmoor residents and their guests and beginners are welcome.

The next class on Aug. 27 will also be taught by Phillip. For more information call Endy Stark at 938-4681.
Joy of senior games is topic of Super Sunday Speaker Series at Fitness Center

The Super Sunday Speaker Series on Aug. 21 will feature Suzanne Cordes, a personal trainer and a coach for senior athletes who enjoy competing at the local, state and national level. She will present at 9:30 a.m. in the Aerobics Room at the Fitness Center.

Senior games include individual sports, such as race walking, road running, track and field, cycling, badminton, archery, tennis, racquetball, table tennis, horseshoes, golf, swimming and triathlon. Team sports include basketball, softball and volleyball.

Cordes will talk about the opportunities to meet other sports-minded people over 50 years-old who enjoy friendly competition, training together and camaraderie. She will share her own experiences as a participant in the National Senior Games in Minnesota.

Cordes has been a coach and personal trainer in the East Bay since 1982. She has a training center in San Ramon where she performs fitness evaluations, designs personalized home fitness programs, provides group strength training, indoor cycling as well as personal fitness training. She also provides an off-site track interval training program for runners and walkers.

Cordes has degrees in kinesiology from Cal Poly San Luis Obispo and Saint Mary’s College. She holds a master of arts in counseling from the University of San Francisco and a bachelor of arts in Eastern psychology from the Lone Mountain College in San Francisco.

After nearly dying from the medication prescribed to help alleviate the pain and inflammation caused by a rare autoimmune disease, Finley turned to medical cannabis for relief. She quickly became fascinated with the science behind the medicinal benefits of cannabis and immersed herself in all the information and research available.

During this presentation, Finley will take the audience through her own path of discovery and share what she has learned and how she intends to do with that knowledge. Attendees will learn about how cannabis can be used to treat conditions such as cancer, chronic pain, multiple sclerosis and epilepsy, among other things.

The Parkinson’s Network of Northern California will discuss his book, “Parkinson’s: A Guide to Movement,” by Michael D. J. Fox Foundation. It is held in Danville on Sept. 17 and 18. All are welcome, and there will be refreshments and interactive refreshments. Questions may be directed to Howard Zalkin at 933-4210 or Ron Zalkin at 933-6357. For program information, contact Lance Gershen, co-chairman, at 932-1028 and Sandy Mitchell, co-chairwoman, at 687-3976.

Rossmoor Wellness Group to host talk on benefits of medicinal cannabis

The Rossmoor Wellness Group meets on Thursday, Aug. 22, at 7 p.m. in the Donner Room at the Event Center. Speaker Constance Finley, founder and CEO of Constance Therapeutics, is on a mission to dispel common misconceptions about the cannabis plant and shed light on its countless benefits. Finley holds a master of arts in clinical psychology from the University of San Francisco and a bachelor of arts in Eastern studies and psychology from Lome Mountain College in San Francisco.

Counseling Services offers six-week creative visualization support group

Counseling Services offers a creative visualization support group that focuses on using imagination to create desired attributes. It also addresses affirmations and blocking beliefs. A background in meditation is desirable to gain maximum benefit. The group will meet on six Thursday mornings starting Sept. 1. It is an important that group members plan to attend all six sessions.

The group is facilitated by Ann Pagliaro, a Counseling Services social worker. Seating is limited and registration is required. Call 988-7753 for session dates, time and place. There is no charge for the group.

Rossmoor Wellness Group

A deep-water aerobics class is offered by Janette Krauer at Hillside pool on Mondays, Wednesdays and Fridays from 8 to 8:45 a.m.

Water aerobics is a form of aerobic exercise that requires water immersion. Participants in the class wear a flotation device to keep them upright and make floating in the pool easier. Residents who take the class say that their balance, stability and muscle strength have improved. Water aerobics is non-weight bearing – there is no impact on joints. The classes focus on aerobic endurance, resistance training and creating an enjoyable atmosphere with music.

As people age, exercise can get more difficult. But deep-water exercise does not put stress on the joints, especially hips and knees. Exercise in water can get the heart rate up, increase muscle mass and help build strength. It’s easier to move in the water.

The buoyancy of the deep water reduces body weight by 90 percent, enabling participants to move in ways that strengthen the core.

Brauer has been teaching the class for 13 years. For information about the cost of an individual class, call her at 253-9596.
Neuropathy Support Group has meeting

Continued from page 18B at the Martinez VA Hospi- 
tal and UCSF using infrared light. There has been a major breakthrough in treatment that involves the use of near infrared light therapy.

Saputo is a board-certified internist with 50 years of ex- perience. He has pioneered the development of an integrative, holistic, person-centered, preventive health care model called “Health Medicine.” He is the founder of the Health Medicine Forum, a non-prof- it educational foundation and the Health Medicine Center in Walnut Creek.

Saputo is a practicing phy- sician, motivational speaker, television and radio personal- ity, and was formerly ranked men’s senior singles tennis by the International Tennis Fed- eration. He is the author of the Nau- ticles Gold Award-winning book, “A Return to Healing: Radical Health Care Reform and the Future of Medicine.” His free website, www.Doc- torSaputo.com, has more than 2,600 audio and video files organized to provide free in- teractive information on more than 30 common health care conditions. Saputo is also in- volved in National Institutes of Health-funded research at UCSF on the use of infrared light therapy to speed healing and for pain management.

The Peripheral Neuropathy Group meets on the fourth Friday of each month, except for November and December. All are welcome to attend. For information, contact Kar- en Hewitt at 932-2248.

Pole walking workshop

Continued from page 18B of opportunities to rest.

Walkers and anyone with mild to moderate mobility challenges are welcome to at- tend the class. Additionally, this class will benefit anyone preparing for or recovering from joint surgery as well as those with Parkinson’s, Multi- ple Sclerosis, peripheral neu- ropathy, arthritis and diabetes.

This class is not forI bikers and hikers with poles is a different class on much more varied and leveraging terrain.

The special price for Rossmoor residents is $20 (regularly it’s $45). Repeaters are encouraged to attend and pay $10. Repeaters have the opportunity to view, refine and practice. The class is limited, so ear- ly sign up is recommended. Sign up in person at the Fitness Center from 9 a.m.-1 p.m. via phone at 988-7850 or by email to mmar- dy@rossmoor.com. Indicate whether a new pole walker or a repeater. All checks should be payable to Jayah Paley.

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