Friends of Hospice Benefit Walk is set for May 5

The second annual Friends of Hospice Rossmoor Benefit Walk supporting Rossmoor residents and Hospice of the East Bay will be held on Monday, May 5, from 9 to 11:30 a.m. The sponsors are Charles Schwab, Walnut Creek; Rossmoor Activities Council; Rossmoor Realty; and Whole Foods Market, Walnut Creek.

There is a $15 donation required to join the walk. To walk in memory of a friend or loved one, an additional $15 donation, per person, is requested. Whole Foods of Walnut Creek will be furnishing snacks.

Those donating to walk, or just donating to join the camaraderie of the gathering, will receive a free raffle ticket at the check-in point, the Club Room at Creekside. Friends of Hospice Rossmoor shirts will be available. Teams of four or more, get special pricing.

The following is a partial list of prize donors from the community:

Addendum to GRF CEO 2013 salary and benefit information

The following is an addendum to the GRF employee salary and benefit information for 2013 published in the April 9 News:

On Dec. 5, 2013, the GRF Board of Directors approved a bonus of $8,000 and 10 additional vacation days (which has an approximate value of $8,000) for CEO Warren Salmons for 2013.

Quilters present vets with Quilt of Valor

Creating Quilts of Valor has become a popular way for quilting enthusiasts to honor veterans who have served their country.

These red, white, and blue quilts are greatly treasured by their recipients. The Rossmoor Quilters have made one of these gifts to give a man or woman who has served the country.

To create this gift, Barbara Brown first selected a pattern for a 16-inch block of fabric.

Scrap bags of red, white, and blue fabric were shared among the Rossmoor Quilters, then sewn. The individual members of the Rossmoor Quilters made more than 20 16-inch squares.

Henry Ford used a production line method to produce his cars in an assembly line. The quilters did similarly, dividing the jobs to make their own assembly line of quilt-making.

The Comfort Quilt used a variety of different colors in the same 16-inch block pattern. One large Quilt of Valor and several smaller Comfort Quilts were created using this production-line method.

Beginning quilting classes will begin Friday, May 9, and continue the next two Fridays, May 16 and 23.

Call Lyn Cassano at 947-1492 for details. Rossmoor Quilters meet every Friday in the Sewing Studio at Gateway from 9:30 a.m. until noon. Fabric donations are always appreciated at the Sewing Studio.
Hillside pool is busy during spring and summer – follow the rules

Hillside pool is a busy place during the spring and summer, so the GRF Aquatics Advisory Committee would like to clarify the pool’s hours of operation, lane use and family swim hours. Residents are asked to make note of the following information regarding Hillside pool:

Hours of operation

**Subject to change**

Hillside pool is open daily 6 a.m. to 8 p.m. (closed Tuesday 6 a.m. to 1 p.m. for cleaning).

- **Family swim hours** Monday, Wednesday, Thursday and Friday from 11 a.m. to 1 p.m., Saturday, Sunday and major holidays from 11 a.m. to 2 p.m.
- **Hillside pool** is closed from Dec. 1 through Feb. 28.

Lane line use

- Lane use will be determined by Aquatic Advisory Committee and staff as needed.
- Lanes 1 and 2 are not designated as lap swimming lanes because the pool steps occupy the shallow water entry area.
- Lanes 3, 4, 5 and 6 are designated as lap lanes.

Family swim rules

(Apply during family swim hours)

- Residents may bring family members. Residents must remain with their family members at all times.
- Non-swimmers must be within arms reach of a responsible adult at all times.
- Children swimming independently or using deep water must be able to pass a swim test if asked by the lifeguard.
- Non-swimmers are not permitted to use arm band floats or other flotation devices not approved by the U.S. Coast Guard.
- Children under 18 must leave the pool complex at the conclusion of family swim hours.
- Use the phone in the lifeguard office and call 911 or Public Safety, 988-0693.
- Lifeguard station telephone: 934-4686.

The pool rules adopted by the Aquatics Advisory Committee are in addition to and work in concert with the General Pool Rules R 105 adopted by the Golden Rain Foundation. GRF rules are available on the website at www.rossmoor.com/ResidentInfo/Rossmoor Governance/Rules.

Pool temperature

- The desired operating temperature is 82-84 degrees.

This is an opportunity for the Rossmoor community to get to know Baker, an attorney who specializes in helping small businesses and nonprofit organizations get started and succeed. The event is sponsored by the Republican Club of Rossmoor.

Republican Club hosts Assembly candidate

Rossmoor residents are invited to meet Catharine Baker, a candidate for the California Assembly. The meet-and-greet will be on Sunday, April 27, from 6 to 8 p.m. in Dollar Clubhouse.

Complimentary wine and hors d’oeuvres will be served. There is no charge for this event and everyone is welcome. Those who plan to attend are asked to call Fran Cavenaugh at 945-7211 or Jim Schenknel at 891-4225. This is an opportunity for residents to make their voice heard and to ask questions.

Vote-by-mail ballots for Measure A, the local parcel tax, must be mailed back by May 6.

Measure A renews the parcel tax of $112 per parcel. The tax was set to sunset out in 2015; the 2013 version of Measure A keeps it going. The revenues from this tax passed in 2010 have generated about $3.9 million per year for the district.

Classified ads and payment information can be emailed to newads@rossmoor.com or faxed to 925-988-7862. Articles and ads cannot be submitted through the website. All emailed ads and articles will receive a confirmation from News staff.

SENIORS: Have the right to opt out of paying the parcel tax.

Hawk stops by for a drink

This Cooper’s hawk stopped for a drink at Sheila Saxby’s bird bath. When Digimon Drive resident grabbed her camera and started shooting through the window, the hawk heard the noise and turned around to check her out and then posed for her.

Return parcel tax ballots by May 6

Polling place is the Clubhouse. 

TELEPHONE: General information and display and classified advertising: 925-988-7800 Fax: 925-988-7862.

MISSED PAPER: Report missed papers by Thursday noon to ensure delivery. Call 988-7800 and give complete address with entry.

ADDRESS: 1006 Stanley Dollar Drive, Walnut Creek, CA 94595.

OFFICE HOURS: Monday through Friday, 8 a.m. to 4:30 p.m.

E-MAIL ADDRESS: news@rossmoor.com. Articles and letters to the editor can be submitted to this email address: news@rossmoor.com. Classified ads and payment information can be emailed to newads@rossmoor.com or faxed to 925-988-7862. Articles and ads cannot be submitted through the website. All emailed ads and articles will receive a confirmation from News staff.

WEB SITE: www.rossmoor.com and www.rossmoornews.com

STAFF: Editorial: Maureen O’Rourke, Manager Christa Babao, Editor/Administrative Assistant; Wilma Murray, Staff Writer/Editor; Cathy Taillen, Staff Writer/Editor; Production: Lance Beeson, Kerry Curran, Celeste Fitzsimmons, Production and Graphic Specialist; Mike DiCarlo, Photographer; Display Advertising: Darlene Dotson, 988-7809, Account Representative. Cheryl Dillard, 988-7811, Account Representative. Office: Jacqueline Blaum, reception, classified and legal advertising.

Contributing Writers: Doug Agerett, Ed Lib and Off the Shelf; Charles Jarrett, Entertainment Notes; R.S. Korn, Eye on DVDs; Tom Mader, At Wit’s End; Robert Moon, Modern Classical CDs; John Nalty, 40 Years Ago.

Volunteers: Tom Fryer, Judy Huse, and Marilyn Allen.

DEADLINES:
- Wednesday at noon – Religion notices and Club Trips
- Thursday at noon – press releases, club news and event announcements
- Friday at 10 a.m. – Display and classified ads, letters to the Residents Forum and obituaries

The Rossmoor News is legally adjudicated to publish legal notices and fictitious business name statements. The News reserves the right to reject or discontinue advertisements or articles that the manager deems unsuitable. All articles are subject to editing.
New Buckeye Tennis Complex ribbon-cutting is Friday

Rossmoor residents are invited to a ribbon-cutting ceremony to celebrate the opening of the new Buckeye Tennis Court Complex. The ceremony will be held Friday, April 25, at 1:30 p.m. at the Buckeye Tennis Court Complex on Tice Creek Drive.

Light refreshments will be served. All residents are invited. Parking is limited in the area—there is only a small parking lot. Residents are advised to park on the street, car pool, take the bus or walk.

The Buckeye Tennis Complex project includes two new tennis courts. In addition, the six courts already in the area were refurbished, a divider was added between the courts and a covered social area was built.

Mutual 70 holds election, has two positions open

Mutual 70 will hold an election for two directorships this year. Ellen Dietschy and Alan Matthews will seek re-election; however any other member in good standing who wishes to submit his or her name as a candidate for membership on the board should contact the assistant secretary in the Mutual Board Office by Monday, May 5, with a written candidate statement.

The statement should be no more than 300 words and should express the candidate’s qualifications and interest in serving on the board. Questions regarding the election process should be directed to Board Services Coordinator Anne Paone at 988-7775.

The winning candidates will be seated at the third annual membership meeting on Friday, June 20, at 10 a.m. in the Fireside Room at Gateway. Those candidates will be installed for a two-year term.

If no other candidates come forth by the May 5 deadline, the current directors will be re-elected by acclamation of the membership.

Additional election information will follow in the weeks prior to the election.

White Cane Days fundraiser for visually-impaired, blind, May 8 and 9

Sponsored by Lions Club

Plans are moving forward for the Lions Club White Cane Days fundraiser, which will be held Thursday and Friday, May 8 and 9, in the Rossmoor Shopping Center.

The Lions captains and their stations are Florence Mische at Safeway east; Ginny Goodenough and Shari Morphe at Safeway west; Barbara Betzner and Jay McCartney at the Rossmoor Post Office east; Frank Wang at the Post Office west; and Harry Lowell at the CVS store. Look for these Lions in their bright yellow vests.

White Cane Days informational flyers will be inserted in the April 30 issue of the News. Look for it among the other flyers in the paper. For information about the stations and the flyers, call Sandy Weber at 949-7571.

This annual Lions Club fundraiser is for the benefit of the blind and sight-impaired in Rossmoor and the surrounding area, as well as support for the Lions blind centers in Pittsburg and Oakland.

Volunteers needed at Fitness Center ID desk

The Fitness Center is looking for volunteers to staff the ID check-in desk. Responsibilities include checking IDs, signing in residents and their guests, and directing residents.

Volunteers are needed for morning, midday and afternoon shifts. This is a fun, energetic environment. If interested in volunteering, call Volunteer Coordinator Kelly Berto at 988-7703.

ATTORNEY RONALD C. SOLOW HAS RETIRED

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Probate and trust administration partner Tracy S. Regli is a member of the Contra Costa County court-appointed conservatorship attorney panel.

Estate planning partner Jacqueline J. Klein, is familiar with all facets of estate planning.

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Attorneys Frank R. Acuña, Tracy S. Regli, and Jacqueline J. Klein offer free estate planning, probate, and trust administration consultations to better serve you and your family. Call (925) 956-1880 to schedule a free consultation.
TGIF donates $1,000 for Rossmoor 50th

The TGIF Club, founded in 1971, will donate $1,000 to the Golden Gala Dinner Dance celebrating the 50th Anniversary of Rossmoor. TGIF is one of the largest social clubs in Rossmoor with 400 members.

It was formed for active people to regularly come together to enjoy evenings of convivial fun, dining, lively dancing and listening pleasure with their friends and neighbors, new and old, in the atmosphere of Rossmoor’s Event Center.

Meeting 10 times a year on the third Friday of each month, TGIF Club welcomes both singles and couples living in Rossmoor to membership. Monthly meetings are themed events with delightful décor.

Members are encouraged to invite guests.

For membership information contact Ann Peterson at annpete@comcast.net or 949-8371.

Rossmoor’s annual Health and Fitness Fair cancelled

Due to low participation, the annual Health and Fitness Fair planned for Saturday, May 17, at Gateway has been cancelled.

For information, contact Carl Brown at 287-9993.

UNDESIgn
BOARD AGENDA

Following are the agenda items for the GRF Board meeting on Thursday, April 24, at 9 a.m. in Peacock Hall at Gateway Complex.

1. Consider Audit Committee’s recommendation that the Board accept the GRF Audit Report for the year ended Dec. 31, 2013, as submitted by the Foundation’s independent audit firm, Burr Pilger Mayer, Inc.

2. Consider Finance Committee’s recommendation regarding refinancing.

3. Consider Policy Committee’s recommendation that the Board approve proposed new Rule R114.0. Resident and Guest Rules for Access and Use of Rossmoor Table Tennis Facility. First reading.

4. Consider Policy Committee’s recommendation that the Board approve proposed revised Policy 102.3. Allocation of Revenue and Expenses. First reading.

5. Consider Policy Committee’s recommendation that the Board approve proposed revised Policy 502.0, Bulletin Boards and Display Cases. First reading.

6. Consider Policy Committee’s recommendation that the Board approve new Policy 502.1, Flyers and Petitions. First reading.

7. Consider approving, as recommended by the president, the appointment of Diane C. Guilfoyl as the Board representative on the Trust Agreement Review and Revision Committee, effective immediately, to replace Donald J. Liddle, who resigned, and to serve for an indefinite term at the pleasure of the Board.

8. Consider approving an expenditure of up to $39,400 from the Trust Estate Fund and authorizing the CEO to execute the contract with Field of Green Grass Solutions for resurfacing the dog park with artificial turf.

9. Consider approving Letter Agreement with Pulte Group to memorialize improvements to GRF property and authorizing the CEO to execute any necessary agreement to complete the proposed work.


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First notice of Golden Rain annual meeting

Notice is hereby given that the 50th Annual Meeting of Members of the Golden Rain Foundation of Walnut Creek will be held at 9:30 a.m. on Monday, May 12, in Peacock Hall at Gateway complex, 1001 Golden Rain Road, Walnut Creek.

The purpose of the meeting is to install the newly elected directors representing Districts E, H and I and have the president report on the activities of the Board of Directors during the past year.

The GRF Board of Directors urges residents to attend the Annual Meeting to hear the president’s report and to meet the newly elected directors.

Alice Lau, Secretary
Golden Rain Foundation of Walnut Creek

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City meets with PG&E on tree removals

Walnut Creek City officials met with PG&E recently to seek assurances that PG&E will not move forward with its Pipeline Pathways plan to remove more than 735 trees in Walnut Creek until the city and the utility company investigate alternatives and reach an understanding regarding legal and environmental concerns.

PG&E agreed not to remove any trees until an agreement was reached.

However, the utility company indicated it will continue to contact private property owners to seek removal of structures that are on or near the pipeline.

At the meeting, PG&E officials agreed to provide the city with a list of structures it is seeking to remove. Mayor Kristina Lawson called the meeting a positive first step, but noted there are many issues to be resolved.

At issue is PG&E’s Pipeline Pathways program, which calls for removal of all trees, structures and some vegetation along the length of it, 6,750-mile natural gas transmission pipeline.

A clear pathway above the pipeline will allow the utility to better maintain, inspect and safely operate the system, according to an Information Sheet from PG&E.

City officials say PG&E has not proven that the trees pose a danger to the pipeline, and need to, at a minimum, follow local permitting regulations. At the meeting, the city asked PG&E to do the following:

• Sign an interim agreement that PG&E will refrain from any tree removal activities, including communications with property owners relating to tree removal within Walnut Creek. The only exception is if a tree poses an imminent, documented threat to PG&E facilities.
• Comply with city permitting requirements and applicable environmental regulations.
• Work with the city’s arborist to inspect each tree earmarked for removal and evaluate whether the tree does, in fact, pose any danger to the pipeline.

PG&E officials said they will review the agreement over the next several days. In addition, PG&E said it would meet with city representatives to further discuss permitting requirements. PG&E also agreed to hold community meetings about the Pipeline Pathways program at a future date.

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Talk to your friends and neighbors!
Protecting the brood

When Mr. Nature himself, Bob Carlton, saw a family of geese trying to cross the street at Stanley Dollar Drive and Tice Creek Drive recently, he just had to help out to ensure they wouldn’t get hit by a car. He got the orange crossing flag and made sure drivers saw mama and papa goose and their goslings. Carlton is president of the Rossmoor Nature Association and regularly leads bird walks in Rossmoor. But usually his bird walks are with people.

New law requires plumbing upgrades by 2017 to facilitate water conservation

A new state law mandates replacement of old plumbing fixtures and water-conserving toilets, urinals, showerheads and faucets by 2017. The requirements apply to structures built before 1994. Between now and 2017, the law’s requirements are triggered when a property is undergoing alterations, additions or improvements.

By Jan. 1, 2017, all single-family residences built before 1994 must have water-conserving plumbing fixtures regardless of whether the property undergoes alterations or improvements. The requirements are slightly different for multi-family residential and commercial property, but the end result is the same: At some point in the next several years, building owners need to replace old plumbing fixtures. For a bulletin that explains how the law works, visit the Walnut Creek Building Division’s website at www.walnut-creek.org/building.

Donors support Hospice walk

Continued from page 1A

Anna George, hand-painted silk scarf
Anonymous, two one-pound boxes of See’s Candies
Atria Valley View, $50 Safeway card
Charles Schwab, four $75 A’s tickets
Contra Costa Humane Society, doggie gift basket
Creekside Grill, $100 gift certificate
Diablo Foods, $100 gift certificate
Draper’s & Damons, a necklace
Flower Bowl Florist, orchid plant
Il Pavone Restaurant, two lunches w/two purchased Lafayette Car Wash & Detail, “Works Plus”
Noah’s Bagels, two gift cards $13 bagels each
Nothing Bundt Cakes, eight-inch decorated cake
Paxti’s Restaurant & Pizza, $25 gift certificate
Pizza Oliva, $20 gift certificate
Prima Vini, 10 $15 gift certificates
Rossmoor Diner, one free dinner
Rossmoor Golf Shop, four greens fees/two carts
Rossmoor Golf Shop, two 30-minute lessons w/Wayne
Rossmoor Golf Shop, one 50th Anniversary cap
Safeway Stores, $30 Safeway gift card
Shell, stylist at Tice Valley Beauty Salon, two gift cards at $55 each
Sparkling Cleaners, $30 cleaning credit
Susan Foul Catering, $30 gift certificate
Tullio’s Restaurant, dinner for two
Tuy Nails, $22 gift certificate from Yvonne
The UPS Store Rossmoor, gift card for 500 black and white copies
US Bank Rossmoor Branch, $100 Target gift card
Walnut Creek Optical, one pair of sunglasses
Those who can’t stay for the drawing may sign their raffle tickets, and will receive a call if they win. Registration in advance is preferred in order to shorten the lines, but last-minute walkers are welcome.

For information, call Trish Dickson at 287-9585.

The event will happen rain or shine.

Come support Hospice of the East Bay in continuing its 38 years of serving Rossmoor.

If your dog bites or nips, even playfully, consider a muzzle when walking the pet in Rossmoor.

Even a slight nip can cause fear, loss of balance and catastrophe for fellow residents.

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Sportsmen’s Park grills and plaque get update

Picnic season is here and the barbecue grills at Sportsmen’s Park, next to Hillside Clubhouse, have a new look and a new lease on life. The major refurbishment was made possible by a $9,400 donation from the Activities Council.

This popular area for club gatherings and family get-togethers now also houses the new table tennis facility.

Many years ago, it was also home to a fly-fishing pond. That facility has been replaced by the bocce courts.

To commemorate this fishy past, in 1969 the Sportsmen’s Club donated a wooden plaque depicting a trout. The piece was placed on the front of one of the grills, where it was rarely noticed and subject to wear and abuse.

Activities Council President Trish Dickson restored the folk-art carving while the grills were being repaired. In its present place of honor, the plaque is more visible and better protected; it’s ready, like the barbecues, to give pleasure to future generations of Rossmoor residents and their guests.

Orange flags

The Golden Rain Foundation has equipped many crosswalks in Rossmoor with orange flags to help pedestrians. Look for the white tubular receptacles mounted on sign poles, grab a flag then put in the corresponding receptacle after crossing the street.

As usual, look both ways before attempting to cross any crosswalk in Rossmoor.
Democrats hear from Planned Parenthood director tomorrow

Shasta-Pacific Planned Parenthood Public Affairs Director Susannah Delano will speak at the Democrats of Rossmoor monthly membership meeting on Thursday, April 24, in the Event Center. Social hour will begin at 2:30 p.m., followed by the program at 3.

Refreshments will be served. Everyone is welcome to attend free of charge.

Delano’s topic is “Shutting Down the War on Women.” She will discuss the state of current anti-choice activism and the increasing hardships women in conservative states face in obtaining legal, safe abortions.

Shasta-Pacific Planned Parenthood provides over 100,000 individuals with health care and education services at more than 30 locations in 17 Northern California counties. It provides high-quality, affordable health care for women, men and teens. Services include a broad range of reproductive general health services including birth control, abortion, prenatal care, pregnancy testing, STD screening and treatment, sterilization and counseling.

Shasta-Pacific Planned Parenthood operates one of the largest community services and education programs in the country, providing comprehensive, responsible, age-appropriate sexuality education and case management services to more than 36,000 men, women, parents, and teens annually. Planned Parenthood also advocates for reproductive rights, including the right to safe, legal abortions.

There will be time for questions from the audience and refreshments will be served.

Emergency Preparedness Organization to review human response to real-life drama

By Alan Cunningham
EPO correspondent

You’re getting ready for bed, brushing your teeth while in your bathrobe and slippers, and, suddenly, you’re jarred by loud noises and a shaking that you feel from your feet to the top of your head.

Earthquake!
You know your frail neighbor has felt it, too, and he’s at least as scared as you are.

What’s next?

The fear may temporarily shut down your common sense – but it will come back. And, if you’ve given some thought to what you’d do in a situation like this, that common sense is likely to come back sooner.

Those residents who attend the Emergency Preparedness Organization’s (EPO) meeting Monday, May 5, at 9:30 a.m. in the Fairway Room at Creekside will get to ponder a pair of real-life, everyday scenarios similar to this one. All residents are invited to participate.

Roundtable seating will allow small-group discussions in which participants can interact easily and everyone will be able to hear others’ ideas and share their own. Taking notes will be encouraged.

The bottom line: If a disastrous earthquake strikes when we are at home, we – Rossmoor residents – will be the “first responders” until organized volunteers and professional help reach the scene, and they may not be able to show up for hours, perhaps several days.

EPO’s meetings are part of Rossmoor’s disaster preparedness and response groups’ programs highlighting ways residents can help themselves and their neighbors and be better equipped to cope with disaster.

For information, call Ellen Dietschy at 256-8890.

Mutual 22’s annual meeting is June 9

The 44th annual membership meeting of Mutual 22 will be held on Monday, June 9, at 10 a.m. in the Mutual’s Club 22 at 4033 Terra Granada Drive.

One position is open this year. The term of Ping Tse is expiring; however, Tse has declared that he will run again. Any other Mutual member in good standing who is interested in running for a place on the board of directors should contact the Mutual Board Office in Gateway at 988-7718 by the Wednesday, May 7, deadline to place their name in nomination.

The winning candidate will be seated on the board at the membership meeting.

Candidates must submit a statement of no more than 300 words outlining their qualifications and interest in serving on the board.

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Two longtime directors retire from Mutual 56 – Lakeshire board

Barbara May has been president since 1992

Continued from page 1A

of the Oakland Children’s Hospital for 25 years, overseeing 2,600 women to raise money via various fundraising events. She was the first resident of Lakeshire Drive, moving in to her new house in October 1992.

May was also the Mutual’s first and only president from 1992 through the present.

May’s guidance and wisdom as president have been priceless to the 37-condominium neighborhood. She was involved in all facets of the neighborhood, from landscaping to the ponds, to contests for the first to spot ducklings each spring. When it was time for business, May wielded her gavel and received instant attention and respect. Christensen was stationed in Pearl Harbor when the Japanese attacked and scrambled to get airplanes aloft to respond. He saw quite a bit of action in the Pacific, beginning directly after Pearl Harbor. He “dropped a few bombs as payback,” he said. On one occasion, his aircraft landed on the ocean and rescued downed airmen. He retired from the Navy in 1960 to attend San Jose State University, majoring in engineering and subsequently went to work for Factory Mutual Global. He and his wife, Helen, settled in Los Altos where they raised their two children.

Christensen has served on the Mutual’s board of Mutual 56 since 1994. His technical knowledge of every moving part of the Lakeshire neighborhood has truly been invaluable. He was often seen in the early morning hours attending to street lighting, ponds and whatever may have needed his expertise at the time. The holiday season street lighting was his annual effort that the neighbors always so enjoyed. As a mark of her 22 years as president and appreciation of her service, May received a dozen red roses from the Mutual. Plaques of recognition were presented to both May and Christensen.

At the end of the quarterly board of directors’ meeting last week, the incoming President Claudia Edwards appointed Bill Eames as vice president and Susie Crist as secretary/treasurer.

Outgoing Mutual 56 board members from left, Merle Christensen and Barbara May, are pictured with current board members, President Claudia Edwards, Secretary Susie Crist and Vice President Bill Eames.

Counseling Services will present a program on sleep challenges tomorrow

Find out about common sleep disorders as people age and the impact this has on overall health as well as the latest research on the subject. “Sleep Challenges in Aging” will be presented on Thursday, April 24, from 11 a.m. to 12:30 p.m. in the Fireside Room at Gateway.

The free program is part of Rossmoor Counseling Services’ optimum wellness lecture series.

The speakers are Pravin Venketsamy and Thekla McFarland from Kaiser Permanente in Martinez. Venketsamy is the manager of the sleep medicine and respiratory care program. McFarland is a licensed respiratory care practitioner.

They will cover changes in sleep patterns as people age. They will distinguish between what are normal sleep pattern changes and what sleep patterns can become problematic to one’s physical, cognitive and emotional health. They will discuss the latest information on treatments for sleep disorders.

Venketsamy has a bachelor of science degree in health care services and a master’s degree in health administration from New England College in Hanover, N.H. He earned a certificate in executive leadership from Cornell University.

McFarland is a registered polysomnographer sleep technologist. She is a certified clinical sleep educator and a registered pulmonary function technologist.

Registration is required. Call Rossmoor Counseling Services at 988-7750.

Recycle responsibly

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Rossmoor News April 23, 2014

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Swimmer on Fitness Center Wall of Fame

By Claudia Tierney
Fitness Center Advisory Committee

For 7-year-old Ray Huebsch, it was sink or swim when his dad tossed him into the ocean waters off Manhattan Beach. He swam and has been doing so ever since.

Today, at 97, Huebsch swims five days a week at Del Valle pool in the winter and outdoors at Hillside when the weather warms. He swims continuous laps for 20 to 30 minutes a day and also vigorously walks in the pool for about five minutes.

Born in Los Angeles, Huebsch attended Los Angeles High School, UCLA and USC, where he graduated with a degree in dentistry. During a 21-year stint in the U.S. Navy, he practiced dentistry and was sent to the Mayo clinic and later UCSF where he became a maxillofacial surgeon.

During World War II, Huebsch served aboard cruisers escorting aircraft carriers in battles in the Coral Sea, Guadalcanal, Midway and other notable locations in the Pacific. Later he moved to the Bay Area, teaching oral and maxillofacial surgery at UCSF for 15 years.

Huebsch and his first wife moved to Rossmoor in 1973 and he later retired in 1976. The following 15 years were devoted to seeing the world with his wife who worked in the travel industry. They visited 180 countries, circumnavigating the globe three or four times by train, plane and ship. He names Antarctica as his favorite trip because of its pristine beauty.

Huebsch is the original owner of his Rossmoor manor. Today he shares that home with his current wife, Pat. Having been previously acquainted as couples married to their first spouses, they married 10 years ago in a ceremony attended, to their surprise, by over 175 people, many of whom flew in from around the country. Huebsch wore the same tuxedo in from around the country.

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Ray Huebsch swims five days a week, either at the Del Valle pool in the winter, or Hillside when the weather is nice. News photo by Mike DiCarlo

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CEOs MONTHLY REPORT

Updates on Projects, Election, Employees and Awards

By Warren Salmons, GRF CEO

There were 62 sales in March 2014, as compared with 60 in March 2013. Forty-three of the sales paid a membership transfer fee. As of April 16, there have been 10 sales and there are also approximately 92 pending escrows.

Buckeye Tennis Complex project

After completing the project accounting, the project cost overrun has been calculated to be about $38,000, considerably less than the preliminary estimate. At its upcoming meeting, the GRF Board will be asked to authorize that additional expenditure from the Trust Estate Fund.

GRF election

Balloons were mailed to GRF Board District E voters on April 18. Ballots must be mailed back to the audit firm, which counts the ballots. The ballots must be received by the audit firm no later than Thursday, May 8. Results of the election will be announced/posted on Friday, May 9, in the afternoon.

Community Managers International Association

On April 15, approximately 35 members of the Community Managers International Association, all senior executives of large-scale private communities from across the country, and many from California, toured Rossmoor. The group also discussed issues of common interest with several of the Golden Rain Foundation’s senior management employees.

Employee transition

As a new feature in the CEO report, I will be indicating the names of Golden Rain Foundation employees who have begun employment or ended employment during the prior month. For March 2014, new employees: Maurice Carter, videographer; Sean Condon, golf Pro Shop clerk; Mireya Cruz, accounts payable/accounts receivable; Gail Denzon, insurance; Rigoberto Lemus, custodian; and Julie Morgan, accounts payable/accounts receivable.

Employees leaving employment with the Golden Rain Foundation: Teleensu Alcala, facility landscape; Guy Cruz, accounts payable/accounts receivable; and Bobbie Simmons, receptionist.

AARP Drivers Safety Award

Rossmoor has been informed by the district manager of AARP that the community will receive a Drivers Safety Program Award because Rossmoor is one of the top 100 host organizations with respect to participation in drivers safety program training.

Event Center design award

The Golden Rain Foundation has received a Gold Achievement Design Award from the National Association of Home Builders. The award is given to communities in large-scale private communities for their contribution to the community. The award is given to communities in large-scale private communities for their contribution to the community.

ESSENTIALS

Stories, letters, classifieds and more can be found at www.rossmorornews.com
FWCM divided on Trust Agreement changes

At the March 28 meeting of First Mutual’s board of directors, President Sue Adams reported that two out of 18 Mutuels refuse to change the current rule that 100 percent of the Mutuels must agree on changes.

Trust Agreement Review

7 Revision Monitoring Committee Chairwoman Mary Engel said that the board will take action on the 10 recommendations the committee presented to the board last month.

The board accepted the recommendations of the Trust Agreement Review Committee.

Policies/bylaws

The administrative secretary was asked to outline the procedure for adopting bylaws.

The draft bylaws will be sent to the membership for a 30-day comment period. Two weeks into the comment period, there will be a town hall meeting with the board. The membership may write down comments on the changes. The board will take the comments under advisement and make whatever changes deemed appropriate.

The changes will be sent out with a ballot for the membership to vote on. There will be 30 days to return the ballot.

The board approved the draft of the amended bylaws.

Treasurer’s report

GRF CFO Rick Chakoff said two treasury notes will come due in April and June. He recommends that they be replaced by three-month treasury notes to increase liquidity.

Barbara Gilbert said she had spoken with the attorney who will be following up on seriously delinquent accounts.

The finance committee mentioned work it has done on the electric car situation. The attorney said Davis Stir- lin has definite rules regarding residents’ rights to own electric cars and the new policy will address this rule.

Water conservation continues to be a concern.

Maintenance

Landscape Manager Rich Perona said that system checks are under way, making sure that all are operating in the best way to save water. The winter pruning is currently being done for shrubs and trees under 12-feet tall.

The work on projects along the roads is mostly completed. Spring flowers will be early planted in April. The work on Rockledge Entry 7 is done.

Dr. Gil Magilgen, (PhD, Biophysics, UC Berkeley) patented a neuro-scientific method for engineering optimal speech intelligibility useful for your hearing aid provider

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A hearing engineer will measure and demonstrate each of these points.

Useful questions for your hearing aid provider

Individual Differences

People who get hearing aids rarely experience “getting back to normal” as they will never get used to the sensation. You won’t hear this often, but hearing impairment is more like a slowly-developing macular degeneration than common vision impairment. Both vision and hearing, the KCSA “hearing loss” are a result of damage to both the sensory and the neural mechanisms that create the clarity of what you see or hear.

In addition, the ability to understand speech requires the cognitive functions we developed in childhood. We (our brains) learned to connect certain combinations of sound to their proper objects. Our brains also learned to focus attention on one person and disregard other sound. Our brains learned how to quickly pick out words even in noisy places.

Hearing Impairment

Individuals with hearing impairment can differ from each other in all three areas: sensory, neural processing and cognitive abilities. So a person’s benefit from hearing aids is not only related to the amount of loss of audibility shown on the simple hearing test. Their experience will be affected by their personal neural and cognitive challenges.

People acquire hearing impairment during their lifetime as a result of several genetic predispositions, to a certain combination of sound to their proper objects. Their experience will be affected by their personal neural and cognitive challenges.

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Minimal size and maximum versatility: that’s the beauty of Pure® Carat. This extraordinary RIC (Receiver-in-Canal) hearing instrument offers
Residents learn about medical alert systems from vendors
Seminar sponsored by the Rossmoor Fund

By Trudi Garland
Fund correspondent

The Rossmoor Fund sponsored a second informational seminar regarding medical alert systems on April 10 at the Event Center.

Sometimes referred to as emergency response systems, these employ a help button worn on a necklace or bracelet that sends a signal to an outside monitoring center for help when a telephone cannot be accessed.

The directors of the Rossmoor Fund continue to encourage residents to consider these devices, especially if they live alone.

Nearly 70 residents attended the seminar, which opened with remarks by Fund Director Claire LeVine Wolfe.

She described her own experience leading her to acquire such a device.

Three suppliers then described their products, how their technology works and the options they offer.

This was followed by opportunities to ask questions and discuss the products individually with the vendors.

Rossmoor’s Counseling Services was also present.

While neither the Rossmoor Fund nor Counseling Services endorses any particular company, the three represented at the seminar offer state-of-the-art equipment, provide special rates to Rossmoor residents as well as free installation if requested.

Resources
1. Bay Area Vital-Link (800-752-5522), $25.95 per month, discounts offered for quarterly or annual payments.
2. Philips Lifeline (800-LIFELINE), $29.99 per month, also offers an Auto Alert fall detector for $42.95 per month.
3. Bay Alarm Medical (877-522-9633), $25.95 per month. Discounts offered for quarterly and annual payments.

Financial help to cover the cost of a device may be available from the Rossmoor Fund for individuals whose annual income is less than $23,340 or two-person households less than $31,460.

Other assets are also taken into account when determining eligibility.

For information or to apply for such a grant, call the Rossmoor Fund at 567-3863 or call Counseling Services at 988-7750.

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Celebrating 100 years

Margaret Matteen of the Waterford gathered with family and friends on April 11 during the Waterford Friday night social to celebrate her 100th birthday. Her birthday was the next day. Cake was served to all in attendance.

AARP Smart Driver Course is in May

The AARP Smart Driver Course is offered in Rossmoor to help residents refresh their skills, as well as learn the latest driving laws. After taking the course, many residents are eligible to receive discounts on their car insurance rates.

(If it is advised that residents call their own insurance carriers to find out about AARP discount rates.)

The eight-hour course is broken up into two sessions. Both classes must be attended to receive credit.

The next session will be offered on Fridays, May 16 and 23, from 12:30 to 4:30 p.m. The refresher class is offered to residents who have taken the eight-hour class or a refresher class within the last three years.

The next refresher course will be offered on Tuesday, May 27, from 8 a.m. to 12:30 p.m.

Classes are taught in Multi-purpose Room 3 at Gateway.

The cost of the class is $15 for AARP members and $20 for nonmembers.

Payments must be made by checks only when signing up for the class. All students are required to bring their driver’s license to the class.

Residents must sign up in person in the Recreation Department at Gateway prior to May 16 for the eight-hour class and prior to May 27 for the refresher class.

Members of AARP must bring proof of membership when signing up.

For information, call 988-7766.
Brian Murphy shares his love for leatherworking at Wyoming trade show

By Cathy Tallyn
Staff writer

What’s a lifetime resident of Bay Area suburbs doing in cowboy country next month?

Rossmoor’s Brian Murphy will be in Sheridan, Wyo., a community halfway between Yellowstone Park and Mount Rushmore that boasts of a top-notch rodeo. The city is also the site of the annual Rocky Mountain Leather Trade Show.

Murphy, a retired Walnut Creek city engineer, is a leather crafter. He makes beautiful custom leather jackets, which he wears when riding his silver and black Yamaha motorcycle.

He’ll share his art in one of 54 workshops offered at the 21st annual show, which is May 16 through 18.

Other topics include saddle making and repair, holster design and construction, chap and chink making, braiding, leather jewelry and even how to price your work.

The show is sponsored by Leather Crafters and Saddlers Journal. Workshop presenters are invited.

Murphy pitched the idea for the workshop a few months ago. The idea caught the attention of Charil Reis, publisher.

“She came away saying, ‘This is a great idea. Why don’t you do it?’” Reis said.

“I have seen his work . . . and knew he could make a fabulous product,” said Reis.

But, what cinched it was Murphy’s love of working with leather. He finds enjoyment and satisfaction through leather work.

“It was his enthusiasm for wanting to impress upon people how simple it really can be to construct a jacket made of leather (in 12 easy steps) that won me over,” Reis said.

“Also, he was adamant that he could convince those who didn’t have a sewing machine that his jackets were still a feasible product.”

After all, Murphy hand sews everything. There’s not a machine stitch, not even on the heavy duty zipper.

“I enjoy the stitching. It’s like meditation – it has a very calming effect,” he said.

Murphy will bring to the workshop plenty of samples of his work in various stages of completion.

Also a very good photographer, Murphy recommends attendees bring not only note paper and a pencil but also a camera to take photos of his step-by-step process. That way, people have something to refer to when they’re making their own work.

Continued on next page

A close-up of Brian Murphy’s jacket made of deer hide

Brian Murphy likes to work in the Sewing Studio at Gateway

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Resident makes leather jackets in Sewing Studio

Continued from page 14A

Brian Murphy makes leather jackets to wear when riding his motorcycle.

“This are made to be worn,” Murphy said.

Depending on the season, Murphy will wear a light, medium or heavy jacket.

His work is also seasonal. When it’s rainy, cold and dark in winter, he does most of the work. He finds it soothing to stitch together the hides and make the long fringe for the sleeves.

Murphy works on his projects in his home and in the Sewing Studio at Gateway. A member of the Sewing Arts Club, Murphy likes the open spaces of the studio so he can spread his work out.

Most of his leather is bought at local leather shops, but some comes from places like Fort Hall, Idaho and a Shoshone Indian store.

“It’s simple,” Murphy said of making the jackets.

It takes him a total of about 40 hours for each. He wears a jacket until he gets tired of it and then gives it to a friend.

Because he’s bringing so many things for the workshop in Wyoming, Murphy will drive rather than ride his motorcycle.

And, along the way, he’ll stop at trading posts. You never know what you may find.

Security Reports

The following are the major incidents reported to Securitas, Rossmoor’s security service provider. They appear here as they were initially reported to Securitas. After investigation, details of a case may indicate a lesser or different incident description. If the case warrants it, the News will do a follow-up story.

Saturday, April 12

Theft: A Horsemen Canyon Drive, Entry 13, resident reported a package she was expecting was not at her manor. Later that day, there was a note on her door that said the box was found up the street, but the contents were missing. She was advised to notify Walnut Creek police and FedEx.

Green Bus Line goes downtown

Rossmoor’s Green Bus line offers scheduled trips each weekday to BART and downtown Walnut Creek. Check the bus schedules at the bus stop or on the Rossmoor website at www.rossmoor.com and hit the bus schedule quick link at the bottom of the page. For information, call the Bus Transportation office at 988-7670.

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CARELESS, SPEEDING DRIVER

This is another story about careless drivers ex-ceeding the speed limit. I was walking back home on a quiet evening on Sunday, April 13. I was hand in hand with our five-year-old grandson, approaching the crossing at Oakmont Way. Knowing it is a notorious speed trap, I walked very slowly. On the other hand, there was no active driver crossing the street. Then, suddenly, a black car came sliding the slope towards Gateway full speed, without any sign of slowing down. I was scared to death and grabbed the kid in my arms, barely escaping death caused by an inconsiderate (or blind?) driver, who continued driving with that speed all the way to the stop sign at Tice Creek. The car passed so close to us that I felt a strong draft created by the speed. I was panicked and in shock, unable to read the license number, so that I could not report the incident to the police.

This is not a singular case with that crossing; most vehicles coming downhill exceed the limit (and it can be seen on the display). It seems they don’t care. We believe the solution for that frequent-ly used crossing is a stop sign, at least for the down-hill traffic.

When a WC Police car is parked nearby, the speed limit is respected, but only then. It would be useful to know if the more visible presence of police in our community has helped catch speed violators, particularly along Golden Rain Road, so non-such speeders for excessive speeding. Publishing violators’ names would be helpful.

Lucia Micke Oakmont Drive

TARR COMMITTEE GOES OFF TRACK

After hearing comments from the Trust Agree-ment Review and Revision Committee (TARR) members and then attending the latest meeting, I am concerned. At some point their previously an-nounced direction has changed. No longer work-ing to “clean up” the original document for Mutu-als to approve before moving forward, they have side-tracked and possibly derailed their process by interjecting a “must have” amendment reducing the number of Mutuels needed to pass any future amendments.

While it appears on its surface to be a great idea to expedite passage of changes to the Trust Agree-ment, it gives more weight to the vote of the three larger Mutuals while diminishing the control by any smaller Mutual over significant changes to a very important agreement between it and GRF. In-stead of pursuing their original mission to present amendments that would meet the unanimous ap-proval of all parties, the committee has chosen to lower the bar for passage. Further complicating this issue is the lack of disclosure by the committee of the proposed amendments.

Perhaps the TARR committee would be well-served to take a step back and a deep breath. A brief review of their mission and process could be of value. This well-intentioned and tireless group is charged with the difficult task of creating a docu-ment that all parties can agree on. Until they pro-duce an acceptable basic document and a complete list of possible amendments, little is to be gained by demanding unanimous acceptance of one amend-ment. Disrespectful treatment of dissenting Mutu-als may well prove counterproductive and could turn their efforts into a ‘train wreck.’

Linda Herron Ptarmigan Drive

LOW-INCOME ROSSMOOR IS ILLUSION

Should Rossmoor be a low-income community for middle- and low-income seniors to live in an af-fordable area, as some people have advocated? Rossmoor is America’s premier active adult community, providing opportunities for residents to both enjoy an active lifestyle and age in place. This mission statement was created by the origi-nal developer, Rosalind Curtese, accepted by residents, and carried out by GRF Boards during the past half century. Seniors not just purchase a house, more importantly, they select a lifestyle. They pur-sue a high-quality life for their later stages of life. Rossmoor provides services and amenities to en-hance their health, to make them happy. A low-in-come community is to fundamentally redefine the mission statement.

If Rossmoor declares itself as a low-income community, the immediate result is a crash in our property values. Residents’ investments on our proper-ty will be vaporized. People will live in horror. When moving out, people couldn’t earn money to support the remainder of their lifetime. Affluent middle class would not move in and debt-paying will default.

Oakland used to be a prosperous city. When I drove on East Oakland streets, I was impressed by the old-time elegance under the dilapidated appear-ance. As affluent people moved out, the city fell into trouble. Do we want Rossmoor Oaklandized? Low-income community sounds like a kind wish, but it needs resources to support it. Devel-opers build affordable housing by raising prices of other houses in the project. Low-income housing, such as the apartments across the street from the previous JCC, is supported by tax money. Being a mutual-benefit nonprofit corporation, Rossmoor doesn’t have such resources. So such kind wishes would never be realized.

Jiayi Zhou Golden Rain Road

WHERE IS MY FLASHLIGHT?

John has my flashlight. When we had our acci-dental power outage at Waterford, I rescued John from our black stairs and loaned him my red flash-light so he could find his way to a friend’s place. He has not returned my flashlight as he promised to do. I’m still waiting for it. Who are you? Where are you? And where is my flashlight?

Irene Willer Tice Creek Drive

NO MORE LEAF BLOWERS

I have to say, the leaf blower operators in Rossmoor must be sadists. They have been blowing endlessly since 8 in the morning. Enough is enough. I am tired of it. Put an end to this. No need for apol-ogies.

Rocky Termanini Rossmoor Parkway

RETAIN THE FLOOR

Whatever else is done with the Fitness Center, please, please, please retain the big Sierra Room at Del Valle floor exclusively for ballroom danc-ing. The floor of the Event Center really isn’t big enough. Big floors like it are slowly disappearing everywhere. For the many dancers at Rossmoor, its loss would be huge. Thank you.

Al Bocek Running Springs Road

LOSE UMBRELLA

On April 4, I dropped a black umbrella, opens via a press button, at the Cocktails at Creekside event. I have checked the lost-and-found area in the Redwood Room several times, but in vain. If it would be more convenient, please call me and I will pick it up. Thank you.

Jean Geyer Terra Granada Drive

THANK YOU

Thank you to residents for their generous sup-port for the Pajama-Rama drive. Your donations of pajamas for the homeless and needy children were greatly appreciated.

Annan Sarzan Skycrest Drive

To contact the GRF Board

Residents who would like to contact the GRF Board can do so in the following ways:
- Email: grb@rossmoor.com
- Mail: GRF Board, P.O. Box 2070, Walnut Creek, CA 94595
- Message phone: 988-7710
- Drop-off: Board Office at Gateway

For GRF Board minutes and agendas, check the website at www.rossmoor.com/ResidentInfo/Rossmoor Governance
Paycheck Fairness Act

By Susan De Carlo

Reading that April 17 was Equal Pay Day, I recalled participating in a demonstration on the floor of the Democratic National Convention in the summer of 1980. The women’s caucus of delegates protested the fact that women working full time in 1979 earned an average of only 69 cents for every dollar earned by men. Women had gained 11 cents since President Kennedy signed the Equal Pay Act in 1963. We hoped that by publicizing the issue the goal of full parity would soon be reached.

It is now 51 years since the Equal Pay Act was signed and, on average, according to the census bureau, women’s annual salaries have reached only 77 cents for every dollar earned by men. Women had gained 11 cents since President Kennedy signed the Equal Pay Act in 1963. We hoped that by publicizing the issue the goal of full parity would soon be reached.

The National Partnership for Women and Families points out that 15 million women in the United States head their households and more than 30 percent of those families live in poverty with annual earnings of $15,730 for a family of two or $23,800 for a family of four.

The dollar parity would soon be reached.

review of studies that break down earnings by various demographic groups reveals that unmar- ried female college graduates ages 22 to 30, without children, on average earn more than their male counter- parts. However, with the age component omitted, the fact checking website Politifact, found female computer programmers make 95 cents for every dol- lar their male counterparts make; female lawyers, not accept make 98 cents; In the dollar plan to financial advisers make just 58 cents on the dollar.

The National Partnership for Women and Families points out that 15 million women in the United States head their households and more than 30 percent of those families live in poverty with annual earnings of $15,730 for a family of two or $23,800 for a family of four.

The same group also notes that in Washington, D.C., African-American women make 53 cents on the dollar while Hispanic women make 43 cents for every dollar earned by white men. Bloomberg News last year estimated that out of 265 recognized industries, on average, exclud- ing differences in age and education, women only out- earned men in the service worker category.

Various iterations of the Paycheck Fairness Act have been stalled in Congress since 1997. This act would make it illegal for an employer to offer women less pay for the same job and also prohibit employers from retaliating against workers who discuss their pay with coworkers. According to the National Part- nership for Women and Families, about half of work- places have unwritten rules providing unequal pay scales and punitive pay secrecy policies. Even with its previously favored and not unusual votes, has been elusive and the bill has not been passed.

In 2013, Rep. Rosa DeLauro, (D–Conn.), sponsored a Paycheck Fairness Act explaining that “this is not a woman’s issue but an economic issue for families.”

Still, the Republican majority again blocked passage of the bill. On April 9, 2014, the Republicans staged a last-ditch effort, but with no new action on a Paycheck Fairness Act. A bibliography can be had by contacting decarlo@ sbglobal.net.

Susan De Carlo can be contacted at decarlo@ sbglobal.net.
We need a pastor who is conversant in – and delights in – biological science, theological background in theology and philosophy: the early Christian church and its evolution through medieval times and the Reformation and the development in the last century to today in scientific thought from the 17th to 19th centuries; and modern trends toward secularism. An entire chapter is devoted to the state of diversity in churches, including Catholicism; Protestant fundamentalism; sects such as the Mormons and Pentecostals; and the phenomenon of mega churches. A further chapter provides an overview of other religious traditions: Judaism; Eastern philosophy; and Islam.

Part Three, “Sorting out the Issues,” discusses some of the key debates that are inherent in modern science.

The ongoing dance between science and religion drives both camps into defensive overstatement. I find it troubling that some religious leaders, and followers, combined the best and worst of a critical thinking and insist they have the truth about every equally distressing, however, are scientific purists who believe they have the only truth about the most important realities.

Finally, Part Four, “Taking a Rewarding Road,” is Robinson’s argument for the middle way that he calls Secular Spirituality. Central to his narrative is the special kind of love called “agape,” which he describes as “the evident power that defines the fullness of human relationships, grounds human ethics, and calls for a broad a secular and spiritual. Secularists see belief in God as “superstition and a stumbling block to human dignity,” whereas Robinson’s more nuanced view is clear from the beginning.

“Without resorting to the notion that we are children of a God in heaven, I contend we are distinctive and special among the animals by virtue of spirit.” Describing the elements of spirit is a more complex task: “When I speak of the spiritual, I am talking about natural experiences that energize us with joy, movement, down, lift us high, and call out the best in us.”

Part One continues with a deft review of 20 major belief systems – from animism to theism to humanism to atheism – and an invitation to “each find our own place in the list.” Finally, Robinson describes what he calls the human predicament: “We ask the big questions about our existence because both we and the world seem off-track – irrationally chaotic, self-defeating, and beset by enormous problems.” The problem of evil is a tough one for us to resolve.

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Clarinet Fusion presents free concert Saturday

Clarinet Fusion, a unique collaboration of outstanding clarinetists, will perform on Saturday, April 26, at 7 p.m. in the Tahoe Room at the Event Center.

The group features 10 musicians playing seven different clarinets. The group was founded in 2007 by Larry Vuckovich, his only student and piano duo colleague.

The concert set list will feature music by one of the most memorable and appreciated originals, including his popular hit, “Cast Your Fate to the Wind.”

Vuckovich’s clarinet and flute will also play “Peanuts” tunes that retain his melodious, swing jazz spirit such as “Surfin’ Snoopy” and “Christmas Time Is Here” from the Charlie Brown Christmas show.

Tickets for this concert are $10 in advance at the Excursion Box Office and $15 for guests.

Dixieland Jazz Club presents Brock and the Jambalaya Swing Band tonight

The Dixieland Jazz Club will host Ken Brock and his Jambalaya Swing Band on Wednesday, April 23, at 7 p.m. in the Tahoe Room at the Event Center.

The band will play Dixieland arrangements that were made popular by the bands of Bob Crosby, Les Brown, Duke Ellington, Dick Jurgensen and Jan Garber.

Most Dixieland bands range from five instruments up to 10, but this band was considered to be 11 instruments and larger. The 11-piece band was the most popular size, but dance bands often increased to 14 in number.

The Jambalaya Swing Band includes Mike Vuckovich on clarinet and flute; Bruce Saxton, baritone and clarinet; Scot Vuckovich on trumpet and vocals; Julianne George on bass; and Kelly Visconti on drums.

Dixieland Jazz Club presents Brock and the Jambalaya Swing Band tonight

Join the fun at a Cinco de Mayo party May 5 from 11:30 a.m. to 1:30 p.m. in the Tahoe Room at the Event Center.

The festivities will include live mariachi music and dancing by Grupo Folklorico Los Laureles of San Jose. The group was founded in 2007 by Cesar Gonzalez and Ashley Lopez. Los Laureles began as a small group of family members coming together to learn traditional Mexican dances.

They have performed for parades, private parties, Hewlett Packard, Google, the Gilroy Garlic Festival and many other venues.

Mariachi is a musical tradition that has come to symbolize Mexico and its culture.

The band features the brassy, bold sounds of the trumpet; the soft and romantic pitch of the violin; the ever-present guitar; the pearly vihuela; and the strong, emotional voice of the singer.

Tickets for this event are $5 in advance at the Excursion Desk at Gateway. The ticket price will include the choice of either a cheese quesadilla or bean burrito with chips and salsa, Mexican cookies and lemonade.

The Jambalaya Swing Band includes Mike Young, alto and soprano saxophone as well as clarinet; Mike Kenney, alto saxophone and clarinet; Stuart Yasake, tenor saxophone, clarinet and flute; Bruce Saxton, baritone and tenor saxophone as well as clarinet; Mack Horton, first trumpet and flugelhorn; Noel Weidcamp, second trumpet and flugelhorn; Ken Brock, third trumpet and flugelhorn; Ron Wetzel, trombone; Rich Ows, piano, Julianne George, bass; and Kelly Fasman, drums.

For information, contact Nancy Moschel at 938-1571.

Now is the time to pay club dues of $30 per person for 2014. Pay dues at the door or send a check to Rossmoor Jazz Club, c/o Lola Crawford, 1001 Golden Rain Road.

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The evening of music is for listening and/or dancing. Admission is $10 for club members and $15 for guests.

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Celebration of great American composers features Gershwin

May is George Gershwin month for the second in a three-month film festival in which the Opera/Ballet Club celebrates three great American composers. Aaron Copland was featured in April and Leonard Bernstein will be showcased in June.

The documentary “George Gershwin Remembered” will be shown on Monday, May 12, at 7 p.m. in Peacock Hall.

Jacob Gershwitz was born in 1898 in a poor Brooklyn neighborhood to parents who fled the Russian pogroms. He became George Gershwin, who shaped popular music before he died at the age of 38. Tin Pan Alley, classical music, jazz – Gershwin fused them all into a new American sound.

His first hit, “Swanee,” is performed by Al Jolson. Pianist Oscar Levant with Paul Whiteman’s orchestra present “Rhapsody in Blue.” Additional Gershwin classics are played by the Royal Philharmonic Orchestra. Conductor Michael Tilson Thomas and Michael Feinstein also perform.

Gershwin family members, plus friends and celebrities are interviewed in this award-winning documentary (90 minutes) that presents an intimate look at the life of an incomparable American artist.

On Wednesday, May 21, at 4 p.m. in Peacock Hall the great Gershwin opera “Porgy and Bess” will be screened. The turbulent story about a crippled beggar and the headstrong woman he loves is presented by the San Francisco Opera.

Gershwin went to South Carolina to study African-American folk songs – jubilees, blues, praying songs, street cries, work songs, and spirituals. He blended them with traditional arias and recitatives. He also absorbed Jewish liturgical music, and some melodies in “Porgy and Bess” are similar to melodies Gershwin had heard as a child.

In director Francesca Zambello’s production, an ensemble cast is led by conductor John DeMain. The chorus is under Ian Robertson’s direction.

The film is 158 minutes. A $1 donation will be requested and a raffle held on both film dates. All Rossmoor residents and their guests are invited.

Get tickets now for 12th annual Women’s Conference

This year’s conference will be Thursday, June 5. The theme of the Conference is “Women In Film: Evolution & Revolution.”

On Wednesday, May 7, at 7 p.m. in the Event Center the great American artist, an extended period for questions and answers, and round-table discussions accompanied by a generous array of refreshments provided by Griswold Home Care and Kensington Senior Living.

Tickets are $10 per resident and $12 for guests and may be paid by checks made out to Golden Rain Foundation. Turn in the coupon from the News or pick up a registration form at the Counseling Services office.

The deadline for pre-registration is Thursday, June 5. For information, call 988-7760.

Rossmoor Women’s Conference Women in Film: Evolution & Revolution Pre-registration required by Thursday, June 5

Name: ______________________ Phone: ______________________
Name: ______________________ Phone: ______________________
Checks payable to Golden Rain Foundation Return payment and bottom portion of this flyer to: Rossmoor Counseling Services 1001 Golden Rain Road

Questions?
Contact Rossmoor Counseling Services at 988-7750.

Rossmoor program will be sponsored by Griswold Home Care and Kensington Senior Living.

Refreshments are sponsored by Griswold Home Care and Kensington Senior Living.

Questions?
Contact Rossmoor Counseling Services at 988-7750.

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Eugene Brancoveanu

Merola Opera program at Event Center on May 7

The San Francisco Opera’s Merola Opera Program will make an appearance on Wednesday, May 7, at 7 p.m. at the Event Center. This event is sponsored by the Rossmoor Opera/Ballet Club.

Featuring will be baritone Eugene Brancoveanu, a San Francisco Opera, singing several arias, including one from Don Giovanni; and Jean Kellogg, Merola executive director, who will speak on the program’s history and the accomplishments of its many famous graduates.

Tickets for the hour-long Rossmoor program will be $10 for Opera Club members and $15 for nonmembers.

Merola, founded in 1957, has been the major training ground for opera stars as Joyce DiDonato, Deborah Voigt, Susan Graham, Thomas Hampson, Rolando Villazon and Anna Netrebko.

Brancoveanu was a Merola student himself and later an Adler Fellow, who participated in the San Francisco Opera’s more advanced, year-long development program. He has sung frequently with the San Francisco Opera and sang in and directed the opera “Carmen” for the Livermore Opera last year.

He will be accompanied on the piano by Ron Valentine, who is associated with many of the nation’s leading opera singers, including Deborah Voigt, Ruth Ann Swenson and Nathan Gunn. Brancoveanu also has been associated with the San Francisco and Los Angeles opera companies, as well as numerous major symphony orchestras.

The current class of 29 young artists from 10 different countries was selected from among several hundred applicants who auditioned throughout the world. Merola pays all tuition, housing and travel expenses for the 12-week course.

The Merola program, which includes fully-staged operas with an orchestra, concludes with the highly popular Grand Finale, showcasing all the participants in a gala concert.

For information, call Diane Mauch at 988-9898.
The Berkeley Alumni Chapter of Mu Phi Epsilon will present its annual free concert on Sunday, April 27, at 2 p.m. in the Tahoe Room at the Event Center. Refreshments will follow the musical program.

Mu Phi Epsilon is a coeducational music fraternity working for the advancement of music in the community and throughout the world. Founded in 1903 as a sorority, it became coeducational in 1977. The Berkeley Alumni Chapter, established in 1959, serves Alameda and Contra Costa counties and is well known for its annual Rossmoor concerts that present, in a three-year cycle, the Mu Phi Epsilon International Competition winner, the Berkeley Alumni Young Artist Competition winners, and Berkeley Alumni members in recital.

This year’s program will feature works for piano solo by Chopin and Kabalevsky, as well as works for flute and piano by Richard Rodney Bennett and Miriam Hyde, and a Brahms Sonata for viola and piano. The performers are members and friends of the Berkeley Alumni Chapter: Hye Yeong Min, Martin Morley and Joellen Piskitel, piano; Wendy Clymer, viola; and Susan Waller, flute.

Clymer studied at Brown University, the Juilliard School and the San Francisco Conservatory of Music. In the Bay Area, she has performed with San Francisco Chamber Orchestra, St. Peter’s Chamber Orchestra and Resonance Jazz Ensemble, and is in demand as a chamber musician.

Min completed her master’s degree in chamber music at the San Francisco Conservatory of Music. She currently enjoys performing in the Bay Area as a solo pianist and chamber musician and is on the accompanying staff of the San Francisco Conservatory.

Morley has enjoyed a multifaceted career as a pianist, music therapist, teacher and conductor. He has toured North America as an accompanist for Columbia Artists Management and appeared as concerto soloist with orchestras in Kansas and Texas. Piskitel is active as a musical coach, accompanist, organist and adjudicator in the San Francisco Bay Area. She received her music degrees from the University of Michigan, and has performed in concerts, festivals and on radio and television throughout the United States, the British Isles, Europe, the former Soviet Union, Australia and New Zealand.

Martin Morley
Susan Waller and Joellen Piskitel will perform in the Mu Phi Epsilon concert.

Waller performed with the San Francisco Ballet Orchestra for 25 years (including more than 870 performances of “The Nutcracker”) and appears throughout Northern California in solo and chamber music recitals. She has enjoyed performing in the pit of the Curran, Golden Gate and Orpheum Theaters in San Francisco in numerous productions. This free program is sponsored by the Recreation Department and is open to all residents and their guests.

Free guitar concert offered Mother’s Day

Guitarist Glenn Staller will present a concert on Mother’s Day, Sunday, May 11, at 3 p.m. at Grace Presbyterian Church, located nearby at 2100 Tice Valley Blvd.

Staller began his musical studies at the age of 14. Although initially self-taught, Staller has studied with many outstanding instructors and mentors, including Rey de la Torre, Julian White, Chuscales and Dusan Bogdanovic at the San Francisco Conservatory of Music.

He concentrates on classical, Brazilian, Argentine, flamenco and other regional guitar styles. Staller teaches guitar and piano. He is writing instructional books and doing videos for both guitar and ukulele.

He performs frequently throughout the Bay Area along with appearances around the country in venues such as the Valley Forge Convention Center in Pennsylvania and the Kennedy Center in Washington D.C.

Staller performs as a soloist and in ensembles, and has accompanied renowned vocalists, instrumentalists and dancers. He is the founder of the East Bay Guitar Society.

The event is free; a free-will offering will be gratefully accepted. For information, call the church at 935-2100.
**Fourth Sunday Dance is at Event Center**

Spring into spring by attending the Fourth Sunday Dance on April 27 from 7 to 9:30 p.m. at the Event Center.

Residents and their guests enjoy the waltz, fox trot, the swing, tango and more at this popular dance. It features music played by MC and disc jockey, Gere Foley.

For each dance, gentlemen hosts work around the room and ask single women to dance, just as they do on the major steamship lines. This format has been successful in the interest of good camaraderie and breaking the ice.

More and more people are dancing and enjoying the music. An invitation is extended to people with mobility problems who might enjoy the music, the camaraderie and watching the dancing. There will be no charge for these guests and their caregivers. Men are especially welcome and don’t have to worry about their dancing abilities because there are plenty of women who can offer assistance. The Fourth Sunday Dance offers a great opportunity to learn to dance.

The club’s hospitality extends to the provision of soft drinks, door prizes and setups for the guests’ drinks. The cost is $3 per person.

The aim of the club is to provide the sounds of the big bands, a great dance floor, and the ambiance of an upscale cabaret or an ocean liner. Single men especially are urged to attend.

Newcomers to Rossmoor are in for a welcome and the opportunity of meeting new people.

For information, call President Diane Goldsmith at 944-5070.

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**Rossmoor artist opens new exhibit at Prudential**

Rossmoor residents are invited to join artist Anna George to view her newest exhibit at the Prudential California Realty office at 1830 Tice Valley Blvd. in the Tice Valley Plaza. Mary Beall, manager of Prudential, will host a wine and cheese event on Thursday, April 24, from 4 to 7 p.m. to celebrate George’s show.

Titled works in oils and acrylics will inhabit the walls of Prudential and remain on display for some months. Styles include old masters landscapes, plein air work, abstract pieces and triptychs.

While a student, George taught drawing classes at a retirement establishment in New England. She then traveled to Latin America for a year, where she became fluent in Spanish and documented her journey with watercolors.

Working as a journalist abroad, then locally for KQED Television, the hours producing art fell between work hours. Later, employment with a Bay Area Bar Association led George to explore the field of law. But art was calling. Her studio at Strawberry Creek Design Center in Berkeley drew responses to her work and propelled her toward a full-time focus.

In 2013, George proposed and developed the ongoing Soiree des Artistes of the Rossmoor Art Association (RAA), held monthly on Wednesday evenings to highlight Rossmoor artists and their work. She also serves on the Art Association board as the education committee chairwoman.

She is a painting instructor at Rossmoor who emphasizes fundamentals and individual expression. George enjoys teaching oils and acrylics for beginners on Thursdays and oils and acrylics for intermediate/advanced on Tuesdays. She is currently working on the visual portion of a cookbook for Moraga Gardens Farm.

For inquiries about the exhibit, call Charlene McHugh at 254-8870.
Penguin Dance Club hosts next dinner dance May 10

The Penguin Dance Club will hold its “May Fleur Ball” dinner-dance on Saturday, May 10, in the Fireside Room at Gateway.

At 6 p.m., there will be a social hour with a hosted bar staffed by Ced Ferrett and his crew. Appetizers will also be served.

Dinner by Simple Elegance Catering will be at 7 p.m. Entrée choices are sliced filet roast with shitake mushroom sauce, grilled chicken with sundried tomato, mushroom and spinach cream sauce or vegetarian ricotta spinach cannelloni with marinara sauce.

Accompanying the entrees will be asparagus and roasted red potatoes, along with a Caesar salad. Dessert will be cheesecake with raspberry sauce. Decaffeinated coffee and hot tea will be served, and red and white wine will be on each table.

Entertainment will be provided by the Manny Gutierrez Quartet playing a variety of music for listening and dancing. Creative decorations by Barrie Elrod and her assistants will be on display.

The cost is $60 per member couple, or $75 per guest couple. Reservation checks, payable to the Penguin Dance Club, should be mailed to Sally Kennedy, 1114 Skycrest Drive, No. 3. Note the entrée choices on the check.

All reservations, including those for guests, must be received by Monday, April 28. There will be no refunds after Monday, May 5.

Guests are always welcome. Guests are seated on a space available basis after members are accommodated. First-time guests will be given priority before returning guests.

Dress for the evening is formal. Attire for women is a long gown, cocktail dress or elegant pants suit. Men’s attire is a tuxedo, dinner jacket or a dark suit with white shirt and dark bow tie.

Residents are invited to join the Penguin Dance Club. This is the only formal dinner-dance club in Rossmoor. Members meet new friends, enjoy excellent food and listen and dance to great music in a beautiful setting.

Couples on the waiting list for membership will be notified in early July of any available openings.

For information about the dance, call Sally Kennedy at 934-7720.

Frederick Moyer will perform on the piano in a free concert at Event Center

Pianist Frederick Moyer will perform a free concert on Monday, April 28, at 2 p.m. in the Tahoe Room at the Event Center.

During over 30 years as a full-time concert pianist, Moyer has established a vital musical career that has taken him to 43 countries and to such far-flung venues as Suntory Hall in Tokyo, Sydney Opera House, Windsor Castle, Carnegie Recital Hall, Tanglewood and the Kennedy Center. He has appeared as piano soloist with most of the major orchestras of the United States, as well as many orchestras of Europe, Asia, South America, Africa and Australia.

Moyer’s far-reaching interests have allowed him to contribute to classical music in unique ways. An avid computer programmer, he often incorporates technology into his concerts. As a member of the Jazz Arts Trio, he performs note-for-note transcriptions of such jazz pianists as Oscar Peterson, Bill Evans and Erroll Garner, bringing this great American music onto classical music stages.

Moyer will have CDs and cassettes available for sale at the conclusion of the program. This free concert is sponsored by the Recreation Department and is open to all residents and their guests.

As you may recall, Typhoon Haiyan’s fury hit the Philippines last November. Care Indeed responded to Typhoon Haiyan’s devastation by organizing a fundraising event last December. As promised, we documented a Care Indeed staffer’s trip this month to Tacloban, the hardest-hit city.

Mirabelle Nanette Liston, Care Indeed’s Quality Assurance Supervisor, conducted activities which included breakfast feeding, and grocery and medicine packs distribution. She did these with the help of Care Indeed volunteers in the Philippines.

I’d like to share an excerpt from my speech last December, I delivered it while a video about Typhoon Haiyan’s destruction was being played. “The video is only 2 minutes and 52 seconds long but it captures images which portray one of the greatest stories ever told: humanity’s willingness to help, and the survivors’ absolute courage to move on and rebuild their lives. The video is a story of love and new beginnings. And I’m so proud that Care Indeed, and all of you who have donated to our fundraising event, have been a part of this story. The times are challenging for these survivors but with help pouring in from around the world, I see a great ending to this story.”

On behalf of Care Indeed, I offer you my heartfelt gratitude for reaching out to our fellow Filipinos during what could be one of their their greatest times of need.
Rossmoor artist’s work is in WC Artists’ Market

Civic Arts Education’s Spring Artists’ Market is Friday through Sunday, May 2 through 4, at two Walnut Creek locations — Civic Park Studio E and the Shadeland’s Auditorium. The sale will feature more than 40 instructors and students.

Both locations begin the sale with a reception on May 2 from 5 to 9 p.m. The evening features live music, hors d’oeuvres and the opportunity to shop for one-of-a-kind gift creations by artists from Civic Arts Education and the Clay Arts Guild.

At Civic Park Studio E, functional and decorative ceramic art including porcelain, raku, sculpture and more will be for sale. The studio will be open on May 3 from 10 a.m. to 6 p.m. and on May 4 from 10 a.m. to 5 p.m. Shadeland’s Auditorium will feature all art media, including ceramics, glass art, paintings, photography, printmaking, jewelry and textiles. The hours on May 3 and 4 are 10 a.m. to 6 p.m.

Among the artists is Mary Ellen Ratcliff of Rossmoor. She will show her FOUND-ERY ReUSE Assemblage. Ratcliff’s work celebrates Earth Day.

In addition to the sale, various artists will hold demonstrations throughout the sale.

Gail Morrison will demonstrate Suminagashi printmaking on May 3 from 2 to 4 p.m. Potter Ellen Sachtschale will demonstrate soft slab pottery techniques on May 3 at 11 a.m. Both will be at the Shadeland’s location.

Civic Park Studio E is at the corner of Civic and Broadway. Shadeland’s Auditorium is at 111 N. Wiget Lane. For information on the sale and various demonstrations, call 943-5846.

Jennifer Perlmutter will teach a workshop in collage and mixed media on Saturday, May 17, and Sunday May 18, from 10 a.m. to 3 p.m. in Art Studio 1 at Gateway. (Bring lunch.)

Sponsored by the Rossmoor Art Association (RAA), the workshop is for painters of all levels. It is a water media class (no terps or oil based products) and each participant is responsible for their own materials. A list of suggested materials will be emailed and posted on the RAA bulletin board in Studio 1.

The class will be limited to 22. The cost is $100. The reservation check, payable to RAA, should be sent to the RAA, P.O. Box 2070, Walnut Creek, 94595. On the outside of the envelope, put att: Betsy H. Note on the check’s memo line that it’s for the Perlmutter workshop. Be sure to include an email address.

The workshop is open to RAA members only. To join, send a check for $10 to the
The Late Quartets of Shostakovich: The Russian Soul Revealed (Part 2)

THE SOVIET EXPERIENCE: VOLUME IV – SHOSTAKOVICH: String Quartets 13, 14, 15; SCHNITKE: String Quartet 3; Pacifica Quartet; Cedille CDR 90000 145, 45:12, 59:16

By Robert Moon

This is the last installment of the Pacifica Quartet’s Shostakovich cycle named “The Soviet Experience,” because it adds one quartet by other Russian composers (Miaskovsky, Prokofiev, Weinberg and Schnitke) to each release. These additions add a valuable historical and musical perspective to Dmitri Shostakovich’s magnificent cycle of string quartets.

Although there are many performances of the complete Shostakovich quartets available, the Pacifica Quartet’s traversal of these masterpieces is one of the best. Their sheer brilliance of execution, the emotional depth of their interpretation and the stunning sound make this a most desirable set.

By late 1973, Shostakovich’s health had deteriorated further, and it is amazing that he could even write the 15th Quartet (1974), which was his last. It consists of six slow movements: Elegy, Serenade, Intermesse, Nocturne, Funeral March and Epilogue. The sections vacillate between resistance and acceptance of death.

Is the Elegy to himself? If so, it’s tender, resigned and sad for the loss of life rather than his own. Serenade asks why to death and answers in slashing shards of crescendo–angry resistance. Nocturne is peaceful acceptance–an ethereal and almost un-earthly dirge. Funeral March and Epilogue. The sections vacillate between resistance and acceptance of death.

The goal of my life is to unify serious music and light music, even if I break my neck doing it,” he once said. He was hounded and isolated by the same Soviet totalitarianism that debilitated Shostakovich, but wrote 70 film scores in 30 years, music that was connected to the sociological, cultural and psychological life of his time. After several serious strokes, his music became more serious and bleak, yet he courageous–persistently in writing it.

Listening to Schnittke’s Third String Quartet (1983) is like travelling on a road that turns into several alternate routes where the anxiety of becoming lost is relieved by familiar guide signs and road signs that continually re-appear. The road signs are broken phrases from Orlan- do de Lassus’s Stabat Mater, Beethoven’s “Grosse Fuge” for String Quartet, Op. 133 and a motif that was Shostakovich’s musical signature, the notes D-Flat-C-B (an abbreviation of “Dmitri Shostakovich”).

While the work is organized classically (ABA), the road signs are the expressive opposite–dissonantly contorted, stretched, inventively connected into a work that is fascinating, beautiful and infinitely creative. The Pacifica Quartet plays this work with a sense of passion and impeccable balance, plumbing the depths of the Russian soul. This is a fitting conclusion to a great set of Shostakovich Quartets and their Russian companions that reveal the essence of Soviet music in the mid and late 20th century.

Robert Moon can be reached at moon2780@com- cast.net.

36th annual Fine Arts and Crafts Festival held downtown

The 36th annual Fine Arts and Crafts Festival is Saturday and Sunday, April 26 and 27, in downtown Walnut Creek.

More than 150 professional artists from throughout California and the Western United States will showcase original paintings, sculpture, photography, jewelry and other fine works. The artists’ booths will extend along the sidewalks of North Main Street between Mt. Diablo Boulevard and Civic Drive and the closed street of Cypress between North Main and Locust Street. The free festival is from 10 a.m. to 6 p.m.

The free festival is from 10 a.m. to 6 p.m.

April 26 and 10 a.m. to 5 p.m. April 27.

The event is sponsored by the Walnut Creek Downtown Business Association. For information, contact the business association at 933-6778 or Pacific Fine Arts at 209-267-4394 or at www.pacificfinearts.com.

What would a dollar buy in 1958?

• 4 gallons of gasoline
• 5 loaves of bread
• 25 postage stamps
• 1 gallon of milk
• And a whole lot of fun at the cinema or the bowling alley.

Would you believe that my dad, Leo, bought our business in 1958 for the purchase price of one dollar? Yep, that’s right! The seller of that 2 bay Mobil gas station and repair shop on Boulevard Way was in such a hurry to leave, that he sold the store for a buck!

Well, the whole family got involved. Mom would come down in the morning and do bookkeeping, my brother and I would pump gas and wash cars after school. We’d check your water and oil, test tire pressure and check rear window, all while “gassing up.” Dad was an old-fashioned mechanic who could tell you what was wrong just by listening to the engine. He would have you fixed up and running in no time. He would also drive people to work when their car broke down, make house calls for their kids’ bicycle tires, and pick up his local high school boys to pump gas and clean the shop. Some of them went on to become airline pilots, Cal Trans surveyors, and sheriff deputies. Dad was all about good, friendly neighborhood service and was on a first name basis with everybody.

My family and I continue building the business to this day. 56 years later, we are where we are just 100 yards away from where it all began. Today, my oldest son, DJ and I, are going forward in our 3rd generation Stanley Frank’s Tree service franchise. Dad’s footsteps keep us working and taking care of customers where they need to go, make house calls and hire local high school kids to clean the shop. Our number one priority is still the same friendly personal attention to you and all your automotive needs.

Happy Days, Dave

Frank’s Auto Service

One Stop Auto Care That You Can Always Count On.

(925) 942-3677
franksautoservice.com
1255 BOULEVARD WAY – ACROSS FROM TELCEN

$ BRING THIS AD FOR $15.00 OFF ANY SERVICE $
RAA sponsors a pastel demonstration by Claire Verbeist May 7 in the studio

Guests, newcomers welcome

Artist Claire Verbeist will present a free demonstration using pastels over a water-color on Wednesday, May 7, from 1 to 3 p.m. in Art Studio 1 at Gateway. Light re-freshments will be served afterwards.

The demonstration is sponsored by the Rossmoor Art Association (RAA).

Verbeist’s works sing with color and feeling. She is considered one of the finest watercolor and pastel artists in the San Francisco Bay Area. To see some of her colorful depictions of landscapes, people, flowers and objects, go to her website, claireverbeist.com.

Verbeist’s goal is to create indelible images that transform the ordinary into the extraordinary. She hopes to charm the eye with intense color, dramatic light and strong design. This demonstration is open to all. The RAA welcomes guests and newcomers. For information, call 472-0801.

Contra Costa Performing Arts Society presents a FREE Concert ...

The PAS annual Founder’s Concert, honoring Rosamond Davis, has something for everyone! Music performed will range from Saint-Saëns, Poulenc, and Piazzolla to Duke Ellington, Johnny Mercer, and Billy Strayhorn.

The Debussy Arabesque No. 1 and Jardins Sous La Pluie from Estampes Suite for piano, selections from The Carnival of the Animals by Saint-Saëns for piano duo, Piazzolla’s Le Grand Tango for cello and piano, and the Poulenc Sextet for wind quintet and piano in C, will be played by our talented performers.

LaDiDa a capella Vocal Quartet will sing “Dream When You’re Feeling Blue” and “Jazz Came Up the River.” Jazz pianist Diane Copps will perform “Manha De Carnival” jazz piano and vocals, and “Satin Doll” jazz piano. David Thomas Roberts will perform original piano works from the suite Map Dreams.

A reception will be held following the concert.

April 27, 2014  2:00 PM
Grace Presbyterian Church
2100 Tice Valley Blvd. Walnut Creek

ENTERTAINMENT NOTES

Role Players Presents Ambitious Production of “Ruddigore”

T he Role Players Ensemble Theater in Danville has just opened the Gilbert and Sullivan comic opera, “Ruddigo-re,” in its intimate community theater facility, the Village Theater. This production, running through May 10, is ambitious, with a number of professional quality op-erative-trained performers in most excellent voice. Plus the cast is supported by a complete 11-piece orchestra.

When in a mood for some light entertainment, I have ea-gerly seek out the lighthearted silliness of the Victorian-era music and stories woven by librettists W. S. Gilbert (1836-1911) and composer Arthur Sullivan (1842-1900) in their comic operas. The operas I am most familiar with are the ones that are most frequent-ly performed, such as the “H.M.S. Pinafore,” “The Pi-rates of Penzance” and “The Mikado.”

I had never attended a pro-duction of “Ruddigore.” For some reason, this story, full of parodies and melodrama, just did not quite resonate with me as other Gilbert and Sullivan shows have. I did enjoy the beautiful voices, the musical numbers, the attractive ac- tors and the excellent orches-tra accompaniment, but this typical Gilbert and Sullivan musical comedy seemed just a bit more absurd than I was equipped to handle. This is not to say that you will not enjoy it, as many did in the audience, judging by the am-ple applause.

“Ruddigore” takes feudal barony and its accompanying rights, duties, obligations and privileges to egregious excess and absurdity. The setting of this fanciful tale takes place at the stoic haunted Ruddigore castle near the fishing village of Rederring, in Cornwall, England, where each and ev-ery baron who subsequent-ly inherits that barony finds himself plagued by a former inheritor’s curse.

Apprentently, centuries ago, Sir Rupert Murgatroyd, the first baronet of Ruddigore, had persecuted witches. One of his victims, as she was burned at the stake, cursed all future baronets of Ruddigore who came to be known as the bad baronets, forcing them to commit a crime every day, or else perish or be tor-tured by unfathomable pain and agony. However, none of the baronies lasted very long, as each baronet died in agony on some reason, this story, full of parodies and melodrama, just did not quite resonate with me as other Gilbert and Sullivan shows have.

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The 2013 comedy “About Time” will be shown in Peacock Hall at Gateway on Thursday, April 24, at 1, 4 and 7 p.m.; Friday, April 25, at 10 a.m. and 1, 4, 7 and 9 p.m.; and on Saturday, April 26, at 1, 4 and 7 p.m. Captions will be utilized on Thursday at 1 and 7, Friday at 10 a.m. and 1 and on Saturday at 1 and 4.

A young man (Domhnall Gleeson), who comes from a family of time travelers, changes history for the better in this romantic comedy. During one of his trips to the past, he falls for a woman played by Rachel McAdams.

This film is two hours and four minutes long and is rated R. This free program is sponsored by the Recreation Department and is open to all residents and their guests.

**EYECON DVDs**

**“Delicacy” (La Délicatesse)**

Specialized appeal  
By R.S. Kane

When a film begins with a perfect love story, there is no doubt that something dreadful is about to happen. Natalie (Audrey Tautou) and François (Pio Marmai) meet cute. He immediately notices her when she comes into the café where he is sitting, and in a voice-over, ruminates about the various menu choices she might make. Only if she orders what he imagines she should, apricot juice, will he pursue her. She does, and he does, and they fall in love. There is never any conflict. They live happily together until one day he goes out running, is hit by a car and dies.

“Delicacy” then traces what happens to Natalie after this personal tragedy. Working for a Swedish firm in France, she mourns for three years, devotes herself completely to her work and lives something of a ghost life. When her married boss, Charles (Bruno Todeschini), tries to win her, she rebuffs him in a manner that could be used as an object lesson for women in how to act should they find themselves in a similar situation. The carefree gamine has become the iron lady, efficient, remote, closed off from feeling.

One day one of the members of her work group, Markus, a large, balding, rather awkward Swedish man (François Damiens), comes in to discuss an issue. She looks up, rises from behind her desk, walks over to him, kisses him passionately, turns back, returns to her desk, resumes her customary detached manner and dismisses him. He is stunned, puzzled, bemused. At their next encounter, her behavior is just as impersonal as it had always been. When he mentions her embracing him, she has no memory of it. Still, she invites him to join her at the theater and from then on they occasionally spend time together, but simply as acquaintances. Markus’ kindness, gentleness and non-threatening behavior allow her to feel safe with him.

The other people around her, however, are not so unfriendl

The expectation is that there will be a nasty encounter because Charles is jealous. Instead, in a humorous turnabout, it becomes one of male bonding. Charles, too, is de-fanged by Markus’ artlessness and Markus and Natalie are free to continue their desultory relationship.

The interest in this movie is not primarily due to the slight story line, but to the acting. Tautou, who emerged as the French pixie in “Amélie” 11 years ago, has aged just a bit, yet has lost none of her winning appeal. The most difficult role is that of Markus because this very ordinary looking man, who is portrayed as somewhat shy and clumsy, has to also be convincing as the person this beautiful young woman might fall in love with.

Like in the fairy tale “Beauty and the Beast,” Markus is a character whose appeal is in his non-aggressiveness, his sensitivity and his modesty. He instantly realizes, when Natalie introduces him to her friends, that they can’t understand why she is with him. At the same time he can’t quite comprehend it either. It is, he says, “as though Liechtenstein were walking with the United States of America.” In addition to this self-deprecating sense of humor is the focused interest that he shows toward her. When he gives her a gift, it is an inexpensive one, but meaningful because it harkens back to childhood memories that she has spoken of.

The book on which this film is based, with the same title, was written by David Foenkinos and became a best seller in France. With his brother Stephane, the two adapted, co-wrote and directed the film. There is no high drama. It is a low-key, kindly based tale that makes believable the inner complexities and needs that draw these two people together. In 2012 it was nominated for Césars (the French equivalent of Oscars) in two categories: Best Adaptation and Best First Film.

This is a 2011 film, rated PG and is available from Netflix.

**Animated musical ‘Frozen’ shows Monday**

The 2013 animated musical “Frozen” will be shown in Peacock Hall at Gateway on Monday, April 28, at 4 and 7 p.m.

Anna teams with eccentric mountaineer Kristoff and his loud, nosy and loving family in Depression-era Brooklyn. After her kingdom is doomed to suffer from eternal winter, intrepid Anna goes on a quest to find her elusive sister, the Snow Queen, and break the curse. Along the way, Anna teams with eccentric mountaineer Kristoff and his comic reindeer, Sven. This film is one hour and 42 minutes long and is rated PG. This free program is sponsored by the Recreation Department and is open to all residents and their guests.

**Democrats show ‘State of Arizona’**

The controversial film, “The State of Arizona,” will be shown twice on Wednesday, May 7, at Peacock Hall at Gateway. The show times are 1 and 7 p.m.

The movie captures the explosive emotions and complex realities behind Arizona’s struggle with illegal immigration. It follows the provocative “show me your papers” law through stories from Arizonans on all sides of this divisive issue.

The movie is 90 minutes long and subtitles will be used. Although this movie is sponsored by the Democrats of Rossmoor, it is open to all residents and their guests. A $1 donation will be asked but no one will be turned away. A discussion will follow the film.

For information, call Emily Ehm at 943-7610.
May Special Events sponsored by Recreation

The following are the May Special Events sponsored by the Rossmoor Recreation Department. For more information on any of these events during the month, check the Special Events listing on the calendar page each week, look for the article in the Arts and Leisure section of the News, or call the Recreation Department at 988-7732. Events are free unless otherwise noted. This information is posted throughout the month of May on the Rossmoor News website at www.rossmoornews.com.

May 1
Friday Movie
“Weather Girl” 2009 Comedy 92 min Rated R
7 p.m. Peacock Hall, Gateway

May 2
Dwight Stone Piano Concert
“Sound and Color”
8 p.m. Diablo Room, Hillside

May 3
Sunday Funnies
“The Wedding Date” 2005 comedy 90 min PG-13
4, 7 p.m. Peacock Hall, Gateway

May 4
Cinco de Mayo Party
Music, dancing, food and fun; 11:30 a.m. to 1:30 p.m.
Tahoe Room, Event Center. Tickets $5 at Excursion Desk

May 6
And the Oscar Goes to …
“Blue Sky” 1994 drama, best actress-Jessica Lange
101 min PG-13 1 p.m. Peacock Hall, Gateway

May 8-10
Thursday, Friday and Saturday Movie
“Doll’s Barber Club” 2013 Drama 117 min R
1, 4, 7 p.m. (5/8, 3) 10 a.m., 1, 4, 7, 9 p.m. (5/9) Peacock Hall, Gateway

May 11
Sunday Funnies
“French Kiss” 1995 comedy 115 min PG-13
4, 7 p.m. Peacock Hall, Gateway

May 12
Sunday Showcase
Craig Jessup in concert “The Home Inside Our Hearts”
5 p.m. Tahoe Room, Event Center
Tickets $10 at the door-Hosted by Lions Club

May 13
Rossmoor Follies
Featuring the Rossmoor Rhythm Review
2 p.m. Tahoe Room, Event Center

May 14
The Spotlight
Bob Jay Band, Noon-Fireside Room

May 15-17
Thursday, Friday and Saturday Movie
“Momma’s Boy” 2013 drama 95 min PG-13
1, 4, 7 p.m. (5/15, 17) 10, 1, 4, 7, 9 p.m. (5/16)
Peacock Hall, Gateway

May 18
Sunday Funnies
“There’s a Girl in My Soup” 1970 comedy 95 min R
4, 7 p.m. Peacock Hall, Gateway

May 18
Sunday Dance
The Sun Kings-Beatles Tribute Band
7 p.m. Tahoe Room, Event Center

May 19-20
Foreign Film
“Gloria” 2012 Chilean drama 108 min R
10 a.m., 1, 4, 7, 9 p.m. (5/20)
Peacock Hall, Gateway

May 20
Bobbi Weiss Presents
“Mickey Rooney and Judy Garland”
11 a.m. Peacock Hall, Gateway

May 22-24
Thursday, Friday and Saturday Movie
“The Invisible Woman” 2013 Drama 111 min R
4, 7 p.m. (5/22, 24) 10 a.m., 1, 4, 7, 9 p.m. (5/23)
Peacock Hall, Gateway

May 25
Sunday Funnies
“Almost Famous” 2000 comedy 123 min R
4, 7 p.m. Peacock Hall, Gateway

May 26
Musical Monday
“It’s a Beautiful Day” 1969 musical R
Into the Woods” 1990 musical 153 min NR
4, 7 p.m. Peacock Hall, Gateway

May 28
The Spotlight
Kathleen Gold and Steven Gary in concert
Noo-Fireside Room

May 28
Art House Movie
“Wadjda” 2012 Saudi Arabian drama 98 min PG
4, 7 p.m. Peacock Hall Gateway (subtitles at both)

May 30
Viva La Musica Concert
“The Soul of Music”
7 p.m. Tahoe Room, Event Center

May 29-31
Friday, Saturday and Sunday Movie
“August Osage County” 2013 drama 121 min R
1, 4, 7 p.m. (5/29, 31) 10 a.m., 1, 4, 7, 9 p.m. (5/30)
Peacock Hall, Gateway

These events are free unless noted with a ticket price. Comments, suggestions, ideas? Call Brian Pennebaker at 988-7732 or email bpennebaker@rossmoor.com

Captained movies are played:
Mondays and Tuesdays: 1 p.m.; Wednesdays: 4 p.m.; Thursdays: 1, 4 p.m.; Saturdays: 1, 4 p.m.; Sundays: 4 p.m.

May 1-3
Thursday, Friday and Saturday Movie
“Dallas Buyers Club” 2013 Drama 117 min R
1, 4, 7 p.m. (5/1, 3) 10 a.m., 1, 4, 7, 9 p.m. (5/2)
Peacock Hall, Gateway

May 4
Sunday Funnies
“Mickey Rooney and Judy Garland”
11 a.m. Peacock Hall, Gateway

May 5
Sunday Funnies
“Nana” 1929 French drama 113 min PG
10 a.m., 1, 4, 7 p.m. (5/5, 7)
Peacock Hall, Gateway

May 7
Thursday Movie
“War Horse” 2011 Drama 127 min PG-13
10 a.m., 1, 4, 7 p.m. (5/7)
Peacock Hall, Gateway

May 11
Sunday Funnies
“French Kiss” 1995 comedy 115 min PG-13
4, 7 p.m. Peacock Hall, Gateway

May 12
Robert Zuromski Piano Concert
Classical, contemporary and original compositions
7 p.m. Fireside Room, Gateway

May 13
Rossmoor Follies
feature the Rossmoor Rhythm Review
2 p.m. Tahoe Room, Event Center

May 14
The Spotlight
Bob Jay Band, Noon-Fireside Room

May 19
Sunday Movie
“A Field In May” 1995 comedy 115 min PG
10 a.m., 1, 4, 7 p.m. (5/19)
Peacock Hall, Gateway

May 23
Foreign Film
“Foreign Film” 1990 drama 123 min R
7 p.m. Tahoe Room, Event Center

May 24
Foreign Film
“Wadjda” 2012 Saudi Arabian drama 98 min PG
4, 7 p.m. Peacock Hall Gateway (subtitles at both)

May 29-31
“August Osage County” 2013 drama 121 min R
10 a.m., 1, 4, 7, 9 p.m. (5/30)
Peacock Hall, Gateway

These events are free unless noted with a ticket price. Comments, suggestions, ideas? Call Brian Pennebaker at 988-7732 or email bpennebaker@rossmoor.com

Captained movies are played:
Mondays and Tuesdays: 1 p.m.; Wednesdays: 4 p.m.; Thursdays: 1, 4 p.m.; Saturdays: 1, 4 p.m.; Sundays: 4 p.m.

Learn to draw figures

The Rossmoor Art Association (RAA) offers a six-week figure drawing class taught by Norman Weiner, a graduate of Chouinard Art Institute, Los Angeles, in May and June.

The Friday classes will begin on May 9 and run through June 13. Classes are from 1 to 4 p.m. in Art Studio 2 at Gateway. The fee is $100.

Weiner studied with many world-renowned artists. His paintings, drawings, etchings, sculptures and serigraphs are in hundreds of collections. He has operated galleries and art studios in Los Angeles and Sausalito.

Beginners and advanced participants are welcome. Everyone will proceed at his/her own pace and ability.

The suggested beginning art of the ten outstanding women of Rossmoor writers, is a full-service book-production and promotion provider, as well as a royalty house. It has won national and international awards and grants.

Frank has received the “IPPY” Award, for being one of the ten outstanding women of independent publishing.
PWR members and their guests will be given insight into the often obscure aspects of publishing, such as when and how to obtain permissions for the use of text and graphics, reissuing out-of-print titles and negotiating subsidiary rights. Frank will also give the writers an intimate tour of how she describes as the “petting zoo” of different ebook publishers.

Frank has more than 25 years of experience in writing, publishing, editing and teaching. She is a member of the education committee for the Pacific Northwest Book-sellers Association and has presented workshops for the Independent Book Publishers Association, Publishing University, University of Denver, Publishing Institute, the Mendocino Coast Writers Conference, the American Society of Journalists and Authors, the National Association of Science Writers, California Poets in the Schools, the California Writers Club and the Bay Area Independent Publishers Association.

The meeting is open to all interested authors or would-be authors. For information on the program, contact maryloucram@att.net.
DAOR rehearsing ‘The Dining Room’

Twenty-three Drama Association of Rossmoor (DAOR) actors are rehearsing intensely three to four days a week to perform A.R.Gurney’s “The Dining Room” in the Event Center.

Opening night on Friday, May 9, at 7 p.m. will also be the Drama Association’s Gala Champagne Celebration of its fifth anniversary. There will be two more performances on Saturday, May 10, at 2 and 7 p.m.

Putting the actors through their paces is Aaron Murphy, noted Bay Area actor, director, and teacher. The play’s characters fill the “dining room” in all different ways through myriad short scenes, all inter-connected and filled with tension and humor.

A brother and sister argue about the disposition of the dining set; over lunch a teenager hits up his grandfather for college tuition; a young woman “comes out” to her friends. At the end, May 7.

The Ashmoleans will have a new director going forward. Steve Mullins, right, will replace outgoing Musical Director Gordon Addison, left.

Ashmolean Singers introduce new conductor at spring concert

The man with the trumpet at the recent Ashmolean Cabaret is the new face of the Ashmolean Singers – Steve Mullins – who was personally selected by Gordon Addison to be the new director of the choir.

Mullins is a talented and versatile musician, choral director and emcee. The Ashmolean Spring Concert on Sunday, May 4, at 2 p.m. in the Event Center will mark the first complete program under the baton of this new director.

Mullins began playing trumpet in grade school and that started a lifelong love of music. He also plays bass guitar and has his own baritone singing voice. Over the years, he has toured with professional groups both in the United States and abroad.

Mullins has a degree in choral music education from Arizona State University and he has conducted several church choirs. In addition, he gives private instrumental lessons and has taught over 100 students in recent years.

He can be heard with the Diablo Valley College Night Band, the Walnut Creek Civic Arts Jazz Band, a rock and roll band in Lafayette and the Ashmolean Singers at the ninth annual Spring Concert.

Tickets are $8, and are available from members of the choir, as well as at the door on the day of the concert. For information, call Loretta Casalaina, 482-0919.

Figure-drawing class taught in Art Studio

Continued from page 28A

Figure-drawing class taught in Art Studio supplies include a 12-inch by 18-inch sketchpad, 2B and 4B graphite pencils and a kneaded eraser. Any additional material will be announced during the class.

Students will enjoy learning how to draw the human body in its various shapes and positions through the process of observation and training. Live professional nude female and male models are used in the class. Everyone will work at his or her own pace.

Each class is limited to 16 students, so early registration is recommended. The cutoff date for registration is Wednesday, May 7.

Registration checks, payable to RAA, should be mailed to Weiner at 3108 Rossmoor Parkway No. 3. Be sure to include a telephone number and note the title of the class.

Nonmembers of the RAA must join to take classes. Membership is $10 per individual. Mail a separate check, payable to RAA, to RAA, P.O. Box 1070, Walnut Creek, Calif. 94595. Note on the check that it is for membership.

For information, call Weiner at 933-5182 or RAA website www.rossmoorcreeksidegrill.com.

Fabric sale set for Flea Market

In conjunction with the Rossmoor Flea Market, the Sewing Arts Club will have its annual fabric sale on Saturday, April 26, from 9 a.m. to 2 p.m. in the Sewing Studio at Gateway. Cotton and other fabric will be sold at extremely affordable prices.

**FRIDAY LUNCH**

IN ROSSMOOR

Menu for May 2

**Call 988-7703 for a reservation**

Friday Lunch is served at a suggested donation of $2. Lunch is served at 11:30 a.m. at Hillside. Reserve a space for Friday Lunch for the following week in person right after lunch, or call 988-7703 no later than Wednesday by noon. To cancel a reservation, call 988-7703. Please leave name and phone number when cancelling. If you are unable to make lunch, cancel your reservation so another resident can take your place.

**The menu:**

- Salisbury steak with onion gravy, lentil soup, stewed tomatoes, steamed rice, spinach salad with Catalina dressing and peaches.
- Hamburger plate or chef’s salad.

Please specify the entre of your choice; otherwise, you will receive the menu item for that day.

**Sunday, May 11, 2014**

Serving Brunch and Dinner

Includes Four Courses

**$32.95**

Reservations a must! Please call us at (925) 949-8658

**RESTAURANT & BAR**

Creekside Clubhouse • 1010 Stanley Dollar Dr. In the Rossmoor Community

www.rossmoorcreeksidegrill.com
### Classified Ads

#### New Turnbully Listing

Beautifully appointed, freshly painted and newly installed designer carpet. Approx. 1403 sq ft, 2 bedrooms, 2 baths, separate dining room and laundry room. Wrap around porch, 1 car garage. View of the rolling hills, and lots with an umbrella. Galloway model. $550,000.00.

**For your private showing, call**
Pamela Halloran
(925) 323-4100
BRE #00936191

### 10 Personals

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shanti Hayden</td>
<td>925-948-5636</td>
<td><a href="mailto:Shanti_hayden@gmail.com">Shanti_hayden@gmail.com</a></td>
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</table>

#### Seeking Owner of World War I Page

Tell the merchants on this page that they saw their ad in the Rossmoor News.

Call me for your home value or Rossmoor home tour. Email: shanti_hayden@gmail.com

Free MLS listing access
Web: www.rossmoorlifestyles.com

---

### 30 Lost

**ON APRIL 4, I DROPPED a black umbrella (open) on the seat button at the Cocktails at Creekside event. Please call 925-323-6183.**

### 50 Autos For Sale

<table>
<thead>
<tr>
<th>Make</th>
<th>Condition</th>
<th>Mileage</th>
<th>Price</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>2007 MERCEDES ML350</td>
<td>Low mileage, very good condition.</td>
<td>$20,700</td>
<td></td>
<td>925-225-5463</td>
</tr>
</tbody>
</table>

### 75 Cars & Garages Wanted

**CARPORT WANTED**

Pamela Halloran
(925) 323-4100

---

### 30 Business Services

#### Auto Service/Repair

**BODYWORK AND PAINT**

Scratches, minor dents, panels, bumpers. Half of cost pay and shop $100 off. Free estimate, full pick-up personal care with Rossmoor customer. Sara money and time. Call Mika, 925-884-7444, or email paintmix789@email.com for details.

---

### 100 Business Services

#### Auto Service/Repair

**BEIGE SOFA, GREAT CONDITION.** $190. Sectional, arm chair, $395; armoire with matching stands, $295; entertainment center, $950; long suede black coat (acrylic for lining, worn once), $185 and miscellaneous artwork (some antique). Call 916-278-8824.

**ASSISTED RECLINER FOR SALE**

Brown, Purchased new, $305. Asking $325. OBO. Call 925-971-9300.

---

### 100 Business Services

#### Professional Services

**CARPET CLEANING**


---

### 100 Business Services

#### Computers

**LIFETIME GUARANTEE**


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### Classified Ads

#### Calculated index classification

<table>
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<td>Business Services</td>
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<td>Professional Services</td>
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<td>Help Wanted</td>
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<tr>
<td>Real Estate Wanted</td>
<td>170</td>
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<tr>
<td>Lost &amp; Found</td>
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</tbody>
</table>

**Note regarding classified ads for leases and rentals:** All Rossmoor leases and rentals are invalid unless approved by the appropriate Mutual Board.
Seren Pinehurst II
If you are looking for a lovely setting look no further- the setting from this Pinehurst II is idyllic with rolling hills and spectacular views. The condo floor plan includes one and two bathrooms and a spacious living room and dining area. There is a fireplace in the living room and updates throughout. This is a rare condo with gas heat! Garage parking. Offered at $450,000.

SAVE THE DATE ★ OFFICE OPEN HOUSE
Tuesday, April 29th, 3:00 PM to 6:00 PM
1950 Tice Valley Blvd., Walnut Creek
Stop by and celebrate with us!

Peaceful Piedmont With Stunning Mt. Diablo View
This two story, townhouse style, Piedmont Plan with approx 1737 sq. ft., 3 bedrooms and 2 1/2 bathrooms features an updated kitchen with access to patio, one bedroom, full bath, and laundry downstairs. Spacious master with balcony, guest bedroom and 1 1/2 baths upstairs. Must be seen to be truly appreciated. $549,000

To see this amazing home call today.

Marsha Wehrenberg
Ready to help you... Call now!
(925) 787-7625
www.rossoomoretty.com


THE CARING HAND Home Care Re- ference Agency has a registry of Professional caregivers who can provide non-medical services which includes personal care and light housekeeping services. Call Beth Buncher for assistance at 925-899-3976, 510-352-8041.

ELDERLY CARE WITH 20 years experience. Excellent references, care for stroke, Alzheimer’s, em- physema, diabetes, heart prob- lems, hospice care, etc. Cooking, errands, exercises, medicine, light housekeeping. Live-in, long and short hours. Please call 925-768-0178 or Mary 925-876-9309.

COMPASSION AND CARE services. Live-in, live-out, hourly. For seniors with special needs or care. We have 18 years experience, good references. We are honest and trustworthy. Call Lyla or Marilyn at 925-818-2248.

BEST QUALITY CARE. Dependable, honest, loving and kind. Registered Nurse with 30 years experience working with 20 years in Rossmoor, excellent reference. All duties need to be at A 2-Z name you listed. Licensed, insured. Mary, 925-497-7738.


TRUSTWORTHY, HONEST, Caregiv- er. 20 years experience (10 years in Rossmoor). References, avail- able and 25 years good DMV record. Elderly care nurse skilled in hospice care, very dependable. Call Eva 925-610-1550.

PRIVATE CAREGIVER. 20 years ex- perience, highly trained in all levels of health with the ability to make seniors feel safe and comfortable and stay in their home. I can do errands and light housekeeping. I will do hours and live-in. Rates are negotiable. Sophia Scott, 510-586-2952.

COMPANY COMPARE FEE. If you presently have a caregiver and are looking for a better price, I can give you a better price. Call 925-274-4592 or 925-848-9066.

CONTACT A LICENSED/CERTIFIED nurse assistant. Do you need as- sistance in the daily activities of living in your home? Experience includes dementia, Alzheimer’s, stroke and much more. Call 925-289-8938.

CAREGIVER – RossmooR. Serving the elderly back to health. Providing 24/7 live-in care, direct hourly care. Highly educated, liv- ing trained as RN, over 7 years in PE, experienced in hospice and ED. Excellent Rossmoor references. Mia, 510-593-7086.

I AM A RETIRED NURSE. Experienced in care of post surgery, Alzhei- mer’s, parkinson’s disease. I can assist with a number of services. I can be a good companion. Please call 925-947-0473.

HELPING HANDS/PERSONAL As- sistant. Transportation to doctor appointments, running personal errands, shopping, etc, I am reliable, honest, loving and kind. Please call 925-855-2081.

BETTER HEALTH CARE. Assist in bathing, medication, shopping, companion care. Experienced care in living with Alzheimer’s, Parkinson’s, dementia. Licensed professional. Call June 925-630-6354.

MY NAME IS LEESA and I am looking for a live-out caregiver to help you with your dressing, bathing, toileting. I can cook, clean and prepare meals. You will feel like you are with family. I am your first choice. References available upon request. 925- 708-0885.

HI! I’M A PERSONABLE, fun-loving, caring caregiver that can help you enjoy walking, go- pany on walks, cook meals, drive you to appointments, help you to see the house and care for pets. Diana, 925-436-5429, Diana@newlifeh- ome.com.

PAID COMPANION. Fridays, week- end, monthly. Open to Rossmoor references. Call 925-935-4441, 925-324-9351.

EXPERIENCED, PROFESSIONAL driver available to Rossmoor residents for door-to-door service to doctor’s appointments, shopping, and other errands. Reliable. Will work around your schedule. Call 925- 935-4419 or 925-324-3936.


Do you need a ride? The best door-to-door service! Local, reliable. All airports, cruise lines, doctors, shops, restaurants, shopping. Call 925-899-3976.

GREENBERG’s
Gracious “GOLDEN GATE”

COME BY BETTER HOMES and Gardens
OPEN HOUSE (in the Safeway shopping center) on TUESDAY, APRIL 29th FROM 3:00 TO 6:00 PM.
Food, drinks and great conversation, especially with THE 2 GOLDEN GIRLS Shoron and Yvonne
If you are thinking of buying or selling your home, please consider US as your first choice.

EAGLE RIDGE BEAUTY
2 Bedrooms, 2 Baths
Cozy electric fireplace in living room Custom window covering & shutters in dining area with glass sliders to patio and Views! Expansive kitchen featuring ample white cabinets, corian counters, laminate flooring & recessed lights Den with cherry wood built-in cabinets, shutters Double car garage with built-in storage, laundry room Extra three garages from garage or entry. Please call 925-778-2104.

Recently Sold:
SOLD: Somerset $1,600,000
SOLD: Brooks $1,855,000
SOLD: San Miguel $1,765,000
SOLD: Little Glen $500,000
SOLD: Camelback $295,000

HOUSECLEANING SERVICE - Honest, female hard worker. Excellent job at a reasonable rate. Loves to clean, laundry, floors by hand, clean in- side appliances. Dependable. Will work through storms, errands, etc. Call Barbara, 925- 228-9841.

DUST-NO MORE your housekeeping solution. We cater to your indi- vidual needs. Dependable, quality service with Rossmoor references. Call Bonded. Barbara, 925- 778-6302.

EXPERIENCED, PROFESSIONAL cleaning services. Offering a pro- fessional, thorough and honest service. Fairly priced, our major concern is to have you happy with our best Rossmoor references, licensed/in- surance available. 925-864-3678.
Rossmoor Realty
1641 Tice Valley Boulevard, Walnut Creek CA 94595
Rossmoor Realty is a Division of Rossmoor Properties Inc. CalBRE License No.012779936.

Welcome to Rossmoor Realty, where our agents are dedicated to every success in real estate.

WELCOME AGENT OF THE WEEK
P. Scott Rogers
We wish him every success in his future.

Realtor. Rossmoor Realty is a Division of Rossmoor Properties Inc. CalBRE License No.012779936. 1641 Tice Valley Boulevard, Walnut Creek CA 94595

OUTLOOK. New paint & carpet. W/D, stainless steel appliances, microwave, oak cabinets, granite countertops, tile floors. Sale price: $145,000

STORY, LEVEL-IN. Light and bright, great patio with views of Rossmoor Valley. Newly painted and updated, includes new lighting, fireplace, storage cabinets. Sale price: $188,000

Details of MLS Listings - Cooperatives

2 BEDS, 2 BATHS
YOSEMITE – FABULOUS LEVEL-IN, SINGLE STORY – NOT ONE STEP with new flooring, paint, updated kitchen, dual pane windows, patio garden and so much more. Shows beautifully! Friendly and social entry that includes a party area. You’ll love this home and location! $310,000

2 BEDS, 1 BATH

GOLDEN GATE – LEVEL-IN WITH LOVELY OUTLOOK. New paint & carpet. W/O, stainless steel appliances, microwave, oak cabinets, granite counters, stall shower w/seat. Laminated floors in entry, hall, dining & kitchen. Updated bath. Super cute!! NEW PRICE!! $345,000

1 BED, 1 BATH
DEL MONTE – ALL READY FOR YOUR MOVE: Freshly painted. Updated kitchen & bathroom floors. Private entrance. Desirable upstairs unit. $445,000

MENDOCINO – CUTE & ADORABLE, SINGLE STORY, LEVEL-IN. Light and bright, great patio with gate - perfect for pet fresh paint and newer carpet. Close to carport. $188,000

Details of MLS Listings - Condominiums

2 BEDS, 2 BATHS
AUGUSTA – Lovely Northern Exposure Views set the stage for this spacious two bedroom, two bath home with large eat-in kitchen, formal dining area & wood burning fireplace in living room. This home offers new designer custom paint, quality plush carpeting and just simply sparkles. Detached garage just steps from the front entrance. $439,000


VILLA FRANCISCO – PRIVATE CORNER UNIT WITH ENDLESS VIEWS from 4 balconies & wall of windows in huge eat-in kitchen. New paint, carpet & tile throughout. Master has private living space, double closets. Fireplace, dining area with built in bar. All new light fixtures. $589,000

VILLA NUEVO – BEAUTIFUL PENTHOUSE HOME REMODELED HOME RIGHT ON THE 5TH FAIRWAY. Kitchen features cherry cabinets, slab granite, marble flooring and eat-in area with windows all around. Bathrooms are elegantly finished. New carpet and fresh paint. Great property. NEW PRICE!! $659,000

VILLA CORDOVA – TOTAL ATTENTION TO EVERY DETAIL IN THIS HIGH END REMODEL. Dramatic entry & hall with striking archways & hand scraped maple hardwood flooring. Kitchen with slab granite counters, stainless steel appliances and custom cabinetry. Crown and base moldings. Designer light fixtures. Quality new carpet and designer paint. Beautiful travertine tiled bathroom with glass tile accents and custom frameless glass door in walk-in shower. Property has it all + a great view! $398,000

2 BEDS, 1 BATHS
VILLA CORDOVA – TOTAL ATTENTION TO EVERY DETAIL IN THIS HIGH END REMODEL. Dramatic entry & hall with striking archways & hand scraped maple hardwood flooring. Kitchen with slab granite counters, stainless steel appliances and custom cabinetry. Crown and base moldings. Designer light fixtures. Quality new carpet and designer paint. Beautiful travertine tiled bathroom with glass tile accents and custom frameless glass door in walk-in shower. Property has it all + a great view! $398,000

CYPRESS – ABSOLUTELY GORGEOUS HOME IN LOVELY TRANQUIL SETTING. This home offers remodeled kitchen, granite counters, built-in microwave, bamboo floors, smooth ceilings, the list of quality features continues. $169,000

Call The Rossmoor Experts (925) 932-1162

The Waterford
CONGREGATE LIVING AT ITS BEST

2 BEDS, 1.5 BATHS
MIDDLETON IN PRIME FIRST FLOOR LOCATION
Close to dining room, theatre, mail room and library. Handsome ceramic tile flooring in foyer, kitchen and master bath. Grohe faucets throughout. Closet organizers in master bedroom. Storage locker nearby. NEW PRICE!! $295,000

We Have Deep Roots!

When you’ve been serving a community for nearly 50 years, people count on you for service. We are proud to have sold more than half of all sales in Rossmoor over the last five decades. We’ve refined our client services and marketing techniques to get our sellers true market value as well as to make transactions smoother and faster. Perhaps this is why so many of our clients come back to us and send us their relatives and friends. Our deep roots pay off for our buyers and sellers.

SHOWCASE

Rare Churchill Model in Highly Sought After Devonshire Location

This 2 bedroom 2 full bath, 1 half bath, plus den & family room home flows with many high quality remodeled features; elegant entry marble flooring, remodeled kitchen with Quality Craftsman cabinetry, Corian counters and distinctive appliances. Kitchen and family room combination with marble framed gas fireplace leading out to private patio, for outdoor entertainment area, enhanced with pleasant flower garden. Formal dining room and living room also features a marble framed gas fireplace. Dual pane windows, plantations shutters, 4-panel doors, recessed lighting, tiled floors, new custom carpet, designer paint, and the list of top of the line upgrade continues .... this is a wonderful home that you will have to call your own.................. Offered at $1,390,000

PRESENTED BY LORI YOUNG. CALL LORI TODAY AT (925) 787-6357.

Exceptional Westchester with Unobstructed View of the Golf Course.

Wonderful outdoor living at its best with three relaxing patios for entertaining or simply reading the Sunday paper. This 2 bedroom, 2 bath plus den home is updated throughout; large eat-in kitchen, formal dining room, spacious living room with artfully framed fireplace, master bedroom is expanded with retreat area and has generous walk-in closet, laundry is extra large with additional storage and access directly to the garage with storage loft and valuable carport. The list of wonderful features go on and on.................. Offered at $649,000

PRESENTED BY LORI YOUNG. CALL LORI TODAY AT (925) 787-6357.

A Very Light and Bright 2 Bedroom, 2 Bathroom Villa Robles with Smashing View

Refinished loft and office with skylight & extra storage & built-in shelving. Nearly all dual pane windows. Dramatic vaulted ceiling. Galley kitchen with newer appliances, granite counters, sub-zero refrigerator & freezer. Inside access to garage................................. Offered at $608,000

PRESENTED BY SONJA WEAVER. CALL SONJA TODAY AT (925) 323-2671.

Call The Rossmoor Experts Today at
(925) 932-1162

www.rossmoorrealty.com • 1-800-980-7653 (SOLD)
### Marketing Meeting

**OPEN HOUSE**

Sunday, April 27, from 1 to 4 p.m.

Stop by Prudential or Better Homes Tice Valley Offices and pick up a list of the homes

---

#### BAY

**Price:** $900,000

- Upper condo in the highly desired Eagle Ridge area. Lovely view of hill from the balcony and family room, 2 bedrooms, 2 bath, office and family room with fireplace. Huge master closet is every woman’s dream. Fresh paint and carpet.

- **Agent:** Diane Wilson (925) 963-2278
  Prudential CA Realty

---

#### VILLA VALLE

This is a very rare Rossmoor condo with straight-on views of Mt. Diablo from the back deck. This home is accessible for all as it has no steps. Parking is a breeze with an attached garage. Great floor plan with two bedrooms and two bathrooms and about 1450 square feet. Updates include granite counters, hardwood floors and more. Call agent for price.

- **Agents:**
  - Maureen Johnston (510) 813-3710
  - Better Homes and Gardens

---

#### SEQUOIA

**Price:** $369,000

- Modern, open and airy remodeled Sequoia with stunning views and state-of-the-art finishes. A showcase with all of the extras! Easy parking and ready to move right in.

- **Agents:**
  - Nancy Deverel-Burgess (925) 949-9499
    Prudential CA Realty
  - Elizabeth Haslam (925) 899-5097
    Better Homes and Gardens

---

#### GOLDEN GATE

**Price:** $380,000

- See this light, bright, charming Golden Gate end unit, one level walk in, featuring 2 bedrooms, beautifully updated kitchen and bath, with breakfast bar, granite, new appliances, inside stackable washer and dryer, tile patio and enjoy all the amenities of Rossmoor.

- **Agents:**
  - Terrylynn-n-Team Dudum Real Estate (925) 876-0966
  - Better Homes and Gardens

---

#### EXPANDED KENTFIELD

The amazing views from the spacious balcony of this Expanded Kentfield include Mt. Diablo and the entire Rossmoor valley. This is a sought-after floor plan with 2 bedrooms, 2 bathrooms and den. Features include remodeled kitchen, walk-in closet and one of the largest master bedrooms in Rossmoor. Great HOA with low dues.

- **Agents:**
  - Elizabeth Haslam (925) 899-5097
  - Better Homes and Gardens

---

#### GOLDEN GATE

**Price:** $449,500


- **Agents:**
  - Karen Carnegie-Stochl (925) 200-1284
    Executive Brokers

---

#### VILLA ENCANTO

**Price:** $499,000

- Two gentle steps, 1383 sq. ft. built in 1988, features two master suites, spacious living room and formal dining room with views, newer W/D, NEW designer paint, carpeting, moldings, fixtures and faucets. Attached garage.

- **Agents:**
  - Jane Smith (925) 998-1914
    Dudum Real Estate Group

---

#### BAY

**Price:** $499,000

- Two gentle steps, 1383 sq. ft. built in 1988, features two master suites, spacious living room and formal dining room with views, newer W/D, NEW designer paint, carpeting, moldings, fixtures and faucets. Attached garage.

- **Agents:**
  - Jane Smith (925) 998-1914
    Dudum Real Estate Group

---

#### TAMALPAIS

**Price:** $479,000

- Rare over the top Tamalpais Model with spectacular views of the golf course (18th fairway). Floor to ceiling windows, nicely updated kitchen and remodeled bath with plenty of cupboard space, slate, patios front and back, washer, dryer, lots of extra cabinet space. A one of a kind property!

- **Agents:**
  - Sheron and Yvonne, The 2 Golden Girls and Associates (925) 482-6311
    Better Homes and Gardens

---

#### GOLDEN GATE

**Price:** $449,500


- **Agent:**
  - Karen Carnegie-Stochl (925) 200-1284
    Executive Brokers

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- **Agents:**
  - Jane Smith (925) 998-1914
    Dudum Real Estate Group
PRUDENTIAL NEWSBOARD

This Sunday, April 27, from 1 to 4 p.m.
Attend the April Open House

For details, PLEASE STOP at the PRUDENTIAL OFFICE prior to going to the gate for details on access to the OPEN HOMES!!

FEATURING EVENT OF THE MONTH
Stop by and meet Rossmoor artist and instructor Anna George
At a special wine and cheese event
Thursday, April 24, from 4 to 7 p.m. at our Tice Valley office
Join us for the opening of her art show

CURRENT LISTINGS

A PRISTINE CONDO AT PINNACLE RIDGE
This remodeled 2-bedroom, 2-bath Woodside model is light and bright and has fabulous views. It is in move-in condition and don’t worry about stairs. $499,000.

A RARE VIEW CATALINA CONDO!
Enjoy the beautiful views from this 2-bedroom, 2-bath updated condo. This home features an updated kitchen, updated baths, new paint, carpet, vinyl and appliances plus smooth ceilings. Spacious patio, which is perfect for outdoor entertaining, gardening or room for your pet to roam. ....................................................... $400,000.

GOLF COURSE VIEW from the bay window of this charming 1/1 Del Monte. With a beautiful view in the living room, the bay window in the master bedroom overlooking trees, golf course and the hills beyond make this a particularly special little place to call home. Filled with light with windows front and back. ........................................ $140,000.

NEWLY LISTED BAY IN EAGLE RIDGE
A beautiful upper unit Bay model with 2 bedrooms, 2 baths, den, family room and an enclosed garage with interior access. Lovely view of the hills. New paint and carpet. Over 2000 sq. ft. .................................. $590,000.

COMING SOON: A SPECIAL SEQUOIA
Don’t miss the marvelous Mt. Diablo view from this wonderful upstairs co-op with wall shower, washer/dryer, skylights in kitchen and bath, plush carpeting and peaceful serenity from the open balcony. Enticingly priced at .................. $262,000.

WATERFORD

SUPER CYPRUS
Corner location with a lovely northwestern setting. This 2-bedroom, 2-bath, 920 s.f. home features new carpet and fresh paint, updated kitchen with Corian counter tops, smooth-surface cook top and new vinyl. Plus a full wrap around balcony, GE stacked washer/dryer, a walk-in-tub, large stall shower and car-port parking .................................................. $310,000.

DESIGNER 1-BEDROOM AT THE WATERFORD!
This cozy 1-bedroom condo with high ceilings and designer features is now available at the Waterford Clubhouse offering Congregate Living. Convenient to the Del Valle Fitness Center, Gateway Clubhouse and the world class bus system. A great value at ........... $121,500.

SASSY SHELBURNE
This picturesque fourth-floor home with 2 bedrooms and 2 baths features 920 sq. ft. and a large balcony with a gorgeous view of Rossmoor’s western hills! Its excellent location is convenient to common area and transportation. The HOA includes gourmet dining, housekeeping, activities and exercise classes.......................... $315,000.

PENDING

RARE SHORT-TERM RENTAL
This cute 1-bedroom Del Monte co-op with stairs to its front door is available NOW for up to six months (flexible). It is well maintained, partially furnished, has a nice outlook and is located close to its carport and laundry. ........................................ $1500/month.

Rossmoor News - April 23, 2014 37A
Legal Notices

APR. 15-943-691 TO NO. CABS015751-12
If No.: 1058171 NOTICE OF TRUSTEE'S SALE
You are in default under a Deed of Trust recorded in Contra
Costa County, California, dated March 14, 2007, as
TS No.: 2007-001912-13 of Official Records in the
Office of the Recorder of Contra Costa County, California.
The undersigned Trustee, after giving notice
in accordance with the provisions of law, now
hereby gives Notice that a public sale of the
real property described herein will be held
in the manner described below. If you are
the owner, you may cure your default by paying
the amount of the unpaid balance of the
obligations secured by said Deed of Trust, plus
costs, interest, and any advances, if any,
accrued thereon, and your costs, interest, and
additional advances, if any, under the terms
of said Deed of Trust, to- date, plus
postponement premiums, accrued interest
and additional advances, if any, under the terms
of said Deed of Trust, and any fees
required by the Trustee in connection
with said sale.

DATE: April 23, 2014
TIME: 10:00 AM
PLACE: Concord Courthouse, 1st Floor
SALES INFORMATION PLEASE CALL:
MTC Financial Inc. dba Trustee Corps
TS No.: CA08001157-13-1 1700 G Street, Suite 150
CA 94519 949-252-8300 Joseph Barragan,
Director, 925-999-7720, or www.nationwideposting.com.

PROPERTY, IT MAY BE SOLD AT A PUBLIC
SALE IF YOU NEED ADDITIONAL
INFORMATION PLEASE CALL:
the undersigned Trustee, at the above address,
(925) 999-7720, or www.nationwideposting.com.

IN SAID DEED OF TRUST
The property
is to be sold without covenant or warranty, express
or implied, regarding title, possession, or encumbrances,
to the highest bidder, in lawful money of the United
States of America, without reserve.

LEGAL NOTICES

PUBLIC NOTICE TO PROPERTY OWNER

If you are considering bidding on this
property lien, you should understand
that there are risks involved in bidding at a
Trustee auction. You will be bidding on a
lien, not on the property itself. Placing the
highest bid at a Trustee auction does
not automatically entitle you to free and clear
ownership of the property. You should also
be aware that the lien being auctioned off
may be a junior lien. If you are the highest
bidder at the auction, you are responsible for paying off all liens senior
to the lien being auctioned off, before you can receive clear title to the
property. You are encouraged to investigate the existence
and nature of any liens senior to this
lien, to the best of your knowledge and ability.

If you are the highest bidder at the auction, you may cure your default by
paying the amount of the unpaid balance of the
obligations secured by said Deed of Trust, plus
costs, interest, and any advances, if any,
accrued thereon, and your costs, interest, and
additional advances, if any, under the terms
of said Deed of Trust, and any fees
required by the Trustee in connection
with said sale.

You are hereby given notice that
the undersigned Trustee caused said Notice of Default
and Demand to be recorded in Contra Costa County, California, on
April 29, 2011.

The undersigned Trustee disclaims any liability for any incorrectness
of the street address and other common designation, if any.

LEGAL NOTICES

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TS No.: CA08001157-13-1 1700 G Street, Suite 150
CA 94519 949-252-8300 Joseph Barragan,
Director, 925-999-7720, or www.nationwideposting.com.

In the event tender other than cash, or
by check, money order, or wire transfer
is made, the Trustee shall have the
right to deposit such tender in an
officially approved escrow account
in accordance with the provisions
of Section 2924g of the California
Civil Code. The undersigned
Trustee may assert as a defense to
such a tender that there are risks
involved in bidding at a
Trustee auction. You will be bidding on a
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LEGAL NOTICES
ELEGANT EXPANDED SAN FRANCISCAN!
This lovely level-in San Franciscan has been expanded with a seamless enclosure that gives you a family room and over 1,200 square feet of living space! You can still feel the lovely Rossmoor weather from the spacious patio which overlooks blossoming trees and hills. The kitchen has been gorgeously remodeled with beautiful cabinetry and granite counters and top of the line appliances. Laminate flooring and tile throughout. Designer built-in storage. $430,000.

PRIVATE CARMEL MODEL
Lovely 2-bedroom, 2-bath Carmel model with enclosed screening. Beautiful setting with open wooded rear yard and living area. Nice sunny front patio which is partially covered. Updated kitchen and baths. Crown molding, laminate flooring, neutral colored carpet and plantation shutters are nice updates throughout. $430,000.

ENJOY YOUR COFFEE ON THE GOLF COURSE
Stunning Tamalpais: Enjoy your morning coffee overlooking the golf course. Featuring 2 bedrooms, 2 full bathrooms, updated kitchen with granite counters and top of the line appliances. $375,000.

LEVEL-IN GOLDEN GATE
This level-in Golden Gate comes with no one above or below and no steps for easy access. The property is in move-in condition with fresh paint and new flooring throughout as well as new counter tops. Great floor plan with two bedrooms, one bathroom and a private atrium. $299,000.

BRIGHT, INVITING LEVEL-IN UNIT
Yosemite model with two baths. Smooth ceilings. New paint and new bathroom floors. Beautiful laminate flooring throughout. Great location! Steps away from carport and bus stop. Walking distance to two clubhouses (Gateway and Del Valle), gym, pool, movie theater and hobby shops. $349,000.

SIERRA ON THE GOLF COURSE
Looking for something on the golf course? This Sierra condo has just three gentle steps to the front door and has a beautiful golf course setting from the spacious patio. This 2 bedroom/2 bathroom home has been remodeled and some of the features include crown molding, smooth ceilings and lovely kitchen. Parking is a breeze with a carport and a garage. Offered for $569,000.

SIERRA MODEL
Private lower unit with back patio. Perfect for pets and light gardening. 2 bedrooms / 2 baths with laundry room. $450,000.

PLEASANT PINEHURST II
Are you looking for gas heat in a condo? This is a rare opportunity to have a condo with gas heat and rare Eastern exposure. A serene setting surrounded by trees and hills. This 2 bedroom/2 bath level floor plan has a spacious kitchen, formal dining space and a fireplace for those chilly nights. Garage parking! $450,000.

SPECTACULAR ROSSLYN AT ROSSMOOR GREENS
Gorgeous home on upper level. Approx. 1725 sq. ft. with 3 bedrooms, 2 baths. Special features include bright modern kitchen, huge living room, vaulted ceilings and fireplace. Extra large deck with panoramic views. Garage, carport, and lots of guest parking. A truly beautiful home. $698,000.

EXTRA LARGE EXPANDED KENTFIELD
With view. Over 1600 sq. ft. living space. Two bedrooms and a den. Spacious master bedroom. Skylight, wood burning AC, and HOA. Move-in condition. $448,000.

BRIGHT, INVITING LEVEL-IN UNIT
Beautiful Firestone.
Features 2 bedrooms and 2 bathrooms plus a den and garage. This spacious condo has an open floor plan with vaulted ceilings, a fireplace, gas heat and new paint and carpet. $350,000.

EXPANDED KENTFIELD
Features 2 bedrooms, 2 bathrooms and a den. Spacious living room with golf course views from patio. Very private setting with kitchen with granite counter tops and redone cabinets. All new Berber carpet throughout. $429,000.

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Continued from page 26A

may be purchased online at $20 to $28 each.

Village Theatre, 233 Front Street, Danville, on Fridays through Saturday, from 8 a.m.

The show continues at the

TRASH AND RECYCLING PROBLEMS: 988-7640.

FOR ASSISTANCE REGARDING THE FOLLOWING: CALL:

Building and manor repairs: interior/exterior ........................................... 988-7650

Bus information .......................................................... 988-7670

Dial-a-Bus ........................................................................ 988-7640

Landscape maintenance and pest control ........................................ 988-7640

Manor alterations and resales .................................................. 988-7660

FWCM = First Mutual SWCM= Second Mutual

TCWM = Third Mutual 4FWM = Fourth Mutual

Dial-a-Bus:

Residents can call 1-800-449-7587 at no charge to residents. Residents are responsible for disposing of their mate-

No household waste allowed at GRF recycling facility

The recycling facility on Rockview Drive at the corpora-

during its operating hours only, and should not leave items outside the Dumpsters.

Residents may use the site during its operating hours only, and should not leave items outside the Dumpsters. Residents can call 1-800-449-7587 at no charge to residents.

Landscape Maintenance

LANDSCAPE ENTRY MAINTENANCE:

INDEPENDENT MUTUALS:

Monday: Mutuals 22, 28, 30 and 61

Tuesday: Mutuals 5, 8, 29, 48, 59 and 68

Wednesday: Mutuals 5, 8, 29 and 68

Friday: Mutuals 28, 30, 48, 59 and 66


PEST CONTROL: Call 988-7640 for service order.

LAWN MAINTENANCE: Mow two to three times a month, between the hours of 16-6-8

DRIER VENT CLEANING: Third Mutual projects 27, 31, 32 and 42.

EXTERIOR LIGHTING: To report exterior walkway carport lighting problems, call Mutuals 988-7640.

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that the less dedicated cur- rent baron criminal, the lord of the Ruddigore castle. The ghosts (and other characters) are played well by John Blytt, James Bradley, Bruce Carl-

This wild and totally crazy musical opera, under the di-

The wild and totally crazy musical opera, under the di-

This is the official col-

This is the official col-

The recycling facility is for

Residents may use the site
during its operating hours

Residents need to pick up a new form, fill it out and return it to the Administration Office. If you need a new form, call 988-7640.


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Handicapped parking rules
Blue parking spaces are for handicapped drivers only. Parking is permitted only for a disabled person who displays a placard or disabled-person or disabled-veteran license plates. Disabled people with a placard or special plates may park in special areas for unlimited periods of time, regardless of time restrictions. No one else may park there.

A crosshatched (diagonal lines) area adjacent to a designated disabled parking space is a no-parking area. Parking golf carts in the blue crosshatched area is also prohibited.
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They were prompt and very professional.” —BARBARA D.
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“Dennis listened to what I wanted!” —GLORIA S.
“Exceptional workmanship.” —JO B.

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WWW.SGKHOMESOLUTIONS.COM
Eight-ball pool tournament is May 2

The Billiards/Pool Club will hold a single-elimination 8-ball pool tournament on Friday, May 2, starting at 1 p.m. in the Billiards Room located at Gateway. Entrants must be both Rossmoor residents and Billiards/Pool Club members to qualify for this competition.

The entry fee is $3, payable prior to the start of the tournament. The tournament champion will have a choice of a premium bottle of wine or a personalized trophy for first-place prize.

All players will compete in the same tournament bracket filled by random draw with no seeding. The “1 and 15” version of 8-ball will be played with cue ball in hand after fouls. A match is determined by the first player to win two games.

More information about the tournament format and rules is posted on the bulletin board in the Billiards Room.

Players may sign up on the sign-up sheet posted in the Billiards Room or by contacting the tournament director, Larry Keiffer, at 951-7158. The deadline for signing up is 4 p.m. on Thursday, May 1.

Lawn Bowling Club’s Handicap Pairs Tournament winners announced

By Bob Lewis
Club correspondent

Mary Kung and Syilvi Mac Donald beat Diana Wong and Magdalen Pereira, 26-9, on April 10 to win Rossmoor Lawn Bowling Club’s 2014 Women’s Handicap Pairs Tournament.

Mike Clancy and Chuck Fung topped Dan Belton and Dick Kramer by the score of 16-13.

Continued on page 2B

Women golfers planning Spring Fling

Golf, appetizers, lunch, fashion show and raffle

The Rossmoor Women’s Nine-Hole Golf Club is finalizing plans for the annual Spring Fling on Thursday, May 1.

All members of the Nine-Hole Golf Club are invited to attend. Sign-up envelopes are available in the club area of the Pro Shop.

The event will include 18 holes of golf with a Florida scramble format, lunch and a fashion show.

Teams will be comprised of two Niners and two 18ers. All players will tee off on the gold tees and the shotgun start is at 8:30 a.m. Mulligans and magic putts will be available for sale with all proceeds to benefit the Corena Green golf program for girls.

Golfers can sign up as a single, a twosome, a threesome or a foursome. The Pro Shop will put together teams.

Following golf, players will gather in the Event Center for appetizers and beverages, followed by lunch. The menu choices are a chicken cobb salad or a vegetarian cobb salad.

A fashion show will feature the latest in golfing attire.

There will be prizes awarded and 50/50 raffle tickets available.

The cost for golf, the luncheon and the fashion show is $27.

The cost of the luncheon and fashion show only is $22.

Checks should be made payable to Rossmoor Golf Club.

Envelopes are available in the club area of the Pro Shop.

For information, contact Fran McDonnell at 954-8188 or Vicki Simpson at 935-5882.

Sign up for Men’s Golf Club 20th annual Invitational

The Rossmoor Men’s Golf Club will host its 20th annual Golf Invitational on Friday, June 6, on the Dollar Ranch Golf Course.

The format will be two-man team best ball event. This will be preceded by a Guest Day on Wednesday, June 4.

The tournament will begin with a 10 a.m. sign-in at the Creekside Clubhouse. Players should arrive early in order to take advantage of all the benefits that the tournament has to offer. These include a brunch before golf.

The field will be limited to 128 players and the event fills up early. Players will be selected on a first come basis. Entry envelopes are in the Pro Shop.

The entry fee is $125 per player, which includes a tee prize for member and guest, golf, range balls, a brunch buffet before golf, cocktails and a sit-down dinner at the Event Center.

Prizes will be awarded to flight winners for the net best ball of the twosome and for closest to the hole on four of the par 3’s.

The names of the low gross winners will be engraved on a permanent Invitational trophy. There will also be a Calloway Flight for players not having an established handicap.

There will be a contest, which will support the Northern California Golf Association Foundation, which provides deserving youth the opportunity to develop life skills and values through golf.

The sponsors include Better Homes and Garden Real Estate Mason-McDuffie, Creekside Grill, Golf Mart, Golfsmith, Neptune Society of Northern California, Rossmoor Realty and Walnut Creek Honda.

For information, call John McDonnell at 954-8188 or go to the club’s Website, www.thegolfclubatrossmoor.org.

Frederick’s, Richardson tops at tourney

By Dave Kern
Club correspondent

Sixteen players participated in the Rossmoor Tennis Club (RTC) New Member Tournament April 12 at the Buckeye courts. Participants played four rounds of tennis with two different partners who were chosen by blind draw.

The weather was perfect and they made new friends, played competitive social tennis and enjoyed refreshments, and learned more about the RTC from President Mark Patterson, who also recognized high-game scorers Larry Fredericks (21 games), Rolf Kralik, Phil Cardo, Pat Costello, Nila Hurley, Bob Askin, Patty Richardson, Kickan Wilson, Jeri Cardon, Ted Arden, Dave Ong and Mike Harris.
Kung and MacDonald, Clancy and Fung win Handicap Pairs

In the afternoon women’s final game, Wong and Pereira started with a 1-point handicap advantage, and at the end of four held a 4-3 lead. Kung and MacDonald then erupted, scoring a super-shot 7 in the fifth end, to go up 10-4. In the sixth end, Wong and Pereira scored 3 points, which Kung and MacDonald countered with 4 points in the seventh. From then on, it was a runaway for Kung and MacDonald until the 14th end, when Wong and Pereira conceded, with Kung and MacDonald running it up to 12-7 in the 12th and 13th ends; but Clancy and Fung ran it up to 12-7 in the fifth end, plus deuces in the sixth and seventh, to charge ahead, 12-3.

After trading singles in the eighth and ninth ends, Clancy and Fung added 3 in the 10th, to reach 16-4. Belton and Kramer scored 2 shots in each of the 11th and 12th, plus 3 more in each of the 14th and 16th, while Clancy and Fung picked up a single in the 13th and a deuce in the 15th. Belton and Kramer’s late-game surge was not enough, and Clancy and Fung won the final game 19-14.

Women’s Tourney
The Women’s Handicap Singles Tournament began April 15 with 14 entrants. The semifinalists were first qualifier Mary Kung, with 8 game points and plus 37; second qualifier Sylvi MacDonald, with 8 game points and plus 21; third qualifier, Mimi Rodrigues, with 8 game points and plus 13; and fourth qualifier, Diana Wong, with 8 game points and plus 21. Final results will be available next week.

Coming events
The club’s April Fun Social bowling will be Thursdays after trading singles in the eighth and ninth ends, Clancy and Fung added 3 in the 10th, to reach 16-4. Belton and Kramer scored 2 shots in each of the 11th and 12th, plus 3 more in each of the 14th and 16th, while Clancy and Fung picked up a single in the 13th and a deuce in the 15th. Belton and Kramer’s late-game surge was not enough, and Clancy and Fung won the final game 19-14.

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The Women’s Handicap Singles Tournament began April 15 with 14 entrants. The semifinalists were first qualifier Mary Kung, with 8 game points and plus 37; second qualifier Sylvi MacDonald, with 8 game points and plus 21; third qualifier, Mimi Rodrigues, with 8 game points and plus 13; and fourth qualifier, Diana Wong, with 8 game points and plus 21. Final results will be available next week.

Coming events
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Two-man scramble winners

Dollar course winners, from left, Roddy Lee and Don Carpiaux, first flight, and Burke Ferrari and Donny Pettibone, second flight.

RMGC will host Alternate Shot Golf Tournament

The Rossmoor Men’s Golf Club will host a new Alternate Shot Tournament on Wednesday, May 7. Sign up envelopes are available in the Pro Shop.

The entry fee is $20 per person and includes lunch, sodas, beer, wine and prizes.

There will be separate games for nine-hole players and 18-hole players. Nine-hole players tee off at 10:30 a.m. on the Creekside Golf Course. Eighteen-hole players tee off at 8:30 a.m. on the Dollar Ranch Golf Course.

Players in both tournaments will meet at the Event Center for lunch and prizes.

Sign-ups are by two-man teams and members pick who they want as a partner. If no partner is indicated, the Pro Shop will make up a balanced twosome.

The format is alternate shot. On the Dollar course, each two-man team will designate one player to hit tee shots on holes 1 through 9 and the other player will hit tee shots on holes 10 through 18.

On the Creekside course, the team will designate one player to hit the tee shots on holes 1 through 5, and the other player will hit the tee shots on holes 6 through 9.

After the tee shot, play will be alternate shot until the hole is completed. Games will be flighted based on combined player handicaps. Play will be in groups of four.

Foursomes will be assigned by the Pro Shop.

All golfers are encouraged to use the new lighted golf cart crossing in front of the driving range entry and crossing to the Dollar Golf Course near the Event Center.

To activate the lights, look for the yellow boxes on sign poles and push the button as indicated.

Cross when the lights flash. As usual, look both ways before attempting to cross this or any crosswalk in Rossmoor.

Golf cart crosswalk

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To activate the lights, look for the yellow boxes on sign poles and push the button as indicated.

Cross when the lights flash. As usual, look both ways before attempting to cross this or any crosswalk in Rossmoor.

RMGC will play at Mira Vista Wednesday

The Rossmoor Men’s Golf Club (RMGC) will play a home and home match at Mira Vista Country Club in El Cerrito on Wednesday, April 30. The shotgun start is at 8:30 a.m. The fee is $51 and includes breakfast prior to play at 7:30, lunch following play, green fees, cart and prizes.

Reservation checks should be payable to RMGC. No cash will be accepted. Include your GHIN number and email address on the envelope. The deadline for signup is Friday, April 25, at 5 p.m.

The number of players will be limited and, if oversubscribed, players will be selected based on the highest number of home and home tournaments played at Rossmoor during 2013 and 2014.

A player roster will be posted in the Pro Shop and on the club’s website the Sunday prior to play. Checks of players not selected will be destroyed.

Players who need to cancel after the close of sign-ups will forfeit their payment unless an alternate can be found.

Membership in the Men’s Golf Club is required to play in home and home tournaments.

Car-pooling is advised. Players check in at Mira Vista by 7:30. Soft spikes are required. Remember to wear the men’s club shirt.

For information, contact Bart Moore, chairman of away home and homes, at 324-5574 or bartmoore@comcast.net.

Niners enjoy two best-balls event

By Sherry Marks

Club correspondent

Forty-eight golfers played in the Rossmoor Women’s Nine-Hole Golf Club’s two best balls competition on April 10. The team of Mary Ann Garvey, Judy Fletcher, Janette Larkin and Karren Carroll came in first by submitting a score of 62.

Second place went to the team of Laurie Krell, Elaine Matuz, Barbara May and Sarah Buehrer with a score of 68.

There were no chips ins and no birdies.

Rules

Fran Elvin is doing her part to educate Niners on some of the rules that golfers might find confusing. Elvin regularly posts a rule on the bulletin board in the Pro Shop.

A recent entry dealt with Creekside’s sixth hole and the water hazard between the two bridges marked with yellow stakes.

A golfer has three options: hit a second ball from where you last hit (add one stroke penalty); play the ball where it lies, in the hazard between the two bridges marked with yellow stakes. A golfer has three options: hit a second ball from where you last hit (add one stroke penalty); play the ball where it lies, in the hazard (no penalty); or determine where the ball last crossed the hazard line and extend the line back as far as you want. Drop the ball on the line, no closer to the hole (add one stroke penalty).

Looking ahead

Thursday, April 24, is the Spring Scramble tournament. May 1, the Niners host the Spring Fling tournament. May 8, the Niners host team play.
The cheerful and carefree members of the Buckeye tennis team are, from left, Anna George, Cheryl Patterson, Carol Pillsbury, Barbara May, Colleen Scully, Barbara Blum, team captain Barbara Schwarz and Liz Kuhl.

The RTC’s Buckeyes women’s team played the Hidden Hills Tennis Club on April 14 at the Buckeye courts and lost 10-2. Cheryl Patterson and Anna George brought home the only win 6-4, 6-2, 10-7.

Two Barbaras — Blum and Schwartz — lost 6-1, 6-0. Loc Barnes and Barbara May lost 6-1, 6-4, and Carol Pillsbury and Colleen Scully lost 6-3, 6-0.

May and Angie Dometrich assisted with the food set up. The visiting team was impressed with the new Buckeye facility.

Rossommer men
The RTC’s 60-and-over team played the Walnut Creek Tennis Club to a tie on April 16 at the Buckeye courts, winning two matches and losing two. With three out of four matches decided in third set tie breaks, it was easy to see how closely matched the two teams remained.

At first doubles, Dennis Caren and Dave Kern came from a set down to win 5-7, 6-4, 10-4. Bob Walgren and Al Schwartz played second doubles and lost 6-1, 7-5.

Bill Sedorowitz and Rolf Kvafluk, playing in the third line, lost an on-again, off-again match 6-0, 2-6, 10-8.

The fourth doubles team of Allan Tan and Wes Henderson won another very close match against a third team, losing by bringing down a set, 4-6, 4-10, 4-7.

The team thanks Captain John Lee for his organization skills, and his initiative to be the first men’s team captain to use the new gas grill at Buckeye. He set a very high standard.

The competition was good and the food great. All participants again enjoyed the freshly grilled hot dogs cooked by the team’s super cook Len Cook.

GRF announced that the Buckeye Tennis Complex ribbon-cutting ceremony will be held at Buckeye on Friday, April 25, at 1:30 p.m. Refreshments will be served.

All Rossommer residents are invited.

Parkinson’s Network benefits from
goN Te rney at Boundary Oak

Boundary Oak Golf Course in Walnut Creek will sponsor the fourth annual Charity Golf Tournament for the Parkinson’s Network of Mt. Diablo (PNMD), on Friday, May 16, with a 1 p.m. shotgun start.

Cost of tournament entry at $125 per person covers lunch, an 18-hole scramble, dinner and an opportunity to win one of the many raffle prizes or awards.

Entry/donation forms are available at the Rossommer Pro Shop. Golfer entry forms and payment are due by Thursday, May 1. Information on the tournament, call Ken Kuhn at 588-9837.

While the actual tournament starts at 1 p.m., participants should be prepared to arrive at 11 a.m. to allow time to register and join in the pre-tournament festivities. Prior to the tournament there will be a putting and chipping contest with prizes for the winners. Also, lunch will be provided shortly before the tournament begins.

This year’s tournament includes contests and prizes for closest to hole, longest drive, lowest team score, etc. Raffle prizes and awards are donated by local vendors who have generated surprising contributions in past years.

Those who don’t golf but would like to be involved are invited as well for the dinner, the raffle and the silent auction for some great prizes. The cost for dinner only is $40 per person or $70 per couple. The completed form and payment for dinner only is due no later than Monday, May 12. Cocktails will be served at a bar cash mencing at 5:30 and dinner will be served at 6.

The involvement of all new and returning players this year is appreciated. Participation makes it possible to provide funding for Parkinson’s research and local programs for PNMD members to help improve quality of life for those with Parkinson’s disease.

Parkinson Network of Mt. Diablo is the local support group that helps raise community awareness of the second most common neurodegenerative disease after Alzheimer’s disease. The group also provides support for people with Parkinson’s along with their caregivers, families and friends.

The Parkinson Network of Mt. Diablo meets regularly on the third Saturday of each month from 10 a.m. to noon at Grace Presbyte Church, 2100 Tice Valley Blvd. All are welcome free of charge. Contact: Ronnie Wanetick at 933-6357 or Howard Zalkin at 939-4210.

There is also a young-onset Parkinson’s support group that meets regularly from 9 to 10 a.m. on the same day at the same location. Contact: Krystin Radke at 336-9554.

The Parkinson’s Network of Mt. Diablo is a nonprofit 501C. Visit the website at www.pnmd.net for information.

Tennis Club’s Buckeyes win two matches

The cheerful and carefree members of the Buckeye tennis team are, from left, Anna George, Cheryl Patterson, Carol Pillsbury, Barbara May, Colleen Scully, Barbara Blum, team captain Barbara Schwarz and Liz Kuhl.
Rossmoor’s bocce season underway

Hours change on May 1, evening league begins May 13

Rossmoor’s bocce season is in full swing. The club boasts a membership of over 200 people and offers instruction, league play and numerous social events. The courts are located in Sportsman’s Park at Hillside Clubhouse.

Beginning Thursday, May 1, open play changes to 9 to 11 a.m. on Tuesday, May 13, evening league starts. The wine and cheese event is Sunday, July 13, and the ice cream social is Tuesday, Aug. 12. New members are always welcome.

For membership information, contact Jim Ford at 296-0622.

18ers enjoy Egg Stravaganza Tourney, Handicap competition set for next month

By Alice Sprague

Club correspondent

The Women’s 18-Hole Golf Club held its Egg Stravaganza Tournament on April 17. By all accounts it was a success as many chocolate eggs were won and apparently immediately consumed by the players making it difficult to determine a clear winner at this time.

However, three players had chip ins: Betty Bowles on holes 3 and 13, Phil Choo on hole 4 and Teddy Swanson on hole 15.

The next clinic will be held on Wednesday, April 24, tournament will be a low net format.

After the Spring Fling, which is May 1, there is the annual Handicap Tournament. The qualifying round for the tournament will be held on Thursday, May 8. Matches will be played on Thursday, May 15; Tuesday, May 20; and Thursday, May 22.

Matches will be in tommies and starting times will be posted but the first two matches may be played ahead of time if both competitors agree. For each flight there will be a consolation flight as well.

The sign-up sheet is located in the club area of the Pro Shop. Sign-ups for this tournament are until Monday, May 9.

For information, call Nancy Growsrid at 947-2572.

Happy Hackers will hold clinic

By Alice Sprague

The Happy Hackers are busy planning events.

The next clinic will be held on Wednesday, April 30, at 3 p.m. The subject will be chipping.

The next shotgun scramble will be held on Saturday, May 10, at 3 p.m. on the Creekside Golf Course.

The clinic is limited to 20 members and the cost is $5.

Participants will meet shortly before 3 at the Pro Shop. The sign-up sheet will be in the Pro Shop on Sunday, April 20.

Cancellations must be made at least 48 hours prior to the event. There will be no refunds for those who cancel after the deadline or for no shows. All participants must be Happy Hacker members.

Duplicate Bridge Club combines sections

The Rossmoor Duplicate Bridge Club is combining the B and C sections in the Monday day game. This will have little effect on players since these sections rarely have been separated on Mondays.

There will be two sections of players with 0-299 master points and players with 300- plus master points.

The club is happy to provide games for all levels of play and welcomes new players.

The Monday game is at 12:30 p.m. in the Oak Room at Gateway and all players should be present by 12:15.

For assistance in finding a partner on Monday, call Patti Compton at 938-2230 if you have under 300 points and Ellen Beltran at 932-6904 if you have 300-plus points.

Duplicate Bridge Club will hold declarer class

The Rossmoor Duplicate Bridge Club (RDBC) is offering a class in declarer play for beginning and intermediate bridge players. The eight-week class will be held Mondays beginning May 19 from 9:30 to 11:30 a.m. in the Oak Room at Gateway Clubhouse.

Depending on enrollment, a Tuesday morning class may be scheduled.

The class will cover the following:

• making a plan for playing no trump and trump contracts 
• developing tricks through promotion and finesses
• ruffing and discarding losers
• handling entries
• trump suit

A review will be made of Standard American bidding

• trump suit
• handling entries
• ruffing and discarding losers
• developing tricks through promotion and finesses
• making a plan for playing no trump and trump contracts

For information, call Nicole Monash at 933-9429.

Duplicate Bridge Club will hold declarer class

Friday, April 11

Section A


Saturday, April 12

Section A


Monday, April 14


For information, call E. J. Hildreth at 724-9170 or G. Hargrove at 296-1542.

Partnership Bridge

On April 11 at partnership bridge, the scores were: Joan and Jim Cheney 4200 with a small slam in hearts making 7, Dorothy Durst and ted crude 4170 making a small slam in hearts, Mary Keeler/Carolyn Nelson 4090 making a small slam in diamonds, Nilda Smyth/Dorothy Durr 3120 and Bob and Jane Akin 2940. Low score was 1690.

For information, call Helen Dailey at 934-1902 or Carolyn Nelson at 256-1032.

On April 15, there were 32 players at partnership bridge in the Oak Room at Gateway. John and Dolores Clark topped the winners with 4590 points, including a small slam in spades. Other winners were: Bill and Judy Berman 3260 and Wini Biehl/Shari Siegal 3000. Low score was 1090.

Directors John and Dolores Clark were assisted by Ted Augustine.

For information, call Dolores Clark at 330-8612.

Partnership Bridge on April 17 had these winners: Vicki LaBatt/Mary Keeler 4540, Nilda Smyth/Dorothy Durr 3480, Brucie and Duncan Carter 3310 including a small slam in no trump, Joan and Jim Cheney 3260 and Wini Biehl/Shari Siegel 3000. Low score was 1690.

For information, call Dolores Clark at 330-8612.

Partnership Bridge on April 24 had these winners: Dick Bockius/Joe Katzburg 3290 with small slams in 6 spades, Dick Bockius/Joe Katzburg 3480 with small slams in 6 hearts and 6 spades, Jerry and Estelle Beigel 3450, Neal Monash/Velma Leaviete 3420, Carolyn Nelson/Helen Day 3980 with a small slam in 6 spades, Ray Gorski/Terry Raven 3140, Eleanor Blatman/Jewel Ward 3110 with a small slam in 6 spades and Ed Neibinger/Rita Wasserman 3110.

For information, call Helen Dailey at 934-1902 or Carolyn Nelson at 256-1032.

Partnership Bridge on April 26 had these winners: Dick Bockius/Rosalie Grupenhoff 4540, Vickie Chu/Luciana Young 2940, Neal Monash/Dorothy Durr 2820, Jo Malanowski/Joe Katzburg 2670, Rosalie Grupenhoff 3420, Vickie Chu/Luciana Young 2940, Neal Monash/Dorothy Durr 2820, Jo Malanowski/Joe Katzburg 2670, Rosalie Grupenhoff 3420, Vickie Chu/Luciana Young 2940, Neal Monash/Dorothy Durr 2820, Jo Malanowski/Joe Katzburg 2670, Rosalie Grupenhoff 3420, Vickie Chu/Luciana Young 2940, Neal Monash/Dorothy Durr 2820, Jo Malanowski/Joe Katzburg 2670, Rosalie Grupenhoff 3420, Vickie Chu/Luciana Young 2940, Neal Monash/Dorothy Durr 2820, Jo Malanowski/Joe Katzburg 2670, Rosalie Grupenhoff 3420, Vickie Chu/Luciana Young 2940, Neal Monash/Dorothy Durr 2820, Jo Malanowski/Joe Katzburg 2670.

For information, call Neal Monash at 933-9429.

News photo by Mike DiCarlo

Gretchen Hansen, center, is at the ready during a game of bocce ball last Wednesday. Looking on are, from left, Susan Bensal, Janice Rubay, Ana Jardine, Jack Bertnick, Art Anderson, Kathy Johnson and Al Gavello.
The year 1964 saw an invasion of British rock bands capturing American teens’ hearts and minds with a new sound. Groups such as the Beatles, the Rolling Stones, and the Dave Clark Five and more, with their beat and style, soon topped the charts and changed the face of the American music scene.

In a tribute to the music that the boomer generation grew up with, the Boomer generation grew up with, the Boomers Forever Club is hosting an anniversary dance BASH. The BASH will be at the Event Center on Saturday, May 3.

The doors will open at 6:30 p.m. and the music will start at 7. Mesquite Beach, a band that is both a Bay Area and boomer favorite, will play an all British rock program until 11. Mersey Beach will perform at the Boomers Forever BASH. The club has also created several sub-groups: Book Salon, Monday Night Football and the Boomers Bocce League season two – all of which are open to members.

Both new and renewing members need to submit a membership form, available at any schmooze, club event, or in the club mailbox at Gateway. Forms and checks may be dropped in at any schmooze, club event, or in the club mailbox at Gateway.

There will be Mexican food prepared by Creekside Grill. The social hour starts at 6 p.m. with cocktails and hors d'oeuvres that will include teriyaki meatballs, mini quiches and cherry tomato stuffed with olive tapenade.

Mersey Beach will perform at the Boomers Forever BASH. Johnny G’s Band to play

TGIF plans Fiesta Night

TGIF dinner club will celebrate with Fiesta Night on Friday, May 16, in the new Event Center. The social hour starts at 6 p.m. with cocktails and hors d’oeuvres that will include teriyaki meatballs, mini quiches and cherry tomato stuffed with olive tapenade.

Dinner, by Simple Elegance Catering, will be served at 6:45. The menu includes split pea soup, marinated grilled tri tip with a cognac mustard sauce, scalloped potatoes, fresh grilled corn on the cob, and a vegetarian lasagna is also offered. Each table will have assorted rolls, red and white wine with dinner and decaffeinated coffee and tea.

The popular Johnny G’s Band will play for dancing and listening.

The cost is $25 for members and $33 for guests. Each member may invite one guest. Reservations will be accepted beginning Thursday, May 1, and will be filled in the order received.

Reservation checks, payable to TGIF, should be sent to Sue Fleck at 1905 Cactus Court No. 1, Entry 4, or placed in the drop box at the same address. Do not place the check in the mailbox on Cactus Court or in the club mailbox at the check. Cash is not accepted. Be sure to note the entrée choice on the check. Those who want to sit together must send all checks in the same envelope. Reservations and refunds will not be accepted after Friday, May 9, at 5 p.m.

To cancel a reservation by the deadline, call Fleck at 949-9771. After the deadline, anyone who is unable to attend should call Fleck by 5 p.m. on the day of the dinner. Arrangements will be made for a take-home dinner from the caterer to be picked up at 7:30. This procedure must be followed or the dinner will not be released.

TGIF Club membership information can be obtained by contacting Ann Peterson at amptete@comcast.net or call 949-8371.

30s/40s/50s will hold a Cinco de Mayo celebration

Music by Mariachi mi Tierra Linda

The 30s/40s/50s Couples Club will have a fiesta for Cinco de Mayo on Monday, May 5, from 6 to 9 p.m. in the Fireside Room at Gateway.

There will be Mexican food prepared by Creekside Grill. Music will be by Mariachi mi Tierra Linda. Mexican beer and margaritas will be served. Bring your own wine, if you prefer.

The cost is $25 per member and $30 per guest. Reservation checks, payable to The 30s/40s/50s Couples Club, should be sent to Helene Magen at 2217 Pine Knoll Drive No. 1. The deadline is Monday, April 28.

The 30s/40s/50s Couples Club is a social club for married couples born in the 1930s, 1940s or 1950s. For information about the club’s activities or to join, contact Judy Nixon at 286-6175 or Patty Smith at 949-8325. Friends of Animals readsies for Cinco de Mayo party

Friends of Animals will have its annual Cinco de Mayo party on Sunday, May 4, from 3 to 5 p.m. at the Rossmoor dog park. You needn’t own a pet to attend. Every animal lover is welcome at the event.

There will be a brief general meeting for members before the celebration begins. The purpose is to elect the new board and learn about last year’s income and the donations that income made possible.

The Cinco de Mayo party is a potluck so bring snacks and beverages. Mexican themed snacks and beverages are encouraged, but major events food items are okay.

However, be reminded that snacks for nonhuman companions may not be brought. Water is available for the dogs, but they are not allowed to be fed at the dog park.

Friends of Animals is a club that raises money to help care for homeless animals in the Rossmoor area. Dues are $10 per year. Membership forms can be found at the dog park in a box on the fence to the right of the entrance.

Second Tuesday lunches celebrate Cinco de Mayo

The Second Tuesday Luncheon Group will celebrate Cinco de Mayo on May 13, at the Dollar Clubhouse. The social hour begins at 11:30 a.m. Luncheon will be served at noon. The menu will include enchiladas, rice, beans and margaritas.

Hostesses for this event are Patsy Sharaf and Michele and Pat Mayo.

The $15 cost includes wine and sparkling cider. For reservations, call Sharaf at 322-8926. A reminder, the reservation must be paid the day of the luncheon.

The Second Tuesday Luncheon Group meets every second Tuesday of the month September through June. It is a continu-
Red Hatters to hold spring brunch
Rossmoor Square Dance Club will entertain

The next Red Hat luncheon will be on Saturday, May 10, at 11:30 a.m. in the Fireside Room at Gateway.

Two menu choices are offered at every luncheon: from the heart of Sicily in Fireside Room. The hosted happy hour starts at 5:30 p.m. Appetizers will include meatballs, egg rolls and mozzarella sticks.

Dinner, catered by Hamilton, is at 5:45. The entrée is a choice of lamb with mint jelly, poached salmon or spinach quiche. Side dishes include roasted potatoes, asparagus and rolls with chocolate silk pie for dessert.

Coffee and tea will be available.

The dinner chairwoman is Governor Joanne Anderson. Spring table decorations are being designed by Jackie Worthington.

Terri Odabi will entertain with her strong dynamic vocals. She is the current winner of the Bay Area Division of Blues singing contest.

She has appeared in many well-known venues, including the Fenis in San Rafael, the Sausalito Crowning Club and the Montery Blues Festival. She will perform jazz, blues and some of her original songs.

New members are welcome to join the Red Hat group. An annual dues are $15. Mail checks to Joyce Townsend, 2140 Cactus Court No. 3, or leave them in the club mailbox. Dues are accepted after 5 p.m. that day.

The deadline for reservations is Friday, May 2. Checks must be in by Friday, May 2.

Upcoming events
When signing up for events, write the name of the event or luncheon/entrée on the front of the check. Only reservations submitted in the box are counted.:Strings will glance briefly at the first of these periods, the mythic period of the ancient Greeks of Magna Graecia, and will talk about Odysseus, Cyclops, Dionysus, Plato, Theocris and Archimedes.

Yiddish Club to hear about hospice
The Yiddish Club will meet on Tuesday, May 6, from 2 to 4 p.m. in Multipurpose Room 3 at Gateway.

Sam Olmer and others will discuss the current state of the Yiddish language, its origin and history, and where it is still spoken today.

Italian Club’s guest speaker to talk about history of Sicily in Fireside Room
Dinner will be catered by Il Pavone

The Italian-American Club will hold Fellowship Night on Friday, May 9, in the Fireside Room at Gateway. The president of the Italian-American Club and the Italian Conversation Group may attend; single members may bring one guest.

The reserved bar will be open from 5:15 to 6. Dinner, catered by Il Pavone, will be served at 6:30. Your menu includes antipasto, spring salad, homemade veal ravioli, New Roast with sauce, roasted potatoes and vegetables and éclairs for dessert. Red and white wine and decaf coffee will also be included.

Lifelong learning program instructor Douglass Kenning will be the speaker for the evening. His audio-visual talk will about “Sicily, The Cradle of Civilization.” Twice in three thousand years, Sicily was the most vibrant and advanced society in Europe, each for a few centuries, the heart of Western civilization. Kenning will glance briefly at the first of these periods, the mythic period of the ancient Greeks of Magna Graecia, and will talk about Odysseus, Cyclops, Dionysus, Plato, Theocris and Archimedes.

The price of the dinner is $30 for members and $35 for guests. Members must call Mader if they know of a member who is ill or needs assistance. The deadline for reservations is Friday, May 2; reservations and cancellations will not be accepted after 5 p.m. that day.

The menu includes tenderloins of beef with roasted vegetables, risotto, green salad and a dessert of tarte framboises with vanilla ice cream. Decaffeinated coffee and tea will complete the dinner.

Information about the Rossmoor Red Hat Luncheon can be found on the website www.rossmooreddhatters.net with information provided by web “wizardess” Liz Sloan.

Eagle Ridge to hold annual spring brunch in Fireside Room

Mutual 68 (Eagle Ridge) will hold its annual champagne brunch on Saturday, May 3, at 11 a.m. in the Fireside Room at Gateway.

Start off the morning with mini muffins, pastries, cranberry juice, orange juice and champagne. The buffet brunch will include quiche, sausage, bacon, potatoes with onions, spinach salad, seafood salad and fruit salad.

All Mutual 68 residents, their guests and former residents are welcome. The cost per person is $25. For information, contact Vicki Bipski at 933-5512 or visit the website at eaggeridge-rossmoor.org for a copy of the invitation flyer.

Grandparents Club to hold round-table discussion

The Grandparents Club of Rossmoor will hold its monthly fourth Thursday meeting on April 24 from 7 to 9 p.m. in the Vista Room at Hillside Clubhouse.

This month’s round-table discussion will focus on what grandparents worry about most regarding their children and grandchildren.

The Grandparents Club is a grandparent support group that is open to all Rossmoor grandparents. The club focuses on discussions that will enhance members’ self-esteem and the ability to set boundaries and relationships with their children, and allow them to share the joys of being grandparents with other grandparents.

Rossmoor residents are invited to try out the club. For information, contact Howard Berkman at 939-3954 or hberkman@earthlink.net.
Volunteer Exchange will hear about diabetes and cardiovascular health

The next meeting of the Rossmoor Volunteer Exchange will be held on Wednesday, May 7, from 10:30 to 11:30 a.m. in the Fireside Room of Gateway Clubhouse. Visitors are welcome. The speaker is a representative from Alka Bates Summit Dia betic Center. The focus will be on the latest medical guidelines, as well as on natural therapies, for promoting cardiovascular health and managing diabetes.

The Volunteer Exchange is a program based on the unique time-dollar concept designed to allow members to trade a variety of short-term services with other members. Among the services rendered and received are transportation to doctors and dentist appointments, grocery shopping and errands, telephone tree, pet sitting and dog walking, sewing and mending, and many other short-term assists.

Throughout the year the club has monthly meetings to enable members to have fellowship with one another, to enjoy presentations by speakers who discuss topics of interest to a wide range of members, and to submit their service credit time sheets. Dues are $15 payable in June.

The Volunteer Exchange telephone number for service requests is 987-7738. All other inquiries should be addressed to Carl Ahlemeyer at 906-9882 or emailed to apushark@att.net. A coordinator is needed to ensure that meetings go smoothly. This job does not include arranging for presenters. Interested members should contact Ahlemeyer.

Volunteer Exchange works together to exemplify the principle that “every human being has the capacity to be a builder and contributor.”

Rossmoor organizations celebrate Israel Independence Day May 6

The Middle East Information Council of Rossmoor (MEICOR) will present a celebration of Israel Independence Day in cooperation with the following organizations: Bravi Israel, Hadassah, NCJW, ORT and the Shalom Club. The program will be in Peacock Hall on Tuesday, May 6, starting at 6:15 p.m.

Israel Independence Day marks the creation of the State of Israel in 1948.

The evening’s events will feature three short videos produced by Blue Star, a venture created and run by Jonathan Carey, who will open the program with introductions. Carey will introduce each video, allowing time for brief comments from the audience following each.

The first video is “Returning Home to Stor- ry.” Jerusalem was the original capital of the kingdom of Israel in the time of the first and second temple; and Jews have maintained a substantial and continuous presence in the Old City for past 2,000 years. This film tells the little known story of the Jewish families who lived in the Old City peacefully for generations prior to being besieged, forcibly evicted from their homes and taken prisoner of war by the Arab Legion in 1948 after the state of Israel was declared by the United Nations.

The second video is “Re-Walk: An Israeli Miracle.” This documentary shows the spirit of Israelis and how they seek to accomplish the impossible and how much this small country has contributed to the world with numerous devices such as the pill cam, drip irrigation, and the iron dome.

The third video is “Mif-gash.” Mif-gash is the Hebrew word for encounter with the land and people of the Jewish homeland. This document presents the history of a meeting between two Hohal Israel and teens from Write On for Isra- el/San Francisco.

Blue Star is a non-profit organization dedicated to empowering the next generation of Israel advocates and leaders. The project disseminates free resources for campuses and community activists and teaches the next generation programs. BlueStar’s Write On for Israel is one of those programs. It teaches teens about Israel before they go to college and face potential challenges on campus.

MEICOR’s programs are open to all Rossmoor resi dents and guests. There is never a charge for attending. Donations are gratefully ac cepted.

Atheists and Agnostics to hear about national atheists convention on May 1

The Atheists and Agnostics Club meets Thursday, May 1, at 1:30 p.m. in the Las Tram- pas Room at Hillside Clubhouse. Elaine and Eric Stone will recount their adventures, with videos and recordings, at the American Atheists National Convention in Salt Lake City April 18 through 20.

They’ll also show a short video interview with Ed Kagin, the intrepid national legal director of American Atheists, who died in March. Kagin was born to a Presbyterian minister father and a Daughters of the American Revolution mother.

The group meets from 10 a.m. to noon and the next meeting, Thursday, April 24, will cover chapters 2 and 3 of Harris’s book. In “The Moral Landscape,” Harris, author of “Letter to a Christian Nation” and “The End of Faith,” writes with a new perspective on the cen-

turies-old questions of right and wrong and good and evil. Could science provide the answers to “ought” questions? Is the relationship between the well-being of the earth’s population and the well-being of individuals? All interested in these questions are invited to join the discussion. Group size will be limited to first 12. Contact Eric Stone at 914- 843-3151 or atheista@gmail.com.

The book can be purchased online at any one of the many new and used booksellers and several copies are available in the Contra Costa Library system.

Greek Club learns about higher education in Greece

The Rossmoor Greek Club will meet on Monday, April 28, at 10 a.m. in the Vista Room at Hillside.

The speaker is Dr. Peter Haikalis. He will talk about his experiences and interactions with institutions of higher education in Greece, where he was a Fulbright Research Scholar. He will also present a talk to the library of the University of Crete in 1989. In 1995, he was an exchange professor at the Technological Educa tion Institute in Syndos, Thessaloniki, Greece and consultant to the American sponsored Ana tolia College in the same city.

er, both sides boasting numerous clerics. After abandoning religious belief, Kagin became a Freethought activist.

An outspoken critic of religious intrusion in government, Kagin ran prominently, albeit un successfully, as “the candidate without a prayer” for the Kentucky Supreme Court (1998) and the Kentucky Senate (2000). He was a member of the board of the American Atheists.

Visitors are welcome and refreshments will be served. For information, call Eric Stone at 914-843-3151.

Atheist Book Discussion Group to discuss ‘The Moral Landscape’ tomorrow

The Book Discussion Group of Rossmoor Atheists and Agnostics completed reading “Cul ture Wars,” by Marie Castle and began Sam Har- ris’s “The Moral Landscape” on April 10, dis cussing the introduction and first chapter. Discussion will continue on the second and fourth Thursdays of the month in Multipurpose Room 2.

The group meets from 10 a.m. to noon and the next meeting, Thursday, April 24, will cover chapters 2 and 3 of Harris’s book. In “The Moral Landscape,” Harris, author of “Letter to a Christian Nation” and “The End of Faith,” writes with a new perspective on the cen-

turies-old questions of right and wrong and good and evil. Could science provide the answers to “ought” questions? What is the relationship between the well-being of the earth’s population and the well-being of individuals? All interested in these questions are invited to join the discussion. Group size will be limited to first 12. Contact Eric Stone at 914- 843-3151 or atheista@gmail.com.

The book can be purchased online at any one of the many new and used booksellers and several copies are available in the Contra Costa Library system.

Greekl School learns about higher education in Greece

Haikalis holds a doctoral degree from the University of Pennsylvania. He is a retired professor, librarian and administrator, having served with UC Riverside, Princeton and San Francisco State.

He is the author of several books and arti cles. He and his wife Susan live in Rossmoor.

Greek Club meets on the first and third Thursdays of the month, contact Ern DiMaria, at 274-1878, Leo Felz at 256-9879 or go to www.sirbranch81.com.

Former Vietnam War Navy flight surgeon speaks to SIR

The Rossmoor Sons in Retirement (SIR) Branch 81 meets on Tuesday, May 6, in the Fireside Room at Gateway. The hosted bar opens at 11:15 a.m. A buffet lunch is at noon.

The Rossmoor Sons in Retirement (SIR) Branch 81 meets on Monday, April 28, at 2 p.m. in the Club Room at Creekside. Kathy Kavana gh, community liaison for Hospice East Bay, will present a look at hospice care – what it is and the kinds of services offered.

She has been with Hospice East Bay for eight years, helping to raise money to offer quality end-of-life care to everyone in the community, regardless of anyone’s insurance status or ability to pay.

Her primary focus is to educate people about hospice and what it can do for them, their family members and their friends.

The word hospice is derived from root words hospital and hospitality. The movement was first started in England with emphasis on humane and compassionate care for the patient.

Members are reminded that gently used items of clothing are needed for the Flea Market on Saturday, April 26. Bring donations at 8 a.m. to the Oak Room at Gateway.

Clothes and hat racks are needed. Two-hour shifts are necessary on Saturday, March 24, for Helen Henderson at 708-7302 for schedules. The Friday, May 16, general meeting will be at 2 p.m. in Fairway Rooms A and B at Creekside.

The annual meeting will be Friday, June 6, at 2 p.m. at place to be determined. This end-of-the-year event is important.

A new board will be elected and committee chairmen appointed. Members are asked to consider accepting a position.

Rossmoor Companions Club is neighbors helping neighbors; residents supporting residents.

For information, visit the website at www.rossmoorc ompanions.com or call 357-1120.

Companions Club to hear about hospice care Monday

Rossmoor News • April 23, 2014
French Club invites attorney to talk about debt relief

Seniors are sometimes asked to help out family members who have gotten into debt because of a job loss, divorce or other causes. Or an individual may be struggling with his or her own debts. This talk is sponsored by the Rossmoor French Club, and light refreshments will be served.

Cordova leads the San Francisco and San Jose offices for McMillan Practice Group. He has helped pave the way for the natural wine movement.

Bacchus Society to sample wines from Berkeley-based Donkey and Goat Winery

The Bacchus Society welcomes Donkey and Goat Winery to its tasting event on Tuesday, May 6, at 7 p.m. in the Vista Room at Hillside. The doors will open at 6:30 or shortly thereafter.

Donkey and Goat is a family owned and operated winery located in Berkeley. Donkey and Goat craft their natural wines from Rhône varietals, chardonnay and pinot noir grown in the Anderson Valley, Mendocino Ridge and the undiscovered El Dorado appellation.

Roquefort, smoked cheeses.

The 30s/40s/50s Couples Club is for married couples who were born in the decades of the 1930s, 1940s or 1950s. It is a social group, whose purpose is to provide opportunities for people in the same age group with similar interests.

For information about other activities or to join the club, contact the membership chairwomen, Patty Smith at 949-8324 or Judy Nixon at 286-6175.

The ship has become a National Historical Monument. Its history and final reconstruction will be discussed. The Potomac now makes its home in San Francisco Bay, berthed in Oakland. Tours can be arranged.

Rotary hears about fire safety from fire district representative

Rossmoor Rotary Club meets on Wednesday, April 30. The speaker is Big Au, a fire prevention specialist. Au teaches fire safety. He has been with the Contra Costa County Fire Protection District since 1995.

Some suggestions are offered for what type of foods go with a good wine tasting.

For information regarding the book club, contact Chairwoman Patty Smith, 949-8325. For information about the club activities or to join the club, contact Chairwoman Judy Nixon, 932-6175, or Patty Smith, 949-8325.

Rossmoor clubs and organizations can now get links to their websites through Rossmoor.com.

To get the links placed on the site, just e-mail the website URL to news@rossmoor.com, and the web master for the site will set it up. The links will be under the club name on the "Clubs and Organization" page, which is listed under "Member Info" on the homepage of www.rossmoor.com.
**RELIGION**

**RENEWED SERVICES**

**PRESBYTERIAN**

Grace Presbyterian Church invites everyone to worship on Earth Day Sunday, April 27, at 10 a.m. The families familiar with the Grace Cooperative Preschool will be present and the children will open the service with a collection of songs. The sermon by Rev. Roger Reaber, “A Watershed Response,” will be based on Genesis 1:1-22 and Ezekiel 3:17-18. In preschool, the children have been focusing on the need to care for the environment by caring for water. After worship, continue the Earth Day celebration with special activities with the children and enjoy the artwork of Master Ratcliffe, “Reuse Personified,” which is hanging in the Fireside Room where refreshments will be served.

JEWISH

B’nai Israel Congregation Sabbath services will be led by Cantor Rachel Brott on Friday, April 25, at 7:30 p.m. in the Vista Room, Hillside Clubhouse. Greeters Jerry and Juanita Priebat will lead the motzi. Judy Vida will provide the oneg in honor of Peter Gray’s birthday. After the service, there will be a program to mark Holocaust Remembrance Day (Yom Hashoah). Selma Soss will introduce Tilly Molho, Holocaust survivor, who will talk about her experiences in Greece during the Nazi occupation, and Susan Hochschild, who will give a brief talk about her experience as a child in Vienna, Austria, pre-World War II. Selma will also present a poem and commentary on Primo Levi and the Holocaust. All are invited to attend and enjoy the service, the program and the social hour.

**CONGREGATIONAL UCC**

Rossmoor Pilgrim Congregational Church invites everyone to gather for a spirited Easter worship service in the Fireside Room at Gateway Clubhouse on Sunday, April 27, at 10:30 a.m. Bible study will be held on Tuesday, April 29, from 10 a.m. until noon in the Mulligan Room at Creekside. A cordial invitation is extended to all to participate in the activities of Pilgrim Church. For information or for pastoral concerns, call 287-1500 or email Clemens or any church board members at rossmoorpcucc@aol.com.

**LUTHERAN**

Hope Lutheran Church invites everyone to gather for a spirited Easter worship service in the Fireside Room at Gateway Clubhouse on Sunday, April 27, at 10:30 a.m. Sierra Pacific Synod Bishop Mark Holmerud will be the guest preacher. Wayne Anderson is the minister of music, and Don Garley serves as cantor. Immediately following worship, all are invited for refreshments and fellowship.

**JEWS FOR JUDAISM**

The people of Hope Church gather in the Fireside Room to be transformed by a warm and friendly time of liturgical worship and high-spirited fellowship. Rossmoor Dial-a-Bus delivers attendees to Gateway Clubhouse. Large-print bulletins and hearing and T-coil compatible accessibility of worship at Hope. Arrive early for a time of fellowship and stay for coffee and conversation after the service. For information or pastoral concerns, contact Pastor Niemi at 349-5111.

**EPISCOPAL**

St. Luke’s Episcopal Church invites all Rossmoor residents to a service of “caring and sharing through inspirational worship and fellowship” on Sunday, April 27, at 10 a.m. in the Diablo Room at Hillside Clubhouse. On this second Sunday in Easter, the Rev. Den. Patricia Pearson will offer a sermon titled “The Paschal Mystery,” based on John 20:19-31. The service will include Morning Prayer; all are welcome to participate fully and stay for refreshments and fellowship at the potluck coffee hour following the service. Bible study is held each Tuesday at 2 p.m. in the Bunker Room at Creekside Clubhouse. Call the church office for more details: 937-4820.

**METODST**

Tice Valley United Methodist Church invites all Rossmoor residents and guests to the weekly Sunday worship service at 11 a.m. in Peaceock Hall. Sunday worship is wheelchair accessible with large-print bulletins and aids for hearing. On Sunday, April 27, Pastor Joseph Parekkatt will preside at the 9 a.m. Mass on Saturday. TheSacrament of Reconciliation is celebrated on Saturday afternoon between 4 and 4:30 by appointment. All are welcome in this church.

**CATHOLIC**

St. Anne’s Catholic Church’s Schedule of Masses for the weekend of April 26 and 27 (Divine Mercy Sunday) are as follows: Fr. George DaRoza will preside at the 9 a.m. Mass on Saturday and the 11:15 a.m. Mass on Sunday. Fr. Joseph Parekkatt will preside at the 5 p.m. Mass on Saturday and the 9 a.m. Mass on Sunday. The Sacrament of Reconciliation is celebrated on Saturday afternoon between 4 and 4:30 or by appointment. All are welcome in this church.

Residents invited to get nonjudgemental support at Sanctuary

LORP presents lecture series on conflicts between science and religion

A three-part lecture series exploring the conflicts, both real and perceived, between science and religion will be presented at Lafayette-Orinada Presbyterian Church (LOPC), 49 Knox Drive, Lafayette, Friday through Sunday, May 2, 3 and 4.

This event is free and open to the public. Featured speaker will be Nancy Murphy, a professor at Fuller Theological Seminary in Pasadena.

Highly sought after as a speaker at national and international conferences on philosophy and the relationship between theology and science, Murphy says there is a notion that neuroscience proves there is no soul, thus falsifying Christianity, and this perceived conflict is driving young people out of the church. This subject has been her main topic of writing and teaching for the past 10 years.

Her introductory lecture on May 2, at 1:30 p.m. in the LOPC sanctuary, is “Myths of the Science and Religion Wars – Why It Matters for Your Kids.” Refreshments will be served in Fellowship Hall at 1. On Saturday, May 3, her topic will be “Why We Can’t Blame Our Neurons.” It starts at 9 a.m., with a continental breakfast in Fellowship Hall. This event is free, but registration is required.

Continued on next page
In Memoriam

HELEN HAMMER

Helen H. Hammer, 97, died in Oakland on April 13. She was born Dec. 29, 1914. She lived in Rossmoor for 21 years. She was preceded by her husband of 54 years, Benjamin Hammer. She is survived by her daughter and spouse, Madeline and Marshall Hammer. She is survived by her son and spouse, Mary and John Cornblum; her son and spouse, Marshall and Jeanne Blum; her daughter and spouse, Melanie and Marshall Hammer. She is survived by her four grandchildren; and eight great-grandchildren.

A funeral was held at Oakmont Memorial Park, Lafayette, on April 15.

She was an active in Rossmoor ORT, and memorial donations may be made to that organization.

Obituary policy

The Rossmoor News offers free obituaries of about 120 words. Obituaries may be edited. A sample obituary with instructions is available in the News office or can be emailed. Obituaries with photos and additional information are charged at a rate of $9.50 per column inch. For information about placing an obituary, call 988-7000.

Join a small group discussion of Bible’s book of Galatians

Rossmoor Bible Study will meet on Thursday, April 24, at 9 a.m. at the Dollar Clubhouse for another session in the study of Galatians. The first 40 minutes are occupied with small-group sessions. At 9:50, there is a general meeting of all members with hymn singing led by Pastor Earle Fries. At 10, Pastor Earle Fries lectures until 10:40 on Paul’s letter to the Galatians. This week deals with one of the most difficult problems the Apostle Paul had to face in his ministry. There were people trying to corrupt the faith of new believers by reinstating some parts of the Old Testament law. Paul’s letter explained the truths the Apostle Paul had to face in his ministry. There were people trying to corrupt the faith of new believers by reinstating some parts of the Old Testament law. Paul’s letter explained the transition to the New Testament and did it without challenging the truths of the Old Testament. This is a challenging lesson and one that can make a difference in how believers address life.

This is a non-denominational, evangelical study with the main and only focus being the text of Scripture. Whether a member is a longstanding student of Scripture or a novice doesn’t matter because everyone in the class is a learner. Newcomers are always welcomed.

For information call Fries at 926-0307.

Interfaith Council hosts annual Sisterhood/Brotherhood Dinner May 7

The Interfaith Council of Rossmoor will host an evening of fine food and inspiring music at its annual Sisterhood/Brotherhood Dinner to be held Wednesday, May 7, at 5:30 p.m. in the Fireside Room.

Tickets for the dinner, catered by Hamilton Caterers, are $22 and must be purchased by Thursday, May 1. The choices are chicken Marsala, sirloin tip, and stuffed portobello mushroom.

This event has become a favorite for Rossmoor residents, and last year over 200 people attended.

The performers are all well-known musicians and choir leaders who come from three different faith traditions.

Loni Williams, musical director for Tice Valley Methodist Church, will perform African-American spirituals from the Christian tradition. A member of the Oakland Symphony Choruses and assistant director of the wide array of Gospel Choirs, Ms. Williams is known throughout the Bay Area and Europe for her unique contribution to gospel music as a singer, pianist, and leadership of workshops. In Europe she is best known for her work in tracing the history of gospel music and translating the essence of African-American gospel motifs to German choirs.

Rachel Brott, the cantor for B’nai Israel was named Creighton’s alumnus of the year in 1998 and the Graduate Theological University’s alumnus of the year in 2006. The next year she was included in Los Angeles Magazine’s list of 100 most influential people. She is an ordained minister in the Church of the Brethren.

Fireside Room at Tice Valley United Methodist Church. Call the church number at 937-4353. For information about the event, call Susie Kohl, president of the Interfaith Council of Rossmoor, at 451-0668.

Eternal life is topic of Friends of Christian Science meeting at Dollar on Monday

Talk sponsored by Christian Science Church in Danville

Rossmoor Friends of Christian Science will present a talk by Mark Swinney, international speaker and authorized teacher and practitioner of Christian Science, on Monday, April 28, at 1:30 p.m. at Dollar Clubhouse. The title of the hour-long presentation will be “Eternal Life: Could It Be That God Did Not Intend for You to Age?”

Anyone interested in the truths that underlie this religion is invited to attend and take away powerful life lessons. Everyone is welcome, including those who may just be learning more about this worldwide religion.

The Christian Science Society presented Sunday church services in Rossmoor for 35 years in the Diablo Room, welcoming a large, eager congregation. However, due to lack of lay leadership the society disbanded and Christian Scientists joined congregations outside of Rossmoor. For more than a decade, Rossmoor has not hosted a Christian Science service, but people could go for more information.

The talk is presented by Rossmoor Friends of Christian Science, a member of the Rossmoor Interfaith Council. It is sponsored by First Church of Christ, Scientist in Danville. For information, call Gwen McCauley, 932-0805.

Filipino-American Club meets tomorrow

The Filipino-American Association of Rossmoor will hold its Bay Area get-together on Thursday, April 24, at 6:30 p.m. in Fairway Rooms A and B at Creekside. The meeting date was changed from the third Thursday due to Holy Week.

As is the custom, the club will celebrate member birthdays and share in a potluck dinner. The event is hosted by Susie Kohl, president of the club.

The club’s monthly gatherings provide a fun and relaxed environment for members and guests alike to mingle and to catch-up on the events of the day, while also sharing a little bit of Philippine history.

A primary focus of the club is to keep in contact with friends and family in the Bay Area as well as throughout the world. Membership is open to all who share that common interest. To join the club or for information, contact Merci Davis, club president, at 567-4930.
SPRING POOL AND FITNESS CENTER HOURS - ALL POOLS OPEN

- Del Vallee pool is open from 6 a.m. until 9 p.m. Monday through Friday, except Thursdays when it opens at 1 p.m. after cleaning; and 6 a.m. until 6 p.m. on Saturday and Sunday.
- Dollar pool is open from 6 a.m. to 8 p.m., except Wednesdays when it opens at 1 p.m. after cleaning.
- Hillside pool is open from 6 a.m. to 8 p.m., except Tuesdays when it opens at 1 p.m. after cleaning.
- Family swim is at Hillside pool Monday, Wednesday, Thursday and Friday from 11 a.m. to 1 p.m., and Saturday and Sunday from 11 a.m. until 2 p.m. There is no family swim on Tuesdays when the pool is closed at 1 p.m. for cleaning.
- Fitness Center is open Monday through Friday, 6 a.m. to 9 p.m. and Saturday and Sunday, 6 a.m. to 6 p.m.
- For information on pool hours, call 988-7854.

THURSDAY, APRIL 24

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<th>TIME</th>
<th>EVENT</th>
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<td>6 a.m</td>
<td>Pool Open</td>
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<td>Rec. Dept.</td>
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<td>6 a.m</td>
<td>Strength Circuit</td>
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<td>Masters Swim</td>
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<td>Art Workshop</td>
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<td>Qi Gong</td>
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<td>11 a.m</td>
<td>Light Stretch</td>
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<td>Mat Science</td>
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<td>Open/Beginner Rehab</td>
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<td>Stretching</td>
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<td>1 p.m</td>
<td>Meeting</td>
<td>MPR 1, 2, G</td>
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<td>Oil and Acrylic Beginners</td>
<td>Art Classroom &amp; Gall</td>
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<td>Partnership Bridge</td>
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<td>Super Circuit</td>
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<td>Beg. Line Dancing</td>
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<td>Strength Yoga</td>
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<td>Duplicate Bridge</td>
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<tr>
<td>7 p.m</td>
<td>Sing-along Chorus</td>
<td>MPR 3, G</td>
<td>Acalanes/Rec. Dept.</td>
</tr>
<tr>
<td>7:30 p.m</td>
<td>Moving to Music</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
</tr>
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</table>

SUNDAY, APRIL 27

<table>
<thead>
<tr>
<th>TIME</th>
<th>EVENT</th>
<th>LOCATION</th>
<th>ENTERTAINMENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 a.m</td>
<td>Pool Open</td>
<td>Pool, D, H</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>9 a.m</td>
<td>Church Service</td>
<td>Las Trampas Rm., H</td>
<td>San Gabriel Valley Catholic Church</td>
</tr>
<tr>
<td>10 a.m</td>
<td>Sunday Service</td>
<td>Diablo Rm., H</td>
<td>St. Luke’s Church</td>
</tr>
<tr>
<td>10 a.m</td>
<td>Sunday Service</td>
<td>Sierra Rm., DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>10 a.m</td>
<td>Sunday Service</td>
<td>Vista Rm., H</td>
<td>Pilgrim Cong. Church</td>
</tr>
<tr>
<td>11 a.m</td>
<td>Kid Swim</td>
<td>Pool, H</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>11 a.m</td>
<td>Sunday Service</td>
<td>Diablo Rm., H</td>
<td>Hope Lutheran Church</td>
</tr>
<tr>
<td>noon</td>
<td>Mindful Mat</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>1 p.m</td>
<td>Chair Sit/Stretch</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>1 p.m</td>
<td>Round Rama</td>
<td>RV</td>
<td>RV</td>
</tr>
<tr>
<td>2 p.m</td>
<td>Mu Phi Epsilon Concert</td>
<td>Tahoe Room, H</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>4 p.m</td>
<td>Movie</td>
<td>Peacock Hall, H</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>7 p.m</td>
<td>4th Sunday Dancers</td>
<td>RV</td>
<td>RV</td>
</tr>
<tr>
<td>7 p.m</td>
<td>Movie</td>
<td>Peacock Hall, H</td>
<td>Rec. Dept.</td>
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MONDAY, APRIL 28

<table>
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<tr>
<th>TIME</th>
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<tbody>
<tr>
<td>6 a.m</td>
<td>Group Cycle</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>6 a.m</td>
<td>Pool Open</td>
<td>Pool, D, H</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>7 a.m</td>
<td>ABS Back</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>8 a.m</td>
<td>Luk Tung Kuen</td>
<td>Diablo Rm., H</td>
<td>Luk Tung Kuen</td>
</tr>
<tr>
<td>8 a.m</td>
<td>Luk Tung Kuen</td>
<td>Las Trampas Rm., H</td>
<td>Luk Tung Kuen</td>
</tr>
<tr>
<td>8:30 a.m</td>
<td>Rhythmayics</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>8:30 a.m</td>
<td>Pickleball Play</td>
<td>Sierra Rm., DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>8:30 a.m</td>
<td>Deep Water</td>
<td>Pool, D</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>8:30 a.m</td>
<td>Men’s Exercise Group</td>
<td>MPR 1, G</td>
<td>Men’s Exercise Group</td>
</tr>
<tr>
<td>9 a.m</td>
<td>Keeping Fit Club</td>
<td>Shasta Rm., DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>9:15 a.m</td>
<td>Quilting</td>
<td>Sewing Rm., G</td>
<td>Sewing Arts Club</td>
</tr>
<tr>
<td>9:30 a.m</td>
<td>Bridge Class</td>
<td>Oak Rm., G</td>
<td>Bridge</td>
</tr>
</tbody>
</table>

Calendar information is provided to the News by Room Reservations at the Recreation Department. Residents or groups who would like to make changes to the listing should contact Room Reservations at 988-7780 or 988-7781.
Excursions

Continued from page 13B

The Excursion Desk has the right to cancel
and make any advance for reason. A
refund will be given for all day-trips cancelled
by the Excursion Desk. If residents cancel their
participation prior to this time, a refund cannot
be issued if at least 15 days before the
day-trip departure. Refunds will only be
available
The “Real Housewives of Walnut Creek: The Musical” at the Lesher Center. This is an opportunity for America’s favorites (and perhaps despised) reality series. “The Real Housewives of Walnut Creek: The Musical” channels all the craziness and cat-fights that make the show so popular—plus several songs and frank, honest, yet humorous truths about marriage and motherhood. And—come be a part of the studio audience as their “reunion special” is taped. The Rossomoor transportation department will provide free transportation for the first 18 participants. Cost is $35.

MODERN NATURE: GEORGIA O’KEFFEE AND LAKE GEORGE
Tuesday, May 6

Extensive walking
By popular demand, Rossomoor Excursion
Desk is offering a second trip to the de Young Museums in San Francisco for a private evening tour. During the tour, you will see
“Georgia O’Keeffe and Lake George.” Organized by the Hyde Collection, in association with the de Young museum, this exhibit examines the extraordinary body of work created by the artist of and at Lake George Village, along the western shore of this 30-mile-long glacial lake in the Adirondack Mountains. This is the first exhibition to explore O’Keeffe’s artistic trajectory to this period in her career. During this time, she created more than 200 paintings, drawings, and sculptures. Please note: This is a very
prolific and transformative of her career.
Paintings include landscapes, flowers, fruit objects, and cityscapes. This one-of-a-kind event provides an experience for only a limited number of participants to see the museum at the closing of regular hours. The buses leave Gateway at 12:15 p.m. and will return around 5 p.m. Cost is $37 for museum members and $47 for non-members.

FILOLI FLOWER SHOW
Saturday, May 10

Moderate to extensive walking
This is the time to see the floral spec-
tacle that is “staged” throughout the his-
toric Filoli Mansion in San Mateo County. Filoli is one of the largest private gardens in the world, covering 36,000-square-foot Georgian country house and 16-acre English Renaissance Garden. Filoli was opened to the public in 1954-55, after years of quiet preservation and exhibition of professional and amateur floral arrangements and gardens. The Filoli Spring Show is an exciting opportunity for light
floral visitors with their magnificent masterpieces at Filoli. This year’s theme is Broadway in Bloom. Show themes are from “Wicked,” “West Side Story,” “Mamma Mia,” “Man of La Mancha,” “Chicago,” “Bombay Dreams,” “A Little Night Music,” “Cats” and “Phantom of the Opera.” Live musical enter-
tainment are part of the show. The vintage greenhouses of Filoli provide a tour for everyone during this event. Docents and UC Master Garden-
ers are available to answer gardening ques-
tions. Enjoy lunch on your own at the Filoli Café or bring your picnic lunch. Cost is $37.

STARS ON ICE
FEATURING OLYMPIC GOLD MEDALISTS
Sunday, May 11

Moderate walking
The country’s premier figure skating pro-
duction, Stars on Ice, will return to the San Jose Center in San Jose. “Stars on Ice” tour has played more than 1,000 shows over nearly a quarter of a century. The 2014 Stars on Ice tour features the U.S. Figure Skating Team straight from the Winter Games in Sochi. Olympic Gold Medalists Meryl Davis and Charlie White are thrilled to be headlining every show of the 2014 Stars on Ice tour. All participants will arrive at Davies Symphony Hall at 5:15 p.m. and return around 9 p.m. Cost is $57.

CARMEL-BY-THE-SEA
Friday, May 16

Moderate to extensive walking
Carmel is one of the most endearing sea-
side towns of the West Coast. It is a slice of
almost English countryside refinement. It is
tidy and almost impossibly tasteful in its collec-
tion of landscaped cottages, elegant yel-
et and white buildings, sidewalk cafes and
street lamps. The buildings have a gingerbread, fairytale look and feel. The sidewalks encourage walking. The windows encourage looking. The potted plants encircle the curbs. The smells from the bakeries and cafes draw people in for a bite. Rossomoor’s Excursion Desk is offering the opportunity to spend a leisurely day in Carmel. The bus will leave Gateway at 9 a.m. and return around 6 p.m. The cost is $47.

SMUIN BALLET XXCENTRIC
AT THE LESHER CENTER
Saturday, May 17, at 2 p.m.

Moderate walking
Join Smuin Ballet for its new spring program XXCENTRIC, honoring Charlotte Smuin for the Arts in Walnut Creek. Take a lively leap onto the stage with Michael Smuin’s “Russian Dreams,” churning through some of Broadway’s most beloved numbers. From a Marilyn Monroe-inspired “Diamonds Are a Girl’s Best Friend,” to “Put on Your Old Grey Bonnet” from “Summertime” or Carmen McRae’s “The Man I Love,” all dances will offer plenty of Russian heritage and modern interpretations in the ballet lovers of all ages. Also in the program are two world premieres by Amy Seivert and Nenad Jovanovic, and an encore of Frederick Ashton’s “Danse Russe.” It will be announced. The Rossomoor Transporta-
tion Department will provide free transpor-
tation for the first 18 participants. Cost is $30.

MIT AND YUJA WANG
AT DAVIES SYMPHONY HALL
Thursday, May 22

Moderate walking
Yuja Wang, one of the most dazzling, uncannily gifted pianists in the concert world, will return to Davies Symphony Hall in San Francisco. Born in Beijing in 1987, she made her New York debut in 2000 at age six. She studied at the Central Conservatory of Music in Beijing, won the Aspen Music Festival’s concerto competition at age 15, received the 2006 Gilmore Young Artist Award, graduated from the Curtis Institute of Music and was awarded the 2010
American Music Award. Wang has performed with many of the world’s most prestigious orchestras. Dallas native Milos Forman, a great film director, has crowned her with his 2010 Film Career Grant in 2010. Wang has performed with many of the world’s most prestigious orchestras. The buses leave Gateway at 7:30 p.m. and return around 10:30 p.m. The cost is $50.

DMITRI HROSTOVSKY IN CONCERT AT DAVIES SYMPHONY HALL
Sunday, May 25

Moderate walking
A celebrated recitalist in demand in every corner of the globe, from the Far East to the Middle East, from Australia to South America, Dmitri Hvorostovsky will appear at Davies Symphony Hall for one night only. Leading Russian baritone, Hvoros-
tsky’s stage name, is reputed to be as much
as his operatic singing. He’s known to everyone of his rich tone, sonic power, thoughtful characteri-
sation. He is regarded as one of the world’s top tenor voices. He concludes the 13-14 Great Performers Series with an exquisite homage to his homeland and the Soviet Union, Russia’s greatest poet, Alexander Push-
kin, by Glinka, Borodin, Rachmaninoff and Glière, followed by Shostakovich’s “Suite
on Verses of Michelangelo Buonarroti.” Great side orchestra seats. The bus will de-
part Gateway at 7 p.m. and return at 10:30 p.m. and 11. The cost is $90.

CORNERSTONE SONOMA
Tuesday, May 27

Extensive walking
Visit the Cornerstone Sonoma, named one of the 10 western gardens by Sunset
magazine in 2009. Nestled into the southwestern tip of the legendary Carneros region, straddling both Sonoma and Napa wine country, Cornerstone features three distinctive wine-tasting venues, a handful of gracious home and garden shops and cafes, art galleries and wine-tasting room. Wear layered clothing and comfortable shoes. The bus will leave Gateway at 9 a.m. and return at 3:30 p.m. The cost is $69.

DELTA HISTORY CRUISE
Thursday, May 29

Moderate walking
Explore the cultural and natural history of Sacramento/San Joaquin Delta. Start the day by boarding the Delta Afloat from Antioch marina. During this fully narrated cruise, learn what the Sac-
ramento/San Joaquin Delta system is so important, what it was like when first discovered by Europeans and who lived here. Find out how the delta fed the, westward expansion, explored the art galleries and wine-tasting room. Wear layered clothing and comfortable shoes. The bus will leave Gateway at 9 a.m. and return at 4 p.m. The cost is $99.

CHANTECLER: AN ORCHESTRA OF VOICES
Wednesday, June 4

Moderate walking
Join Chantecler for their new program, “Russian Dreams,” at the Modesto Center. The San Francisco-based men’s choir is known around the world as “an orchestra of voices” for the seamless blend of 12 male voices ranging in color and a cappella repertoire. They are known for vowel, tone, style, and intonation. For over a thousand years, Russians have expressed their passion, struggles, dreams and memories through their songs. Rus-
sian vocal songs and accordion music will most exclusively a cappella and sung by a full 18-person male choir. The cho-
re folk songs and the battle songs of the Napol-eon campaign to the first chorales of the family. The Chantecler presenta-
tion of Elena Sherkova, Chantecler will present the genre-spanning music that has perhaps impressed some Russian music.

Screase on page next
Excursions

Continued from page 14B

a National Historic Landmark, rimmed by carefree adobe buildings and historic Sonoma Plaza, lined with charming shops, art galleries, popular restaurants and historic twin towers, is an ideal destination for any season. Also visit the sites of the Sonoma State Historic Park the birthplace of the American wine industry and the historic San Francisco del Solano de Casa Grande and Toscano House. These are all within walking distance. The Rossmoor Transportation Department will return around 3 p.m. The cost is $65.

“THE 25TH ANNUAL PUTNAM COUNTY SPELLING BEE” At the Lesher Center Saturday, April 26; 2-8 p.m.

Minimal walking

The Center Repertory Company presents a Tony Award-winning musical! ‘The 25th Annual Putnam County Spelling Bee” at the Lesher Center in Walnut Creek. This is a one-act musical comedy conceived by Rebecca Feldman with music and lyrics by William Finn. A book by Rachel Sheinkin and additional material by Jay Reiss. The show centers on a fictional spelling bee set in the geographically ambiguous Putnam Valley Middle School. Six quirky adolescents compete in the Bee, run by teacher Eugenewingen (Eugene). The show is a send-up of prep school life. The bus will depart Gateway at 9 a.m. and return around 3 p.m. The cost is $25.

“ONCE”

Tuesday, June 17

Minimal walking

Broadway San Francisco presents “ONCE” the musical at the Curran Theater. Award-winning Best Actor/Actress in a Musical Tony Awards including best musical, “ONCE” is truly an original Broadway experience. Featuring an impressive ensemble of actor/musicians who play their own instruments onstage, “ONCE” tells the enchanting tale of a Dublin street busker and an alluring Czech brunette. This timeless musical is one hour and 50 minutes long and is rated PG. The bus will depart Gateway at 7 a.m. and return around 4 p.m. The cost is $109.

A’S VS RED SOX

Sunday, June 22

Moderate to extensive walking (stairs)

Spend a day at the ballpark as the Excursion Desk offers a trip to see the 2013 American League Western Division Champions Oakland A’s take on the World Champion Boston Red Sox at O.co Coliseum in Oakland. The trip features the A’s defense, defense and a solid pitching staff. There was MVP buzz last season for third baseman Josh Donaldson. Mark Melvin’s squad features many dynamic young players such as Sonny Gray and Yoenis Cespedes. 2012 led to a joyfulel thrilled World Series victory last year led by star players such as David Ortiz and Jacoby Ellsbury. The team boasts a strong veteran lineup with many young new stars. Lower box seats in section 129. The bus will leave at 11:30 a.m. and return at approximately 5 p.m. The cost is $77. of wine per cab. A $50 deposit is due with application (deposit is higher for a single). Stop by the Excursion Desk for a complete itinerary and prices.

FOURTH OF JULY IN RENO

July 3 through 5

Celebrate America’s birthday with this three-day trip to Reno. There will be plenty of time to play and win with stops at Silver Legacy and Red Hawk Indian Casino with cash and food vouchers included. In Reno, stay at John Ascuaga’s Nugget. On July 4 make your way to the Mendenhall Glacier in Juneau, cruise through the Glacier Bay National Park with massive glaciers that stretch 3.3 million acres. The Star Princess is an ideal sized ship with many activities and an itinerary that is guaranteed to please. The leisure pace allows for an extra day in port. Prices vary based on the cabin category. Prices include: 10-night cruise, all meals and entertainment aboard (excluding specialty restaurants and optional shore excursions). Travel Guard Protection insurance, port charges, government fees, transfers to and from pier, driver and stevedore tips, luggage handling, and a bottle two hours and four minutes long and is rated R. This free program is open to all residents and their guests.

SUNDAY FUNNIES

Sunday, April 27

The 1986 comedy “Brinhead Beach Memoirs” will be shown in Peacock Hall at Gateway at 4 p.m. This film does not have language captions. This film is one hour and 50 minutes long and is rated PG-13. This free program is open to all residents and their guests.

COLORADO SPRINGS GATEWAY FEATURING FIVE NIGHTS AT ONE HOTEL

Aug. 21 through 26

Tour highlights:
• Denver City Tour
• U.S. Force Academy
• Cripple Creek
• U.S. Olympic Training Center
• Colorado College
• Pikes Peak Cog Railway

Continued on page 16B

SPECIAL EVENTS

FROM THE RECREATION DEPARTMENT

The following are the current special events sponsored by the Rossmoor Recreation Department. For more information on any of these events during the month, check the Special Events calendar each week, look for the article in the Arts and Leisure section of the News, or call the Recreation Department at 988-7732. Events are free unless otherwise noted. This information is posted throughout the month on the Rossmoor News website at www.rossmoornews.com.

ACTIVITIES COUNCIL FLEA MARKET
Saturday, April 26

Come and shop at the Flea Market in the Fireside Room and Oak Rooms at Gateway from 9 a.m. to 2 p.m. This free event is open to all residents and their guests.

CLARINET FUSION CONCERT
Saturday, April 26

The Clarinet Fusion musical ensemble will perform in the Tahoe Room at the Event Center at 7 p.m. This free program is open to all residents and their guests.

MU PHI EPSILON CONCERT
Saturday, April 27

The Berkeley Alumni Chapter of Mu Phi Epsilon will present a free classical program at 2 p.m. in the Tahoe Room at the Event Center. Refreshments will follow the musical program. This free program is open to all residents and their guests.

FRED MOYER PIANO CONCERT
Monday, April 28

Classical pianist Fred Moyer will perform a concert in the Tahoe Room at the Event Center at 2 p.m. This free program is open to all residents and their guests.

LARRY VUCKOVICH QUINTET-THE MUSIC OF VINCE GUARALDI
Wednesday, April 30

The Larry Vuckovich Quintet will perform the music of jazz pianist Vince Guaraldi at 7 p.m. in the Tahoe Room at the Event Center. Tickets for this program are $10 in advance, or $15 at the Excursion Desk at Gateway. This program is open to all residents and their guests.

CINCO DE MAYO PARTY
Monday, May 5

There will be a Cinco de Mayo party from 11:30 a.m. to 1 p.m. in the Tahoe Room at the Event Center. The festivities will include live mariachi music and dancing by Gary Folklorico Los Laureles of San Jose. Tickets for this event are $5 in advance at the Excursion Desk at Gateway. This program is open to all residents and their guests.
Excursions

Continued from page 15B

• Garden of the Gods
• Broadmoor Hotel Tour and Dinner

Old Colorado City

The tour includes: roundtrip airfare, motorcoach transportation, five nights deluxe lodging in grand hotels (five nights and three dinners), sightseeing per itinerary, professional tour director, baggage handling with due application. The cost is $1,775 per person double occupancy, $2,400 single占 single. A deposit of $250 is due with application. Final payment is due by Nov. 25. Stop by the Excursion Desk for a complete itinerary and reservation form.

HOLLAND AND BELGIUM TULIP RIVER CRUISE
April 6 through 14, 2015

Enjoy a seven-night Holland and Belgium river cruise on the Amazaya. These river cruises offer the beauty of Holland at tulip time, along with some of the best scenery Belgium has to offer.

Tour highlights:
• Amsterdam Canal Cruise
• Volendam Harbor
• Airborne Museum in Arnhem
• Het Loo Palace (Holland Royal Residence)
• D-Day Landing Beaches
• Antwerp city tour
• Ghent with a visit to the Castle of the Counts
• Zeeland Delta Works
• Willemstad walking tour
• Kinderdijk windmills
• Keukenhof Gardens

The tour includes: all transfers, roundtrip airfare, motorcoach transportation, eight nights first-class hotel accommodations, touring per itinerary, 14 meals (eight breakfasts, six dinners), sightseeing per itinerary, professional tour director, baggage handling. The cost per person, double occupancy is $2,349 ($3,240 for a single). A deposit of $250 is due with application. Final payment is due by Nov. 25. Stop by the Excursion Desk for a complete itinerary and reservation form.

NEPAL AND THE MYSTICAL HIMALAYAS
Nov. 1 through 24, 2014

Contact Christina and Larry Barclay at 324-9311.

JAPAN’S CULTURAL TREASURES
April 10 through 23, 2015

Contact Jayne and Bob Askin at 602-412-8152 or in Rossmoor at 937-1501.

ITALY-TUSCANY, ALPS, RIVIERA, LAND TITANIC TOUR
April 22 through May 6, 2015

Contact Barbara Crane, 300-3358.

THE GREAT RIVERS OF EUROPE, RIVER SHIP CRUISE
June 4 through 18, 2015

Contact Hal or Roberta Davis, 510-1109-0037.

THUNDER VALLEY CASINO WITH THE ERIE CRUISE April 6-10, 2015

Join in the fun at Thunder Valley Casino and support cancer research at the City of Hope. Stay five hours at the casino. Leave Gateway at 9 a.m. and return about 5:45 p.m. Play bingo on the bus for fun prizes, including a free future trip. Bring friends and neighbors. Cash gives $5 per credit and $5 food credit. For reservations, call Lynne Keffer at 945-7641 or email Lynne.

Continued on page 16B

Discover Catalina Island, a place where the gentle rhythm of the waves makes time slow down creating a sense of timelessness. First night accommodations will be aboard the Queen Mary. Take the Catalina Island Express Ferry to Catalina Island. Learn the history of the island with a guided tour. The group will stay at the Pavilion Lodge in the heart of Avalon for three nights (breakfast every morning is included). The evening is free to relax, shop, and have dinner (not included). Take a trip on the glass bottom boat and go to the Lover’s Cove Marine Preserve where you can see the富有 life in the kelp forest. (There is an option to up-grade the tour to the Dolphin Quest on a space available basis). In the morning, take a boat cruise to Two Harbors for a hosted dinner at the Two Harbors Restaurant. Explore the island’s rugged interior with a comprehensive 3-mile Inland Expedition Tour. Depart Catalina Island on the Catalina Express for Long Beach. The group will stop for no-host lunch on the way to Pismo Beach. Accommodations for the night will be at the Sea Crest Resort overlooking the Pacific Ocean. After a hosted breakfast, depart for San Juan Capistrano. Enjoy a hosted lunch, and free time to explore the town and mission. Approximate arrival time back will be at 6 p.m. The cost is $1,424 per person double occupancy, and $1,895 for single occupancy. A deposit of $200 is due with application. Tour includes: de-luxe lodging for five nights, eight hosted meals, touring per itinerary, all entrance fees, and motor coach transportation, luggage handling and gratuities. Visit the Excursion Desk for detailed itinerary and reservation form.

NEW YORK CITY

Oct. 9 through 13

Tour highlights:
• New York City Tour
• Metropolitan Museum
• Statue of Liberty
• Ground Zero (9/11 Memorial)
• Two Broadway Shows
• Top of the Rockefeller Center

The tour includes all transfers, roundtrip airfare, motorcoach transportation, four nights first-class hotel accommodations, touring per itinerary, four dinners (four breakfasts and two dinners), sightseeing per itinerary, professional tour director, baggage handling. A deposit of $300 per person is due with application. The cost is $1,325 per person double occupancy, $1,750 single. Stop by the Excursion Desk for a complete itinerary and reservation form.

TROPICAL COSTA RICA
Jan. 24 through Feb. 1, 2015

Travel to Costa Rica ("Rico Coast"), one of the Central America’s hidden gems, a haven for eco-touring enthusiasts. Among other highlights will be the waterfall, magnificent waterfalls, rumbling volcanoes, endless coastlines and diverse ecosystems in a place that preserves its delicate ecology.

Tour highlights:
• Doka Coffee Plantation
• Timbako Beach

The trip lists below are sponsored by Ross-moor clubs and organizations not by the Recreation Department. These trips are open to all Rossmoor residents, not just members of the specific club. For information, contact the person listed with each trip. Do not contact the Recreation Department.

Ross-moor clubs and organizations wishing to be included in this column must submit a typed article by the News by Wednesday at 4:30 p.m. Due to space restrictions, the News reserves the right to edit or delete the articles.

TRAVEL CLUB TRIP SUMMARY

At the request of the Travel Club, the News lists the following summary of upcoming Travel Club trips. Details of each trip are in the regular Club Trip listings.

EASTERN EUROPE TO THE BLACK SEA
May 26 through June 7, 2014

Contact Barbara Crane at 300-3358.

HIDDEN GEMS OF THE DALMATIAN COAST AND DRIECE
June 3 through 18, 2014

Contact Joe Tracy at 954-7801.

CHINA AND THE YANGZIE RIVER
Sept. 9 through 30, 2014

Contact Judy Nixon at 933-8175.

GRAND NORVEGIAN COASTAL VOYAGE
Sept. 10 through 24, 2014

Contact Dawn Ming at 926-0889.

SANTA FE FESTIVAL FEATURING FOUR NIGHTS AT ONE HOTEL
Dec. 3 through 7

Tour highlights:
• Santa Fe City Tour
• Loretto Chapel and Palace of the Governor’s
• Albuquerque City Tour
• Indian Pueblo Cultural Center
• Old Town Albuquerque
• High Road to Taos
• Chimayo village and Santuario

The trips listed below are sponsored by Ross-moor clubs and organizations not by the Recreation Department. These trips are open to all Rossmoor residents, not just members of the specific club. For information, contact the person listed with each trip. Do not contact the Recreation Department.

Monteverde Cloud Forest
• Honeymoon Bay walking tour
• Lake Areneal Resort
• Cano Negro Nature Preserve
• Guaniamo Beach Resort
• San Jose Tour

The tour includes: all transfers, roundtrip airfare, motorcoach transportation, eight nights first-class hotel accommodations, touring per itinerary, 14 meals (eight breakfasts, six dinners), sightseeing per itinerary, professional tour director, baggage handling. The cost per person, double occupancy is $2,349 ($3,240 for a single). A deposit of $250 is due with application. Stop by the Excursion Desk for a complete itinerary and reservation form.

ICELAND AND NORWAY EXPLORER
Sept. 7 through 22

Witness the glacier-carved landscapes, volcanic wonders and the Icelandic countryside with the 14-night cruise aboard the Ruby Princess from London to New York City. Ports of call:

• London (Southampton), England
• Bergen, Norway
• Shetland Islands (Leather), Scotland
• Akureyri, Iceland
• Isafjordur, Iceland
• Reykjavik, Iceland
• St. Johns, Newfoundland
• New York City

Included in the package are all transfers, roundtrip airfare, meals and entertainment, driver, ski pass and stevedore tips, port taxes and gratuities. Travel Guard Protection plan to cover pre-existent medical conditions, one bottle of wine per cabin and private transportation back to chosen boarding points. Prices start from $4,365 per person double occupancy, $6,495 single occupancy. A deposit of $200 is due with application. Tour includes: de-luxe lodging for five nights, eight hosted meals, touring per itinerary, all entrance fees, and motor coach transportation, luggage handling and gratuities. Visit the Excursion Desk for detailed itinerary and reservation form.

NEVADA FALLS TO THE BIG APPLE
Oct. 1 through 15, 2014

The Rossomor Railroad Club and the Excursion Desk are co-sponsoring this jam-packed journey through scenic New York State and concluding with two nights in New York City. This Rossomoor group tour will be fully escorted by New York native Ralph Parton from pick-up to return. Roundtrip air with transfers, Sheraton Hotels, 13 meals, boat rides, train ride, three museum visits, two Broadway plays, West Point and Baseball’s Hall of Fame at Cooperstown are some of the highlights included in this customized Collette trip. Here is a brief itinerary:

Day 1: Fly to Buffalo for three nights in Niagara Falls. Take boat ride below the falls on the Maid of the Mist.

Day 2: Visit Canada for dinner and view the Horseshoe Falls. Lockport, N.Y. board barges for a ride on the Erie Canal.


Day 4: Tour historic Sonnenberg Gardens and Mansion with 40 rooms, then stroll through Condado Village.

Day 5: Tasting at Brewery Ommegang, famous for Classic Belgian ales.

Day 6: Three nights at Sheraton Hotel on 7th Avenue and 53rd Street in New York City. Visit museums of Modern Art and Guggenheim. Free afternoons to shop or visit other sights in Manhattan.

Day 7: Each night attend a Broadway play, including Tony-awarded “Kinky Boots.” Last day, after breakfast, final until late afternoon.

The cost is $4,148. Save $150 early sign up deposit and before April 25 or be among the first 25 to sign up. Past Collette Loyalty members may save an additional $150, making the price $3,948. Call Parton at 256-7078 or Excursion Desk at 988-7721 to register or for information.

ZARCEO TOPIARY GARDEN

Contact Lynne Keefer at 945-7665 or email Lynne.

Club Trips
Continued from page 16B
Keefer@pruca.com. Send checks for $30, made payable to the City of Hope, to Keefer at 1830 Tice Valley Blvd., Walnut Creek, CA 94595.

CACHE CREEK WITH ORT
Month of April
Travel on a spacious bus with ORT to Cache Creek for five hours of fun and games. The bus departs Gateway at 9:30 a.m. Cost includes all tips, $15 bonus ticket to play at table or machines and $5 food coupon. The bus returns about 4 p.m. and is back at Gateway for 7 p.m. Rossmoor residents. Friends are welcome. Make out checks to ORT and mail to Joyce Kearney, 2909 Ptarmigan Drive No. 2. For information call 935-5716 or email joyce-kearney@yahoo.com. ORT helps train and rehabilitate people in 58 countries worldwide and is open to everyone.

EASTERN EUROPE TO THE BLACK SEA
Departs May 26
This Grand Circle Travel River Cruise sponsored by the Rossmoor Travel Club departs May 26, 2014 and ends in Budapest 13 days later. This trip is an intimate, up-close experience in an unspoiled country where cities and towns have played major roles in some of the 20th century’s most significant wars. We sail through the Balkan conflict of the 1990s. The ships are small – about 150 passengers – but comfortable. Cabins range from 120 square feet – large enough to share comfortably. Per-person trip price varies from 92 to $1,159 and includes all land and river transportation from SFO depending on deck of choice. Pre-trip extensions to Istanbul or Transylvania options are available at all extra cost. The price includes six land tours and most meals. Grand Circle provides trip leaders who manage activities and tours during the trip. Significant discounts are available for groups of four or more. Grand Circle will send a pre-trip from Rossmoor to SFO can be arranged at a reasonable cost depending upon the size of the group. For details and booking information, contact Barbara Crane at 330-3358 or barbaracrane@aim.com.

DELUXE AFRICAN SAFARI WILDLIFE SAFARI
Aug. 23 through Sept. 5
This trip, sponsored by the Rossmoor Travel Club, includes a 10-nights stay in Kenya and fully escorted, offering help with visa application, round-trip transfers from Rossmoor to SFO and from SFO to Nairobi, four-star hotel in Amsterdam with transfers. The trip includes one week in a game reserve, three flights, private tours from Nairobi to the world’s most beautiful wildlife reserve, three domestic flights in Kenya with transfers, safari orientation briefing both here and in Nairobi first-class Sere na Hotels and Game Lodges in Africa, all meals and portages throughout Africa, professional English-speaking driver/guides. Visit five the best national parks and game reserves. Included are all daily entry fees, round-trip transfers, all transfers, all afternoo n game drives. No safari is complete without an overnight stay in a beautiful Kenya. For further information, contact Hal or Roberta Davis at 510-919 4085 or email Roberta@grandcircle.com.

NIAGARA FALLS TO THE BIG APPLE
Oct. 3 through 11
The Rossmoor Railroad Club and the Excur sion Desk are co-sponsoring this jam-packed round-trip journey to New York State ending with three days in New York City. This Rossmoor group tour four will be fully escorted by New York native Ralf Parton from pick up to return. Roundtrip air with transfers, Sheraton Hotels, 13 meals, boat tours, sightseeing tours, the Second Presidential Box at the Metropolitan Opera, and Broadway plays. West Point and Baseball’s Hall of Fame at Cooperstown are some of the highlights. Several optional focus tours are included. Colette tour is here. A brief itinerary:
• Fly to Buffalo for three nights in Niagara Falls. Take boat ride below the falls on the Maid of the Mist.
• Visit Canada for dinner and view the Horseshoe Falls. Lockport, N.Y. board the excursion train.
• Vintage train ride on the Arcade and At tica Railroad.
• Cooperstown for two-night stay; visit Na tional Baseball Museum.
• Tour historic Schooners Gardens and Mansion with 40 rooms, then stroll through Cooperstown.
• Tasting at Brewery Ommegang, famous for Classic Belgian ales.
• Visit the Smithsonian Institute and the State Military Academy at West Point with lunch.
• Three nights at Sheraton Hotel on 7th Ave. in New York City. Visit museums of Modern and Guggenheim. Free afternoons to shop or visit other sights in Manhattan.
• Attend a Broadway play, including Tony-awarded “Kinky Boots.” Last day, after breakfast, free until late afternoon.

The cost is $4,148. Save $150 early sign up for deposit before April 25 or be among the first to get this great discount. For additional information, contact trip facilitator Dawn Ming at 926-0899 or Judy Nixon at 937-7748. Grand Circle will send a pre-trip from SFO and Bhutan ($2,445). Trip flyers are available at Gateway Administration.

NEW LISTING
THE GREAT RIVERS OF EUROPE
June 4 through 19, 2014
This Grand Circle Cruise Line trip, sponsored by the Rossmoor Travel Club, is a leisurely, unhurried journey, which may appeal to first-time visitors to Italy, also to those who prefer smaller ships and cruises. The Travel Club provides an additional benefit to its members through discounts already available to the public. Round-trip transportation between Gateway and SFO will be arranged for all at least 11 passenger. For information and day-by-day itinerary, contact Barbara Crane at 330-3358 or barbaracrane@aim.com.

Other travel is available in the Travel Club box at Gateway.

NEW LISTING
TOKYO, THE ALPS AND THE BLACK SEA
April 22 through May 6, 2015
For the first time, the Travel Club is sponsoring a trip to Italy in partnership with Grand Circle Travel, beginning in Rome and ending in Venice 13 days later. Stops include Florence, Siena, Pisa, Verona, Portofino and the Dolomites. Travelers will also have an opportunity to visit the five small villages at Cinque Terre. This trip offers a variety of Included and optional post-trip extensions with in the Austrian border to Innsbruck. Another option is a day trip to the city of St. Peter’s and the Vaticinating cathedral. A three-day pre- trip to Rome and a three-day-post trip to Venice are available. In total, there are 14 nights stays at are three nights. Price will be leisurely with opportunities to experience the local culture in a more unhurried journey, which may appeal to first-time visitors to Italy, also to those who prefer smaller ships and cruises. The Travel Club provides an additional benefit to its members through discounts already available to the public. Round-trip transportation between Gateway and SFO will be arranged for all at least 11 passenger. For information and day-by-day itinerary, contact Barbara Crane at 330-3358 or barbaracrane@aim.com.

Other travel is available in the Travel Club box at Gateway.
Rossi computer club advice: Be careful with bitcoins

By Jim Bradley
Club correspondent

A few weeks ago, the Computer Club of Roossilou looked at something now receiving a lot of press – the bitcoin. What is it?

The BBC's media has recently discussed the topic at length, but a precise definition is full of twists and turns. For example, here is one found at www. wikihow.com: “Bitcoin is a peer-to-peer payment system introduced as open source software in 2009. The digital currency created its own financial system outside traditional banks.”

This isn’t a currency or a cryptocurrency but a peer-to-peer marketplace, a way to use the Internet to create it and transfer.”

In 2009, Mike Hulse, a student at the University of Cambridge, introduced the idea of digital money or a cryptocurrency based on blockchain technology. The_point of bitcoins is that they are not tied to any person or group, they are not backed by banks or governments who control their creation and transfer.”

One of the annoyances found when reading material on computers is the use of acronyms. A simple example is ADD. You may have heard this written to point is meant to be the article.

Finally, none of the panel members could define bitcoin. Who has argued that digital currency was not in the country’s future. So, the club repeats its warning. Be very careful if the use of bitcoin is being considered.

The tip of the week

Around the Bay Area

AAUW (American Association of University Women), Danville, Alamo and Walnut Creek branch, will have its 19th annual Garden Tour on May 10 from 10 a.m. to 4 p.m. Light refreshments will be served. Senior tickets are $20 to $28 and can be purchased at the door. Proceeds benefit the Acalanes Adult Education Center, 1963 Tice Valley Road, Danville. Tickets are $12 to $16.75. Call 943-7469 or go to www.lesherartscenter.org.

CIVIC ARTS EDUCATION’s Spring Artists’ Market is May 2 through 4 at Civic Park Studio E and the Shadelaudorium Auditorium. Both locations will have a reception on May 2 from 5 to 9 p.m. Civic Park Studio E, at the corner of Civic and Broadway, will have functional and decorative ceramic art. The auditorium will be open May 3 from 10 a.m. to 6 p.m. and on May 4 from 10 a.m. to 5 p.m. The Shadelaudorium Auditorium, 111 N. Whet Lan, will feature art media, including ceramics, glass art, paintings, photography, printmaking, jewelry and textiles. The hours on May 3 and 4 are 10 a.m. to 6 p.m.

CONTRA COSTA BALLET Company presents the fairy tale ballet “Swan Lake,” May 2 and 3 at the Lesher Center for the Arts, 1601 Civic Drive, Walnut Creek. Both performances are at 7:30 p.m. For information, call 943-5458.

DIABLO VALLEY COLLEGE’s Arts Alive Festival is May 10 at the Performing Arts Center on the Pleasant Hill campus. Admission is free. The festival features free art exhibits, music, drama and performance to include the applied and fine arts at DVC. At 6, there is a student exhibit and a reception with entertainment by the DVC jazz bands. At 7-20, there will be a percussion lecture with faculty member Jerome Kudrinski. The DVC Winds Symphony will be performed and feature the DVC Philharmonic Orchestra and the combined DVC choirs. Also at 8 will be the John Guarnieri Quartet. “Six Degrees of Separation” is directed by faculty member Will Sprinnthor. For information, go to www.dvc.edu/whatsnew.

DOWNTOWN BUSINESS ASSOCIATION sponsors the free Downtown stocked with fine artists and crafts located along the sidewalks of North Main between Mt. Diablo Boulevard and Civic Drive April, Saturday, 10 a.m. to 6 p.m. and Sunday, April 27, from 10 a.m. to 5 p.m. More than 150 professional artists will showcase and sell their works.

For information, call 933-6778 or go to www. pacificartscenter.org.

EUGENE O’NEILL FOUNDATION, Tao House, presents its Playwrights’ Theatre series. Arthur Miller’s “A View from the Bridge” is May 4 and October Sills’ contemporary drama “El Paso Blue” is May 18. Both are at 2 p.m. in the Old Barn at the Eugene O’Neill National Historic Site in Danville. Miller’s work, staged at the Eugene O’Neill Theatre Center, is a classic story of a man’s tragic struggle between his personal passions and his obligations to his community. Miller, along with Arthur Miller and John Steinbeck, is a member of the list of the top 60 playwrights. The cost is $25 for each performance. Seating is limited. Call the foundation at 800-1818 or go to www.oonline.org.

FANTASY FORUM ACTORS ENSEMBLE presents the final show of its 41st season, “Cinderella.” May 1 through 11 at the Eugene O’Neill Center, 160 Civic Drive, Walnut Creek. Tickets are $14. Call 943-7469 or go to www.lesherartscenter.org. For information about the ensemble, go to www.fantasyforum.org.

FESTIVAL OPERA commemorates Holocaust Remembrance Day with two chamber operas on April 26 and 27 at the Mt. Diablo Unitarian Universalist Church, Eckley Lane, Walnut Creek. “The Emperor of Atlantis: A Legend in Four Scenes” features the hauntingly beautiful music of Viktor Ullmann written while interned by the Nazis. “Another Sunrise” tells the story of resistance fighter and Holocaust survivor Krystyna Zywulska during the Nazi occupation of Poland. Both operas will be sung in English. Tickets are $35. Call 800-838-3306.

GARDENS AT HEATHER FARMS will have its annual Mother’s Day Event on May 11 from 11 a.m. to 4 p.m. Call 943-5700 for more information. Call 943-5700 for more information. Heather will have its free annual Mother’s Day Event on May 11 from 11 a.m. to 4 p.m. At 4 p.m., the Garden Tour begins. Heather will have its free annual Mother’s Day Event on May 11 from 11 a.m. to 4 p.m. At 4 p.m., the Garden Tour begins. Heather will have its free annual Mother’s Day Event on May 11 from 11 a.m. to 4 p.m. At 4 p.m., the Garden Tour begins.

GARDENERS GUILD OF WALNUT CREEK presents a Spring Sale on May 10 from 10 a.m. to 3 p.m. at the Eugene O’Neill Center, 160 Civic Drive, Walnut Creek. Tickets are available at the door. Proceeds benefit the Acalanes Performing Arts Boosters-Drama.

GIFTS FROM THE HEART presents “The Real Housewives of Walnut Creek: The Musical,” written and performed by and starring Molly Bell, at the Lesher Center for the Arts, 1601 Civic Drive, Walnut Creek. Performances are through May 11. Call 943-7469 or go to www.lesherartscenter.org.

HALLMARK CHORUS presents “The Beat Goes On.” Performances are May 8 at 4 p.m. at St. Joan of Arc Church, 2601 San Ramon Valley Blvd., San Ramon, and May 9 at 7:30 p.m. at the Lesher Center for the Arts, 1601 Civic Drive, Walnut Creek. Tickets are $30 to $45 and there is a senior discount. Call 510-647-2918 or go to berkeleyrep.org.

HAPPY MUSICALS presents Gilbert and Sullivan’s “The Mikado” beginning May 8 at the Mt. Diablo Unitarian Universalist Church, 55 Eckley Lane, Walnut Creek. “The Mikado” is an operatic satire on the Victorian society, performed by the cast of Happy Musicals. Performances are 2 and 7 p.m. at the Del Valle Theatre, located nearby at the Acalanes Adult Education Center, 1601 Tice Valley Blvd. Tickets are $20 to $28. Call 943-7469 or go to www.lesherartscenter.org.

HARLEY-DAVIDSON Museum in Milwaukee, Wisconsin, will be the setting for the 2015 spring auction of the American Association of University Women, Alamo and Walnut Creek branches, May 2. Auction is 2 p.m. at 3 p.m. at the Acalanes Adult Education Center, 1601 Tice Valley Blvd. Tickets are $25 to $30. Call 510-843-4822 or go to berkeleyrep.org.

HERALD OF THE WORLD presents “Artists Beyond the Walls.” Performances are May 6 through 9 at the Eugene O’Neill Center, 160 Civic Drive, Walnut Creek. Tickets are $20 to $28 and can be purchased at the door. Proceeds benefit the Acalanes Adult Education Center, 1963 Tice Valley Road, Danville. Tickets are $12 to $16.75. Call 943-7469 or go to www.lesherartscenter.org.

HOLIDAY GARDEN WALK is May 10 from 9 a.m. to 3 p.m. at the gardens, 1540 Marchbanks Drive, Walnut Creek. Tickets are $20 to $28 and can be purchased at the door. Proceeds benefit the Acalanes Adult Education Center, 1963 Tice Valley Road, Danville. Tickets are $12 to $16.75. Call 943-7469 or go to www.lesherartscenter.org.

ARTS & LEISURE AROUND THE BAY AREA
Bill Rauch photo is best in show at Camera Club competition

By Lynn Letteris
Club correspondent

On the first and third Wednesdays of each month, the Rossmoor Camera Club hosts a meeting wherein members who enjoy competition submit their photos. The photos are in the print format viewed in a light box or in a digital presentation shown on a large screen.

The competition on April 9 featured the digital category of pictorial and prints were shown under the categories of color prints and monochrome prints. To those who wonder how a photographer’s ranking is achieved, it’s established for competitors based on a point system.

Winning entries give the photographer specific points depending on where the image placed in the competition. These points are evaluated at the end of the year at which time a new ranking is awarded to the competitor.

An experienced photographer/judge, usually a professional, is hired to critique and grade the entries as they are either projected on a screen or, in the case of prints, both projected and viewed physically in a light box.

All members are encouraged to participate, especially beginning photographers as this is an effective way to learn everything from composition to how to title pictures. Judge’s comments do not have to be anonymous, so the position to how to title pictures is new. These points are based on a point system established for competitions. Winning entries give the judge’s duty to point out what works best in a photo and what might have been done differently to create a better image. This unbiased information is of use to the photographer, as well as other members in the audience.

Winners included:

Pictorial/projected
Basic: first place, Alex Smith for “Never to be Forgotten”; second, Jessica Attiyeh, “Morning Run” and third, Smith, “Reflections”.


Color prints
Intermediate: first place, Kasmai for “Two of the Three Muses”; second, Carol Scott, “Ox Bow Bend” and third, Scott, “Pole Bending”
Advanced: first place, Don Hardin for “Deadwood Painting”; second, Ojars Kratins, “The Old Gate”; and third, Steve Goodall, “Purple Tulip”

Monochrome prints
Basic: first place, Attiyeh for “Wistful” by Bill Rauch

“Wistful” by Bill Rauch

“Moon Trapped in Bay Bridge Struts” by Lynn Letteris

Ceramic Arts Club prepares for pit firing, offers fire pit classes

This year’s Ceramics Arts Club pit fire will take place on Wednesday, May 21. Members are encouraged to start thinking about projects and stay tuned for more information on the event.

Work is underway and special shelves have been designed to prepare wood for firing because it is bique-fired at a lower temperature than normal. This is done so as not to lose the burned out “sheen” and to keep vessels porous enough to allow smoke and colorant absorption during the firing process.

Experienced CAC members will hold one more class to help members prepare work for the fire.

On Wednesday, May 14, from 9 a.m. to noon, a second class will cover the additional post-bisque pre-firing preparations and the after pit-fire “finishing” techniques for vessels.

The pit will be loaded and fired with Michael Berkley from Civic Arts serving as fire master.

Unloading the pit will take place on Friday, May 23, followed by a potluck for all participants.

For those interested in what a pit fire entails, there is a brief explanation at the front of the studio. The studio displays windows also currently showcase examples of this ancient firing process.

Pit fire volunteers needed
CAC member Steve Batill will once again serve as pit fire coordinator to help ensure smooth operation for all involved. There are a variety of ways in which CAC members can assist in the preparation, loading and unloading for this event. For information on what interested members can do to assist, contact Batill at 574-323-7396.

While Batill has already secured the necessary firewood, CAC still needs a source of dried cow “pies” – an organic material that chemically introduces unique coloring to vessels when added to the fire. Anyone with info on a source for this material may contact Batill.

Other activities
All classes and workshops are open to CAC members only. The activities calendar and sign-up sheets at the front of the studio list all current and upcoming events.

April’s Show and Tell is scheduled for Friday, April 25, from 11:30 a.m. to 1 p.m. Orientation is a requisite for membership and the next orientation class will be held in late May.

Ceramic Arts Club prepares for pit firing, offers fire pit classes

Pit fire volunteers are needed, April’s Show and Tell is Friday

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Stamp Club travels to exposition

Members of the Rossmoor Stamp Club, also known as the Rossmoor Philatelic Society, will travel to the Western Philatelic Exposition (WESTPEX) Saturday morning, April 26.

WESTPEX is the largest stamp show held each year in Northern California. It is at the San Francisco Airport Marriott Waterfront Hotel, 1800 Old Bayshore Highway, Burlingame.

While the stamp show runs from Friday through Sunday, April 25 through April 27, the club will go as a group only on April 26. Club members will car pool, meeting at 9:30 a.m. at Dollar Clubhouse. The group will return to Rossmoor in the afternoon. Independent transportation is available by taking BART to the San Francisco Airport and then taking the free Marriott Hotel shuttle. Admission for all three days is $5.

This field trip will replace the usual meeting on the last Saturday morning of the month. This year, WESTPEX will feature 5,000 pages of exhibits, 75 dealers and Schuyler Rumsey’s auction. There will also be meetings of various specialty stamp clubs and study groups. More information is available at westpex.org.

Members who want to go on the field trip to the stamp show by club car pool should contact the club president, Rich Kirby, at 324-6728 or rich@rossmoor.com. The deadline is Friday, April 25, at 6 p.m.

Walnut Creek Library holds poetry reading in honor of National Poetry Month

In celebration of National Poetry Month, the Walnut Creek Library Foundation will sponsor an evening of poetry reading and discussion. The free event is Tuesday, April 29, from 7 to 9 p.m. at the Walnut Creek Library, 1644 N. Broadway. The program will feature northern California poets Ellen Bass and Tess Taylor. The modera tor will be Walnut Creek poet and author Cheryl Dumesnil. Poetry discussion is required. Go to www.WCLibrary.org.

Bass’s third book of poetry, “Like a Beggar,” was published this past February. She previously authored two collections of poems, “The Human Line” and “Mules of Love.”

She also has works of nonfiction, including “The Courage to Heal: A Guide for Women Abused by Their Partners,” which was published in 2013. One of her an cestors was Randolph Jefferson, a member of one of Virginia’s most prominent slaveholding families. The poems are based on years of re search and travel.

The East Bay poet teaches at UC Berkeley, reports on poetry for National Public Radio and writes on books, food, architecture, the ur ban environment and the arts for the New York Times and the Atlantic Monthly. This presentation is one of the Library Foundation’s “Live from the Library” programs, which feature public lectures and other cultural and literary events at the downtown library. For information about the poetry reading and other programs, go to www.WCLibrary.org or call 933-5395.

International Affairs Book Club discusses Russians at Friday’s meeting

Rossmoor residents are invited to join members of the International Affairs Book Club as they read and discuss “Russians: The People and the Power” by Gregory Feifer. The club meets on Friday, April 25, at 7 p.m. in Multipurpose Room 3 at Gateway.

Feifer explores the seeming paradoxes of life in Russia by unraveling the nature of its people: what is it in their history, their desires and their conceptions of themselves that makes them buf fing to the West? Using the insights of his decade as a journalist in Russia, Feifer corrects pervasive misconceptions by showing that much of what appears inexplicable about the country is logical when seen from the inside. He gets to the heart of why the world’s leading energy producer continues to exacerbate many in the international community. And he makes clear why Pres. Vladimir Putin continues to be John Marsyla.

The author also draws on formative experiences in Russia’s past and illustrative workings of its culture to shed much-needed light on the purposely hidden functioning of society before, during and after communism.

What emerges is a rare portrait of a unique land of extremes whose forbidding geography, merciless climate and crushing corruption has nevertheless produced some of the world’s greatest art and some of its most remarkable scientific advances.

Feifer is a former Moscow correspondent for National Public Radio. Educated at Harvard University, he is author of the “Great Gamble, A History of the Soviet war in Afghanistan.” He has written for numerous outlets, including the New Republic, Washington Post and World Policy Journal.

The book club reading for the Friday, May 23, meeting will be “The Political Economy of Violence Against Women” by Jacqui True. Club members have worked together to get a handle on current developments as the new global economy evolves. The discussions are animated and informative.

For information, contact Gary Hansen at gmustang61@aol.com or 954-8425.

Fourth Monday Night Books to meet in Multipurpose Room

The Fourth Monday Night Rossmoor Great Books Club will meet Monday, April 28 at 7 p.m. in Multipurpose Room 1 at Gateway.

The group will discuss “For the Relief of Unbearable Urges,” by Nathan Englander. This is the final story in “The Seven Deadly Sins Sampler,” which continues the groups’ exploration of last year’s Man Booker Prize winner. The discussion leader will be John Marsyla.

There is no charge to participate and all are welcome, but the selection should be read beforehand.

For information, contact Marsyla at 817-9422.

RMUG presents helpful instruction to Mac users

New residents looking for Macintosh help may be interested to know that the Rossmoor Macintosh User Group (RMUG) was created by a core group of Mac users who had been active in the Computer Club of Rossmoor. In 2001, these people decided to form a separate entity as the best way to help Mac users learn how to use the unique operating system.

There are no dues to join RMUG, as the group relies on donations to cover costs of focus sessions and special meetings. It is easy to join the group: Email jimruss2@earthlink.net and include an address and phone number in the body of the letter.

Weekly emails are sent out on Sundays describing the next week’s activities.

Go to the website at rossmoormacusers.org to find out more details of the organization’s future plans, or call Dian Overly, 945-6055, to set up home visits.

The Computer Room at Gateway has an RMUG member ready to answer questions and give help to Mac users every Wednesday morning.

Tip of the week

Changing icons on the desktop is easy. Click on the Finder Tab under “View” select “View Options.”

This opens up a new mini window showing how to customize your desktop icons.

The size, spacing, location of labels and order that they appear can be selected here.

POETRY CORNER

“Poetry Corner” is a biweekly column with poems contributed by members of the Rossmoor Poetic Circle.

Tea Time

By Martin Potzof

The leaf boasted to the kettle, “Kings and queens, rich and poor, high and low, they all love me. I’ve mastered every language, journeyed every country, indulged every taste. Wafting harmony, fellowship and grace, I am Ayurvedic, samurai, maharaja, Delphic. Generations revere my name:

Never Setting Sun

Almond Plum Perfection

Silver Slivered Moon

and hundreds more.”

The kettle, biding time, confessed: “My nose is grotesque, I have but one arm, no feet and a body much too bulbous. My skin is brittle, too hot to touch. But you, touting desire, sensuality, assignments, for all your breeding without me, you’re just—a leaf.”

Chess Forum

Each week, the Rossmoor Chess Club offers a chess problem or a clever opening as well as the answer for the previous week.

The answer for the April 16 problem was 1.Ra8 check Kxa8 2.Qc7 check Kb8 3.Qxb7 mate.

This week, another problem is offered to tease the mind, white to mate in three. The answer will be included in next week’s column.

Players at all levels are welcome in the Chess Room on the first floor back corner at Dollar Clubhouse on Fridays from 12:30 to 2 p.m. There’s a nice crowd on Saturdays from 10 a.m. to 2 p.m. Play is also on Mondays from 7 p.m. to 10 p.m. Call or email a player to meet you there.

Call Bob Dickson at 934-1405 with the solution and any questions or comments.
Keep an aging brain smart

From Care.com

In many ways, the mind is still a scientific mystery and people are constantly trying to understand it more. One thing is certain though: your brain can deteriorate if you don’t take care of it. Keeping it healthy will not only help you in your day-to-day activities, but also it can reduce the risk of developing dementia. To open a book for at least half an hour every day, if you find it difficult to read for long periods of time, spread it out over the day or read short stories.

Read: Reading benefits your mind and memory in ways that watching TV doesn’t. The Mayo Clinic Study of Aging found that reading books (in addition to other cognitive activities) can lead to a 50 percent decrease in your chances of developing dementia. Try it now.

Pick up an instrument: Pick up an instrument: Whether you have fond memories of those piano lessons you took as a child, or you’ve never even seen a sheet of music, now is a great time to sign up for music lessons. Recent studies show that after only four months of playing an instrument an hour a week, seniors have determined that the brain can strengthen memory while hands and memory and hand movement.

Socialize: Gathering with a group of friends on a regular basis is not only fun, but also it can help your brain stay sharp. Research published in the May 2012 Journal of Experimental Gerontology shows that social relationships can heal aging brains and keep them young. So host a weekly lunch for friends, volunteer at a nearby charity or join local activity groups through your community center or online sites like Meetup. The key to maintaining your brain’s health is engagement. Through mental, physical and social activity, your brain will stay busy. And developing a routine combining the three can put you at a lower risk for disease and keep your mind sharp as you get older.

Sleep: It’s a myth that you need less sleep as you age. When you sleep, your brains have a chance to relax and process everything you did and learned that day. But a study in the Journal of Neuroscience says that as you get older, your brain has difficulty forming these short-term memories during sleep. To help prevent this memory loss, you need to sleep – and sleep well – for at least seven or eight hours a night. See a doctor if you’re having trouble drifting off, as it may be due to health problems, anxiety or even your medication. Or you may just need to change up your sleep routine with some easy tips.

Play games and puzzles: The mind-benders you play will get your mind working, and make you feel young again. Many colleges even offer scholarships, tuition waivers or discounts for seniors.

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Eat healthfully: Scientists have determined that the brain needs the right balance of nutrients to operate well. Numerous studies have proven that a high intake of fats and cholesterol is associated with higher risk for Alzheimer’s. Stay away from fried foods and eat more dark fruits and vegetables, fish, lean proteins and nuts.

Gather: You have a beneficial effect on your brain.

Put down the key- board and pick up a pencil. A study from the Journal of Cognitive Neuroscience shows that handwriting helps stimulate the areas of the brain that deal with thinking, language and memory. Write about memories you have, what’s going on around you, something you saw recently or just let your creative juices flow and make up a story.

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Put down the key-board and pick up a pencil. A study from the Journal of Cognitive Neuroscience shows that handwriting helps stimulate the areas of the brain that deal with thinking, language and memory. Write about memories you have, what’s going on around you, something you saw recently or just let your creative juices flow and make up a story.

Write: Put down the keyboard and pick up a pencil. A study from the Journal of Cognitive Neuroscience shows that handwriting helps stimulate the areas of the brain that deal with thinking, language and memory. Write about memories you have, what’s going on around you, something you saw recently or just let your creative juices flow and make up a story.
Peripheral Neuropathy Support Group will learn about using poles for balance

The Peripheral Neuropathy Support Group will meet on Friday, April 25, from 10 to 11:30 a.m. in the Las Trampas Room at Hillside. Everyone is welcome.

Jayah Faye Paley will talk about gaining a new level of confidence and mobility through the use of poles. She will demonstrate how to improve balance, endurance, confidence, walking gait, agility and posture.

Learning how to properly use poles can help people navigate everyday obstacles and strengthen muscles that support the joints. Some of the expected benefits are to achieve and maintain even and regain mobility; to improve strength and help preserve joints; to achieve a more even gait and reduce risk of falling; maintain and restore spine functions; improve bone density; and improve performance on a variety of terrains, like curbs and stairs.

Paley also will demonstrate various models of poles and tips— including special balance tips. Her company is available on-line at PolesForMobility.com.

If your feet feel tingling or numbness, you may have Peripheral Neuropathy. National Neuropathy Awareness Week is Monday through Friday, May 12 through 16. For information, go to http://www.neuropathy.org.

Meetings are on the fourth Friday except in November and December. For information, contact David Woods at 287-8300 or at DavidLeeWoods2@aol.com.

Wellness Group to look at health care reform and choices

At the next Rossmoor Wellness Group meeting, Monday, April 28, at 7 p.m., the special guest speaker will be Ronald Wetter. The meeting will be held in the Donner Room at the Event Center.

Wetter will speak about “Health Care Reform and the Health Choices We Make.”

Wetter is the community and government relations manager for Kaiser Permanente’s Diablo area. He joined Kaiser in 2004 and oversees all community relations activities for Central and East Contra Costa County and the Tri-Valley area of Alameda and San Joaquin counties.

He focuses on health care policy and reform, economic and workforce development, and day-to-day relationship management with the district offices of the region's Congress-

ional, State assembly, Contra Costa and Alameda boards of supervisors and various city councils. He is an adjunct member of California State University East Bay's graduate program, teaching courses in health care policy, managed health care, and U.S. health care systems in the university’s masters of science in Health Care Administration program.

Residents and friends are invited to come and participate in the question period of the meeting.

Wellness Group members support the meetings with their $10 annual membership. Non-members are welcome and a $1 donation is suggested for this meeting, but is optional.

Contact Jim Woollett for information at 287-0468.

Counseling Services will present program on maintaining cognitive health

Free program is May 8 in Fireside

Dr. Frank Longo will speak about “Maintaining Cognitive Health” during a free program sponsored by Counseling Services. Longo will speak on Thursday, May 8, at 1 p.m. in the Fireside Room at Gateway.

A medical doctor, Longo is a professor and chairman of neu-

rology at the Stanford University Medical Center. He works as a neurologist who cares for patients with Alzheimer’s disease and Huntington’s disease. His clinical interests include the develop-

ment of effective therapeutic approaches for these diseases.

Longo is a graduate of UC San Diego and completed his res-

idency and fellowship at UCSF Medical Center. He is board certified by the American Board of Psychology and Neurology.

Longo’s presentation is part of Counseling Services’ Opti-

mum Wellness Lecture Series. Refreshments will be provided by SafeinHome.

Preregistration is required. Call Counseling Services at 988-7750.

Optimal Wellness lecture series’ next topic is hoarding and clutter

As part of the Optimum Wellness Lecture Series offered by Counseling Services, Dr. Michael Tompkins will present “Digging Out: Understanding Hoarding, Cluttering, and Compulsive Acquiring” on Tuesday, May 20, at 6 p.m. in the Fireside Room at Gateway Clubhouse.

Hoarding is a condition characterized by the excessive acquisition of objects, difficulty discarding items, and significant problems organizing and categorizing. In order to effectively deal with items entering the home. These problems can lead to significant amounts of clutter, which can severely limit the use of living spaces, pose safety and/or health risks, and result in significant distress and/or impairment in day-to-day living.

Hoarding has been a hidden disorder for many years. Before the early 1990s, there was little research on hoarding. Since then, however, interest has increased dramatically among research scientists and clinicians.

Tompkins will describe hoarding behavior and distinguish it from normal collecting and explain the primary features of the condition. He will discuss options for treating the problem as well as strategies for managing significant hoarding and cluttering behaviors.

Free program is May 8 in Fireside

Dr. Michael Tompkins was little research on hoarding. Since then, however, interest has increased dramatically among research scientists and clinicians.

Tompkins will describe hoarding behavior and distinguish it from normal collecting and explain the primary features of the condition. He will discuss options for treating the problem as well as strategies for managing significant hoarding and cluttering behaviors.

Tompkins is a licensed psychologist, the co-director of the San Francisco Bay Area Center for Cognitive Therapy, an assistant clinical professor at UC Berkeley, and a diplomat and founding fellow of the Academy of Cognitive Therapy. He is the author or co-author of numerous articles and chapters on cognitive-behavioral therapy and related topics, as well as six books, including “Digging Out: Helping Your Loved One Manage Clutter, Hoarding, and Compulsive Acquiring” (with Tamara L. Hartil). Tompkins has presented internationally on cognitive behavioral therapy and hoarding, particularly on the topic of managing severe hoarding behaviors through a harm-reduction approach.

Refreshments are sponsored by Steri-Clean.

Registration is required. To register for this free program, contact Counseling Services at 988-7750.
John Muir Outpatient honors its volunteers at luncheon

April is Volunteer Appreciation Month, so to celebrate, John Muir Outpatient Ticke Valley/Rossmoor honored all of its volunteers at a luncheon last Wednesday at Dollar Clubhouse. After the club, the volunteers gathered for their annual photo.

Several types of yoga offered at Fitness Center Monday through Saturday

The Rossmoor Fitness Center offers a variety of yoga and directed movement classes, from Monday through Saturday. Classes are for all levels and accommodate those with physical limitations. Participants are advised to wear loose clothing and come with a relatively empty stomach. Props, used when needed, may include chairs, blocks and straps. Contact the instructor for information.

MONDAY
Flexible Yoga
Time and place: 5 to 6 p.m. in the Shasta Room at Del Valle Clubhouse
Style: Emphasis is on flexibility using Iyengar-style yoga, which focuses on correct body alignment. Hatha yoga with stretches using props will be practiced when needed.
Instructor: Barbara Bureker has been a yoga instructor for 32 years. For information, call 934-7857.
Fees: $7 per class, one class per week; $30 for four classes. Drop-ins welcome.

THURSDAY
Gentle Yoga
Time and place: 3 to 4 p.m. in the Shasta Room at Del Valle Clubhouse
Style: This class is geared toward current yoga students who have taking class on a regular basis for least two years.
Instructor: Sarah Harvey. Call 510-639-4568. Fees: $7 per class, one class per week; $30 per class or $30 per month for four classes. Drop-ins welcome.

FRIDAY
Active Yoga
Time and place: 12:15 to 1:15 p.m. in the Shasta Room at Del Valle Clubhouse
Style: This class is geared toward current yoga students who have taken class on a regular basis for least two years.
Instructor: Sarah Harvey. Call 510-639-4568. Fees: $7 per class, one class per week; $30 per class or $30 per month for four classes. Drop-ins welcome.

SATURDAY
Tibetan Kung Nyo Yoga
Time and place: 10 to 11 a.m. in the Shasta Room at Del Valle Clubhouse
Style: This class puts an emphasis on flexibility with strength, using Iyengar style yoga with a focus on correct body alignment. A more vigorous yoga class using props is practiced when needed.
Instructor: Barbara Bureker. For information, call 510-639-7857.
Fees: $7 per class, one class per week; $6 per class, two to three per week; $8 for drop-ins.

WEDNESDAY
Gentle Yoga
Time and place: 11 a.m. to noon, Aerobics Room at Del Valle Clubhouse
Style: Seated and standing yoga. Options for the floor for those who wish.
Instructor: Bonnie Maeda, who has been a certified yoga practitioner for seven years. She is a registered nurse and works with students during the healing process. Call 510-548-9566.
Fees: $7 per class, one class per week; $6 per class, two to three per week; $8 for drop-ins.

THURSDAY
Streight Yoga
Time and place: 5:30 to 6:30 p.m. in the Shasta Room at Del Valle Clubhouse
Style: Stretch to relax and build up strength. All are welcomed.
Instructor: Barbara Bureker, who has been a yoga instructor for 32 years. For information, call 934-7857.
Fees: $7 per class, one class per week; $6 per class, two to three per week; $8 for drop-ins.

FRIDAY
Flexible Yoga
Time and place: 10 to 11 a.m. in the Shasta Room at Del Valle Clubhouse
Style: This class puts an emphasis on flexibility with strength, using Iyengar style yoga with a focus on correct body alignment. A more vigorous yoga class using props is practiced when needed.
Instructor: Barbara Bureker. For information, call 510-639-7857.
Fees: $7 per class, one class per week; $6 per class, two to three per week; $8 for drop-ins.

Gentle Yoga
Time and place: 11:45 a.m. to 12:45 p.m. in the Shasta Room at Del Valle Club.}

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Caregivers with Hearts of Gold

Rossmoor News April 23, 2014 23B
The domino winners for April 14 were Larry Miller 320, Jeannie Johnson 332, Kent Crowell 324, Ana Jardine 324 and Jim Ford 327.

The domino winners for April 12 were Sue Wickens 305, Joe Blyskal 309, Jim Ford 322 and Kent Crowell 341. Experienced players meet on Monday evenings in the Oak Room at Gateway. Participants should plan to arrive at 6:30 as play begins promptly at 6:45.

 Beginners or rusty players meet Saturdays from 10 a.m. to 12:30 p.m. in Multipurpose Room 2 at Gateway. This is an opportunity to learn and practice the rules and etiquette of Five-Up, the domino game played at the club. A teacher is available for new players, but all attendees are asked to commit to the entire 2 1/2-hour session.

The club plays Five-Up because the player can use all of the doubles to play from and it is a faster, higher-scoring game than the other Fives versions. It is a faster, higher-scoring game than the other Fives versions. Experienced players, who want a more intense, high-stakes game, are invited to meet with The Brown Baggers on Mondays, Wednesdays and Fridays from 9 a.m. to 12:30 p.m. in the Garden Room (behind the kitchen) at Dollar Clubhouse.

A double in hand, without another domino containing that number in hand, is called a “lighthouse” double. Don’t start with a lighthouse double (especially the 5-5), unless there is no better play. Starting with a lighthouse gives the opponents more chances to play, and possibly forces the starter to draw. Do, however, play that lighthouse double at the first opportunity during the play of the hand.

The following programs are all scheduled to be broadcast this week. Check the grid below for days and times of programs. For information about programs on Channel 28, please call 988-7820.

POST IT! is a community bulletin board that allows residents to view activities within Rossmoor, including trips, movies and club events. This program runs between other programs when possible.

CLASSIC Arts Showcase includes video samplings of anima tion, architectural art, ballet, chamber and choral music, dance, folk art, museum art, musical theater, opera and orchestral performances, as well as classic film and archival documentaries.

FITNESS Fun. Exercise. 30 minutes. This program is scheduled every day at 9 a.m. The program changes daily to vary the exercises.

GRF BOARD meeting, April 24. The agenda includes several recommendations from the Poli cy Committee; a recommendation to approve Director Diane Guilfoyl to be the Board representative on the Trust Agreement Review and Revision Committee; a request to approve an expenditure of up to $94,800 to resurface the dog park with artificial turf; a request to consider approving addition Trust funding the Buckley Tennis Complex expansion project; and a consideration to authorize Trust funding to install additional court drainage. There is also a discussion about supporting the Pulte Group project on the former Jewish community Center site and work with Pulte on making improvements to the site. If the meeting runs longer than the time slot allows, all programs following will be adjusted.

LUNG Cancer: The Silent Killer. Health. One hour. Diana Superfin, M.D., is board certified in internal medicine, medical oncology and hematology. In this program she discusses the dos and don’ts of prevention, surveillance, diagnosis and treatment of lung cancer.

CONTRA Costa Times Columnist. Lecture. One hour, five minutes. Tony Hicks, columnist for the Contra Costa Times, is well known for his humor and interesting twist on life. Hicks was raised in the San Ramon Valley and is now married and living in Concord. He was guest speaker at a recent meeting of the Community Club of Rossmoor. This program was taped and submitted by resident Gerry Swanson.

HAWAII Calls Again. Hawaiian dance. One hour, 10 minutes. The award-winning Hawaiian group, NaMamo No’eau presents an exciting show with lots of color, music and enthusiastic performers. Rick no’eau Smith is the director of this dance group. Smith’s hula shows have performed all over the world with many contract clients such as the Disneyland Hotel, Tonga Room in San Francisco and Holland-America Cruise Lines.

“FROZEN Trail to Merica: Talerman.” Book discussion. 40 minutes. Myron Payne, Ph.D., bases his book on solving the mysterious disappearance of the Norse from the Western Settlement of Greenland in 1300s, but also decipherers Delawere (Lenape) Indian history. This is a fictional plot based on a manuscript of pictograms and verses from 1836.

MAHARAJA: The Splendor of India’s Royal Courts. Lecture. One hour, 10 minutes. Asian Art Museum docent for over a decade, Laurabeth Grieneeks-Nelson presents a slide presentation chronicling the history and lavish lifestyles of maharajas, one of whom turned his back on the King of England while being the toast of the Jazz Age. The exhibit, explored through discussion, includes dazzling gems, opulent furniture, extravagant clothing and art.

The ROSSMOOR Dynatones. Musical favorites. One hour. This dynamic group consists of Rossmoor residents having fun. They consist of musicians performing on banjos, guitars, harmonicas, plus a pianist and a mandolin player or two. The musicians are Janet Mollin, pianist, Bea Witte, leader, Don Maynard, base, Peter Silh, singer; Lois McKim, singer; Jerry Mollin, singer; Bette Spinrad, banjo; Sal Falanga, harmonica; Gus Machado, harmonica; Charlie Piazza, harmonica; Harry Levy, drums, singer.

 = Screened boxes indicate that programming continues into next half-hour time slot. When program ends, Post-It is broadcast. Reference programs below by titles in capital letters above.

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**ROSSMOOR COMMUNITY CHANNEL 28**

**Programs running from April 24 through 30**

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**Bridge Club**

Offers class

Continued from page 5B

and preempts. Each class will include instruction and prac tice deals, which reinforce the material taught. The Dia mond Series book, “Declarer Play,” will be used and will be available for $20 through the instructor.

Rossmoor residents who have been given a one-week priority for enrollment before outside participants are accepted. The classes $40 for ROBC mem bers, $50 for resistant non members ($10 of which will cover dues in ROBC for 2014), and $80 for non residents. Checks should be made payable to the Rossmoor Du plicate Bridge Club.

To reserve call Barbara V. Smith at 256-4430.