Fitness at your fingertips

Fitness Center website developer Carl Brown shows off the home page of the new website that Fitness Supervisor Masha Henzel, right, has coveted for more than five years. Brown will maintain the site and update it regularly with new information.

Fitness Center schedules, class descriptions, rules, forms and more are on new website

By Wilma Murray
Staff writer

The rules and guidelines are also online (or will be soon) as are all the necessary forms ready for downloading so they can be filled out at home.

And the latest news will be included on everything from fitness challenges to policy changes.

The site will be managed and updated regularly by Brown, Henzel’s “go-to guy” on all things website.

The right volunteers

The idea for the site percolated a long time, but “we’ve never had the manpower or the resources,” said Fitness Center Advisory Committee Chairwoman Carol Green.

That is, until now. It was after the Advisory Committee created a publicity subcommittee that the website became a reality, thanks to two of the subcommittee members stepping up.

Once the means and know-how (not to mention energy) was found, “We said go for it,” Green said.

Powell originally took up the task and he
Continued on page 2

Creekside parking lot paving under way

By Cathy Tallyn
Staff writer

Golfers and other residents have learned to share the space at Creekside during some two years of construction on three multi-use buildings. The complex will eventually include a new Pro Shop, restaurant and meeting rooms as well as space to house GRF staff and golf course equipment.

With the Creekside complex unfinished, it has meant golfers have pre-game breakfast across the street at Dollar Clubhouse; do business in a small temporary Pro Shop; and
Continued on page 3

Creekside move-in date Oct. 5

A tentative moving date has been given to the occupants of the new buildings at Creekside. The golf course maintenance crew and the staff of Securities and the Rossmoor News are expected to move into buildings A and B on Oct. 5.

The date for the move for Channel 28 has not yet been determined because arrangements have to be made for the broadcast equipment to be moved. Channel 28 will be off the air for a week or two while the equipment is moved.

The Rossmoor News will have an early deadline for the Oct. 6 issue to enable staff to have time to move and still publish a newspaper. More information about the move and the early deadline will be in next week’s News.

It’s GRF budget time

GRF 2011 budget presentation with Board starts next Tuesday

Residents are invited to hear a presentation on the Golden Rain Foundation draft 2011 budget at special meetings of the GRF Board and the Finance Committee Tuesday and Wednesday, Sept. 14 and 15. The meetings will start at 9 a.m. in the Firsie Room at Gateway.

A limited number of copies of the draft 2011 GRF operating budget will be available in the Rossmoor Library for review. The budget document is also posted on the Rossmoor documents website at documents@rossmoor.com, Golden Rain Foundation/2011 Budget.

The GRF Board and Finance Committee are responsible for the GRF budget, which covers common facilities such as the clubhouses, pools, the Fitness Center and the golf courses; buses; security; the Rossmoor News and Channel 28; upkeep of roads and facilities and common landscaping, accounting services; Recreation programs and cable television.

Mutual budgets are handled by the individual Mutuals and are currently being discussed at the Mutual meetings.

Dumpsters at waste facility specific to certain materials

The waste-handling facility is for GRF vendors and residents only; no resident contractors may use the Dumpsters, nor may anyone without a valid resident ID. Those who wish to use the site must be ready to show their ID to employees staffing the site.

Residents may use the site during its operating hours only, and should not leave items outside the Dumpsters. A fence surrounds the facility to prevent careless dumping and discourage trespassers.

Waste that can go in Mutual Dumpsters may not be disposed of at the waste facility – but oversized items that do not fit in the Mutual Dumpsters, such as mattresses or
Continued on page 5

Hillside pool closed for maintenance next week

Hillside pool will be closed Monday through Friday, from Sept. 13 through 17, for mandatory slip-prevention deck maintenance. The pool will reopen Sept. 18 at the regular time.

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Residents get budget preview. See page 7.

www.rossmoornews.com
Fitness Center’s new website offers class descriptions, rules, forms

Resident Carl Brown volunteered to create site

Continued from page 1

set up the domain name. Then he took a hiatus for business (leading a bike tour in Europe), and Brown stepped up to complete the project.

The whole thing happened in almost no time, an accomplishment that simply blew the minds of Henzel and Green. “I was expecting several months,” Henzel said. Instead, it was a matter of weeks. “It’s just been phenomenal what Carl has done.”

Expertise comes in handy

That Brown spent some 40 years working with computers didn’t hurt in preparing him for the job. And while website design wasn’t his career’s main focus, his understanding of the workings of the machine clearly set him up for being a quick study. His expertise also made him privy to some details some other web designers might not have considered, such as setting up a program to scramble e-mail addresses so that spammers cannot access those who contact the site.

Henzel said this is important. “We’re protecting the interests of those who access the site,” she said.

And Brown made sure to plant key words so that anyone using the major search engines (Google, Yahoo and Bing) will find the site easily. Type “Rossmoor fitness” into Google, for instance, and the site pops up as the third option on the page.

He also made sure that the site’s main pages are mostly text.

Why? Because pictures slow the website down, he said, and he wanted to make the pages someone might go to every day (schedules, etc.) as small as possible for ease of downloading. This is for those people who might access the site via their handheld devices/cell phones.

Brown will incorporate more into the site as ideas come up, but for now, he said, the site “answers questions that are difficult to get answered otherwise.”

For example, Brown said, someone who normally uses Dollar as a relaxing (read: bobbing) pool who might also like to use the Del Valle exercise pool – which is kept at the same temperature as Dollar – could check schedules online to know how to avoid arriving during a class.

The website address is www.rossmoorfitness.com. It can also be accessed via the Rossmoor website, www.rossmoor.com, under the “Recreation” menu/fitness.

Recovering from a hospitalization isn’t easy.

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Senior Peer Counseling Program seeks volunteers

Residents who want to make a difference in someone’s life should think about becoming a volunteer counselor in the Senior Peer Counseling Program. This program is a unique opportunity to learn valuable communication skills and expand horizons while providing free supportive counseling services to other seniors in their homes.

Senior Peer Counseling plans to begin its once-a-year eight-session training program in October. Training sessions will meet in Concord on Thursdays from 9:30 a.m. to 3 p.m.

The training will focus on learning counseling skills and other information about challenges people face as they age. After training, counselors make their own schedule to see clients. Counselors meet with pre-screened seniors in individual counseling sessions to discuss family issues, emotional concerns, changes in health, decisions about moving and loss.

Counselors meet weekly with other peer counselors in small groups led by group facilitators to discuss their work, receive support and learn about resources in the community.

No prior counseling experience is necessary. A one-year commitment to the program is expected.

Senior Peer Counseling is also beginning a parallel program for the Chinese Community and is looking for volunteer peer counselors who speak Mandarin and/or Cantonese.

If interested or for information, call Ken Salonen or Anna Chang at 521-5640.
Lots going on at Creekside – golf, construction and paving

Continued from page 1

best to avoid accidents.

Another impact has been with the closure of the parking lot at Rossmoor Parkway and Stanley Dollar Drive. The lot has been converted to a construction yard. That’s meant that golfers park their carts and cars at Dollar Clubhouse across the street or along Stanley Dollar Drive.

Last Thursday and Friday, crews laid down asphalt near the new buildings in anticipation of the competition of two of them this fall. The two buildings will have space for offices for the News, Channel 28, Securitas and the golf course maintenance crew. There will also be space for the golf course equipment and golf carts.

Once the paving is done around the new buildings, the outer parking lot will need to be paved. In order to complete the parking lot paving, the Creekside construction yard will be moved to the area on Rossmoor Parkway near the tennis courts now used by the golf course crew.

The third building with the restaurant, Pro Shop and meeting rooms is slated to be completed after the first of the year.

There have been no real issues safety-wise with the construction, said Public Safety Coordinator Dennis Bell. “As in any area where there are multiple modes of transportation and pedestrians, all need to be safety conscious,” he said.

There was one recent episode where a car hit a golf cart, but there were no injuries, he said.

Golf Course Director Mark Heptig said, “Going back over five years, there have been several collisions (between carts and cars) where people were hurt or killed.”

Safety is a concern, he said. However, golfers, pedestrians and drivers have been co-exist-

Continued from page 1

Political signs are not allowed to be posted on buildings, lawns or in any public areas in Rossmoor.

A crew works at Creekside Thursday afternoon to pave asphalt alongside the cart barn, on the left.

Jenny Rennie, Certified Yoga Therapist, Asst. Certified Personal Trainer
Basic Elemental Theory and Yoga
Monday, September 6th, 10:00 AM

Jimi T. Salazar, P.O.D., C.C.C.S., Ed.D, Clinical Audiologist
“Can you hear you now?”
Tuesday, September 7th, 10:00 AM

Mary Souza, Licensed Physical Therapist
Balance for Fitness
Monday, September 13th, 10:00 AM

Melissa Malek, L.F.N.
Brain Health in the Elderly
Tuesday, September 14th at 10:00 AM

Gigi Chen, MD-Hematologist
Putting the Brakes on Renal Loss
Thursday September 16th 1:00 PM

Dennis Shambouian, Long-Term Care Ombudsman
Patient Voice – Empowering People
Monday, September 20th 10:00 AM

Tiffany Shain, MD, Medical Oncologist
Breast Cancer: Early Detection and Hope for a Cure
Tuesday, September 21st, 1:00 PM

Annela Ahmed MD, Geriatric Psychiatrist
Warning Signs of Dementia
Tuesday, September 21st 6:00 PM

Political signs are not allowed to be posted on buildings, lawns or in any public areas in Rossmoor.
Key to disaster survival presented to EPO: ‘It starts with you’

By Alan Cunningham
EPO correspondent

Rescue workers who went into New Orleans after Hurricane Katrina were astounded when they found groups of people in the flooded areas who were standing around, doing nothing.

When the rescuers asked why, they replied, “We’re waiting for you to save us.”

But it shouldn’t have been that way, and it needn’t be that way if a disaster ever strikes here. This, in a nutshell, was the way if a disaster ever strikes here. The county, “It starts with you,” Imhof said. “If we can prepare the neighborhoods,” he said, “the neighborhoods can take care of themselves and Walnut Creek doesn’t have to do as much. If we can be self-sufficient, it will make everybody’s life easier.”

The team of top physicians and dedicated support staff at Contra Costa Oncology understand the array of questions and concerns you and your family may have about cancer. In addition to straightforward and honest answers, we provide the utmost support, compassion and respect while empowering you with knowledge and hope.

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Candidates sought for Mutual 56

There will be an election for one director on the board of Walnut Creek Mutual 56 (Lakeshire) for a three-year term. This position is currently held by Barbara May, who has agreed to run for another term.

Any other member in good standing who wishes to submit his or her name for membership on the board should contact Board Services Coordinator Dyanne Paradise at 988-7775 in the Mutual Board Office at Gateway by Friday, Sept. 17.

Each candidate should submit a written notice of intent to run. The statement should be no more than 300 words and should express the candidate’s qualifications and interest in serving on the board.

The election for the director will take place by ballot and will be distributed to members at least 30 days prior to the annual meeting. The winning candidate will be seated at the annual meeting, which is scheduled for Wednesday, Oct. 20, in the Vista Room at hillside Clubhouse.

More information will follow in the weeks prior to the annual meeting.

Continued from page 1

Rockview Dumpster are for specific types of waste

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In our 76-year history, we’ve created a niche in banking specifically for seniors: good, straightforward products that fit a retired or nearly retired stage in life. And while other banks make a profit from nickel-and-dime their customers, many of our products and services are free, from checking options to free traveler’s checks, and more.

Every month we host a birthday bash for our customers; plus free checking options to free traveler’s checks, and more.

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Home Savings of America is a bank with good, straightforward products that fit your stage in life. Where the coffeepot is always on and smiles are free-flowing. Where you won’t have to ask to see a manager, since she greeted you when you walked in. And where the staff is eager to help you, every step of the way.

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Every month we host a birthday bash for our customers; plus free checking options to free traveler’s checks, and more.
Democrats to hear Sacramento ‘power player’

Liberal lobbyist and Sacramento power player Lenny Goldberg will speak Thursday, Sept. 23, at the Rossmoor Democratic Club’s monthly membership meeting. The meeting will be held in the Fireside Room at Gateway. Pre-meeting socializing begins at 7 p.m. and the meeting begins at 7:30.

Goldberg is executive director of the California Tax Reform Association and owner of Lenny Goldberg and Associates, a public interest consulting and lobbying firm in Sacramento. The California Tax Reform Association receives financial support from the state’s labor unions.

Goldberg has been involved with major tax legislation and tax initiative campaigns in California for the past 20 years. He has also been involved with energy, consumer, housing, and human service issues. The Capitol Weekly found in a survey of readers that Goldberg was rated “the most effective liberal crusader” among the Capitol’s lobbyists. He also ranked 45th on Capitol Weekly’s list of the top 100 “power players” working the Capitol.

Goldberg writes a weekly tax report for State Tax Notes. He has published a number of articles on tax policy and has been a leading advocate for reform of Proposition 13, also known as the Jarvis-Gann initiative. He has taught at UC Berkeley, and Cal State University in San Francisco and Sacramento. He has degrees in economics from Williams College and UC Berkeley.

Goldberg will take questions from the audience immediately following his presentation. All are welcome to attend.

Fill out card to be listed in Rossmoor phone book

The deadline to be listed in the Rossmoor private telephone directory is Wednesday, Oct. 6.

The Rossmoor private telephone directory, printed by American Directory, is now compiling the listing of residents to be in the book. Residents who want to be listed in the book need to complete the blue card that was inserted in the Aug. 25 News.

Residents who misplaced the card can get one at the Administration Office or the Rossmoor News at Gateway.

The blue form has a perforated card that can be completed, cut out and mailed to the address on the card. The card needs a 28-cent stamp. Residents can also drop off the card at the UPS Store in the Rossmoor Shopping Center.

The telephone directory is printed by a private company that is not affiliated with Rossmoor or the Golden Rain Foundation. The Rossmoor News works with the company to distribute the listing card and to deliver the book.

The new book is expected to be delivered some time in November.

Second Mutual annual meeting is set for October

Second Walnut Creek Mutual will hold its annual membership meeting on Tuesday, Oct. 19, at 9:30 a.m. in the Diablo Room at Hillside Clubhouse.

Topics of the meeting include the president’s report to the membership; a recap of the past year’s events; residents’ forum; announcement of the organizational meeting; and seating of directors.

Nominating committee Chairman Charles Shaddle announced that incumbents Barbara El-Baroudi and Frank Mansfield were declared qualified as candidates, submitted their candidate statements, and were approved by acclamation of the membership to serve on the board. No other candidates came forth by the Aug. 31 deadline.

Both candidates were elected to serve a three-year term and will be seated at the annual membership meeting.

Mutual members are encouraged to attend this important annual event.

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2010-2011 Telephone Directory is now compiling the listing of residents to be in Rossmoor phone book
Budget briefing: Residents concerned about coupon increases

By Cathy Tallyn
Staff writer

After learning that the GRF’s proposed $14.5 million budget for next year would mean a $6.33 a month coupon increase, boosting the amount of the GRF portion to $224.76 per manor per month, residents at a community briefing last Friday morning honed in on two budget items.

They wanted to know about the new Resident Services manager salary, and why Rossmoor uses Comcast for cable television service.

A resident also asked if the GRF Board is aware these are tough economic times and that an increase in the coupon is a burden.

The preliminary spending plan shows the budget would increase by $543,000 from 2010’s $14 million.

The budget is based on the assumption that there will be no increases in services, Chief Executive Officer Warren Salmons said.

About 30 people were on hand for the 50-minute meeting during which Salmons and Chief Financial Officer Rick Chakoff summed up the proposed 2011 budget and answered residents’ questions.

Jo Malanowski noted an $185,000 allocation to hire a Resident Services director. “Are we bringing people in at $180,000?” she asked.

Salmons said it is a new position and not all of the money would go to that person’s salary. GRF bylaws require that the five top paid employees’ salaries be published in the Rossmoor News, he said.

Lucille Owens asked if Rossmoor can discontinue cable TV service through Comcast. Regarding cable TV, another resident said, “I’d like to know if (the Board) has considered … letting residents make their own arrangements.”

In 2011, the cost for cable TV will be $34.90 per manor per month, up $1.65 from 2010.

Rhoda Kesselman, vice president of Mutual 29, wanted to know if the GRF Board also took into consideration that increases in Social Security are bleak and that people are getting little return on their money.

“The Board tends to forget this is a retirement community,” said Carol Jennings. “How can people with incomes under $25,000 (a year) make this payment?”

Salmons said, “The Board is aware that people are affected by any changes.”

The preliminary budget is based on 16 principles set out by the GRF Board, he said. The key principal is the assumption that there will be little or no changes in staff and services.

The GRF Board, along with the Finance Committee, will discuss the preliminary budget Sept. 14 and 15 at 9 a.m. in the Fireside Room at Gateway. Residents are welcome to attend the meeting.

There may be changes in the budget after it is reviewed by both the Board and the committee. The Board will vote on the final budget at its Oct. 28 meeting.

A copy of the preliminary GRF budget is in the Library and on Rossmoor’s website at rossmoor.com/documents/golden-rain-foundation/2011-budget.

The GRF budget is only part of the monthly coupon. The Mutuals are still working on their budgets and coupon amounts for 2011.

Free guide for aging drivers
The Department of Motor Vehicles has published a handbook specifically for senior drivers. Call 1-800-777-0133 to request a copy of the “Senior Guide for Safe Driving” or go online at dmv.ca.gov.

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Congressman Garamendi will speak in Rossmoor
Hosted by Lions and Community Clubs

The Community Club and the Lions Club will co-host a town hall meeting with U.S. Congressman John Garamendi on Friday, Sept. 10, from 3 to 4:30 p.m. in Gateway’s Fireside Room.

Garamendi was elected to Congress in November 2009 in a special election to replace Rep. Ellen Tauscher. Previously, he served as California’s lieutenant governor (2007 through 2010) and as California’s insurance commissioner. Garamendi strives to maintain a strong connection with the community by remaining open and accessible to the residents of the 10th Congressional District. He has hosted more than 10 in-person town hall meetings throughout the district.

At the meeting, Garamendi will update attendees on his work in Washington, D.C., and answer questions on any topic. He serves on the House Transportation and Infrastructure Committee, the Armed Services Committee and the Science and Technology Committee. In addition, he has been a strong advocate for health care reform and his first vote upon entering Congress was for health care reform last November.

All residents are invited to attend. Light refreshments will be provided. For information, call Tom Mader at 287-9460; Rex Fraser at 817-7207; Florence Kleinfeld at 287-9530; or the Congressman’s Walnut Creek office at 932-8899.

Fall Bazaar applications are now available
The Fall Bazaar, which is co-sponsored by the Activities Council and the Recreation Department, will be held on Saturday, Nov. 6, in the Fireside Room, Oak Room and arts and crafts studios, from 9 a.m. to 2 p.m. The Fall Bazaar is an opportunity for Rossmoor residents to sell arts and craft items they have made themselves. This event is not for selling used or commercially manufactured items. Applications are now available at the Excursion Desk at Gateway. Applications will be processed on a first-come, first-served basis.

Driver Safety Program course starts next week
Refresher course is in October at Gateway

The AARP Driver Safety Program classes are offered in Rossmoor to help residents refresh their skills as well as to help them learn the latest laws when it comes to the road. After taking the course, many residents are eligible to receive discounts on their car insurance rates. (It is advised that residents call their own insurance carriers to find out about AARP discount rates.) The eight-hour course is broken up into two sessions. Both classes must be attended to receive credit. The next session will be held Fridays, Sept. 17 and 24, from 12:30 to 4:30 p.m. and Tuesdays, Oct. 5 and 12, from 8:30 to 12:30 p.m.

The refresher class is offered to residents who have taken the eight-hour class within the last four years. The next refresher course will be offered Friday, Oct. 29, from 12:30 to 5 p.m. and Friday, Nov. 19, from 12:30 to 5 p.m.

Classes are taught in Multipurpose Room 3 at Gateway. The cost of the class is $12 for AARP members and $14 for nonmembers. Payments must be made by checks only.

For information, call Juliet Lee at 988-7766.
Reluctance to ask for help is common obstacle in applying to fund

Rossmoor Fund offers grants

By Fritzie Davis Noble

Contribute writer

Many Rossmoor residents have benefited by receiving a grant from the Rossmoor Fund for an unanticipated emergency expense including (but not limited to) medical co-pays, extensive dental work, medical equipment or temporary caretaking during a recuperative period. All have expressed gratitude for the help.

One recipient wrote, “The people of Rossmoor continue to amaze me. To those who gave to the fund and those who approved my request, I appreciate each one.”

The Rossmoor Fund partners with Rossmoor Counseling Services. The Counseling Services staff, Priscilla Tudor, Naomi Warshawsy and Ann Pagliaro, all licensed clinical social workers who offer many types of assistance to Rossmoor residents, interview recipients and process applications for grants.

Tudor commented on the difficulty many residents have in asking for help. “Our residents are of a generation of people who are by nature self-reliant and for whom asking for help is totally out of character. Our staff can be helpful in reducing the stress of being in a position of having to request assistance. In the end, a grantee often feels very relieved to be freed of a difficult financial bind.”

Grants are limited to individuals whose annual income is less than $21,660 or to two-person households with combined incomes under $29,140 and are intended to help people through an unusually difficult time rather than to fill the gap between one’s income and ordinary expenses.

Requests for grants should be made through the Rossmoor Counseling Services by calling 988-7750. All consultations are confidential and can be conducted at the Counseling Services office or at home.

The Rossmoor Fund is a nonprofit public benefit corporation qualified to receive tax-deductible gifts and has no affiliation with Golden Rain Foundation.

The organization has to date achieved 60 percent of its $100,000 fundraising goal for 2010. The Rossmoor Fund is managed by a volunteer board of directors, individuals committed to providing a better life for the residents of Rossmoor and each bringing a particular skill to the fund.

All residents of Rossmoor, the directors are Bob Donovan, Fritzie Davis Noble, Duvid Smith, Reta Wilcox, Claire LeVine Wolfe and Carol Worthington.
Newcomers to hear about golf, Recreation

Newcomers will meet Monday, Sept. 13, at 1:30 p.m. at Dollar Clubhouse. The speakers include Brian Pennebaker, special events coordinator, and Mark Heptig, director of golf.

Participants can mingle with other new residents, volunteers and others who have lived in the community for many years. Refreshments will be served.

The Newcomers program is open to all residents who have lived in the community for a year or less. This program is in its 15th year and is a way to welcome new residents.

These monthly meetings provide an opportunity to learn more about the community and it is an optimal way to meet other new residents. For information, call 988-7703.

Audiologist to speak at Lions Hearing Seminar

This year’s Hearing Seminar sponsored by the Rossmoor Lions Club will be held on Saturday, Sept. 18, from 2 to 3:30 p.m. in the Fireside Room at Gateway Clubhouse.

The featured speaker will be Dr. Mimi Salamat, who has a master’s degree in speech pathology and master’s and doctoral degrees in audiology. Salamat’s postdoctoral research has been in cognitive and speech processing difficulties. She also specializes in tinnitus management. Salamat was formerly on the faculty at Washington State University in the audiology program. She was a senior scientist at the Oregon Health and Science University Tinnitus Clinic.

Her papers have been published in the Journal of the American Academy of Audiology and she is a fellow of the academy. Her doctoral thesis won the best research award from the American Academy of Audiology.

Her topic will be “How Is Your Hearing? – Ask an Audiologist.”

The second part of the seminar will be a presentation of the California Telephone Access Program (CTAP). CTAP is a statewide organization that is mandated by state legislation to provide, at no charge, specialized telephone equipment and accessories to hearing-impaired users in California. The program is supported by a small amount of surcharge levied on every telephone bill in California.

The speaker will be Sharif Frink, an outreach specialist for CTAP. He will explain and demonstrate state-of-the-art equipment and devices that are available to persons who have difficulty using the telephone for reasons of defective hearing, poor vision, speech impediment, or physical handicap. He will also provide information on how to apply for such free telephone equipment and accessories.

To demonstrate how the system works, a captioner from CTAP will type out the speech and show it instantaneously on a projection screen.

Dr. Mimi Salamat from the American Academy of Audiology.

Her doctoral thesis won the best research award from the American Academy of Audiology.

The seminar moderator will be Barbara Betzner, chairwoman of the Lions Club Hearing Committee, will be the seminar moderator. There will be a question-and-answer period after each presentation. A display of the specialized telephone sets will be available for inspection at the end of the meeting.

Call Betzner at 935-5407 for information.

Channel 28 DVDs

Health programs aired on Channel 28 in the last year are available for checkout at the Rossmoor Library at Gateway. These includes presentations by groups such as Medical Friends of Rossmoor and the Wellness Group.
Second Mutual proposes policy revisions: carports and parking

By Clay Dunning
Secretary

Policy revisions were discussed at the regular meeting of Second Mutual (SWCM) held Aug. 19, with 11 residents in attendance.

SWCM has recently reviewed its policies and has noted a number of comments received from residents over the past year. Accordingly, the board is now proposing selected revisions to strengthen and to clarify its policies. Policy revisions focus on two areas, Policy 2.0 Subletting, and Policy 6.0 Carports and Parking.

Vice President Lois Weyer- mann explained the proposed revisions to the subletting policy. The proposed revision provides for short-term subleasing not to exceed three months in any calendar year with board permission.

Secretary Clay Dunning introduced the proposed revisions to the Carports and Parking policy (Policy 6.0), which are numerous. They include prohibiting storage and wall decorations in carports; no back-in parking; no unreasonably noisy vehicles; no dilapidated or inoperable vehicles; no maintenance or repairs of any kind; use of only metal drip pans; resident responsibility for keeping the carport clean; no unattended vehicles with motor running; and no entry-resident parking in guest spaces.

A resident asked how the policies are enforced. President Barbara El-Baroudi said that the new policies are an attempt to be more specific so that residents will understand the guidelines more clearly. Since the board members cannot monitor every area, residents are asked to advise the board of specific violations.

A copy of the proposed revisions is available in the Mutual Board Office and on the website, www.secondwalnutcreekmutual.com.

The proposed revisions will be discussed again at its regular meeting on Sept. 23 before the board votes on them.

Residents' forum
A Tice Creek Drive, Entry E, resident reported the large garbage Dumpster lid needs repair as it cannot be opened. Landscape Manager Rich Perona took note of the information. He reminded residents to report this type of needed repair immediately to the Service Desk at the Mutual Operations Department rather than wait for a board meeting.

A resident of Stanley Dol- lar Drive, Entry 3, asked about the procedure for installation of a chairlift. El-Baroudi explained that information about the alteration process for any modifications or changes to a manor can be obtained at the front desk at Mutual Operations or by calling 988-7600.
First Mutual to hold annual meeting in October

First Walnut Creek Mutual will hold its 43rd annual meeting of the membership on Tuesday, Oct. 5, at 10 a.m. in the Las Trampas Room at Hillside Clubhouse.

Topics of the meeting include the president’s report to the membership; a recap of the past year’s events; residents’ forum; announcement of the organizational meeting; and seating of directors. Incumbent candidates Sally Nordwall (District 1) and Randall Morgan (District 4) submitted their candidate statements by the deadline of Aug. 24. They were declared qualified to run and were approved by acclamation from the appropriate districts, pursuant to First Mutual’s bylaws. Both candidates ran unopposed.

Mutual members are encouraged to attend the annual meeting. Light refreshments will be served.

Security Reports

The following incidents were reported to Securitas, Rossmoor’s security service provider. They appear here as they were initially reported to Securitas. After investigation, details of a case may indicate a lesser or different incident description.

Saturday, Aug. 28

Vandalism: An Oakmont Drive, Entry 3, resident reported a missing garden hose and a broom.

Suspicion: A woman was reported passing out flyers at 2:20 p.m. Securitas was unable to locate the person.

Suspicion: A woman was reported passing out flyers on Fairlawn Court at Entry 3 at about 4 p.m. Securitas could not locate the person.

Hazard: A Shadowhawk resident reported at about 9:20 p.m. that a tree in front of his building had split. A tree service was notified.

Sunday, Aug. 29

Suspicion: A Terra California Drive, Entry 2, resident reported at 2 p.m. that someone was handing out flyers. The person was escorted out of Rossmoor.

Suspicion: Someone was reported handing out flyers at 2:20 p.m. The person was escorted out. Suspicion: At about 3:45 p.m., someone was reported handing out flyers. The person was escorted out.

Suspicion: At about 4:50 p.m., A Pine Knoll, Entry 1, resident reported someone handing out flyers. The person was escorted out.

Tuesday, Aug. 31

Theft: A Skycrest Drive, Entry 10, resident reported a cell phone was missing.

Call it in

See something that doesn’t seem right? Witness a person or persons behaving suspiciously? Call the police.

The Walnut Creek Police Department encourages residents to make those calls. The number is 943-5844.
ARF to host cat adoption tomorrow

Tony LaRusso’s Animal Rescue Foundation (ARF) will host a mobile adoption event tomorrow, Sept. 9, in the Gateway parking lot from 11 a.m. to 2 p.m. Come visit the cats on site, or look at the photo album of adoptable dogs and speak to the canine representative. The dogs are located at the Walnut Creek facility, 2890 Mitchell Drive.

Visit the ARF website at www.arf.net or call 296-3120 for information.

For rides to medical appointments, call County Connection Link at 938-RIDE.

SCAM ALERT

IF IT’S TOO GOOD TO BE TRUE…

The Air-Duct Cleaning Scam

The News reported on the following scam in December 2009. It’s the air-duct cleaning bait-and-switch scam. Unfortunately, a Rossmoor resident was a recent victim of this scam. Let’s hope that more residents read this scam column and do not fall for this one.

The Rossmoor resident saw the ad in the Contra Costa Times for “Air Duct Cleaning.” The ad said, “Unlimited vents, $69, less 10 percent senior discount. Lowest price guaranteed. Free dryer vent cleaning.” The discount would make the price $62. He called and set up an appointment for the company to come to his manor and do the air-duct cleaning. When the contractor offered to do 10 percent more of the same vacuuming of the same air system, the resident said OK, expecting 10 percent more to be added to the price. He was shocked to then be billed $549.

The offer to do more for the customer is a form of bait-and-switch. No repairs or any skilled work was done, other than the advertised vacuuming. This add-on of 10 percent more vacuuming to the same central-air-system increased the bill 900 percent.

When the resident’s son called the company and requested it change the charge to his father’s credit card to the correct charge of $84.10, he was rebuffed with a veiled threat.

The contractor did not vacuum the dryer vent as promised, and did not give the senior-discount.

The Scam Alert column back in December warned residents of a bait-and-switch carpet cleaning scam. The carpet cleaning company offered to clean two rooms for $49, but it ended up costing the resident $300. At the same time, another resident got caught up in a similar scam and it has cost her $2,300. A company called her on the phone and offered her a duct-cleaning special. The company came out and cleaned her air ducts for $870 and then did some spot cleaning on her carpet for $560. She then paid $870 for additional cleaning. And, the company keeps calling her to do more work.

Don’t fall for these phone solicitations. Many of them may be legitimate, but check them out. If a company calls and offers a deal, get it in writing. Do some comparison shopping. Call other businesses and see what prices they offer. Ask neighbors and friends who they have used. There are many good and legitimate carpet-cleaning companies that advertise in the Rossmoor News. You are better off doing business with a company that you call, rather than dealing with a phone solicitor.

If the company quotes you a price, it has to stick with that price. If the company says after the work is done that it had to do a lot more work to get something clean and will have to charge you more, don’t fall for it. The company representative knows in advance how much work is involved in carpet cleaning. Don’t fall for the bait and switch.

Second Mutual meets Sept. 23 in Peacock

The Second Walnut Creek Mutual board is proposing changes to Policy 2.0 Subletting and Policy 6.0 Carports and Parking. Copies of these policies with the proposed changes in red were available at the August board meeting. Interested residents can also pick up copies at the Board Office. These changes will be discussed at the next board meeting on Thursday, Sept. 23, at 9 a.m. in Peacock Hall.

Residents are welcome to comment on the proposed changes. Residents may deliver written comments to the Board Office at Gateway complex or e-mail them to dpar@rossmoor.com.

Experience

Elegant Assisted Living – In the Heart of Walnut Creek

How does your garden grow?

“Thank you so much for taking such good care of my mother. You’ll never know how much she and I appreciate it.”

– Jeri H.

Tiffany Court

1866 San Miguel Drive • Walnut Creek

925-933-5555 www.tiffanycourt.com

Lic.#075600273

Arf to Rescue Foundation (ARF) will tomorrow, Sept. 9, in the Gateway host a mobile adoption event. Interested residents can also pick up copies at the Board Office. These changes will be discussed at the next board meeting on Thursday, Sept. 23, at 9 a.m. in Peacock Hall. Residents are welcome to comment on the proposed changes. Residents may deliver written comments to the Board Office at Gateway complex or e-mail them to dpar@rossmoor.com.

Visit the News at: www.rossmoornews.com

Our Hear-better Guarantee

With Dr. Gil’s personalized fittings* and our newest hearing aids, you will hear speech much more clearly in all environments than with ANY hearing aid you are wearing!

FREE Comparison

Walnut Creek Hearing Aid Center

1986 Tice Valley Blvd. Walnut Creek, CA 94595 (Next to Rossmoor Safeway)

Call: 933-3314 www.hearingcentersnetwork.net

*Dr. Gil Magilen, (PhD, Biophysics, UC Berkeley) patented a neuro-scientific method for engineering optimal speech intelligibility

For rides to medical appointments, call County Connection Link at 938-RIDE.

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With residents help, NCJW supports homeless

The National Council of Jewish Women (NCJW) has recently taken a homeless shelter under its wing.

Shelter Inc. helps homeless families return to a self-sufficient, normal life.

NCJW’s support is ongoing, and the organization asks for Rossmoor residents to continue their generosity.

The families that are in the process of being set up in homes of their own have particular needs.

They need personal care items such as shampoo, conditioner, talcum powder, ther-mometers, bar soap, laundry soaps, dish liquid, new pillows, single bed sheets, blankets, small electric fans, paper towels, plastic bags of all sizes, aluminum foil, plastic wrap, non-porous foods (with good expiration dates), toilet paper, women’s purses, costume jewelry, children’s clothes, flip-flops, diapers, pajamas and underwear for children.

At this time, they do not need adult clothing.

A contribution check may be sent directly to Shelter Inc. at 1815 Arnold Drive, Martinez, 94553.

For additional information or to arrange pick-ups, contact Sharon Schwemin at 891-4700, between 9 a.m. and 4 p.m. Monday through Friday only.

Remember S&H Green Stamps?

My customer service training started 50 years ago at my dad’s Mobil Service Station. Ten gallons of gas (pumped for you, by me as a teenager) got you: 1. Clean windows and mirrors, 2. an oil check, 3. a radiator check, 4. all four tires checked for air pressure. Ten gallons of gas (pumped for you, by me as a teenager) got you: 1. Clean windows and mirrors, 2. an oil check, 3. a radiator check, 4. all four tires checked for air pressure.

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When was the last time you got really good friendly service like that? Today you are treated as a “unit of volume,” to be counted and rushed out the door. Here, at your neighborhood “garage,” we still embrace the good old-fashioned values and service.

We don’t sell gas anymore, but you can still drop by anytime and we’ll happily check your tire pressure and oil and water levels. All those things are neglected in these days of Self Service gas stations. And, I might add, our air is free.

We enjoy servicing and maintaining your cars and we encourage your questions. Most of all, we have fun chatting with you, exchanging stories about our lives, because you are more than customers to us ... you are our neighbors.

By the way, I now give out my own green “Frank’s Bucks” for discounts on your bill, but if I had any extra Green Stamps, I’d be happy to give your some. You could use them to remember the good old days when SERVICE meant something.

—Dave Frank

Frank’s Auto Service

CARING FOR YOU. CARING FOR YOUR CAR. MAKING YOU FEEL AT HOME.

(925) 942-3677

1255 BOULEVARD WAY – ACROSS FROM 7ELEVEN

$ BRING THIS AD FOR $15.00 OFF ANY SERVICE $
Residents are invited to participate in shared-use vehicle focus group

Residents who are interested in new vehicle technologies and alternate modes of transportation are invited to participate in a study being conducted by researchers at UC Berkeley. Researchers will host a series of focus groups to gain knowledge of general driving behaviors and how innovative mobility options could potentially be used to improve driving and transportation options.

There will be eight to 10 people participating in each focus group. There will be two focus groups for each of the following housing types in the Rossmoor community: condominiums, co-ops and unattached single-family units.

Participation is voluntary and participants only have to respond to the questions they feel comfortable with; they may withdraw from the focus group at any time.

Any information obtained from the focus group will remain confidential. The information collected will only be reported as a product of the focus group and not of any individual attending the meeting.

Spaces are limited. Those interested in participating should call (510) 665-3545. A $50 gift card will be given to participants in appreciation.

Activities Council to hear from Solid Waste Authority

The Activities Council meets on the third Tuesday of the month at 9 a.m. for coffee, doughnut holes and fellowship. The business meeting starts at 9:30 in the Fireside Room of Gateway Clubhouse.

All Rossmoor residents are welcome to attend these meetings. Each month a speaker is presented with a message of general interest to the community. The speaker on Sept. 21 will be Lois Courchaine from the Central Contra Costa Solid Waste Authority. She will give a PowerPoint presentation titled “Recycling More at Rossmoor.” In addition to the formal program, the Recreation Department will report on upcoming activities.

The floor will then be opened for anyone to ask a question, make a suggestion or comment. At each meeting two clubs will have the opportunity to describe their purpose or promote an upcoming event.

Two representatives from each club are members of the council. For information about the speaker, call Courchaine at 906-1801, ext. 107.
Common distractions equal dangerous driving

Keep Rossmoor safer by minimizing driver errors. The most common causes of accidents are:

- Unsafe speed.
- Driving on the wrong side of the road.
- Improper turns.
- Violating the right-of-way rules.
- Violating stop signals and signs.
- Driver distractions such as cell phones, texting, eating and using dashboard controls.

Register now for CERT training in November

Registration is under way for Community Emergency Response Team (CERT) training in Rossmoor and classes begin soon.

CERT teaches people how to safely help others in the event of a disaster, keeping in mind that there is a difference between an emergency where one can telephone 911 for help and a disaster where there is no immediate help available, owing to the size of the catastrophe.

In a disaster situation, such as an earthquake or major fire, people may be on their own for several days and CERT teaches participants how to safely help themselves and others. CERT classes are a combination of lecture and hands-on training for being prepared to use a fire extinguisher, shut off utilities, perform light search and rescue, and disaster first aid.

The course clarifies and explains how CERT-trained members fit into the city of Walnut Creek’s and Rossmoor’s emergency response plans, using the Incident Command System, which is currently recognized internationally for dealing with disasters.

If disaster strikes, CERT team members check on their own families and homes first, and then assemble at a predesignated site and work together to respond to needs of the neighborhood, gathering information for first responders.

The only standard six-week CERT training course being offered in Rossmoor this year is scheduled for Nov. 1, 4, 8, 10, 15 and 18 at Hillside Clubhouse. At this time the course is over half filled.

To get a name on the list now, call 256-3556 (CERT hot-line) or send an e-mail message to cert@walnut-creek.org with name, address, phone number and e-mail address. A reply should be received from CERT in September when details are scheduled to appear in the News.

For information, visit the website at www.walnut-creek.org/CERT.

San Francisco Club disbands

The San Francisco Club is unable to find a new president and program chairman to replace Harry Levy, who is no longer able to serve. It is with regret, that club members Lars Jacobsen, Theresa Burton and Pauline and Ed Hartman decided to discontinue the club.

Any monies left over in the treasury will be donated to the Kiwanis Club’s Challenge of the Aging Fund, which helps Rossmoorians in need. The fund is administered by Counseling Services.

Recycle used eyeglasses

Residents may recycle eyeglasses they no longer use in receptacles at the clubhouses or the white mailbox at Gateway.

Will pay CASH for:

Your RARE COINS • 90% SILVER coins or bars
ALL GOLD coins (American or foreign)
GOLD BULLION (American, Krugerrands, Maple Leafs)
OLD silver DOLLARS
BU ROLLS or coins (pre 1964)
Government pack CARSON CITY or REDFIELD dollars
INDIAN cents and/or BUFFALO nickels
INVESTMENT PACKAGES of coins marketed in 70’s & 80’s
SCRAP GOLD/SILVER
(i.e: class rings, jewelry, sterling silver sets)
Other COLLECTIBLES
(i.e: autographs, dolls, pictures, military items, etc.)

WANTED

COINS & COLLECTIBLES

I am a private individual and dealer. I’ve lived in Contra Costa County since 1945 and own a local business with a well-known name that you’d recognize. All purchases are kept private and strictly confidential. No purchase is too large. Business is done by appointment only. Can be done at my office or your home (my bank or your bank). Would be more than glad to meet with your relatives or friends to represent you.

Call for an appointment
Joe Bristol
798-6140

Recycle used eyeglasses
NEW RESIDENTS

EMILY J. HAGEN moved to Tice Creek Road in August. She is from Minnesota and has lived in San Jose, Oceanside, Oakland, Hayward and Placerville. She attended Merritt College in Oakland and received vocational training in nursing in Minnesota. She is retired from Kaiser Permanente in Oakland. Her hobbies and special interests include knitting for Project Linus and family members, crossword puzzles, cribbage, bridge, bunco and bingo. She is a member of the PTA (lifetime), American Nurses Association, Den Mother for Cub Scouts and Bridge Club.

DONNA ALEXANDER moved to Saklan Indian Drive in August. She is from Montreal, Canada and has lived in Vancouver, Canada; Toronto, Canada; Chicago, and San Francisco. She attended College of Marin and University of Phoenix. She has worked as a registered nurse and is currently the director of nursing at Sequoia San Francisco. Her hobbies and special interests include garment sewing, knitting and needlecrafts. She is also a member of the American Sewing Guild.

SUSANNE ELDRIDGE moved to Ptarmigan Drive in August. She is from Sweden and has previously worked for Bekins Moving and Storage. She enjoys tennis, dogs, hiking and knitting.

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JEANNE MELAUGH moved to Cactus Court in August. She is from Indianapolis, raised her family in Walnut Creek and then retired in Pebble Beach for 11 years. She attended DePauw University. Her hobbies and special interests include reading, sewing and building websites. She is also a member of ACLU and the League of Women Voters.

MARVIN AND BOBBI (no surname submitted) moved to Saklan Indian Drive in August. He is from Texas and attended Rice University and Stanford University. She is from New York.

BONUS SAVINGS!
20% DRYCLEANING DISCOUNT

AMERICAN DRYCLEANING
2-800 Olympic Blvd., Ste. 8, Walnut Creek • (925) 939-5046

Pick up and delivery now available • Coupons not valid with pick up and delivery

Learn about volunteering at Walnut Creek’s Bedford Gallery

The Bedford Gallery will have a volunteer information day on Monday, Sept. 20. The Bedford is located at the Lesher Center for the Arts, 1601 Civic Drive, Walnut Creek. Coffee and pastries will be served at 10 a.m. There will be a chance to chat with Bedford volunteers and to view the current exhibit that features artists using books, both as subject and the media of their work.

There will be a welcome by Carise Lederer, curator of exhibitions and director of programs. Volunteers from the Bedford Docents and the Bedford Guild will talk briefly about the work they do, and what is expected of volunteers.

With Walnut Creek’s budget cuts, the city-sponsored gallery is more than ever in need of volunteers to help the reduced staff keep the gallery functioning and provide exhibits and programs that give art exposure to the entire community and that reach out especially to the schools in the area.

Many Rossmoor residents already volunteer at the Bedford, and have found it a rewarding opportunity to serve their locality, and to widen their knowledge of the art world. The Bedford takes this annual occasion to extend an invitation to others from Rossmoor to join them.

Volunteer Exchange learns about Brain Gym

Participants in the Volunteer Exchange will meet Tuesday, Sept. 28, at 1:30 p.m. in the Fireside Room at Gateway. All interested residents are welcome to attend.

Pam Whitman, an instructor for the Brain Booster Club’s Brain Gym, will give a demonstration of techniques used in that program.

The Volunteer Exchange was established in 1995. Members trade a variety of short-term services, such as transportation to doctor’s appointments, plant and pet care during vacations and sewing and mending. General meetings are on the fourth Tuesday of the month.

For information about the Volunteer Exchange and membership, call Deborah Ott at 988-7750. Membership is $15 a year.

Residents can call 1-800-449-7587 to schedule the collection of hazardous waste directly from their homes.
DON'T CLOSE DOLLAR FOR THE WINTER

I am writing in support of Mary Anne Clark's request not to close Dollar pool for the winter (Residents Forum, Aug. 25). I was forced to interrupt my aquatic exercises in warm water due to skin burns resulting from cancer radiation during that time. I had loss of muscles, shortness of breath, lack of endurance. I felt like a sad sack. Just imagine what I'd be like after an interruption of several months.

Erica Weingarten
Rossmoor Parkway

PROMPT RESPONSE

My thanks to Securitas and the paramedic who came with him. I was over medicated and needed assistance to get up the stairs. They were prompt and efficient.

Alvin Z. Tucker, M.D.
Singingwood Drive

THANKS

There are no words that adequately express the thanks I feel. The cards, flowers, food, etc. have been overwhelming. I know your thoughts and prayers have helped in my recovery.

Mary Jean Parson
Skycrest Drive

How to communicate to the GRF Board

Residents who would like to communicate to the GRF Board can do so in the following ways:
- E-mail: gbf@rossmoor.com
- Mail: GRF Board, P.O. Box 2070, Walnut Creek, CA 94595
- Message phone: 988-7710
- Drop-off: Board Office at Gateway

40 YEARS AGO

This Week

General Plan Revised; More Land Available For Development

By John Nutley, Rossmoor historian

The Redwood Park at Oakmont Way and Oakmont Drive was dedicated on Aug. 27, 1970. The residents of the area worked on developing it over a 2 1/2-year period. With the help of Valley Crest, Golden Rain Foundation, and Mr. and Mrs. Dean Barnes, the neighboring residents, prepared the land and planted the redwood trees to create the park. A plaque was attached to one of the benches.

Revision of the Rossmoor general plan as proposed by the developer, Terra California, went before the Walnut Creek Planning Commission. At that meeting, administered Jerman informed the commission that neither Golden Rain Foundation nor the Mutual corporations objected to the proposed modification to the peripheral development line within the community. The modifications for the line were reasonable and appropriate and coincided with the requirements for the further development of the valley.

It was noted that the new boundary line provided additional land for development and also released other land for permanent open space. The net result retained nearly the same amount of territory to be retained as permanent open space. Jerman requested a 60-day postponement regarding changes in the general plan and land use as it affected the amendment attached to the 35 conditions originally in the development permit of 1963. These items needed to be brought to the attention of the residents before being considered by the commission.

In the Aug. 27 news of the Rossmoor Towers General Plan Revised; More Land Available For Development

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In the Aug. 27 news of the Rossmoor Towers
Some Facts About Fiorina and Whitman

By Clyde Rich

Republican Senate candidate, Carly Fiorina, and Republi-
can candidate for governor, Meg Whitman, argue that their
corporate background shows they have the experience to make im-
portant decisions for California. Following are some facts about
these candidates that show Californians can-
not afford either of these far-right candidates. Voters should know these facts before making their decision
this November.

Carly Fiorina

Named as one of Conde Nast Portfolio’s “20 Worst
American CEO’s of All Time,” Fiorina laid off more
than 30,000 workers, shipped jobs to China, and was
responsible for a 52-per cent drop in Hewlett Packard’s
(HP) stock price. Endorsed by Sarah Palin, Fiorina is against
a woman’s right to choose, wants to repeal health-care
reform, and supports the extremist Arizona immigra-
tion law. She has said in an election TV ad that given
the chance she would definitely vote to repeal
Rowe vs. Wade.

She defended HP’s practice of shipping jobs off-
shore by calling it “right shoring” and said in a 2004
speech that “there is no job that is America’s God-
given right anymore.”

She denies that climate change is a serious national
issue, referring to it mockingly as “the weather.”

She expects California voters to turn out for her
on Election Day, but she hasn’t turned out herself.
Since 2000, she only voted in just eight of 23 elec-
tions – skipping the 2000 and 2004 presidential pri-
maries.

She has been spending millions of her own money
and has locked up $7 million for television ads for the
day after the election. The California Chamber of Commerce has committed to spend $79
million to help candidates like her get elected.

Meg Whitman

It is no secret that Whitman’s wealth is beyond
most of our wildest dreams. According to campaign
finance reports, Whitman has spent $99.7 million the
past four years in her effort to buy the governor’s of-
fice. If Whitman wins, it is clear that the state of Cali-
fornia is about to be unlimited wealth, really wants to help the
state, there are many other ways she could use those
resources. She has said in the past, she would elimi-
nating jobs and slashing workers’ benefits. Everywhere
she worked, she’s made lucrative bonuses, stock op-
tions and other compensation – and workers suffered
hardships as a result.

At Stride Rite (1992-1995) the company closed two
manufacturing plants and fired 450 workers. Later, the
company eliminated 15,000 jobs, plants and moved manu-
ufacturing to “low-cost” Asian countries.

When she was president and CEO of Florist Tran-
sword Delivery, the company eliminated 475 jobs
and gutted retirement benefits for workers.

Some Facts About Fiorina and Whitman
The three Scottish tenors known as Caledon will present a live performance in Rossmoor during their first-ever California appearance.

Scottish tenors present a concert in the Sierra Room

Caledon, Scotland’s Three Tenors, will perform on Tuesday, Sept. 21, at 7 p.m. in the Sierra Room at Del Valley Clubhouse.

Caledon consists of Alan Beck, Jamie MacDougall and Ivan Sharpe with Musical Director Michael Barnett. Caledon is equally at home, whether inspiring the 55,000 soccer fans at Hampden Park with a stirring new version of “Flower of Scotland,” or on the stage of the world-famous Sydney Opera House, singing to a packed auditorium of music lovers. The group had a sensational first year, which included highlights such as performing in front of the queen at the opening of the Scottish Parliament and for UN Secretary General Kofi Annan at the inaugral Robert Burns Memorial Lecture at the United Nations Headquarters. Caledon also closed Scotland’s largest rock and pop festival.

Having recently completed sell-out tours of North America, Australia and New Zealand, the trio returned to Scotland to perform a famous concert at the Edinburgh Festival. Accompanied by the Scottish Fiddle Orchestra, “On a Beautiful Evening in Scotland” was created as a tribute to Sir Walter Scott’s book, “The Heart of Midlothian.” The concert is a stirring, story-telling, musical journey of Scottish history, heroes and heroines, stories of triumph over adversity, and building his life and career. His story of triumph over adversity and building his life and career would make him into a legend.

The Elite Jazz Band will perform at Fun Day in the Fireside Room at Gateaway on Thursday, Sept 9, at noon. Fun Day will be held in the Fireside Room this week as Rosh Hashanah ceremonies will be held in the Sierra Room.

The Elite Jazz Band performs New Orleans jazz, country, bluegrass, Beatles songs and other Great American Street-inspired, award-winning music.

With little fanfare, “Little Orphan Annie” disappeared from the comic strips in June after 76 years run, but Diablo Theatre Company is making sure she is not forgotten.

The red-headed orphan will still be strong from the comic strip-inspired, award-winning Broadway musical “Annie.” Diablo Theatre Company will stage the show for 17 performances, starting Friday, Sept. 10, through Saturday, Oct. 2, at the Lesher Center for the Arts, 1601 Civic Drive, Walnut Creek.

Tickets range from $17 to $48 and are available at the box office (943-7469) or online, www.lesherartscenter.org.

‘Annie’ plays at the Lesher Center

For more than 20 years, the tale of the red-headed orphan has entertained audiences in theaters across the country. Now, Diablo Theatre Company is presenting the family favorite since it premiered on Broadway in 1977, “Annie,” which features a cast of 29, performing such familiar songs like “Tomorrow” and “It’s A Hard Knock Life.”

‘From Mao to the Met’ concert performed by Chinese opera singer in Sierra Room

International opera star Hao Jiang Tian will perform his program “From Mao to the Met” in the Sierra Room at Del Valley on Sunday, Sept. 26, at 2 p.m.

For more than 20 years, the basso voice of Hao Jiang Tian has filled major American opera houses and he is now a regular fixture at the Metropolitan Opera.

Though China’s population sits at well over one billion, with many young music students among that number, Tian is one of the few opera singers to emerge from China. In his audition for a spot at the Beijing Conservatory, he was the only singer selected from among nearly 500 applicants.

Tian is the first Chinese-born opera singer to achieve lasting success at the Metropolitan Opera and around the world. The story of his journey from his childhood in China, surviving the Cultural Revolution, to finding his voice and building his life and career in the United States is a deeply moving and universal story of triumph over adversity. He will tell his story and perform a range of the music that helped to sustain him in this concert.

Tickets are $10 in advance or $15 at the door. There will be refreshments and light snacks prior to the concert.

This event is presented by Ellie Mao Mok and is sponsored by the Recreation Department and is open to all residents and their guests.
By Charles Jarrett

The Woodminster Amphitheater in Joaquin Miller Park in the city of Walnut Creek is presenting a remarkably heartwarming and remarkable play in “Paint Your Wagon,” which is a wonderful musical that is seldom done.

It is more likely that if you have memories of this musical, you saw it when it was introduced to the 1969 movie of the same name, which was adapted from the 1951 Lerner and Loewe stage production. The movie starred Lee Marvin and Clint Eastwood. Unfortunately, this is a story of a different sort from the stage musical, the stage version is more entertaining and contains a better love story.

The stage version focuses on the gold mining area in the heart of the story centers on a rugged old miner, Ben Rumson (Kelly Houston), and his 16-year-old daughter, Jennifer (Amy Nielson). When Ben lays claim to the area, no women, other than his daughter, are allowed. It is more likely that if you gave away any more of the ups or downs fate bestowed upon the charismatic character of Ben Rumson, this talent in this show is incredible, absolutely incredible. Throughout the entire musical, the professional cast displays magnificent, gorgeous voices everywhere.

Kelly Houston, who plays Ben Rumson, and his daughter, Jennifer (played by Cher Bernal), make the most of the roles. As Ben Rumson, she displays a rugged miner, Ben had forgotten this great song even from this musical. There are lots of great song memories in this musical including “Wand’rin’ Star,” “I Talk to the Trees” and of course, “Carino Mio.” and many others written by the incomparable Lerner and Loewe. Ben Rumson and Jennifer begin to laude all the talent with the great voices, both men and women, as I just do not have the space.

The orchestra, under the direction of Richard Vetterli, performs rich and rewarding music. In these days of synthesized and canned music, nothing satisfies or enriches a theatrical performance more than a splendidly fully staged orchestra under the dynamic direction of an accomplished director. Director Joel Schlauder has pulled out all stops with terrific lighting, great acting and musical talent, superb dancers and excellent set designs. I am frankly amazed how a company can mount such a superb production and only run each show for two weeks.

If you want to bring your summer ballroom dancing inclusion, under stars in the beautiful Joaquin Miller Park, while enjoying a terrific musical, then call Ben Rumson and reserve seats as this is one of Woodminster’s best offerings.

Joaquin Miller Park is above the Mormon Temple, at 3300 Joaquin Miller Road, in Walnut Creek. Admission is $5 per couple for members and $20 per couple for nonmembers (who come as a guest of a member). No reservations are required.

No smoking. Smoking is not allowed in the Diablo Room at Hillside.

The club’s board meetings are held on the first Wednesday of each month at 10 a.m. in the Diablo Room at Hillside. The club is a Dollar Clubhouse. The club welcomes any comments, suggestions or questions.

The club’s contacts are Bob Havlan, president (937-3833); Ron and Renee Grossman, co-secretaries (946-9572); Pat Brady, secretary (935-6827) and Kaaren Havlan, treasurer (937-3833).

One City, One Book: Walnut Creek Reads

An evening with popular novelist Gail Tsukiyama will kick off this year’s community events for One City, One Book: Walnut Creek Reads.

This year’s community-wide reading program features Tsukiyama’s novel, “The Street of a Thousand Blossoms.” It is a story set in Japan both during and after World War II that highlights the ancient Japanese traditions of sumo wrestling and Noh theater.

Tsukiyama’s appearance is set for Tuesday, Sept. 14, at 7:30 p.m. at the new Walnut Creek Library, 1644 N. Broadway. Seating is limited and reservations are required.

Tickets are $5 and may be purchased at www.Walnut CreekReads.org or by calling 935-3959. The event is expected to sell out. Reservations close on Friday, Sept. 3.

Three other Walnut Creek Reads events offer community members the chance to experience the Japanese culture and traditions featured in the book.

• “Sumo East and West,” a documentary film on Sumo wrestling, Thursday, Sept. 16, at 7 p.m., Walnut Creek Library (free).
• “Theatre of Yugen,” a classic noh drama and kyogen comedy, Wednesday, Sept. 22, at 7:15 p.m. at the Lesher Center for the Arts, 1601 Civic Drive, Walnut Creek. Tickets are $10. Call 943-7469 or go to www.leshercenter.org.
• “Exploring Japanese Cuisine,” and a special discussion on Japanese cuisine, Thursday, Sept. 30, at Noon at Sasa Restaurant, 1432 N. Main St., Walnut Creek. Participants must pay for this event. For reservations, call 201-0188 and mention the One City One Book program.

Three book discussions are also slated. Book discussions are free and do not require reservations.

The discussions are:
• Thursday, Sept. 16, at 10 a.m. in the Fireside Room at Gateway Club, 700 Lighthouse Ave., Walnut Creek.
• Thursday, Sept. 30, at 7 p.m. in the Diablo Room at Hillside.

Scottish singers make first-time appearance

Continued from page 10 in an article in The Times in 2007.

Along with two more return visits to Berlin, more Scottish, U.S. and Canadian tours and even the occasional sojourn to sing in the Dominican Republic, Caledon still managed to record another album, “Always Be to Here.”

This is the first-ever visit to California by Caledon. The band sold $15 in advance at the Excursion Desk or $20 at the door. Wine, juice and light snacks will be included.

This event is sponsored by the Recreation Department and is open to all residents and their guests.
The Foreign Film Fans Club will present the Japanese mov- ie “The Human Condition” on Sept. 20, 21, and 22, at 4 p.m. in the Del Valle Theatre at Acalanes Adult School’s Del Valle campus.

Directed by Masaki Kobayashi, “The Human Condi- tion” is a 10-hour film. The club will view the entire film within the three days, with one intermission each day. Mem- bers may bring sandwiches and the club will provide drinks during intermission.

The Del Valle Theatre holds 400 seats, so all club members are invited to watch the film together. “The Human Condition” is a Japanese epic-film trilogy made between 1959 and 1961. It follows the life of Kaji, a Japanese pacifist and social- istic, as he tries to survive in the fascistic and oppressive world of WWII-era Japan.

The film is divided into 3 parts, with each one bearing a different title.

“No Greater Love” (1959), Kaji marries his great love Michiko despite his misgivings about the future.

“The Road to Eternity” (1959), Kaji loses his exemption from military service because he protected Chinese prisoners from unjust punishment and has now been assigned to the Japanese Kwantung Army.

Despite his antimilitarism, Kaji excels in his training and tries to implement his ideals in his dealings with other soldiers in the face of the prevailing brutality.

In the second film, “A Soldier’s Prayer” (1961), Japanese forces have been shattered and Kaji and some comrades embank on an epic journey and foot southward to where Kaji hopes to rejoin Michiko. After suffering many perils, he is captured by the Red Army and is subjected to treatment that echoes that of the Chi- nese in the first film.

In the end, disappointed that Communism, which he hoped would be a force for hu- man liberation, seemed no bet- ter than the oppressive system he had been struggling against all his life. Kaji still dreams of finding his wife as he faces his ultimate trial in the vast winter wasteland.

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 Directed by Eric Falscher Hayes
 Featuring
 Dean Conger Steven Pimlott
 James Hiver Bob Shattuck
 Wilhem Long Ryan Terry
 Charles Woodside Parker Trish Tilman

Preview September 9, 8 p.m.
Free Opening Night Reception Sept 10

Tickets $22 - $30
Purchase tickets online at www.lesherartscenter.org
or at The Community Center
20 Front St. Mon-Fri 9:30 - 5:30
or call (925) 314-3400
Bring a Group and Save
Rates for more than 10: $10 per ticket.
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**Comedy ‘Our Family Wedding’ shows two days**

The 2010 comedy “Our Family Wedding,” starring Forest Whitaker and Carlos Mencia, will be shown in Peacock Hall at Gateway on Thursday, Sept. 9, at 1, 4 and 7 p.m. and again on Friday, Sept. 10, at 10 a.m., 1, 4 and 7 p.m. The showings at 10 a.m. and 1 will feature language captions.

Convict Robert Stroud (Burt Lancaster, Oscar-nominated co-stars as Stroud’s chatty next-door prisoner and Karl Malden plays the prison warden.

This film is 149 minutes long and is rated PG-13. This free program is sponsored by the Recreation Department and is open to all residents and their guests.

Burt Lancaster stars in ‘Birdman of Alcatraz’ shown Saturday in Peacock Hall

The 1962 drama “Birdman of Alcatraz,” starring Burt Lancaster, will be shown in Peacock Hall at Gateway on Saturday, Sept. 11, at 1, 4 and 7 p.m. The showing at 1 will feature language captions.

Convict Robert Stroud (Burt Lancaster, Oscar-nominated for his fictionalized portrayal of a prison inmate) finds solace in his life sentence by solitary confinement for murder by becoming an internationally renowned expert on birds and their diseases. Telly Savalas (also Oscar-nominated) plays the warden.

This film is 87 minutes long and is rated PG. This free program is sponsored by the Recreation Department and is open to all residents and their guests.

Sunday’s film is comedy ‘Laws of Attraction’

The 2004 romantic comedy “Laws of Attraction,” starring Pierce Brosnan and Julianne Moore, will be shown in Peacock Hall at Gateway on Sunday, Sept. 12, at 4 and 7 p.m. Language captions will be used at the 4 p.m. showing.

Manhattan divorce attorneys and bitter rivals Audrey (Moore) and Daniel (Brosnan) wind up together after a night of carousing. Unhappy with their actions, they realize they must stay married to retain their prominent careers. Will getting married before falling in love be the secret to staying together?

This film is 92 minutes long and is rated PG-13. This free program is sponsored by the Recreation Department and is open to all residents and their guests.

‘Blazing Saddles’ to be shown Tuesday

Rossmoor movie fans are invited to see nearly every 1970s hit movie, “Blazing Saddles,” on Tuesday, Sept. 14, at 7 p.m. in Peacock Hall at Gateway.

This is a classic comedy of politically incorrect and relentless humor, which set the tone for many of the later movie satires, and is one of Mel Brooks’s best films.

The story is set in the wild West, and follows the tortured trail of Carruthers (Clearon Little), who is elected sheriff of the racist town of Rock Ridge. He must foil a land-grabbing governor (Brooks), with help from a washed-up, pot-smoking gunlinger (Gene Wilder).

The film won two prizes at the 2000 Berlin International Film Festival and it achieved a score of 88 percent on the film website, Rotten Tomatoes.

All residents and their guests are welcome at these monthly Chinese movies.

**Freetheinkers Film Festival to show film about Darwin**

By Gene Gordon Club correspondent

The Freethinkers Film Festival will add an extra film to its schedule in September. On Tuesday, Sept. 21, “Creation” will be shown at 7 p.m. in Peacock Hall at Gateway Clubhouse.

Director Jon Amiel’s 2009 film, “Creation” takes the viewer deeply into the conflicted heart of Charles Darwin. Aware that his theory of natural selection is “perhaps the most powerful idea ever to occur to a human mind,” he is torn between religious and conservative on the one hand and scientific on the other. In the latter group is his wife Emma. Did Darwin “kill God” as his wife believed, and will his very soul be in peril if he publishes his book “On the Origin of Species”? The toll that Darwin’s labor takes on his health, his family and his very sanity is terrible, but he knows that his work is far too important to abandon. The death of Darwin’s favorite child, Annie, and its effect on his marriage is a central element in the film. Darwin is portrayed Paul Bettany and Emma, his wife, by Jennifer Connelly.

A $1 donation will be requested for the 108-minute long “Creation.” The second September film in the Freethinkers Film Festival, “The Stoning of Soraya M.,” will be shown on Monday, Sept. 27, at 1 p.m.

The Freethinkers Film Festival is sponsored by the Atheist/Agnostic Group of Rossmoor. All Rossmoor residents and their guests are welcome.

**Genealogical Society meets**

The Mt. Diablo Genealogical Society will meet on Thursday, Sept. 16, at 1:15 p.m. at U.S. Bank, 1910 Tice Valley Blvd. in the Rossmoor Shopping Center. Speaker Lisa Louise Cooke will present ways to solve family-tree mysteries with Google Earth. Cooke is the creator of Genealogy Gem Podcasts and is a contributor to Family Tree Magazine.

For information, contact Peg Johnson at 937-6598.
Emeritus College offers three classes of Cotillion Dinner Dancers will at the Polish Cultural Club’s concert Chopin’s music and songs presented is a choice of beef burgundy or will be served at 7. The entrée r

Chopin’s music and songs will be served. All Rossmoor residents and their guests are invited. For information, call Gene Gordon at 934-3204.

Two films on American Ballet Theater presented

Two films on American Ballet Theater will be presented featuring the American Ballet Theater at Peacock Hall.

Thefirst film on Sept. 25 at 4 p.m. in the Fire-

side Room at Gateway. All Rossmoor residents are in-

vited. The cost is $15 per person in advance and $20 at the door.

The program will include an introduction by Caria Tom-

czykowski. Performing Chopin’s piano compositions will be Christina Kozel, Ballade No. 4 in F minor, Op. 52; John Boyajy, Preludes; Chang Hoon Joh, Nocturne in F minor, Op. 55; WuJung Jung, Polonaise in A major; Amy Wang, Fantasie- 


Performing on the cello will be Pawel Walerowski, excerpt from Chopin Sonata in G minor, Op. 53. Soprano Dalcy Kodzis will perform songs from Chopin’s repertoire.

For tickets, call Hali Leski at 938-9318 or Alina Jarkie-

wicz at 295-0774. The ticket price includes wine, juice and snacks at in-
termision.

Cotillion Dinner Dancers will host October Winemakers Ball

The Cotillion Dance Winemaker’s Ball is Friday, Oct. 1, at Hillside Clubhouse. The evening will begin at 6 with a hosted cocktail hour. The bar will be under the direction of Lyle Morton. While Morton’s helpers are serving drinks, hot hors d’oeuvres of stuffed mushrooms florentine, hot crab and shrimp on crostini and teriyaki meatballs will be passed.

The Winemakers Ball theme will be carried out by center-

pieces created by Barbara Cour-

ier and her committee. Dinner, by Sunrise Catering, will be served at 7. The entrée is a choice of beef burgundy or salmon with lemon butter sauce. The menu will also include ro-

maine salad, rolls, red-skinned mashed potatoes, seasonal veget-

tables, and an assortment of desserts. Red and white wine as well as coffee and tea will be on the tables.

Music for listening and danc-

ing will be provided by Manny Gutierrez. The appropriate dress for the evening is party attire for wom-

en and jacket and tie for men (no jeans, shorts or T-shirts are al-

lowed). The cost is $64 for a mem-

ber couple and $74 for a guest couple. Guest couples may at-


tend when invited by a member couple and may attend one dance during the calendar year, if space is available.

Guest couples are eligible to fill one membership applica-

tion if they have attended one previous dance. For member-

ship information, call Pam Lee at 932-2323.

Members should note that there are changes in the proce-

dure for making reservations. Member reservations will be ac-

cepted beginning Friday, Sept. 10. Reservations received after Friday, Sept. 17, will be accepted on a space-available basis. Guest reservations will be accepted if space is available beginning Sept. 17.

Those members who wish to sit together at a table must mail their checks together in the same envelope and a table will be assigned to them. Table assign-

ments will be posted on a printed list.

Reservations and checks must be received by Friday, Sept. 24. Reservations will be assigned as to the postmark on the envelope. Mail reservation checks with entire choice noted on the check. The ticket price includes wine, juice and snacks at in-
termision.

Antiques Club presents a slide show and lecture

The Antiques Club will present a lecture with the story of artwork through a slide pre-

sentation given by Kay Payne on “Van Gogh, Gauguin, Ce-

zanne and Beyond,” post-im-

pressionist masterpieces from the Musee d’Orsay. The meeting is Wednesday, Sept. 22, at 1:30 p.m. in the Delta Room at Del Valle Club-

house.

This second exhibition at the de Young Museum, from Sept. 25 to Jan. 18, tracks later developments in the lives and cir-

cles of Seurat, Van Gogh, Gauguin, Ce-

zanne and beyond.” Post-im-

pressionists, including Monet and Renoir, and the idiosyn-

cratic Post-Impressionist styles of Cezanne, Seurat, Van Gogh and Gauguin, among others.

Eight signature paintings by Cezanne illustrate his pio-

neering exploration of pictorial structure. Extraordinary works by Van Gogh are also featured. Seurat is the central figure in a group of Post-Impressionist paintings, and Gauguin is represented through 10 superb works.

Kay Payne has been with the Fine Arts Museum of San Francisco since 1981 and is active as a docent and lecturer. She also spent 17 years as a freelance writer and editor and writing about art in relation to contemporary social history of the time, and she often in-

cludes vintage photographs in her lectures.

She graduated from UC Berkeley in 1965 and has a special interest in art history.

The club welcomes new members; however, members-

ship is limited to Rossmoor residents. For get-well or sympathy cards to be sent to Antiques Club members, call Barbara Martini at 935-5925.

The Antiques Club will present a lecture with the story of artwork through a slide pre-

sentation given by Kay Payne on “Van Gogh, Gauguin, Cezanne and Beyond,” post-impressionist masterpieces from the Musee d’Orsay. The meeting is Wednesday, Sept. 22, at 1:30 p.m. in the Delta Room at Del Valle Clubhouse.

This second exhibition at the de Young Museum, from Sept. 25 to Jan. 18, tracks later developments in the lives and circles of Seurat, Van Gogh, Gauguin, Cezanne and Beyond.” Post-impressionists, including Monet and Renoir, and the idiosyncratic Post-Impressionist styles of Cezanne, Seurat, Van Gogh and Gauguin, among others.

Eight signature paintings by Cezanne illustrate his pioneering exploration of pictorial structure. Extraordinary works by Van Gogh are also featured. Seurat is the central figure in a group of Post-Impressionist paintings, and Gauguin is represented through 10 superb works.

Kay Payne has been with the Fine Arts Museum of San Francisco since 1981 and is active as a docent and lecturer. She also spent 17 years as a freelance writer and editor and writing about art in relation to contemporary social history of the time, and she often includes vintage photographs in her lectures.

She graduated from UC Berkeley in 1965 and has a special interest in art history.

The club welcomes new members; however, membership is limited to Rossmoor residents. For get-well or sympathy cards to be sent to Antiques Club members, call Barbara Martini at 935-5925.
The Acalanes Adult Center offers a variety of classes next door to Rossmoor this fall

The Acalanes Adult Center offers a variety of enriching classes from creative writing and music to physical fitness classes and yoga. Fall quarter classes begin the week of Sept. 13. Classes meet Monday through Thursday from 9 a.m. to 11 p.m. and are held at the Acalanes Adult Center, 130 Acalanes Drive in Walnut Creek. For more information, call 280-3980, go to the Adult Center office in Room C-11 and turn it in. For more information, visit www.acalanes.k12.ca.us/adulted.

The Contra Costa Performing Arts Society begins its 36th season of free classical music concerts on Tuesday, Sept. 14. Each month from September until the end of December is:

• Tuesday evening, Nov. 23, at 8, Grace Presbyterian Church at 2100 Tice Valley Blvd.
• Thursday evening, Dec. 7, at 8, Unitarian Church

The Rossmoor chapter of B’nai B’rith will have its monthly meeting on Sunday, Sept. 19, at 10 a.m. at the Clubhouse. Those who have current projects with some teacher oversight.

Performing Arts Society begins new season

Eating right is B’nai B’rith topic

The Acalanes Adult Center is also offering a medical vocabulary class during the fall. This course presents word stems, prefixes and suffixes of basic medical vocabulary. Prior knowledge of anatomy, physiology, chemistry or pharmacology is not mandatory. The course is especially helpful for students going into the health care profession as well as those who need to better communicate with health care professionals. The course is $45 and meets Mondays, Sept. 13 to Nov. 29, from 6 to 9 p.m.

Know someone who needs to get their high school diploma or GED certificate? Refer them to the Acalanes Adult Center for a counseling appointment. They should bring with them a copy of their high school transcript. The Acalanes Adult Center also offers a full range of ESL classes, beginning to advanced, during the mornings and evenings. Placement tests and registration are available each weekday.

For other classes, see the complete fall schedule at www.acalanes.k12.ca.us/adulted.

There will be a short meeting at 10:30 a.m. followed by speaker Cindy Gershen, owner of Sunrise Bistro and Catering in Walnut Creek. Her subject will be about watching weight and eating the right foods. Everyone is welcome. For information, call President Larry Davis at 932-1646.

Celebrate with Big Ben

روعشموور  نيوس • ابسطمبر 8، 2010

ROSSMOOR NEWS • SEPTEMBER 8, 2010 25

The Cypress String Quartet will open the Rossmoor Chamber Music Society’s 2010-2011 season.

Chamber Music Society opens its season with Cypress String Quartet

The performance will include Mozart’s String Quartet in C Major, K. 485; Glazunov’s Selections from Novelettes; and Beethoven’s Quartet in B-flat Major, Op. 130.

The quartet includes Cecily Ward, violin; Tom Stone, violin; Ethan Fliner, viola; and Jennifer Kloetzl, cello.

Other Chamber Music Society concerts this season include the Edelman-Rust Trio on Monday, Oct. 18; the Quartet San Francisco on Monday, Nov. 15; the Bridge String Quartet on Monday, Jan. 17; and Quinteto Latino on Monday, Feb. 21.

Season tickets are $55 and may be purchased from June Bechtel by calling 287-1378 or at the door of the first concert. Single tickets may be purchased at the door for $15.

Concert information is also available from Bechtel.

Dial-A-Bus is available for those who do not wish to drive. Call 988-7676.

Chamber Music Society opens its season with Cypress String Quartet

The Chamber Music Society’s new season begins with a performance by the Cypress String Quartet on Monday, Sept. 20, at 7:30 p.m. in the Fireside Room at Gateway. The doors will open at 7.

The performance will include Mozart’s String Quartet in C Major, K. 485; Glazunov’s Selections from Novelettes; and Beethoven’s Quartet in B-flat Major, Op. 130.

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Eating right is B’nai B’rith topic

The Rossmoor chapter of B’nai B’rith will have its monthly meeting on Sunday, Sept. 19, at 10:30 a.m. in Multipurpose rooms 1 and 2 at Gateway. Before the meeting, bagels with schmear, tea and coffee will be served.

There will be a short meeting at 10 a.m. followed by speaker Cindy Gershen, owner of Sunrise Bistro and Catering in Walnut Creek. Her subject will be about watching weight and eating the right foods. Everyone is welcome. For information, call President Larry Davis at 932-1646.

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Diablo Symphony Guild to hear conductor Monday

The Diablo Symphony Guild will meet on Monday, Sept. 13, at 3 p.m. in Multipurpose Room 3 at Gateway. Joyce John-son Hamilton, who will be conducting the orchestra for the last time this season, will discuss the process of putting together the program and guest artists for the season.

She will also look back on over 30 years with the orchestra and reminisce about some of the highlights of her experience.

This will be an opportunity for club members and guests to show their appreciation for her leadership and to thank her for the beautiful live music she has brought to Rossmoor for so many years. All residents are invited to attend.

Stamp Club does trading

The Stamp Club, also known as the Philatelic Society, will hold its monthly trading session on Saturday, Sept. 11, in Multipurpose Room 3 at Gateway. The session will begin at 9:30 a.m. and end at 11. Guests are welcome.

The first volumes of the 2011 Scott’s catalogue have arrived. They will be available for check-out to members at the trading session. The purchase of current Scott catalogues is one of the club’s most important tasks.

Every collector wants to have these tools available when working with their collections. New stamps and new values are included in these catalogues.

The club’s board of directors seeks new volunteer members. As the membership continues to grow, more people are needed to help arrange the yearly program and keep it exciting.

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For information or to express ideas about the club, call Rich Kirby, president, at 324-6328.

Tuesday lecture at JCC features Jesse Choper on recent Supreme Court decisions

The Contra Costa Jewish Community Center (JCC) opens the fall schedule of the Tuesday Morning Lecture Series on Sept. 14, at 10 a.m. with speaker Jesse H. Choper, the Earl Warren professor of public law at Berkeley’s Boalt Hall Law School.

He will look at the high lights of the Supreme Court’s most important decisions. He will also review cases decided by the high court in its recently completed term. The topics include corporation campaign finance; juvenile life sentences without the possibility of parole; and gun control.

Choper received his bachelor’s degree from Wilkes University and his law degree from the University of Pennsylvania.

He was research editor of the University of Pennsylvania Law Review and served as law clerk to Chief Justice Earl Warren from 1960–1961. He has also taught at the Wharton School of the University of Pennsylvania and at the University of Minnesota Law School.

He has been a visiting professor at Harvard Law School and Fordham Law School as well as many other major universities in Europe and Australia.

He teaches in the fields of constitutional law and corpo-ration law and has co-authored two widely used casebooks in those fields.

Lunch will be served following the presentation. The menu includes eggplant Parmesan, garlic bread, salad, rolls and dessert as well as coffee and tea.

Cost for the lecture and lunch for JCC members is $17; others pay $20. Reservations are required. Call 938-7800 ext. 239.

The JCC is located near Rossmoor at 2071 Tice Valley Blvd., Walnut Creek.
Sing-Along Chorus to begin its rehearsals

The Sing-Along Chorus has its first fall meeting on Thursdays from 6:30 to 8:30 p.m. in Multipurpose Room 3 at Gateway. This semester, the chorus will sing songs from the 1950s by such artists as the Beatles, the Supremes, Beach Boys, Frank Sinatra, Tom Jones and more, and women sing the melody line with lyrics to refresh their memories. A few members do solos that fit into the era for that semester and sometimes props enhance the fun. For more information, call show “on the road,” it encourages audiences to sing-along. Most performances are at the same time as the class. Adults, all levels of interest are invited to participate in on the first rehearsal, and then register at the end of the class. For information, call Dolores Mendenhall, director and accompanist, at 934-1096.

Ballroom Dance Club lessons offered

Alberto Bagneschi to teach swing, fox trot

The Ballroom Dance Club will sponsor a series of five, one-hour classes in two dances, the swing and foxtrot. Classes begin Sept. 13 and are held in the Diablo Room at Hillside. A student can be a beginning dancer or brush up on learned skills.

The Beginner class is from 7 to 8 p.m. and the intermediate/advanced class is from 8 to 9 p.m. The teacher, Alberto Bagneschi, will be assisted by her husband, Adrian. She always has new and exciting dance patterns for any level of dancer. She has more than 25 years of teaching experience. She will give dance know-how tips to help dancers look terrific on the dance floor.

The fee for Rossmoor residents is $25 per class. Nonmembers—anyone with an interest in photography—are invited to test the waters by attending a meeting. For membership information, call Dolores Mendenhall, director and accompanist, at 934-1096.

Singers sought for church choir

Anyone who loves to sing welcome

The Tice Valley United Methodist Church is actively seeking people who enjoy singing and would like to be a choir member or at least to be able to read music. All that is needed is a fairly good ear and a willingness to serve and enjoy singing with a supportive group. Rehearsals are on Wednesdays at 5:30 p.m. in Multipurpose Room 3 at Gateway, starting Sept. 8. The choir meets in Peacock Hall on Sunday mornings at 10:15 for warm-up and practice. The service starts at 11.

Mystery Book Club’s author for September is J. Winspaur

The Mystery Book Club will resume its meetings on Monday, Sept. 20, at 7 p.m. in the Ivy Room at Dollar Clubhouse.

The author for September will be Jacqueline Winspaur, author of the Maisie Dobbs detective series. Winspaur’s novels take place in London in the early 20th century and investigate psychology and investigator Maisie has set up her business.

Winspaur has won various awards for her works including the Agatha, Alex and Macavity awards for her first novel “Maggie Dobbs.”

Members are requested to read one of Winspaur’s novels for discussion. New members are always welcome whether they have read the author’s book or not.

The club meets on the third Monday of every month. For information, call Jean Howard at 954-7110.

Camera Club presents photographic tour of China

Visit China without leaving Rossmoor at the Camera Club’s entertaining program presented Wednesday, Sept. 15, at 7:30 p.m. in the Vista Room at Hillside. All Rossmoor residents and their guests are invited.

Once every two months, the Camera Club presents a night with a guest photographer, sometimes a professional from out of the area and occasionally one of the Rossmoor’s own photographers with a photographic story to tell.

On Sept. 15, the speaker/photographer will be Rossmoor resident Dr. Yuan Li. Li is a professor emeritus of Rutgers University and an accomplished photographer with pictures published in Outdoor Photographer and Arizona Highway, among other photographic publications. He has authored the book “Expressionist Landscape” for Amphoto and his work was included in another Amphoto publication, “Essential Landscape Photography—the Art and Techniques of Eight Modern Masters.”

“Thirty Years of Photography in China” will be his program based on the pictures he has taken in China beginning in 1980. Itsummit into the feelings he has had since he left China in his childhood and the rapid change taking place in China. He also explores the cultural elements in the genre of landscape photography. The program is invited to sit and sip coffee in the club room.

Open every evening for dinner from 5 p.m. featuring steaks, seafood, pasta, sway and more. Live entertainment Wed.-Sun. evenings.

* Purchase two regular menu dinner entrees of $13 each or more and take 50% off any one cocktail or glass of wine. * Not valid with board specials, early dinner menu, Wednesday Wine Special or any other promotional offer.

Petar’s RESTAURANT & BAR

32 LAFAYETTE CIRCLE

(925) 284-7117

www.petars.com

RESTAURANT & BAR

The Ladies Who Lunch group of the 30s/40s/50s Couples Club will dine on Tuesday, Sept. 14, at Bridges restaurant in Danville. Bridgess menu offers a variety of American-style dishes.

The group will meet in the far corner of Gateway park- ing lot at 11:30 a.m. and from car pools to drive to the res- taurant, located at 44 Church St. in Danville. Everyone is reminded, mem- bers should call Helene Mag- en at 256-6548 no later than Sunday, Sept. 12. Call Magen at 256-6548 for information about cancellations.

DINNER AT PETAR’S

$25. No partner is needed. Pri- vate lessons are also available. Classes are taught by Gail Enright, popular Bay Area ball- room dance teacher. For infor- mation, contact GailEnright@comcast. net.
### Calendar of Events

**THURSDAY, SEPTEMBER 9**

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<th>TIME</th>
<th>EVENT</th>
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<th>ORGANIZATION</th>
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<td>6 a.m.</td>
<td>Pool Open</td>
<td>pool, D, H</td>
<td>Rec. Dept.</td>
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<tr>
<td>6 a.m.</td>
<td>Strength Circuit</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>7 a.m.</td>
<td>Pilates Mat/Reformer</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>7:15 a.m.</td>
<td>Luk Tung Kuen Exercise</td>
<td>Shasta Rm., DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>8 a.m.</td>
<td>Stretch/Strength</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>8:30 a.m.</td>
<td>Low Impact Dance</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>9 a.m.</td>
<td>Adv. Players</td>
<td>Table Tennis, H</td>
<td>Table Tennis Club</td>
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<tr>
<td>9 a.m.</td>
<td>Bible Study</td>
<td>Main, D</td>
<td>Bible Study Group</td>
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<tr>
<td>9 a.m.</td>
<td>Bocce Team Play</td>
<td>Bocce Courts, H</td>
<td>Rec. Dept.</td>
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<tr>
<td>9 a.m.</td>
<td>Open Art Studio &amp; Back Rm.</td>
<td>Art Association</td>
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<tr>
<td>9 a.m.</td>
<td>Stitchers</td>
<td>Sewing Rm., G</td>
<td>Sewing Arts Club</td>
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<tr>
<td>9 a.m.</td>
<td>Tennis Open Play</td>
<td>Siskiyou Grove Tennis Courts</td>
<td>Rec. Dept.</td>
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<tr>
<td>9:30 a.m.</td>
<td>Meeting</td>
<td>Cardroom 2, D</td>
<td>Historical Society</td>
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<td>9 a.m.</td>
<td>RAA</td>
<td>Art Classroom &amp; G, G</td>
<td>Art Association</td>
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<tr>
<td>10 a.m.</td>
<td>Qi Gong</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>10 a.m.</td>
<td>Gong</td>
<td>Shasta Rm., DV</td>
<td>Chinese-American Assoc.</td>
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<td>11 a.m.</td>
<td>Kid Swim</td>
<td>Pool, H</td>
<td>Rec. Dept.</td>
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<td>11 a.m.</td>
<td>Light Stretch</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>11 a.m.</td>
<td>Mat Yoga</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<td>11 a.m.</td>
<td>Pet Adoption</td>
<td>Parking Lot, G</td>
<td>Rec. Dept.</td>
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<tr>
<td>noon</td>
<td>Balance Rehab</td>
<td>Shasta Rm., DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>noon</td>
<td>Fun Parking</td>
<td>Fitness Center, DV</td>
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<tr>
<td>noon</td>
<td>Italian Conversation</td>
<td>MM, G</td>
<td>Ital. Cons. Group</td>
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<td>noon</td>
<td>Library Open</td>
<td>Library, G</td>
<td>Library Association</td>
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<tr>
<td>noon</td>
<td>Piano by Serena</td>
<td>Redwood Rm, G</td>
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<tr>
<td>12:15 p.m.</td>
<td>Ballet Class</td>
<td>Fitness Center, DV</td>
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<tr>
<td>1 p.m.</td>
<td>Acrylic Oil Painting</td>
<td>Art Classroom &amp; G, G</td>
<td>Art Association</td>
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<tr>
<td>1 p.m.</td>
<td>Balance Int/Adv</td>
<td>Cardroom 2, D</td>
<td>Rec. Dept.</td>
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<tr>
<td>1 p.m.</td>
<td>Beg. Players</td>
<td>Table Tennis, H</td>
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<tr>
<td>1 a.m.</td>
<td>Dominos</td>
<td>Cardroom 2, D</td>
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<td>1 p.m.</td>
<td>MPR 1, 2, G</td>
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<td>1 p.m.</td>
<td>Movie</td>
<td>Peacock Hall, G</td>
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<td>1:15 p.m.</td>
<td>Bridge</td>
<td>Oak Rm, A, G</td>
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<td>1:45 p.m.</td>
<td>Parkinson’s Group</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<td>2 p.m.</td>
<td>Tap Rehearsal Practice</td>
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<td>2:30 p.m.</td>
<td>Line Dance</td>
<td>Diablo Rm., G</td>
<td>Line Dance Club</td>
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<td>3:00 p.m.</td>
<td>Registered Nurses</td>
<td>Vista Rm., H</td>
<td>Registered Nurses</td>
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<td>4 p.m.</td>
<td>Kids Night</td>
<td>Fitness Center, DV</td>
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<td>4:30 p.m.</td>
<td>T’ai Chi Chaun</td>
<td>Fitness Center, DV</td>
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<td>5 p.m.</td>
<td>Admissions Day Dinner</td>
<td>Sierra Rm., DV</td>
<td>Golden State Club</td>
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<td>5 p.m.</td>
<td>Aquacize</td>
<td>Pool, D</td>
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<tr>
<td>5 p.m.</td>
<td>Picnic</td>
<td>Redwood Rm, G</td>
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<tr>
<td>5 p.m.</td>
<td>Picnic</td>
<td>Picnic Area 1-3, D</td>
<td>Rec. Dept.</td>
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<tr>
<td>5:30 p.m.</td>
<td>Moving to Music</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<td>6:15 p.m.</td>
<td>Sing-along</td>
<td>Shasta Rm., DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>6:30 p.m.</td>
<td>Sing-along</td>
<td>MPR 3, G</td>
<td>Rec. Dept.</td>
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<tr>
<td>6:45 p.m.</td>
<td>Aquatic Yoga</td>
<td>Shasta Rm., DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>6:45 p.m.</td>
<td>Circuit Training</td>
<td>Fitness Center, DV</td>
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<td>7 a.m.</td>
<td>AA Open Discussion</td>
<td>Garden Rm., D</td>
<td>Counseling</td>
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<td>7 a.m.</td>
<td>Bocce Team Play</td>
<td>Bocce Courts, H</td>
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<td>7 a.m.</td>
<td>Harmonica Practice</td>
<td>MPR 3, G</td>
<td>Harmonica Club</td>
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<td>7 a.m.</td>
<td>Keeping Fit Exercise</td>
<td>Shasta Rm., DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>7 a.m.</td>
<td>Men’s Exercise Class</td>
<td>MPR 1, 2, G</td>
<td>Men’s Exercise Group</td>
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<tr>
<td>7 a.m.</td>
<td>Open Workshop</td>
<td>Art Studio &amp; Back Rm., G</td>
<td>Art Association</td>
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**SUNDAY, SEPTEMBER 12**

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<thead>
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<th>TIME</th>
<th>EVENT</th>
<th>LOCATION</th>
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<tr>
<td>6 a.m.</td>
<td>Pool Open</td>
<td>Pool, D, H</td>
<td>Rec. Dept.</td>
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<tr>
<td>8 a.m.</td>
<td>Pilates Class</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>9 a.m.</td>
<td>Bible Study</td>
<td>Table Tennis, H</td>
<td>Table Tennis Club</td>
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<tr>
<td>9 a.m.</td>
<td>Open Workshop</td>
<td>Art Studio &amp; Back Rm., G</td>
<td>Art Association</td>
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<td>9 a.m.</td>
<td>Douglas</td>
<td>Redwood Rm, G</td>
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<tr>
<td>12:30 p.m.</td>
<td>Saturday Pool Open</td>
<td>MPR 2, G</td>
<td>Domino Club</td>
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<tr>
<td>12:30 p.m.</td>
<td>Duplicate Bridge</td>
<td>Oak Rm, A, G</td>
<td>Bridge</td>
</tr>
<tr>
<td>12:30 p.m.</td>
<td>Movies</td>
<td>Peacock Hall, G</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>12:30 p.m.</td>
<td>Movies</td>
<td>Pool, H</td>
<td>Rec. Dept.</td>
</tr>
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<td>12:30 p.m.</td>
<td>Movies</td>
<td>Pool, D, DV, H</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>2 p.m.</td>
<td>Movie</td>
<td>Peacock Hall, G</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>2 p.m.</td>
<td>Movie</td>
<td>Pool, H</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>2 p.m.</td>
<td>Beyond Eyes Club</td>
<td>Red Hat Lodge, H</td>
<td>Penguin Island Social Club</td>
</tr>
<tr>
<td>2 p.m.</td>
<td>Movie</td>
<td>Redwood Rm, G</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>2 p.m.</td>
<td>Ice Cream</td>
<td>Redwood Rm, G</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>2 p.m.</td>
<td>MEICOR</td>
<td>Diablo Rm., H</td>
<td>Middle East Information Club</td>
</tr>
<tr>
<td>7 p.m.</td>
<td>Movie</td>
<td>Pool, H</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>7 p.m.</td>
<td>Movie</td>
<td>Pool, H</td>
<td>Rec. Dept.</td>
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**FRIDAY, SEPTEMBER 10**

<table>
<thead>
<tr>
<th>TIME</th>
<th>EVENT</th>
<th>LOCATION</th>
<th>ORGANIZATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 a.m.</td>
<td>Group Cycle</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>6 a.m.</td>
<td>Pool Open</td>
<td>Pool, D, H</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>7 a.m.</td>
<td>ABS Back Rm.</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>7:15 a.m.</td>
<td>Luk Tung Kuen Exercise</td>
<td>Las Trampas Rm., H</td>
<td>Luk Tung Kuen</td>
</tr>
<tr>
<td>7:30 a.m.</td>
<td>Rhythmicolts</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>8:45 a.m.</td>
<td>Strength</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>8:45 a.m.</td>
<td>Adv. Players</td>
<td>Table Tennis, H</td>
<td>Table Tennis Club</td>
</tr>
<tr>
<td>9 a.m.</td>
<td>Bocce Team Play</td>
<td>Bocce Courts, H</td>
<td>Bocce Club</td>
</tr>
<tr>
<td>9 a.m.</td>
<td>Harmonica Practice</td>
<td>MPR 3, G</td>
<td>Harmonica Club</td>
</tr>
<tr>
<td>9 a.m.</td>
<td>Keeping Fit Exercise</td>
<td>Shasta Rm., DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>9 a.m.</td>
<td>Men’s Exercise Class</td>
<td>MPR 1, 2, G</td>
<td>Men’s Exercise Group</td>
</tr>
<tr>
<td>9 a.m.</td>
<td>Open Workshop</td>
<td>Art Studio &amp; Back Rm., G</td>
<td>Art Association</td>
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**MONDAY, SEPTEMBER 13**

<table>
<thead>
<tr>
<th>TIME</th>
<th>EVENT</th>
<th>LOCATION</th>
<th>ORGANIZATION</th>
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<tbody>
<tr>
<td>6 a.m.</td>
<td>Group Cycle</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>6 a.m.</td>
<td>Pool Open</td>
<td>Pool, D, H</td>
<td>Rec. Dept.</td>
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<tr>
<td>8 a.m.</td>
<td>Pilates Back Rm.</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>8 a.m.</td>
<td>Luk Tung Kuen Exercise</td>
<td>Diablo Rm., H</td>
<td>Luk Tung Kuen</td>
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<tr>
<td>8 a.m.</td>
<td>Explore Movement</td>
<td>Shasta Rm., DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>8 a.m.</td>
<td>Deep Water</td>
<td>Pool, H</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>8:45 a.m.</td>
<td>Strength</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>8:45 a.m.</td>
<td>Adv. Players</td>
<td>Table Tennis, H</td>
<td>Table Tennis Club</td>
</tr>
<tr>
<td>8 a.m.</td>
<td>Bocce Team Play</td>
<td>Bocce Courts, H</td>
<td>Bocce Club</td>
</tr>
<tr>
<td>Time</td>
<td>EVENT</td>
<td>LOCATION</td>
<td>ORGANIZATION</td>
</tr>
<tr>
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</tr>
<tr>
<td>5:30 a.m.</td>
<td>Breakfast</td>
<td>Pool, D</td>
<td>Rec. Dept.</td>
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<tr>
<td>6:30 a.m.</td>
<td>Strength Class</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>7:00 a.m.</td>
<td>Pilates Mat/Adv</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>7:30 a.m.</td>
<td>Tai Lung Kuen Exercise</td>
<td>Diablo, H</td>
<td>Rec. Dept.</td>
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<tr>
<td>8:00 a.m.</td>
<td>Low Impact Exercise</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>9:00 a.m.</td>
<td>Adv. Players</td>
<td>Table Tennis, H</td>
<td>Table Tennis Club</td>
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<tr>
<td>9:30 a.m.</td>
<td>Bocce Team Play</td>
<td>Bocce Club</td>
<td>Rec. Dept.</td>
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<tr>
<td>10:00 a.m.</td>
<td>Cribbage</td>
<td>Oak, A G</td>
<td>Domino Club</td>
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<tr>
<td>10:30 a.m.</td>
<td>Watercolor</td>
<td>Art Studio &amp; Back G</td>
<td>Art Association</td>
</tr>
<tr>
<td>11:00 a.m.</td>
<td>Open Workshop</td>
<td>Art Studio &amp; Back G</td>
<td>Art Association</td>
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<tr>
<td>11:30 a.m.</td>
<td>Tennis Open Play</td>
<td>Buckeye, R</td>
<td>Rec. Dept.</td>
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<tr>
<td>12:00 noon</td>
<td>Watercolor</td>
<td>Art Studio &amp; Back G</td>
<td>Art Association</td>
</tr>
<tr>
<td>12:30 p.m.</td>
<td>Tai Chi Chib</td>
<td>Diablo, H</td>
<td>Tai Chi Club</td>
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<tr>
<td>1:00 p.m.</td>
<td>Ballet Class</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>1:30 p.m.</td>
<td>CAS</td>
<td>Ceramic Arts Studio, G</td>
<td>Ceramic Arts Club</td>
</tr>
<tr>
<td>2:00 p.m.</td>
<td>Tai Chi Chib</td>
<td>Diablo, H</td>
<td>Tai Chi Club</td>
</tr>
<tr>
<td>2:30 p.m.</td>
<td>Beg. Gut/Balance</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>3:00 p.m.</td>
<td>Main</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>4:00 p.m.</td>
<td>Second Tuesday Lunch</td>
<td>Rec. Dept.</td>
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<tr>
<td>4:30 p.m.</td>
<td>Advanced Mah Jong</td>
<td>MPR 1, 2, G</td>
<td>Chinese-American Assoc.</td>
</tr>
<tr>
<td>5:00 p.m.</td>
<td>Library Open</td>
<td>Library, G</td>
<td>Library Association</td>
</tr>
<tr>
<td>5:30 p.m.</td>
<td>Duplicate Bridge</td>
<td>Oak, A G</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>6:00 p.m.</td>
<td>Beg. Players</td>
<td>Table Tennis, H</td>
<td>Table Tennis Club</td>
</tr>
<tr>
<td>6:15 p.m.</td>
<td>Bridge Club</td>
<td>Cardroom, G, D</td>
<td>Party Bridge</td>
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<tr>
<td>6:30 p.m.</td>
<td>Current Events</td>
<td>Pool, H</td>
<td>Rec. Dept.</td>
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<tr>
<td>6:45 p.m.</td>
<td>Pool Open</td>
<td>Pool, H</td>
<td>Rec. Dept.</td>
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<tr>
<td>7:00 p.m.</td>
<td>Pontoon Drawing</td>
<td>Oak, A G, Back G</td>
<td>Art Association</td>
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<tr>
<td>7:00 p.m.</td>
<td>RAA</td>
<td>Art Classroom &amp; G</td>
<td>Art Association</td>
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<tr>
<td>7:00 p.m.</td>
<td>Speaker</td>
<td>Peacock Hall, G</td>
<td>Medical Friends</td>
</tr>
<tr>
<td>7:00 p.m.</td>
<td>Discourse</td>
<td>Garden, A</td>
<td>Garden Club</td>
</tr>
<tr>
<td>7:15 a.m.</td>
<td>Inter. Tap</td>
<td>Shasta, H</td>
<td>Hot  Flushers</td>
</tr>
<tr>
<td>7:30 p.m.</td>
<td>Sleep/Step/Cardio Mix</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>7:30 a.m.</td>
<td>Community Club</td>
<td>Febrepo, G</td>
<td>Community Club</td>
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<tr>
<td>8:00 a.m.</td>
<td>Hootenanny Musical Grouping</td>
<td>Hootenanny Musical G</td>
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<tr>
<td>8:00 a.m.</td>
<td>Opera/Ballet Club</td>
<td>Peacock Hall, G</td>
<td>Opera/Ballet Club</td>
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<tr>
<td>9:00 a.m.</td>
<td>Social Dance</td>
<td>Shasta, H</td>
<td>Social Dance</td>
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<tr>
<td>9:30 a.m.</td>
<td>Aquacize</td>
<td>Pool, D</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>10:00 a.m.</td>
<td>Mowing to Music</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>10:30 a.m.</td>
<td>Lunch</td>
<td>Library, G</td>
<td>Rec. Dept.</td>
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<tr>
<td>11:00 a.m.</td>
<td>Fitzgerald</td>
<td>Oak, A G</td>
<td>Bridge</td>
</tr>
<tr>
<td>12:00 noon</td>
<td>Feedback</td>
<td>Vista, H</td>
<td>Caligraphers</td>
</tr>
</tbody>
</table>
Excursions from the Recreation Department

Excursions are on sale in the Ad-

System gives an introduction and provides

system. Check, Mastercard or Visa payments can be

on offer. Tickets of the Excursion Desk can be taken over the phone. Payment is immediately upon reservation. Excursion participants are assumed to be able to manage independently. New deposit rules apply: guests on the bus will not get the absolute right to cancel a trip if escort can accept responsibility for resi-

The summer is a fine time of year to visit the Sausalito. It starts with a very short day and a cool ocean breeze as the ambiance of Sausalito. Known for its natural beauty and breath-taking views, Sausalito is one of Excursions’ most popular trips. Galleries, shops, and quality restaurants will enhance the visit even more so. Wander around town and explore the Bay Area. Here is your opportuni-

ty to visit the Bay Model (optional) Direct from San Francisco to Sacramento for a self-guided tour. This unique working hydraulic model of the San Francisco Bay Area provides an opportunity to see the bay, the living, the intensive, the Paso Doble – audiences will experience all of the above. A fine view of the ocean, and swing. Burn the bus will be ballroom rein-

A cruise along the Napa River aboard the Delphinus charter boat is like a voyage into the past. Vallejo and Petaluma were the largest cities of the West during the 19th century. During the 1990s, the Vale-

butter, apple strudel, apple cake, apple pie, apple orchards with a guide that will give a running commentary on the history and development of Apple Hill. After the tour, enjoy a hosted barbecue chicken lunch in clading special homemade apple dessert. Don’t forget to visit the gift shop and craft fair. The bus will leave Gateway at 8 a.m. and return at 5 p.m. The cost is $57.

NAPA RIVER AND MARE ISLAND

NAPA RIVER AND MARE ISLAND

Monday, Oct. 19

Moderate walking

Visit “America’s Last Home Town.” Pac-

is ripe and the weather is still warm. The

The bus will depart Gateway at 12:15 p.m. and return around 6. The cost is $58.

SUSALITOS

Wednesday, Sept. 29

Moderate walking

The bus will leave Gateway at 9 a.m. and return at 3 p.m. The cost is $40 for the SFOMA members and $47 for non-members.

CARMEL-BY-THE-SEA

Saturday, Sept. 21 and Thursday, Sept. 27

Excursions

Excursions tickets are on sale in the Ad-

Center of the Excursion Desk. It asks if the guests can cancel their personal reservations, the bus will leave Gateway at 7:45 a.m. and return at 5 p.m. The cost is $57.

modest price of $62.

For the third time in a row, the Napa River aboard the Delphinus charter boat is like a voyage into the past. Vallejo and Petaluma were the largest cities of the West during the 19th century. During the 90s, the Vale-

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Excursions

**Continued from page 30**

**DAY AT THE RACES**

**Friday, Oct. 8**

Minimal walking to moderate walking

Rossmoor’s Excursion Desk is off to the races! Golden Gate Fields in Berkeley provides one of the best entertainment deals around. The Turf Club is a great place to enjoy the races as horses and jockeys compete to win in a beautiful park-like setting. The track is located only minutes from Rossmoor and you can hop on from the Turf Club. Enjoy a buffet meal in the Turf Club and get the ultimate view of the track. This trip is perfect for someone who wants to view the racing action up close. A select few will also be chosen to take a picture in the winners’ circle and have a horse to call their very own.

The bus will leave Gateway at 10:45 a.m. and return at 6 p.m. The cost is $57.

**MAKING THE MOST OF THE WEEK**

**New Excursion**

**NEW LISTING**

**“MADAMA BUTTERFLY”**

**Sunday, Nov. 14**

Minimal walking

The great tragic love story “Madama Butterfly” will be presented at the world-famous Metropolitan Opera in New York City. Rossmoor has a monitor that transforms you into a virtual opera fan. This internationally popular Scottish tenor, Jonny Mathis, one of the beloved vocalists known for his tour of duty in Nagasaki. Daniella Dessì, a singer praised by “Opera News” for her lyric coloratura, will be part of the cast. The opera is sung in Italian with English supertitles.

The trip includes a two-night stay at the all-inclusive eco-resort, the Villa Lapas, a $2,499 ($850 single supplement). Price includes all airport transfers, all meals, all taxes and baggage handling. A deposit of $300 is due with application. Stop by the Excursion Desk for a complete itinerary.

**BRANSON HOLIDAY**

**Nov. 10 through 15**

Celebrate Christmas with this six-day tour to America’s entertainment capital. Christmas spirit rings throughout the Ozarks and the stages of Branson with song and story. The trip includes performances by the Yoko Smirnoff; Andy Williams with his Christmas show; twelve Irish Tenors, haunting, beautiful songs; and a stop to see the internationally popular Scottish tenor, Jonny Mathis, one of the beloved vocalists known for his tour of duty in Nagasaki. Daniella Dessì, a singer praised by “Opera News” for her lyric coloratura, will be part of the cast. The opera is sung in Italian with English supertitles.

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**SPECIAL EVENTS & MOVIES**

**FROM THE RECREATION DEPARTMENT**

**SATURDAY MOVIE**

**Saturday, Sept. 11**

The 1962 drama “Birdman of Alcatraz” starring Burl Lancaster will be shown in the Fireside Room at Gateway at 7 p.m. Tickets are available at the Excursion Desk. This film is 149 minutes long and is not rated. This free program is open to all residents and their guests.

**SUNDAY FUNNIES**

**Sunday, Sept. 12**

The 2004 comedy “Laws of Attraction” starring Pierce Brosnan and Julianne Moore will be shown in the Fireside Room at Gateway at 4 p.m. The showing is at 4 p.m., will feature language captions. This free program is open to all residents and their guests.

**CALEDON IN CONCERT**

**Tuesday, Sept. 21**

The internationally popular Scottish tenor known as Caledon will perform their California debut concert at 7 p.m. in the Sierra Room at Del Mar. Advance tickets are available for $15 at the Excursion Desk or Gateway for $20 at the door. Wine, juice and light snacks are included and run open to all residents and their guests.

**MADE FROM HAY TO MET WITH HAO JIANG TIAN**

**Sunday, Sept. 26**

Metropolitan Opera star Hao Jiang Tian will perform solo violin recital at 7 p.m. in the Sierra Room at Del Mar at 2 p.m. Advance tickets are available at the Excursion Desk for $10 or may be purchased at the door for $15. This event is open to all residents and their guests.
Excursions

Continued from page 31

with a stop in Barbara, Bakersfield and the Hilmar Cheese Factory. The cost per person, double occupancy is $2,185 ($2,775 single). A $300 deposit is due with app.

plication. Price includes 10 nights deluxe lodgings, all meals, transportation, tour itinerary, luggage handling, motorcoach transportation, taxes and gratuities.

NEW LISTING

NEW YEAR’S IN SAN DIEGO

Dec. 29 through Jan. 3

Ring in the New Year in San Diego. Ex-

ploration of the zoo and a visit to the host

ed dinner at The Edge Water Grill. The cost

per person, double occupancy is $1,175 ($1,475 single). A $200 deposit due with application. Price includes deluxe lodging for five nights, 10 hotel meals, touring itinerary, all entrance fees, delux

euro motorcoach transportation, luggage handling and gratuities. Stop by the Excursion Desk for an itinerary.

QUEEN VICTORIA CRUISE

Feb 15 through 17

Join your fellow Rossmorians on a short
cruise from Los Angeles to Ensenada, Mex-

ico. Visit the beautiful beaches in Ensenada, the luscious Puerto Vallarta, and the glamorous Queen Victoria. Five days of sun and fun, good food, dancing, lectures, movies and more. This cruise ship is a good short cruise but a glorious ocean liner which normally does very long cruises around the world. This will be a good short cruise that will make you eligible for alumni discounts on future longer cruises. Even this early date a quarter of the alloted staterooms are filled so don’t hesi-
tate much longer. Reserved rooms ranged from inside cabins outside, balcony, suites and in all price categories. Call friends and relatives and get a group together for even more fun.

SONOMA WINE COUNTRY

Thursday, Oct. 7

St. Anne’s Society is sponsoring a trip to the wine country. The trip includes a visit to Viansa, a private vineyard marketplace, where there are breathtaking views. There will be a tour, tasting and hosted lunch at the winery. Visit Cornerstone Festival of Gardens and enjoy free time in Sa-

noma Town Square. The bus departs Gateway at 9:10 a.m. and returns around 4:15 p.m. The price of $99 per person includes deluxe motorcoach transportation, hotel, lunch, tax and gratuities, private wine tour and driver tip. Make checks payable to St. Anne’s Society and mail to Fran Long, 1621 Ptarmigan Drive 1C. Reserve early. For information, call Long at 939-5151.

POST-IMPRESSIONISTS MASTERPIECES FROM THE MUSEE D’ORSAY

Thursday, Nov. 4

Community Club members and guests are invited to view the deVos’Young Museum’s exhibition from the permanent collection at the French National Museum of Art “Ooray—120 paintings from the most recognized Post-Impressionists masters. Van Gogh, Gauguin, Dzanne and others. The exhibition includes post-Impressionist Masterpieces tracks later developments among the Im-

pressionists styles. Experimental approach-

ing art. The show includes works by Monet, Seurat, Cézanne, and more of the characteristics of the early modern masters including Cézanne, Gauguin, Toulouse-Lautrec, Van Gogh, and the Nabi painters Bonnard and Vuillard. The exhibition will also provide a unique view to the museum’s gallery of Neo-Impressionist paintings, including work by Seurat and Signac. There will be a trip to the de Vos’Young Museum to see the exhibition. The bus leaves Gateway for San Francisco at 7 a.m. and will return around 2 p.m. Cost is $75 per person (the bus fare is not available). Contact Rossmoor Excursion Desk at 988-7731 for reservations.

RENO ON THE SNOW TRAIN

Feb. 8 through 10

Experience the beautiful Sierra Nevada mountains on this St. Anne’s Society trip. There is no driving and no hassle. Take a bus from Gateway. Fly into Reno and contact the Kiwanis Club of San Ramon presents a Texas Hold ‘Em fundraiser with professional dealers Sept. 24 at the Alamo Women’s Club, 141 Danville Blvd., Alamo. The doors open at 6 p.m. and the tournament starts at 7. The buy-in is $50. Prizes will be awarded to first through seventh places. First prize is a $500 Viva gift card and $50 gift cards to local charities. Contact Paul Byer at 838-5580 or abbey918@pacbell.net.

PHILHARMONIA BAROQUE Orchestra presents a free public concert, 14th Season Opening. Presbyterian Church, 2100 Tice Valley Blvd., Walnut Creek. For information, go to www.ccops.org.

DIABLO THEATRE COMPANY presents the musical “Annie” from Sept. 10 throughOct. 2 at the Lesher Center for the Arts in Walnut Creek. This show is the timeless tale of a little orphan girl. The show is sponsored by the St. Mary’s Society. Call 935-6766 or go to abbey918@pacbell.net.

TOWN HALL THEATRE presents “Dr. Jekyll and Mr. Hyde” at 8 p.m. Sept. 15 at the Town Hall Theatre, 20 Front St., Danville, by calling 314-3400 or going to www.townhalltheatre.com.

WILLOWS THEATRE presents “Six Women With Brain Death” or “Expiring Minds Want to Know” through Saturday, Sept. 19 at the Willows in Concord. The show offers a variety of musical comedy scenarios with six performers. Call 798-1300 or go to www.willowstheatre.org.

ARTS & LEISURE

BEDFORD GALLERY presents “Unbound: A National Exhibition of Book Art,” which celebrates the book as an art form, through Sept. 19. Artists from the past and present will explore the book as a medium extending the re-

Arrive in Rossmoor at 6:30 p.m. Mail check to “ORT” in advance to Ber-

rey Esserman, 538 Spotted Owl court, or call 947-0984. Capacity is 55. Deadline is Friday before all Monday trips. ORT trips are open to the general public. Contact the Recreation Department.

A bus to Cache Creek leaves Gateway at 10:30 a.m. and guests will spend five hours at the casino and leave by 5 p.m. The cost is $55 per person, includes round trip transportation, machine or table chips with $5 food coupons good in all restaurants. Arrive in Rossmoor at 6:30 p.m. Mail check to “ORT” in advance to Ber-

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T he trips listed below are sponsored by Rossm-

or moor clubs and organizations and not by the Rossmoor Recreation Department. The trips are open to all Rossmoor residents, not just members of the club or organization. Call the person listed with each trip. Do not contact the Recreation Department.

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The following programs are all scheduled to be broadcast this week.

**POST IT!** A community bulletin board that allows residents to view activities within Rossmoor, including trips, movies and club events.

**CLASSIC Arts Showcase** includes video samplings of animation, architectural art, ballet, chamber and choral music, dance, folk art, museum art, musical theater, opera, orchestral, recital, solo instrumental, solo vocal and theatrical performances, as well as classic film and archival documentaries.

**FITNESS Fun.** Exercises. 30 minutes. This exercise is scheduled every day at 9 a.m. The program changes daily to vary the exercises.

**CALICANTO Singers.** Historic Music of California. One hour, 10 minutes. This program celebrated the 160th anniversary of the discovery of gold in California. The group dressed in period costumes, specializes in authentic music from early days.

**Women at Ground Zero.** Book discussion. One hour, 15 minutes. Dr. Craig R. Wuest, assistant associate director of the National Ignition Facility (NIF), speaks about the facility created for scientific testing. This is the world’s largest, highest energy laser with the goal of achieving nuclear fusion and energy gain for the first time, in essence, creating a miniature star on Earth.

**SUNNY and Pops.** Piano, vocal music. 55 minutes. This is a father and daughter duo. Bob “Pops” Jay is a veteran of the Bay Area music scene, playing piano and singing at local Bay Area hotspots. Bob’s daughter, 13-year-old Sunny, has been performing in public since she was 4. She plays the bass guitar, piano and also sings.

**SLEEP APNEA in the Elderly.** Health program. One hour, 15 minutes. Dr. Michael Cohen invites everyone to start each day with a good night’s sleep. He is the medical director of the Sleep Center store in Walnut Creek and is board certified in both pulmonary medicine and internal medicine. Cohen is on the staff at John Muir Medical Center. Those who snore loudly when sleeping, have pauses or interruptions in breathing during sleep or finding themselves sleepy and tired after a full night’s sleep, will find this program most interesting.

**Community Meetings.**

- **Monday, September 13:**
  - **10 a.m.** at Del Valle Clubhouse.
  - **7:30 p.m.**

**Reference programs below by titles in capital letters above.

**POST IT! POST IT! POST IT! POST IT! POST IT! POST IT! POST IT!**

**TV GUIDE FOR CHANNEL 28**

**ROSMOOR COMMUNITY CHANNEL 28**

**Programs running from Sept. 9 through 15**

**The following programs are all scheduled to be broadcast this week.**

**POST IT!** is a community bulletin board that allows residents to view activities within Rossmoor, including trips, movies and club events. This program runs between other programs when possible.

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**Screened boxes indicate that programming continues into next half-hour time slot. Reference programs below by titles in capital letters above.**

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**Anti-war activist to speak to Grandparents for Peace**

Grandparents for Peace and Justice (GFPJ) will meet on Monday, Sept. 13, will feature Michael Eisenscher, a prominent anti-war activist from the labor movement and is the National Coordinator of U.S. Labor Against the War (USLAW). He will discuss the effects of the invasion of Iraq on jobs and the economy in the United States.

The meeting begins at 10 a.m. at Del Valle Clubhouse.

USLAW is a national network of almost 200 labor organizations, including labor councils, large or small; labor councils such as the Los Angeles Federation of Labor; labor federations like the California AFL-CIO; labor antiwar committees; and many other kinds of labor organizations.

Eisenscher is a veteran of more than 40 years in the labor movement as an organizer, negotiator and labor educator. He helped founded USLAW in 2003 and has served as its principal staff person since 2004. In March 2009 he led a United States delegation of labor leaders and Iraq war veterans to Erbil, Iraq to attend the first international labor conference held there. He is also a part-time instructor in the labor studies program at Laney College in Oakland, where he resides, and is a member of the Peralta Federation of Teachers and a delegate to the Alameda Labor Council.

GFPJ was founded in 2003 to oppose the invasion of Iraq. Club members hold vigils against the war every Friday at the Rossmoor entrance. They also hold monthly meetings of timely interest.

The club successfully hosted an International Peace Film Festival and will be showing several films that were not available at the time such as the film “The Human Story,” released last month, and “South of the Border,” the Oliver Stone film about developments in Latin America, which features interviews with heads of state including Cesar Chavez of Venezuela.

All residents are invited to attend the vigil and monthly meetings. Light refreshments are served before the program. Dates are 55 year.

For information, call Chairwoman Bobbie Rabinowitz, 939-7384.

**Handicapped parking**

Parking spaces outlined in blue are for handicapped drivers only. Save these spaces for people who need them. Parking golf carts in the blue crosshatched area is also prohibited.
Caledonian Society members socializing at a recent party are, from left, Joan Young, Peggy York, Sandy Neer and Carolyn Sheridan

Caledonian Society meets

The Caledonian Society will meet on Monday, Sept. 20, at 1:30 p.m. at Dollar Clubhouse.

The meeting will feature a film about the 2009 Edinburgh Tattoo that includes the massed bands of the Royal Air Force, the Top Secret Drum Corps from Basel, the Central Band of the Swiss Army, the Tongang Royal Corps of Musicians, the Calgary Burns Club Singers from Canada and more than 100 highland dancers.

The term, “tattoo,” was used by the British to describe the last call of the day at taverns and was also a ceremonial form of evening entertainment performed by military musicians.

Club business will include the election of officers. Members may volunteer to serve and nominations from the floor will also be accepted. The club is actively seeking someone to serve as president. Membership is open to all Rossmoor residents, and September is membership month. Dues are $10 for one person and $15 for a family.

Current members should receive a renewal form soon. The completed form and a membership check may be left in the Caledonian Society mailbox at Gateway. Membership forms may also be taken from the mailbox.

The society highlights its year with the Robert Burns Dinner on Tuesday, Jan. 25, and has regular meetings every two months on alternating Tuesday and Thursday evenings.

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Friends of Rossmoor Fitness holds Membership Challenge contest

Friends of Rossmoor Fitness (FORF) is having a membership challenge contest during the month of September. The member who refers the most new members for the month will win lunch for two and a gift certificate. Take your friend, partner or spouse to lunch at Petar’s in Lafayette. Then take your friend, partner or spouse to lunch on the following day and they will be the one who gets a free lunch.

The winner will also receive a wine gift from A.G. Ferrari.

The contest will run through Thursday, Sept. 30.

Membership forms are located in the Fitness Center, or members can download it from the website, www.rossmoorfitness.com. When sending in the membership form, new members should make sure to write the name of the member that encouraged them to join.

Looking for a birthday present for the person who has everything or need anything anymore? How about doing something nice to honor the memory of someone or how about a graduation, Bar or Bat Mitzvah, Christening or congratulatory present? Well, how about RMUG charges no dues, but volunteers often spend hours in someone’s home, helping with tasks from yard work to cleaning. RMUG club hopes that members who receive such help will see fit to make voluntary donations to RMUG (not payment to the volunteers) to help pay various expenses such as room and equipment rental for focus sessions, the annual Film Fest, etc.

As an example, RMUG pays a yearly insurance fee to GRAF for use of the Rossmoor facilities. There is also an equipment setup charge for each focus session. The club hopes that members who receive such help will see fit to make voluntary donations to RMUG (not payment to the volunteers) to help pay various expenses such as room and equipment rental for focus sessions, the annual Film Fest, etc.

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The Wine and Food Society will visit the Nicholson Ranch on Tuesday, Sept. 14, for a tour and lunch. The ranch is a beautiful, family-owned winery in the heart of the Carneros wine country nestled in the southern foothills of the Sonoma Valley.

The group will leave at 9:30 a.m. from Gateway Clubhouse and travel by private bus. The vineyards of Nicholson Ranch are planted in one of the world’s most prized grape-growing regions. The ranch enjoys a combination of soil, climate and location ideal for producing premium grapes for its handcrafted chardonnay, pinot noir, merlot and syrah. Ramona Nicholson will meet the group and lead it to the courtyard to enjoy a bountiful display of locally produced meats and cheeses. Prominently featured will be the Nicholson Ranch extra virgin olive oil produced by trees planted by Nicholson in 2005. The tables will be filled up quickly, so early response is suggested.

Other matters of interest
• For free home pickup of electronic waste, call 1-800-449-7587.
• The club’s house-call team is looking for volunteers. These are people who enjoy solving members’ personal computer problems in their spare time. Call the office at 280-3984, if interested.

By Monte Hall
Club correspondent

Today’s world is awash in computers, according to the La-ayette Library’s website says it has 42. It’s clear now that what used to be optional is now essential. So, the answer is simple. Come and learn.

Home computers now play an important part in a person’s life. They allow families to stay in touch; search the Internet for needed information; compose letters with skill because of the availability of spelling and grammar aids; and much more.

To use a computer effectively, basic computer knowledge is needed. In order to help mem- bers and others become profi- cient, the use of a per- sonal computer, the Computer Club is offering two classes this fall – Beginners 1 and Begin- ners 2.

Beginners 1 is offered from 10 a.m. to noon on Tuesdays and Thursdays, Sept. 14 to 30 and then again from Oct. 1 to Nov. 4.

In this class, the student learns basic keyboarding, turning the computer on and off; using the mouse; understanding how to use the keyboard; using the “start” button; saving and later finding documents; work- ing with programs; introduction to the Internet; e-mailing; basic word processing; and much more.

Beginners 2 is offered from 10 a.m. to noon on Tuesdays and Thurs- days, Oct. 5 to 31. To enjoy this class, the student should have taken Beginners 1, or the equiva- lent, as this course goes into more detail about some of the subjects taught in Beginners 1.

Here the student will learn many computer skills such as: managing the Internet; com- posing and sending e-mails; using the Internet Explorer; using the clipboard to copy and paste; move, copy and delete files; and basic file management.

Sign-up forms are avail- able at the Computer Center at Gateway and at the classrooms located on the Acalanes Adult Education Center, located near Rossmoor at 1963 Tice Valley Blvd. For a listing of all classes, go to www.carossmoorcom and click on “our services.”

All classes are held in the two classrooms at the lower level of the adult center.

For information, call 280-3984.

Tip of the week
To quickly move from one page to another, do the follow- ing – press “page up” to go to the previous page. Press “page down” to move to the next page.

Similarly, to go to the begin- ning or end of a document press “ctrl” and “home” or “ctrl” and “end.”

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Religious Services

LUTHERAN
Hope Lutheran Church invites everyone to gather for a spirited liturgical worship service in the Delta Room at 10:30 a.m., Sunday, Sept. 12. Pastor Jack Niemi will be leading worship and speaking on Luke 15:1-10. Wayne Anderson will be the organist, and Don Gurley serves as cantor.

The people of Hope Church gather in the Delta Room at Del Valle Clubhouse to be transformed by a warm and friendly time of liturgical worship and high-spirited fellowship. Rossmoor Dial-a-Bus delivers attendees to the Del Valle drop-off loop outside the Delta Room. Large-print bulletins and hearing and T-coil compliant accessibility for those with hearing at Hope. Arrive early for a time of fellowship and stay for conversation and after the service. For information or pastoral concerns, contact Pastor Niemi at 709-4673.

Episcopal
St. Luke's Episcopal Church invites all Rossmoor residents to a service of “caring and sharing through inspirational worship and fellowship” on Sunday, Sept. 19, at 10 a.m. in the Diablo Room at Hillside Clubhouse. On this 16th Sunday in Pentecost, the Rev. Anne Cox Bailey will preach a sermon based on Luke 15:1-10. The selection requires careful preparations for the service includes Sung Holy Eucharist; all are welcome to participate fully, and to stay for refreshments and fellowship with the wonderful coffee hour that follows. For information call 937-4820.

Methodist
Tice Valley United Methodist Church invites all Rossmoor residents and guests to participate in the weekly Sunday worship service at 11 a.m. in Peacock Hall. Sunday worship is wheelchair accessible with large-print bulletins and aids for hearing. Rev. Joanne Peterson’s sermon title for Sunday, Sept. 12, is “Masterful Question No. 7: the Little Lost Lamb,” based on Matthew 18:12. Sermon scriptures are invited to stay for fellowship and light refreshments in the Fireside Room. Everyone who comes is greeted with “open hearts, open minds and open doors.” For information, call the church office at 937-4535, 9:30 a.m. to 1 p.m., Monday through Friday, or visit the website at tumc.org.

Congregation B’nai Israel
High Holy Days services begin this week
Rosh Hashanah services in the Sierra Room at Del Valle Clubhouse on the following days: Erev Rosh Hashanah on Wednesday, Sept. 8, at 8 p.m.; Rosh Hashanah on Thursday, Sept. 9, at 9:30 p.m.; Kol Nidre on Friday, Sept. 17, at 8 p.m. and Yom Kippur on Saturday, Sept. 18, at 9:30 p.m., with an afternoon service at 1:30 p.m., followed by Yizkor. A break-the-fast will follow. Everyone is welcome to attend. Cantor Steven Richards will conduct the services, as he has for the past several years. In 1978, motivated by the desire to hold religious services in Rossmoor, residents began to meet in the Redwood Room. Together they formed what is now B’nai Israel. As the congregation grew, the services were held for a while at Home Savings and eventually found a permanent home, the Vista Room, still used each Friday where members and guests gather for services, followed by an oneg Shabbat.

Saturday, Sept. 19, at 5:30 p.m. at Hillside Clubhouse. Cantor Steven Richards will be the organist, with the Rev. Reaber continuing the sermon series on “When Life Hurts …” This week the invitation is to “Accept Love Graciously” when life hurts. The congregation will explore this theme through Mark 2:1-12. After worship there is a time to socialize in the Fellowship Hall. At 11:30 a.m., in the Library, the Comparative Religion Study continues with the video presentation “From Birth to Death – Religious Rituals.”

Grace Church will host the Interfaith Council of Contra Costa County on Saturday, Sept. 11, at 2 p.m. The council will present a special program, “Honoring One Another’s Scriptures.” The executive director, the Rev. Brian Stein-Webber, will lead this time of prayer with other religious leaders from the community. Various scriptures will also be on display. This service is in response to the plans for a public Quran burning in Gainesville Florida at the Dove World Outreach Center on this same day.

Jewish
B’nai Israel Congregation will hold Rosh Hashanah services on Wednesday, Sept. 8, at 8 p.m. and Thursday, Sept. 9, at 9:30 a.m. in the Sierra Room at Del Valle Clubhouse. The cantor will be Steven Rich- dards. Services will be held in the Vista Room, Hillside Clubhouse, on Friday, Sept. 10.

Unitarian Universalist
The Unitarian Universalist Society of Rossmoor invites all Rossmoor residents to receive a weekly e-mail transcript of a Sunday sermon by a leading Uni- tarian Universalist minister. These sermons, which have been previously delivered in Unitarian Universalist churches across the country, are provided by the Church of the Larger Fellowhip Unitarian Universalist, Boston, Mass., and are available by sending name and e-mail address to uurossmoor@gmail.com. The sermon for Sunday, Sept. 12, is by the Rev. Anthony Fries Perrino and is titled “Two Politically Diverse Unitarians: John Adams and Thomas Jeffer- son.” The Unitarian Universalist Society of Rossmoor invites new members to attend a meeting of the Membership Committee to learn about available programs. Tickets are $25 per person and are available by calling Paula Weil at 913-3343. Res- ervations must be received by Wednesday, Sept. 15. All are invited.

CONGREGATIONAL
The Rev. Dr. Daryl J. Clemens will be delivering the sermons through September at the Rossmoor Pilgrim Congregational Church. Clemens is a re- tired United Church of Christ pastor and has a wide experience in various ministries, including campus ministry, hospital chaplain, marriage and family counselor, and alcohol and drug counseling. He currently works with the Adult Rehabilitation Center in San Francisco. A cordial invitation is exten- ded to all to participate in the activities of the Pilgrim Congregational Church, where all are welcome. Coffee, tea and cookies will be served after the service.

Presbyterians to hold Harvest Moon supper
The Lafayette-Orinda Presby- terian Church parishes of Harvest Moon will hold their annual fall supper on Sunday, Sept. 19, at 5:30 p.m. at Hillside Clubhouse. The Harvest Moon Supper’s decorations will reflect fall colors. A surprise musical group will entertain following din- ner.

The menu for the evening includes poached salmon, pork roast, Waldorf salad, au grati- in potatoes, squash, rolls and peach pie a la mode as well as tea and coffee. Wine and punch will be served before dinner. Tickets are $25 per person and are available by calling Paula Weil at 913-3343. Res- ervations must be received by Wednesday, Sept. 15. All are invited.

To Advertise Your Religious Services, call DARLENE at 988-7809
Food For Thought

The meaning of the Jewish holidays, Rosh Hashanah and Yom Kippur

By Myrtle Nieder
B'nai Israel Congregation

The 10 days starting with Rosh Hashanah and ending with Yom Kippur are known as the High Holy Days or the days of repentance. This is a time of serious introspection, a time to consider the sins of the previous year and repent before Yom Kippur.

This year, 5771, in the Jewish calendar, Rosh Hashanah is celebrated on Thursday, Sept. 9, and Friday, Sept. 10. The holiday actually begins on the preceding evening (Wednesday, Aug. 25), as do all Jewish holidays and the Sabbath.

Yom Kippur, the Day of Atonement, is the holiest day of the Jewish year. It falls on the 10th day of the month of Tishrei in the Hebrew calendar, corresponding this year to the evening of Sept. 17, and the day of Sept. 18.

Rosh Hashanah

There are several names for the Rosh Hashanah holiday, including “The Day of Judgment,” “The Day of Remembrance” and “The Day of the Sounding of the Shofar.” It is customary for each of us to seek reconciliation with people we may have wronged during the course of the past year. Our sages tell us that Yom Kippur atones only for sins between man and God. To atone for sins against another person, however, we must seek reconciliation with that person.

Traditional Jews recite special penitential prayers in the synagogue on the Saturday before Rosh Hashanah, beginning late in the evening. We ask God to forgive our sins and to inscribe us in the “Book of Life” for the coming year.

On the afternoon of the first day of the Jewish New Year, there is a special ceremony called “Tashlich,” a Hebrew word that means the “casting out of sins.” Jews go to the banks of a river or the ocean and throw into the water all the items that symbolize the sins of the past year. The running water symbolically carries away the sins.

On Rosh Hashanah, most of the day is spent in the synagogue, where we use a special prayer book called “The Machzor” used for Rosh Hashanah and Yom Kippur. One of the most important observances is hearing the sounding of the “Shofar” or ram’s horn in the synagogue. A total of 100 notes are sounded each day with four different types of notes. They serve to tell us to remember the Jewish people to acknowledge their sins and make atonement for them.

Repentance, prayer and good deeds nullify a bad outcome.

Yom Kippur

The liturgy for Yom Kippur is much more extensive than for any other day of the year, with many additions to the regular liturgy. The most important is the confession of the sins of the community. The evening service that begins Yom Kippur is known as Kol Nidre, named for the prayer that begins the service.

“Kol Nidre” means “all vows” and in this prayer we ask God to annul all personal vows we may make. It refers only to vows between the person making them and God. For promises between people that we have not kept, we must ask for forgiveness from those we have wronged. This holiday is the culmination of the “10 days of repentance” in which we ask for God’s forgiveness.

Yom Kippur is a day of fasting, prayer and supplication. On the eve of Yom Kippur before sunset, the family gathers for a big meal, since we fast for 24 hours on the Day of Atonement.

On the reading of the Torah or Law, a memorial service is recited to honor the memory of the loved ones whom we have lost. A memorial prayer is also recited for the six million Jewish men, women, and children who were murdered by the Nazis during the Holocaust, including the one and a half million children who were slaughtered.

The day of Yom Kippur is marked by physical abstinence and concentration on the spiritual aspects of the religion, as we spend the entire day in the synagogue.

As we celebrate the High Holidays this year, we are greatly saddened by the continuation of violence in our communes, our country and in other parts of the world. May the New Year bring peace, greater tolerance and understanding among all people.

We wish everyone a happy New Year of good health and Shalom.

Linda Eller and Tom Mezes, participants in the Unitarian Universalist Society of Rossmoor, will speak and answer questions about the history and operations of Church of the Larger Fellowship (CLF), a little-known but important outreach program of Unitarian Universalist organizations. For information, call Ana Jahn, 945-7010.
The Barnenses host RTC mixed doubles event, plan golf tourney
By Mary Kay McClure
Club correspondent

The Rossmoor Tennis Club’s (RTC) at-home matches for September will be mixed doubles hosted by Loe and Fred Barnes on September, 11. Men’s doubles will be held Saturday, Sept. 25, and hosted by Ralf Parton.

All matches are played on Saturday mornings. Check the bulletin board at Buckeye for sign-up sheets and rules.

Fall cocktail party
RTC’s fall cocktail party will be held Saturday, Sept. 25, at 6 p.m. on the Dollar Clubhouse patio. Members have received their flyers by now and must get their responses and money, $20, to Christie Maxwell no later than Saturday, Sept. 18.

It’s always a lovely occasion and a special time to acknowledge new members who have joined during the current year. Members are encouraged to invite guests.

There will be an open bar, catered hors d’oeuvres and lots of lively music. The party will be hosted by Peter and Colleen Scully.

September’s mystery member knocked out a boxing opponent in 19 seconds of the first round of a bout, a record that still stands. Additional clues will be in subsequent columns leading up to the cocktail party, when the identity will be revealed with photos and clippings of the person’s achievements.

Check last week’s column for clue no. 1.

If any RTC member would like to submit a suggestion for a mystery person for October or to identify September’s individual, they may contact Mary Kay McClure at mary.mcculre90@gmail.com. She will announce persons who guessed correctly at the cocktail party.

Golf tourney for tennis players
Fred and Loc Barns are organizing a golf tournament for tennis players that play golf. It will be held Tuesday, Oct. 5, in the mid-afternoon, to be followed by a dinner at Dollar Clubhouse. Watch for an all-club e-mail and flyer up at the courts.

Interested golfers should sign up now for the Pumpkint Pairs tournament to be held Sunday, Oct. 3. There will be events for both 18- and nine-hole golfers.

The 18-hole event at Dollar Ranch Course will be the best ball of the twosome consisting of male/female and the nine-hole event at Creekside Course will be the best ball of the twosome consisting of male/female, male/male or female/female.

Shooter start at Creekside Course is at 8 a.m. and the one at Dollar Ranch Course is at 3:00 p.m. All Pumpkin Pairs players will see no off at the courts.

The Rossmoor Men’s Golf Club will have its Past Presidents Lunch and Golf Tournament Wednesday, Sept. 15. The event will begin at 11 a.m. with lunch on the Dollar patio. The shotgun start is at noon.

The format is better two balls of four. Prizes awarded to the winners.

Come to the Tice Gym for pickleball action

The Rossmoor Pickleball Club plays at the Tice Valley Community Gym in Walnut Creek from 10 a.m. to noon on Monday, Wednesday and Friday. The club can use as many courts as are needed to accommodate the growing number of players.

Pickleball is played on a badminton-sized court using a tennis ball, a rubber ball, and a metal net 3 feet high. A tennis player can also play tennis that plays a game of doubles.

Many players find that this is the best sport for them because it doesn’t require quite the athleticism of playing tennis. Pickleball is the perfect sport to get back in the game after being sidelined by an injury.

Fridays are newcomer’s drop-in days, but any Monday, Wednesday or Friday players are available to introduce people to the sport.

Players should note that the gym will be closed from Monday, Sept. 6, through Monday, Sept. 13, with play beginning again on Wednesday, Sept. 15.

The Tice Valley gym is located at 2055 Tice Valley Blvd. There is also an outside court available at Creekside.

The club has equipment available for new players. Contact Trish Dickson for information at 287-9585.

Sign up now for Home and Home with Rio Vista

The Rossmoor Men’s Golf Club will host Rio Vista Golf Club in a Home and Home Tournament on Wednesday, Sept. 22.

Interested golfers should sign up now through Saturday, Sept. 18, by noon. Envelopes will be available at the Pro Shop. All golfers must print legibly and include a check for $25 made out to RMGC. No cash. The $25 fee includes the shotgun fee, breakfast, lunch and prizes for winners.

The number of participants and players will be selected based on the date that the entry was received and the number of prior Home and Home tournaments that they have played in. A player roster will be posted on Sunday, Sept. 25, in the Dollar Clubhouse. Checks of players not selected will be destroyed.

Players who need to cancel after the close of the Sept. 17 deadline for their payment, an alternate can be found to take their place.

Membership in the Rossmoor Men’s Golf Club is required in order to play in Home and Home tournaments and Rossmoor players must provide a cart for their guest from Rio Vista.

Players should park their golf carts along the driveway entrance to Dollar Clubhouse by their hole number.

This is a Rossmoor “bump,” so play the ball down. Players with an index of 30 or more will play from the gold tees. Players should keep up the pace of play by marking the ball if they are so doing it does not affect the team score.

Also, participants should remember to wear their Men’s Club shirts. Substitutions are required. Range balls will be provided by Rossmoor Realty.

As an incentive to play in Home and Home tournaments, those who play in nine Home and Home tournaments prior to the October Turkey Shoot will have their Turkey Shoot entry fee refunded.

The tournament will begin at 8:30 a.m. with a shotgun start. Breakfast and check-in will be at Dollar Clubhouse, while lunch will be served at the Tice Gym. Players should make sure not to park on the sidewalk, in the Court of Flags or in a handicapped parking space. Instead, look for the coned-off parking row in the main parking lot at Gateway.

The Pro Shop will post all Rossmoor players’ scores. For information, call Mike Herr, 938-6215.

Francis Carion is lawn bowling champ

By Pauline de Assis
Club correspondent

The Lawn Bowling Club’s Four Score Plus champion is Francis Carion. He met Dick Kramer in the championship game.

Also of note, is that newly certified bowler Dorothy Slupe played all odds by joining the tournament and coming away a winner with a win or two.

The final game was played Aug. 26. The weather was not too hot with slight breezes so it was quite comfortable for the players.

Carion, who recently turned 80, scored two points in the first end and one more each in the second and third ends, but Kramer scored one point each in the next four ends to tie 4-4 in the seventh end.

Carion was up to the task and gained 2 points on the eighth and 3 points on the ninth end to pull ahead 9-4. Undaunted, Kramer then added 3 more points to his total in the next three ends for a closer score of 9-7.

However, Carion, so as not to be beat, gave himself a point each in the next three ends, two more on the 16th end and finally one last point on the 17th end, to out bowl Kramer 15-7 and be the winner of 2010’s Four Score Plus games.

The monthly Fun Social was enjoyed by all. Twenty-four players were 44 bowlers ready, willing and able to meet the challenge as every point counts towards each bowler’s final points total at the end of the year.

The top 20 will be happy to have played in most, if not all, of the monthly Fun Socials to bring them within range of the prize money. The next Fun Social will be Thursday, Sept. 23.

Men’s Golf Club lunch honors past presidents

All past presidents of the club and the current members of the board members are eligible to attend. There is no charge for the event.

Current board members pay their own green fees.

For reservations, contact Mike Devlin at 939-3341 or newsletterRMGC@Gmail.com. Don Terry at 943-5721 or daltonterry@gmail.com.

Pumpkin Pairs Tournament set for October

Oct. 3 event is open to all four golf groups

The Rossmoor Men’s Golf Club will have its Past Presidents Lunch and Golf Tournament Wednesday, Sept. 15. The event will begin at 11 a.m. with lunch on the Dollar patio. The shotgun start is at noon.

The format is better two balls of four. Prizes will be awarded to the winners. A closest to the pin contest will be held on Hole No. 16.

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Friends, this is a rerun of my first Fore column from Oct. 2008. I have been through the old columns and found I have visited this subject in bits and pieces several times.

To start writing about Rossmoor golf, I decided to review what I have learned about golf in general in my 48 years of golfing. I want to share a few thoughts from this review.

I find the core of the game is self improvement. The biggest joy of golf is the well-struck shot that soars up into the blue sky and then drops gently into the cup with that distinctive and satisfying rattle. Sharing these moments with comrades and witnessing their moments is special.

Good practice

Learning to accept the bad shots in their most grating and jarring forms as inevitable, and learning to leave them in the past is to grow as a player. Accepting the worst results may be more important than basking in the great shots if we hope to enjoy with our golfers and increase the number of great shots and good results. It is accepted that bad results and tough times will come.

I once read an article by a lifelong golfer looking back at his score, fail to make the playoff in the PGA Championship, and the comments I could see that he had not owned his golf life and the wonderful opportunity he had to live it. He had been too caught up trying to score better and in allowing his irritation against the blue sky and then drops onto the green between the trees, or the well-struck putt that breaks and then drops gently into the cup with that distinctive and satisfying rattle. Sharing these moments with comrades and witnessing their moments is special.

Lawn Bowling Club news

Continued from page 38

Members are encouraged to sign up for the 2011 Rosemont Club Open to be one of the 20 finalists.

The regular board meet- ing in September has been postponed to May 1, Sat. Sept. 20, due to the Pacific Inter- mountain Division’s Women’s Triples and the Men’s Pairs events to be held in Rossmoor on Monday and Tuesday, Sept. 13 and 14.

Anyone interested in learn- ing lawn bowling should con- tact instructors Jeanne Laurit- zen (937-3658) or Ed de Assis (943-2003). Classes will be on Wednesdays and Fridays, beginning Oct. 6.
Happy Hackers plan three fall events

The next Happy Hacker scramble is Saturday, Sept. 11, on the Creekside Golf Course. It is sponsored by Mercedes-Benz of Walnut Creek.

Members should note that the shotgun start is at 2:30 pm. Following golf, dinner will be at Dell’Oro Clubhouse.

Ed Ostrowski welcomes some assistance to set up bottle water at the check-in table and to assist with the set-up of the bar. To help, call him at 287-8854.

October will have two Hacker events, the Pumpkin Pairs on Sunday, Oct. 3, and the October scramble on Saturday, Oct. 9. This will be the last scramble of the year. Details and sign-up will be available soon.

The Happy Hackers is open to golfers of all playing abilities. Handicaps are not required to join or to play in events. Membership applications are available in the Pro Shop.

For information, call Muriel Wyro, membership chairwoman, at 256-4848.

Sunday golf tournament features two best-net-ball 18-hole competition

A two best-net-ball 18-hole team competition for men and women is planned for another Sunday golf tournament to be held on Sunday, Sept. 19. The fun will begin with a 12:30 pm shotgun start on the Dollar Course followed by a buffet dinner to be held at the Sierra Room at Del Valle.

All Rossmoor golfers are invited to attend. Guests are welcome. Those interested should sign up now as a four-person team; or singles, couples and threesomes can sign up and be assigned to a team by the Pro Shop staff.

Duplicate Bridge

Tuesday, Aug. 24
Section A

Section B
N/S 1. B. J. Smith/M. Duchs 2. A. Grobach/N. Scharff 3. B. V. Smith/B. Berco
E/W 1. B. Handleman/C. Handleman 2. L. Kwok/D. Kwok
3. E. Weiner/R. Weiner

Wednesday, Aug. 25
Section A

Section B

Thursday, Aug. 26
Section A
1. C. Warner/J. Darroch

Sign up for Niners’ Sept. 16 tournament by tomorrow

The last opportunity to sign up and add guests for the Sept. 16 Niners’ tournament is Thursday, Sept. 9. Guests need no handicap and pay greens fees at the resident rate of $11. The tournament cost is $24 for breakfast, lunch and special prizes. Details are posted, and sign-up envelopes are available in the club room of the Pro Shop.

The Niners tournament on Thursday, Sept. 9, will award the individual low-net scores in each flight.

The results from the Niners Summer Scramble, played on Sept. 2, will be in next week’s News.

BRIDGE BITES

A Matter of Timing

By Brian Gannell

NORTH
◆ A 9 6 4
▼ Q 10 9 6 3 2
◆ K 3
WEST
◆ 8 3
▼ 7 5 2
◆ Q K 10 7 4
◆ A 8 6
▼ J 10 9 6
◆ A 5 2
DECLARER
◆ Q K J 10
◆ A 4
▼ 9 5 4 3
◆ 8 7 4

Vulnerable: East-West
SO. WEST NO. EAST
1 Pass
2 Pass
3 Pass
4 All Pass

◆ is a precarious contract, and requires careful timing if Declarer is to succeed. West leads the A, which Declarer ruffs in Dummy. What are the dangers, and how will Declarer overcome them?

Some Heart tricks are required, but it won’t do to draw trumps then play Trumps on Hearts, in that case the defense will cash their Diamonds. Better to play at the resident rate of $11. The A must be cashed, and a Heart lost to West’s King. Back comes a Diamond, ruffed in Dummy, what next?

It’s still too soon to draw trumps? That would leave Dummy without a quick entry to the Hearts, and the defense would get in with their A and again have Diamond winners to cash. So, Declarer makes another fine play, he leads Dummy’s A. Now East has only losing options:

• He can take his A and return a Club (knocking out Dummy’s entry), in that case Declarer can scamper home on a cross-ruff, scoring one Heart, one Club, and all eight of those trumps.

• He canuck the A in which case it’s another cross-ruff.

That was delicately timed, drawing even a single round of trumps early in the play would be a mistake. Look what happens: Diamond opening lead is ruffed, Spade to Declarer’s King.

• He can take his A. If the defense ruffs in Dummy, his A will now be cashed.

• He can duck the A, in which case it’s another cross-ruff.

Each week, the Chess Club offers a chess problem or a clever opening.

The answer for the Sept. 1 problem was 1.b4+ en passant Kh5 2.Rb7 mate.

This week, there is another problem to tease the mind, white to move in two. The answer will be announced next week.

Players at all levels are welcome at the Chess Room on the first floor of Dollar Clubhouse on Fridays from 12:30 to 4 p.m. and Saturdays from 10 a.m. to 2 p.m. Come join us.

Call Bob Dickson at 934-1405 with the solution or any questions or comments.
Rabbi to discuss how to combat anti-Israelism, maintain civil discourse

Rabbi Douglas Kahn will speak on Sunday, Sept. 12, in the Diablo Room of Hillside Clubhouse at 4 p.m. His topic will be “American Jews and Israel: Can We Maintain Civil Discourse as the Advocacy Challenges Grow.” The program is sponsored by the Middle East Information Council of Rossmoor (MEICOR). Kahn will discuss the twin challenges of combating anti-Israelism and maintaining civil discourse and what strategies are needed to address them effectively. He will also talk about the problems within university campuses. Kahn is executive director of the San Francisco-based Jewish Community Relations Council (JCRC), the public affairs arm of the organized Jewish community, representing some 80 synagogues and Jewish organizations on issues of concern to the Jewish community. He has served as co-chairman of the Inter-group Clearinghouse, San Francisco’s major organization addressing issues of inter-group tensions and hate violence. He serves on the board of an international interfaith organization based in San Francisco, United Religions Initiative. He is also past president of the CRC Directors Association. Light refreshments will be served. All MEICOR presentations are open to Rossmoor residents and guests. There is never a charge for these presentations. For information, call Stan Newman at 939-5168.

Masonic Lunch Group meets

Masons provide context and perspective. Written in a jargon-free style yet extremely well-researched, it is suitable for economists and noneconomists alike.

Why do some countries get rich and other countries don’t?

Does one country’s gain mean another country’s loss?

Members of the International Affairs Book Club work together to explore these issues.

The club meets on fourth Fridays at 7 p.m. in the Garden Room. For information, contact Diane Kern preferably at drdkern@att.net or at 933-8766.

Youth Homes Auxiliary meets

Youth Homes Auxiliary will hold its meeting on Friday, Sept. 10, at 10 a.m. in Multipurpose Room 1 at Gateway.

YHA supplements county and state funding for children living in the five youth homes in Contra Costa County.

By participating in the Rossmoor Fall Bazaar, sponsoring special events and operating a Thrift Shop in Pleasant Hill, the Auxiliary is able to provide birthday cakes, Christmas gifts, shoes, clothing, and household items for a caring, home environment. This year, nine residents graduated from high school.

Residents are encouraged to join and enjoy the satisfaction of making a difference. Refreshments will be served.

For details call Shirley Fulcher, 930-9366.

Masonic Lunch Group meets

The Rossmoor Masonic Lunch Group will meet on Tuesday, Sept. 21, at the Rossmoor Diner located in the Rossmoor shopping center. The meeting is BYO wine for lunch and conversation. It is not a business meeting.

Hans Koehler speaks to Lions

At the Lions Club luncheon meeting on Thursday, Sept. 16, the speaker was Hans Koehler, a Rossmoor resident and husband of club member Marti Koehler.

Koehler will speak about coming to America. He was born in America but returned to Germany with his German-born mother and father when he was only a few weeks old. He spent much of his youth in Germany. He will speak about his experiences when returning to America.

Lions Club members and guests are welcome to the meeting in the Diablo Room at Hillside Clubhouse. The luncheon begins at 11:30 a.m. or just come for the presentation at 12:30 p.m.

For information, call Evelyn Ciceri at 945-1096.

Stanford’s travel study program to be discussed at upcoming Stanford Club dinner

Stanford Alumni travel study programs director Bret Thompson will speak on the advantages of Stanford University’s travel study program at the Stanford Club dinner on Thursday, Sept. 23, in the Diablo Room at Hillside Clubhouse. The social hour begins at 5:30 p.m. Guests are welcome.

Thompson received a bachelor’s degree in international relations from Stanford. For the Alumni Association, he has nine years in Stanford travel study, serving as deputy director for the last three years. Under his leadership, Stanford travel study remains committed to well-crafted itineraries and unparalleled experiences under the guidance of Stanford’s faculty and alumni.

The menu features choice of baby-back ribs or chicken picatta, noodles, Waldorf salad and a chocolate brownie with vanilla ice cream.

Reservations must be made by Saturday, Sept. 18. Send check, $25 for members and $27 for guests, payable to Stanford Club of Rossmoor to: President Donna Kaufman, 5593 Terra Granada No. 4A. For information, call 933-6073.

Political analyst Rothmann speaks to ORT

The community is invited to ORT’s first meeting of the year on Tuesday, Sept. 21, in the Sierra Room of DelValle Clubhouse. Refreshments will be served at 12:30 p.m., and the program begins at 1:15 p.m.

Radio talk show host John F. Rothmann from KGO NewsTalk AM 810 in San Francisco is the guest speaker. He will discuss the topic “Update on the Middle East and Elsewhere.”

Rothmann has been involved in a broad variety of political campaigns on the national, state, and local levels. He is a political and foreign policy consultant specializing in the United States, the Middle East and the former Soviet Union.

He has also published a broad variety of articles dealing with American political history, the Middle East and Soviet politics. In his book “Icon of Evil,” he writes about Hitler’s Mufti and radical Islam.

During the meeting, raffles will be sold to win gift certificates to local restaurants. Proceeds will benefit ORT schools. ORT’s 800 schools operating worldwide educate 270,000 students annually. The club’s mission is to provide the disadvantaged with vocational skills to become economically independent.

For information, call Program Chairwoman Selma Soss, 939-8730.

Call to find out if you may walk the golf course

Residents may walk Rossmoor’s golf courses on days when they are closed. They are closed on most Mondays and on other days when conditions are not appropriate for golfing. To find out if the course is closed, call the Pro Shop, 933-2607. The shop is open daily at 7 a.m. Tuesday through Sunday and on Mondays when tournaments are held.

Don’t walk on the course during golfing days even if nobody is golfing. Serious injuries can result from golf balls, as well as cart accidents.

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Advertisement for Rossmoor News
New club to emphasize massage and bodywork

A new club, the Rossmoor Massage and Bodywork Club, is being started to promote massage and bodywork. Bodywork is a general term for complementary and alternative therapies, including massage, which address the body’s structural and energetic imbalances and problems.

The club will provide education and sponsor monthly bodywork sessions such as the Massage and Bodywork Fair last summer where six therapists worked on residents, giving them an opportunity to get treated and compare different forms of bodywork and different practitioners.

The club is working on getting Rossmoor facilities for its meetings. The club will also accommodate people with fixed incomes because insurance does not pay for alternative health care. The therapists at the monthly sessions will work on a donation basis.

The club will provide a voluntary registry where license and insurance information on therapists can be tracked. People can refer their therapists to the club for registration or use the registry to find therapists. The club will not endorse any specific therapists; instead it recommends that once the club starts sponsoring events that members attend and find the person best suited to meet their needs.

The club is starting a website www.rossmoorbodwork.com with information. For information, call Carl Brown at 287-9993.

Reduce stress, add vitality to life with Kum Nye Tibetan relaxation at Del Valle

Some people may feel they are not getting enough enjoyment in life, even though they are engaged in many activities. Kum Nye Tibetan relaxation can help awaken joy and vitality that enhance experiences.

In the class offered on Saturdays in the Shasta Room at Del Valle, participants learn to empower themselves to create a positive, productive way of life through gentle movement, breathing and self-massage exercises and visualization practices.

One person new to class had searched for decades for techniques to reduce stress and increase relaxation, and finding Kum Nye soon brought her a feeling of being more comfortable in her own skin. Others have noticed how the class helps them get in touch with the feelings of the whole body and they enjoy the presence of peace that comes with sitting quietly after each exercise, a peace that they take with them into the rest of the day.

Kum Nye relaxation opens a path for spiritual development in the midst of daily life. Gradually stillness, presence and vitality come forth from this practice.

The next classes are Sept. 25, Oct. 9 and 23, Nov. 6 and 20, and Dec. 4 and 18. The fee is $10 per class. Call Endy Stark at 938-4681 for information.

Rhythmbotics meets three times a week

By Buff Silveria

Club correspondent

Some people, as they grow older, think of “exercise” as an activity indulged in by people who are simply trying to hang onto their youthful appearance and abilities. Surprise—it does all that and more.

Exercise has become the go-to activity for heart health, joint health and weight control, even involving some brain work. A three-days-a-week class can help. Join Rhythmbotics at the Fitness Center at Del Valle.

The sessions on Monday, Wednesday and Friday are from 7:30 to 8:30 a.m. Classes feature warm-up stretches and movement, work with hand weights, low-impact aerobic exercises and some gentle floor work. Upper body strength is addressed, abdominals are strengthened to improve lower back health and overall flexibility and muscle tone are improved.

And it’s all under the watchful eye of a trained instructor. And it’s all under the watchful eye of a trained instructor.

The fee is $10 per class. Call Sue at 925-787-7485 for information. Call Sue at 925-682-7771 for information.

Hearing Loss Support Group meets in the Vista Room

The meeting for the Hearing Loss Support Group will be held on Tuesday, Sept. 21, from 7 to 9 p.m. in the Vista Room at Hillside Clubhouse. The meeting will be conducted by Rossmoor resident Dr. Mimi Salamat, an audiologist with excellent credentials.

Group discussions will be included and refreshments will be served. For information or to join the group, call Olga Radoccia at 938-3998.

How’s Your Hearing?

Ask Dr. Mimi, a Rossmoor resident, with a Ph.D. in Clinical Audiology and former University Professor with 26 years experience.

Dr. Mimi’s Audiology Clinic

Are you unhappy with your hearing aids or having trouble hearing in noisy places?

Please give Dr. Mimi a call for a FREE HEARING EVALUATION & CONSULTATION

“As a person who grew up in a hard of hearing family, my Mission is to provide our community with unsurpassed Hearing Health Care & Fitness Management. I serve patients with the highest level of competency, compassion, understanding & fairness.”

Dr. Mimi makes house calls at no extra charge!

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925-682-7771 Home

Photo by Ojars Kratins

Photo by Gary Frost
Neuropathy Group meets Sept. 24

The Neuropathy Group will hold its meeting on Friday, Sept. 24, at 10 a.m. in the Las Trampas Room at Hillside Clubhouse. Anesthesiologist-turned-pain-management-specialist Dr. Leslie Delaney is the guest speaker. She will address symptoms of diabetes – post herpetic neuropathy. Participants are encouraged to bring any questions about their neuropathy pain and its thresholds. They also have an opportunity to bring friends or make new ones at the self-support groups. Books on neuropathy will be on sale at the meeting.

For information, call Carolyn Cash, 254-8195, or Kay Lanway, 519-0951.

Brain Booster Club hosts longevity program

The Brain Booster Club of Rossmoor will host a longevity program on Thursday, Sept. 30, from 9 a.m. to 1 p.m. in the Fireside Room at Gateway. This free program will offer snacks and lunch along with talks by three experts in the aging field. Reservations are required.

The program will take a look at the Blue Zone, tips for staying in control of life, and the benefits of regular brain fitness. It will be presented as a joint effort of ManorCare of Walnut Creek, Eldercare Services on Tice Valley Boulevard and Brain Gym specialist Pam Whitman, of Transition Point, who provides the Brain Gym program in Rossmoor.

John Gallick, administrator of ManorCare on Rossmoor Parkway, will explore the Blue Zone studies and look at their implications for life in Rossmoor. Scientists and demographers have classified these longevity “hot-spots” as having common healthy traits and life practices that result in higher-than-normal longevity.

The name Blue Zone was first employed in a scientific article by a team of demographers working on centenarians in Sardinia, Italy, in 2004. The program will look at the resources outlined in this study.

Linda Fodrini-Johnson, a licensed marriage and family therapist and certified geriatric care manager, is the founder of Eldercare Services. She is a recognized expert in care management and in the associated needs of the senior population.

She is president of the National Association of Professional Geriatric Care Managers. For over 25 years, she has conducted classes and support groups for family caregivers and has provided lectures and training for professional and community agencies on a variety of aging related subjects.

In her talk titled, “Planning For the ‘What If’s’ of a Longer Life,” she will provide the tools for communicating values to the right person, maintaining healthy aging, understanding the aging statistics and utilizing the right resources when the time comes.

Whitman is a Brain Gym life coach and Speaking Circles facilitator. She is a Northern California coordinator and serves on the Brain Gym International Foundation board and has received the outstanding achievement award. She received a master’s in holistic health education with a life coaching emphasis from John F. Kennedy University. She has been conducting Brain Gym and Bal-A-Vis-X classes at Rossmoor for the past year.

The mission of the Brain Booster Club is to provide resources for Rossmoor residents to learn and apply the principles of integration and stimulation of brain and body. Make a reservation to attend this program by calling ManorCare at 975-5000. The reservation deadline is Friday, Sept. 24, in order to plan for materials and lunch.
Beyond Eyes will meet Sunday, Sept. 12, at 2 p.m. at Del Valle. The speaker is Anne S. Allen, who will demonstrate the Intel Reader, which reads printed material aloud.

The attendees will have the opportunity for a hands-on experience. For three years Allen was involved with Intel in developing the Intel Reader. She was interviewed as to how she would use such a device. She worked on the prototype. Allen is not computer savvy and many changes were made to the Reader as they wanted vision impaired and older people to be able to use it even if they were not tech-oriented.

She was invited to a dinner in Berkeley by Accessible Technology where Intel was to receive an award for the Intel Reader. She was asked to demonstrate it. At the end of the evening she was told she could keep the Reader for all the time she contributed.

Allen will also demonstrate some gadgets that she has found useful, and those not so useful.

She is a volunteer contributor for Senior Centers Without Walls, where seminars and various programs are held over phone calls so that those housebound can participate.

Beyond Eyes is a club for the sight impaired and their family and friends. Sighted persons are always needed to help. No reservations are necessary. The dues are $5 a year. Refreshments are always served at no charge.

Hanna Somatic movement classes will be offered every Friday morning at Del Valle Clubhouse.

Classes in Hanna Somatic movement will be offered every Friday at 11 a.m. until Nov. 19, in the Shasta Room of Del Valle Clubhouse.

Based on the insights of Dr. Thomas Hanna, these classes will highlight a simple but powerful way to relieve stress. This gentle way to relieve stress, or accident recovery and is a helpful for those in trauma. Hanna Somatics is especially associated clarity of thinking, can become a new way of functioning in daily life.

Hanna Somatics is especially helpful for those in trauma or accident recovery and is a gentle way to relieve stress. The classes are taught by Yahdi Beckwitt, a certified Hanna Somatic educator and lifetime student of the human body. The movements and meditations of Hanna Somatics are appropriate for people of any age or movement ability.

The fee is $10 per class or $35 for a series of four classes.

Drop-ins are always welcome. Participants should wear loose, comfortable clothing and they will not have to get down on the floor.

For information, contact Beckwitt at 530-277-9135.

New session of Train Your Brain to start

A new 11-week session of Train Your Brain is offered Wednesdays, beginning Sept. 12, 22, from 2 to 3:30 p.m. in the upstairs Shasta Room at Del Valle. Just as the body needs exercise, so does the brain.

Join Tracy Scrimshaw to learn the tricks to keep the brain fit and you happy. Drop in on the first class to find out how to live well. Sign-ups will begin at the end of class.

There will be fun and innovative exercises, tips and insights that can build up the brain's cognitive reserve and keep from showing signs of Alzheimer's and other brain disorders.

Research shows that the brain is not static and doomed to memory failure and senility. It is malleable and can grow stronger at any age.

Call Scrimshaw at 788-7470 for information.

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The Intel Reader demonstrated at Beyond Eyes

The discussion activity of the Rossmoor Wellness Group will meet Monday, Sept. 13, at 4 p.m. in Multipurpose Room 2 at Gateway.

Featured this month will be a film by Deborah Koons Garcia, “The Future of Food,” concerning the revolution happening in the farm fields and the dinner tables of America. This is an investigation into the disturbing truth behind the unlabelled, patented, genetically engineered foods that have quietly filled grocery shelves for the past decade.

The discussion provides details on alternatives to large-scale industrial agriculture, placing organic and sustainable agriculture as real solutions to the farm crisis today. It will also be an opportunity to exchange information and share healthy eating experiences.

Many members have adopted suggestions from previous speakers that have solved chronic health problems.

Residents and guests are welcome.

Gluten-Free Discussion Group will hold a potluck

Speakers included at tomorrow’s event

The Gluten-Free Discussion Group will have a potluck on Thursday, Sept. 9, from 6 to 9 p.m. in the Vista Room at Hillside Clubhouse.

Representatives from PF Chang’s China Bistro and Outback Steak House will discuss the processes and safeguards used to ensure no cross-contamination of their gluten free meals and their awareness and understanding of the importance of a gluten-free diet.

The Speaker will be executive chef has offered to bring some gluten-free lettuce wraps.

Bring a gluten-free entree and either a gluten-free salad or gluten-free dessert. Also, bring plates, utensils, napkins and a beverage.

Those who are willing are asked to share their recipes. Bring a few printed copies, or at least a printed list of ingredients. Guests are always welcome. For reservations, send an e-mail to GlutenFreeWC@yahoo.com.

The group focuses on topics of interest to people that are gluten intolerant. Members have been diagnosed with Celiac Disease or are interested in healthier eating alternatives.

The group will meet Thursday, Nov. 11, from 9:30 to 11:30 a.m. in Multipurpose Room 1 at Gateway. There will be an annual gluten-free holiday recipe swap and discussion of gluten-free holiday entertaining.

For information, send an e-mail to GlutenFreeWC@yahoo.com or call 930-8875.

Medical Friends look at travel meds

Dr. John A. Knowles, pediatrician, family practitioner and recognized expert on travel medicine, will speak to the Medical Friends of Rossmoor at its next meeting on Tuesday, Sept. 14, at 1 p.m. in Peacock Hall.

Knowles graduated from the University of Arkansas School of Medicine and completed a pediatric residency at Children’s Hospital Los Angeles. He has practiced in Pleasant Hill and Alamo since 1959. In recent years his practice has focused on travel medicine, lecturing and advising patients and other physicians on precautions and preparation for medical issues when traveling.

He has held medical executive positions including board of directors, chief of staff and chief of pediatrics at John Muir Hospital; senior lecturer at University of Nairobi, Kenya; and trustee of Kothmandu Hospital, Nepal. He has also served on the medical staff of passenger cruise ships and other hospitals in foreign countries.

Medical Friends of Rossmoor is a club of 150 members. Membership is open to all Rossmoor residents. Annual dues are $5 per member.

Payment can be made to an officer at the meeting, by putting it in the club mailbox at Gateway or by mailing it to C.S. Weenig, club president, 6204 Horsemans Canyon Drive.
INCOME TAX CONSULTING and HELPING HANDS/PERSONAL

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- Home too-planning by IRS-licensed enrolled agent (EA) tax practitioner, Rossmoor resident, M.B.A., over 35 years tax experience, bonded and licensed. Call Tom Meszet at 925-228-2112 or 925-293-0130 (Lafayette office) or 925-939-2132 (Rossmoor).

- Classified ads can be emailed to newsdesk@rossmoor.com, or faxed to 925-935-8348. Staff will call back for payment information and ad information.

- The ad deadline is Friday at 10 a.m. for each Wednesday edition. Deadline changes due to holidays will be in the News.

- For information, call the News Monday through Friday from 8 a.m. to 4:30 p.m. at 988-7800.

- Buy and sell your house with a real estate professional. Same day appointments! Call 925-959-5559.

- Classified ads in the Rossmoor News are a minimum of $12.50 for 30 words or less and for non-residents, $17.50 for 30 words or less and for residents. Each additional word is 25¢. Phone numbers are one word. Discount rate available for long-term ads. Payment must be made at the time the ad is placed.

- Place classified ads at the News office located at Gateway Centre in the back parking lot, or mail to P.O. Box 2190, Walnut Creek, CA 94589. Classified ads can be e-mailed to newsdesk@rossmoor.com, or faxed to 925-935-8348. Staff will call back for payment information and ad information.

- If you care for your family member. Call 925-932-1917.


- Aerosol paint, convenient front basin, four wheels for stability, 350 pounds capacity, 5.75 MPH top speed, 25-mile range on a single charge. $1,495. Call Ed, 925-899-5043.

- RASCAL 326 PC MOTORIZED power wheelchair, 2 yrs. Old but in great condition. 415-994-0432. Thanks.

- Any location. ASAP. 415-994-0432. Thanks.

- LOMBARDI'S pizzeria. One of the best. Call 925-274-1308.

- Pets ...................................... 180

- Real Estate Wanted ........... 170

- Autos Wanted/Dealers ........ 65

- MISCELLANEOUS


- ARE YOU ORGANIZED? If not, I'll tell you how I can help you simplify routine bill paying, set up file systems, clutter control and get control of your paperwork. I am a 19 year Rossmoor resident and can provide references from my Rossmoor clients. Call 925-937-8665.

- THE HOLIDAYS ARE COMING! In your work or home office? Let's have a one-of-a-kind jewelry party. Beautiful costume jewelry. Call Karen Carnegie-Stochl, Rossmoor resident Donna for hosting opportunities. 925-841-4225.

- UNLIMITED AUTO SERVICES: Call "Ros" for advice on any of your vehicle needs! 20 years same Walnut Creek business experience. Buy/sell all vehicles/classic cars/ motorcycles, golf carts, R.V s, etc. We make house calls, Rossmoor resident. Call 510-414-4953.

- CARPET CLEANING

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- MORE BUSINESS SERVICES

- 10 PERSONALS

- 40 MISCELLANEOUS


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- THE HOLIDAYS ARE COMING! In your work or home office? Let's have a one-of-a-kind jewelry party. Beautiful costume jewelry. Call Karen Carnegie-Stochl, Rossmoor resident Donna for hosting opportunities. 925-841-4225.

- UNLIMITED AUTO SERVICES: Call "Ros" for advice on any of your vehicle needs! 20 years same Walnut Creek business experience. Buy/sell all vehicles/classic cars/ motorcycles, golf carts, R.V s, etc. We make house calls, Rossmoor resident. Call 510-414-4953.

- CARPET CLEANING

- CARPET CLEANING: Professional Independent Real Estate Brokers

- MORE BUSINESS SERVICES
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ERIC'S COMPUTERS: Need help? We set up new computers, Internet connections, e-mail, Troubleshoot, repair, replace internal/external devices, upgrades, and cloning. Digital photography specialist. We make house calls. www.ericcomputers.com 24 hours, 925-676-6644.


Computers


THE COMPUTER NURSE is for women by women tutoring for advanced adults in all things computer related, because we have mothers too. Call 925-899-5818. 325 First Street, Program Director, Karen. Rossmoor references. Licensed and bonded. J.V. Gere 925-287-8854.


For all your computer needs, call Eric's Computers, 925-893-9211.

Construction


COUNTERTOPS: Need kitchen or bath countertops? Walls for shower or tub? Free estimates, then decide. 67 color selections by Ker-nick. Rossmoor references. Licensed and bonded. 925-287-8854.


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Handyman

NEED A HANDYMAN? We deal with electrical repairs, lamp sockets, wiring or any repair needed. Low cost visitors or telephone assistance. Calm, cordless LEDS lights. Also, TV, computer setup, light switches. Free estimates. Call Romulo 925-705-2947. We make house calls. www.producesa.com.

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AVAILABLE - Galloway - 2 bedroom, 2 bath with sensational views, cathedral ceilings and beautifully staged. Eat in kitchen and inside laundry with updates throughout. Dining room can be converted to a den. 1 car garage. $419,000

Carmel - 2 bedroom, 2 bath stunning Tournep remodel with updated bathrooms. Open floor plan, Stainless steel appliances and tile. Sold, r/dryer & more! Bright unit with great views. It is a 10 throughout! $270,000

Villa Cordova - 2 bedroom, 2 bath upgraded kitchen, stainless steel appliances, crown molding throughout. Sold. Separate laundry. Absolutely no steps! $199,000

Golden Gate - 2 bedroom, 2 bath with spectacular views. Ideal corner unit with a tranquil setting. Enclosed, carpeted, walk-in closets. Sold. Absolutely no steps! $250,000

Cascade - 2 bedroom, 2 bath spacious single story level-in unit. Great open floor plan with large kitchen and breakfast room. Wet bar and sales throughout. $355,000

We work with many of the area buyers as well as local sellers that are downsizing and looking to buy in Rossmoor! Please call us for a complimentary meeting and we will give you an estimate of value if you thinking of selling.

CURRENT EXCLUSIVE LISTINGS

DEL MONTE – 1 bed, 1 bath co-op. BRIGHT & BEAUTIFUL! New paint & flooring, Nice outlook. Close to parking & bus stop. $48,000 Equity

SEQUOIA – 2 bed, 1 bath co-op. GREAT PRICE! Lovely carpet, stone tile bath w/ walk-in shower. Carport near. $180,000 Equity

SONOMA – 2 bed, 1 bath co-op. LIGHT, BRIGHT UNIT!! Picture frame view of Mt. Diablo. Updated appliances & carpet, walk-in shower. Quiet location. Good value too! $101,000 Equity

SONOMA WRAP – 2 bed, 1 bath co-op. SPACIOUS & REMODELED W/ RARE GAS COOKTOP. Tuscany colors, cherry kit, rich hved flrs, crown mldg, Bosch W/D. $179,900 Equity

ABERDEEN – 2 bed, 2 bath condos. UNOBSTRUCTED VIEW OF ABERDEEN crwn mldg, Bosch W/D. $315,000

CASCADE – 2 bed, 2 bath plus den. DREAM GOLF COURSE LOCATION! Remodeled kit w/granite, maple cabs, wd flrs, Corian cntrs, Custom designer pnt, crown molding. A MUST SEE! NEW PRICE!! $349,000

INVERNESS – 2 bed, 2 bath plus den. CHARMING SECLUDED LOCATION! Dual pane windows, updated kit & baths, 2 fl jl, level & carpt steps away. $248,000 Equity

SANTA CLARA – 3 bed, 2 baths. VERY NICE, UPDATED CONDO IN BEAUTIFUL SETTING. Hardwood flrs in LR, DR, Kit & Hall. Laminate in 3 brms, 3 skylights, updated kit & mstr bath. $368,500

SAN FRANCISCAN – 2 bed, 1 bath, RARE ONE OF A KIND HOME. Unobstructed views of Mt. Diablo & Rossmoor valley. Updated throughout w/incomparable craftsmanship. Unique bookcase framed fireplace in LR, spacious den w/phoenix skylights. Italian tile pasta off Master. $150,000 Equity

TAHOE – 2 bed, 2 bath plus den. SPACIOUS CONDO ON ‘GOLDEN POND’ w/translucent waterfall, has elegantly been remodeled w/rolling stone entry & kit flrs, crown molding, sl granite counter tops in kit & bath, spacios den & glassed-in transom sunroom capturing NEW view of waterfall. $565,000

OUR CURRENT MLS LISTINGS: CONDOMINIUMS

3 BEDS, 2.5 BATHS

PIEDMONT TH – UNSURPASSED PANORAMIC VIEW! Fresh paint, new carpet, new flr in On Area, half, bath. Kit & Kit in Mstr flrs. Each unit - partially fenced. Extra storage. ... $489,000


CASCADE – BEAUTIFUL UPPER END UNIT - COMPLETE REMODEL. Granite counters, s/s appl, smooth ceilings, crown molding, recessed lighting, new carpet, neutral designer paint & more. NEW PRICE!! $180,000

CASCADE II – PRIVACY & VIEW! Upper end unit in secluded location. Custom counters in kitchen and baths. $410,000

FLINTSTONE – OVERLOOKING GOLF COURSE & HILLS. Large eat-in kitchen w/SS appl. Den with built-ins. NEW PRICE! $435,000

GALLOWAY – VISUAL ALL AROUND! Corner location. See valley to north & golden hills. New paint, flooring & attractive plantation shutter. Frpl w/lighter. Lots of street parking. Great location, lower $419,000

INVERNESS – BEAUTIFUL UNIT ON THE FAIRWAYS. New paint, 2-way fireplace w/gas log. Great views, light & bright. ... $349,000

KLAMATH – CLEAN AS A WHISTLE with new carpet & loft. Gas heat. Beautiful view from open deck. NEW PRICE! $315,000

MARIPOSA – SHORT SALE. Remodeled home w/ vaulted ceiling, crown mldg, bedrm retreat. All white kit w/shaker & newer appl. Electric fireplace in LR. Both baths updated w/new counters, new cabs. View from deck. 2 carpgts. $325,000

MONTROSE – DESIGNER PAINT COLOR & CARPET MAKE THIS HOME! Phantom entry screen, raised toilets, shutters/shuttersw in all dual pane windows, newer refrig, kit faucet, extra shelves & cubbies in indy rm. Beautifully staged. Golf course setting. $475,000

MONTROSE – FANTASTIC VIEWS FROM LARGE DECK OF REMODELED HOME. Custom birch cabs & ss refrig, kit faucet, new cabs & counters, custom designer pnt, crown molding. A/C & gas heat. Self-clean oven, W/D, huge deck & garage. ... $439,000

SARATOGA – IT’S A BARGAIN!! THIS HOME SPARKLES! Lots of natural light. Some nice upgrading. W/D. Enclosed veranda. End section left open for outdoor living. NEW PRICE! SUPERB VALUE!! $119,500

SANTA CLARA – LIGHT & BRIGHT THROUGHOUT. New paint, carpet & flooring through out. Skylight in kit & bath. Attached carport. Only 1 step to front door. Beautiful patio in park like setting. NEW PRICE!! $390,000

3 BEDS, 2 BATHS

DEL MONTE – 1 bed, 1 bath co-op. BRIGHT & BEAUTIFUL! New paint & flooring, Nice outlook. Close to parking & bus stop. $48,000 Equity

ROSSLYNN – BEAUTIFUL UNIT ON THE FAIRWAYS. New paint, 2-way fireplace w/gas log. Great views, light & bright. ... $349,000

THROUGHOUT. New paint, carpet & flooring thruout. Backyard outdoor living. NEW PRICE!! SUPERB VALUE!! $119,500

YOSEMITE – 2 bed, 2 bath co-op. SHARP! UPDATED! GREAT LOCATION! Dual pane windows, updated kit & baths, 2 fl j, level & carpt steps away. $248,000 Equity

COURSE LOCATION!! Remodeled kit w/granite, maple cabs, wd flrs, Corian cntrs, Custom designer pnt, crown molding. A MUST SEE! NEW PRICE!! $349,000

Lunch Anyone? Join us for a fun yet informative “Open House Luncheon” on Wednesday September 15th, 2010 Meet at The Waterford South Lobby at 11:45 am • Enjoy a delicious 3-course hot entree luncheon • Featured speaker Waterford’s general manager Keri Clark • A question and answer session • An opportunity to tour Waterford and see available homes To make a reservation* or for more information call 925-932-1162 Space is limited so call today! *RSVP NO LATER THAN 12 NOON, MONDAY SEPT 13

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our current MLS listings: Condominiums

2 BEDS, 2 BATH

SANTA CRUZ — LOVELY PROPERTY FOR A GREAT PRICE! 2 beds, den, 2 baths. Quiet entry, titled patio & entrance. Skylight. Condo newly painted. NEW PRICE!! .................................................. $275,000


SUMMIT — ELEGANT FLOOR PLAN. Conveniently next to elevator. Panoramic views from both decks & LR. Very spacious & well maintained. Upgraded kit w/ extra eating area. 2 side fireplaces. Underground garage + golf cart space. NEW PRICE!! .................................................. $469,000

TAHOE — 2 bed, 2 bath condos. COMpletely ENCLOSED PATIO ADDS EXTRA SQ. FT. New paint, carpet, tiles. Nice setting, very bright & private. NEW PRICE!! .................................................. $390,000

TAHOE — VERY LIGHT UPGRADES ORIGINAL w/3 window view across Parkway. New vinyl & paint. Marble fireplace & bookcases in LR. Den has 2 extra doors. Garage w/large storage area. Staged & shows well. NEW PRICE!! .................................................. $399,000

TAHOE — LOVELY REMODELED KITCHEN ACROSS FROM NEW CLUBHOUSE. Fresh paint, new carpet, new window treatments, new cab, granite counters, dbl oven, DW + More. 2 Patios. Garage & carpet. NEW PRICE!! .................................................. $449,000

TAHOE — BEAUTIFUL HOME W/GOLF COURSE VIEWS. Former Dorn Golf remodel. Enter deck, crown molding, new carpet, new landscaping. Garage & carpet. NEW PRICE!! .................................................. $495,000

TAHOE — OUTSTANDING LOCATION — RIGHT ON THE GOLF COURSE!! Updated kit w/smooth cooking, newer oven, microwave, dishwasher. Smooth ceilings w/crown molding & bdls. New carpet, vinyl, laminate flrs & ceiling in kit & Master. Solid surface ctnr in bath. W/o suite. NEW PRICE!! .................................................. $499,000

VISTA — 1ST TIME EVER ON THE RE-SALE MARKET! Enormous living thru-out, Antics flr, granite cts, w/in closets & great views!! ............................................................................. $699,000

VILLA NUOVO — FANTASTIC REMODELED LEVEL-IN HOME W/V/GARAGE & Carports. Decorator kit, marble fireplace, built-in entertainment center in large den. Gorgeous molding w/perieter lighting & much more. NEW PRICE!! .................................................. $599,900

VILLA ROBLES — GREAT HOME WITH PRIVATE VIEW & 4 EXPOSURE. Dual pane windows, master bath remodel w/curio cabinet. Great patio & gate for doggy. Attached garage. Plantations shutters. Guest bathroom w/shower. NEW PRICE!! .................................................. $412,000

WESTCHESTER — GREAT HOME AT A GREAT PRICE! 2 BR/2 BA — Den. 100 ft w/wonderful tree house view of golf course & rolling hills. Master BR is expanded w/loft/ sitting retreat. Attached garage w/3 car area. Newer heating & air systems. NEW PRICE!! .................................................. $499,000

WESTCHESTER — QUALITY OVER THE TOP! REMODEL completely w/own temperature-controlled wine cellar. Dual pane windows, spacious DR entrance – entertainer’s dream. Top of line upgrades through – golf course view. NEW PRICE!! .................................................. $639,000

WOODBRIDGE — BEAUTIFULLY UPGRADED HOME RIGHT ON THE GOLF COURSE! Never kit cabinetry (lots of pull-outs), corian counters, new “country” sink, dome-it lighting. New prvn. lower end unit, 5 stgs. New paint, carpet, all new Sm. ceilings. Updated baths; walk-in showers. NEW PRICE!! .................................................. $649,000

1 BED, 1 BATH

SHASTA — GREAT ENTRY — CLOSEST TO ALL AMENITIES! Extra storage in garage. Nic little upper Shasta. Needs some TLC! .................................................. $199,000

Want Results? Talk to the Rossmoor Experts Today.

Our Current MLS Listings — Cooperatives (EQUITY PRICE)

3 BEDS, 2.5 BATHS

PIEDMONTTH — BEAUTIFUL SETTING! Views of the golf course and creek from the patio & master RR balcony. Very serene setting. Great place for 2-car family. W/D. NEW PRICE! GREAT VALUE! .................................................. $385,000

2 BEDS, 2 BATHS

KENTFIELD — BEAUTIFUL HOME with white tile kitchen, updated bathrooms. Partial enclosure w/3/4 door. Very nice views open light & bright. New paint & carpet w/carpet & W/D. A WINNER! .................................................. $225,000

MONTREYER — DESIGNER COLORS & UPDATES. No tile entry, carpeting, smooth ceilings, stone, granite counters, tile in kit. Refreshed bath. Nic fixtures. W/D, both baths have new raised toilets. Light filled. Just move in. Sylan views. NEW PRICE!! .................................................. $227,000


TAMALPAIS — GOLF COURSE LOCATION W/FANTASTIC VIEW! Private end unit. Dramatic bdg design features 2 story windows. Titled entry, fresh paint. Central air & gas heat. Laminate flrs. Lg & bright. Self clean oven. Owner financed. NEW PRICE!! .................................................. $269,000

2 BEDS, 1.5 BATHS

MONTREYER — LOTS OF UPGRADES HERE! Beautiful enclosed w/o/RR side of park. Crown molding, can lights, wainscoting, new carpet, upgraded kit w/ granite counter & cherry cabinets, 3/4 Bath full size w/DW. Upgraded drs. Beautiful 1/2 bb. NEW PRICE!! .................................................. $223,000

2 BEDS, 1 BATH

SEQUOIA WRAP — BEAUTIFUL WITH LOVELY UPDATES & tiled counters, lg dbl sink w/pullout faucet. Updated bath, plantation shutters, Hunter Douglas uppers in kit. NEW PRICE!! .................................................. $159,900


SEQUOIA — QUIET ENTRY — only one bdg. Nice outlook. New stove & refrigerator in kit. New paint & carpet. NEW PRICE!! .................................................. $165,000

SEQUOIA — FANTASTIC REMODELED FULLY UPGRADED. All new wood floors & cabinets. Beautiful kit w/SS appliances. 2 new side lights. Updated bathroom. New paint, ceiling fans. NEW PRICE!! .................................................. $200,000

WESTCHESTER — BEAUTIFUL HOME W/GOLF COURSE VIEWS. Former Dorn Golf remodel. Entry deck, crown molding, new carpet, new landscaping. Garage & carpet. NEW PRICE!! .................................................. $495,000

WESTCHESTER — OUTSTANDING LOCATION — RIGHT ON THE GOLF COURSE!! Updated kit w/smooth cooking, newer oven, microwave, dishwasher. Smooth ceilings w/crown molding & bdls. New carpet, vinyl, laminate flr in kit & Master. Solid surface ctnr in bath. W/o suite. NEW PRICE!! .................................................. $499,000

VISTA — 1ST TIME EVER ON THE RE-SALE MARKET! Enormous living thru-out, Antics flr, granite cts, w/in closets & great views!! ............................................................................. $699,000

VILLA NUOVO — FANTASTIC REMODELED LEVEL-IN HOME W/V/GARAGE & Carports. Decorator kit, marble fireplace, built-in entertainment center in large den. Gorgeous molding w/perieter lighting & much more. NEW PRICE!! .................................................. $599,900

VILLA ROBLES — GREAT HOME WITH PRIVATE VIEW & 4 EXPOSURE. Dual pane windows, master bath remodel w/curio cabinet. Great patio & gate for doggy. Attached garage. Plantations shutters. Guest bathroom w/shower. NEW PRICE!! .................................................. $412,000

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**Upper End Unit**

2 Bedroom/2 Bath, 1562 sq. ft. Updated kitchen with/without cabinets, newer counter and stainless steel appliances, formal dining room, eat-in kitchen, 3 solar tube Skylights, fireplace in the living room, and 200 sq ft bonus/sunroom. Enjoy the Serenity of your home surrounded by trees!...

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| **ELISA'S HOUSECLEANING** | 17 years experience in Rossmoor. Available, reliable, fabulous. Inquire for references. Call 925-691-3929. Email lisasuniga@sbcglobal.net |

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**140 WANTED**

- **BUY ANTIQUES & Collectibles. From pottery, lighting, glasses, silver, turnings and paintings. Estates are welcome and conducted professionally. Free phone evaluations.**
- **COINS-AUTOGRAHPS-PHOTOS**
  - **Collectibles. Coin collections, silver, coins, autographs, foreign, photographs, Daguerreotype, Ambrotype, tintype, salt prints, hand-albums. Especially interested in graphic arts, autographs, and signed works by famous people.**
  - **Email lisasuniga@sbcglobal.net**

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**149 Real Estate Information**

**PLANNING YOUR GOLDEN YEARS?**

- **Considering a move to Rossmoor? Need a guide?**
  - **We have here and love to show off this beautiful community!**
  - **Earl Corder, Rossmoor Realtor**
  - **E-mail: ctHunter@aol.com**

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**THINKING OF BUYING OR LEASING in Rossmoor? Please contact me for a comprehensive informational brochure. I can assist you with floor plans, costs options and answers to your questions.**

- **Contact Patt Compton, Broker Associate, Rossmoor Realty 925-287-3332, or email: pattcompton@comcast.net**

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**RESIDENTS**

- **Azteens and Meredith Zollman of Prudential California Realty 925-287-9623. Both Rossmoor residents, are experienced in Rossmoor transactions, specializing in Rossmoor and the East Bay areas.**
  - **Call Earl Corder, Rossmoor Realtor; he will be happy to assist you. We are the team to call.**
  - **Contact Earl Corder at 925-932-1162 x 3333 office.**
  - **Email lisasuniga@sbcglobal.net**

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**Due to Golden Rain Foundation Policy, the News cannot print classifieds for estate or garage sales in which the address and times of the sale are listed in the ad.**
CONDOMINUMS

THE CHATSWORTH AT THE WATERFORD
Spacious living areas provide light and ample room for all your furniture and decorative touch. Top floor location with close access to elevator and community room. Sunny private veranda overlooks the fountain. New decorative paint and carpet provide the bases for your personal touches. Lowest price for this model at ... $124,000.

Sought-after Whittney in Choice Location
This 2-bedroom, 2-bath unit with den is now on the market and has already created a stir. Elegant living room. Regal dining room. Updated kitchen. Convenient laundry room. Both one car garage and carport. Great location and feel. Covered patio adjacent to level area. Pleasant views of the surrounding hills. A great value for ... $725,000.

Over-the-Top Remodel in Eagle Ridge-NO STAIRS!
This level-in home in Eagle Ridge, Daphne model, has two bedrooms and den, 2,038 square feet, 2-car garage, fabulous view of the Delta and open living areas. Value priced at only ... $1,190,000.

S Apious Villa Francis
Spacious living and dining room area easily accommodated with more than 1,600 square feet. Three-bedroom, 2-bath, located in quiet, private cul-de-sac. This is the one for you, so don’t miss it! Slab granite kitchen with white cabinets and brand new double ovens. Upgraded bathrooms and walk-in tile showers, freshly painted throughout. Expansive decks and master bedroom. New heater, A/C unit, dual pane windows. Two covered carports, each with storage, very close to unit. ... $560,000.

Enlarged Tahoe Model
This enlarged Tahoe model with well done enclosure, has been freshly painted and is ready for occupancy. It has a tile entry and fireplace, an updated kitchen with wood flooring and ceiling fan. Lots of room for books or photos with all windows to the back. Stainless steel appliances with a short walk to the Gateway Clubhouse. ... $179,000.

BEAUTIFULLY UPDATED CLAREMONT CONDO
Never used appliances, newer paint, laminated hardwood floors, full-size washer/dryer. Great financing – Try a reverse mortgage, no payment for life. Low HOA of $245 per month. Not a probate. ... $179,000.

Exquisite Eagle Ridge
Lovely cul-de-sac location with level access and stunning views. Spacious Al-der model with open floor plan that discriminating buyers will love. Designer touches throughout. Two bedrooms plus den, two upscale baths, gorgeous kitchen with Conon counters, travertine tile, large pantry, breakfast nook, master retreat with amazing views and walk-in closet. Single car garage with extra storage. Shown by appointment only. ... $825,000.

Expanded Sierra Condo
Two bedrooms, 2 baths, bright upper end with windows on 3 sides. Spacious living room with fireplace and solar skylights. Formal dining room with views and a bright 200 sq. enclosed bonus room with views. ... $379,000.

On a Clear Day You Can See Forever
Lovely Eagle Ridge Aldger model with level-in access and beautiful location. Spacious open floor plan, brand new paint, carpet, two bedrooms, plus den, two bathrooms, gorgeous kitchen, large pantry, breakfast nook, master retreat with amazing views and walk-in closet. Shows very well. ... $799,950.

Remodeled Mariposa
Nice location with pleasant views. Remodeled baths and kitchen. Smooth ceil-ings, new carpet and paint thru-out. Open balcony, formal dining and eat-in kitchen. Sold. ... $329,000.

Wonderful Filoli Model
This is a 2-bedroom, 2-bath unit that is level-in and close to everything. Offered at ... $460,000.

Desirable Yosemite Model
Two bedrooms, 2 baths with a den and fireplace, laundry, private patio, great location. ... $235,000.

OH, SO PRETTY OUTLOOK!
This 2-bedroom, 1-bath Sonoma model is filled with lots of natural lighting and looks onto a tranquil grove of mature trees. Freshly painted, new carpet and vinyl. Close to carport, laundry and bus stop. A great value at ... $115,000.

Value Price
This spacious Claremont has a roomy living area for easy furniture placement. Enjoy the kitchen with hickory cabinets and wood floors, great patio out. Close to bus stop, parking and laundry. Only ... $95,000.

Private Wooded View
This Enlarged Tahome model features two bedrooms, two baths, updated kitchen, enclosed patio, easy walk to Hillside clubhouse and pool, private wooded location. ... $172,950.

RIO VISTA/TAMALPAIS HOME
Two bedrooms and 2 full baths with dramatic 2-story windows and golf course views. This home shows beautifully with sophisticated and chic looks. Master bedroom with full bath upstairs and guest bedroom with full bath downstairs. Check out the upgraded kitchen, new carpet and custom paint, interior carports, fireplac... $159,990.

RIO VISTA/TAMALPAIS HOME
Two bedrooms and 2 full baths with dramatic 2-story windows and golf course views. This home shows beautifully with sophisticated and chic looks. Master bedroom with full bath upstairs and guest bedroom with full bath downstairs. Check out the upgraded kitchen, new carpet and custom paint, interior carports, fireplace, new... $179,000.

Sophisticated Montere
dlst remodeled Monterey
Sunny and bright, leaded glass front door, custom skylights in kitchen, tiled floors in kitchen and bath, newer appliances, crown molding throughout, recessed lighting, breakfast bar, mirrored entry hall, mirrored closet doors in both bedrooms, stack w/d in bathroom, treepose views from balcony. Sold. ... $199,900.

In a Word, Amazing!
A Mendocino that has 2 open skylights, designer paint, crown molding, mirrored closet doors, granite kitchen counter, washer/dryer, stall shower, tile entry and bath, inviting patio and great location. Drive golf cart onto the golf course with a ... $159,500.

Location Matters — Updates in Every Room
Move-in ready Sonoma with smooth ceilings, wide baseboards and crown molding throughout. Two lovely bedrooms, 1 updated bath with walk-in shower, linen closet and stackable W/D. Updated kitchen features beautiful cabinetry, solid surface counters, newer appliances, a nice outlook and plenty of guest parking. ... $169,000.

Beautifully Remodeled Monterey
Spacious living and dining room area easily accommodated with more than 1,600 square feet. Three-bedroom, 2-bath, located in quiet, private cul-de-sac. This is the one for you, so don’t miss it! Slab granite kitchen with white cabinets and brand new double ovens. Upgraded bathrooms and walk-in tile showers, freshly painted throughout. Expansive decks and master bedroom. New heater, A/C unit, dual pane windows. Two covered carports, each with storage, very close to unit. ... $179,000.

RIO VISTA/TAMALPAIS HOME
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Location, Location, Location
Coming soon! This fabulous Yosemite model features level-in access, two bedrooms, 1.5 baths, new carpet, smooth ceilings, large patio, breakfast nook, master retreat with amazing views and walk-in closet. Single car garage with extra storage. Shown by appointment only. ... $825,000.

Carmel Co-op Model
It is a few steps down to the front door. This is an end unit surrounded by trees and shrubs. There is a window in the bathroom. Nice and quiet area with a short walk to the Gateway Clubhouse. ... $139,000.

Serving Rossmoor for Over 30 Years
Prudential can also help with your real estate needs outside Rossmoor.

Rossmoor News • September 8, 2010
160 Real Estate For Rent

SONOMA WRAP:
New listing. 2 BEAUTIFUL KENTFIELD SIERRA CONDO: 2 SPACIOUS bedrooms, 2 bathrooms, 2 car garage, fire place, walk in closets, located in Kentfield, end unit. 2 bed-rooms, 2 baths, cozy atmosphere, fireplace, W/D, walk in closet. Asking $300,000. Call 415-998-7410. No sign. $349,000. Hurry, won't last! Betty Case Rossomor Realty, 922- 1162 x 109, 927-3347 or 287-3347 direct.

170 Real Estate Wanted

WANTED TO RENT: Option to buy, unique 2 bedroom/2 bath, 2 story town home, in very good shape. In very good shape. Direct: 925-932-1162 X 3347. Reasonable offers considered. Appx. 1577 sq. ft. Huge deck, gas fireplace, W/D, walk-in closet. Rent includes utilities, pool. Rent $1200/month with security/ maintenance. $2,000/mo. Includes 1 meal/day. Available starting Sept. 15. Request to show. Please call Carol at 415-672-4667 and a fully equipped fitness center. E 1 year lease, or lease with option to you love life! A great offer available!

160 Real Estate For Sale


UPDATING SEQUOIA
2 bedroom/1 bath. Beautifully updated for one year rental unit. Unfurnished or partially furnished. Location located within walking distance of 3 pools and the tennis courts. New kitchen tile, sink and counters. 4 Plan- tation doors open to Diablo views. Small pet OK $1150 plus utilities. 398-2169.

170 Vacation Rental

MENDOCINO OCEAN FRONT Home! Custom/dramatic Mendocino- no 1 bed, 2 masters, 1 bath. One level. All amenities. Special Rossomor resident. Owners 925-947-3932 or 707-964-2655

180 Pets

TLC FOR CATS & PLANTS Cats are available for adoption any time you are away. They need TLC. Please call 925-355-5417 and they are available for adoption. 925-355-5417. The only requirement is availability. For more information about our services, please call Leigh at 925-367-8734.

OVERTIME PET SITTING In my home with pick up and delivery provided! BONDED and INSURED. Enjoy your vacation without worries about your darling pet. Aun- tie Pat has over 20 years experiences. Reasonable rates, excellent service. Experienced, caring, compassionate pet lover. Will as- sist with anything you need. Free in home consultations, sitting and vet appoint- ments. Call 925-777-1416. Please call Diana 925-946-1052.

EXPERIENCED DOG WALKERS and pet sitters, caring for all pets. Licensed/insured, former nurse/ vet experience. Call Karen to arrange your visit 925-285-8838.

Get information from the Rossomor website: www.rossomor.com

160 Real Estate For Rent


UPDATING SEQUOIA
2 bedroom/1 bath. Beautifully updated for one year rental unit. Unfurnished or partially furnished. Location located within walking distance of 3 pools and the tennis courts. New kitchen tile, sink and counters. 4 Plan- tation doors open to Diablo views. Small pet OK $1150 plus utilities. 398-2169.

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OVERTIME PET SITTING In my home with pick up and delivery provided! BONDED and INSURED. Enjoy your vacation without worries about your darling pet. Aun- tie Pat has over 20 years experiences. Reasonable rates, excellent service. Experienced, caring, compassionate pet lover. Will as- sist with anything you need. Free in home consultations, sitting and vet appoint- ments. Call 925-777-1416. Please call Diana 925-946-1052.

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WIND IN THE WILLOWS’ PLAYS IN ORINDA

Continued from page 21

The Oakland hills. Theater under the stars can be a bit chilly, even this late in September, so dress in layers and bring a bush bunch. This is a great place to come early, bring a picnic basket and eat dinner in the park before the performance. You can also purchase food in theater entrance areas. You can purchase food in theater entrance areas.

The show runs through Sunday, Sept. 12. All shows begin at 8 p.m. Ticket prices range between $20 and $29. The show starts at 8 p.m. and ends at 10 p.m. The show will be held at the Orinda Community Center Amphitheater, 6251 Orinda Way, Orinda, Calif. 94563.

The “Wind in the Willows”

Sometimes I actually prefer the simple aura of community theater staged by amateur groups. For much more than the splashing Broadway-style productions. The Starlight Village Players Theatre, which performs in the Orinda Community Center Amphitheater, next to the Orinda Community Center, is one of my favorite. The director John Butterfield is currently directing a seriously silly and fun-filled production of “The Wind in the Willows,” a version adapted by the actor-director, Charlotte Meyer, from the book by Kenneth Graham.

The story tells of a wealthy gentleman Toad who runs away and is never seen. He ever moves him, whether is good, or bad just plain foolish. “Toady,” as he is called by his friends, is always enamored by everything new, be it sailing boats, horse carriages or horseless carriages.

Once he sets eyes and ears upon the hypnotizing sights and sounds accompanying the putting bouncing motorcar, dragging chugs down his counties, his heart begins to race and he is suddenly filled, even if it means stealing one. Which he does and he literally ends up in jail, sentenced for a very long term, to be served in the local prison. The story is well told, and the character of the beloved Toad. John Chapin is nibble, irascible but beloved Toad. John Chapin is the only thing that gets in the way of his character and the way he handles the character of Toad. The drugstore is called Mutual 4, and it is well staffed and run. The drugstore is well staffed and run.

The story begins with the character of Toad, who is a very rich man. He is very rich, and he owns a very nice house. He has a very nice car, and he drives it very well. He is very fond of his car, and he takes good care of it. He is very fond of his house, and he takes good care of it.

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- Made a good impression. Beautiful work. – Mary F.
- Did not feel rushed to make a decision. Answered all my questions. – Maureen R.
- Called Sattlers because Home Depot dropped the ball. – Alice R.

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  – Jim & Carole O., Rossmoor Residents, July 2010

**ROSSMOOR NEWS • SEPTEMBER 8, 2010**

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- Jim & Carole O., Rossmoor Residents, July 2010

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Richard and Lorrie McCurdy also wanted to return to the motel. I told Diane that we could follow them back. However, they had decided they were going to follow us back. That made me a bit nervous, given that I have a Zen-like sense of direction grounded in Shinto nuances. But we took off to find our cars.

It was extremely dark, and we were totally disoriented in searching for the stairs. Eventually we came across a homeless student who guided us to the stairs. I think there must have been a thousand steps, maybe 2,000. Then the challenge was to find our cars. At some point I got the brilliant idea of using my car remote to locate the Lexus. Nothing happened for too long, despite sacrifices that try your patience. Would I have weighed a pound more than I do, I never would have gotten out of the car. (The McCurdys had given up on the garage and then couldn’t open the driver’s door. I tried moving over to the right, got the door open, but had I weighed a pound more than I do, I never would have gotten out of the car. (The McCurdys had given up on the garage and then couldn’t open the driver’s door. I tried moving over to the right, got the door open, but had I weighed a pound more than I do, I never would have gotten out of the car.)

My dear wife Diane, who must be a distant cousin of Magellan, did all the navigating. The ride back was agonizing, primarily because we couldn’t clearly see the street names. But Diane did a marvelous job of getting us back to Best Western. I pulled into the garage, found a parking space, parked the car, and then couldn’t open the driver’s door. I tried moving over to the right, got the door open, but had I weighed a pound more than I do, I never would have gotten out of the car. (The McCurdys had given up on the garage and parked adjacent to the motel.)

I have to warn you to dress warmly in layers as the theater can become cold when the fog rolls over the Orinda hills. The seating consists of wooden benches without backs and is not the most comfortable. The theater does provide cushions, so you might want to bring a folding chair to be a bit more comfortable.

The tickets are only $16 for adults and $10 for seniors and children. The Orinda Community Center is directly across the street from the Rite-Aid drug store and Orinda Post Office. It is not necessary to make reservations and the tickets can be purchased at the ticket booth at the door.

For information, call 528-9225 or e-mail to www.info@orsvp.org. This production continues on Fridays and Saturdays at 8:30 p.m., with performances at 4 p.m. on Sept. 12 and 19, and on Thursday, Sept. 23 at 8 p.m., closing on Sept. 25.

Entertainment Notes

Continued from page 53

plays the wise, stern and lordly Badger, and Al Guaraglia plays a plethora of characters, while Kelly Hansen tackles the role of the Otter and Washermaman. Laura Matrin-Chapin steps up to the role of policeman and gypsy woman, among others. Natalie Chapin, Claire Stevenson, Stephanie Stratman and Ken Sollazzo fill in where necessary, all-important roles to making this show a silly, fun-filled engagement. Charles Guitron provides some gui-

tar accompaniment as a strolling minstrel throughout the show and at intermission.

This is a fun way to spend the evening. This is a show you can enjoy with kids or grandchildren.

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Curbside recycling offered in Rossmoor for harmful products

The door-to-door Universal Waste Collection Program is available to all Rossmoor residents and is provided by Curbside, Inc., in partnership with the Golden Rain Foundation.

This program makes it possible for all residents to recycle potentially harmful products. Curbside, Inc. collects items that cannot be placed in the trash or recycling bins such as aerosols, batteries (alkaline, NICAD), fluorescent lamps, thermostats, computer and electronic items, such as computers and televisions.

Home pickup is not available for ammunition, medicinal waste, nuclear/radioactive waste, explosives or commercial chemicals.

Residents can call 1-800-449-7587 to schedule the collection of waste directly from their homes. Participant names and information will be requested. Prior to collection, residents will be sent a special household hazardous waste kit with further instructions, and a bag to help hold the materials safely and securely.

Residents will not be required to be at home when materials are collected, unless in-home assistance with gathering and packing materials is required.