Residents will be able to get information to help them prepare for an emergency at the fourth annual Emergency Preparedness Fair on Saturday, Sept. 23, from 9:30 a.m. to 1 p.m. in the Diablo Room at Hillside. The fair is sponsored by the Emergency Preparedness Organization (EPO). The organization’s goal is to provide education so that residents are prepared for a disaster.

In yet another example that emergencies do happen, and that they can happen in Rossmoor, a fire on Sept. 2 gutted a four-unit building at 3222 Rossmoor Parkway, Entry 3. No one was injured.

One was injured.

While driving is a serious issue, the presentation won’t be dull. Lima takes a lighthearted look at the matter of seniors and driving.

The California Highway Patrol (CHP) will present “Age Well Drive Smart” on Thursday, Oct. 5, at 10 a.m. in the Event Center. The program is sponsored by state Assemblywoman Catharine Baker in partnership with county Supervisor Can-dace Andersen and the county Sheriff’s Department. The event will last about an hour.

Deputies with the county Sheriff’s Office will do most of the talking. They will present information on safety and how to protect yourself.

There will also be comments from the local elected officials.

Lima will talk about what the Legislature is doing about crimes against seniors. Andersen will give an update on what the Board of Supervisors is doing to enhance public safety.

At the end of the formal program, there will be time for questions and answers.

Residents will learn about what to be aware of so they can remain independent and continue to live on their own. This is the sixth year of the free program and will be the fourth time it’s been given in Rossmoor.

CHP officer Brandon Correia will go over rules and changes to the state’s vehicle code. The rest of the program will be given by Cindy Lima, volunteer coordinator of the educational program in Contra Costa County.

“Things change. We used to be told to hold the steering wheel at 10 and 2, but that’s changed,” she said.

While driving is a serious issue, the presentation won’t be dull. Lima takes a lighthearted look at the matter of seniors and driving. “We have a lot of fun,” she said.
Sunrises in Rossmoor

George Petri took this sunrise shot from Entry 9 on Skycrest Drive.

Francis Chine took this photo recently of the sunrise over Mt. Diablo.

Lions Pancake Breakfast is next Saturday

The Rossmoor Lions Club will have its annual pancake breakfast on Saturday, Sept. 30, from 8:30 to 11:30 a.m. in the Fireside Room at Gateway. Everyone is welcome to enjoy a hearty breakfast.

The menu includes golden-brown pancakes, scrambled eggs, sausages, orange juice and coffee or tea.

Tickets are $7 per person. Advanced purchase is recommended as tickets may be limited at the door.

Tickets will also be on sale in front of the Fireside Room at Gateway on Thursday, Sept. 14, from 9 a.m. to noon and Wednesday, Sept. 20, from noon to 3 p.m.

Reservation checks, payable to Lions Club of Rossmoor, may be left in the club’s mailbox at Gateway or mailed to the Rossmoor Lions Club, 1001 Golden Rain Road, Walnut Creek, CA 94595. Write “breakfast” on the envelope.

All pre-paid tickets will be at will call in the Fireside Room on the day of the event. The advanced ticket purchase cutoff date is Monday, Sept. 25.

The annual pancake breakfast is a major Lions Club fundraiser. One hundred percent of the proceeds will go toward community programs for the hearing and sight impaired that are supported by the Lions Club.

For a detailed list of the programs Lions Club supports within Rossmoor, go to the website at http://e-clubhouse.org/sites/walnut_creek_rossmoor/ or Google “Rossmoor Lions Club.”

For information, contact Leanne Hamaji at Lhamaji@gmail.com or call 289-9696. To learn more about the Rossmoor Lions Club, visit the website or to inquire about becoming a member, email club President Skip Zehnder at Lionskip.4c3@gmail.com.

Friday is deadline to sign up for Games party

The Rossmoor Games after games party is set for next Tuesday, Sept. 26, in the Event Center. The doors open at 11:30 a.m.

Anyone who has participated in the games, whether a winner or not, is invited to attend. But attendees are required to pick up a free ticket for themselves (and one guest, if desired) at the Recreation Department by this Friday, Sept. 22.

Take only what will be used, as this will determine how much food will be needed.

There will be a small snack lunch provided, along with D.J. music, dancing and an ongoing trivia contest. Pictures from the games will be shown on the big screen throughout the party.

Free Neuropathy Dinner Event

It is SCIENTIFICALLY proven that Peripheral Nerves have an INHERENT ABILITY TO REGENERATE.

Topics To Be Discussed
- Numbness/Tingling
- Loss of Balance
- Shooting/Electric Pain
- Type 2 Diabetes/Chemo

Thursday, September 28th – 4:30pm
Rossmoor Diner
1908 Tice Valley Blvd # A, Walnut Creek. CA 94595

FREE ADMISSION & FREE GOURMET MEAL
You will discover exactly what it takes to NATURALLY return glucose levels to normal! You will hear others with T2D who were taken off all diabetic medication because glucose levels returned to normal, currently sleep through the night, and have tons of energy!
Clearing the creek

Work is progressing on the drop creek structure near the front gate and is expected to be completed by the deadline of Oct. 15. The old, broken-down drop creek structure and the trees and shrubs along the creek have been removed. There is no water flowing in this section of the creek because pump lines on the Waterford side of the creek discharge water downstream of the work area so construction can take place. Agencies involved in overseeing the work on the structure include the Department of Fish and Wildlife, the Regional Water Quality Control Board, the Army Corps of Engineers and the city of Walnut Creek.

How to get pesticide info

In response to resident requests for information regarding pesticides in common use by the Golden Rain Foundation and its contractors in Rossmoor, a list is now available for inspection by residents in the GRF Board Office at Gateway.

Residents are asked to contact the GRF Board at 988-7710 to schedule an appointment.

Water Conservation Committee to discuss landscaping

The Water Conservation Committee of Sustainable Rossmoor will meet on Thursday, Sept. 21, at 11:15 a.m. in Multipurpose Room 3 at Gateway.

This month’s agenda will include a brief review of Landscape Manager Rebecca Pollon’s instructions to the landscape reps for landscape work to be done in late fall and early winter, specifically planting.

All Rossmoor residents are welcome to join in the committee’s discussions, which take place every third Thursday from 11:15 a.m. to 12:45 p.m.

The Water Conservation Committee explores ways to save money and protect water supply while maintaining a beautiful landscape and a full array of recreational activities.

Members keep abreast of water issues and support Sustainable Rossmoor’s educational programs to promote sustainable practices in Rossmoor.

For information, contact chairperson Paula Erickson at perickson.ELA@comcast.net.

Want to exercise later in the day?

All exercise programs produced by Channel 28/Rossmoor Television are available in the Rossmoor Library for check out or duplication.

Changes Coming! Call Today!

If you are thinking about a reverse mortgage call us today! Not tomorrow or the next day. The window of opportunity is extremely limited! We have approximately 2 weeks to get in under the wire.

On August 29th HUD announced major changes to the HECM (reverse mortgage) program. These changes will greatly reduce the amount of money seniors can borrow against their homes and will increase the cost of the loan to most seniors.

Example:

72 years old – 5% interest rate - $500,000 home value

Current available loan amount: $295,500
New available loan amount: $233,300
DIFFERENCE: $62,000 less to a senior

At The Reverse Mortgage Group, we only offer reverse mortgages. We don’t try to be everything to everyone; instead we specialize in reverse mortgages for our senior clientele.
Learn how to stay safe at workshop

Continued from page 1A

Don’t become victims. They’ll also get tips on ways to look for if someone tries to take advantage of them. “We have a very safe community,” said Samantha Re- neau, field representative with Baker’s office. “But, it’s always good to know what can happen. It’s better to be safe than sorry.” While financial scams im- pact seniors, that issue will probably only be mentioned as Baker presents a separate seminar about financial fraud. Assemblywoman Bak- er said, “Our Senior Safety Awareness Workshop will pro- vide valuable information that will help avoid potential dangers. Awareness and prevention are the most effective ways to keep you and loved ones safe.” Supervisor Andersen said, “The safety of our ever-grow- ing senior population is of great importance to me. There are seniors who want to take advantage of those of which think they are more vulnerable. The best way to defend against that is to have as much knowledge as possible and prepare how to handle oneself.” Residents who plan to att- end the workshop are asked to contact Baker’s office at 328- 1515 so it can get a head count.

Get driver safety tips from CHP

Continued from page 1A

Attendees should come away feeling more confident about their driving. However, some people might decide it’s time to give up driving, she said. “Can you afford your car?” Lima added. “If you own a car you can $4,000 a year.” Lima will also talk about the DMV’s policy that after age 70, older drivers’ licenses can’t be renewed automat- ically. The best way to check is a written test given by the DMV. Some tips on taking the test will be given at the seminar. “Don’t go in unprepared,” Lima said. “There are 18 questions and you can miss three.” The test can be taken twice, but after that, a person has to pass a behind the wheel test. There are just a few test. There are dozens and dozens of Cali- fornia drivers over the age of 70 that are checking out the DMV.” Lima said. “The whole purpose is to stay safe and drive longer. We are not going to pass all tests, so it’s a basket to col- lect car keys.” Attendees will be able to ask questions during the program and meet informally afterward with the presenters. They can also share experiences. At the end of the two-hour program, attendees will be given a certificate of participation to take to their insurance company in the hope of getting a mature driver discount on their car insurance. However, not all insurance companies accept the CHP test.

Residents should check with their insurance company to see if it accepts the CHP test. It is important to me. There are dozens and dozens of Cali- fornia drivers over the age of 70 that are checking out the DMV. Lima said. “The whole purpose is to stay safe and drive longer. We are not going to pass all tests, so it’s a basket to col- lect car keys.” Attendees will be able to ask questions during the program and meet informally afterward with the presenters. They can also share experiences. At the end of the two-hour program, attendees will be given a certificate of participation to take to their insurance company in the hope of getting a mature driver discount on their car insurance. However, not all insurance companies accept the CHP test.

Emergency Preparedness Fair is this Saturday

Continued from page 1A

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Continued from page 1A

Security service provider, who will bring handouts. A Red Cross representative will pro- vide information on how to prepare for a Red Cross does in an emer- gency. The Community Emer- gency Response Team (CERT) will have displays and trained volunteers on hand. Although it won’t send a re- presentative, the Contra Costa County Fire Protection District will provide helpful handouts. Mary England and Mary Frazier will represent the Con- tra Costa County Medical Re- serve Corps. Joan McClure will talk about pets in a disas- ter.

Some entry coordinators will also be there. EPO recom- mends that every community have at least one coordinator. These people will play a key role in the aftermath of a disaster. Additionally, the role of their family, they will assess the sit- uation, determine who needs hel and what kind and collect other pertinent information to relay to Rossmoor’s emergency command center. Fortunately, the event will highlight how Rossmoor Mutual will give demonstrations every hour on the half-hour of first-aid techniques and other emer- gency procedures.

Other residents will also be available with information. Ellen Dietzsch will be at the Map Your Neighborhood Program. Jerry Pribat will explain the role of citizen band radio operators. Steve Adza will have maps of Rossmoor that show where earthquake faults are located.

Lisa Katzki of ReddyCare will have emergency supplies for sale. EPO recommends residents purchase for any eventuality. EPO’s watchwords are “you’re on your own (YOY) and you’re on your own.” There will be raffles of emergency supplies every hour.

Look for phone/book card in this week’s News

Continued from page 1A

also have the option of drop- ping the card off at the store. Even if residents are cur- rently listed in the directory, the information must be pro- vided. American Directory does not automatically put in- formation in the directory from year to year.

Avoiding Reassessment of Real Property under Prop 13: Right of First Refusal

In previous articles, I have discussed avoiding reassessment of real property under Prop- 13. If two or more siblings inherit a piece of property, another child. Additionally, this right of first refusal can also allow a child to purchase an interest in a property instead of having to take the entire property. However, it is impor- tant that the trust documents do not provide a blanket right of first refusal to all children. If it is your intention that one or more of your family members inherit a piece of property under Prop 13, I recommend having an at- torney review your Trust to ensure it includes a cumulative language. If you would like me to review your Trust, I see people Monday- Friday for a FREE 30 minute consultation only. Call the office at 925-237-5900, my personal assistant Randi, or visit my website: www.lawofficeofjoangrimes.com. This article provides only general legal infor- mation, and not specific legal advice. Information con- cerned is not a substitute for a personal consultation with an attorney.

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Third Mutual’s revised documents are on website

The Rossmoor website has posted information about the Third Mutual’s proposed CC&R and bylaw revisions. Residents of the Mutual can find this information at www.rossmoor.com. Click on About Rossmoor, scroll to Governance and click on Third Mutual in the far left column.

Scroll to the bottom of the page and look for the heading “CC&Rs.” There are four items that relate to the proposed CC&Rs: a Summary of Significant Changes; a letter to all Third Mutual members on the proposed amended governing documents; a draft of the amended and restated CC&Rs; and a draft of the amended and restated bylaws for the Mutual.

Residents who do not use the Internet are advised to call the Mutual Board Office at 988-7718.

To date, the Mutual has held one information meeting on the revised CC&Rs. Three meetings are scheduled as follows: Monday, Sept. 25, at 2 p.m. in the Club Room at Creekside, Wednesday, Oct. 4, at 6 p.m. in the Fireside Room at Gateway and Saturday, Oct. 7, at 10 a.m. in the Diablo Room at Hillside. Additional meetings will be scheduled.

When the Third Mutual board believes that the documents are ready for a vote, the final draft of the documents will be sent out with a ballot.

Mutual 30 seats new director

The 45th annual meeting of the membership of Mutual 30 was on Sept. 13.

There were two candidates, Jones H. Hom and Ron Reece, for one directorship. Ballots were tabulated at a noticed meeting on Sept. 8. There were 63 ballots received. Twelve ballots were invalid for a total of 51 valid ballots. Hom received 17 votes and Reece received 34 votes. Reece was elected to serve on the board for a three-year term and Hom was seated at the annual meeting.

Mutual 30 members heard reports from officers and committees and offered their input and comments.

ROGA offers comments on CC&Rs on its website

A draft of the new CC&Rs will soon be delivered to Third Mutual residents. Rossmoor Open Governance Advocates (ROGA) website offers comments on the CC&Rs. To find out more, go to the website at www.rossmoorOGA.com.

A petition is being circulated on the website to rescind the recently revised Policy 56 on private gardens in Third Mutual. Print a copy of the petition from the website.

ROGA is an organization formed to support resident rights by encouraging transparent governance by Mutual boards.

Fitness Center Website

A website has been created by the Sports Management Group to keep residents informed about the Fitness Center Renovation Project. To view directly, go to www.rossmoorfitness.com. The site has four major sections: project overview, project history, features and plans and latest news.

Del Valle parking lot open

The newly paved and striped parking lot at the Del Valle complex has been finished and opened on Monday. The city required a parking lot upgrade to ensure Rossmoor meets ADA requirements.

Trump Administration to Reduce Reverse Mortgage Proceeds, Increase Fees. ACT NOW to Avoid the Oct. 2nd Cut in Benefits!

Looking for a Reverse Mortgage or need to Refinance your Reverse Mortgage?

GET ANOTHER QUOTE BEFORE YOU DECIDE

As with any loan, you should seek the lowest interest rates and closing costs.

Many people do not realize you get the same gross amount of money (Principal Limit) no matter who you work with. What is most important is getting the lowest interest rate and fees. Others charge higher interest rates and fees. Call for a FREE QUOTE and I will personally show you the difference. Just five minutes of your time could save you thousands of dollars. This only benefits YOU!

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David C. Chee, CPA
NMLS ID 263222

*Reverse may remain current on their property taxes and homeowners insurance and HOA fees, occupy home as primary residence and maintain the property.


Del Valle parking lot open

News photos by Mike DiCarlo

Fitness Center Website

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**Benefit event held for Rossmoor Fund Respite Care**

In memory of David Slater

Being a caregiver for a family loved one is a heart-felt commitment. To keep up the pace, family caregivers need a break.

The Sandra Slater family is holding a benefit event Saturday, Oct. 7, from 2 to 5 p.m. in the Fireside Room at Gateway in memory of David Slater to assist in the funding of much needed respite care. Donations directly benefit the Rossmoor Fund for Respite Care and are tax deductible.

Enjoy wine, beer, appetizers, a raffle and live music by Smorgy (aka Jeffrey Fetters) of Napa Valley. A wine country favorite, Smogy entertains with music for everyone’s dancing and listening pleasure.

A $25 donation is requested for adults; children are welcome for free. One raffle ticket will be provided for each donation and additional tickets are $5.

Bring payment to the event, with checks made payable to the Rossmoor Fund. The event is sponsored by Rossmoor Friends.

Everyone is invited and the Slater family is looking forward to spending a fun, lively afternoon together while supporting an excellent cause.

Those who cannot attend and would like to donate, can make checks out to the Rossmoor Fund and send to Sandra Slater at 1157 Singlewood Court, No. 6, Callie Slater with questions at 285-6711. RSVP by Friday, Sept. 29.

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**Rossmoor Fund donors and recipients express their gratitude**

By Ellen Gilman

Gratitude is a powerful emotion. Rossmoor Fund board members know this from personal experience as well as from the secondary experiences of fund donors and recipients, who both give and receive with gratitude.

Rossmoor Fund Director Alice Lau is truly grateful to be able to do her part for her community. She says, “I review residents’ grant requests before presenting them to the full board for consideration. I work closely with Counseling Services and also have direct contact with residents. I have learned that our residents pride themselves on self-reliance and only ask for help in dire situations.

“Without exception, our grant recipients are relieved and grateful for the help the fund provides. However, I feel like I am on the one who gains the most from these experiences. I am grateful to be part of this wonderful organization that provides a social and financial safety net for our residents.”

In psychological studies, gratitude has been shown to improve a person’s altruistic tendencies. Studies have found correlations between gratitude and empathy, generosity and helpfulness. Indeed, Rossmoor Fund donors are grateful people, and the gratitude they feel motivates their generosity.

One annual contributor says, “I am fortunate to live in Rossmoor and to have so much here. I want to give back to this community and to help others enjoy the same good fortune.” One Rossmoor Fund grant recipient writes, “You have made my life much more livable.”

Unlike indebtedness, a negative emotion presuming obligation, gratitude unites recipients and benefactors. And so, in Rossmoor, it encourages neighborliness.

Another recipient writes to Rossmoor Fund President David Smith, “We appreciate all the help you have given us. Please convey our thanks to the people who have donated to your fund and to your board members.”

He continues, illustrating the unmistakable power of gratitude: “We may not have any money, but we have time. We volunteer here in Rossmoor as much as we can.”

How’s that for relating gratitude, neighborliness and generosity?

---

**Disappointed with your hearing aids?**

The aid alone won’t solve the problem.

You have no idea what is possible until you experience the unique capabilities of Hearing Engineering.

Dr. Gil Magilen, Hearing Engineer

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Get a Hearing Engineered Prescription Schedule your Free Demo today!

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**NEW LOCATION** 935-2292

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We now have a location in Concord

Talk to your friends and neighbors!

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**Learn to access Comcast account**

A YouTube video has been made by Comcast to help residents find their user name and password and make changes. Residents can see that video by going to:

https://www.youtube.com/user/xfinity

---

**ARE YOU LOOKING FOR A NEW DENTIST CLOSER TO HOME, OR BECAUSE YOUR LONG TERM DENTIST HAS RETIRED?**

My practice is convenient, modern, friendly, and accepting NEW PATIENTS. Use the New Patient Special Offer below and try us out. We look forward to meeting you.

**COMPLIMENTARY CONSULTATION with Dr. Komor**

**Save! TAKE ADVANTAGE OF THIS GREAT OFFER:**

Doctor exam, 4 bite wing x-rays, and teeth cleaning

$85

*Notnclined f*
Art and Wine Hospice of the East Bay fundraiser is on Monday

By Trish Dickson
Hospice correspondent

The special event benefiting the Hospice East Bay Rossmoor Respite Fund and Hospice East Bay is just a few days away.

On Monday, Sept. 25, the Rossmoor Art and Wine 2017, one of Rossmoor’s premier events, held in the Event Center, will feature favorite vintners’ tastings, Rossmoor artists and a fabulous auction.

Commemorative wine-tasting glasses and hors d’oeuvres, donated by the Creekside Grill, will be a part of this special evening. The sweet sounds of Syria will greet guests as they arrive. Syria, the Creekside Grill’s Friday evening musician, is well known and his generous donation of a private appearance is just one of the popular auction items awaiting the successful bidder.

New this year will be a VIP lounge, well-known chocolatier Cocoa Vida, craft brews and auction items awaiting the successful bidder.

The $80 VIP ticket holders will enjoy early entry at 4 p.m., for a private hour. The $30 general ticket holders will find the doors opening at 5 p.m. The event closes at 7:30.

Don’t wait in line. Get tickets at the Creekside Grill, Tuesday through Sunday, during their open hours.

Tickets may also be purchased on line at www.hospiceeastbay.org/artandwine. Last-minute tickets will be available at the door.

Tremendous gratitude goes to the generous sponsors: A Better Choice Home Care Agency, Lamorinda Animal Hospital, Rossmoor Realty, Judy French, Bev Louie, Dick Perry, Lloyd Poche, Mary Ann Thode, Hillendale Home Care, Pam Lovtang Lee, Piedmont Funeral Services at Mt. View Cemetery, Provider Home Care, Retirement Funding Solutions, Sara Soltan, US Bank of Rossmoor, North American Title Tice Valley, Dr. Dale Villasenor of Horizons Dental, Eldercare Services, Sue DiMaggio Adams, Stan and Ann Gedeon, Robert P. Gledhill, Cindy and Howard Hatton, Bev Louis, John and Deni Oliver, Fred Smith, Joan and Dr. Stephen Weinstein. Additional community supporters are thanked as well.

The event hosts are Friends of Hospice Rossmoor, Hospice East Bay and Stan and Ann Gedeon of Creekside Grill.

Solar legislation heads to governor’s desk
Sponsored by Sustainable Rossmoor

The California Legislature has approved AB 634, the solar legislation sponsored by Sustainable Rossmoor, and sent it to the governor for his signature. The Senate voted 34-6 for the bill and the Assembly voted 73-4 in concurrence with the amendments made in the Senate. Both of Rossmoor’s representatives, Senator Steven Glazer and Assemblywoman Catharine Baker, voted for the bill.

AB 634, by Assembly Member Susan Eggman, would exempt residential rooftop solar installation in condominium communities from Davis-Stirling Act’s 67 percent membership approval requirement, while providing a series of protections to other homeowners in the community.

The deadline for the governor to sign or veto bills is Oct. 15. If signed into law, the bill’s provisions will become effective on Jan. 1, 2018.

Rossmoor government in brief
Golden Rain Foundation:
Clubhouses, pools, public areas
Mutuals:
Residence buildings and surrounding areas.

99% DIAMOND CERTIFIED RATING FOR WINDOW/DOOR INSTALLATION AND CUSTOMER SERVICE!

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What is Counseling’s Men’s Conference all about?

By Penny Reed, LCSW
Rossmoor Counseling

The 2017 Men’s Conference will be held on Monday, Oct. 16, at 10 a.m. to 1 p.m., in the Firsise Room in Gateway.

Tickets are $15 which includes lunch. Tickets are on sale now in the Recreation Department at Gateway.

For more information about the conference, contact Rossmoor Counseling at 988-7750.

What is Rossmoor Counseling’s Men’s Conference about?

We started this adventure in 2013. We hoped to create a lecture and experience tailored to men living in Rossmoor. When we started we were unsure how successful this venture would be.

We hoped that 50 men would attend. As it turned out, over 150 attended. This first Men’s Conference and the conferences that followed continued to be a success.

What’s special about this event?

Rossmoor Counseling Services works hard every year to find a speaker who will appeal to the men of Rossmoor and address relevant topics. We try to set up an environment where questions and discussion is encouraged among the participants.

The cost of the ticket includes a tasty lunch at the end of the lecture. We are proud of these event attributes, but that is not what makes this event special.

What makes the conference special – is the men. Every year, we in the Counseling Services office are struck by the energy in the room at the conference. The men who attend this conference seem energized to maximize their enjoyment of life and their experience of aging.

This year we want to try and really complement this energy with our 2017 speaker, Bill Leary, contributor to the Rossmoor News, will speak on “The Upside of Aging.”

Leary is the first to acknowledge that growing old is not all joyful and easy, but our society is wrong to equate it with decline.

Aging is more complicated than that. Leary contributor to the Rossmoor News, will speak on “The Upside of Aging.”

Leary is the first to acknowledge that growing old is not all joyful and easy, but our society is wrong to equate it with decline.

Aging is more complicated than that. He will address:

• The many benefits of aging – the men, women, and society is wrong to equate it with decline.

Aging is more complicated than that. He will address:

• The many benefits of aging – the men, women, and society is wrong to equate it with decline.

The importance of lifelong learning, close friendships, and staying active.

The possibility that retirement years can be the best years of our lives.

Please come and be a part of this event. Come to listen, ask about, and discuss these important subjects. Stay for lunch and meet new friends with new points of view.

Contra Costa Senior Legal Services (CCSLS), in association with the Rossmoor Fund, is offering a free legal clinic for residents of Rossmoor on Wednesday, Oct. 4, in the Muligan Room at Creekside.

Legal staff will be available to assist with: Creating a power of attorney; creating an Advance Health Care Directive; filling out small claims forms; civil lawsuits; obtaining information about debtors’ rights; and elder abuse.

For more information about debtors’ rights; civil lawsuits; obtaining information about debtors’ rights; and elder abuse.

The clinic will not address more complex legal matters such as estate planning, taxes and criminal issues. Residents may be referred to the CCSLS office in Concord for more extensive work or referred to local agencies or private attorneys when appropriate.

These services are available by appointment only; CCSLS cannot accommodate drop-in clients.

Call the CCSLS office at 609-7900 to schedule a free 30-minute appointment.

CCSLS has been providing free legal services to seniors for 40 years. Legal assistance is made available by staff and pro bono volunteers.

For more information about CCSLS, visit www.ccsls.org.

Free legal services offered to residents Oct. 4 by appointment

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- Top Off All Vital Fluids
- $5.50 Hazardous disposal fee

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Counseling Services planning Rossmoor Health Fair for Nov. 2

By Maggie Sharpe
Staff writer

Rossmoor Counseling Services will hold a free Health Fair this fall. The popular fair, which drew 650 residents last year, will be held on Thursday, Nov. 2, from 10 a.m. to 1 p.m., in the Fireside Room at Gate-way.

“In the four years that I’ve been at Rossmoor, I’ve always been impressed by the number of people who come out to the Health Fair and how engaged they are with the vendors,” said Counseling Services Manager Nancy Coxwell. “Our goal is to connect residents with the resources available to them. There’s a whole world of non-profits out there – those are the vendors that we invite to the fair. There are many wonderful resources that are available at no cost to seniors.”

About 40 non-profit organizations that offer various kinds of care, resources and services for seniors will be at the fair. Representatives from the organizations will staff booths in the Fireside Room, where residents can chat with them and ask questions in an informal setting.

The prime focus of this year’s Health Fair will be on vision and hearing services. “In a survey conducted by Counseling Services, we discovered that the most desired resource that residents want to be connected with are vision and hearing services,” said Counseling Administrative Assistant Deborah Rose. “So that will be a major focus at this year’s fair, with such companies as UC Berkeley Low Vision Clinic, Light House for the Blind and Visually Impaired, and California Telephone Access Program represented.”

Other organizations will offer information on safe driving, hospice, Alzheimer’s and Parkinson’s support, legal services, Meals on Wheels, peer counseling, overeaters, and transportation services – to name just few.

Coxwell says that Rossmoor residents are not only interested in receiving, they also ask often how they can give back. Some of the organizations at the fair, including the Institute on Aging and Caring Hands, are busy planning the 2017 Health Fair.

Please do not throw regular trash in containers marked for recyclables. Recycling containers are for cans, bottles and papers only.

Safeway gift cards given to needy residents

If Rossmoor resident homeowners and designated occupants are experiencing some difficulty making ends meet, $50 Safeway cards may be available one time per year per household.

This program is available through the generous contributions of the Rossmoor Fund, Rossmoor clubs and individual residents.

To apply for the cards, call Counseling Services at 988-7750 and ask to meet with Social Workers. The program is confidential and there is no out-of-pocket fee.
Proposed 2018 GRF budget has a $14-plus coupon increase

Continued from page 1A

(continued...)

al increase. (However, the in-
crease has not yet been con-
firmed by Comcast, so this
crease has not yet been con-

jured increases in the proposed
budget, including an estimated
$49,000 for health insurance
and an unknown amount for
electricity savings when the
solar farm goes on line by July
2018.

The Finance Commit-
tee will discuss the budget
again at its meeting on Tues-
day, Sept. 26, at 9 a.m. in
the Board Room, and will pre-
present its recommendations to the
GRF Board at its meeting on
Thursday, Sept. 28, at 9 a.m. in
Peacock Hall at Gateway. The
Board will vote on the final
budget and have a 2018 coupon
amount at that meeting.

Staff worked on
keeping costs down

Day one of the budget meet-
ing covered department bud-
gets, most of which have been
kept flat. In introducing the

Department budgets
Notable changes in the de-

CFO Rick Chakoff prepared
the 2018 budget, as possible, holding the line on
many expenses, but that the
Trust facility/property main-
tenance portion of the budget
has a 3.8 percent increase,
primarily due to the need for
critical asset management.

For many years, the cou-
pon rate increases have been
below the rate of inflation and
when this happens, there is de-
ferred maintenance,” he said.

“Taxes increase another $4.44 per man-

Proposed 2018 GRF budget has a $14-plus coupon increase

GRF President Geri Pyle
Participation budgets include the
following:

• Public Safety: The Se-
curtias contract will increase
$20,068 (1.6 percent) in 2018.

• Bus Transportation: Some
restructuring of staff has tak-
place, adding 35 employee
hours, from 11:15 to 11:50.

• Recreation: The project-
red revenue for Excursions has
dropped $30,000, while the
ticketed events revenue has
been projected to increase by
$75,000. Additional revenue
of $10,000 has been projected
for the several shred days held
throughout the year.

• Fitness: Personal training
revenue is projected to increase
by $30,000. The supplies bud-
get is projected to decrease by
$16,000 because the new Fit-
ness Center will have a vast
majority of new equipment and
a majority of it will be new in
2018.

GRF Director Steve Roath

• Golf Course: With resident
fee increases recommended
for 2018, an additional income
of $20,000 is expected. In-
creasing the annual card could
close in $20,000 addi-
tional income.

• Communications: In-
crease projected in bus adver-
sizing not added. $25,000. The
News advertising revenue ex-
pected to remain the same.

Day two–staff proposals

Day two of the budget
meetings started out with
recommendations for adding
4.5 staff positions plus a re-
cycle consultant in 2018 at a
loss for cost and salaries of
$356,000.

The requested positions
are a landscape technician for
Trust properties, a recy-
cycle consultant (not a perma-
nent position), front desk staff
for the Fitness Center (1.5), a
new fitness specialist for the
Fitness Center and one golf
course staff position.

Mutual Operations Direc-
tor Paul Donner explained that
with the addition of the Event
Center, the dog park, the ta-
ble tennis facility, the boxe
 courts, the median outside the
gate, added color spots and
more than six miles of hiking
trails to the Trust amenities
over the years, additional staff
does not have been added to
accommodate the increased
workload. “We have become thin in
the Landscape Department,” he said.

An additional position is
needed to prevent letting the
state of Rossmoor’s amenities
depreciate as a result of the
additional workload.

Della Temple of the Fi-
cance Committee asked what
would happen if this position
was not added.

“We would continue to
do the best we can with what we
have,” Donner said. “There are
times we don’t get things
done quickly enough, or there
may be a broken sprinkler we
are not able to fix.”

Recycle consultant

Donner also recommend-
ed that GRF enter into a six-
month agreement with a re-
cycle consultant at a cost of
$60,000 to develop a com-
plete comprehensive recycle
plan that would be designed
and implemented specific-
ally for Rossmoor. The agree-
ment would also include 30 days
of on-site training for the land-
scaper manager and other key
Rossmoor staff.

The proposal does not include
Continued on next page
Additional staff proposed in GRF’s 2018 budget

Continued from page 10A

any new equipment that may be needed. “The expectation is that some or all of the expense would be recovered through reduced water usage, reduction in waste disposal fees, composting expense and revenue from recyclables,” Donner said.

Fitness Center staff

In presenting his request for 1.5 staff to the Fitness Center, Resident Services Director Jeff Matheson said that once the Fitness Center is open it is estimated that the new facility will be busier than ever, especially at the front entrance. He recommended that the front desk be staffed by two employees during the week from 6 a.m. to 5 p.m., one employee in the evenings from 5 to 9 p.m. and one employee on weekends from 6 a.m. to 6 p.m.

“This additional coverage requires adding 1.5 full-time-equivalent staff, or 60 hours a week,” he said.

Matheson added that the Fitness Center is Rossmoor’s busiest facility with 100,000 visits per year. Both pool and fitness users will use the front entrance and staff will be selling merchandise, drinks and snacks. “It’s going to be a very busy place and the extra staff enables us to offer a higher level of service,” he said.

Temple asked the question again: “What happens if we don’t do this?”

Matheson said it is a level of service issue. “Is this what you and the community want? If we only have one person at the front desk, he may not be able to be as attentive as residents would like,” he said.

GRF Directors Carl Brown, Steve Roath and Mary Neff said they would support extra coverage during the early months of the new Fitness Center but did not think it was necessary to continue that extra coverage or that an additional 60 hours was needed.

Matheson also requested a new fitness specialist at the Fitness Center at a cost of $60,000, as recommended by the Fitness Center Advisory Committee, but that request did not get much traction.

Finance Committee member Della Temple the golf course maintenance staff at a cost of $85,000 a year. During the drought, when 40 percent of the sprinkler heads were shut down for irrigating tees, fairways and greens, Heptig and the golf course superintendent felt it was in the best interest of Rossmoor to reduce the crew by two positions.

“Now that the drought is over and we are now watering... Continued on page 12A

Continued from page 10A
Increased revenue, Trust, maintenance for 2018 discussed at budget hearing

Continued from page 11A

all parts of the golf course, we find ourselves falling behind in some of our regular tasks,” Heptig said. “For example, we have not edged the cart paths this year and we have not been able to maintain the sand bunkers properly, and we are falling behind on maintenance.”

He said that in hindsight, the cuts last year may have been too severe.

“I commend you for cutting the two positions,” said Neff. “I support the idea to put something in the budget,” said Finance Committee member Jean Autrey.

PG&E energy savings program continues

As part of the observation of Emergency Preparedness Month in September, the Emergency Preparedness Organization (EPO) of Rossmoor will sponsor a presentation about local emergency plans.

The presentation is on Monday, Sept. 11, at 9:30 a.m. in the Fireside Room at Gateway.

The speakers will be Dennis Bell, Rossmoor’s Public Safety manager, and Briana Taylor, a Red Cross representative. Her experiences include being deployed to Hurricane Katrina, the Oklahoma and Indiana floods and the Valley Fire.

Taylor has been in charge of government and community partnerships in Contra Costa County for several years. She will talk about the details of local emergency plans, particularly as they pertain to Rossmoor.

EPO plans to have other educational events, including an Emergency Preparedness Fair on Saturday, Sept. 23. Details in the mail will be announced later.

Board Agenda

Following is the agenda item for the GRF Board regular meeting on Thursday, Sept. 28. A complete agenda package will be on the Rossmoor website beginning Monday, Sept. 25. Go to www.rossmoor.com. Click on Resident Info/ Rossmoor Governance/ GRF Board agenda.

1. Consider approving the proposed 2018 GRF Operations Budget.

2. Review and discuss the rates were fair.”

3. The solar farm.

4. Although the solar farm will not be on line until July 1, 2018, the committee and Board wonder if the electricity savings could be built into the 2018 budget. It has been estimated that GRF could save $144,000 a year on its electric bill when the solar farm is fully operational.

5. “I think it would be a good idea to put something in the budget,” said Finance Committee member Jean Autrey. However, Finance Committee member Paul Rosenzweig said he is leery about putting the savings in the 2018 budget because it is known for delaying solar hook-ups.

6. Matheson said that until the solar farm is online and operational, it is hard to estimate how much Rossmoor would save.

7. Putting the electricity savings in the budget from the solar farm received 10 votes.

8. The pension plan.

9. CFO Rick Chakoff reported that the actuary projects and recommends that the contribution to the pension plan be an average of $1.025 million per year over the next ten years.

10. “In some years, the return may be less than 6 percent, which could require a somewhat greater contribution; however, assuming a long-range return of 6 percent, the contribution should average $1.025 million,” he said.

11. GRF’s contribution will be $707,250 in 2018. The balance will be picked up by the Mutuals.

12. Trust facility/property maintenance projects.

13. The list of proposed 2018 trust facility and property maintenance projects totaled $504,000 and included the following. All the projects received the support of the Board and the committee.

   a. Street maintenance
   b. Sidewalk maintenance
   c. Water/sewer drainage repairs
   d. Open space maintenance
   e. Equipment replacement
   f. Dollar pool deck repairs
   g. Dollar pool light replacement
   h. Fence painting
   i. Trash and recycle receptacles
   j. Gateway painting
   k. Valley-wide flooring repairs

14. The list of 2018 maintenance projects will be announced later.


16. Cross will provide the necessary information of Emergency Preparedness Month in September, the Emergency Preparedness Organization (EPO) of Rossmoor will sponsor a presentation about local emergency plans.

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18. The speakers will be Dennis Bell, Rossmoor’s Public Safety manager, and Briana Taylor, a Red Cross representative. Her experiences include being deployed to Hurricane Katrina, the Oklahoma and Indiana floods and the Valley Fire.

19. Taylor has been in charge of government and community partnerships in Contra Costa County for several years. She will talk about the details of local emergency plans, particularly as they pertain to Rossmoor.

20. If needed, a Red Cross shelter will be located in Rossmoor. The Red Cross and GRF are looking for Rossmoor residents who will volunteer to staff such a shelter. The Red Cross will provide the necessary training.

21. All are welcome to attend the presentation. EPO members and entry coordinators in particular are invited.

22. EPO plans to have other educational events, including an Emergency Preparedness Fair on Saturday, Sept. 23. Details in the mail will be announced later.
Alzheimer’s/Parkinson’s fundraiser has Kentucky Derby theme

The Royal Society Jazz Orchestra will play at the Rossmoor Rotary Club’s Alzheimer’s/Parkinson’s gala fundraiser on Oct. 14.

Live music, dinner and dancing at Event Center

There is still time to purchase tickets to the Rossmoor Rotary Club’s big Alzheimer’s/Parkinson’s fundraiser. Use accompanying coupon to reserve a spot at this gala.

Kentucky Derby Night is the theme of the Rossmoor Rotary Club’s 32nd annual Alzheimer’s/Parkinson’s fundraiser, which will be held Saturday, Oct. 14, starting at 5 p.m. at the Event Center. All residents are invited. It is not necessary to be a member of the Rotary Club.

The event will feature a Kentucky dinner catered by Sunrise Bistro, mint juleps, an auction, door prizes, a hat contest and entertainment by the Don Neely Royal Society Jazz Orchestra, which will play Southern tunes. The menu will be fried catfish or fried chicken, green beans, cheesy grits and cornbread. Famous Derby pie is for dessert.

The 10-piece Royal Society Jazz Orchestra is world-renowned for capturing the essence of hot 1920s. It offers syncopated Big Band jazz and 1930s swing. The innovators of the Jazz Age and Swing Era are the group’s inspiration; the orchestra has a personality all its own.

Supporting local organizations

This fundraiser has brought in more than $900,000 for local organizations that assist patients with Alzheimer’s and Parkinson’s disease. These organizations include the Alzheimer’s Association of Northern California, Alzheimer’s Association of America, City of Hope, Diablo Respite Center, Family Caregiver Alliance, Food Bank of Contra Costa and Solano, Hospice of the East Bay, Lamorinda Adult Respite Center, LOPC Alzheimer’s Support Group, Meals on Wheels, Mt. Diablo Center for Adult Day Health Care, National Parkinson’s Foundation, Parkinson’s Network of Mt. Diablo and UC Davis-Alzheimer’s.

The event will be a member of the Rotary Club.

To make reservations, contact Bea Moulton at 707-328-7595. Or, residents can send a tax-deductible donation to the Rossmoor Rotary Foundation, PO Box 2177, Walnut Creek, CA 94595.

Information during emergencies

Here is how residents can find out more information during water and power outages and emergency situations such as a fire: Tune in to Channel 28 and watch for a “crawl” across the bottom of the screen that runs a continuous announcement of the emergency. Check the Rossmoor website, www.rossmoor.com. Hit the News and Events tab and then Breaking News. Or Call the Rossmoor Information Telephone Service at 988-7878. At least one of these forms of communication should have the information.

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“Legal Care for Generations”
Mutual 29 salutes disaster monitors

The Emergency Preparedness team of Mutual 29, comprised of 106 monitors all located on Ptarmigan Drive Entry 17, held a Salute to Manor Monitors event on Sept. 12. The event recognizes the volunteer efforts of the 18 monitors in the Mutual. These monitors are responsible for contacting residents in designated buildings following an earthquake or other disaster. The monitors flag the buildings so that the emergency team may contact the Community Emergency Response Team (CERT) and other first responders to relay the status of the Mutual.

Monitors also participate in annual drills. The salute provided an opportunity for the emergency team and the Mutual board to express their appreciation, to provide refreshments, and to give each monitor a can of 50-year shelf life water. For information about this program, call entry coordinator, Mike McLaughlin, at 406-868-0934.

Women’s Collective will meet on Sept. 28

The newly formed Rossmoor Women’s Collective will hold its third monthly meeting on Thursday, Sept. 28, from 10 to 11:30 a.m. in the Fairway Room at Creekside. Members plan to invite professional women to speak at the monthly meetings. Speakers will offer information and support on issues important to women’s mental and physical health. There will also be time for members to ask questions and share stories about their own experiences.

Members were asked to fill out a survey in July, prioritizing their questions in the following categories: finance, legal, health care and maintaining wellness, real estate, relationships, home, auto upkeep, and contracts and technology.

The category, "relationships," drew a big response from members, whose questions centered on such topics as family communication, expectations of family visits, handling holidays if alone, how to ask children for help, and how to connect with new neighbors and friends.

Due to this interest, Dr. Linda Brunson was invited to address these issues at the Sept. 28 meeting. Brunson, a clinical psychologist, uses both cognitive-behavioral therapy (which explores how people think of themselves and their life situations) and psychodynamic approaches (which focus on understanding thoughts and feelings), and how to prevent and treat them. She will offer information and support on issues important to women’s mental and physical health. There will also be time for members to ask questions and share stories about their own experiences.

Results of the survey will be shared in more detail at the September meeting.

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Results of the survey will be shared in more detail at the September meeting.

RSVP to Oldenburg at jann@seniorvisionsaryservices.com or 699-2295. Refreshments will be served.

A meeting for interested planners will be held on Thursday, Sept. 21, from 3 to 4 p.m. at Oldenburg’s home on Fairlawn Court. Contact her at 699-2295 or jann@seniorvisionsaryservices.com to RSVP or for more information.
First Mutual discusses recycling, maintenance, fines
By Christine Folger
Secretary

Eight residents addressed the First Mutual board during the forum of the Aug. 25 monthly meeting. The Trash Talkers Committee presented information about recycling and reducing the landfill bins, which in turn reduces the cost to First Mutual and is the best course of action for the environment.

Other issues brought up by residents included manor renovation, carport storage cabling, barbecuing on balconies causing smoke, odors and fire hazard, mirrors for traffic vision and smooth flooring alternatives.

First Mutual Building Maintenance Manager Doug Hughes is keeping track of outstanding issues for Landscape Manager Rebecca Pollon. Irrigation was increased during the heat wave. There have been reports of moles and voles destroying the lawns. Residents are to call the Work Order Desk (988-7650) directly for lawn hot spots and irrigation problems.

First Mutual Treasurer Sally Nordwall reported that the Mutual is in good shape with a large sum of money. Automatic coupon payments have helped keep residents current in their HOA dues. Hughes has been doing a great job in estimating future annual budgets. He has kept the water cooled conversion project on budget and on schedule.

The year-to-date sales are $84 and the average medium price is $343,500.

Directors Jerry Priebat and Shanti Haydon reported that they have had good results and positive feedback on the carport clearups in their districts. The board discussed increasing the fines for violations, which is currently $25 per violation. Violators will receive a letter from the First Mutual board and if there is no change in behavior, a board hearing will be scheduled to assess fines and/or any other action provided for in the Mutual policy, rules and regulations.

This change of policy will have a 30-day period for comments. The increases that will be discussed at the October board meeting are: $100 for the first violation, $200 for the second violation and $300 for the third violation.

Next meetings
First Mutual board: Friday, Sept. 22, at 11 a.m. in the Donner Room, Event Center
Landscape Committee: Friday, Oct. 6, at 11 a.m. in Multi-purpose Room 1, Gateway

New name for Fitness Center to be considered
The Aquatics and Fitness Center Advisory Committees have recommended to the GRF Board a name for the new fitness facility.

The Board is grateful for the committees’ recommendation and has formed an ad hoc Board committee to formally consider the Aquatics and Fitness Committees’ recommendation, as well as other suggestions.

A meeting of the ad hoc Board committee is scheduled on Friday, Oct. 6, at 2:30 p.m. in the Board Room at Gateway to review all options.

First Mutual Treasurer Sally Nordwall reported that the mutual is in good shape with a large sum of money. Automatic coupon payments have helped keep residents current in their HOA dues. Hughes has been doing a great job in estimating future annual budgets. He has kept the water cooled conversion project on budget and on schedule.

The year-to-date sales are $84 and the average medium price is $343,500. Hughes reported that carpenters are currently working on 23408 Golden Rain Road, Entry 16, and 1917 Golden Rain Road, Entry 11. Painting contractors are finishing up on 1516 Golden Rain Road, Entry 2, and 1935 Golden Rain Road, Entry 11. Air conditioning conversions are 72 percent completed (84 of 116 conversions for the year).

Informed Rossmoor Voices (IRV) has been presenting a discussion series about how the Mutuals deal with change. At its third event, IRV invites those interested in both solar installations and electric cars to visit Mutual 48 (solar) and Fifth Mutual member Carol Weed’s garage (electric car/charging station).

To find out more, meet at Gateway parking lot in the corner of Golden Rain and Tice Creek on Thursday Oct. 5, at 5:45 p.m. Drivers who can take up to four passengers are needed to drive the Primmagen Drive, Entry 20, parking lot. Make a right turn into the entry. There, Richard Pancoast will lead a solar project walkthrough. He also has a Kia Soul EV and charger in his garage.

Then we will carpool to Weed’s Avenida Sevilla garage to view her Chevy Bolt and its charging station. IRV’s President Wayne LaNier is enthusiastic about these presentations and thinks other residents will be also.

Residents who can drive in the carpool should email Sally Kirby at sallykirby@aol.com.

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Secure Reports

The following are the major incidents reported to Security, Rossmoor’s security service provider. They appear here as they were initially reported to Security. After investigation, details of a case may indicate a lesser or different incident description. If the case warrants it, the News will do a follow-up story.

Most of the calls to Security from Sept. 7 through 13 were routine, dealing with welfare checks, lockouts and nonemergency assistance, among other things.

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How to place a security freeze on credit files

There is a good chance that many Rossmoor residents are among the 143 million American consumers whose sensitive personal information was exposed in the data breach at Equifax, one of the nation’s three major credit reporting agencies. The hackers accessed people’s names, Social Security numbers, birth dates and addresses.

Residents want to know what steps they can take to protect their information from being used by scammers. The first thing the experts say is to monitor all banking and credit card accounts weekly. The second is to put a “security freeze” on personal credit files with the three major companies: Equifax, Experian and TransUnion.

A security freeze means that your file cannot be shared with potential creditors. A security freeze can help prevent identity theft. Most businesses will not open credit accounts without first checking a consumer’s credit history. If your credit files are frozen, even someone who has your name and Social Security number would probably not be able to get credit in your name.

To place a freeze, contact each of the three credit bureaus. The freeze can be requested online, by mail or by phone. A sample letter is at the end of this article along with the credit bureaus’ addresses.

Here are the links to the three companies. If these links do not work, search “security freeze” on the credit bureau websites.

www.freeze.equifax.com  
www.experian.com/freeze-center.html  
www.transunion.com/credit-freeze/place-credit-freeze

The Equifax customer service phone number is 866-640-2273. Because of the security breach, it may be impossible to reach a person on the phone without a long hold time.

It normally costs $10 to place a freeze with each of the three credit bureaus. This fee varies by state. That would be a total of $30 to freeze your files.

If you are 65 or older, however, there is no cost. Proof of age is required. However, Equifax is not charging a fee to anyone at this time because of the breach.

If you want to open a new credit account or get a new loan, you can:

• Lift the freeze on your credit file.
• Lift the freeze for a specific creditor.

After you contact the credit bureaus asking for the freeze, each credit bureau will send you a personal identification number (PIN). You will also get instructions on how to lift the freeze by using your PIN. The credit bureaus must lift your freeze within three days.

Here is the information a letter should have:

• I would like to place a security freeze on my Experian credit file.
• My full name is:
• My current home address is:
• Below is a list of my addresses for the past two years:
• My Social Security number is:
• My date of birth is:
• As proof of my residence, I am enclosing the following:

To receive free digital service, order a converter box or discuss ongoing customer service issues with Comcast, Rossmoor residents should call the following number for help specific to Rossmoor: 1-800-407-2997

AARP Smart Driver Course offered

The AARP Smart Driver Course is offered in Rossmoor to help residents refresh their skills as well as learn the latest driving laws.

After taking the course, many residents are eligible to receive discounts on their car insurance rates. (It is advised that residents call their own insurance carriers to find out about AARP discount rates.)

The required first class is broken up into two sessions. The class will be offered on Tuesdays, Oct. 17 and 24, from 8:30 a.m. to 12:30 p.m. in Multipurpose Room 3 at Gateway.

At the end of day two instruction, allow an additional 15 to 20 minutes for the complete distribution of certificates.

The refresher class is offered to residents who have taken the eight-hour course but have not taken a refresher class within the last three years. The next refresher course will be offered on Friday, Oct. 27, from 9 a.m. to 1 p.m. in Multipurpose Room 3 at Gateway.

The cost is $15 for AARP members and $20 for non-members. Residents must sign up in person in the Recreation Department at Gateway prior to Friday, Oct. 14, for the eight-hour class and prior to Tuesday, Oct. 24, for the refresher class. Discounts must be made by check when signing up for the class. AARP members must bring proof of membership.

Classes are limited to 20 students and registration is on a first-come, first-served basis. All students are required to bring their driver’s license to the class. No exceptions are allowed.

For personal comfort, students are advised to bring a light sweater or jacket, as the room temperature can fluctuate. Students may also wish to bring water and a light snack. For information, call Leslie DeWolf at 988-7766.

Tax-Aide needs volunteers

Contra Costa County AARP Tax-Aide is long from volunteers to become members of a team providing free tax preparation for individuals of all ages. Tax-Aide volunteer positions include tax counselors who are trained by Tax-Aide and certified by IRS, and client facilitators, who schedule appointments and assist clients at tax sites.

Orientation is in November 2017; classes for tax counselors start in January 2018. Service is from February through April 15, 2018.

Anyone who likes working with people and is good with numbers should apply online at www.aarp.org/taxvolunteer or call LaVerne Gordon at 726-5399 for additional information.
Learn about Medicare at info sessions

Medicare open enrollment is from Oct. 15 through Dec. 7. The Contra Costa Health Insurance Counseling and Advocacy Program (HICAP) will give morning and afternoon talks in Rossmoor to help residents understand and best use their coverage.

On Tuesday, Oct. 10, the presentation will be at 2 p.m. in the Fireside Room at Gateway. On Thursday, Oct. 12, it will be at 10 a.m. in the Fireside Room.

Registered HICAP volunteers will first review Medicare basics and then discuss what’s changing for 2018. Detailed handouts about Medicare health and drug plans for 2018 will be provided.

HICAP will also share tips for saving money on medications since the cost of prescription drugs can be very expensive regardless of someone’s insurance. Even if you like your current plan, it may no longer be best for you. Plans can and do change their covered drugs, copays, doctor networks and more each year. Also, your needs may have changed. At one open enrollment event last year, HICAP saved people as much as $12,000 due to plans changing their list of covered drugs.

For information, see www.cchicap.org or call 602-4163. No products are sold or endorsed.

Sign up for Walnut Creek’s Community Service Day Oct. 14

Residents are invited to sign up for Walnut Creek’s annual Community Service Day on Saturday, Oct. 14.

This year’s line-up features 50-plus projects, including work at local schools, public libraries, parks and gardens, downtown area, along creeks and in Rossmoor. Volunteers can help with the following projects:

Set up the downtown Oktoberfest event; distribute emergency preparedness information in local neighborhoods; create seasonal tray favors for meal deliveries to seniors; work in the Lindsay Wildlife Hospital; create a children’s garden at Heather Farm; make educational “in-instructional” kits for school music program; collect food for the needy; and watch a local company turn the cans into a replica of the Golden Gate Bridge.

Community Service Day kicks off with a free pancake breakfast from 7:30 to 8:30 a.m. at Heather Farm Park Community Center, courtesy of the Lions clubs of Walnut Creek.

From there, volunteers will fan out across Walnut Creek to work on a variety of projects. Space is limited in many of the projects so volunteers are encouraged to register as soon as possible.

For a list of projects and online registration, visit www.walnut-creek.org/service or call the Community Service Day hotline at 256-3505. For information, email service-day@walnut-creek.org.

Rossmoor Fund helps residents

Residents who find themselves in a financial emergency can turn to the Rossmoor Fund for help. The Rossmoor Fund offers grants for medical expenses not covered by insurance; optical expenses; hearing aids; temporary care-manuals; insurance; optical expenses; and cal expenses not covered by insurance.

Grants are generally limited to those whose annual income is less than $24,000, or for those whose annual income is less than $24,000, or for those whose combined income less than $32,000. Assets are taken into account. Many residents report that asking for help can be difficult, but that the financial aid has been significant in improving their lives.

A one-page application is all that is needed to apply. Contact counseling Services at 988-7750 or the Rossmoor Fund at 567-FUND (3863) and be confident that the application will be handled quickly and with complete confidentiality.

The Rossmoor Fund is generously supported by residents of Rossmoor as well as organizations.

Democrats to hear from Labor Center chairman

The UC Berkeley Center for Labor Research and Education (Labor Center) Chairman Ken Jacobs will speak at the Democrats of Rossmoor monthly membership meeting on Thursday, Sept. 28, at 7 p.m. in the Event Center. The social hour and town square begin at 6 and refreshments will be served.

The Labor Center, established in 1964, is a public service and outreach program of UC Berkeley’s Institute for research on Labor and Employment. Jacobs has been a labor specialist at the Labor Center since 2002. His areas of specialization include low-wage work, labor standards policies and healthcare coverage.

Jacobs argues that low-wage jobs, including manufacturing jobs, are a drain on taxpayer-funded programs. In a new report that he co-authored at UC Berkeley, he says that new evidence shows that more than a third of workers in non-supervisory manufacturing jobs receive some form of assistance from public-safety-net programs for themselves or a family member. The costs have been shifted from businesses paying low wages to federal and state-funded programs, and that those low wages in the manufacturing industry cost taxpayers approximately $10.2 billion each year in public assistance.

Jacobs argues that it’s past time for lawmakers at the federal and state levels to demand not just factory jobs — but good-paying jobs that will once again provide paths to the middle class.

For information on this and all other club events, visit www.democratsrofrossmoor.org.
S.F. Comedy Competition semi-final is next Wednesday at Event Center

Come and see up-and-coming stand-up comedians perform at a semi-final round of the San Francisco Comedy Competition on Wednesday, Sept. 27, at 7 p.m. in the Fireside Room at Gateway.

Hundreds of comedians audition each year to compete in the annual competition. Only 30 are chosen. Many talented comedians have since emerged from the event to become major stars.

The competition develops its contestants by forcing them to adjust to a variety of audiences, in comedy clubs, colleges, casinos and theaters, while enduring the strain of an extended road trip.

In the competition’s first year in 1975, Robin Williams came in second. The 1977 champion Dana Carvey went on to “Saturday Night Live” and 1979 champ Marsha Warfield went on to “Night Court” to star as Roz the bailiff.

Two first-runners-up – Ellen DeGeneres in 1985 and Mark Curry in 1989 – landed their own TV series. The 1993 finalist Patton Oswalt landed a role on “King of Queens” and became the voice of “Fratenuk K.” Louis CK also participated in the contest.

The San Francisco Comedy Competition is an annual, multi-week, judged, stand-up comedy contest. Contestants perform 8 to 12 minutes in the semi-finals week. The top five from the semi-finals move on to the finals. In the finals, they perform for 15 to 20 minutes in five more shows. Then, a winner is crowned.

Tickets are $15 and may be purchased in advance at the Recreation Department at Gateway. This program is sponsored by the Recreation Department and is open to all residents and their guests.

Recreation offers free papier-mâché class

Rossmoor Recreation Department is offered a free class on how to make a papier-mâché napkin ring on Tuesday, Sept. 26, from 10 a.m. to noon in the Vista Room at Hillside Clubhouse.

Enjoy singing Jewish (and some non-Jewish) songs lead by Achi Ben Shalom on guitar and Barry Brian on piano. Meet new and returning members of the chorus and review the songs members will learn.

The Thursday rehearsals start on Oct. 5, and will be from noon to 1:45 p.m. at Dollar. Rehearsals will continue through the fall and winter with a Rossmoor concert at a date to be determined.

The chorus is a small community of like-minded folks who share a love of choral music and a desire to conserve and nourish Jewish culture.

Shalom studied music education and conducting at Tel Aviv University and the College of the Holy Names in Oakland. He is well known as a specialist in Jewish and Israeli music.

He has worked most of his adult life as a music instructor, arranger and choral conductor. He performs as a solo singer-guitarist and with his band, Adama. He conducts choral groups, such as the Nigunim Community Chorus, the San Francisco Jewish Folk Chorus and the Lake Merritt Singers.

Brian, a Rossmoor resident, has been creating and conducting Jewish choruses for over two generations. Since 1968, he has founded and directed seven Jewish synagogue choruses and a Jewish community chorus.

He has sung in choirs, including two professional ones, since age seven. He minored in music at MIT. A regular attendee of the North American Jewish Choral Festival, he continues to be enriched from the world’s leading Jewish choral directors and singers.

For information, contact Barry at barrybrian@alum.mit.edu or at 215-285-0854. Shalom can be contacted at achibensha-lom@gmail.com or at 510-528-8872.

Eliot Kenin and Spirit of ’29 will perform at the Spotlight

The Spirit of ’29 traditional jazz band featuring Eliot Kenin will perform at The Spotlight on Wednesday, Sept. 27, at noon in the Fireside Room at Gateway.

The Spirit of ’29 band has performed together since 1980. Since their formation, they have played at numerous fairs, clubs and music festivals, including the Alameda County Fair and the Sacramento Jazz Festival. The band has played for the San Francisco Giants under the name of the Old Navy Splash Landing Band.

The personnel include: Kenin on banjo, Gene Maurice on trumpet, Bill Bardin on trombone and Mike Harryman on bass and saxophone.

As this is the last Spotlight program for the month of September, residents attending the show on a special birthday this month will receive a complimentary piece of birthday cake.

Prior to the show, Fiona’s Pantry will have a wide variety of food items for sale, such as sandwiches, doughnuts, cookies and more. The Spotlight is a free program sponsored by the Recreation Department and is open to all residents and their guests.

International Book Club to discuss ‘Righteous Mind’ at Friday meeting

Rossmoor residents are invited to join members of the International Affairs Book Club on Friday, Sept. 29, at 7 p.m. in Multipurpose Room 3 to discuss “The Righteous Mind: Why Good People Are Divided by Politics and Religion” by Jonathan Haidt.

As America descends deeper into polarization and paralysis, social psychologist Haidt challenges conventional thinking about moral, political and religious, speaking to everyone on the political spectrum.

Drawing on his 25 years of groundbreaking research on moral development, he shows how moral judgments arise not from reason but from gut feelings.

He shows why liberals, conservatives and libertarians have such different intuitions about right and wrong, and why each side is actually right about many of its central concerns.

Haidt also seeks to understand the miracle of human cooperation, as well as the curse of eternal divisions and conflicts.

Haidt is the Thomas Cooley professor of ethical leadership at New York University’s Stern School of Business. His four TED talks have been viewed more than 5 million times.

He was named a top 100 global thinker in 2012 by Foreign Policy magazine, and one of the 65 “World Thinkers of 2013” by Prospect magazine. He is the author of more than 90 articles and two books.

The club’s selection for the Oct. 27 reading is “Asia’s Cauldron: The South China Sea and the end of a Stable Pacific” by Robert Kaplan.

For more information, contact Gary Hansen at gmustang61@aol.com or 954-8425.

Recreation offers free papier-mâché class

Rossmoor Recreation Department is offered a free class on how to make a papier-mâché napkin ring on Tuesday, Sept. 26, from 10 a.m. to noon in the Fireside Room at Gateway.

Students will make napkin rings using cardboard tubes, paper, and mod podge. Students are required to bring a pair of scissors to class. There is a class maximum of 20 students.

To register, call Elena Ybarra at 988-7703.

Barry Brian and Achi Ben Shalom lead the Rossmoor Jewish Community Chorus.
REBECCA GILMAN'S POWERFUL AND FRIGHTENING LUNA GALE

By Charles Jarrett

Aurora Theater’s “Luna Gale” is a young couple accused of murdering their newborn baby, although they didn’t do it. This is Rebecca Gilman’s first play, and it’s a raw, emotional, and profoundly moving work that explores themes of responsibility, guilt, and the human capacity for both love and destruction.

The play opens with a scene of a young couple, Linda and Robert, who are trying to make sense of their lives after the tragic loss of their baby. Linda is struggling with the guilt of not being able to save the child, while Robert is trying to help her through it. As the play progresses, it becomes clear that both Linda and Robert are harboring their own secrets and guilt, and that they are struggling to come to terms with what has happened.

The play is set in a small town, where Linda and Robert are living with Linda’s parents. The family is trying to help Linda and Robert cope with their loss, but they are also struggling with their own feelings of guilt and failure.

The play is written in a very realistic style, and it is performed by a talented cast of actors, including Rebecca Gilman herself, who plays the role of Linda. The performances are powerful and moving, and they will leave the audience feeling moved and emotionally drained.

The play is not easy to watch, but it is an important piece of theater that challenges us to think about the nature of responsibility, guilt, and the human capacity for both love and destruction.

**Larry Vuckovich Latin Jazz Quintet performs Oct. 8 at Event Center**

NOROOT 907

On Oct. 8, Larry Vuckovich Latin Jazz Quintet will perform at the Event Center in Rossmoor. The band is known for its dynamic and engaging performances, and it is sure to be a highlight of the event.

The band features Larry Vuckovich on trumpet, Rich Owens on piano, Gerken on trombone, Fazio on reeds, and Vuckovich on drums. The quintet has been together for over 40 years and has performed all over the Bay Area.

The event will feature a variety of Latin jazz standards and original compositions, as well as some great Latin hits, special standards from the Great American Songbook, and some great Latin hits. The program will include some great Latin hits, special standards from the Great American Songbook, and some great Latin hits.

**Dixieland Jazz Club welcomes Rich Owens’ Thrown Together Jazz Band on Sept. 27**

On Sept. 27, the Dixieland Jazz Club will host Rich Owens’ Thrown Together Jazz Band at the Event Center. The band is known for its dynamic and engaging performances, and it is sure to be a highlight of the event.

The band features Owens on piano, Gerken on trombone, Fazio on reeds, and Vuckovich on drums. The quintet has been together for over 40 years and has performed all over the Bay Area.

The event will feature a variety of jazz standards and original compositions, as well as some great Latin hits, special standards from the Great American Songbook, and some great Latin hits. The program will include some great Latin hits, special standards from the Great American Songbook, and some great Latin hits.
Ceramic Arts Club to hold classes

Richard Glazier presents display on the table nearest the windows before members are asked to leave pieces for this new of the Ceramic Studio will be changed. CAC 415-816-6643. doesn't show up, the deposit will be forfeited. If someone place. When participants come to the work- list posted near the chalkboard in the Ceramics They are asked to sign up in advance on the building techniques. It is a great opportunity for beginners or anyone who needs ideas or has questions. Participants will get creative while reviewing basic hand building techniques.

This workshop is open to all CAC members. They are asked to sign up in advance on the list posted near the chalkboard in the Ceramics Studio and deposit a check for $10 to hold their place. When participants come to the work- shop, their deposit will be refunded. If someone doesn’t show up, the deposit will be forfeited. For information, contact Diane Parkhill, 415-816-6643.

Window display change

On Monday, Oct. 9, the front window display of the Ceramic Studio will be changed. CAC members are asked to leave pieces for this new display on the table nearest the windows before 11 a.m. on Oct. 9. Each piece must be accompanied by an iden- tifying slip with the artist’s name, phone num- ber and price, if for sale. The identifying slips are in the blue sales ring-binder kept between the two display windows.

For information, contact Joy Hicks, 939- 3316.

Laurie Curtis demo

There will be a general meeting on Tuesday, Oct. 10. Following a brief business meeting, there will be a demonstration by Laurie Curtis, a well-known local ceramic artist. This meeting and demonstration is open to anyone who wants to attend.

Curtis studied fine arts in high school and college and fell in love with watercolor painting on paper. About 20 years ago, an Italian artist friend introduced her to Italian Majolica ce- ramics products and she realized she could use them like watercolors on top of glaze and make beautiful pottery.

The materials she uses today are the same that Italians have been using for centuries: terra cotta clay topped with white glaze then painted with designs using mineral oxides and underglazes. Her Majolica ceramics have been shown and sold in many stores and wineries in Marin County and the wine country. Her work can be viewed at www.lauriecurtis.net.

Richard Glazier will per- form his program, “Lights, Camera, Music!” on Tuesday, Oct. 3, at 7 p.m. in the Tahoe Room at the Event Center.

Classically-trained, award- winning pianist Glazier had an epiphany at age nine, when he saw the film “Girl Crazy” with a score by George and Ira Ger- shwin.

He was so excited by the mu- sic he heard, he was prompted to write a fan letter to famed lyricist Ira Gershwin. After corresponding with each other for three years, Gershwin in- vited his young friend, then 12, to meet him in Beverly Hills.

During their visit, Gershwin asked Glazier to play a Ger- shwin tune on the piano that once belonged to his brother, legendary composer George Gershwin.

Fueled by Gershwin’s en- couragement and interest, Glazier dedicated himself to the Gershwin repertoire and the American Popular Songbook, eventually becoming one of the genre’s leading authorities.

Over the years, he has also developed a keen interest in contemporary music standards from the Broadway stage and the Hollywood screen.

Glazier’s passion for the great American popular song and more contemporary stan- dards has led him to create special programs celebrating both eras.

He plays incredible piano arran-agements, and then tells the history behind the songs, shar- ing fascinating stories about the composers, the shows, the films and the stars. He also shares funny anecdotes.

His programs often include vintage images and rare film clips. He has performed in al- most every state and has been a soloist with pops orchestras across the country.

Glazier has had three na- tionally broadcast television specials on PBS. The shows have won multiple awards, in- cluding four Telly Awards for outstanding achievement in entertainment, documentary and cultural programming.

This program is sponsored by the Recreation Department and is open to all residents and their guests. Tickets are $12 in advance at the Recreation De- partment at Gateway.

Fire prevention: kitchen safety

• Keep towels, potholders, dried flowers, garlic braids – anything combus- tible – away from the stove.
• When leaving the kitchen while cooking to answer the phone, go to the bathroom, an- swer door, etc., turn the stove off.
• When cooking, set a portable timer and carry it in a pocket so as not to forget there is something on the stove.
• Do not overheat oils, fats while cooking.

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Pianist Richard Glazier

Richard Glazier's passion for the great American popular song and more contemporary standards has led him to create special programs celebrating both eras.
Recreation offers class on how to make cards

The Recreation Department will offer a free class on how to make personal greeting cards on Tuesday, Oct. 3, at 10 a.m. in the Fairway Room at Creekside. The class will be taught by Linda Rogers, who has been creating her own greeting cards her whole life. She began teaching 10 years ago. She has taught at Aegis, Lafayette Community Center and Walnut Creek Senior Center.

This will be the final card-making class taught by Rogers at Rossmoor. Students are welcome to give her a nice send-off and learn more about how to attend her card-making classes off-site. All participants are required to bring scissors. Class enrollees must arrive on time to be guaranteed a space.

To sign up, call Elena Ybarra at 988-7703. This class is sponsored by the Recreation Department.

Square Dance Club holds barbecue on Tuesday at Sportsmen’s

Rossmoor Square Dance Club will hold its annual summer barbecue at Sportsmen’s Park at Hillside on Tuesday, Sept. 26.

Social time with wine and soft drinks will begin at 5:30 p.m. Dinner will be served at 6 p.m. Square dancing will follow in the Diablo Room.

Caterer Dave’s Cuisine will offer a buffet menu of barbecue chicken, grilled tri-tip sliced to order served with barbeque sauce and horseradish, potato salad, fresh fruit tray, assorted grilled seasoned vegetables, corn on the cob, baked beans, corn bread and dessert.

Cost is $20. Advance reservations are required. To reserve, leave checks, payable to Rossmoor Square Dance Club, in the club’s mailbox at Gateway or mail to Bob Mayne, 5313 Terra Granada Drive No. 3A. Checks must be received by Thursday, Sept. 21. For information, call Bonnie McFadden at 954-1168 or Jean Fahmie at 464-7676.

The club dances the first four Mondays of the month from 7 to 9 p.m. There is no dancing on a fifth Monday. Spectators are welcome.

For information, call Fahmie or visit www.rossmoorsquares.org or Facebook.

Scouters of Rossmoor sponsors talk on robots, oceans and Mars Tuesday in Peacock Hall

Scouters of Rossmoor invites residents to a free talk by Dr. William J. Clancy on Tuesday, Sept. 26, at 1 p.m. in Peacock Hall.

Last spring, Clancy took part in an expedition of the Pacific Ocean near American Samoa sponsored by the National Oceanic and Atmospheric Administration (NOAA).

Clancy’s role, in part, was to observe how scientists and technicians interact with the natural environment, with each other, and with the multitude of robots and computers used to explore the deep ocean.

Clancy’s talk will review the advances in robotics that allow scientists to remotely explore inner space (undersea) and outer space (Mars). He will address the question, “How does the design of a robotic laboratory enable successfully doing field science on another planet without being physically present?”

His presentation will be rich with multimedia from the NOAA expedition depicting undersea life as well as the computers and robotics scientists utilized.

Additionally, and especially appropriate to this event, Clancy will share how his experiences as an Eagle Scout influenced his work with the National Aeronautics and Space Administration (NASA) and NOAA.

Clancy is a computer scientist whose research relates cognitive and social science in the study of work practices. He received a bachelor of arts in mathematical sciences from Rice University and a Ph.D. in computer science at Stanford University.

He has participated in several studies for NASA, and “Working on Mars,” and has received a number of accolades for his scholarly work. For further information, contact Chuck Sapper at 984-3380.

An expedition of the Pacific Ocean near American Samoa sponsored by the National Oceanic Atmospheric Administration will be discussed by Dr. William Clancy at a program sponsored by the Rossmoor Scouters.

Clancy has developed artificial intelligence applications for medicine, education, robotics and space flight systems. He is the author of several books, including "Working on Mars," and has received a number of accolades for his scholarly work.

For further information, contact Chuck Sapper at 984-3380.

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This class is sponsored by the Recreation Department.

Photo by William Clancy

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This class is sponsored by the Recreation Department.

Photo by William Clancy
Rossmoor Art Association puts up new art by members at Gateway

Rossmoor Art Association (RAA) resident members are invited to submit up to three pieces of their current artwork for exhibit and sale at Gateway from Oct. 1 through Feb. 4.

New works will be taken in from 10 a.m. until noon in the Oak Room at Gateway on Sunday, Oct. 1. Paintings and drawings in all media are welcome.

The preferred size for artwork to hang at Gateway is between 14 by 18 inches and 48 by 50 inches. This refers to the framed outside dimensions.

Images of nudes or religious icons will not be accepted.

Entry forms for the Gateway exhibit are available online at www.rossmoorart.com or in Art Studio I. Artists should complete all paperwork before bringing in their artwork to Gateway.

Identification labels must be affixed to the back of each painting. Refer to the RAA exhibit guidelines posted on the Art Studio bulletin board, on page 8 of the membership directory, and online at www.rossmoorart.com.

Artwork on paper should be presented in simple, gallery-type framing. When mats are used, they should be neutral in color and proportionately sized. Paintings requiring surface protection should be covered with acrylic and not glass.

Work on canvas may be framed or unframed, but unframed work should be finished on all sides to harmonize with the work. Neatly secured wiring is required on all pieces—no saw tooth hangers. For guidance, see the membership directory or the website for contact information.

Members who currently have artwork hanging at Gateway are asked to pick up their pieces on Sunday, Oct. 1, between 10 a.m. and noon. Those who cannot pick up their own artwork during those hours should make arrangements with a friend to retrieve their works at that time.

Anyone submitting artwork must be a resident and current member of RAA. Membership applications are available online at www.rossmoorart.com or in Art Studio I. Annual dues are $10. Checks should be made payable to RAA and sent to 1001 Golden Rain Road or placed in the RAA mailbox in the Gateway Administration office. There is no other charge for exhibiting artwork.

Big Band of Rossmoor has open house

The Big Band of Rossmoor will have an open house for new musicians from Rossmoor on Wednesday, Oct. 4, at 7:30 p.m. at Hillside Clubhouse.

Big band instrumentation such as sax trumpets, trombones and piano, as well as violins, clarinets and flutes are welcome. Oct. 4 would be a great night for musicians of any level to observe or sit in with the band.

The Big Band of Rossmoor is made up of senior and student members who play music of the Big Band era.

For information about joining the band or the open house, call the director, Maurice Levich at 800-322-3636.

Lacy J. Dalton to sing country music on Oct. 7 at the Event Center

One of the all-time great country performers, the legendary Lacy J. Dalton and her trio, will perform in the Tahoe Room at the Event Center on Saturday, Oct. 7, at 7 p.m.

Dalton’s career has spanned decades and touched the hearts of millions. Her signature song, “16th Avenue,” was voted one of the top 100 songs ever by Billboard Magazine.

Dalton will perform from her repertoire of hit recordings including “Black Coffee,” “Hard Times,” “Crazy Blue Eyes,” and more classic country tunes.

In March 2017, Dalton was inducted into the North American Country Music Association International Hall of Fame. She was voted best new female artist by the Academy of Country Music in 1979 and has won numerous Grammy nominations and three prestigious Bay Area Music Awards for best country-folk recording.

She has appeared with Neil Young, the Grateful Dead and Grace Slick, and Jefferson Airplane.

Tickets for this program are $15 and may be purchased in advance at the Recreation Department at Gateway. This is an Essex Production and is sponsored by the Recreation Department. This event is open to all residents and their guests.

Steven Lowe teaches class on classical music of Spain and Latin America

Rossmoor resident Steven Lowe will teach the course, “Classical Music of Spain and Latin America,” in the Club Room at Creekside. The course examines wide-ranging musical styles that have captivated music-lovers for many centuries. Composers include Isaac Albeniz, Enrique Granados, Astor Piazzolla, Manuel de Falla, Heitor Villa-Lobos and Joaquin Rodrigo. Classes are illustrated by ample recorded examples.

Register online at https://diablo.cr1.rchscsodatay.com/public/costoption/class_id/966/public/1/lsp1, by phone at 969-4600 or at the first class.

Lowe provides program notes for Seattle Symphony, Seattle Chamber Music Society, the University of Washington’s President’s Piano Series and International Chamber Music Series and the Rossmoor Chamber Music Society.

He serves on the boards of the Rossmoor Chamber Music Society, the Sierra Chamber Society and the Rossmoor Opera Club. He has given many courses on classical music since moving to Rossmoor in 2013.
Photo Club presents evening with Ken Lezin next Wednesday at Creekside

Award-winning photographer and past Rossmoor Photography Club president Ken Lezin will present a program titled “Photographic Artistry Unmasked,” on Wednesday, Sept. 27, at 7 p.m. in the Club Room at Creekside.

Lezin will discuss the evolution of artistic photography to photographic art as photographers move into the digital age. By deconstructing some of his own work, Lezin will demonstrate the various tools that are available, and encourage all to become more artistic and creative in their approach.

As photography has moved fully into the digital age, post-processing has played an increasingly larger role in the final presentation of photographic images.

Blending more than one image into a single piece and the ability to change both color and form, have further moved many photographers away from realism, and into the impressionist, abstract and even surrealistic conceptualizations previously reserved for painters, sketchers and the like. Many manual artists have also moved into electronics and developed what is now known as digital art.

After retirement, Lezin developed an interest in photography first as a hobby, then as an avocation and now as a new career. He attended the Photography School of Santa Monica College, where he took advanced courses in Photoshop and portraiture, in addition to basic photography. His photography has won many awards and has often been displayed around Rossmoor and in the Rossmoor News.

He was president of the Rossmoor Photography Club for two years, and was the curator for the opening of the club’s photographic art gallery in the Redwood Room, where his work is currently displayed.

For information, contact Lezin at 977-1664 or kenlezinphotography.com.

Gold Coast Players perform at library

The award-winning Gold Coast Chamber Players offers the first of this season’s five concerts, titled, “Family Business” on Saturday, Sept. 23, at 7:30 p.m. at the Lafayette Library Community Hall, 3491 Mt. Diablo Blvd. in Lafayette.

“Family Business” features music by the musical families Bach, Mozart and Mendelssohn. A rarely performed Sonata for violin, viola and piano by JS Bach’s son JCB Bach begins the concert.

Fanny Hensel, Mendelssohn’s talented sister, is featured with selections from her “Das Jahr” for solo piano, followed by Mozart’s E-flat piano quartet. The program finishes with Mendelssohn’s Sextet, op. 110 for violin, two violas, cello, bass and piano.

Musicians include members of the Alexander String Quartet, Zakarias Grafilo, Paul Yarbrough and Sandy Wilson, with violist Pamela Freund-Striplen, bassist Jon Keigwin and pianist Bernadene Blaha.

The Gold Coast Chamber Players offer a pre-concert talk with musicologist Kai Christiansen at 7 p.m. Single tickets are $45 general admission, $40 senior (65 plus), and $15 for students. Discounted season tickets are available. All tickets may be purchased online at www.gcplayers.org or by calling 283-3728.

For more information, call 283-3728, visit www.gcplayers.org or email gccp@comcast.net.

Lesbian Social Club to hold author event Monday

Rossmoor Lesbian Social Club is sponsoring an author event on Monday, Sept. 25, at 7 p.m., at Dollar.

Contributing authors of the newly released book, “Dispatches from Lesbian America, 42 Short Stories and Memoirs by Lesbian Writers,” will talk about their stories and memoirs.


It took the editors three years to collect the stories from contributors all over America (and a few outside) and edit them.

For more information, contact Trudy Foote at 433-2952.

Consider carpooling or taking the Rossmoor bus to events at the clubhouses to ease traffic congestion and parking. Bus schedules are on the Rossmoor website at www.rossmoor.com. Click on Resident Info and Transportation.

Care Indeed Hosts Its First Volleyball Tournament

Care Indeed hosted its first Volleyball Tournament last Saturday, September 9th, at the SportsHouse in Redwood City.

The tournament had 8 teams competing. To qualify, each team had at least one Care Indeed employee. Silicon Valley Dolls won the event, bagged $1500 in cash, and received a trophy for each player. Kiss My Ace won second place, and took home $1000 in cash and a trophy for each member. Dee Bustos, Care Indeed’s CEO said, “The first rule of taking care of others is to take care of yourself first. This event is a chance for our employees (caregivers) to take a breather, and have the opportunity to recharge, just like what they did during our 2nd Family Fun Day last June. We opened this event to the public, and we were overjoyed by the response. We got to watch and play against amazing volleyball players. In the future, this is something that I’d like other home care agencies to participate in.”

Vencez Valerio, Care Indeed’s COO and VP for Patient Care, added, “This event would not have been possible without the generous support from our sponsors: ClearCare, Thoits Law, Nuddeman Law Firm, Avenidas/Avenidas Village, JMS Medical Supply, Docs and Images, and the Palo Alto Daily Post. I’d also like to acknowledge my team who worked hard in making this event a success.”

For more information about Care Indeed’s home care services and job openings, please call (650) 328-1001 or log in to www.careindeed.com.
Photo Club announces four best in show winners

By Lynn Letteris
Club correspondent

On the first and third Wednesdays of each month, the Rossmoor Photography Club hosts a meeting wherein members who enjoy competition submit their photos for critiquing, either submitted as prints, viewed in a light box, or as digital presentations where they are shown on a large screen.

The competition on Sept. 6 featured the digital category of pictorial and nature. Prints competed under the classification of color and monochrome.

The value of competition nights is substantially educational, providing a learning experience for the photographer that focuses on the use of a camera and its pictorial results.

The process of competition is painless, without embarrassment, as all submissions are anonymous.

Beginning photographers are especially encouraged to compete, not for competition’s sake, but for the value of having a judge anonymously give tips on a photo they have taken. This is an effective way to learn everything from composition to how to title presentations.

Entry-level photographers are very often pleased and surprised as they find their names among the winning entries. Novice “shooters” compete in the basic category, moving up the scale to intermediate, advanced and, finally, masters as they learn entry-level skills are especially encouraged to join. Entry-level skills are especially encouraged to join. Entry-level skills are especially encouraged to join. Entry-level skills are especially encouraged to join. Entry-level skills are especially encouraged to join. Entry-level skills are especially encouraged to join.


Monochrome prints

Basic: first place, Karen Hoyt for “Altamont Pass” and second, Hoyt, “Angels Fleeing”


Advanced: first place, Andy Neureuther for “Sun’s Corona”


Nature projected images


Pictorial projected

Basic: Arlene Cohen, first place, “Two Sisters”; second, Chen, “Lisbon”; and third, Chen “Silhouettes”


Newcomers hear about Rossmoor bus service

Newcomers will meet on Monday, Oct. 2, at 1:30 p.m. at Dolmar Clubhouse. The speakers will be Jeff Matheson, director of Resident Services, and Leslie Young, with bus transportation.

Participants can mingle with new residents, volunteers and others who have lived in the community for many years. Refreshments will be served.

Newcomers programs are open to all residents. No reservation is required to attend the meeting.

The program is in its 27th year and is a way to welcome new residents. Monthly meetings provide an opportunity to learn more about the community and are an optimal way to meet other new residents.

For information, call Elena Ybarra at 987-7703.
Performing Arts Guild presents variety show called the Rossmoor Follies

By Loretta Casalaina
PAGR correspondent

The Performing Arts Guild of Rossmoor (PAGR) presents its third annual variety show, Rossmoor Follies. The show, featuring Rossmoor’s own talent, will be presented on Monday, Oct. 9, at 7 p.m. in the Tahoe Room at the Event Center. Cookies, sparkling cider and water will be served during intermission.

Eight of the 17 performing arts clubs at Rossmoor will take the stage at the Follies. This year’s line-up will include performances by the Ashmolean Singers, Chinese Performing Arts Club, a classical quartet (Diablo Symphony Orchestra), Jam Band Irregulars (Dixieland Jazz Club), Drama Association of Rossmoor, Na Kapuna O Kealoha (Hawaii Club Hula Dancers), Rossmoor Rhythm Revue tap dancers and the Rossmoor Ukulele Club.

General admission tickets cost $10. Tickets will be available in the Event Center lobby on the day of the performance, Oct. 9, from 5 p.m. until show time at 7. Tickets may also be obtained by contacting members of the PAGR groups listed below. Alternately, tickets may be ordered in advance by sending a stamped-self-addressed envelope to the Rossmoor Follies, PAGR, 20000 Sunnymead Blvd., Concord, CA 94521.

Continued on page 26A

Rossmoor resident Elizabeth Knefel will teach a free seminar on smart phones and tablets on Monday, Sept. 25, from 10 to 11 a.m. in the Fairway Room at Creekside. Smart phones and tablets can be powerful tools that can go beyond placing calls. However, it can be confusing to navigate smart phones and tablets with today’s continuously advancing technology.

Knefel, a former tech journalist and college professor, will cover basics, hardware versus software, Wi-Fi, 4G, iCloud, email, Internet and apps.

Class size is limited to the first 40 signups. To sign up, call Elena Ybarra in the Recreation Department at 988-7703. Attendees should bring their smart phone or tablet to class.

Dale Laitinen to give watercolor painting demonstration on Oct. 4

Rossmoor Art Association (RAA) offers a presentation by Northern California watercolor artist and instructor, Dale Laitinen, on Wednesday, Oct. 4, from 1 to 3 p.m. in Art Studio 1 at Gateway.

Laitinen will demonstrate a Sierra landscape that includes falling water with mountains as the backdrop. He will paint with watercolor on paper and speak to design, color laying, and the importance of drawing for a painter.

Laitinen began painting more than 40 years ago, and has been painting and teaching full-time since 1985. He holds workshops throughout the United States and exhibits widely.

A native of Minnesota, Laitinen has been roaming, living and painting in the American West for much of his life. His depth of knowledge of the landscape is a result of eight years as an independent long-haul trucker traveling the country. He currently lives in the western Sierra Nevada.

The focus of his painting is the topography of the natural landscape and the intersection between nature and man-made structures. In a series he calls “engineered landscapes,” he says, you may “find a concrete dam that spans a river canyon, a highway that cuts through the desert sandstone, or a shadow of a bridge that crawls slowly across a red rock wall.”

“Mastering the American landscape has been a lifelong pursuit” for Laitinen. That includes capturing “the bigness of the landscape and the optimistic promise of its open space.” His style ranges from realistic to abstract.

Laitinen received his bachelor’s in fine arts from San Jose State University and is a signature member of the National Watercolor Society. He has juried many national and regional exhibitions.

His work is represented in several galleries in California, and he publishes in numerous art periodicals, including “The Language of Landscape” and “Landscape Essentials.” His videos are available through www.ccpvideos.com and www.dalelaitinen.com.

All residents of Rossmoor are welcome to this free event; refreshments will be served during the break.

For more information contact Marcy Wheeler, RAA Program Chair, at 787-9159.
English edition available of memoirs of senior Chinese-American residents

By S. Y. Huang

“On Whom to Lean — Out of a War-Torn Country” is the book title of a collection of memoirs of a group of senior Chinese-American residents in Rossmoor. It was written in Chinese by Zong-Yi Li, a junior Chinese-American resident, and published in the fall of 2015. The title, in Chinese, refers to an allegory contained in a famous poem of Tang Dynasty, showing compassion for the spawning vultures on a war-torn roadside.

The book is essentially an oral history, compiled on the basis of a series of extensive interviews and collaborative research carried out by the author. It covers the life stories of 16 senior Chinese-American residents, all over the age of 90.

With the exception of one second-generation Chinese immigrant, all the others were born in the mainland of China. In their youth, they lived through the turmoil of the Japanese war of aggression. After the war, they had the opportunity to come to the United States. Most of them came as immigrants, all the others were on government service.

Then, not long after their arrival, China changed its arrangement. By the time of the Second World War, they had the opportunity to serve in the war, they had the opportunity to come to the United States and based in Melbourne, Australia. Meantime, the need for an English version was keenly felt by many members of the Chinese-American community in Rossmoor.

Some of them provided financial support for the publication. Others offered free advice for the editing service, including particularly Theresa Kuo and John Moo. All of them believe that the availability of a good English version will be of special benefit to the younger Chinese-American generations who may not be conversant with the Chinese language and heritage.

The English edition made its debut appearance in the Mid-Autumn Festival party sponsored by the Chinese-American Association of Rossmoor on Sept. 17.

In the meantime, the English edition, as well as the original Chinese edition, is available under the above-mentioned title from Amazon.com or from the author at li_zongyi@yahoo.com.

Zong-Yi Li, the author, right, reads the newly published book to Theresa Kuo, an editorial advisor.

The translation work was well done by Christine Yunn-Yun Sun, a Chinese linguist, educated in Taiwan and the United States and based in Melbourne, Australia. Meantime, the need for an English version was keenly felt by many members of the Chinese-American community in Rossmoor.

To receive free digital service, order a converter box or discuss ongoing customer service issues with Comcast, Rossmoor residents should call the following number for help specific to Rossmoor: 1-800-407-2997

Social Dance Club invites residents to an afternoon dance

The Social Dance Club holds dances throughout the year on Tuesdays from 4:30 to 6 p.m. in the Diablo Room at Hillside Clubhouse. Everyone is welcome to come join the fun.

The annual membership dues are $15 per couple for residents and $20 per couple for non-residents. The annual membership dues are being accepted at this time. See Marshall Gordon to renew membership.

The club occasionally holds theme dances to enjoy such events as Chinese New Year and Valentine’s Day. Members often celebrate special birthdays or anniversaries with dance performances by member couples.

PAGR is an alliance of 17 diverse performing arts groups that embrace the best of musical theatre, dance and art at Rossmoor. The member groups are: the Ashmolean Singers, Chinese Performing Arts Club, Diablo Symphony Association and its Guild, Dixieland Jazz Club, Drama Association of Rossmoor, the Giving Tree, Harmony (Na Kapuna O Kealoha), International Club, Jewish Community Chorus, Opera Club of Rossmoor, Rossmoor Chamber Music Society, Rossmoor Community Chorus, Rossmoor Rhythm Revue (Happy Hoofers and Hot Flashers), Shakespeare Society and Rossmoor Ukulele Club.

For information about PAGR or the Follies, contact Casalaina at 482-0919.

To view the book’s historical value and its interest to the general reading public, issuance of an English edition was envisaged at the time of its publication. It took another year and a half to complete the translation project.

The translation work was well done by Christine Yunn-Yun Sun, a Chinese linguist, educated in Taiwan and the United States and based in Melbourne, Australia. Meantime, the need for an English version was keenly felt by many members of the Chinese-American community in Rossmoor.

Some of them provided financial support for the publication. Others offered free advice for the editing service, including particularly Theresa Kuo and John Moo. All of them believe that the availability of a good English version will be of special benefit to the younger Chinese-American generations who may not be conversant with the Chinese language and heritage.

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The Rossmoor Quilters will display their imaginative and colorful creations on Saturday, Oct. 7, from 10 a.m. to 2 p.m. in the Sewing Studio at Gateway. More than 40 quilts will be on display.

There will be a door prize and quilts for sale. Proceeds from the quilt sale will go to the Bay Area Crisis Nursery.

The show will feature this year’s challenge. A challenge sets parameters for each quilter to create a work. Past challenges have been to make a quilt using only black, white and one other color, or to make a quilted object that contains at least one circle, one square and one triangle.

For this year’s challenge, each quilter used nature as the inspiration to make a quilted wall hanging within certain dimensions. Come see the variety of interpretations of this challenge.

For information, contact Holly Oddson at 934-2891.

Marcy Wheeler’s acrylic painting class starts tomorrow in Art Studio

Marcy Wheeler’s Thursday afternoon acrylic painting class has room for new students. Classes are Sept. 21 and 28 and Oct. 5 and 12, from 2:30 to 5 p.m. in Art Studio 2 at Gateway. The cost is $72. All materials, including paints and paper, are provided.

The classes are sponsored by the Rossmoor Art Association (RAA).

Beginning students will be introduced to primary colors, mixing of secondary colors and to color saturation. Wheeler will teach about gray scale and glazing with transparent color.

Learn about acrylics in a playful, experimental and relaxing way. After finishing the beginning class, students should feel more confident in acrylics, oils, printmaking or watercolor.

The beginner class is part of the ongoing class for intermediate and advanced acrylic painters that Wheeler offers. These students work independently and can be a source of inspiration to the beginning student.

Intermediate and advanced acrylic painters are also invited to join Wheeler’s Thursday afternoon class. The cost is $124 for eight classes, and students have 12 weeks in which to take the eight classes.

All students, beginners and more advanced, must be members of the RAA to enroll in Wheeler’s class.

For space availability and to register for the beginners or the intermediate/advanced class, call Wheeler at 787-9159 or email Marcy@marcywheeler.com.
The 2017 documentary "King Arthur: Legend of the Sword" will air on Thursday, Friday.

Arthur comes up the hard way in the back alleys of the city. But once he pulls the sword from the stone, he is forced to acknowledge his true legacy, whether he likes it or not.

This film is two hours and six minutes long and is rated PG. The free program is sponsored by the Recreation Department and is open to all residents and their guests.

The 2009 animated comedy "Up" will be shown in Peacock Hall at Gateway on Sunday, Sept. 24, at 1, 4, and 7 p.m. The showings at 1 and 4 p.m. will feature language captions. After a lifetime of dreaming of traveling the world, 78-year-old homesteader Carl (voiced by Ed Asner) is lured into an unbelievable adventure thanks in part to the persistence of Russell, an 8-year-old Wilderness Explorer. Together the unlikely pair embark on a thrilling odyssey full of jungle beasts and rough terrain.

This film is one hour and 36 minutes long and is rated PG. This free program is sponsored by the Recreation Department and is open to all residents and their guests.

The 2016 documentary "The Last Man on the Moon" will be shown in Peacock Hall at Gateway on Wednesday, Sept. 27, at 4 and 7 p.m. The showing at 4 p.m. will feature language captions.

In this blend of memoir and documentary, former Apollo astronaut Gene Cernan looks back to the glory days of NASA's lunar landings and his unique distinction of being the last man to stand on the moon.

This film is one hour and 36 minutes long and is not rated. This free program is sponsored by the Recreation Department and is open to all residents and their guests.

The Chinese-American Association of Rossmoor will present "Mountain May Depart" tonight at 10 a.m., 1, 4, 7 and 9 p.m.

The 2017 drama "King Arthur," starring Charlie Hunnam and Jude Law, will be shown in Peacock Hall at Gateway on Thursday, Sept. 21, at 1, 4 and 7 p.m. and on Friday, Sept. 22, at 10 a.m., 1, 4, 7 and 9 p.m. Language captions will be utilized on Thursday at 1 and 7 p.m. and on Friday at 10 a.m. and 1 p.m.

Robbed of his birthright, he comes back to the United States as residues on imported food. These toxic pesticides circulate the globe and enter the food chain and are dangerous to human and animal health.

This pesticide is sold around the world to less developed countries. It is the culmination of the long and bloody chronicle that is Shakespeare's history plays, and it is the last installment in the series of Shakespeare's history plays. This film is two hours and seven minutes long and is rated PG. This free program is sponsored by the Recreation Department and is open to all residents and their guests.

The 2017 documentary about pesticides, "Circle of Poison," will show Oct. 4, at 1, 4, and 7 p.m. in Peacock Hall at Gateway. The documentary is sponsored by the Vegan Club, Garden Club, Wellness Club, and Sustainable Rossmoor.

This is a global look at communities impacted by the export of toxic pesticides made in America, but that are banned in America because they are dangerous to human and animal health.

This pesticides are sold around the world to less developed nations where they are used to grow coffee, tea, fruit and other crops. These toxic pesticides contaminate the globe and come back to the United States as residues on imported food.

Around the world, farmers are turning to organic agriculture. The nation of Bhutan in the Himalayas is becoming the first country in the world with a wholly organic agricultural system. In the United States, an organic farming industry is emerging rapidly.

"Circle of Poison" is narrated by Elizabeth Kucinich and features interviews with Jimmy Carter, Dr. Vandana Shiva, Professor Noam Chomsky and Senator Patrick Leahy with an epilogue by the Dalai Lama. It was the best environmental feature of the San Francisco Frozen Film Festival.

All Rossmoor residents and their guests are invited.
Financial Forum airs ‘Walmart: The High Price of Low Prices’

Walmart is the largest company by revenue; bringing in approximately $480 billion annually. It is also the world’s largest private employer with 2.3 million employees. Walmart is hit with harsh criticism and controversies. The Rossomoor Financial Forum will present “Walmart: The High Price of Low Prices” by Robert Greenwald. The 2005 documentary will air on Monday, Oct. 9, at 4 p.m. in Scott’s Seafood Hall. Featured is archival footage of Walmart CEO Lee Scott praising the corporation at a large employee convention, interview with executives designed to undercut Scott’s statements. Nonmembers are welcome to drop by to learn more about Walmart’s policies and practices. The film is 97 minutes long. In November, The Financial Forum will offer the other side of the story, a documentary titled “Why Walmart Works.”

Democrats Club to show ‘Putin’s Way’

The Democrats Club of Rossomoor will present three movies in October. “Putin’s Way” is brought back by popular demand on Monday, Oct. 9, at 7 p.m. in Peacock Hall at Gateway. It is 54 minutes long. This Frontline documentary follows Vladimir Putin from an unemployed KGB agent in East Germany to his highest office in Russia. “All the President’s Men” will be shown on Monday, Oct. 30, at 3 p.m. in Scott’s Seafood Hall. The movie is 138 minutes long. It will be followed by a dinner break. At 7:30, “All the President’s Men Revisited” will air. It’s 86 minutes long, with appearances by Robert Redford, Dustin Hoffman, Bob Woodward, Carl Bernstein and other relevant figures involved in the Watergate investigation. Bring a picnic dinner or wine and cheese to enjoy in Peacock Plaza between the two screenings. There will be closed captioning on the three films. For information, call Jo Alice Canterbury at 451-9583.

Singles Salon meets for weekly happy hour

The Singles Salon weekly happy hour, called a YIT (for Yea it’s Thursday), will be on Sept. 21 in Vic Stewart’s restaurant in Walnut Creek. On Thursday, Sept. 28, it will be at the Bistro in Lafayette. YITs begin at 4:45 p.m. Nonmembers are welcome to drop by to learn more about the club, its members and its membership policies. For information about YITs, call Bill Race at 459-0960.

OperA Club presents MET-Live series

The Opera Club is sponsoring a course in conjunction with the ongoing MET-Live in HD series. These performances, direct from the stage at the Metropolitan Opera, can be seen in theatres worldwide. Locally, they are shown in both Walnut Creek and Pleasant Hill. Classes will meet on three Fridays, Oct. 6 and 20 and Nov. 10, from 10:30 a.m. to 12:30 p.m., in the Fireside Room at Gateway. Note that these are not consecutive weeks, in order to accommodate the MET schedule. The course will feature the three operas to be seen this fall: “Norma” (G. Bellini), “The Exterminating Angel” (T. Ades), and “Die Zauberflote” – The Magic Flute (W. A. Mozart). Each class will include an exploration of the background of the opera, including the libretto. Classes will meet on three Fridays, Oct. 6 and 20 and Nov. 10, from 10:30 a.m. to 12:30 p.m., in the Fireside Room at Gateway. Note that these are not consecutive weeks, in order to accommodate the MET schedule. The course will feature the three operas to be seen this fall: “Norma” (G. Bellini), “The Exterminating Angel” (T. Ades), and “Die Zauberflote” – The Magic Flute (W. A. Mozart). Each class will include an exploration of the background of the opera, including the libretto. Classes will meet on three Fridays, Oct. 6 and 20 and Nov. 10, from 10:30 a.m. to 12:30 p.m., in the Fireside Room at Gateway. Note that these are not consecutive weeks, in order to accommodate the MET schedule. The course will feature the three operas to be seen this fall: “Norma” (G. Bellini), “The Exterminating Angel” (T. Ades), and “Die Zauberflote” – The Magic Flute (W. A. Mozart). Each class will include an exploration of the background of the opera, including the libretto.

Democrats book club to discuss Joan C. Williams book on Oct. 2

The working class has a median income of $75,000, which is the middle 53 percent of the population. The author calls out the hypocrisy of the professional and managerial elites whose complacency, xenophobia, and lack of concern for working class whites. She notes that this group tends to resent the liberal elites epitomized by Hillary Clinton who have ignored them in favor of policies that were meant to appeal to minorities and the poor.

All are welcome to enjoy the discussion of this book. Membership in the Democrats of Rossomoor is not required to come to the book club. For information, contact Jane Walter at 945-1429 or at walterjane4@yahoo.com.
Learn about Cuba at slide presentation

A trip slide show presentation on Rossmoor’s Excursion Desk, Cuba trip in February 2018 will be held on Friday, Sept. 22, at 2 p.m. in the Fireside Room at Creekside Clubhouse. The presentation will be made by Premier World Discoveries, which organizes travel to Cuba regularly. It has been issued a specific license by the Office of Foreign Assets Control that has been made by Premier World Discoveries by the Department of State. The presentation is free and open to the public. The event is sponsored by nine Contra Costa County AAWU branches and Junior League East Bay. To find out more, call 916-551-1920 or register online at www.cawomenlead.org.

Rossmoor residents who have ever considered getting involved in their local community as an appointee to a board or commission and want to know more about how the process works should consider joining California Women Lead. A visit to a new country can spark a new interest that members are welcome to share with others. The next meeting is at 11:30 a.m. in the Fireside Room at Gateway. The menu choices are Italian pot roast or salmon along with anniversary cake for dessert.

Rotary Club to learn about wastewater from Central San rep

The Rossmoor Rotary Club will learn about the Central Contra Costa Sanitary District at its meeting on Wednesday, Sept. 27, in the Diablo Room at Hillside. Lunch is served at noon and speakers begin their presentations at 1 p.m. The speaker is Kit Ohlman, public information assistant with the sanitary district. He will give an overview of the district, including some of the upgrades being made to its aging sewer system and treatment plant. Many people do not know what happens to wastewater when it leaves a home or business in Central Contra Costa County, even if they are surprised to hear how much wastewater is used.

Rossmoor residents who have ever considered getting involved in their local community as an appointee to a board or commission and want to know more about how the process works should consider joining California Women Lead. A visit to a new country can spark a new interest that members are welcome to share with others. The next meeting is at 11:30 a.m. in the Fireside Room at Gateway. The menu choices are Italian pot roast or salmon along with anniversary cake for dessert.

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Stamp Club welcomes new members

The Rossmoor Stamp Club, also known as the Rossmoor Philatelic Club, will meet Saturday, Sept. 23, from 9:30 to 11 a.m. in Multipurpose Room 3 at Gateway. New members will be formally welcomed in addition to the regular program. Each year, the club is pleased to welcome new members, and this meeting will provide a chance to formally greet and chat with them.

Red Hatters meets for lunch Oct. 14 in the Fireside Room

The Red Hat luncheon will be on Saturday, Oct. 14, at 11:30 a.m. in the Fireside Room at Gateway. The menu choices are Italian pot roast or salmon along with anniversary cake for dessert.

Second Tuesday Luncheon Club to hold Halloween celebration

The Second Tuesday Luncheon Club will host a Halloween luncheon on Wednesday, Oct. 14, at Dollar Clubhouse. The social hour begins at 11:30 a.m. The luncheon will be held at noon.

The menu will be ornery orange salad and witches’ stew with ghastly goodies (brownies with whipped cream) for dessert. A vegetarian entrée is available.

Hostesses for this event are Fran Barry and Eleanor Blanton.

The cost is $17 and cash only is accepted. The club is a Women’s Square and dancing club. Information about the club is available at 988-7731.
Rossmoor Sons in Retirement (SIR) will meet on Tuesday, Oct. 3, in the Fireside Room at Gateway Clubhouse. Registration and the open bar start at 11 a.m. Lunch is at noon followed by the guest speaker.

The presenters are Tom and Rose Ramos, who will describe the bicycle trip that they completed and early autumn of 2014. They went from the Presidio in San Francisco to the U.S. Military Academy in West Point, N.Y. The trip was 4,100 miles long and it took them two and a half months to complete.

Tom Ramos earned his bachelor of science degree in 1969 from the U.S. Military Academy at West Point, N.Y. He commanded combat engineer units in Germany, Austria, and South Korea. In 1977, he earned a master of science degree in high energy physics from MIT. He returned to West Point, where he taught several physics courses for four years. He then resigned his commission and became a nuclear weapons designer at the Lawrence Livermore National Laboratory.

Ramos loves adventure. In her middle years, she became an avid cyclist, hiker, skier, snowboarder and trekker. She has seen the world from Himalayan ice sheets to desert pathways, from fjords to beaches and from small towns to big cities in Italy, Argentina, Portugal, Switzerland, France, Germany, Austria and Nepal, to name a few countries. In 2005, she participated in the Ride Across America for Pleasanton’s Hope Hospice Organization.

The lunch menu includes Caesar salad, beef pot roast, roasted red potatoes, sautéed vegetables and, for dessert, apple crisp with whipped cream. The cost for the full buffet and hosted is $17. All Rossmoor men are always welcome to attend SIR luncheons. No reservations are required.

These luncheons and guest speaker meetings provide an opportunity to maintain and enjoy old friendships and make new acquaintances.

For information about Rossmoor SIR, contact Walt Braun at 240-994-1410 or David Heflich at 702-349-8182 and visit the SIR website at www.sirbranch81.org.

30s/40s/50s Couples to learn about refugees from Vietnam Saturday

The 30s/40s/50s Couples Club Speaker Salon is on Sunday, Sept. 24, at 1:30 p.m. in the Fairway Room at Crestlake. The presenting speakers are club member and author, Addie Mattox, and Daly City resident, Tony To.

In the process of researching for her published book, “Saigon USA,” Mattox learned the stories of challenge and triumph experienced by the Vietnamese forced to leave their country after the fall of South Vietnam. To, born in Saigon and who escaped to the U.S. in 1975, will share his inspiring refugee experience and also his subsequent life as a Vietnamese American.

The speaker salon offers programs for club members, by club members, for their enjoyment and enrichment. Those interested in presenting a topic may call Sharon Garell at 279-4304.

Singer performs for Volunteer Exchange group

Howard Zugman, brother of Rossmoor resident Elaine Ivanovich, will perform a 45-minute song set for the Volunteer Exchange Program (VEP) on Wednesday, Oct. 4, at 10:30 a.m. in the Fireside Room at Gateway.

Zugman considers himself an entertainer who sings rather than a singer. Backed by a large band of brass instruments and a female vocalist, Zugman’s repertoire includes “Nice ‘o Easy” by Frank Sinatra, “Shadow of Your Smile” by Tony Bennett, and “Always on My Mind” by Willie Nelson. Audience participation is encouraged.

Zugman has performed these sets in the Bay Area for almost 30 years at 200 different senior facilities. His program was originally developed while acting in the musical “Godspell” at Laney College in Oakland. From acting to singing, Zugman created a choral group which eventually evolved into his solo shows. VEP recruits residents who can offer other members transportation, personal care and shopping. Members log volunteer hours that can then be exchanged for these services. It is not an emergency service and is available to members only.

Residents may apply for VEP membership by calling 906-279-0735 or Shoshanna Eliahu at 366-4743.

For details, visit www.rossmoorvep.weebly.com.
Anyone performing construction work in California that totals $500 or more in labor and materials must be licensed by the Contractors State License Board.

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You will never have to worry about stairs with this totally level-in Pinehurst. This beautiful condo has two wonderful outdoor spaces with a large balcony nestled in trees to the rear and a pleasant covered area off the kitchen. Inside this condo is just over 1,300 square feet of pristine living space with a large kitchen, formal Dining Room and cozy Living Room. The Guest Bedroom is situated right next to the Guest Bathroom and on the other side of the unit is a welcoming Master Bedroom with adjoining Master Bath. Desirable features include smooth ceilings, recessed lighting, granite tile counters, beautiful tile floors, walk-in closets and more. Garage parking is just a couple of steps away and has a loan which is perfect for storage. Come see this home offered at $620,000.

Penthouse at Pineapple Ridge
This top-floor condo feels like a contemporary metropolitan home with dramatic vaulted ceilings and a wall of windows showing off sweeping views of the Rossmoor valley. The home is located at the newest neighborhood of Rossmoor, Pineapple Ridge. An elevator in the building means that it is accessible for all and underground parking means parking is a breeze on those rainy days. Inside the home is over 1,500 square feet of modern living space with Living Room/Dining Room combo and a spacious eat-in kitchen with tons of cabinets. Enjoy beautiful views from the many windows in the Master Bedroom with an attached bathroom and walk-in closet. Don’t miss this home offered at $599,900.

Stunning Sequoia
This gorgeous upstairs coop has been remodeled top to bottom with designer details throughout. In this two bedroom, one bathroom home you will find a reconfigured kitchen with an abundance of beautiful cabinetry, granite tile countertops and stainless steel appliances. The bathroom has generous sized counters and a stunning shower with tiled seat. There is also a lot of architectural details like coffered ceilings and arched entryways as well as special features like built-in cabinets throughout. This is a fabulous property at $385,000.

Lovely Level-In
You’ll love this single-level Yosemite coop situated in a serene four-unit building. The home is level-in which means it is accessible for all and the carport is just steps away for easy access. Inside the home are two bedrooms, two bathrooms and an open living Room/Dining Room combo off the Kitchen. The spacious patio along the side of the home is covered giving you privacy and shade. The home is in pristine move-in condition with new hardwood floor, new counter tops and more. Additional updates like six-panel doors, crown molding, wainscoting and an inside washer/dryer. Listed at $385,000.

Villa Verde
Lovely Villa Verde condo situated in the treetops with a serene outlook from the huge open balcony. Inside the home you have over 1,000 square feet of living space with two bedrooms, two bathrooms, a Living Room, formal Dining Room, and a spacious Kitchen with a cozy breakfast nook. This downstairs unit features a separate laundry closet with interior access and a storage loft. The kitchen has been updated with cabinet faces, stainless steel appliances and granite counters. Don’t miss this home offered at $750,000.

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SEQUOIA - HT. DIABLO VIEW. Freshly painted. New carpet. Skylights in kitchen & bath. Updated both with WD. Gas furnace with central heat & air conditioning. Enclosed sunny deck offers additional living space. All dated up and ready for its new owner! $334,000.

SEQUOIA - REMODELED TO PERFECTION. Quality craftsmanship & materials, nestled amongst mature trees with lots of natural light. Stunning finishes and impeccable design. Enclosed deck $438,000.


SEQUOIA WRAP - LIGHT & BRIGHT. Open deck to enjoy the scenery and nature. Living space includes flat screen TV. Luxury walk-in shower. WD & window in both. Great location! $335,000.


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CASCADIA - ENJOY NATURE ALL AROUND. Wonderful, private, end of court location with mature oaks & lush lawns. Bring your decorator make this home your own. $639,000.


VILLA DE ANZA - LEVEL IN REMODEL. Corner unit w/panoramic views & stunning kitchen w/360° views of pool & hills beyond. Remodeled kitchen with all appliances & granite counter. Remodeled 3rd floor w/balcony, walk-in closet & Luxury bathroom. $559,000.


Villa De Anza - Level In Remodel. Corner unit w/panoramic views & stunning kitchen w/360° views of pool & hills beyond. Remodeled kitchen w/360° views of pool & hills beyond. Remodeled 3rd floor w/balcony, walk-in closet & Luxury bathroom. $559,000.
Beautiful Sonoma Wrap Nestled Amongst the Trees

TWO BEDROOM, ONE BATH COOPERATIVE. Filled with natural light, the outdoor area extends your living space with the large wrapping deck creating a relaxing outdoor room. The home’s updates are evident throughout with new custom designer paint & quality carpeting along with dual pane windows in a premium location. Easy to walk to the Gateway Clubhouse, Creekside Restaurant, Event Center, Golf Course, Del Valle Indoor Outdoor pool & Fitness Center, Movie Theater and so many other amenities. You will love living in this home and the Rossmoor Community. Absolutely pristine condition — Move-in Ready. Offered at $299,000.

PRESENTED BY LORI YOUNG. CALL LORI AT (925) 787-6357.


VILLA ROBLES - HISTORIC PE. DUBLIN NEWS. The unique design of this home delivers volume ceilings, walls of windows, generous kitchen cabinetry and eat-in space. Large master suite. The list of appointments is endless — this is the one-of-a-kind home. $800,000.

Well Located Middleton Model at The Waterford

TWO BEDROOM, ONE & ONE HALF BATH CONDOMINIUM. Very convenient for central elevator and garage parking. Fully equipped kitchen. New carpet and fresh paint. Large master suite with walk-in closet and new. Master bathroom features large storage closet and stack washer dryer. Wrap around balcony with Courtney views. HOA includes daily meal, weekly housekeeping and all included. Close to Del Valle fitness center and indoor pool. $355,000.

PRESENTED BY JULIE GERMAIN. CALL JULIE AT (925) 849-2884.

Beautiful Park-Like Setting

TWO BEDROOM, ONE BATH COOPERATIVE. Well maintained with sparkling white kitchen cabinets, some newer appliances plus skylight in kitchen. SUPER location within walking distance of Del Valle fitness center and Gateway clubhouse. Stack washer dryer. Very close to parking. Offered at $348,000.

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TWO BEDROOM, TWO BATH COOPERATIVE. End unit with an enclosed sun roof at end of balcony with views of mature trees, golf course and hills beyond. Fresh paint. New carpet. Stack washer dryer in bathroom. Very close to parking. Call Donna for more information. Offered at $357,000.

PRESENTED BY DONNA HILL. CALL DONNA AT (925) 457-9296.

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Theater Review ‘A Touch of the Poet’

Continued from page 19A

Sara is in love with Si-mon, the son of a rich Yankee trader. He is currently recovering from an illness and is being cared for by Sara in a bedroom of the inn owned by her father. When “Con” discovers the attraction existing between his daughter and Si-mon, he hatches a plan to use that love affair to enrich himself financially. His daughter, however, is as strong as her father. Her obviousness and sleight of hand is a way to thwart his plan, a plan that ultimately turns the story on its head.

This play is exciting and electric, performed by the efforts of artistic director Eric Fraisher Hayes. He even invited Melanie O’Reilly, a true Irish lyricist to entertain the crowd in the courtyard of Tao House.

I cannot recommend highly enough how wonderful this experience has been enriched by the efforts of artistic director Eric Fraisher Hayes. He even invited Melanie O’Reilly, a true Irish lyricist to entertain the crowd in the courtyard of Tao House.

Tickets may be purchased by calling 920-1818 or by visiting the website at www.EugeneO'Neill.com. This production continues Fridays, Saturdays and Sundays at 8 p.m. through Sept. 30. Due to the restricted access of the resident community in which the Tao House is located, access to the park for these productions is only available by way of the park service bus.

This information is available when tickets are purchased.
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AN EXTENSIVELY RENOVATED SONOMA WRAP
This 2 bedroom co-op features a beautifully updated kitchen with Kraftmaid cabinets, granite countertops, recessed lighting, rich hardwood-type flooring, crown and base molding throughout, smooth ceilings and panoramic views of mature trees and soft knolls. $405,000

GLORIOUS GOLDEN GATE
The latest complete re-build by Toupin Construction. This 2 bedroom single story home has every-thing that you want and the finest location available including a big amazing bath with huge “step-free” shower PLUS the potential to park your car OR catch the bus at your front door. Absolutely NO STEPS Reduced to $475,000

NEW LISTING: OH WHAT A VIEW!
This 2 bath EXPANDED Monterey is located high on a hill top and has amazing views of Rossmoor and Mt Diablo. This sunny and bright home features a cook-friendly kitchen with skylight, 2 large bedrooms with mirrored closet doors, a stacked w/d, private front deck and an upgraded front door. $375,000

A DEAL ON THE GOLF COURSE
Don’t miss this lower 2 bedroom Kentfield with it’s own spacious private patio and a duffer park, just within walking distance of the Del Vally GOLF COURSE. Situated on a small entry, this unit is steps to its own carport and lots of off-street parking. $320,000

FEATURED LISTING
NEWLY LISTED: AN EXPANDED SAN FRANCIS- CO CO-OP
This well located 2 bedroom, 1 1/2 bath home with over 1300 sq.ft. of living space is reminiscent of a cozy cottage. This end unit features an updated kitchen and TWO well placed side windows that open up and brighten this very desirable single story home with absolutely NO STEPS. $425,000

WATERFORD
EXPANDED BROOKGREEN CONDO FOR SALE OR RENT
Here is your chance to try out living at the Waterford. This one-bedroom home is close to the dining commons and a quick walk to the Del Valle Fitness Center. It features fresh paint, a fully equipped kitchen and a wonderful terrace. Call regarding a 6-12 month rental of $2100 including a daily meal and weekly housekeeping. OR PURCHASE for $178,000

JUST LISTED: A COVETED MIDDLETON
This 2 bedroom, 2 bath condo in the incomparable Waterford offers a spacious wrap around deck with morning sun and tree lined view. The large master bedroom has a walk-in closet and the 2nd bdrm features a built-in desk and MURPHY BED Reduced to $360,000

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BAN BARBECUES IN ROSSMOOR

My father barely survived the 2007 Angora Fire in Lake Tahoe that burned 250 homes. This devastating fire burned two blocks from his home of 26 years, and he was spared only because of the wind direction. It was a terrifying lesson on what happens when a fire gets out of control on a windy day. When the Rossmoor barbecue fire erupted on Sept. 2, we were lucky because it wasn’t windy that day, but imagine if it had been.

Rossmoor has 9,000 elderly residents living fairly crammed together in a valley surrounded by very dry, brittle hills, so we owe it to each other to make ourselves as fire-safe as possible. It is not uncommon for homeowners’ associations to ban barbecues and I firmly believe a Rossmoor barbecue ban is appropriate. GRF does not determine barbecue policy, so it’s up to each resident to decide whether or not to allow barbecues.

Letting residents barbecue on wooden decks with no fire sprinklers and another wooden deck 10 feet above them is irresponsible. This recent barbecue fire proves my point. You may think a barbecue feet above them is irresponsible. This recent barbecue fire proves my point. You may think a barbecue

GO BACK TO THE DRAWING BOARD ON WEED KILLERS

I was surprised and disappointed to read the Board of Directors’ comments about the use of chemicals in the landscaping. The article stated that the Board spent a half hour discussing the weed killer. I am not a landscaper or a scientist but I have spent a lot more than 30 minutes thinking about the toxic effects of these weed killers. Roundup, in particular, is involved in many lawsuits, currently, which contend that the cause of non-Hodgkins lymphoma in humans...
CC&R PROCESS IN THIRD MUTUAL IS UNNECESSARY

In further study of the Third Mutual proposed CC&Rs documents, there are many items that should not be in any CC&Rs. CC&Rs cannot be changed. Bylaws and policies – which Third Mutual has – can be changed by the board of directors, not the CC&Rs. If a resident or member, the officers and their attorney will tell you that this CC&R document needs to be done to in compliance with any laws. That is totally false! They need to do nothing! The Third Mutual does not need to have any CC&Rs – only the projects. Davis Stirling does not do that. This is Fixable! Third Mutual residents are voting for something that never should have been started in the first place and has wasted tens of thousands of dollars to the Mutual attorney. This will cost you years of your money.

I am concerned for the residents of Third Mutual. I have hired an HOA attorney to go over the documents. More to come later; but, “The only explanation for TWCW proposed CC&Rs where none previously existed is to shift the authority to administer the individual projects to TWCW and strip away the projects and residents independence. There are also items in the documents that are legally questionable. This process is ridiculous and unnecessary. Stop this power grab and have your attorneys and proctors and their attorney must realize that they have a legal fiduciary responsibility to work for the best interests of the residents. This is nuts. Stay tuned.

Bill Clausen
Terra California Drive

THIRD MUTUAL RESIDENTS NEED TO HAVE A WAY TO GIVE INPUT

The article in the Rossmoor News on Sept. 6 and 13 announcing town hall meetings for Third Mutual members states that “…the emphasis of the meetings will be on educating the membership as to which sections of the proposed documents are required by law.” Well that will be a short education unless the chair of the town hall can cite exactly the federal, state or divine law that requires these sections. The article goes on to say, “Resident input on the town hall agenda could result in further consideration by the directors.” Members might hope that resident input would use the formal format used at GRF and Strange Mutual Board meeting where members have three minutes to voice their opinion. To use any other format might suggest that the input is being selected only to agree and sell the proposed CC&Rs to the membership.

Residents who want to know more about problems with the new Third Mutual governing documents can check the Rossmoor Open Government Advocates (ROGA) website.

John Murphy
Cactus Court

THIRD MUTUAL IS NOT A PROJECT

Is Third Walnut Creek Mutual a condominium project? In a memo to all members dated Aug. 25, 2017, the board of directors wrote “Third Walnut Creek Mutual is a condominium project.” The Gulfstream Foundation stated that Third Mutual is a common interest development consisting of condominiums. A condominium consists of an undivided interest in common ownership of a portion of real property. Each of the 29 projects managed by the Mutual has its own irrevocable exclusive real property ownership, shared among its unit owners but not shared in common with the owners of the other 28 projects. As your title insurance company about that.

If the Mutual were a condominium project, its 1,676 unit owners would each have an undivided interest in the combined real property of the 29 projects. The residents’ funds would be commingled and no owner could withdraw from the Mutual. Is that the board wants? Why?

Robert Carter
Terra Granada Drive

NEW CC&Rs BURDEN THE RESIDENTS

Article 6 of the new Third Mutual CC&Rs should be highlighted in bright yellow. It will change your life in Rossmoor; more importantly it will change your budget and bank balance.

Under current law and the current CC&Rs, the residents are responsible for common areas (EUCA), such as patios, carpors, decks and stairs, while the Mutual is responsible for repairs and replacement of EUCA. Article 6 of the new CC&Rs states that the Mutual will not be responsible for the maintenance, repair and replacement of EUCA. It further states that this responsibility shall be set forth in pending maintenance policies.

Unfortunately, residents are not allowed to review that document at this time. Therefore, the Third Mutual board and management will determine that item or action that constitutes maintenance versus repair and replacement, allowing them to also exclude uses such as indoor/outdoor pipes, cabling, wiring and the lighting on.

Article 6 shifts the burden of paying for repair and replacing EUCA to you, the resident, and by shifting owner obligations to maintenance policies, they circumvent legal requirements that we have the right to discuss and vote on them. The board will present an item that will include incorporating special assessments for maintaining, repairing and replacing EUCA, subjecting residents to liens, attorney fees, collection costs and even foreclosure on individual properties. Do not allow this to happen. It will not be fixable after the fact.

Marilyn Mason
Ptarmigan Drive

READ THE NEW CC&Rs CAREFULLY

Third Mutual residents’ vote is vital. If fewer than 51 percent in each project votes for the CC&Rs, a judge will rule the proposed CC&Rs as accepted due to apathy. The board has released the documents for review and vote. However, five of the 11 board members voted not to release the document without further revision.

Here are some possible reasons: The requirement that each owner give the board irrevocable power of attorney; consolidation of the 29 projects and the funds the 29 projects hold separately; and projects that vote not to accept the documents will be thrown out of Third Mutual.

Residents who are not board members but were involved in the CC&R process were also told of the participation in drafting the major sections of the proposed governing documents. The board is asking for residents to vote for the CC&Rs. What parts of the revised documents are required and which are discretionary. However, at least one of her past opinions seemed to omit part of the law that reads “Unless otherwise provided in the governing documents,” which some have interpreted to mean the specifics that follow such wording are guidelines only; not absolute.

I wonder how my fellow residents of the Davis-Stirling Act will be misquoted in a similar way as the attorney explains which sections of the proposed CC&Rs to accept or reject. If the documents are poorly written, then they should be rewritten carefully and attend at least one of the meetings called to explain the document to us. Then vote your conscience.

Sue De Carlo
Terra California Drive

ALTERNATIVE VIEW ON THE CC&Rs

Finally, as a member’s representative on the member’s CC&R task force, I can freely write after nine months of forced secrecy by a confidentiality agreement. The member’s CC&R task force was to act as a committee at large to represent the residents needs and interests in revised CC&Rs. Instead, we quickly realized we were window dressing.

The most important issue I remember we dis- cussed was if a resident now has three dogs and if we have a limit of two dogs per unit in new CC&Rs, what do we do? On our own we made dozens of good suggestions that were filtered out by the attorneys.

First Mutual has CC&Rs that are six pages long and were written in 1964. It is like a constitution. First Mutual has policies last updated in 2014 that are 8 pages long. We currently have 130 pages of policies. The idea that we must have new CC&Rs because of revisions to the Davis-Stirling Acts of 1986 and 2014 is false.

Wes Henderson
Rossmoor Parkway

CC&Rs SHIFT THE FINANCIAL BURDEN

Does Third Mutual need up to date CC&Rs? This is a question that was asked a year ago that our CC&Rs did not comply with California statutes and they should be updated. We were also told by the attorneys that they would re- search finding a way to work around the Heineke settlement agreement so that financials could be consolidated. This could result in having one project’s fund finance another project’s expenses. The property manager (MOD) wanted one set of CC&Rs as a reference to simplify their work.

We trusted the leadership of our Mutual and its attorneys to give us documents that would be in compliance with the law, enhance our community and protect our rights as we age. We also believed this would be in our best in- terests.

We now have full access to the documents. They are full of legalese verbiage and are difficult to understand. It appears to be an attempt to consoli- date power by the board and the property manager while harming resident rights, especially finan- cially. This document intends to transfer a finan- cial burden formerly carried by the project budget to individual owners.

We have aging buildings with electrical, plumb- ing, sewage and potential foundation problems. We also have projects that are disrupting concrete areas of our buildings.

Do you want to take on financial responsibility as individuals for your building, or do you want the homeowner association to carry the financial burden? The New CC&Rs are giving you the financial burden.

Rosanne Stallings
Rossmoor Parkway

LEAVE WALKWAYS OPEN

Whoever designed the layout of the Gateway parking lot showed foresight in putting walkways between the rows of parked cars. The problem is that we often park our cars into these walkways; backing up where people are walking! This forces people to walk be- hind the parked cars instead of on the inside walk - way. The entrance and the exit doors are backed up with people walking! What could possibly go wrong?

Please leave walkways open between parked cars.

Kit Miller
**PROGRESSIVE VIEW**

**Should Private Prisons be Part of the Criminal Justice System?**

By Mary Lembke

Some issues tweak our conscience so much that we cannot take action sooner rather than later. Voicing our outrage at the rape of childhood can bring Action for Childhood Arrivals would certainly be a good example of one of those pressing issues. Our grief for our young immi-grants, who trusted their government with their per-sonal information enough to step out from the shadows to register with DACA, must now be beyond disap-pointed in their law ‘n’ order president, who is clearly motivated to seek punishment for even unknown or yet-to-be-committed crimes. The vindictiveness of his actions astounds!

Then there are the issues that we slide to the back burner of our civic involvement agendas. Even though we may not agree with the status quo and would like to change it, our capacity for indignation, activism and compassion seem to stall out. We want to con-tribute to every candidate and every cause we believe in because we know how much those candidates and those issues need our financial support. But because we are just one, we must pick, choose and prioritize.

Finally, there are the still-critical second-tier issues. A good candidate would be prison reform, which in recent years has seen more dramatic human and large increases in the number of prisoners housed in private prisons, which aim for nothing higher than the bottom line. The U.S. government pays for and operates prisons, according to this phi-losophy, private companies (less hindered by rules and regulations) work more efficiently and economically (read cheaply). This brings us to the creation of today’s three major private contracting companies: the Corrections Corporation of America, the Community Group, and the CoreCivic Corporation. These are multi-billion-dollar corpo-ra-tions that measure their success by their quarterly earnings and shareholder returns. Even part of the reason for an analysis of 14 private and 14 public prisons by the United States Department of Justice, between 2011 and 2014, re-vealed that the privately-run prisons fell far short of meeting basic government standards and regulations.

This is well and good if in fact these private pris-ons serve a greater purpose than simply “warehousing the bad guys.” But if their purpose is to protect the public while providing opportunities for rehabil-itation for those bad guys” to become better, law-abiding guys, the research shows that private sector prisons do not worth their cost, however “efficient.” Of course, this is research that was done by the Obama Administration’s Department of Just-ice, who little can beremant Trump Administra-tion’s “lock ‘em up” mentality. Lobbyists for private prisons spend billions to get stricter, more punitive laws passed with their misleading and outright de-ceptions that tough-on-crime laws will make us all safer.

But the earlier, provable findings remain. Private prisons do not do a better job or make us safer.

We have much to do to improve our existing public prisons, but we are doing virtually nothing to make our citizens safer and create a fair criminal justice system by housing our prisoners in for-profit, pri-vate-sector prisons, which aim for nothing higher than their bottom lines.

Mary Lembke can be emailed at mandlembke@ comcast.net.

**REPUBLICAN PERSPECTIVE**

**Trees Have Rights Too**

By John Littig

Friends of mine have a cabin in the Tahoe basin. On their prop-erty there was a tree en-croaching on the cabin’s founda-tion. They wanted to remove it, so they contacted a tree service but were told a permit was required. You don’t just go cutting down a tree without a per-mit, even on your own property. The controlling agency was the U.S. Forest Service.

My friends contacted the Forest Service, made an appointment and a forester came out. He tagged the tree and told them a permit was required.

As if in response to the “God Bless America” and “God bless our troops” bumper stickers there are also the more inclusive bumper stickers “God bless every-one” and “we all have rights and protections”, the latter sentiments an affirmation of all humans? Why not by extension, all God’s creatures?

Well, I submit that we are not entitled. If animals have rights, so should plants. They should not be exterminated, harvested, maid or forced to exist only at the pleasure of humans.

**Hats Off!**

**At Wit’s End**

By John Littig

Some hat has suggested that there is a conspiracy underway to humiliate men by gradually taking away their hair and the hat would keep the hair hidden.

If you were a Humphrey Bogart fan you may have noticed he was always wearing his fedora, but the name came from the play *Fiedora*, which starred race actress Sarah Bernhardt and was first produced in 1882.

Fedoras had been popular by the early 20th century and were adopted by the British. In the 1920s the fedora became a big hit with men, and this favorite topper lasted into the 1960s. The Prince of Wales began wearing a fedora in 1924 and, shortly after that, a large number of men be-gan wearing fedoras, primarily because they seemed stylish. If you were a Humphrey Bogart fan you may remember he always wore a fedora, as did Harrison Ford in the Indiana Jones series. Unfortunately, the fe-dora also was a big hit with gangsters during the Prohi-bition, but the association with gangsters didn’t last.

However, some observers (probably loyal Demo-crats) said that President Eisenhower was responsible for the hateles depression and their line of thinking is incredibly imaginative. Here’s why: before the Ford admin-is-ter, people went to work using mass transportation. But one of Eisenhower’s great achievements was the construction of interstate highways all over the United States. This advanced encouraged workers to use their cars to get to work. Why? When workers used mass trans-portation they wore hats to work (well, most of them did). Those men who wanted to ride a bus, tram or subway car were about three feet away from the roof of their preferred means of transportation, which was a comfortable distance. But the distance between a seat in an automobile and its roof is much less than three feet, and the driver often felt he was in a crowd of one. So he got rid of the hat.

Before contemporary men went hatless, the popular head covering was the fedora. “Fedora” comes from the Greek language and means “gift of God.” The fe-dora was a felt hat that had a crown with a brim that could be turned up or down. There are still some men who wear fedoras. Ford’s fedora was made for the men who worked in the auto business. I wasn’t able to find out who created the fe-dora, but the name came from the play *Fedoras*, which starred race actress Sarah Bernhardt and was first produced in 1882.

It was in the 1920s that the fedora became a big hit with men, and this favorite topper lasted into the 1960s. The Prince of Wales began wearing a fedora in 1924 and, shortly after that, a large number of men be-gan wearing fedoras, primarily because they seemed stylish. If you were a Humphrey Bogart fan you may remember he always wore a fedora, as did Harrison Ford in the Indiana Jones series. Unfortunately, the fe-dora also was a big hit with gangsters during the Prohi-bition, but the association with gangsters didn’t last.

John Littig can be contacted at jltittig@gmail.com. Read more Littig columns at getsmartusa.blogspot. com.

**Columns & Opinions**

**Monthly Budget Report**

The response was ultimately to create an option sup-ported by the pro-rehabilitation private sector, which over time melded the more punitive public sector with the private sector.

This is an oversimplification of that long evolution, but it does contribute to the philosophy and intent of our criminal justice system as it exists today. Our sys-tem, flawed as it is, comes from a realistic desire to punish and house criminals, but also to move beyond confining prisoners in stocks in the public square to atone for their crimes. This would be something that convicted former Maricopa County Sheriff Joe Ar-boa, recently pardoned by President Trump, unfortunately still advocate in his zeal for cruel pun-ishment. There are dinosaurs among us still, waiting and lurking in the shadows. We let the problem giant leap to more reasonable practices. Recognizing the high value Americans as-sign to entrepreneurship in most (if not all) endeavors, we need to find a way to move beyond the occasionally finding that in every instance where the government provides a service, there must be a “better,” more entrepre-neurial, private-sector alternative. If the government pays for and operates prisons, according to this phi-lo sophy, private companies (less hindered by rules and regulations) work more efficiently and economically (read cheaply). This brings us to the creation of today’s three major private contracting companies: the Corrections Corporation of America, the Community Group, and the CoreCivic Corporation. These are multi-billion-dollar corpo-rations that measure their success by their quarterly earnings and shareholder returns.

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**Continued on page 208**
Buckeyes Ladies League tennis suffers loss to Piedmont Poachers

Next up – Arlington Park

By Ron Wyman
Club correspondent

Rossmoor Buckeyes host-ed the Piedmont Poachers on Sept. 11, in the first Bay Area Ladies League (BALL) tennis match of the 2017/2018 season. Anna George and Micki Remedios played at line one against very consistent and strategic opponents, losing two sets 1-6, 0-6.

At line two, Diana Fraenkel and Rowena Slee put up a good fight, encouraged by an enthusiastic audience, but were ultimately outplayed in two sets, 3-6, 0-6.

Carol Pillsbury and Candace Wilkes had some very competitive games but ultimately lost 1-6, 0-6.

The most exciting match of the day was played by Loc Barnes and Joan Warner. They won the first set 6-4. The second set went to their opponents in a thrilling tiebreaker. After two hours of play, the Piedmont duo won the match in a super tiebreaker.

The undaunted Buckeyes look forward to their next match against Arlington Park on Sept. 23.

Sneakers & Spikes

On a hot and humid Sept. 13, 30 Rossmoor Tennis Club (RTC) members showed up to try their hand at the Sneakers & Spikes Golf Social. The tournament was played on the Creekside nine-hole course.

When the golfing was over, the following people took home prizes for the team with the lowest score, longest drive by a man and woman, closest to the hole by a man and woman.

The team with the lowest score was Mike and MJ Kiefer, Bob Darnell, and Dave Sperry. The longest drive was played on the eighth green and was won by Carolyn Chou and Chris Eddy. Closest to the hole was played on the seventh green and was won by Judy Moran and Mike Kiefer.

After golf, the crowd moved over to Stanley Dollar patio for beer, wine, and Asian cuisine provided by Fred and Loc Barnes. The winning players also received their prizes.

Everyone enjoyed the golf and evening social and thanks to Loc and Fred Barnes and the volunteers who help make this event fun and special.

Free tennis clinic

The Wednesday free clinic’s format includes tennis instruction from Eugenio Ovalle and Marcia Perry, whose doubles play session has become very popular.

Free clinic attendance has grown to the point that two courts are required to accommodate the players.

The Clinic is an opportunity for players to improve their ground strokes, volleys, overheads and serves. Just show up at Buckeye court No. 1 at 10 a.m. Players get 45 minutes of instruction and 45 minutes of play.

RTC website

More information on all these events can be found on the RTC website calendar and 2017 Event History at www.rossmoortennis.com.

Lawn bowler Rick Oliveira is men’s singles champion

By Mike Ying
Club correspondent

The finals rounds of Lawn Bowling Club’s Men’s Singles Championship took place on Sept. 7. From the preliminary rounds played on two previous days, four bowlers emerged as the semi-finalists: Michael Ying, Bob Sequeira, Miguel Roliz and Rick Oliveira.

The match between Oliveira and Sequeira was an anti-climax. Oliveira played an exceptional game with pin-point accuracy and consistency. He steadily built up a lead of 10 to 3 at end 8, then extending it to 15 to 4 at end 14. With a margin just too big to overcome, Sequeira finally conceded the match 11 to 18. This was the first time Oliveira’s won the Men’s Singles Championship. With this win he has positioned himself as a contender for the coveted title.

Continued on page 6B

Edwin Kung makes hole-in-one

By Mike Ying
News photo by Mike DiCarlo

Edwin Kung showed off the ball that went into the hole – giving him a hole in one – on hole 2 of the Dollar Ranch Golf Course on Sept. 12. He hit the 122-yard shot with a 5-hybrid club.

Rick Oliveira, winner of the Men’s Singles Championship

Bob Sequeira, runner-up in the Men’s Singles Championship

Event History at www.rossmoortennis.com
Small turnout does not dampen the swimmers’ enthusiasm at Sept. 12 Games

The Rossmoor Games swim meet was held on Sept. 12 at Hillside pool with seven swimmers competing.

With the low turnout, participants—different age groups as well as men and women—competed against the clock rather than each other.

This gave some swimmers a chance to gauge their performance against decorated swimmers like Ann Hirsch, the nation’s number one in her age group, in the breaststroke and individual medley.

Highlights from the event included Frank Yeh, a 79-year-old recreational swimmer, nearly out-touching the younger master’s swimmer, Terry Gordon, in the 25-meter freestyle (they were competing in different age brackets).

Hirsch led the men at the 10-meter mark in the 25-meter breaststroke, and finished only three seconds behind the men’s top performer.

**Del Leavitt wins billiard tourney**

Del Leavitt won the annual Ellsworth Keene 8-Ball Tournament.

Eight Rossmoor Billiards Club members competed in the pool tournament, held on Aug. 25.

The tournament was conducted in a round-robin format. Each player ended up playing two games against each of the other opponents for a total of 14 games.

Leavitt finished in first place with 12 wins. Leavitt will have his name added to the Ellsworth Keene trophy plaque, which is permanently displayed in the Billiards Room at Gateway.

Rene Michaud and Larry Keiffer tied for second place with 11 wins each.

The Billiards Club thanks Frank Lloyd for donating the refreshments for the tournament.

The next pool tournament will be during the Rossmoor Games. The 8-ball tournament is on Friday afternoon, Sept. 15. This tournament is open to all Rossmoor residents with no entry fee. A signup sheet is posted on the bulletin board in the Billiards Room.

The Billiards Room is located in the southwest corner of the Gateway complex. It is open to all Rossmoor residents from 6 a.m. to 9 p.m. daily, except when tournaments are scheduled.

For information about joining the club or about playing billiards/pool, contact Lloyd, president, at 954-7445, or Larry Keiffer, treasurer, at 951-7158.

**Niners women’s golf Match Play Tournament begins next Thursday**

One of the two major tournaments for the Women’s Nine-Hole Golf Club, the Match Play Tournament, will begin on Thursday, Sept. 28.

Play will start with the qualifying round at 9 a.m. This round will be stroke play and four-somes will be arranged by the Pro Shop. The golfer with the lowest net score will be the Medalist.

The scores from this round will determine which flight each player will be in and who she will play against. All participants must play in this qualifying round.

At 1:15 p.m. in the Bunker Room at Creekside, there will be a seminar to discuss rules and procedures of match play and to announce the Medalist and the results of the matches.

The individual matches will be on Thursday, Oct. 5; Tuesday, Oct. 10; and Thursday, Oct. 12.

In match play, two golfers compete against each other, not against the entire field. Tee times for each match will be organized by the Pro Shop.

Participants are encouraged to play their match on the scheduled day. However, if there are conflicts, players may arrange to play their match before each scheduled play day.

All Niners are encouraged to sign up. This is a fun tournament because players don’t have to worry about the total score or one bad hole.

There is a signup sheet on the Niners’ counter in the Pro Shop. There is no fee for this tournament. For information, call Sarah Buehrer, 954-1190.

**Niners Low Net winners**

Rules demonstrations were given during the Women’s Nine-Hole Golf Club’s Low Net Tournament on Sept. 7. The demonstrations were given by Rossmoor golf pros Chris Andreas and Wayne Weckerlin and Director of Golf Mark Heptig.

Instruction and demonstrations for unplayable lies on the first hole and out of bounds and creek shots on the dreaded No. 6 hole helped clarify the rules for the 44 Niners who participated in the tourney.

First flight winners were Sarah Buehrer and Judy Ruble, who tied for first place, and Susan French and Elaine Matsui, who tied for second.

In flight 2, Lou McCorkle and Linda Spiegelman tied for first, and Myrna Murray was second.

In flight 3, Penny Ittner was first, Sherry Marks second and Roberta Weiner and Bev Meinbress tied for third.

In flight 4, Frosty Anderson was first, Dee Reichert second and June Bedford third.

Guest Day is scheduled for Thursday, Sept. 21, and match play begins Thursday, Sept. 28.

**Upcoming events**

- **Thursday, Sept. 21:** Guest Day (The signup deadline was Sept. 17.)
- **Tuesday, Sept. 26:** open play at Diablo Country Club
- **Wednesday, Sept. 27:** open play at Sequoyah Country Club
- **Thursday, Sept. 28:** match play (qualifying round)
- **Thursday, Oct. 5:** final match play round
- **Tuesday, Oct. 10:** second match play round
- **Thursday, Oct. 12:** final match play round
Lawn bowlers name men’s champion

Continued from page 4B
Bowler of the Year:
Four-Score Singles Tounrey
The Four-Score Singles Tournament was underway on Sept. 12, a sunny day under a blue sky dotted with a few clouds. The tournament is for bowlers who will be at least 80 years of age by the end of the year. The oldest one will be 89 years old in November. The results will be announced next week.

Free lessons
Rossmoor residents interested in learning the gentle sport of lawn bowling and joining the Lawn Bowling Club, may contact Ed or Pauline at 943-2003 for free lessons.

Partnership Bridge posts scores

On Sept. 12, 16 people played partnership bridge in the Oak Room at Gateway. Kate Grant/ Joyce Towner had the top score with 9510 and a small slam in diamonds. The low score was 860. Directors Dolores and John Clark managed the game. For information, call Dolores Clark at 330-8612.

There were 28 players at partnership bridge in the Oak Room at Gateway. Nancy Magee/ Joyce Towner had the top score with 3110. Other winners were: Fay and Jim McDonald 2980 and Bob Askin/Robin Moreall 2120. The low score was 1340. Helen Dailey managed the game. For information, call Helen Dailey at 934-1902.

There were 48 players at partnership bridge on Sept. 14. The winners were: Vickie Chu/ Luciana Young 4440, Elizabeth Mosie/Vicki LaBatt 4350, Richard Bamberger/Mona Tascher 4280 with a small slam in 6 no trump making 7; Judy and Ted Augustine 4150, Betty Starr/ Barbara Drummond 3390, Simin Zabetian/Loya Adler 3210, Jim Bird/Ray Gierski 2700 and Barbara Klein/Lou Feinberg 2510. The low score was 390. For information, call Neal Monasch at 933-9429.

There were 28 players at partnership bridge on Sept. 13. The winners were: Dee and Neal Monasch 3170, Audrey Green/Mona Tascher 2900, Joan Meyers/Janet Mendenhall 2730, Mary Lou Phillips/Lou Horning 2710 and John Johnson/Henry Levinson 2600. The low score was 1020. For information, call Neal Monasch at 933-9429.

Due to a production error, last week’s bridge column had an error in the final hand. Here is the correct column.

**Count Your Tricks. Set the Contract**

By David Terris

This hand came up at our bridge club. On defense, when you can defeat the contract, take the setting trick. If not, you may later find that the opportunity has slipped away.

<table>
<thead>
<tr>
<th>South Deals, N-S Vulnerable</th>
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<tbody>
<tr>
<td>♠ AK10763</td>
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<tr>
<td>♠ K10</td>
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<tr>
<td>♠ Q10</td>
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<td>♠ KJ</td>
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<td>♠ 74</td>
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<td>♠ W</td>
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<tr>
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<td>♠ S</td>
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**South** **West** **North** **East**
Poss  Pass  Pass  1♦  ♠ 10  ♠ 10  ♠ —  ♠ KJ

If East had counted his winners, he would realize that the defense now had five tricks, 2 diamonds, 2 spades and 1 heart. All that was necessary to defeat the contract was to cash the ♥Q. But, in East’s mind he didn’t want to set up the ♦9, so he exited with the 7♥ which North won with the ♦Q. Now, Declerker had a potential squeeze situation. He played the ♦A and ♥KJ, and with three cards remaining, he played the fateful 10♠, the squeeze card.

If East discarded the 10♠, dummy would discard the 7♥, and two club tricks would be set up. If East discarded the 7♥, dummy would discard the 9♠ setting up a heart trick and club trick.

So a sure set disappeared, and Declerker walked away with his 2♥ contract.

David Terris can be emailed at rossmoor.bridgeplay@gmail.com.
Random draw winners are, from left, Sam Citron and Polly Elgie, first; Tillie Schiller and Mike Flanagan, second; and Carl Pischke and Ann Shaddle, third.

Winners announced in two of Rossmoor Games’ domino tourneys

The Rossmoor Domino Club’s 2017 tournament, in association with the Rossmoor Games, kicked off with the points game and random draw events.

Connie Mitchell placed first in the points game with 361 points, while the team of Polly Elgie and Sam Citron took first place in the random draw.

Second place in the points game went to Ed Goldberg, with 354 points. Neal Monasch was third with 334 points, and Jeanine Petersen was fourth with 333 points.

Tillie Schiller was paired with Mike Flanagan in the random draw and took second place while Ann Shaddle and Carl Pischke placed third.

At the beginning of the points event, players drew numbers which set their table notation and gave them a set of random partners.

Mitchell and Johnson were paired in game one, scoring 78 points. Then Mitchell and Goldberg were paired in game two and had the high game of the day with 85 points.

Goldberg fell off the pace in games three and four with scores in the 70’s. Gold-berg continued her hot streak in the points game and random draw with 353 points.

Random draw winners, from left, Connie Mitchell, first; Ed Goldberg, second; and Neal Monasch, third

Points game winners, from left, Connie Mitchell, first; Ed Goldberg, second; and Neal Monasch, third

Teams were randomly assigned to one of three pools, with Shaddle/Pischke winning Pool A with a 5-0 record, the team of Al Davis/Neal Monasch taking Pool B at 4-1 and Schiller/Flanagan topping Pool C at 4-1.

Elgie/Citron got into the championship round as the wildcard with a 3-2 record, winning the tiebreaker against the other second place finishers in pool play.

In the first semifinal match, Shaddle/Pischke were leading Elgie/Citron throughout, until Shaddle was forced to draw the entire boneyard late in the last hand, having to then give up eight domino points for a 57-53 Elgie/Citron win.

In the second semifinal, Schiller/Flanagan took a huge early lead, only to see Davis/Monasch whittle it down to three points at 46-43. But they could get no more, and Schiller/Flanagan prevailed 53-43.

The third-place game saw Davis/Monasch with leads of 24-11, 29-17 and 38-25, after each of the first three hands.

Shaddle/Pischke then began their comeback, getting to within 43-48 at the end of the fourth hand and being the only team to score in the fifth hand, winning 56-48.

In the championship game, Elgie/Citron were ahead 12-3 at the end of the first hand and never looked back, extending their lead to 31-15, then 47-20 and closing it out with a 57-31 final tally.

Players are assigned points based on their placing in each of the four tournament contests, and after two events, Elgie leads with 57 points, followed by Monasch with 54 and Davis with 48.

Hadassah members teach mah jongg

Hadassah offers mah jongg classes in Rossmoor on Tuesdays, Oct. 17, 24 and 31 as well as Nov. 7, from 11 a.m. to 12:30 p.m. The cost is $40.

Playing mah jongg is a good way to meet a new set of friends. Together, players can share in a fun game that also stimulates the brain.

Beginners as well as those desiring a review are welcome.

Reservation checks, payable to Diablo Valley Hadassah, may be mailed to Sheila Levinsky, 917 Terra Californian Drive, Sunnyvale 1. Checks can also be left in the Hadassah mailbox at Gateway. Be sure to include an email address and telephone number.

For information, email mj.rossmoor@gmail.com or call Sheila Levinsky at 448-2064.

Duplicate Bridge scores

Monday, Sept. 4

Section A


Section B


Tuesday, Sept. 5

Section A


Section B


Section C


Wednesday, Sept. 6


Thursday, Sept. 7


For additional information, see posted results or go to www.clu- bresultsf.t.org/results.php?id=MT- M6X4Y

Play American mah jongg

Rossmoor residents are invited to play American mah jongg on Saturday and Sunday afternoons in Multi-purpose Room 1 at Gateway.

The purpose of this group is to create a friendly, pleasant and supportive environment where members help each other. Lessons are free, if needed. There is an annual fee of $55, plus $9 for the national hand card.

For information, call Claire Berry at 934-9695 or email claireberrywc@ya hoo.com.

CHESS FORUM

By George P. Sphicas

Club correspondent

Each week, a new chess problem is offered. Readers are invited to solve the puzzle and send their solution. The responses will be tabulated, and at the end of each month the names of the best solvers will be published. If there is sufficient interest, prizes will be offered.

This week the problem is mate in 3. In chess problems, unless otherwise stated, it is White to move; so here the question is how White can mate the Black King in three moves. Send your entry (just the name of the best solver) and send their solution. The problem is offered. Readers are invited to include comments. For questions or comments, call him at 954-6549 or at 917-658-5520.

The problem given last week was mate in 2. It shows how needed is the solution. The key is 1. Rxh2! Black is forced to accept the Rook sacrifice. There are two ways to capture the Rook, leading to two different mates. If 1…gxh2, then 2.Qh8 mate and if gxh2, then Qa8. The Queen moves long distances orthogonally and diagonally. Corner-to-corner moves are rather rare and may have special appeal.

Players of all strengths are welcome to visit the Chess Room, on the first floor of Dollar Clubhouse. Find other players and have a game or two, or just watch some battles. Club hours are on Wednesdays from 10 a.m. to 1 p.m.; on Fridays from 12:30 to 5 p.m.; and on Saturdays from 10 a.m. to 5 p.m. Usually Saturdays are the busiest.
**RELIGIOUS SERVICES**

**METHODIST**

Tice Valley United Methodist Church invites everyone to a joyful and hope-filled worship experience on Sundays at 11 a.m. in Peacock Hall. This Sunday, Sept. 24, Pastor Joanne Peterson will preach on 1 Corinthians 2:6-12. Her sermon title is “People with a Promise.” Loni Williams is the music director. The choir sings each Sunday from September through June. Holy Communion is celebrated on the first Sunday of each month.

Weekly worship is wheelchair-accessible with large print bulletins and aids for hearing. For information or pastoral care, contact the church office, Monday through Thursday, 9 a.m. to 1 p.m., at 937-4535, or email tvjm182@cgbglobal.net.

**LUTHERAN**

Hope Lutheran Church invites everyone to gather for a spirited worship service in the Fireside Room at Gateway on Sunday, Sept. 24, at 10:30 a.m. Pastor Jack Niemi will preach on Matthew 20:1-16. Maestro Wayne Anderson serves as pianist, and Don Gurley serves as Cantor. Special music will be provided by Bruce Lechner. New members will be welcomed into the faith family. Immediately following worship all are invited to participate fully and stay for refreshments and fellowship at the potluck coffee hour following the service.

“Bible Study for People Who Question” is held every Tuesday at 2 p.m. in the Bunker Room at Creekside. Call the church office for more details at 937-4820.

**PRESBYTERIAN**

Grace Presbyterian Church invites everyone to worship on Sunday, Sept. 24, at 10 a.m. The Rev. Roger Reaber will preach. His sermon, “Our Alien Identity,” will be based on Deut. 26:1-11 and Ezekiel 47:21-23. After worship everyone is invited to enjoy refreshments in the Fireside Room.

At 3 p.m. there will be a refugee assistance concert and presentation by traditional Arab music with special guests Loay Dahbour (percussions) and Lee Dynes (oud). A free will offering will be received to support two refugee families that are being sponsored by St. Perpetua Catholic Church and St. Francis of Assisi Catholic Church. One family is from Iran and the other is from Afghanistan. Learn about the chaos that they are fleeing and the challenge they serve.

Learn about Grace Presbyterian Church’s refugee program

Grace Presbyterian Church hosts an informative presentation on Sunday, Sept. 24, at 3 p.m. about two refugee families currently being sponsored by St. Perpetua Catholic Church and St. Francis of Assisi Catholic Church.

One family is from Iran and the other is from Afghanistan. Learn about the chaos they are fleeing and the challenges before them as they come to a new land. Special Middle Eastern music is planned for the event.

A free-will offering will assist the families through this time of transition and is part of the church’s peace-making season and offering of the church. The program will be held in the church sanctuary. The church is located at 2100 Tice Valley Blvd., down the street from the Rossmoor entrance. All are welcome.

**CATHOLIC**

St. Anne’s Catholic Church schedule of Masses for Saturday and Sunday, Sept. 23-24, is as follows. Rev. Joseph Parekait will celebrate the 9 a.m. Mass on Saturday, and the 9 a.m. and 11:15 a.m. Masses on Sunday. Rev. George Da Roza will preside at the 5 p.m. Mass on Saturday. The Sacramento of Reconciliation is available from 4 to 4:30 p.m., or by appointment. Congregants have watched with great sadness the devastation from Hurricane Harvey. A second collection will be taken up on Sept. 23 and 24 and sent to Catholic Charities to aid in the humanitarian and recovery efforts. The church is grateful for everyone’s prayers and generosity.

All are welcome at St. Anne’s Church, celebrating “Faith, Hope and Love” since 1965. For information, call the church at 932-2324.

**EPISCOPAL**

St. Luke’s Episcopal Church invites all Rossmoor residents to a service of “caring and sharing through inspirational worship and fellowship” on Sunday, Sept. 24, at 10 a.m. in the Diablo Room at Hillside. This 16th Sunday after Pentecost, the Rev. Coryl Lassen will offer a sermon based on Matthew 20:1-6. The service will include Morning Prayer. All are welcome to participate fully and stay for refreshments and fellowship at the potluck coffee hour following the service.

**INTERFAITH IN ROSSMOOR**

**FROM THE INTERFAITH COUNCIL CELEBRATING DIWALI**

By Susie Kohl

Interfaith Council president

As the days grow shorter and chillier, American values come into question, many need a reminder that light will inevitably over-come the darkness of hatred and ignorance.

The newly formed India Club of Rossmoor has issued an invitation to all Rossmoor residents to attend the Festival of Lights symbolizing light conquering darkness. Worship will be held on Wednesday, Oct. 18, at 4:30 p.m., in the Fireside Room.

Diwali is an official holiday in India, in Fiji, Guyana, Malaysia, Singapore, Sri Lanka, Trinidad and it is celebrated widely in Australia.

With the recognition of America becoming the most diverse religious country on earth, the celebration of Diwali has become widespread in the U.S. Both Congresswoman Darlene Bush and Obama extended Diwali greetings from the White House, also signaling the broader consciousness that we live in a pluralistic society, with holidays derived from many religious traditions.

Diwali, known as the Hindu Festival of Lights, signifies the victory of light over darkness, good over evil, knowledge over darkness, and hope over despair. In India, Diwali is the most significant of celebrations of millions of lights shining on rooftops, outside doors, and around temples.

Traditionally, the festival lasts five days, but the main day coincides with the darkest, new moon light of the Hindu calendar, a day when people dress in celebratory clothes, light candles, and join together over sumptuous feasts. On the last day of Diwali, participants also give to charitable causes.

The joy of Diwali has been incorporated into many classrooms in America, as children create artwork that depicts the happiness of darkness into light. In the 21st century, schools have become havens where students are ac-tively acknowledging and celebrating the diverse back-grounds of the communities they serve.

Amal Moulik, a member of the India Club, has also been an important contrib-utor to the Diversity Consciousness Committee of the
Religious Services

Continued from page 8B

es that are before them as they come to a new land.

Everyone is welcome to come at 11:15 a.m., Church Service hosts a grief support group led by Rev. Karen Hastings-Flegel. Newcomers are welcome. For more information, call the church at 935-2100 or visit www.gracewc.org.

JEWS

B’nai Israel of Rossmoor will hold Shabbat services on Fri., Sept. 22, at 7:30 p.m. in the Vista Room at Hillside. Guest Cantor Linda Sashi will lead the service and Judy Vida will be the Rose Altar's Cantor. Amy Katz will be the leader and the group will sing the blessing over the challah. Bea Bergerman will host the Oneg in honor of her husband Julius's yahrzeit.

This Shabbat is known as Shabbat Shuvah, the Return to Shabbat. It is the Sabbath that falls between Rosh Hashanah and Yom Kippur. During and after the service Cantor Linda and Judy Vida will offer some thoughts about this special day.

B’nai Israel will host High Holy Days services in the Event Center. Everyone is welcome and there is no fee. See the box on this page for the dates and times.

B’nai Israel welcomes everyone to attend and enjoy Shabbat services. For further information, contact Judy Vida at 926-0922. Anyone needing a ride to a B’nai Israel event should contact Harry Stout at 788-8006.

Interfaith: Celebrating Diwali

Continued from page 8B

Over the last years, participants of that committee have delighted in attending events offered by a variety of groups in Rossmoor that have diverse memberships.

Taking part in the activities of other clubs has created friendships and collaboration, as the Interfaith Council works toward bringing about a more unified community in Rossmoor. The council considers these alliances important in a period when some people seem to be blantly expressing bias and hatred.

Last month, the Interfaith Council of Rossmoor sponsored a full page ad in the Rossmoor News, calling for a unified rejection of the events in Charlottesville and the promulgation of white supremacy. The council firmly believes that this is the time for people to unite and stand strong in the core values that we have always defined our country.

On the day the council voted to place the ad, a member had received a hate email proclaiming white supremacy in Rossmoor. The council recommends people become allies for those experiencing discrimination.

Come to the Interfaith Council to promote unity and learn the fulfillment of interfaith sharing, on the second Monday of the month at 2 p.m. in the Club Room at Creekside.

Call Susie Kohl for more information at 451-0668.

Bible Study continues study of Philippians

Rossmoor Bible Study group continues its study of Philippians on Thursday, Sept. 21, starting at 9 a.m. at Dollar.

This week’s focus is on chapter 1, verses 1-11, a greeting to the church at Philippi. It was written about 61 AD, as Paul anticipated his release from prison for preaching the gospel of Christ. Paul shows his appreciation and love for the Philippians, giving thanks to the Lord for their continued help and support and also encouraging their spiritual growth.

Meeting format is as follows:

- Small groups meet from 9 to 9:45 a.m. A hymn sing-along follows.
- From 9:45 a.m. to 10 a.m., Glenn Tatum finishes the session with a lecture and commentary on the material covered.
- At 10:45 a.m., light refreshments are served. Those interested in the lecture should arrive on time.

Saturday, Sept. 30, 9:30 a.m. service; and 3:30 p.m., Yom Kippur afternoon service, including Yiskor, followed by Break-the-Fast

Cantor Steven Richards will conduct the services. This day is selected in honor of Francis of Assisi, who is often remembered as the patron saint of animals. It became customary for churches to hold ceremonies blessing animals near his feast day of Oct. 4. No RSVPs are necessary.

Grace Presbyterian Church is located at 2100 Tice Valley Blvd. in Walnut Creek. Just down the street from the entrance to Rossmoor.

For more information, call the church office at 935-2100.

Mindful Living meditations continue

The Mindful Living Club hosts 30-minute meditations daily at 8:30 a.m. On Monday through Saturday, meditations are held at Dick Powell's manor, 2956 Tice Creek Drive No. 4 (park on Tice Creek near Entry 5). On Sundays, meditations are in the Sanctum at Dollar. Regular chairs are used. Anyone who uses a sitting cushion is asked to bring their own.

There are no Mindful Living or Ideal Happiness classes in September.

Classes resume on Saturday, Oct. 7, with Laughter Yoga at 9 a.m. in the Echo Room at the Event Center.

On Saturday, Oct. 14, the 24-session “Science of Mindfulness: A Research-Based Path to Well-Being” begins with Dr. Ron Siegel, presenter and creator of “The Great Courses” program.

The monthly “In Search of Ideal Happiness” class with Bob Nitz, will be on the second Monday at 2 p.m., Oct. 15, at 10:30 a.m. in the Solarium in Dollar.

For more information on classes, visit www.MindfullivingChob.org.

Helen Almeda Bateson

June 17, 1922 to September 5, 2017

Helen passed away peacefully at age 95, surrounded by family, after a remarkable life. Raised in Williston, North Dakota, she was run over by a drunk driver at the age of nine and doctors thought she would never walk again. Not only did she prove them wrong but she went on to excel in sports, becoming the top female athlete every year in college at the University of Idaho even though she majored in English, not physical education, and graduated Phi Beta Kappa. It was in college where she met her future husband, John. They were married 47 years until his death in 1993.

Until her last few years, Helen loved to ski and skate and swim in the summer. Even in her 80s, she worked out regularly in a gym. Although she never considered herself much of a golfer, John enjoyed telling others about the time she shot a 142-yard hole-in-one.

During World War II, Helen was an officer in the women’s branch of the United States Naval Reserve and oversaw the US Navy Waves on Tiksa. She was a selfless volunteer and her greatest achievements was receiving a letter of commendation for this work. After the war, she put her husband through graduate school at UC Berkeley, working as a legal assistant at Lawrence Berkeley Lab, arranging transportation and accommodations for Robert Oppenheimer, Edward Teller, and other scientists.

In 1955, she and John moved to Terra Linda in Marin County where they raised four children. Helen volunteered with numerous school and community groups, most notably with the Judeo-Catholic service group B’nai Tikvah in Walnut Creek from 1994 through 2017. There is no charge for members or guests. All are welcome. Carpoolers are recommended due to limited space.

For information, call Judy Vida at 926-0922 or Karolyn Rim Stein at 938-2080.

Grace Church holds blessing of animals

A blessing of the animals will be held on Sunday, Oct. 1, from 4 to 6 p.m., at Grace Presbyterian Church. All are welcome to bring your furry, feathered or finned friends to this blessing of the animals. There will also be time to reflect and remember beloved animal friends who have passed.

This day is selected in honor of Francis of Assisi, who is often remembered as the patron saint of animals. It became customary for churches to hold ceremonies blessing animals near his feast day of Oct. 4. No RSVPs are necessary.

Grace Presbyterian Church is located at 2100 Tice Valley Blvd. in Walnut Creek. Just down the street from the entrance to Rossmoor.

For more information, call the church office at 935-2100.

Dorothy Furtado Applin

July 25, 1925 – Sept. 4, 2017

Dorothy Furtado Applin passed away peacefully at her home in Walnut Creek, CA on Sept. 4, 2017.

Dorothy was a beautiful person in every way, a kind, caring, and camp. She traveled. She spent her life in the Bay Area, was born in Tracy, and lived in Oakland, San Leandro, Concord, and Walnut Creek. She married Troy Applin and had four children: Susan, Carol, Scott and Ronald. She loved her children, grandchildren and great-grandchildren. Her greatest joy came from being outside surrounded by nature, hiking through wild places and swimming. She was an advocate near the end of her days. She will be remembered for her friendship, infectious laugh, smiling eyes, and loving heart.

A memorial service will be held on Friday, Sept. 22 at St. Francis of Assisi Catholic Church on Oak Grove Rd. in Concord, at 10:30 a.m., a reception will follow the service at the church.

B’nai Israel High Holy Days events start tonight at the Event Center

B’nai Israel of Rossmoor will hold High Holy Day services in the Event Center. They are:

- Wednesday, Sept. 20, 7:30 p.m.: Erev Rosh Hashanah
- Thursday, Sept. 21, 9:30 a.m.: Rosh Hashanah – Tashlich after the service
- Friday, Sept. 29, 7:30 p.m.: Erev Yom Kippur
- Saturday, Sept. 30, 9:30 a.m. service; and 3:30 p.m., Yom Kippur afternoon service, including Yiskor, followed by Break-the-Fast
- Cantor Steven Richards will conduct the services. This day has for the past several years. He is well-known in the Bay Area, having served as Cantor/educator for Congregation B’nai Tikvah in Walnut Creek from 1994 through 2017.

There is no charge for members or guests. All are welcome. Carpoolers are recommended due to limited space.

For information, call Judy Vida at 926-0922 or Karolyn Rim Stein at 938-2080.
POOL AND FITNESS CENTER HOURS

**FALL SCHEDULE**

DEL VALLE POOL was not opened as scheduled. Work completed but inspection and permit issues have delayed its opening. There is no scheduled opening date at this time.

HILLSIDE POOL is open daily 6 a.m. to 9 p.m. It’s closed until 1 p.m. on Tuesdays for cleaning. Family Swim will be offered at Hilsides pool Monday, Wednesday, Thursday and Saturday from 11 a.m. to 1 p.m. and Saturday and Sunday from 11 a.m. to 2 p.m. No family swim on Tuesdays.

DOLLAR POOL is open daily 6 a.m. to 8 p.m. It’s closed until 1 p.m. on Wednesdays for cleaning.

**FITNESS CENTER:** While the Fitness Center is closed until the end of 2017 for renovation, facilities are in modular buildings in the Del Valle parking lot. Exercise equipment, a weight room and aerobics classes are all available.

**INFORMATION:** Fitness center, call 988-7850. Pools, call 988-7854.

**ROSSMOOR LIBRARY HOURS**

Monday, Tuesday and Thursday from noon to 4 p.m. Wednesday and Friday from 10 a.m. to 4 p.m. Saturday from 10 a.m. to 1 p.m.

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**THURSDAY, SEPTEMBER 21**

**EVENT** | **LOCATION** | **ORGANIZATION**
--- | --- | ---
6 p.m. | Strength Class | Modular, DV | Rec. Dept.
6:30 a.m. | Luk Tung Kuen | Diablo Room, H | Luk Tung Kuen
7 a.m. | Mat Pilates | Modular, DV | Rec. Dept.
8 a.m. | Ross Hashanah | Entire Clubhouse, EC | B'nai Israel
8:30 a.m. | Aerobic Dance | Modular, DV | Rec. Dept.
9 a.m. | Open Bocce Courts | Bocce Club
9 a.m. | Master Swim | Pool, H | Silver Bullets Swim Club
9:30 a.m. | Stichers | Sewing Room, G | Sewing Arts Club
9:30 a.m. | Zumba Club | Modular, DV | Dance, Fitness & Resource
9:30 a.m. | Domiino Lessons | Oak Room, G | Domiino Club
10 a.m. | Open Tennis | Buckeye Tennis Courts, B | Tennis Club
11 a.m. | Light Strength | Modular, DV | Rec. Dept.
Noon | Rummy Cube | Pine Room, H | Afr-Americans & Friends
1 p.m. | Chinese Folk Dance | Modular, DV | Chinese Performing Arts
1 p.m. | Movie | Peacock Hall, G | Rec. Dept.
1 p.m. | Partnership Bridge | Oak Room, G | Bridge
1 p.m. | Writer’s Club Meet | Modular, DV | Writers Group
1 p.m. | Line Dancing | Diablo Room, H | Line Dance
2 p.m. | Parkinson Group | Modular, DV | Rec. Dept.
3 p.m. | Hula Club | Modular, DV | Hawaiian State
3 p.m. | Hearing Loss & Tinnitus | Vista Room, H | Rec. Dept.
4 p.m. | Movie | Peacock Hall, G | Rec. Dept.
5 p.m. | Group Cycle | Modular, DV | Rec. Dept.
5 p.m. | Aquacise | Pool, D | Rec. Dept.
6 p.m. | Strength Yoga | Modular, DV | Rec. Dept.
7 p.m. | Self Defense Class | Modular, DV | Rec. Dept.
7 p.m. | Sing for Joy | MPR 3, G | Sing for Joy
7 p.m. | Movie | Peacock Hall, G | Rec. Dept.
7 p.m. | Duplicate Bridge | Oak Room, G | Bridge, Duplicate

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**FRIDAY, SEPTEMBER 22**

**EVENT** | **LOCATION** | **ORGANIZATION**
--- | --- | ---
6 a.m. | Group Exercise | Modular, DV | Rec. Dept.
7 a.m. | Abs / Back | Modular, DV | Rec. Dept.
7 a.m. | Luk Tung Kuen | Las Trampas, H | Rec. Dept.
7 a.m. | Luk Tung Kuen | Vista Room, H | Luk Tung Kuen
7:30 a.m. | Rhythmorbs | Modular, DV | Rec. Dept.
8:45 a.m. | Strength | Modular, DV | Rec. Dept.
9 a.m. | Berean Forum | Fairway A/B, C | Berean Forum Of Rossmoor
9 a.m. | Gi Gong | Vista Room, H | Chinese/American Club
9 a.m. | Brown Baggers | Garden Room, D | Domiino Club
9 a.m. | Duplicate Bridge | Oak Room, G | Bridge, Duplicate
9 a.m. | Quilters | Sewing Room, G | Sewing Arts Club
10 a.m. | Muscle Movers | Modular, DV | Rec. Dept.
10 a.m. | Peripheral Neuropathy | Vista Room, H | Rec. Dept.
10 a.m. | Water Exercise | Pool, H | Rec. Dept.
11 a.m. | Frisbee Yoga | Modular, DV | Rec. Dept.
11:15 a.m. | Joint Efforts | Pool, D | Rec. Dept.
11:30 a.m. | Gentle Yoga | Modular, DV | Rec. Dept.
11:30 a.m. | Mah Jia | Modular, DV | Chinese/American Club
12:15 p.m. | Twinges In Hinges | Pool, D | Rec. Dept.
12:30 p.m. | Songs With Fit & Mill | Redwood Room, G | Rec. Dept.
12:30 p.m. | Chinese | Modular, DV | Chinese/American Club
1 p.m. | Great Books | Modular, DV | Greate Books
1 p.m. | Movie | Modular, DV | Rec. Dept.
2 p.m. | Folk Dancing | Modular, DV | Folks Dancers
3:45 p.m. | Chair Challenge | Modular, DV | Rec. Dept.

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**SATURDAY, SEPTEMBER 23**

**TIME** | **EVENT** | **LOCATION** | **ORGANIZATION**
--- | --- | --- | ---
8 a.m. | Movie | Peacock Hall, G | Rec. Dept.
5 p.m. | Korean Drum Club | Modular, DV | Korean American Club
6 p.m. | Partnership Bridge | Oak Room, G | Bridge, Partnership
8:30 a.m. | Aquacise | Pool, H | Aquatic
7 p.m. | Book Club | MPR 3, G | International Club
7 p.m. | Movie | Peacock Hall, G | Rec. Dept.
7:30 p.m. | B’nai Israel Service | Vista Room, H | B’nai Israel

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**SUNDAY, SEPTEMBER 24**

**TIME** | **EVENT** | **LOCATION** | **ORGANIZATION**
--- | --- | --- | ---
10:00 a.m. | Sunday Service | Vista Room, H | Sileam Community Church
10:30 a.m. | Sunday Service | Fireside Room, G | Hope Lutheran
10:45 a.m. | Self Defense Class | Modular, DV | Rec. Dept.
10:45 a.m. | Juneau Bear Train | Oak Room, G | Tice Valley Methodist Church
Noon | Mindful Mat | Modular, DV | Rec. Dept.
1 p.m. | Chair Sit & Stretch | Modular, DV | Rec. Dept.
1 p.m. | Meeting | Entire Clubhouse, EC | Compassion Relif
2 p.m. | American Mah Jong | MPR 1, G | Canasta/Mah Jong Club
4 p.m. | Movie | Peacock Hall, G | Rec. Dept.
7 p.m. | Movie | Peacock Hall, G | Rec. Dept.

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**MONDAY, SEPTEMBER 25**

**TIME** | **EVENT** | **LOCATION** | **ORGANIZATION**
--- | --- | --- | ---
9 a.m. | Group Exercise | Modular, DV | Rec. Dept.
10 a.m. | Luk Tung Kuen | Diablo Room, H | Luk Tung Kuen
10 a.m. | Hospice Art & Wine | Entire Clubhouse, EC | Friends Of Hospice
10 a.m. | Abs / Back | Garden Room, D | Chinese/American Club
10 a.m. | Rhythmorbs | Modular, DV | Rec. Dept.
11 a.m. | Qi Gong | Diablo Room, H | Chinese/American Club
11:15 a.m. | Meeting | Vista Room, H | Greek Club
11:15 a.m. | Water Exercise | Pool, H | Rec. Dept.
11:45 a.m. | Joint Efforts | Pool, D | Rec. Dept.
11:45 a.m. | Joint Efforts | Pool, D | Rec. Dept.
1 p.m. | TLC Yoga | Diablo Room, H | Rec. Dept.
1 p.m. | Zumba | Modular, DV | Rec. Dept.
1 p.m. | Twinges And Hinges | Pool, D | Rec. Dept.
1 p.m. | Needlework | Linear Room, G | Sewing Arts Club
2 p.m. | Duplicate Bridge | Oak Room, G | Bridge, Duplicate
2 p.m. | Twinges And Hinges | Pool, D | Rec. Dept.
2 p.m. | Mat Science | Modular, DV | Rec. Dept.
2 p.m. | Parkinson Group | Modular, DV | Rec. Dept.
2 p.m. | Book Club | Bunker Room, C | NCJW
3 p.m. | Chinese | Diablo Room, H | Chinese/American Club
3 p.m. | Hula Club | Modular, DV | Hawaiian State
4 p.m. | Musical Mondays | Peacock Hall, G | Rec. Dept.
4 p.m. | Flexi Club | Bristol Room, C | Rec. Dept.
6 p.m. | Ballroom Dance | Club Room, C | Ballroom Dance
6 p.m. | Domino Play | Oak Room, G | Domino Club
6:30 p.m. | Barre Class | Modular, DV | Rec. Dept.
6:30 p.m. | Aquacise | Pool, H | Rec. Dept.
AN AMERICAN IN PARIS
Tuesday, Sept. 26, Wednesday, Oct. 4

"AN AMERICAN IN PARIS" brings the magic and romance of France to the Orpheum Theatre in San Francisco. It is the story of a young American soldier, a beautiful French girl and an indomitable German. The musical depicts a new beginning in the aftermath of war. Acclaimed director-choreographer and Tony Award winner Christopher Wheeldon brings the music and romance of France to life with perfect harmony with Tony Award-winning orchestrations of unforgettable works from George and Ira Gershwin, featuri ng "But Not for Me" and "I Got Rhythm." "Sway" and "Stairway to Paradise." "They Can't Take That Away" and orchestral music including "Concerto in F," "2nd Prelude." "An American In Paris." On Sept. 26 the bus leaves Gateway at 6:15 p.m. and will return around 11:30 p.m. On Oct. 4, the bus leaves Gateway at 12:15 p.m. and will return around 6:30 p.m. Rear orchestra seats. Cost is $110.

SONOMA PLAZA
Thursday, Sept. 28

Spend a day in downtown Sonoma. The eight-acre Sonoma Plaza is the largest town square of its kind in California and a National Historic Landmark, rimmed by care-fully preservedAdobe buildings. Once it was the center of trade and traffic north of San Francisco. Today historic shops, art galleries, popular restaurants and tasting rooms, is an ideal desti-nation for any season. Visit the sites of Sonoma State His-toric Park, the birthplace of the state's Bear Flag. San Francisco Solano de Sonoma, Sonoma Casa Grande and Toscano Hotel are all within walking distance. Lunch and lodging, not included. The bus will depart Gateway at 9 a.m. and return around 4 p.m. The cost is $35.

CARMEL-BY-THE-BEACH
Saturday, Sept. 30

Moderate to extensive walking

Spend a leisurely day in Carmel, one of the most en-dearing seaside towns, and see what has inspired some of the world’s finest artists to paint, sculpt and write here. The community covers one square mile, but most visitors find themselves mainly in its center, the stretch of Ocean Avenue that inches downhill to Carmel-By-the-Sea and the colorful side streets that radiate off it. It doesn’t feel right to call this area "downtown." After all, it has the elements of an artuy downtown: shops, restaurants, public offices, but no center. The buildings have a gingerbread, fairy-tale look and feel. The sidewalks encourage walking. The window displays and stree-t gawking. The arts galleries invite critique. The smells from the bakeries and cafes draw people in for a bite. Stop by the Carmel Visitor Center and pick up a walking guide.

Continued on page 12B
Fantasy Forum Actors Ensemble presents Rottentail at the children’s shelter in Walnut Creek. A young brother and sister are left in the forest after the witch kidnapped their parents. They are saved by their faithful dog, Tiki, who outwits the cookie baking witch. For over 30 years Fantasy Forum has been presenting live, quality musical theatre entertainment that features original scripts and music. The bus will depart Gateway at 7 a.m. and return at approximately 3 p.m. The cost is $54.

**MILLION DOLLAR QUARTET**

Art Center, Wednesday, Oct. 11

Extensive walking

**LADY WASHINGTON AND JACK LONDON SQUARE**

Walking tour

(stairs only, no elevator) The bus will leave Gateway at 7:30 a.m. and return at approximately 3:30 p.m. The cost is $57.

**APPLE HILL**

Walking tour

The bus will depart Gateway at 9 a.m. and return around 3 p.m. The cost is $48.

**MILLION DOLLAR QUARTET AT LIVERMORE**

Art Center, Saturday, Sept. 30, at 2:30 p.m.

Minimal walking

**THEOLOGY ON TOUR**

Art Center, Saturday, Nov. 11

Extensive walking

**LENSING: JAPANESE ART, MEXICO**

Art Center, Saturday, Nov. 11

Extensive walking

**REGENCY HOUSE TOUR**

Art Center, Saturday, Nov. 11

Extensive walking

**PINCAS ZUKERMAN AT DAVIES SYMPHONY HALL Thursday, Nov. 16**

Minimal walking

**SMuin CHRISTMAS BALE AT THE LESHER CENTER Saturday, Nov. 18, at 2 p.m.**

Minimal walking

**SAN ANTONIO HOLIDAY ONE HOTEL STAY Nov. 29 through Dec. 3**

Travel to San Antonio, Texas, with Premier World Discovery. San Antonio is one of the best cities in the country to visit during the holidays. There are an endless number of attractions, events and restaurants to enjoy.

**Tour highlights:**
- San Antonio city tour
- San José Mission
- El Mercado marketplace
- The Alamo
- Riverwalk cruise
- Hill Country
- LBJ Ranch
- Riverbend Park
- Fiesta de las Luminarias

The tour includes all transfers, roundtrip airfare from LAX, motor coach transportation, two nights first-class hotel accommodations, touring per itinerary, six meals (two breakfasts, two lunches and two dinners), professional tour director and baggage handling. The cost per person, double occupancy, is $1,775, $475 single occupancy. A deposit of $300 is due with application. Stop by the Excursion Desk for a complete itinerary and reservation details.

**VIENNA AND CHRISTMAS MARKETS RIVER CRUISE FEATURING ROTTENBURG, NUREMBERG, PASSAU AND VIENNA Dec. 3 through 11**

Winter cruises on the Danube are a real treat. Enroute, you will see many rivercruises and romantically illuminated towns have a unique charm. A visit to the different Christmas markets is a true highlight.

**Tour highlights:**
- Frankfurt Christmas market
- Six-night cruise aboard the MS Amadeus Silver II – outside cabin
- Rotterdam, two-night tour and Christmas market
- Nuremberg city tour and Christmas market
- Regensburg, two-night tour and Christmas market

Continued on next page
**Excursions**

**Continued from page 128**

- **Passau and Danube cruising**
- **Vienna city tour**
- **Melk Abbey and glühwein tasting**
- **Sound of Vienna concert**
- **Welcome and farewell dinners**

**Charleston and Savannah Holiday**

Dec. 3 through 9

Explore the beauty and history of Charleston, South Carolina, and Savannah, Georgia, on this fantastic excursion. Experience the language and pace of two storied cities-

- **Charleston city tour**
- **Charleston holiday lights drive**
- **Boone Hall Plantation**
- **Beaufort horse-drawn carriage tour**
- **Dinner at the Pirates House Restaurant**
- **Savannah city tour**
- **Jekyll Island trolley tour**
- **Lunch at Jekyll Island Club**
- **St. Augustine trolley tour**
- **St. Augustine’s Holiday Lights**

The cost per person, double occupancy, is $2,350 ($700 single supplement). Included in the price are round-trip air, all transfers, six nights first-class hotel accommodations, 10 meals (six breakfasts, one lunch and three dinners), transportation per itinerary, motor coach transportation, professional tour director and baggage handling. A deposit of $300 per person is due with reservation (check only). Full itinerary and reservation forms are available at the Excursion Desk.

**NEW YEAR’S MEXICAN RIVIERA**

Dec. 27 through Jan. 3

Ring in the New Year and enjoy the vibrancy of Mexico’s golden Riviera aboard the Holland America Line. This eight-day cruise aboard the MS Oosterdam is a festive trip to the Riviera with its charm, bright flavors, and the thrill of the beach. The tour includes:

- Travel to Cuba, the most exciting island in the Caribbean. Premier World Discovery has a major new cruise aboard the MS Oosterdam is sailing. Ports of call include Havana, two days in Cozumel, one day in Holbox Island, and one day at sea.

The cost per person, double occupancy, is $1,925 ($1,450 single occupancy). This includes: all transfers, eight nights, eight breakfasts and eight dinners, motor coach transportation, luxury hotel accommodations, 16 meals (five breakfasts, three lunches and eight dinners), sightseeing package (seven nights), sightseeing guide and motor coach transportation, all entrance fees, local motorist transportation, all tip fees included. The price includes: round-trip air, all transfers, all meals, all drinks, sightseeing, motor coach transportation, all tip fees included. A deposit of $500 per person is due with reservation (check only). Stop by the Excursion Desk for a complete itinerary and pricing information. Sign up before April 30 and receive $200 per person early booking discount.

**CHARLESTON AND SAVANNAH HOLIDAY**

Dec. 3 through 9

Explore the beauty and history of Charleston, South Carolina, and Savannah, Georgia, on this fantastic excursion. Experience the language and pace of two storied cities-

- **Charleston city tour**
- **Charleston holiday lights drive**
- **Boone Hall Plantation**
- **Beaufort horse-drawn carriage tour**
- **Dinner at the Pirates House Restaurant**
- **Savannah city tour**
- **Jekyll Island trolley tour**
- **Lunch at Jekyll Island Club**
- **St. Augustine trolley tour**
- **St. Augustine’s Holiday Lights**

The cost per person, double occupancy, is $2,350 ($700 single supplement). Included in the price are round-trip air, all transfers, six nights first-class hotel accommodations, 10 meals (six breakfasts, one lunch and three dinners), transportation per itinerary, motor coach transportation, professional tour director and baggage handling. A deposit of $300 per person is due with reservation (check only). Full itinerary and reservation forms are available at the Excursion Desk.

**INDIA’S TREASURES**

April 11 through 20, 2018

Be enchanted by India’s rare beauty and vibrancy of this trip to the Taj Mahal, the Red Fort, Delhi to vibrant Jaipur and on to the historic city of Agra. Experience the many ways in which this mysterious land dazzles the senses.

- **Delhi**
- **Harmande dinner with local family**
- **Gurudwara Bangla Sahib (Holy Shrine of Sikhs)**
- **Agra Fort**

The tour includes all transfers, round-trip airfare, motor coach transportation, sightseeing tours, all entrance fees, hotel accommodations, 12 meals, 10 dinners, ten nights in Agra, Jaipur, Delhi, Agra, and Agra. A deposit of $500 is due with application. Stop by the Excursion Desk for a complete itinerary and reservation form.

**THE SPOTLIGHT**

**Wednesday, Sept. 27**

The Spirit of 29 featuring Eliot Kenion will perform at the Spotlight in the Fire- side Room at Gateway at noon. This free program is open to all residents and their guests.

**SUNDAY SHOWCASE**

**Sunday, Oct. 8**

The Larry Vuckovich Band will perform classic jazz in the Tahoe Room at the Event Center at 7 p.m. This program will be hosted by the Lions Club of Rossmoor who will be serving complimentary refreshments.

**MUSICAL MONDAY**

**Monday, Sept. 25**

The 1966 musical “Can-Can,” starring Shirley MacLaine and Frank Sinatra, will be shown in Peakcock Hall at Gateway on Thursday at 4 and 7 p.m. and on Friday at 10 a.m., 1, 4, and 7 p.m. Language enhancement is available used at 1 and 7 p.m. on Thursday and at 10 a.m. and 1 p.m. on Friday. This film is two hours and six minutes long and is rated PG-13. This free program is open to all residents and their guests.

**SATURDAY MOVIE**

**Saturday, Sept. 24**

The 2017 drama “King Arthur-Leg- end of the Sword” will be shown in Peakcock Hall at Gateway on Thursday at 4 and 7 p.m. and on Friday at 10 a.m., 1, 4, and 7 p.m. Language enhancement is available used at 1 and 7 p.m. on Thursday and at 10 a.m. and 1 p.m. on Friday. This film is two hours and six minutes long and is rated PG-13. This free program is open to all residents and their guests.

**MUSIC AT THE RECREATION DEPARTMENT**

**Wednesday, Sept. 27**

Richard Glazier will perform his con- cert “Lights, Camera, Music!” at 7 p.m. in the Tahoe Room at the Event Center. Tickets for this event are $15 and advance at the Recreation Department. This event is open to all residents and their guests.

**NEW YEAR’S MEXICAN RIVIERA**

Dec. 27 through Jan. 3

Travel to Branson, America’s entertain- ment capital. Branson is best known for its live performances, with more than 100 different shows in venues ranging from intimate theaters to the grand size of the Branson Hall at Gateway on Thursday at noon and on Friday at noon. This free program is open to all residents and their guests.

- **Arabia Steamboat Museum**
- **The Duttons**
- **College of the Ozarks tour**
- **Texas Tenors**
- **Presley’s Country Jubilee**
- **Dogwood Canyon Nature Park tram tour**
- **Million Dollar Quartet” musical**
- **Branson Hall at Gateway in the Top of the Rock**
- **Ancient Ozarks Natural History Museum**
- **Showboat Branson Belle**
- **Shoji Tabuchi Show**

The tour includes: roundtrip airfare, motor coach transportation, all transfers, motor coach transportation, professional tour director and baggage handling. A deposit of $500 per person is due with reservation (check only). Stop by the Excursion Desk for a complete itinerary and pricing information. Sign up before April 30 and receive $200 per person early booking discount.

**NEW YEAR’S AT THE PASADENA ROSE PARADE**

Dec. 29 through Jan. 2

Celebrate New Year in Southern Cali- fornia. Experience the magic of the Tour- nament of Roses parade, exclusive to the streets of Pasadena.

Tour highlights:

- Parade floats decorating site in Irwindale
- Exotic petting zoo
- Bandfest Show
- San Diego Zoo
- Tournament of Roses Parade
- The cost per person, double occupan- cy, is $1,125 ($1,460 for single occupancy). This includes: all transfers, eight nights, eight breakfasts and eight dinners, motor coach transportation, luxury hotel accommodations, 16 meals (five breakfasts, three lunches and eight dinners), motor coach transportation and all tip fees included. The price includes: round-trip air, all transfers, all meals, all drinks, sightseeing, motor coach transportation, all tip fees included. A deposit of $500 is due with application. Stop by the Excursion Desk for a complete itinerary and reservation form.

**Special Events**

**From the Recreation Department**

**THURSDAY AND FRIDAY MOVIE**

Thursday and Friday, Sept. 21 and 22

*The 1981 drama “King Arthur-Legend of the Sword” will be shown in Peakcock Hall at Gateway on Thursday at 4 and 7 p.m. and on Friday at 10 a.m., 1, 4, and 7 p.m.*

**Saturday, Sept. 23**

*The 1993 drama “True Grit,” starring John Wayne and bargain Campbell, will be shown in Peakcock Hall at Gateway at 4 and 7 p.m.*

**Sunday, Sept. 24**

*The 2009 animated comedy “Up” will be shown in Peakcock Hall at Gateway at 4 and 7 and the following at 10 a.m., 1, 4, and 7 p.m.*

**THE SPOTLIGHT**

**Wednesday, Sept. 27**

*The 2017 drama “King Arthur-Legend of the Sword” will be shown in Peakcock Hall at Gateway on Thursday at 4 and 7 p.m. and on Friday at 10 a.m., 1, 4, and 7 p.m.*

**Saturday, Sept. 23**

*The 1993 drama “True Grit,” starring John Wayne and bargain Campbell, will be shown in Peakcock Hall at Gateway at 4 and 7 p.m.*

**Sunday, Sept. 24**

*The 2009 animated comedy “Up” will be shown in Peakcock Hall at Gateway at 4 and 7 and the following at 10 a.m., 1, 4, and 7 p.m.*

**SUNDAY FUNNIES**

**Sunday, Sept. 24**

*The 2009 animated comedy “Up” will be shown in Peakcock Hall at Gateway at 4 and 7 and the following at 10 a.m., 1, 4, and 7 p.m.*
Excursions

Continued from page 138

• White House Visitor Center
• WWII, Vietnam and Korean War Memorials
• Smithsonian Institution

From Rossmoor Clubs

Club Trips

The trips listed below are sponsored by Rossmoor clubs and organizations and not by the Recreation Department. The trips are open to all Rossmoor residents, not just members of the club. For information, contact the person listed with each trip. Do not contact the Recreation Department.

Rossmoor clubs and organizations wishing to be included in this column must email an article to the News at news@rossmoor.com by Wednesday at 4:30 p.m. Due to space restrictions, the News reserves the right to edit or delete the articles on any given week.

**TRAVEL CLUB SUMMARY**

At the request of the Travel Club, the News lists the following summary of upcoming Travel Club trips. Details of each trip are in the regular Club Trip listings.

**HIGHLIGHTS OF AUSTRALIA AND NEW ZEALAND**

March 19 through April 4, 2018

Contact Linda Lovel at 464-7130 or give him full name, phone and email, and to see if space is still available.

The Rossmoor Railroad Club announces its popular full-day escorted excursion to Sacramento to tour the California State Railroad Museum. This trip is open to all Rossmoor residents and their relatives, including grand-children and friends. It includes time on the train to enjoy the wine country until it's time to catch the 4:30 train back to Martinez and the carpool ride to Rossmoor.

The Rossmoor Travel Club offers this 14-day trip in an adventure’s paradise, Costa Rica. August 25 through Sept. 1, 2018. The cost is $3,495 for all those who signed up before Aug. 25. This trip is limited to 25 persons on a first come, first served basis. For complete information, a list of hotels and a detailed day by day itinerary Call Parton at 642-2484.

**REAL AFFORDABLE COSTA RICA**


The Rossmoor Travel Club offers this 14-day trip in an adventurer’s paradise, Costa Rica. Wake up to the sights and sounds of indigenous birds, the biodiversity of tropical forests, white rivers and water lilies ride away from the rainy season here and visit during the dry season there. This is an Overseas Adventure Travel (OAT) trip and will have a maximum of 16 travelers. Included are round-trip airfare, 32 meals, local transportation and gratuities. The Travel Club has once again chosen OAT for this trip. For more detail about this trip, call the City of Hope, to Keefer at 1830 Tice Blvd., Walnut Creek, CA 94595.

**STATE RAILROAD MUSEUM SACRAMENTO**

Thursday, Oct. 26

Travel on a spacious bus with OAT to Cache Creek for a day away from the rainy season here and visit during the dry season there. This is an Overseas Adventure Travel (OAT) trip and will have a maximum of 16 travelers. Included are round-trip airfare, 32 meals, local transportation and gratuities. The Travel Club has once again chosen OAT for this trip. For more detail about this trip, call the City of Hope, to Keefer at 1830 Tice Blvd., Walnut Creek, CA 94595.
The Rossmoor Travel Club is sponsoring this Overseas Adventure Travel 16-day land and small-ship adventure, Circumnavigation of Iceland to the Northern Lights. Club members and their guests will travel to Iceland, Greenland, the Faroe Islands, and the Azores. The Club will visit: Reykjavik, Iceland; the Westman Islands; Skagafjørður, Iceland; Grímsey Island; the Northern Lights; the Azores; and the Azores Islands. The trip begins in Reykjavik, Iceland. A pre-trip extension is available to visit the Azores Islands. The post-trip extension is $695. Space can be secured with a $350 refundable deposit. For information, call Ralf Parton at 256-7078 for information or ktwills22@gmail.com.
In celebration of the harvest, the Italian-American Club will have a dinner dance on Friday, Oct. 13, at the Event Center. The hosted bar will be open from 5:15 to 6:30 p.m. Dinner, by Il Pavone, will be served at 6:30.

The menu includes antipasto, winter salad, penne primavera, pork cutlets with mushroom sauce, mashed potatoes, string beans, bread and carrot cake. Red and white wine, decaffeinated coffee and tea will be included.

The dinner is $32 for members and $38 for guests. Mail or drop off reservation checks at Bertha Messina’s manor, 2666 Stonebridge Drive, Concord. There’s a decorative mailbox where members can drop off checks.

Those who want to be seated together should send names and check in one envelope. The deadline for reservations is Friday, Oct. 6.

Those unable to attend, but who have paid, can arrange to pick up their dinner after 7:30 p.m. by calling Kathy Johnson at 330-976-6243 on the day of the event.

A special dinner dance has been added on Friday, Nov. 10. Look for the details on the website www.italianamericanclub.org.

The club will mail a ballot to all active members to determine the officers for 2018. Members should return the secret ballot in the stamped, self-addressed envelope that’s provided.

Residents of direct Italian descent or whose spouse is of Italian descent are invited to become members. Guests are always welcome at club events. Membership forms may be obtained from Sandy Cavallo at 930-9510 or downloaded from the website.

Continued from page 15B

India Celebrates Diwali in October

The India Club invites all Rossmoor residents for an evening of music, dance and drama to celebrate Diwali, India’s most joyous and colorful annual event. Enjoy India’s cultural diversity with music, folk dance and snacks on Wednesday, Oct. 18, from 4:30 to 7 p.m. at the Fireside Room at Gateway.

The cost is $5 per person. Tickets will be available Fri., Sept. 15, through Wednesdays at the door. All attendees are asked to be on time, as late arrivals are a distraction.

Due to retirement and restructuring of duties, the club is welcoming new board and committee members for 2018.

The club needs a member-ship chairman to collect dues. Individuals interested in serving on this committee should also contact the president to have their names placed on the mailing list.

Travel Club mailbox at Gateway.

The Rossmoor Travel Club is sponsoring this Overseas Adventure Travel 16-day land adventure. Experience traditional medinas, mosques, flavorful cuisine, ancient walled cities, tombs, pyramids, temples and striking mosaics; and Meknes, a walled city with impressive city walls, high walls and turrets. The base cost of the main 12-day tour is $4,695 per person double occupancy and rising to $6,195 per person double occupancy and rising to $6,195 per person double occupancy and rising to $6,195 per person double occupancy and rising to $6,195 per person double occupancy.

The Rossmoor Travel Club, which is sponsoring a 15-day trip to Egypt with Road Scholar. This is a land and river cruise starting in Cairo at the Pyramids Hotel to visit the Great Pyramids of Giza and the Solar Boat Museum. A scholar from Columbia University will be the expert guide. For information and tickets contact Diane Casey at 210-1273, or email her at mikedicasey@aol.com.

Morocco Sahara Odyssey

The Rossmoor Travel Club is sponsoring this 15-day trip to Morocco with Road Scholar. This is a land and river cruise starting in Casablanca and exploring the city center. The per-person cost of the main trip is $3,195 plus round-trip airfare from SFO of $1,190. There is an optional pre-tour visit to Tangier, Chefchaouen and the Berber of the Rif for $895 per person that departs the United States on Oct. 4. There is an optional post-trip visit to Essaouria and Casablanca for $995 per person that departs the United States on Oct. 13. Information for this trip are available in the Rossmoor Travel Club mailbox at Gateway. Contact the Rossmoor Travel Club at 322-7198 or dillisoncarter55@gmail.com.

Egypt: Cairo, the Nile and Lake Nasser

Out of 163.3 million, 31 million people work in hospitality, also need to be aware of The Protocol School of America, which can help avoid any arrivals as a distraction.

The Rossmoor Travel Club will meet on Wednesday, Sept. 27, at 1:30 p.m. at the Event Center.

The speaker, Syndi Seid, is a recognized world’s leading authority on protocol and etiquette. She will present a fun and lively program on how Victorian manners and behavior, along with today’s social etiquette, affect our lives today. She will also present a brief display on the lost art of letter writing and other manners from the Victorian era.

The speaker will sign her book, The Victorian Gentleman, and her book, Victorian Etiquette, and will answer questions.

The Rossmoor Antiques Club members learn about manners in Victorian times on Sept. 27.

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Companions Club hosts talk on difficult conversations Friday

Rossmoor Companions Club will meet on Friday, Sept. 22, from 3 to 5 p.m. in the Vista Room at Hillsdale. The topic will be “Building a Legacy Foundation,” by Mindy Johnson, MFT, CMHC, of ElderCare Services, who will talk on “The Elephant in the Room: On Difficult Conversation.”

This meeting is for Companions Club members only and all members are encouraged to attend. “Count your Lucky Stars” will be coming to an end so meeting attendance adds to each member’s galaxy.

Sign up now to volunteer for the Nov. Call Bazaar. Members are needed to work during the Call Bazaar. The event will be on Oct. 21, 2017, from 10 a.m. to 2 p.m. in the Vista Room at Hillsdale.

Computer Club holds talk on smart phone apps

What’s the best word processor app for your iPhone? Are there Android apps for creating PDFs? Are there any weather apps that are accurate? Come and discover your answers to these questions at the meeting of the Computer Club, which will be on Wednesday, Sept. 27, at 10 a.m. in the Club Room at Creekside.

30s/40s/50s book groups pick new book titles

The 30s/40s/50s Couples Club book group meets monthly and has selected the books to be discussed at the meetings in October, November and December. The chosen titles are: “The Cellist of Sarajevo” by Steven Galloway (October), “The Warmth of Other Suns” by Isabel Wilkerson (November) and “Americanah” by Chimamanda Ngozi (December). The event is free for both members and non-members; refreshments will be served.

Fireside Club dinner dance will feature Manny Gutierrez Quartet

The next Fireside Club dinner dance will be on Friday, Oct. 6, in the Fireside Room at Gateway. The club holds six, every other month, dressy dinner dances each year for Rossmoor members. The club is open to all club members, their guests and any Boomer-age resident of Rossmoor. The cost is $70 for club members and $85 for guest couples.

Reservations are now being accepted. Reservations must be received at the Fireside Club Office by Friday, Sept. 29. Those who want to sit together should mail their reservations to the club office before that date. Reservations will be assigned based upon the postmark of the reservation checks.

For information, call Membership Chairwoman Mary Richard at 350-701-0879 or President Bob Shelton at 989-2454.

Financial Forum dues of $15 are now payable

The Financial Forum is an educational club formed three years ago to help its members make better financial decisions from insurance, real estate, legal planning and investments.

The club’s programs include a monthly movie, quarterly presentations by visiting speakers, monthly speaker programs, chat sessions and an investment group.

The annual dues are $15. Dues checks may be sent to Ann Kayholt at 2133 Golden Rain Road No. 1 or may be left in the club’s mailbox at Gateway. For information, contact Joe Hoffman at 954-7912.

Connection needs volunteers to pack items for Afghanistan Saturday

The Connection is looking for members to volunteer to sort and pack items to be shipped to Afghanistan.

The event will be on Saturday, Sept. 23, from 10 a.m. until done, at Lafayette Methodist Church, 955 Moraga Rd., Lafayette.

For information call 357-1120 or find a complete list of members at www.rossmoorcompanions.com.
Wellness Group hosts talk on cannabis

Flower-based cannabinoid therapeutics: the link between chemical compounds found in cannabis and the human body, the science behind why THC and CBD have the potential to heal, the potential benefits cannabis can have for cancer patients, and those suffering from a number of debilitating illnesses including Lyme, autoimmune and nervous system disorders, PTSD, head trauma and more; and the potential benefits cannabis offers for symptom management, including anxiety, insomnia, appetite and more.

This talk is open to all Wellness Group members. Non-members are encouraged to make a small donation to help defer costs of sponsoring these talks. For more information, call group president Brad Waite at 285-4146.

Celiac-Gluten-Free Support Group meets tomorrow

The Celiac and Gluten-Free Support Group meets on Thursday, Sept. 21, from 7 to 8:30 p.m. in the Club Room at Creekside.

Meeting fee is $3 per meeting. Sign-in and setup for the meetings begins at 6:30 p.m.

The group was created to provide education and discussion on living a gluten-free life. Members discuss products, restaurants and related topics and are always interested in finding speakers to address the group on topics of interest.

This meeting will focus on a tasting of a couple of new gluten-free products. Gatom Foods and chef Laura Stec will provide a tasting and demonstration on the many uses of fonio, a grain that National Geographic dubbed “the most nutritious grain you have never heard of.”

Fonio has been discussed in such publications as Saveur Magazine, the Daily Mail and the New York Times.

According to foodies, this gluten-free, nutrient-dense ancient grain, packed with protein, essential amino acids, minerals and vitamins, cooks in only 8 minutes. Stec will demonstrate easy ways to incorporate this superfood into breakfast, lunch/dinner and snacks.

Gatom Foods is a superfood company that empowers sub-Saharan African small farmers to combat poverty and malnutrition, and is focused on becoming a leading supplier of healthy foods to world consumers.

Stec is the chef and educator with Laura Stec Innovative Cuisine, author of “Cool Cuisine - Taking the Bite Out of Global Warming” and food blogger for Embarracadero Media’s “The Food Party.” Visit http://www.gatomfoods.com for information.

The club’s next meeting is Tuesday, Nov. 14, at 11 a.m. at Whole Foods Market, 3502 Mt. Diablo Blvd., Lafayette. The club is currently developing a schedule for the meeting.

The 2018 meeting schedule is being built. For information or suggestions, email GlutenFreeWC@gmail.com or call Walter Modell at 930-8875.
Senior Health Fair is this Saturday

Orinda Senior Health and Wellness Fair will be held on Saturday, Sept. 23, from 1 to 4:30 p.m. at Orinda Community Center, 28 Orinda Way.

The 3-1/2 hour free event will feature Dr. Patrick Arbore as the keynote speaker talking about senior empowerment. Self-empowered aging means taking control of one’s life, learning, updating and improving skills, taking risks, building confidence, assuming power over personal circumstances, and developing the resilience to overcome inevitable challenges to come.

He will be followed by an expert panel, which will address: “Quality of Life: taking care of the body and soul.”

The panel will present effective ways to improve health and wellness through alternative medicine, nutrition, lifelong learning and cognitive fitness, medicinal cannabis and exercise.

Vendors and associations from the medical, legal and senior facilities sectors will also be present to answer questions from seniors and from children of aging parents.

Arbore is a winner of the Jefferson Silver Award and a nationally recognized speaker and expert in the field of elderly suicide prevention and grief services.

The expert panel will include: Dr. Vera Singleton from Lafayette, a member of the California Naturopathic Doctors’ Association; Jennifer Monahan from UC Berkeley Osher Lifelong Learning Institute talking about cognitive fitness; Stuart Moore, long-time senior fitness practitioner; and Arcadia Wellness representatives talking about medical and legal aspects of medicinal cannabis.

Free healthy snacks will be provided courtesy of Aegis of Moraga and Vitality Bowl. Free chair massages will be offered by Moraga Massage Envy.

Attendees will also have the opportunity to enter their names in a raffle for the chance to win unique giveaways and raffle prizes.

The event is organized by the Orinda Chamber of Commerce with support of the City of Orinda, the Orinda Association, Lamorinda Village, IndeLife and the Orinda Care Center.

For more information or to sponsor the event, visit www.orindachamber.org, email info@orindachamber.org or call 284-3909.

Alzheimer’s group readies for walk

Rossmoor Friends of the Alzheimer’s Association has kicked off plans to support the annual East Bay Walk to End Alzheimer’s on Saturday, Oct. 21, at Heather Farm Park in Walnut Creek.

The club’s main goals are advocacy (supporting state and federal Alzheimer’s bills) and fundraising.

Since its inception, the club has taken part in fundraising events at Rossmoor such as the annual East Bay walk to support the annual East Bay Walk to End Alzheimer’s on Saturday, Oct. 21, at Heather Farm Park in Walnut Creek. The club’s main goals are advocacy (supporting state and federal Alzheimer’s bills) and fundraising.

It is only by increasing funding for research that “we are going to reach a world without Alzheimer’s disease,” according to Devine-Cummings.

Furthermore, she stated, everyone has a stake in finding a cure because Alzheimer’s disease or a related dementia affects one in three individuals in this society.

Devine-Cummings said that of 600 walks across the country last year, Walnut Creek came in an impressive 26th in terms of walkers and monies raised.

The club invites Rossmoor residents to help make the 2017 walk a success by registering to walk or by supporting a walker.

Walkers can take part in either a three-mile or one-mile course.

There will be signup tables for the walk on Sept. 29 and Oct. 13, from 10 a.m. to noon at Gateway.

For more information or to register or donate, visit the club’s website at http://act.alz.org/RossmoorFriends2017.

Counseling Services offers grief support

Nancy Coxwell, LCSW, of Rossmoor Counseling Services will conduct a bereavement support group for anyone who has lost a loved one.

The group will meet for six consecutive sessions on Fridays from 10 to 11:30 a.m. in a private conference room at Gateway, beginning Sept. 29.

Former group members shared that the support of others significantly helped their own healing.

You the group fills up quickly, so interested residents should call the Counseling Services office at 988-7750 to reserve a space and get directions to the meeting room.

Your Health: Creativity

Continued from page 18B

tap into this world, I have selected four to illustrate how your imagination will always come to your assistance as you peer unerringly into the glowing world of YOUR creativity.

Writing poetry: Sit quietly in a chair, close your eyes and imagine seeing a small bird fly from the sky and settle directly in front of you. What ensues is your poem. Without hesitation, you speak to it. Example: “Your feathers are a delight to my eyes,” and the bird responds and a dialogue follows on for many verses. Be spontaneous, never wonder what your words mean, but yet make them real and directed to the bird who responds with great intelligence. His first words might be: “They take me oh so high! This interaction with a pony always produces a charming poem. Later you can repeat this creative exercise with other animals, other birds and with inanimate objects.

Next exercise, as you remain seated with your eyes closed, go into a room and see three closed doors on one wall. You feel a great urgency to open one of the doors knowing that it will lead you to an entirely new experience and bring you face to face with a forgotten dream or open an entirely new idea for you to pursue. Whatever is behind the door you open follow your inclinations and go where your imagination takes you. If you don’t like what you see try a different door. Example: On an occasion when an older person did the exercise she opened the door to a vista of a vast beautiful library and immediately realized how she had always wanted to return to college. Several months later, she matriculated at a nearby college.

Our third exercise will take you to the heart of a heated discussion on politics or religion or the climate or other subject and you will address the small group of people as a person with knowledge and oratory skills. In your imagination, you rise higher in your ability than ever before and know you have the capacity to bring that ability into real life. One person who did this exercise in the past decided to enter politics as a result.

Finally, our fourth exercise involves incorporating the personality, abilities, talents of an artist, musician or writer and by temporarily identifying with that person you realize a dream of becoming a highly skilled artist. By repeating this exercise over many weeks, using variations of what aspects you play out, you will develop greater skills in the art of your choice. You have merely absorbed the artistry of a mentor such as artists have done in the past in the workshops of the other artists. You have created a mentor. And why limit yourself to only one. Believe in your imagination and creativity. They are part of you.
The following programs are all scheduled to be broadcast this week. Check the grid below for days and times of programs. For information about programs on Channel 28, please call 988-7820.

- **POST IT!** is a community bulletin board that allows residents to view activities within Rossmoor, including trips, movies and club events. This program runs between other programs when possible.

- **CLASSIC Arts Showcase** includes video samples of animation, architectural art, ballet, chamber and choral music, dance, folk art, museum art, musical theater, opera and orchestral performances, as well as classic film and archival documentaries.

- **FITNESS Fun, Exercise, 30 minutes.**

This program is scheduled every day at 9 a.m. The program changes daily to vary the exercises.

- **I DO What I Like, I Like What I Do.** Book discussion, 37 minutes.

Annette Ogden, author of several books, is interviewed by her husband Dunbar Ogden. The couple has been married for over 60 years and has perfected the art of finishing each other’s sentences. The book highlights the importance of communication. Annette has condensed stories from friends to up make the 18 stories contained in this book. From a doorman in a New York hotel to a member of the Rossmoor Computer Club, this book spans lots of time and subject matter.

- **HOSPITALIST Talk on health, 45 minutes.**

Dr. Tslawoana Melita and Dr. Melanie Lee, physicians with John Muir Medical Group, discuss the role of a hospitalist, the history of hospital medicine, what a person can expect when hospitalized and transition care. Hospitalists are a team of in-house physicians who work closely with the primary care doctor to provide updates and exchange information about patient care while the person is in the hospital. The program contains stories of two patients: a 13 minutes, Diablo Symphony Orchestra, with guest conductor Tanya Tomkins, performs a cello concerto in A Major by Leonardo Tomkins. Tomkins specialises in Baroque music and has given master classes at Julliard, Yale and San Francisco Conservatory of Music (Leo 1694-1744) was a Neapolitan composer of the later Baroque period who composed six cello concertos. The program features Fireworks Music by George Frideric Handel, Overture for Winds by Felix Mendelssohn and Robert Schumann’s Symphony No. 4. The symphony consolidates the fireworks and flare of the ornate Baroque period with the world of fantasy and imagination of Mendelssohn and Schumann, both from Leipzig, Germany.

- **HISTORY of Rossmoor. Part nine, 30 minutes.**

Coming Together, 1990-1995. This program covers the various factions working together towards the common good. This program is written and narrated by Rossmoor Historical Society’s president, John Nutley. Part 10 will immediately follow part nine.

- **HISTORY of Rossmoor, Part 10, 30 minutes.**

Planning the Future, 1995-1996. This video covers residents planning the new building and remodeling of Rossmoor, including entry gates, tearing down of Gateway complex and new structures. This program is written and narrated by John Nutley.

- **ED GORZYNSKI, Accordion music, 55 minutes.**

Ed Gorzynski has been playing the accordion since age 9. He was part of his family’s band, Ed’s Polka Dots, with his father on clarinet and sister on bass. Gorzynski continues the family tradition and also performs with the San Francisco Bay Area Croatian Choir and Dalmacijan Singers.

- **San Francisco JEWISH Folk Chorus. Choral concert. One hour.**

Encore by Dan Karts and led by conductor Stephen Varney, the San Francisco Jewish Folk Chorus provides a beautiful, lively and nostalgic program of Yiddish music. The chorus has been singing in Yiddish for over 85 seasons with young and not-so-young singers sharing the warmth of familiar songs like “Dem Milnies Tren” (the Miller’s Tears), and “Proschacby,” a Russian folk song arranged by Theodore Bikel.

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**Wit’s End**

Continued from page 3B

to turn men against the fedora. But Turkey is the country that insists most seriously on headwear, and the fedora was one of the most popular head coverings there. In contrast to Kenneth Clark, Whitworth pres- ident was so obsessive about his fedora that it turned into a story in itself. “That Dior fedora the prince wore every day with his hat .... he never took it off or gave it to someone else.” A year after the death of Wales’ doting fedora, Turks were faced with an “unprecedented” law saying that men were required to wear headhats. If a man was seen with a hat (it didn’t necessarily have to be a top hat), he would be fined. The Turks saw the hat was “the headwear of civilized nations.” Essentially, the Turks were copying European culture. To emphasize that revolts continued from page 3B

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