Federal grant means four new Rossmoor buses

By Cathy Tallyn
Staff writer

The first stop for Rossmoor’s four new buses was at Gateway. Federal grant money paid most of the cost for the vehicles, which are very similar to one that Rossmoor already has.

The new fleet will replace 10-year-old buses that now have 200,000-plus miles. The four new buses arrived last Thursday afternoon and drew much attention as the caravan pulled into the Gateway parking lot. The buses are each priced at $26,640 – Rossmoor got such a good deal because it received a federal grant that pays for about 89 percent of the cost of each new bus. And, Rossmoor will hold their groceries and pack-luggage rack that riders use to hold their groceries and packages.

The handicap-accessible buses have room for 16 passengers, including two in wheelchairs. There’s also a luggage rack that riders use to hold their groceries and packages.

The changes in the buses are subtle and partly due to changes in laws. They look a little fancier and ride a little smoother. They also have that smell that comes with a new vehicle.

It took two years to go through the grant process. Rossmoor qualified in large part because its bus system serves seniors and people with disabilities, said Gretchen Hansen, bus forewoman.

The price of a new bus has increased. It took two years to go through the grant process, Rossmoor qualified in large part because its bus system serves seniors and people with disabilities, said Gretchen Hansen, bus forewoman.

Transit services throughout the state and elsewhere have increased.

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Staff writer

For the cost of one new car – $26,640 – Rossmoor has gotten four new buses to take residents around the community, nearby businesses, to BART and downtown Walnut Creek.

The new fleet will replace 10-year-old buses that now have 200,000-plus miles. The first stop for Rossmoor’s four new buses was at Gateway. Federal grant money paid most of the cost for the vehicles, which are very similar to one that Rossmoor already has.

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GRF nominating petitions must be in by Friday

Continued from page 1

eligible to run for re-election since he will have completed two terms.

District G, with 734 manors, is currently represented by Ron Moschel, who is not eligible to run for reelection since he will have completed two terms.

Mutual 65 seeks candidates for directors

Ballots mailed in April Candidates’ statements and ballots will be mailed to members in each election district on April 16 and must be returned by May 6. The annual meeting of members of GRF will be held Monday, May 10, at 9:30 a.m. in the Fireside Room at Gateway Clubhouse.

Fraud prevention is topic of WC Police officer

A detective from Walnut Creek Police will discuss fraud prevention and financial abuse on Wednesday, March 17, at 10:30 a.m. in the Fireside Room at Gateway Clubhouse. He will talk about the scams most frequently reported to the police and provide tips for protecting oneself and minimizing chances of falling prey to scammers.

All residents are encouraged to attend. Perpetrators of financial abuse know exactly how to hook their victims. Attend the seminar and learn their tricks to avoid becoming one of the millions who fall into the trap. Refreshments will be served.

Mutual 65 seeks candidates for directors

Candidates are being sought for two director positions in this year’s election to the board of directors of Mutual 65 (Devonshire), each to serve a two-year term.

Mary Bell and George Pfautsch currently hold these positions and have agreed to run for another term. Any other member in good standing may place his/her name in nomination by contacting the secretary at the Mutual Board Office at Gateway at 988-7775 by Wednesday, March 17, so that the name can be added to the ballot.

The annual membership meeting will be held on Tuesday, April 27, at 9:30 a.m. in the Delta Room in Del Valle Clubhouse at which time the elected candidates will be seated.

Advisory group will review GRF nonunion compensation

Continued from page 1

ed professional backgrounds in employee benefits management, who are not already serving on a standing GRF committee, and who wish to be considered for the CEO’s Compensation Advisory Group, are encouraged to submit a letter of interest describing their background and contact information and/or a résumé. Address the letter to the CEO at the Gateway offices, 1001 Golden Rain Road.

Letters of interest must be submitted no later than Monday, May 30, by 4:30 p.m. The CEO anticipates that the advisory group may assist staff in preparing requests for proposals for benefits brokerage services and compensation consulting services, and evaluating responses to these requests. The advisory group, in collaboration with staff and consultant advisors, would develop a proposal for an overall compensation philosophy for consideration by the GRF Board.

The advisory group would also be engaged in designing a comprehensive compensation study. That study would look at all aspects of compensation with the data thus developed used by staff and consultants for recommendations to the Golden Rain Foundation Compensation Committee and Board to consider what, if any, compensation package recalibrations might be appropriate.

Resident candidates should have no current active business relationships with benefits consulting firms or similar professionals. Candidates should not volunteer to serve if their objective is to lobby for a specific benefits broker, retirement plan advisor/administrator, or compensation consulting firm.
Second Mutual ends 2009 in good financial condition despite setbacks

By Clay Dunning
Secretary

Twelve residents attended the regular meeting of the Second Walnut Creek Mutual (SWCM) Board on Feb. 18.

GRF CFO Rick Chakoff reported that the year-end preliminary figures indicate a $69,000 deficit to budget in operations of which $44,000 were $25,000 deficit to budget in an operating budget of $7.5 million. Building maintenance was over budget, but was almost entirely offset by insurance expenses coming in under budget. Utilities were over approximately $22,000. Overall the Mutual ended the year in good financial condition.

Treasurer George Dette reported there were nine resales in January with a median price of $120,000. Delinquencies are minimal with one large delinquency to be resolved soon and one in collection. One share loan was placed in the Mutual’s Board Office to obtain a copy of the SWCM Prior to what is permissible.

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Golden Rain Foundation:
Clubhouses, pools, public areas
Mutuals:
Resident buildings and surrounding areas.

GOLDEN RAIN FOUNDATION: out the needs of the particular laundry room.
A Leisure Lane Entry 5 resident asked about the property parcel tax exemption. She was directed to the Mutual Operations accounting department tax specialist for specific questions on her account.
A Singingwood Court Entry 7 resident asked about the process for replacing a sublease. Chakoff explained that fees had been collected, were dropped for a period of time, and have been reinstated to offset less income in the current depressed real estate market.

The resident also asked about the process for replacing water heaters and other large appliances. Building Maintenance Manager Mark Marlatte explained the appliance replacement process that is performed on a routine basis.

Maintenance report
A Singingwood Court Entry 7 resident asked about the property parcel tax exemption. She was directed to the Mutual Operations accounting department tax specialist for specific questions on her account.

The next SWCM regular meeting will be held Thursday, March 18, at 9 a.m. at Peacock Hall at Gateway.
Third Mutual gets a lesson about Mutual Operations’ Order Desk

By Mary Burr
Communications Committee

A t the Third Mutual meeting held Feb. 8, President Donald Liddle introduced Chris Preminger, customer service manager from Mutual Operations. Preminger explained his responsibilities to the board.

He creates various statistical reports along with managing the Order Desk and the Handyman Program. He said that the Order Desk answered over 30,000 calls for service last year, and wrote as many if not more work orders.

The employees on the Order Desk also schedule work and close out the work orders. The Order Desk is part of Mutual Operations and is located at 800 Rockview Drive.

Preminger presented the new “real time” Budget and Finance Report, which summarizes the monies authorized to be used from the reserve fund, along with monies paid and the outstanding amount.

Treasurer Don Barnett said he has checked the operating and reserve accounts for all projects for year end 2009 and all seems to be in order. He said there are five units in collection for a total of $55,000.

Committee reports

Building Maintenance Committee Chairman Charles Sanderson presented an example of the 2010 work matrix that each director will have for his/her project.

Governing Documents Chairman Donald Liddle said the committee is reviewing the CC&Rs and the fire alarm policy. GRF General Counsel Shannon Walpole has been asked to determine if crawl space and attic inspections could become mandatory during resales.

Communications Committee Chair Donald Liddle announced that there were 295 visits in January for Third Mutual’s Web site. The board received a copy of the suggested Web site’s first new page and was asked to comment on the changes. It is expected the site will be updated by the end of March.

Executive Committee Chairman Liddle said the management agreement has been returned from Mutual Operations with modifications. The committee will meet again to discuss the changes and additions. Exhibits A and B were not changed. It is expected this will be voted on at the March meeting.

Election

Liddle announced that there are four directors whose three-year terms end in June: Richard Bishop, John Freestone, Rob Rothway and Lynn Martin. Each has his/her nomination papers and has indicated a willingness to volunteer for another three-year term.

Any manor owner, in good standing, in the specific project in Third Mutual where there is an open position is also eligible to run for the position of director. Liddle said anyone interested should call the Board Office at 988-7718 for information.

The deadline for receiving nominations is Friday, April 23. Projects with openings for directors are:

- Lynn Martin, District XV, 114 units, projects 27, 31 and 32; Terra Star Drive entries 1, 3, 5, 7, 9, 11, 12 and 14: Saklan Indian entries 1, 5, 7, 11, 12, 14 and 16; Terra Granada entries 9 and 14.
- Richard Bishop, District V, 127 units, projects 23, 33 and 53; Avenida Sevilla entries 1 and 2; Terra Granada entries 9 and 14.
- John Freestone, District XI, 186 units, projects 40 and 41; Terra California entries 9, 10, 11, 12 and 14; Saklan Indian entries 2, 6, 8 and 10.
- Rob Rothway, District IX, 148 units, project 45: Rossmoor Parkway entries 2, 3, 4, 5, 6, 7 and 8.

The next regular board meeting is Monday, April 12, at 9 a.m. The Communications Committee will meet Tuesday, April 6, at 9 a.m. The Budget and Finance Committee meeting is Wednesday, April 7, at 9:30 a.m. The Building Maintenance Committee meeting is Thursday, April 8, at 10 a.m. The Governing Documents Committee will meet Thursday, April 1 and April 22, at 10 a.m. The Executive Committee will meet Thursday, April 15, at 9 a.m. All meetings are in the Board Room at Gateway.

Third Mutual’s Web site is thirdwalnutcreekmutual.com.

For building and landscape maintenance call 988-7640. To have a work order cut for non-emergency work, e-mail the Service Desk at workorder@rossmoor.com. To leave a message for any Third Walnut Creek Mutual director, call 988-7718 or send an e-mail to TWCM@rossmoor.com. The Board Office is located at Gateway. All meeting agendas are posted in the reception area of Gateway.
Long-range Planning Task Force posts schedule

The Long-Range Planning Task Force’s semi-monthly meetings will continue to have a topical focus through June 16. The topics will be:
- March 17: Environmental and sustainability
- April 7: Social/recreation al programs and local amenities
- April 21: Transportation, security, wellness services and resident services
- May 5: Facilities, open space and landscape
- May 19: Governance and communication
- June 2: Finance, entrepreneurial opportunities and revenue enhancement
- June 16: Housing and mutual relationship

The task force continues to meet on the first and third Wednesdays of each month at 2 p.m. in the Board Room at Gateway.

All of the task force’s meetings are open to residents. A residents’ forum is provided at the end of the meeting. For information, contact the task force through e-mail at lrptf@rossmoor.com or Chairwoman Nancy Bann at 938-1571.

DeSaulnier introduces legislation that will protect collection of membership fee

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DeSaulnier introduces legislation that will protect collection of membership fee

§§ Current and future residents will be protected from unauthorized collection of membership fees beginning in the 2010-11 fiscal year.

State law has long allowed the GRF to collect this one-time fee under a special exception. A recent court decision in Southern California, however, could indirectly call into question GRF’s ability to continue to collect this fee.

DeSaulnier and the GRF Board believe it would be inequitable to all current Foundation members to have to collect infrastructure expenses onto the GRF coupon. In response, Sen. DeSaulnier has proposed a bill to specifically and permanently protect the collection of the fee.

His goal is to ensure a continuing plan and adequate funding for Rossmoor’s capital assets.

DeSaulnier introduces legislation that will protect collection of membership fee

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Speaker
Ronald Connolly, M.D.
Rheumatology

Monday, March 22, 2010
1:00 p.m.
Community Conference Room

John Muir Outpatient Center, Tice Valley/Rossmoor 1220 Rossmoor Pkwy., Walnut Creek, CA 94595

Reservations required:
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IF IT’S TOO GOOD TO BE TRUE …
Don’t fall for the sweepstakes scam

Several weeks ago, the Rossmoor News “Scam Alert” column reported that the number-one scam that residents get hit with over and over again is the “sweepstakes scam.” A new one pops up daily in an effort to get money out of a gullible and unsuspecting person, especially a senior.

A Rossmoor resident reported last week that he received a call from American Shoppers Network informing him that he had won $85,000 in a sweepstakes. He said he did not remember entering that sweepstakes. He said he did not remember entering that sweepstakes. He was told that a package would be sent to him and he was given an 800 number to call.

The sweepstakes scam wants you to send money to receive the sweepstakes winnings. Although the scam had not gotten that far, the resident was suspicious, and did not fall for it. He wants others to know about it. The News tried to find out more about American Shoppers Network and found that its Web site has been shut down. In addition, there were several sites on which bloggers complained about receiving sweepstakes calls from the company and they had not entered the sweepstakes.

One of the characteristics of a sweepstakes scam is that the scammer tells you that you are a winner and you don’t recognize the contest. As a result of this funding model, the monthly GRF coupon amount is kept low and affordable. Because the fund is actuarially sound, GRF has never levied a special assessment for capital needs.

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His goal is to ensure a continuing plan and adequate funding for Rossmoor’s capital assets.
SECURITAS INCIDENT REPORT

LAST MONTH AND YEAR-TO-DATE

Each month Securitas provides the Rossmoor News a summary of incident activity/events that Securitas/Public Safety has responded to during the previous month. The summary will be listed in a chart, which lists incidents that have been reported and responded to by the Securitas staff. The miscellaneous category contains the following calls: appliance, elevators, noise, resident regulations, calls regarding animals, litter, dumpster issues, traffic, dog park incidents and other calls for investigation or service.

Type of incident ............................................ Feb. 1 to 28 ..... Jan. 1 to Feb. 28, 2010
Auto accident – injury .................................... 7 ............................... 12
Auto accident – no injury .................................. 2 ............................... 2
AMR transport to local hospital .......................... 82 .............................. 150
Accident other ............................................. 3 ............................... 6
Fire .................................................................. 3 ............................... 5
Responses to ill/fall calls – no medical transport .... 110 ............................. 285
Walnut Creek Police call ................................. 3 ............................... 6
Theft ................................................................ 11 ............................... 20
Welfare checks ............................................. 44 ............................... 115
Parking .......................................................... 24 ............................... 62
Plumbing/electrical/sprinklers ............................ 43 .............................. 108
Lockouts .......................................................... 4 ............................... 28
Suspicous activity .......................................... 19 ............................... 50
Alarm .................................................................. 5 ............................... 18
Civil .............................................................. 11 ............................... 24
Miscellaneous ................................................. 128 .............................. 260
StairTrac .......................................................... 36 ............................... 67
Deaths................................................................. 1 ............................... 3

Total incident reports for 2010. ........................ Feb. 535 ............. Year to date 1,221

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AARP Tax-Aide volunteers help residents with income tax returns
Free sessions have begun at Hillside

AARP Tax-Aide volunteers are preparing free income tax returns at Hillside Clubhouse in the Vista or Las Trampas rooms. Signs will be posted. To make an appointment, go to Hillside Clubhouse on the following days: March 11, 16 and 18 from 9 a.m. to 3 p.m.; March 23 from 9 a.m. to 1:30 p.m.; March 25, 30, April 1, 6 and 8 from 9 a.m. to 3 p.m. If there is time, walk-ins are taken.

Residents need to bring all their important tax information with them: Social Security statements, W2s, forms 1099 and 1098s, interest, dividends and pension information. Those who receive a broker statement and had stock sales in 2009 should make sure the cost basis of the stock is listed. Organize and add up deductible expenses, medical/dental, health insurance, mortgage interest, property tax, car license-fee amount only, contributions to charities and other items. Donations for Haiti can be deducted on the 2009 return.

Everybody is again eligible for a property tax deduction of up to $500 for a single person, up to $1,000 for a married couple. This year, sales tax is deductible on the purchase of a new car after Feb. 16, 2009 and before Jan. 1, 2010 even if the tax return is not itemized. The sales contract needs to be brought to the tax appointment.

To get the 2009 income tax return prepared by the AARP Tax-Aide Volunteers, residents need to know if they received a $250 stimulus payment. Residents should check the deposits in their bank account between May and August 2009 if they don’t remember. All seniors receiving Social Security should have received the payment. As a last resort, call 1-800-829-1040, select 2, 2, 3, 2, then enter the Social Security number and wait to speak to an assistant (this has to be done personally). Bring the stimulus information to the tax appointment.

First-time homeowners for 2008, 2009 and early 2010 can apply for a refundable credit of $8,000; longtime homeowners who bought a home after Nov. 6, 2009 may also qualify for a credit up to $6,500.

Tax-Aide volunteers are trained every year by AARP and have to pass a tax-law test to become certified counselors and are allowed to prepare tax returns within the limits set by the Internal Revenue Service (IRS). All information is confidential and encrypted on IRS computers. Returns will be electronically filed, and the taxpayer receives a printed copy to take home.

For information, stop by Hillside Clubhouse and see a Tax-Aide for help. The volunteers are looking forward to serving Rossmoor residents. For shut-in visits, call Ingrid Bauer at 979-5450.

Judy Box and Lori Graham will prepare taxes at Grace Presbyterian Church (across the street from the Jewish Community Center on Tice Valley Boulevard) on Tuesdays. This is the same free AARP Tax-Aide program. For an appointment at Grace Church, call 405-6278.

Resident regulations, calls regarding animals, litter, dumpster issues, traffic, dog park incidents and other calls for investigation or service.
First Mutual to discuss policy revisions this month

At its Feb. 26 monthly meeting, the board of directors of First Mutual had its second reading on proposed revisions to its policy manual, including revisions to carport/parking and late payment penalties policies. The board will entertain additional comments from the membership at the March 26 monthly board meeting.

Any First Mutual member may review the proposed revisions by picking up a copy in the Mutuals’ Board Office at Gateway or by visiting the Web site at www.firstwalnutcreekmutual.com.

New buses coming to Rossmoor

Continued from page 1

The government uses a point system when divvying up the money. The highest score is 100. Rossmoor had among the top scores. It scored 92 on the 2008 application. The highest mark was 96.

The only transit agencies that got a higher mark cover Orange County, San Diego and Richmond, Hansen said.

Rossmoor scored 87 on the software grant, enough to qualify. Rossmoor scored 94 on the 2009 grant with the top score 98.

The four buses slated to arrive next year are some $80,000 each. The federal government will pay some $70,800 each and Rossmoor will pay about $9,120.

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Risk manager speaks to First Mutual

By Barbara Brooks

GRF General Counsel Shannon Walpole, who is also the GRF risk manager, explained the insurance process procedures to assembled residents at the First Walnut Creek Mutual (FWCM) meeting held Feb. 26.

An advisory group of Rossmoor residents made up of insurance professionals were part of the process. R J Gallagher is the new broker. Walpole outlined all the

Continued on page 8

Red Cross first aid training held at Dollar

Residents are invited to a free breakfast and a presentation about fall prevention on Tuesday, Feb. 23, at 10 a.m. in the Fireside Room at Gateway. The sponsor is the Central County Senior Coalition.

A panel of experts will talk about steps people can take to prevent falls from happening or reoccurring. The presentation will be moderated by Gennifer Mountain, Fall Prevention Program manager from Meals on Wheels, Senior Outreach Services.

Panel members include Dr. Lawren Hicks, medical director, John Muir Senior Services; Deborah MacDonnell, occupational therapist with Optimal Living; and Martin Simenc, owner of Home Safety Services.

Reservations are required. Contact Lindsay Freeman at 516-8006 or at Lindsay.Freeeman@eskaton.org.

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PG&E SAVINGS 12-15%
First Mutual residents learn about the insurance process at board meeting

Continued from page 7 procedures she went through for renewing insurance for the GRF and the Mutuals for an overall premium savings of 2 percent. She showed the residents the various insurance products Rossmoor has and detailed different kinds of insurance GRF has.

Copies of the slide show report were made available for residents to take home to review.

Fredlund said the key project was discussed at the Presidents Forum. Many have been upset with stopping the program, he said, but it was stopped because of liability issues. He reminded residents that they can give a key to a neighbor or hide it someplace.

GRF is looking into a key program. Fredlund asked for input from residents as to the idea on this being an amenity for FWCM residents.

Treasurer Sally Nordwall reported that FWCM is still in good financial shape according to the preliminary report. A budget is a road map, an idea of how things are supposed to go, Nordwall said, and it is subject to change.

Budget and Finance Committee Chairwoman Sheryl Almon said building and maintenance costs went up because it was necessary to pay a fee to the fire department for inspection of fire extinguishers. FWCM also has a replacement program for the extinguishers and it was not expected that so many would have had to be replaced this year.

Costs were also up because of the heavy rains last year, creating costs that were not anticipated and therefore not in the budget. There were also unanticipated water and garbage rate increases. There were numerous tree removals.

GRF CFO Rick Chakoff reported on investment options. He said FWCM has close to $5 million in reserves. Rates are way down because of the economic downturn so the Mutual must look to safety and liquidity for investing. Also he looks at financial institutions that have at least a three-star rating.

He said the Mutual is limited to $250,000 for FDIC insurance questions. There was extensive discussion on various investment options as raised by residents.

Maintenance

Building Maintenance Manager Doug Hughes reported that the bridge replacement was about to get under way. One roof has already been completed because the contractor worked between the storms. Hughes is getting bids for asphalt work.

Landscaping Manager Rich Perona fielded questions from residents about removing ginkgo trees.

First, he said, an OK on this being an amenity was discussed. GRF rents FWCM a replacement system for the extinguishers. He said the Mutual is limited to $250,000 for FDIC insurance questions. There was extensive discussion on various investment options as raised by residents.

Morgan asked residents to contact their district representatives on the Landscape Committee with any concerns.

Fredlund, in his role as FWCM Policy Committee Chair, continued the discussion of the proposed revision to the carport and parking policy, as well as the proposed revision to the late penalties policy. The discussion will be continued at the March board meeting.

The discussion about the proposed changes to the carport policy included questions of whether FWCM owners would have to notify the Mutual if a vehicle is inoperable, etc.

Fredlund reminded residents that the Mutual does not enforce the policies unless a resident complains.

Golf cart use of carports was also discussed. GRF rents FWCM a replacement system for the extinguishers. Residents should bring comments and concerns about the revisions to the March board meeting.

The board was asked to approve an exception to the policy regarding private gardens. On a piece of property that is not accessible by the public and is out of site of other residents, the Mutual has paid for upkeep of that piece of property. That was changed and bark was going to be put down.

The resident had plans drawn up for a garden. She will take over maintaining that parcel. This will save FWCM money for maintenance and so the exception was granted.

Residents’ forum

In the residents’ forum, Sheryl Almon said there are four colors to choose from when FWCM buildings need to be painted. The colors are very familiar that many people think they all look the same. The vendors have offered FWCM residents a free color consultation.

Muriel Wyro asked how the Mutual lets people know about changes if they do not read the Rossmoor News. Fredlund said it is too expensive to mail the information. The changes will be published in the News.

Bob Peterson and several residents of his entry on Golden Rain requested that a row of camphor trees be removed. He said they stink, drop berries, which are hazardous to residents as they walk, and are raising the sidewalk. The residents also have to sweep their patios every day because of the leaves and other debris from these trees.

Warren Owens, who has lived on Oakmont for 24 years, also expressed concern for removing ginkgo trees, which he said, were unsafe.

A resident of Pine Knoll Drive reported her neighbor put up a satellite dish and has not responded to requests to remove it. Fredlund said the problem was being addressed.

The full text of the minutes can be found on fwcouncil@meredith.com. Upcoming committee dates are also posted on that site.
Mutual 48 board has openings

Mutual 48 will have two positions available on the board of directors for this year's election. Those positions are currently held by Vonne Anne Heninger and Marshall Stuart who will not run for re-election.

The Mutual 48 Nominating Committee has placed in nomination the names of Don Alexander, who will run for a one-year term, and Bob Blair, who will run for a three-year term, as candidates for the board positions.

In addition to these candidates, any member in good standing may place his/her name in nomination by contacting the assistant secretary in the Mutual Board Office in Gateway at 988-7775 by the deadline of Monday, March 22, and that name will be added to the ballot.

The annual membership meeting and social will be held on Wednesday, April 21, at 7 p.m. in Dollar Clubhouse. Mutual members are encouraged to attend.

Alzheimer’s documentary shows

Rossmoor Counseling Services will show “The Alzheimer’s Project: Momentum in Science” at 1 p.m. on Tuesday, March 16, in Peacock Hall at Gateway. The documentary film is produced by HBO.

All Rossmoor residents are invited to attend. The film is the story of many scientists working independently and collaboratively to uncover the causes of Alzheimer’s and to ultimately treat and prevent it.

The film describes Alzheimer’s; identifies the hallmarks of the disease; discusses promising, cutting edge research; looks at the role lifestyle plays in the disease process; and finally talks about factors that can mitigate the risks of developing Alzheimer’s.

There will be a question and answer session following the documentary.

For information about the film or about Alzheimer’s, call Counseling Services at 988-7750.

Goose makes an ‘impression’

Look carefully at this photo. Yes, it is the rear end of a Canada goose. Last Thursday morning, Sharon Heckmann was in her kitchen preparing her coffee. She heard tapping that she thought was in the walls, but when she looked up she saw this goose tapping on her skylight with his beak. He then started to honk, hoping to lure his friends over. Heckmann thinks the photo should be titled “Goose mistakes skylight for Xerox machine.” He finally flew away, but he left behind an unwelcome sign on the skylight. She’s hoping the rain will wash it away.

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continually grow and prosper, especially during these challenging economic
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With the dawning of this New Year we want to tell you how grateful we are to
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More vendors to be at this year’s Flea Market with plenty to sell

Cathy Tallyn
Staff writer

May the force be with you. Rossmoor residents Diane Savage and Annette Granger will sell Star Wars memorabilia at the Flea Market on Saturday, April 3, at Gateway.

The assortment of toys brings up memories of Darth Vader, Princess Leia, Luke Skywalker, Han Solo, Obi-Wan Kenobi, C-3PO, Chewbacca and other characters from the popular movies. The figurines, a model of a death star and other Star Wars memo-

ralia the two will sell belonged to Savage’s son, Dan Savage. “He played with them when he was little,” said Savage.

He’s now 36 and doesn’t want the collection of toys. Savage and Granger have carted the boxes of toys around for years. Now they’re taking up valuable stor-
age space in their garage. “It’s just sitting on a shelf,” Granger said.

They decided some people might be interested in buying the many different items. And, while they’re at it, they also decided to sell some antiques and jew-
elry they have also been carrying around. Last year, they made a couple hundred dollars on what they had to sell.

Savage and Granger will have one of 82 tables at the annual Rossmoor Flea Market, which is the largest to date. Residents were limited to how much space they could have so there would be room for more sellers.

There will be sales tables in the Fireside and Oak rooms at Gateway. Various nearby hobby shops will also be open. All of the sales space has been filled by Rossmoor residents and organi-

zations; no outside vendors are allowed. There is now a waiting list.

The sale is sponsored every spring by the Activities Council in conjunction with the Recreation Department. It’s a chance for residents and organizations
to sell gently used items as well as handmade things and make a little money. Residents rent table space and keep the proceeds.

Many of the sellers describe their sales items as “miscella-
neous,” “collectible” or “house-
hold.” However, there are other things as well. The list ranges from costume jewelry to ant-
tiques; sports equipment to fine
china; trinkets to treasures; and
glassware to tools. And, not to be forgotten is the Lions Club, which will sell coffee and doughnuts.

Lee Murphy says she has lots of “stuff” for sale. There’s so much, she’s worried about it all fitting on the 12-foot table she’s rented. Sale items include sports equipment such as skies, boots and a bicycle; clothing; a small framed picture; nick knacks; and collectibles.

Continued on next page

Diane Savage, left, and Annette Granger will sell Star Wars mer-

nies by Mike DiCarlo

Flea Market

What: An annual event at which residents and orga-
nizations sell all sorts of things.
When: Saturday, April 3, from 9 a.m. to 2 p.m. in the Fireside and Oak rooms at Gateway. Nearby hobby shops will also be open. Sponsor: Activities Council in conjunction with the Recreation Department.
Lots to buy at Flea Market
Continued from page 10
Grete Sorensen will sell a china coffee set, glassware, linens, jewelry and things she's hand-made. She likes to sit in front of her TV at her sewing machine during programs.
Like many others, the Flea Market is a way for her to down-size.

Flea Market 2010 vendors

Agee, Mary ........................................... Collectibles
Alexander, Don ........................................... Statue
Anschutz, Eric ........................................... Collectibles
Armstrong, Diane .................................... Small furniture, household
Bauer, Ingrid ........................................... Household
Benner, Louise ............................................. Vases, collectibles
Bretta, Beck .............................. Dolls, glassware, miscracks
Brill, Lois ........................................... Tools, jewelry, jam
Broad, Doris ........................................... Household
Brooks, Barbara ........................................ Books, jewelry
Carroll, Belva ........................................... Beaded items, collectibles
Central Asia Institute ................................ Collectibles
Christie, John ........................................... Jewelry, purses, scarves
City of Hope ................................................. Baked goods
Clay, Alicia ........................................... Clothing, household
Cooper, Jan ............................................ Beads, necklaces, earrings
Coraia, Alicia ........................................... Crafts, collectibles
Costa, Betty ........................................... Dolls, glassware, miscracks
Cristol, Karen ........................................... Clothing, jewelry
DeCarlo, Sue ............................................. Porcelain, glass, jewelry
Dietrich, Max ............................................. Videos, pottery, books
Doyle, Carol ........................................... Gourmet foods, household
Dressler, Judy ........................................... Decorations
Elfont, Dorothy ........................................... Collectibles
Elrod, Barrie ........................................... Scarves, purses, collectibles
Emrich, Johanne ....................................... Books, collectibles
Fexa, Barbara ........................................... Books, household
Foley, Judith ........................................... Miscellaneous
Fox, Jacqueline ........................................... Collectibles
Friends of Animals ......................................... Collectibles
Gallen, Liz ............................................. Collectibles, sterling, jewelry
Gilbert, Nancy ........................................... Household
Giles, Celestia ........................................... Household
Granger, Annette ....................................... Antiques, collectibles
Grier, Tose ........................................... Household, pictures
Guevara, Rose ......................................... Jewelry, dishes, glasses
Haile, Jeane ........................................... Books, beads, collectibles
Hand, Mary ........................................... Dolls, kitchen items
Hemm, Becky ........................................... Household
Jacob, Lee ........................................... Collectibles
Kamian, Kathleen ........................................ Collectibles
Klenk, Shirley ........................................... Picture frames, hats, collectibles
Krueger, Maria ........................................... Accessories, clothes
Kuechau, Thamari ...................................... Pictures, jewelry
Kuhl, Vivian ........................................... Jewelry
Larson, Janet ........................................... Household
Lekich, Andra ........................................... Italian clothes, dolls, hats
Libretti, Lucia ........................................... Jewelry, collectibles
Lion's Club ........................................... Coffee, doughnuts
Lin, Stella ........................................... Jewelry
Maglio, Mary ........................................... Household
Manqueros, Espe ................................... Clothes, dishes
Mercado, Cynthia ........................................ Collectibles
Morgan, Jim ........................................... Household
Moring, Gary ........................................... Books, antiques, videos
Murphy, Barbara ........................................ Collectibles
Murphy, Lee ........................................... Sports equipment, memorabilia
Nature Association .............................. Book, pictures
Nipper, Jeanne ........................................... Miscellaneous
Petitbone, Donald .................................... Antiques, China
Polish Club .............................................. Household, clothes
Powell, Marilyn ....................................... Cushions, quilts, collectibles
Ringel, Pat ........................................... Collectibles
Ringler, Marion ........................................... Household, aprons
Rogoway, Marion ..................................... Collectibles, jewelry
Schneidman, Millie .................................... Collectibles
Scott, Carol ........................................... Glassware, antiques
Scyly, Colleen ........................................... Household, collectibles
Solors, Kathleen ............................................. Baskets, paintings
Sorensen, Grete ........................................ . China, linens, glassware
Stewart, Jason ........................................... Collectibles
Swagerty, Lydia ........................................... Crafts, collectibles
Timko, Elaine ........................................... Children's books, household
Van Cott, Norma ..................................... Pictures, table linens
Von Kroese, Ana ....................................... Kitchen items, pillow cases
Weaver, Patricia ........................................... Jewelry
Wexler, Simone ........................................... Clothes, household
Wiberg, Bill ........................................... Collectibles
Wilde, Sara ........................................... Trinkets, treasures
Williams, Esther ........................................... Collectibles
Wong, Diana ........................................... Housewares
Zuker, Patricia ........................................... Candlesticks, glassware

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Mutual 68, Eagle Ridge seeks candidates for its board

Mutual 68 announces the need to fill three positions on its board of directors. The terms for Bob Blaschka, Judy Box, and Pat Hines will be completed in June, and the election will be held at the annual meeting on Monday, June 14.

There are three candidates who have expressed interest in becoming directors. If there are more candidates interested, they should contact Barbara Blum, 947-1394, by Monday, March 29, to allow time for candidate statements to be prepared by Monday, April 5. Candidates for the board must be members in good standing and residents of Walnut Creek Mutual 68. Co-owners of units may not serve on the board at the same time. “Member” means the record owner (a person who holds legal title to the property).

The board meets the fourth Monday of each month in the Board Room at Gateway. Each director serves for a two-year term and is involved in making important decisions affecting all residents of the Mutual.

Mutual 68 will be hosting a meet-the-candidates event in the Fireside Room on Monday, May 3. The Mutual 68 annual meeting and election will be on Monday, June 14, in the Fireside Room, Gateway Clubhouse.

PUT PEDESTRIANS FIRST:

Pedestrian safety is a serious issue, especially in a senior community where many residents need extra time to cross the street. One in six traffic fatalities is a pedestrian. Always drive cautiously when pedestrians are near because they may cross your path. The law also requires that drivers put pedestrians first. You can be cited for not obeying the following rules of the road, but worse, you put the lives of others in danger.

Watch Fun Day entertainment on Channel 28.
The following incidents were reported to the police department. They appear here as they were initially reported to the police department. After investigation, details of a case may indicate a lesser or different incident description. If you wish to report an incident, please contact the police department. The person was told to stop. The eight-hour course is broken up into two sessions.

The AARP Driver Safety Program classes are offered in Rossmoor to help residents refresh their skills as well as to help them learn the latest laws when it comes to the road.

After taking the course, many residents are eligible to receive discounts on their car insurance rates. It is advised that residents call their own insurance carriers to find out about AARP discount rates.

The next refresher course will be offered Tuesday, May 5, from 8 a.m. to 12:30 p.m. Classes are taught in Multi-purpose Room 3 at Gateway. The cost of the class is $12 for AARP members and $14 for nonmembers. Residents must sign up in person at the Excursion Desk in the Recreational Department at Gateway. For information, call Juliet Lee at 988-7766.

AARP classes in driver safety offered Refresher courses are also on the schedule

The following incidents were reported to Securitas, Rossmoor’s security service provider. They appear here as they were initially reported to Securitas. After investigation, details of a case may indicate a lesser or different incident description. If the case warrants it, the News will do a follow-up story.

Saturday, Feb. 27
Public service: At about 11 a.m., a pick-up truck carrying a couch was turned back at the Mutual Operations Department (MOD).

Sunday, Feb. 28
Noise: A Tice Creek, Entry 12, resident reported at about 5:45 p.m. that someone was using power tools in the entry. The person was told to stop.
Noise: An Avenida Sevilla, Entry 2, resident reported at about 6:50 p.m. that contractors were working after hours. The cleaners were being moved out.

Wednesday, Feb. 24
Resident regulations: A Rossmoor Parkway, Entry 1, resident reported at about 6:45 p.m. that carpet cleaners were working after hours. The person was told to stop.

Thursday, Feb. 25
Resident regulations: A Rossmoor Parkway, Entry 2, resident reported at about 5:45 p.m. that someone was being moved out.
ROSSMOOR NEWS • MARCH 10, 2010

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ROSSMOOR MEETINGS

GOLDEN RAIN FOUNDATION AND MUTUALS

BOARD, MUTUAL AND COMMITTEE MEETING DATES

All Golden Rain Foundation, Mutual and committee meetings listed here are open to Rossmoor residents. Meeting times and locations are subject to change. For information in GRF Board meetings, call Senior Manager of Executive Services Paulette Jones at 988-7711; for information on Third Mutual meetings, call Mary Burr at 988-7718; and for information on all other Mutual meetings, call Dyann Paradise at 988-7775.

March 11: Aquatics Advisory Committee
1:30 p.m.
Board Room, Gateway

March 15: Mutual 29 annual meeting
9:30 a.m.
Multipurpose Room 3

March 15: Fourth Mutual board
1:30 p.m.
Board Room, Gateway

March 17: Long-Range Planning Task Force
2 p.m.
Board Room, Gateway

March 18: Second Mutual board
9 a.m.
Peacock Hall, Gateway

March 18: Fifth Mutual finance and budget
9:30 a.m.
Ivy Room, Dollar

March 18: Fifth Mutual board
2 p.m.
Board Room, Gateway

March 22: Mutual 68 board
1 p.m.
Board Room, Gateway

March 23: GRF Finance Committee
1:30 p.m.
Board Room, Gateway

March 23: Mutual 61 board
3 p.m.
Vista Room, Hillside

March 24: First Mutual budget and finance
11 a.m.
Board Room, Gateway

March 25: GRF Board regular meeting
9 a.m.
Peacock Room, Gateway

March 26: First Mutual board
1 p.m.
Delta Room, Del Valle

Agendas for Mutual board meetings will be posted in the Gateway administration lobby four days prior to the meeting.

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EBMUD director speaks at next Democrats meeting

The Rossmoor Democrats will meet Thursday, March 25, in the Diablo Room at Hillside. The speaker is John Coleman, East Bay Municipal Utility District (EBMUD) director. Refreshments will be served at 7 p.m., and the program will begin at 7:30.

Coleman was first elected to the EBMUD board in 1990. He represents Ward 2, which includes Walnut Creek.

He is a past president of the Lafayette Chamber of Commerce. He has worked for many water- and natural resource-related organizations, including the boards of the Contra Costa Council, the WaterUse Association and the Bay Area Leadership Foundation. Everyone is welcome to attend and ask questions of Coleman, who is well versed in pressing water-related topics, including rates, supply and rationing.

Lions need used hearing aids

The Lions Club, in addition to collecting used eyeglasses for those with vision problems, also accepts used hearing aids for the hearing impaired. Any used hearing aids can be placed in the Lions receptacle boxes located at Gateway Clubhouse, the Rossmoor Library, the Diablo Room at Hillside Clubhouse, the Jewish Community Center, and at Tice Valley Optical in Rossmoor Shopping Center.

Lions John Takeuchi and Harry Lowell collect the donated hearing aids, which are then sent to the Hearing Foundation of California and Nevada. The Hearing Foundation serves as a Lions center for reconditioning and distribution of hearing aids to those applicants who are unable to afford new ones and are not eligible for any government assisted programs.

Those who wish to receive a receipt for a donated hearing aid may put their name and address on the envelope containing the donated item.

For information or questions about this Lions Club service, call Barbara Betzner at 935-5407.

Developer Prepares to Build Another Mutual in 1970

Developer Prepares to Build Another Mutual in 1970

40 YEARS AGO THIS WEEK

Developer Prepares to Build Another Mutual in 1970

By John Nutley, Rossmoor historian

There was lots of news about clubs and activities in the Feb. 26, 1970 Rossmoor News. The Barbershoppers announced new officers, the Activities Council recalled a president, the Washington State Club celebrated Washington's birthday with 65 members and the International Club had a Hungarian dinner.

There was a plea from the bus drivers, “Please keep your seats until the bus has stopped.” Even if the riders know what they are doing, the driver does not. Those riders need to stay seated and ring the bell for their stop.

There was new construction beginning at the intersection of Pine Knoll Drive and Oakmont Way. Rossmoor’s developer, Terra California, was preparing the ground for Mutual 25, a condominium Mutual of six townhouses, which were expected to sell quickly because of the great view.

Simon’s Walnut Creek Hardware (where the Cheesecake Factory is now located) reopened with a wider selection of items for the home and garden. In a double-page ad, there were coupons for special bargains. An electric vacuum was priced at $18; a 21-inch luggage bag was available for $5.95; men’s knit shirts were $3; and women’s blouses were $4.88.

A new group organized the Rossmoor Civic Affairs Council at Dollar Clubhouse. The purpose was to “Uphold Rossmoor and its development in all phases and thus make it a more viable community.” The group hoped to work with the Golden Rain Foundation and Mutual directors in a cooperative manner for the betterment of the stockholders. They also planned to be active in the development of Walnut Creek.

In the Administrator’s Corner, John A. Jerman wrote about the Mutual elections. New directors were needed for First Mutual, Mutuals 10, 11, 13, 14, 15 and 16. Elections were to be held in March and April. The residents of these Mutuals would receive the proper forms. The staff was busy preparing the necessary materials. With the election, the membership in the Joint Mutual Boards would grow from 17 to 29 directors. This will create a problem on how to accommodate all and allow for adequate participation and individual comment. The creation of four new Mutual would increase the GRT Board by four. Residents voted for their choices for directors and attended the annual meeting to lend their support to the community.

The Joint Mutual Boards met and directed the administrator to inspect verandas with outdoor carpets. The sub-flooring needed to be inspected for rot. The Golden Rain Foundation Board took several actions regarding the medical clinic and the Blue Shield Plan at its February meeting. These actions would speed the process of construction and staff development.

The Shafferboard Club wanted roofing over the court to make them usable every day of the year and at all hours. The courts are no longer in Rossmoor. They were turned into the back parking lot at Gateway.
**GOOD DECISION ON POOL TEMP**

Bravo to the GRF Board for its courageous decision (as it always does) to close the pools. That’s why a pool is for, I could never understand why a small handful of “boobers” could dictate both temperature and access to a facility supposedly available to all.

Now that we have our pool back, I need to find where I put my Speedo!

Peter Alexander
Oakmont Drive

**WHY NO GROCERY CARTS ON THE BUS?**

In the late morning of March 1, 2010, I tried to board the 11:39 Blue Line bus on Ptarmigan Drive. I took a small foldable grocery cart with me because I had not shopped for awhile due to my busy schedule. I handed the driver a very rudely yelled at me: “No metals!” I asked him what that meant. He talked through a phone for a few seconds and yelled again, “No Metals!” Then he abruptly closed the bus door in front of my face and drove away.

I suppose that “no metals” means no grocery carts, because I did see people who brought their walkers on the bus. Since I needed to walk a long distance (about 10 minutes) from my condo to the bus stop, I do need a grocery cart to carry the heavy load of groceries.

My bus rides in general have been very pleasant. The bus operators are courteous and considerate to the senior riders of Rossmoor. This experience was a shocker, a disappointment.

Kathy Polhemus
Oakmont Drive

**A DIFFERENT VIEW OF THE SURVEY RESULTS**

Three out of four residents express satisfaction with GRF’s service and amenities.

Lou Ann Berardi
Oakmont Drive
Rose Michaels
Terra California Drive

**THE PROBLEM OF USING NON-LICENSED ELECTRICIANS**

In 2007, when I moved into a co-op, I had a home inspection kept by an original owner on the “upgrade” work. Soon after moving in, there were problems with the electricity. The fuse box was “tripping” regularly. An electrician came out, checked everything, and found there had been a fire in the bedroom light switch circuit. He checked other switches and outlets and did repairs of wiring and upgraded the kitchen and bathroom outlets.

The “tripping” started to occur again, so the electrician returned. The culprit was a hallway ceiling light. It had been installed as an “upgrade” by the previous owners. The electrician said there had actually been a fire in the ceiling where the wires had been incorrectly attached to the wood. The charge was $85. I believe the electrical fixtures were installed as part of the original installation. I had not been an “original Mutual installation” or approved upgrade.

We were frightened about the rest of the “unapproved upgrades,” which include entry, dining-room and porch lights. The Mutual says it is not responsible. My insurance says it is not covered. I looked through receipts from the previous owners. They show many electrical purchases but no electrician bill. I believe the electrical fixtures were not installed properly. I believe the fixture does not have the proper wiring and that it should be funded on an uniform basis and fair adjustments to the prevailing subsidies are appropriate.

Lou Swithenbank
Skycrest Drive

**LETTER WAS HATEFUL**

When I moved to Rossmoor, I saw it as a peaceful place, where people were respectful of people’s religion or lack of religion, etc. Reading the letter by Beverly Meyer, “Middle East Concerns,” in the Feb. 24 News, I see that this is not true. I wonder how such a letter could be printed in the Rossmoor News. Is there no editor who reads the letters before they are published?

Beverly Meyer’s seems to think it is OK to be anti-Israel, anti-Islam and anti-Jewish. What does she mean by “the background of movers and shakers in the media...nothing but old fashioned anti-Semitism.” Believe it or not, there are also people who are Muslim who live in Rossmoor. Should they have to read her prejudiced trash?

I suggest getting a new editor for the Residents Forum. Hate has no place in Rossmoor, especially in its paper.

David Zurlin
Tice Creek Drive
Progressive View

I Pledge Aversion to the United Corporation of America

By Robert Havlan

CORPORATION: n. An ingenious device for imposing upon the ignorant.

W e all remember President Dwight Eisenhower's warning about the Military-Industrial Complex, but here is another more obscure threat that I'd like to point to you. This personal hero Thomas Jefferson: "I hope we shall ... crush in its birth the aristocracy of our moneyed corporation which dare already to challenge the government to a trial of strength and to bid defiance to the laws of our country.

"It took 200 years, but it looks like they've done it. Need we look any further than Blackwater, the most egregious examples of crony capitalism extant, riddled only by Halliburton, the personal project of our past chief executive, Dick Cheney (no, not a typo).

"Treating corporate spending as First Amendment equivalent of free speech is to confuse meta-

phor with reality." Quotation from Chief Justice William Rehnquist, one of the most conservative justices in our history. Perhaps if the right-wing majorities in our Supreme Court had read the above quotations they might not have reached the decision to remove all restrictions on corporate campaign spending. Not likely, but my naive hope for rational thinking from the right-wing seems fruitless.

The recent decision in Citizens United vs. Fed- eral Elections Commission largely eviscerates our Republican representative form of government, and elevates corporatocracy and plutocracy. In his 90-page dissent, Justice John Paul Stevens said "Corpo-

rations are not members of our society. They cannot vote." Good thought Mr. Justice, but they can buy votes of others.

The straw man image leaps to mind. Our future Congress will be filled with former corporate of-

ficers and lobbyists chosen by, financed, and beholden to corporate interests. But wait! Isn't it largely that now?

It frightens me to imagine the senator from Exx-

on blocking legislation development by controlling our TV sources; Goldman Sachs' senator shutting down the Security Exchange Commission; Koch Industries closing down the Environmental Protection Agency; you know the scene. In the presence of A ra-

bian American Oil Company (Aramco, historically corrupt); Bin Laden Construction Company (the largest Arab construction company); United Bank of Iceland (innocent until recently through a gigantic fraud); Koch Industries (the largest privately held company in America) beholden only to the rabidly right-wing brothers who are sole owners.

Any of the preceding companies could become, if not already, U.S. corporations. Does anyone doubt that they would incorporate offshore to avoid any taxes? From 1990 to 2009, foreign ownership of U.S. companies has more than tripled and profits now exceed $2 trillion. Do you suppose that the 2,000 or so attendees at the recent financial conference at Davos, Switzerland, might have some influence on our economic policies?

Reaction to Boomer Buzz: What's Cooking?

By Tom Doug Hergert, Rossomoon's Baby Boomer columnist, covers an interesting array of topics, but it's hard to miss his focus on food, and especially reci-

pes for various exotic fare.

A few weeks ago I talked about Roger Simon's "Julie Maigret." One would think that the clever Parisian chief superintendent of police had little to do with food, except to eat it. But Hergert reveals an addendum to "Julie Maigret" who apar-

ently winds up most dinners with rice pudding. (Dregression: Native Japanese consider rice pudding an obsession; as one of my Japanese students not-

ed after tasting rice pudding: "Would why anyone waste rice this way?")

However, Hergert says that Madame Maigret does a great job with couq-au-vin and explains that the se-

cret of her success is that she adds "a little Alsatian plum brandy." He then specifies what you need to match Madame Maigret's couq-au-vin, and happily notes that you can get all the ingredients at our local Safeway (probably thanks to TABS, which has done so-

me good). As a matter of fact, I was so pleased with my discovery that I con-

tacted the Jell-O Company and suggested that either Jell-O responded. They weren't happy about my first attempt at creating a pie was a result of stupidity; however, later on in life (much later) I came upon a revelation that can best be described as dumb luck. I'm going to tell you about the absolutely best way to make any kind of gelatin, whether it's Jell-O, My-T-Fine, or whatever. This is on the level, and it works.

The first, the chocolate cream pie. My sister Peggy and I, pre-teen adventurers, decided we'd surprise our mother by creating the pie. We felt that any one who could read could follow a recipe. We got a neighbor of my mother's to prepare the crust for us, and we had to prepare the chocolate concec-

tion. The recipe said: "Melt a large dark chocolate bar over boiling water." Then we got a pot of water, brought it to the boiling point, and with a pair of tongs heated up, we decided to put on winter gloves.

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Today I made the Jell-O. The directions said to add one cup of boiling water to the gelatin mix and then add one cup of cold water after two minutes. However, I mistakenly added two cups of cold water, realized I had, and was miffed that I had wasted two cups of water. (Of course, I learned that what would result from the mess I created. Of course, I had doubled the number of Jell-O servings and as-

sumed these would have virtually no taste, assum-

ing they even gelled.

Incredibly, the results were stunning. If you're a Jell-O lover, you know that after a day or so the Jell-

O won't insult you by telling you how this is done.)

Now I don't do recipes, and many of the books I read unfortunately treat food as something that absorbs a good deal of liquor and lessens the need for excessive visits to the toilet. So, I have no inten-

tion of attempting to have Hergert and me become the male Julie and I, pre-teen adventurers, decided we'd surprise our mother by creating the pie. We felt that any one who could read could follow a recipe. We got a neighbor of my mother's to prepare the crust for us, and we had to prepare the chocolate concec-
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and continue holding the bar over the boiling water. Definitely boring. Eventually, we were so bored that we dropped the bar into the boiling water and waited for it to melt. It did. We wound up with chocolate water which we decided to use. After it was fro-

zen, we put it in the pie crust, put this mess in the oven, crossed our fingers, and baked our pie. The re-

sult was disgusting. We threw it out and only later learned how to heat a chocolate bar over hot water. (I won't insult you by telling you how this is done.)

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Easter is theme for Cotillion Dancers

The Cotillion Dinner Dancers will have its “Easter Page” dinner dance on Friday, April 2, at Hillside. The Easter decorations will be created by Barbara Currier.

The evening will begin at 6 with a hosted bar under the leadership of Lyle Morton and his helpers. Hot hors d’oeuvres of Florentine-stuffed mushrooms, meatballs, and hot crab and shrimp on crostini will be passed.

Dinner, by Sunrise Catering, will be served at 7. There is a choice of braised lamb shanks or salmon with lemon butter and caper sauce. The menu will also include spinach salad, mashed potatoes, asparagus, fresh baked rolls and coconut cream cake. Red and white wine will be on the tables as well as biscotti, coffee and tea.

The very popular Manny Gutierrez Quartet will provide the music for listening and dancing.

The appropriate dress for the evening is “party attire” for women and jacket and tie for men.

The cost is $64 for a member couple and $74 for a guest couple. Guest couples may attend when invited by a member couple and may attend one dance during the calendar year, if space is available. Guest couples are eligible to fill out a membership application if they have attended one previous dance. For membership information, call Pam Lee at 932-2323.

There have been some changes in the procedure for making reservations. Member reservations will be accepted beginning Friday, March 12. Reservations received after Friday, March 19, will be accepted on a space-available basis. Guest reservations will be accepted after March 19, if space is available.

Those members who wish to sit together at a table must mail their checks together in the same envelope and a table will be assigned as to the postmark on the envelope. Table assignments will be posted on a list. Reservation checks must be received by Friday, March 26. There will be no refunds after Monday, March 29. Mail reservation checks with entrée choice noted to Ced Ferrett at 3466 Race Creek Drive No. 1.

If unable to attend, paid-for meals may be picked up the night of the dance by calling Geri May at 906-0793 to make arrangements.

Cабaret show features dinner and singing waiters

Ashmolean Singers perform

Rossmoor will offer its own version of the famous Andrews Sisters when nine women from the Ashmolean Singers present “Boogie Woogie Bugle Boy” as part of the program for the Cabaret Show being sponsored by the Recreation Department on Saturday, March 27.

Musical numbers by the Ashmoleans will intersperse the various courses of the lavish Italian banquet to be prepared by Hamilton Catering and served by the “singing waiters.”

Tickets for the four-course meal, which includes complimentary wine, are available for $25 each at the Excursion Desk at Gateway Clubhouse. A limited number of tickets will be sold for this event.

The event will start with a social hour at 5:30 p.m. followed by dinner served at tables decorated with an Italian motif. The first course of antipasti selections will be highlighted with several vocal selections, including numbers from “Cabaret” and “Mane.” In addition to serving the salad course, Ashmoleans will take the stage for a couple of operatic numbers in a comedy vein and two torch songs by Bertha Messina and Dee Wood.

The main course will feature the song made famous by Susan Boyle, the Scottish singer, “I Dreamed a Dream” from “Les Misérables,” sung by one of Ashmoleans’ newest member, Jacquie Ewing.

As the evening progresses, all of the members of the Ashmoleans will set aside their aprons and take the stage for some famous choruses from Broadway shows, including the Birdies, “Ascent of the Pink Lady” from “My Fair Lady.” One of the most sensitive songs will be by the women ensemble performing “One Hand, One Heart” from Leonard Bernstein’s “West Side Story.”

While enjoying dessert of tiramisu cheesecake and coffee, the dinner audience will hear a medley of “Richard Rodgers in Concert.”

This will be the second annual cabaret show presented by the Ashmolean Singers, under the direction of Gordon Addison, in cooperation with the Recreation Department.

For information about the show, call Addison at 256-1243.

Marlon Green returns to Fun Day Bay Area native a favorite at Rossmoor

Marlon Green and his band Us3 return to perform at Fun Day on Thursday, March 11, at noon in the Sierra Room at Del Valle Clubhouse.

Green is a native Californian. He first became interested in the rhythms of marching bands when he was a young boy. He initially began to study the saxophone and then began to concentrate wholly on playing the drums.

Over the past 25 years, Green has contributed his skills and enthusiasm to many major Bay Area rhythm and blues, jazz, and gospel groups, and he has toured with many talented entertainers throughout the United States, Canada, and Japan.

Café Mocha will offer a wide variety of food items for sale prior to the show, such as hot dogs, sandwiches, salads, doughnuts, cookies and more. Stay after the show and play bingo for the benefit of Friends of Meals on Wheels from 1 to 2:30 p.m.

There is a small fee to play bingo.

Marlon Green will perform for Fun Day Thursday.

Local tenor sings opera and more at Lesher Center

Celebrated young Danville tenor, George Komsky, is returning home from Hollywood to perform a live solo concert for the first time before a hometown audience on Friday, March 19, at 8 p.m. at the Lesher Center for the Arts in Walnut Creek.

“George Komsky Live in Concert” presents a night of opera, pop opera, Neapolitan classics and musical surprises. A portion of the proceeds from the show will be donated to the Wheelchair Foundation, an organization dedicated to providing wheelchairs for those without mobility and without the means to afford it.

At an early age, Komsky was moved by the beauty of the Bel Canto singing style immortalized by Luciano Pavarotti, Placido Domingo, and Tito Schipa. He started his vocal training at age 11 after his grandfather Leo, of Continued on page 20
By Gene Gordon

The Rossmoor Shakespeare Society will present a talk by John Butterfield, actor, director, and teacher, on Thursday, March 11, at 7 p.m. in Dollar Clubhouse.


He is also founder and artistic director of the Butterfield 8 Theatre Company. Members of the Shakespeare Society have passed many enjoyable afternoons at the storefront theater in Concord enjoying a play that Butterfield 8 is "...one of the most underplayed gems in Contra Costa County."

Under the direction of David Morales, the Cantare Chorale, 117 singers strong, with full orchestra and voices of James Brahms' Requiem. The concert will be performed on Saturday, March 20, at 7:30 p.m. at Walnut Creek Presbyterian Church, 1801 Lacassie (off Calif. Walnut Creek). Joining the Chorale will be soloists Candace Johnson, soprano, and Jere Torkelsen, bass.

Using texts from the Hebrew and Christian testimonies and the Apocrypha, Brahms' lyric melodies and rich harmonic speech, words of 3rd-2nd century prayers and the ancient poet's poetry to heal. To bring contemporary relevance to Brahms' universal themes of life and purpose, seven outstanding young creative writers from the Martin Luther King Jr. Freedom Center in Oakland will offer their 21st century urban perspective on loss, death, hope and joy, interspersed between the movements of this magnificent masterwork.

Johnson, lyric coloratura soprano, has performed numerous lead roles, including Puccini's 'Suor Angelica' and Mozart's 'Nozze di Figaro.' She was a finalist in the National Leontyne Price Competition and has studied with Shirley Verrett and Grace Bumbry, among others.

A member of the San Francisco Opera Chorus since 1987, Torkelsen has performed solo roles in numerous operas including 'Madama Butterfly,' and 'The Marriage of Figaro,' and "The Tales of Hoffmann," as well as soloing in the Verdi and Mozart Requiems.

Tickets are $40 general, $35 senior and $10 youth. Advance purchase of tickets is recommended by going online to www.cantareconcerts.org, or by calling the Cantare office at (510) 836-3700.
Marilyn Straka gives a slide presentation on America's national parks

Marilyn Straka will give a slide show presentation on America’s national parks on Monday, March 15, at 1 p.m. in Peacock Hall at Gateway.

The development of the national park system is an idea as uniquely American as the Declaration of Independence and just as radical: that the most special places in the nation should be preserved, not for royalty or the rich, but for everyone. This program will follow the birth of the national park idea in the mid-1800s and follow its evolution for nearly 150 years.

This free program is sponsored by the Recreation Department and is open to all residents and their guests.

Meet the author at Mystery Book Club program March 19
Rossmoor resident Shirley Allen

A new mystery novel by Shirley Allen will be the focus of the Mystery Readers Book Club meeting on Friday, March 19, from 11 a.m. to 2 p.m at Dollar Clubhouse.

The meeting will be a celebration of the publication of “Academic Body,” a mystery taking place in a college community in Maine. The author, Shirley Allen, will discuss her book and talk about her writing process. She is the author of another novel, “Roxanna Britton,” recently read by two Rossmoor book clubs. She began writing fiction after retiring from the University of Connecticut where she was a professor English literature. Her main contribution to scholarship was a book on Shakespearean stage history, published by the Wesleyan University Press.

The Mystery Readers Book Club will have its regular meeting on Monday, March 15. All are welcome to this special event to celebrate with Allen. It is not necessary to be a member of the book club to attend, but call Allen at 952-9702 to make a reservation.

Miss the News? If your Rossmoor News was not delivered on Wednesday, call 988-7800 between 8 a.m. and noon on Thursday to get a replacement copy.

How Will You Keep Your Memories Alive For Your Family After You're Gone?

Online Legacy allows you to create and preserve your stories in your words, your voice, and your images. Online Legacy offers simple privacy that you control. A legacy is proof that you lived, and a gift to future generations.

Several Rossmoor residents have joined the Oakland Symphony Chorus because of their desire to sing great classic pieces in some distinguished venues. Some include Marsha Wehrenberg and Don O’Neill, who also sing with Rosemoor's Ashmolean Singers, as well as Charmaine Ferrera, a Walnut Creek resident who sings with the Ashmolean Singers.

The chorus will present a number of spring programs that may be of interest to Rossmoor residents. The first is on Saturday, March 13, at 7:30 p.m. at the Cathedral of Christ the Light when the chorus sings the Bach B Minor Mass.

The cathedral is located at 2121 Harrison St, corner of Grand Avenue, Oakland. Parking is available in the garage under the cathedral off Grand Avenue. Admission to the concert is free. At 6:30 there will be a docent-led tour of the cathedral for a $5 charge.

There will be an Easter Sing-Along Messiah on Sunday, March 28, at 3 p.m. at the Montclair Presbyterian Church located at 5701 Thornhill Drive, Oakland. There is a $10 admission charge. Messiah scores will be available. A reception follows in the church hall.

From Highway 24, take the Grand Avenue exit and stop toward Hayward, exiting at the Moraga Avenue exit.

The third program will be a Discovery Day Workshop on Saturday, April 17, from 10 a.m. until 2 p.m. with Oakland East Bay Symphony Conductor Michael Morgan lecturing on Beethoven’s Ninth Symphony. A light breakfast and snacks are included. The cost is $25 in advance online and $30 at the door.

The location is St. Peter’s Episcopal Church, 6013 Lawton Ave, at Broadway Oakland. Take the Broadway exit from Highway 24, travel about four blocks south on Broadway and make a left turn on Lawton.

To end the season, the Oakland Symphony Chorus with the Oakland East Bay Symphony will perform Beethoven’s Ninth Symphony. This concert will be presented both on Thursday, May 14, at 8 p.m. and Sunday, May 16, at 2 p.m. at the Paramount Theater, 2025 Broadway between 20th and 21st streets.

Tickets are available through Ticketmaster, 800-745-3000.

BART would be a good way to get to the Paramount. Disembark at the 19th Street Station and take the 20th street exit and there is a half block walk to the Paramour. If driving, take the Grand Avenue exit from the freeway and turn right on Broadway. There is a garage on 21st between Broadway and Telegraph.

The Oakland Symphony Chorus was founded in 1958 and consists of 100-plus singers from throughout the Bay Area. Its director is Dr. Lynne Morrow who is also music director of the Pacific Mozart Ensemble and teaches at Sonoma State University, directing the vocal and opera/music theater programs.

Rossmoor residents, their families and friends are welcome to come and participate in the workshops. Those wishing to join the chorus are welcome to audition. For information, go to the Web site at www.oaklandsymphonychorus.org or call 510-207-4093.

Opera/Ballet presents Diablo Ballet’s co-founder at March program

The Opera/Ballet Club of Rossmoor will present a talk by Lauren Jonas, co-founder and artistic director of Diablo Ballet, on Wednesday, March 24, at 10 a.m. in the Las Trampas Room of Hillside Clubhouse.

Jonas trained at Marin Ballet under Maria Yegh and Margaret Swarthout before later studying under Sally Streets. She performed with the Milwaukee Ballet, the Oakland Ballet and the Southwest Ballet. Her repertoire included a wide range of dances.

She toured the United States with the Moscow Ballet, directed by Bolshoi Ballet’s Vaslav Gordeyev. She represented the U.S. at Expo ’86 in Vancouver, Canada, and danced in a PBS film documentary about Isadora Duncan.

Jonas was honored with the 1998 Contra Costa County Woman of Achievement Award for the Arts and the 2000 Arts and Culture Commission Award of Contra Costa County.

New members are welcome and will be introduced as refreshments are served. The April/May/June newsletter will be distributed to members. Nonmembers can attend for $5. If someone joins the club at the meeting, however, the $5 fee will be applied to the $10 yearly dues. All Rossmoor residents and their guests are welcome to attend.

Marilyn Straka will give a slide show presentation on America’s national parks on Monday, March 15, at 1 p.m. in Peacock Hall at Gateway.

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Ballroom Dance Club holds spring-themed dance this month

In celebration of spring, the Ballroom Dance Club’s dance theme is “Passion of Spring.” The dance will be held on Saturday, March 20, in the Sierra Room at Del Valle Clubhouse from 7 to 10 p.m. Music will be provided by disc jockey Dan Foley.

Admission is $5 per couple for members and $15 per couple for nonmembers. Nonmembers must be guests of members.

The Ballroom Dance Club will again offer a free dance class for couples from 6 to 7, an hour before the dance begins. Instructors will be Jack and Shauna who will teach the cha-cha and rhumba, the night club two-step. Dance instructors and dance topics will vary from month to month. Suggestions are welcome.

Rossmoor residents who are beginner, intermediate or advanced dancers, are welcome to join the club. Club dances are every third Saturday of the month in the Sierra Room at Del Valle from 7 to 10 p.m. with free dance lessons from 6 to 7.

The club furnishes refreshments. Members are welcome to bring their own libations or snacks.

Dues are now payable for 2010. Send a check (no cash) for $35, made payable to Ballroom Dance Club, to Kaaren Havlan at 1317 Ptarmigan Drive, No. 6. Nonresident dues for 2010 are $45. Checks may also be turned in to the Ballroom Dance Club box at Gateway Clubhouse.

Couples who would like to perform an exhibition of their dance skills, for either dance classes or private lessons, should contact Bob or Kaaren Havlan at 937-3833.

The club’s contacts are President Bob Havlan, 937-3833; Vice Presidents Ron and Renee Grossman, 946-9572; Secretary Pat Brady 256-4245; and Treasurer Kaaren Havlan, 937-3833.

What’s Cooking? program offered once a month

Hazel Gentry, the retired chef and owner of the popular local catering company, Food With Love, and now a Rossmoor resident, volunteered to put together a program with the Recreation Department called What’s Cooking?

The monthly program includes a cooking demonstration, cooking hints and a tasting.

The next What’s Cooking?

Local tenor sings opera

Continued from page 18

Walnut Creek, took him to study with the local cantor at Temple Isaiah in Lafayette.

Years of vocal training followed, along with a place in Monte Vista High School’s Chamber Choir that traveled to Italy in 2001 to perform Verdi’s Requiem in St. Paul’s Basilica in Rome.


His Walnut Creek performance will be peppered with classics from “Barber of Seville,” “The Elixir of Love” and “Tosca.”

Tickets are $20 for seniors. For tickets, go to the Walnut Creek campus of Diablo Valley College’s Educator’s band.

San Francisco Jewish Folk Chorus will perform in Sierra Room

Sing along with the Jewish Folk Chorus of San Francisco on Sunday, March 14, at 4 p.m. in the Sierra Room at Del Valle. The program will feature beautiful, lively and nostalgic Yiddish music.

The chorus has been singing in Yiddish for 84 seasons. Some two dozen young and not-so-young singers bring the warmth of familiar songs from the “Old Country” and the “Goldene Medina.”

English translations as well as transliterations of the songs will be provided. The finale will be a sing-along.

This free concert is sponsored by the Recreation Department and is open to all residents and their guests.

The Dixieland Jazz Club will feature the Fog City Stompers Jazz Band on Wednesday, March 24, at 7:30 p.m. in the Sierra Room at Del Valle Clubhouse.

All Rossmoorians, dancers and listeners are invited. Soft drinks, mixers and snacks will be served. Guests may bring other beverages if desired. There will be several door prizes to be won during intermission.

Admission is $5 for members and $10 for nonmembers.

The club also announces a special performance on Tuesday, April 13, by the Ivory and Gold Trio who will be back in the Bay Area for the Monterey Jazz Festival. This event will be in the Fireside Room.

The Fog City Stompers is a seven-piece band formed in 1985, originally made up of musicians of nighttime dance bands. Currently the band plays great standards, which include arrangements of Bix Beiderbecke, as well as original compositions and new arrangements performed in the traditional Dixieland jazz style of the ‘20s and ‘30s. The band performs monthly at establishments around the Bay Area and at festivals.

Brian Cardello, tuba, picked up the trombone in the fifth grade after watching bands with his dad at Disneyland. He continued his musical career, playing at the Sacramento Jazz Club and with various other jazz clubs.

The Dixieland Jazz Club will feature the Fog City Stompers at March event

The Fog City Stompers will perform at the Dixieland Jazz Club event.

Roz Temple, piano, became interested in ragtime when playing with a Renaissance musical group in Europe in the late 1960s.

Pat Dutrow, banjo/guitar, first learned banjo from his father when he was just eight years old. In high school he started his own Dixieland band.

After high school he played in the Royal Society Jazz Orchestra for eight years.

Adam Roderick, drums/percussion, is another musician who started at the early age of eight, and has remained active in music in one way or another ever since.

There will be several door prizes to be won during intermission.

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The Fog City Stompers will perform at the Dixieland Jazz Club event.

Roz Temple, piano, became interested in ragtime when playing with a Renaissance musical group in Europe in the late 1960s.

Pat Dutrow, banjo/guitar, first learned banjo from his father when he was just eight years old. In high school he started his own Dixieland band.

After high school he played in the Royal Society Jazz Orchestra for eight years.

Adam Roderick, drums/percussion, is another musician who started at the early age of eight, and has remained active in music in one way or another ever since.

There will be several door prizes to be won during intermission.

Admission is $5 for members and $10 for nonmembers.

The club also announces a special performance on Tuesday, April 13, by the Ivory and Gold Trio who will be back in the Bay Area for the Monterey Jazz Festival. This event will be in the Fireside Room.

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The Dixieland Jazz Club will feature the Fog City Stompers at March event
Freethinkers Film Festival presents ‘The Truman Show’

The Freethinkers Film Festival continues in March with the acclaimed 1998 motion picture “The Truman Show.” Director Peter Weir’s intriguing film will be shown on Monday, March 22, at 10 a.m. in Peacock Hall at Gateway Clubhouse.

Truman Burbank learns, at age 30, that his entire existence has been a hoax. His picture-perfect suburb called Seabrook is not real, but a giant TV sound stage where every moment of his life has been televised. Every person in his life — even his wife, mother and father — is an actor directed by Christof, a “god” who oversees all with 5,000 costume cameras. Betrayed, Truman fights his way to truth and freedom.

Jim Carrey, in perhaps the greatest performance of his career, plays Truman. Laura Linney takes the part of his wife Meryl, and Ed Harris is Christof.

“The Truman Show” was shown two dozen awards and was nominated for Academy Awards in three categories including best director. It is 103 minutes long.

Saturday’s film feature is 2000 drama ‘The Contender’

The 2000 drama “The Contender,” starring Joan Allen and Jeff Bridges, will be shown in Peacock Hall at Gateway on Saturday, March 13, at 1, 4 and 7 p.m.

This film does not have a language captions feature.

Sen. Laine Hanson (Al- len) is nominated to be America’s first female vice president. Political power-house Gary Oldman seizes a 20-year-old sex scandal to discredit her. Hanson res- fuses to confirm or deny the accusation, sending Wash- ington, D.C., into a high stakes crisis.

The first-rate cast in- cludes Christian Slater and Sam Elliott.

This film is 127 minutes long and is rated R. This free program is sponsored by the Recreation Department and is open to all residents and their guests.

‘Pa-Ra-Da’ is foreign Film Fans Club feature

The Foreign Film Fans Club will present the extraordinary documentary “Pa-Ra-Da” twice this month: on Friday, March 15, and Tuesday, March 16, at 4 p.m. each day, in Peacock Hall at Gateway.

Due to the large enroll- ment this year and the Pea- cock Hall capacity, the same film will be shown twice each month.

Members with numbers one to 150 will view the film on the Friday night, March 15, and members with numbers above 150 will view the film the next day, Tuesday.

“Pa-Ra-Da” tells the true story of French-Algerian clown Miloud Oukili, found- ed in the ‘60s about Pa-Ra-Da. Miloud arrives in Romania in 1992 (three years after the fall of Ceausescu) and en- counters the street children of Bucharest, known as “bo- skettars.” The children live in the streets and sleep in the city’s sewers, making a liv- ing out of petty crime and begging.

Miloud sees promise in these much-neglected kids and hopes to shine some light in their lives, to help erase their tragic past often caused by drug addiction.

Although Miloud’s efforts are at first hampered by cor- rupt and prejudiced Roma- nian police officers, he eventu- ally succeeds in creating a real circus company with the boiskettars.

The children now perform in Bucharest’s main square and all over the world, proving that they are not outcasts but human beings.

“Pa-Ra-Da” is the first feature film of Award-win- ning Italian director Marco Pontecorvo. Descriptions of films shown in April (April film of the month and April film festival) will be in the April issues of the News.

All admission to films are by membership only.

There will be no money transactions at the entrance of Peacock Hall.

“Pa-Ra-Da” is 100 min- utes, is in Italian with some French and Romanian, with English subtitles.

MOVIES MOVIES MOVIES

EYE on DVDs

“This Is It”

By R.S. Korn

It had been 10 years since Michael Jackson’s last stage show, when, in April 2009, the process of putting together a new production starting him began at the Staples Center in Los Angeles. This scene was compiled of hours of footage that were shot from then until June 24, 2009, when everything was to be packed up and shipped to London where he was scheduled to perform. Instead, on June 25, he died.

The movie gives glimpses of various aspects of the show. Over 5,000 dancers arrive from all over the world to audition. From these hopefuls, only a few will make it as his back-up. After the initial eliminations, Jackson shows up to winnow the ticket, all of them taking their orders from “MJ,” as he is called.

The tickets for the 50 shows were sold out within the first hours of being put up and huge wait list existed. Jackson was preparing to give them not just his singing and dancing, but an experience beyond anything that had ever before been pos- sible.

The show would begin with flashing lights and the appear- ance of a gigantic robot. The front of the robot would open to reveal him within it. Thanks to technology, there would be 3D movies projected on a 100 foot by 30 foot LED screen. One was a thriller with Vincent Price where MJ would burst through a glass window onto the stage. Another was a Bogart film where MJ would face off with him. Still another was a zombie picture where they emerged from graves and he mate- rializes from under a gigantic black widow spider.

In “Earth Song” an innocent little girl wanders amidst a rich flower-filled world, that is then destroyed by a fire leav- ing nothing but skeletons of trees. This was how he conceived sending his ecological message that people must care for the planet, or our children would not have it.

Another act featured the King of Pop rising up on a crane, circling 30 feet above the audience as he sang. The end of the show envisioned the sense of a real airplane swooping in, land- ing on the stage. MJ would exit it coming down a ramp, then re-enter. The ramp would rise to close, the plane would seem to zoom off with him in it as he flew away, disappearing into the sky.

One of the bonus features of the DVD is a presentation by the costume designer. In the main film, MJ wears what appear to be his ordinary clothes, but the costumes designs were go- ing to match the over-the-top character of the rest of the show. One is studded with Swarovski crystals, not just where they are visible, but tucked into pockets and in the collar where only he would know they were there.

Another video project with Philips Electronics that featured a line of lights that could change color and fre- quency along the seam line on the outside of his trousers and jacket ending at the tips of his gloved fingers. The shoes were designed to match theme and material of each costume and in addition, had to have exactly the same interior as the dancing shoes he was used to.

It is almost impossible to reconcile the enormous energy he shows and his ability to focus rapt concentration on all the as- pects of the show with a man who was so drug dependent that he needed a physician present on a 24-hour basis. Would mate- rial on the other 97 ½ hours that were recorded have shown a different aspect of him? We’ll never know. What remains of all the footage is the extent to which only this tantaliz- ing glimpse of an extravaganza of what might have been.

Plantar Fasciitis, Bunions, Knee Pain, Hammertoes, or Heel Pain?

Come in to learn how our shoes, arch supports, and expertise can help you!

Edible Monrovia

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There will be no money transactions at the entrance of Peacock Hall.

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**Movies Movies Movies**

**Matt Damon stars in Thursday, Friday film ‘The Informant!’**

The 2009 drama “The Informant!,” starring Matt Damon, will be shown in Peacock Hall at Gateway on Thursday, March 11, at 7 p.m. and again on Friday, March 12, at 10 a.m., 1, 4 and 7 p.m. The showings at 10 and 1 will feature language captions.

While gathering evidence against his employer, ADM in Des Moines, Iowa, to testify against the mob, and their guests are welcome. The film is 111 minutes long. All Rossmoor residents and their guests are welcome.

**March Chinese movie is ‘Emperor’s Shadow’**

The March Chinese-American Association movie presentation is “The Emperor’s Shadow.” The movie will be shown at the Peacock Hall on Wednesday, March 17, at 7 p.m.

This movie is two hours and five minutes long. It is in Mandarin with English subtitles. Set in the third century BC China, this movie is an epic drama about China’s first emperor, 221 BC) who struggles to make his childhood best friend, now China’s greatest sculptor, succumb to his will and compose a grand anthem to his exploits. The movie proceeds to show how complicated things can be when the relationship between two men changes from one set of circumstances to another.

**A Serious Man’ to be shown by ORT**

ORT will present the comedy-drama, “A Serious Man,” Wednesday, March 17, at 4 p.m. in Peacock Hall at Gateway.

The film imaginatively explores questions of faith, familial responsibility, delinquent behavior, dental phenomena, academia, mortality and Judaism. The setting is 1967 midwestern America. Larry Gopnik is a neurotic accountant to L.A. on the heavy load. Larry is looking for some help. Can a few rabbis guide him to life’s answers?

**Midnight Run’ is Sunday’s comic film**

The 1988 comedy “Midnight Run,” starring Robert DeNiro and Charles Grodin, will be shown in Peacock Hall at Gateway on Sunday, March 14, at 4 and 7 p.m.

This film does not have an English language captions option. But the FBI is after the Duke to testify against the mob, and the mob has put out a hit on him. Can Walsh deliver the necessary accountant to L.A. on time?

**Classic Yiddish film shown at JCC**

The Yiddish Group of the JCC will be screening the classic Yiddish film, “YIDEL MITN FIDEL!” on Thursday, March 11, at 10 a.m. at the JCC. This classic Yiddish language musical comedy has been called the best Yiddish motion picture of all times. Molly Picon plays a shetl girl who, disguised as a boy, goes off with her father and a band of traveling musicians into the Polish countryside.

**Rossmoor News • March 10, 2010**

**ROSSMOOR NEWS • MARCH 10**
Drama Association is growing with classes
Will celebrate first-year anniversary March 25

By Bud Lembke
Club correspondent

The Drama Association of Rossmoor (DAOR) will observe its first year anniversary of its founding with a general meeting and showcase of all arts practitioners on Thursday, March 25, at 1 p.m. in the Fireside Room. Several scenes and monologues will be presented.

All members are invited. A variety of unusual bread and cheeses will be served, along with wine and soft drinks.

One of the gems of the DAOR organization is its academy, headed by DAOR acting chairwoman and artistic director Jean Wilcox. The academy’s spring session begins March 30.

Several scenes and monologues that they are working in progress on Tuesday, March 30, at 2 p.m. in Peacock Hall. There is no admission charge.

The class will offer scenes and monologues that they have been working on under the direction of Bob Lane. “Is Shakespeare dull and boring? Not in Bob’s class. Shakespeare unintelligible? Not with this group of actors. Shakespeare only for those steeped in the Bard’s 17th century tongue and knowledge? Not at all. The class has not only learned the basics of Shakespearean acting but had enormous fun in doing it,” Wilcox said.

The advanced acting class, taught by Fred Williams, will not be repeated in the immediate future since Williams is returning to Ireland. It is hoped he will teach again when he returns.

The academy’s spring session includes two new classes: one on scene study, taught by Jean Georgakopoulos, and “We Have Stories to Tell,” taught by Sharon Noteboom, who is new to the academy, headed by DAOR organization is its academy, headed by DAOR acting chairwoman and artistic director Jean Wilcox. The academy’s spring session begins March 30.

The volunteer should be familiar with sewing machines and willing to assist sewers in operating them.

Training is available to acquaint the new supervisors with the room and the regulations concerning the use of the sewing machines.

Residents who are interested in this position should stop by the Sewing Room at Hillside Clubhouse. For information, contact the Sewing Arts Club President Rosalyn Cannlera at 945-8613.

The Mystery Book Club will meet Monday, March 15, at 7 p.m. in the Ivy Room, which is on the ground floor of Dollar Clubhouse.

The author to be discussed is Tony Hillerman. His writing is noted for the cultural details he provides for the people he writes about, especially Navajo tribal police.

Attendees should plan to read one or more of his novels in order to participate in the discussion. However, everyone is welcome, even if they have not had an opportunity to do so.

The April author is Lawrence Block, best known for two long-running New York-set series, about the recovering alcoholic P.I. Matthew Scudder and gentleman burglar Bernie Rhodenburr.

The Mystery Book Club meets on the third Monday of each month. Membership is $5 per year. Members receive a membership roster and a list of authors discussed during the past seven years.

Residents interested in joining may contact Jean Howard at 954-7110 or Marilyn Rockwood at 705-7331, or simply come to a meeting.

Temples are open to new members and those who are interested in attending without having an opportunity to do so.

The Ballroom Dance Club is sponsoring a series of five one-hour classes featuring the night club two-step and cha-cha. The classes are open to all Rossmoor residents and guests and will be held in the Diablo Room at Hillside Clubhouse.

Instructor Alberta Bagnesschi, who has over 25 years of teaching experience, will demonstrate techniques to simplify both dances for beginners. She will be assisted by husband Adrian.

The beginner class will be held from 7 to 8 p.m. with the intermediate/advanced class to follow from 8 to 9.

The fee for Rossmoor residents for all five classes is $50 per couple, for one level and $84 per couple, for two levels. There is an additional fee of $5 for nonresidents.

For information, call Bagnesschi at 687-5270.

Sewing Club will hold fabric sale during Flea Market

The Sewing Arts Club will sell fabric during the annual Flea Market on Saturday, April 3, from 9 a.m. to 2 p.m. in the Sewing Studio at Gateway.

Members have been busy processing donated fabric of all sorts—quilts’ cotton, blends, wool and even the exotic.

Sale prices range from 50 cents a yard for blends, $1 a yard for cotton and $2 a yard for wool. The sale raises funds for various charitable causes.

The Knitters will also sell donated yarn, notions and needlecraft books during the sale. For information, call Theresa Kuo at 930-6637.

Tips for volunteers to serve as Sewing Center supervisors.

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**Parag Khanna to speak on “Where Does America Stand?” this month at Del Valle**

A presentation on “Where Does America Stand?” will be given in the Sierra Room at Del Valle Clubhouse on Thursday, March 25, at 7 p.m.

The speaker is author Parag Khanna, who will discuss America’s role in the world – from its perspective and from that of others.

Khanna is director of the Global Governance Initiative and a senior research fellow in the American Strategy Program at the New America Foundation.

He is author of the international bestseller “The Second World: Empires and Influence in the New Global Order,” which has been translated into over a dozen languages. In 2007, he was a senior geopolitical advisor to United States Special Operations Forces in Iraq and Afghanistan.

Prior to that, he was the global governance fellow at the Brookings Institution; and from 1999 to 2000, he was a research associate at the Council on Foreign Relations in New York.

Khanna holds a bachelor’s degree in international affairs and a minor in philosophy from the School of Foreign Service at Georgetown University, a master’s degree from Georgetown’s Security Studies Program, and is earning a doctorate in international relations at the London School of Economics. He also studied at the Freie Universität Berlin.

He has received grants from the United Nations Foundation, Smith Richardson Foundation, and Ford Foundation.

This program is sponsored by the International Club. Tickets are $8 at the door.

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**Creation of state of Israel is topic of Tuesday lecture**

The Contra Costa Jewish Community Center (JCC) will present “Harry Truman and Zion: the Creation of Israel” on Tuesday, March 16, at 10 a.m.

The presenter is Riva Gambert, director of the Israel Center, which is now the Bay Area chapter of StandWithUs, an international Israel education organization.

He helps organize counter-demonstrations in response to anti-Israel demonstrations in the Bay Area. He has appeared on numerous TV news reports as a spokesman for the pro-Israel side. He has written columns for the Jewish Chronicle and for the Marin Independent Journal.

Prior to his talk, there will be a short video of Muslim students disrupting a talk by Israeli Ambassador Michael Oren at UC Irvine.

MEICOR’s presentations are open to all Rossmoor residents and guests. There is never a charge for MEICOR’s programs, but all donations are gratefully accepted.

For information, call Stan Newman at 939-5168.

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**Stamp Club training session is this Saturday morning**

The Rossmoor Stamp Club, also known as the Rossmoor Philatelic Society, will hold its March training session on Saturday morning, March 13, from 9:30 to 11 in Multipurpose Room 3 at Gateway.

As usual, there will be club stamps and stamps from members’ collections to be traded and purchased at nominal cost. The Mt. Diablo Stamp Club has donated a large box of unsorted stamps. These are being sorted, and some will be available in addition to the treasure box of one-cent stamps.

The trading session is an opportunity to meet other collectors, and add to or dispose of stamps. Experienced collectors are available at the trading sessions to answer questions.

Anyone interested in joining the club may attend one of the club’s Saturday morning meetings. New members and new collectors are always welcome.

For information, call Rich Kirby, president, at 256-1317.

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**How to sculpt human head shown in video**

**Myths of Israel debunked by speaker**

The Ceramic Arts Club (CAC) will present the final video of the series, “The Art of Sculpting,” on Thursday, March 11, at 2 p.m. in Multipurpose Room 3 at Gateway.

Residents interested in learning to sculpt the human head are welcome.

The video features Philippe Faraut, a figurative artist. While traveling the world, he became interested in the differences in facial features between nationalities and began modeling the head in clay. Faraut now works from his studio in New York and specializes in life-size portrait sculptures in clay and marble.

The video is easily followed by the beginner and is of interest to experienced sculptors. Faraut has spent the past 25 years working in wood, stone, bronze, wax, porcelain and clay and he has spent more than 15 teaching sculpting classes throughout the U.S.

This series, which captivated its audience in January and February, will also be available to CAC members for private viewing in the future. For information about the series, contact Nancy Meaden or Annelise Smith Richard Foundation, and Ford Foundation. This program is sponsored by the International Club. Tickets are $8 at the door.

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30s/40s Club attends SF Symphony rehearsal

The 30s/40s Club will sponsor a trip to San Francisco to attend an open rehearsal of the San Francisco Symphony on Wednesday, April 21. The program will be “Bernard Labadie Conducts Mozart and Mendelssohn.” Marc-Andre Hamelin will be guest pianist.

The group will meet at Gate-Away parking lot at 7 a.m. and then car pool to Walnut Creek BART for the ride to San Francisco Civic Center. There will be a two-block walk from BART to Davies Hall, where the doors open at 8:30.

Coffee and free doughnuts will be available prior to an informative talk about the composers and their music. The rehearsal will begin at 9.

After the rehearsal, the group will walk approximately two blocks to lunch at the Blue Muse restaurant. (A prix fixe menu will be sent to participants at a later date.) After lunch, the group plans to return to Walnut Creek on BART.

The cost for both the rehearsal and lunch will be $25 per club member and $38 for each guest. Checks, payable to 30s/40s Club, should be sent to Dan Gonzalez at 3333 Terra Granada Drive No. 2A. Checks must be received no later than Monday, March 22.

For information, call Bertha Messina at 944-4877. In addition, on Tuesday, April 20, at 1 p.m. at Dollar Clubhouse, 30s/40s member Rosemarie Krovoza will give a casual talk on the symphony. Krovoza is a music educator, violinist, and past Symphony member, and she will answer questions about the instruments, the players, the arrangements of the orchestra, the role of the conductor, and more.

The 30s/40s Club is a married couples group for people born in the decades of the 1930s, 1940s, or 1950s. It is a social group whose purpose is for its members to meet others in the same age group with similar interests. To join, or for information about other club activities, contact Membership Chairwoman Janey King at 932-0727.

Camera Club seeks equipment

The Rossmoor Camera Club appreciates donations of camera equipment, such as film cameras, camcorders, slide cameras, lenses, tripods or other photographic paraphernalia. For pick up of items, call Walt Braun at 262-8268.

The club sells these items and uses the proceeds to upgrade its equipment, such as projectors for its well-attended educational evenings and competition nights.

TV Guide for Channel 28

The following programs are all scheduled to be broadcast this week. For information about programs on Channel 28, please call 930-8642.

<table>
<thead>
<tr>
<th>Thu 3-11</th>
<th>Fri 3-12</th>
<th>Sat 3-13</th>
<th>Sun 3-14</th>
<th>Mon 3-15</th>
<th>Tues 3-16</th>
<th>Wed 3-17</th>
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<tbody>
<tr>
<td>6 a.m.</td>
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<tr>
<td>7 a.m.</td>
<td>Skin Cancer</td>
<td>Molly’s</td>
<td>How to be</td>
<td>Ruth Bancroft</td>
<td>Duo Gadjo</td>
<td>Dean’s Celtic</td>
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<td>Justin Levitt</td>
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<td>Molly’s</td>
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<td>1 p.m.</td>
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<td>Duo Gadjo</td>
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<td>Skin Cancer</td>
<td>Dean’s Celtic</td>
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<td>Molly’s</td>
<td>Dean’s Celtic</td>
<td>Justin Levitt</td>
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<td>Justin Levitt</td>
<td>How to be</td>
<td>Duo Gadjo</td>
<td>Dean’s Celtic</td>
<td>Molly’s</td>
<td>Ruth Bancroft</td>
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<td>5 p.m.</td>
<td>Dean’s Celtic</td>
<td>Skin Cancer</td>
<td>Ruth Bancroft</td>
<td>Molly’s</td>
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<td>Duo Gadjo</td>
<td>Dean’s Celtic</td>
<td>Justin Levitt</td>
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<td>Molly’s</td>
<td>Skin Cancer</td>
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= Screened boxes indicate that programming continues into next half-hour time slot.

Rossmoor Community Channel 28

Programs running from March 11 through 17

Post It! is a community bulletin board that allows residents to view activities within Rossmoor, including trips, movies and club events. This program runs between other programs when possible.

Classic Arts Showcase includes video samples of animation, architecture, film, ballet, chamber and choral music, dance, folk art, museum art, musical theater, opera, orchestral, recital, solo instrumental, solo vocal and theatrical performances, as well as classic film and archival documentaries.

Fitness Fun. Exercise. 30 minutes. This program is scheduled every day at 9 a.m. The program changes daily to vary the exercises.

Golden Rain Foundation Mid-Month Meeting of March 9. The meeting includes a discussion of the GRF Mission Statement and a discussion regarding a promotional funding program. The Board’s mid-month meetings are held on the second Tuesday of each month. If the meeting runs longer than the time slot allows, all of the following programs will be adjusted.

Molly’s Revenge. Irish music. One hour, 10 minutes. Internationally acclaimed acoustic Celtic band, Molly’s Revenge, is known for its unique and infectious on-stage enthusiasm. Band members are Peter Haworth, bouzouki and mandolin; Mora Smiley, vocals; David Brewer, bagpipes and whistles; John Weed, fiddle; and Stuart Mason, guitar. This program consists of arrangements of jigs and reels with an arrangement of folk songs and traditional style tunes.

Skin Cancer: Epidemic on the Rise. Health program. 45 minutes. Jerome Pochtizin, M.D., discusses the increase of skin problems. As a dermatologist surgeon, he has been on the front lines fighting the battle against cancer. Pochtizin is not only a surgeon, but a teacher at University of San Francisco, author of numerous medical journals and physician at both John Muir and San Ramon Medical Centers.

Dean’s Celtic Guitar. Guitar music. One hour. Christopher Dean is an internationally acclaimed Celtic guitar-ist. He’s not only a gifted musician, but he tells engaging and humorous stories and weaves Celtic lore and history with his music. All three of his Celtic albums have sold worldwide and have rave reviews.

How to Be a Renegade Patient. Health program. One hour. Tedde Rinker, D.O., attended Michigan State graduating from the College of Osteopathic Medicine, and is board certified in neurology and psychiatry and also in anti-aging and regenerative medicine. Her primary interest has always been in mind-body connections. In this program she talks about the importance of being fully informed, and touches on fiction vs. fact.

Ruth Bancroft Gardens. Lecture/information. 40 minutes. Brian Kembel, the curator at the Ruth Bancroft Gardens in Walnut Creek, tells about the beginnings of this nationally acclaimed garden. Kembel has been involved from the early years, developing and working with Ruth Bancroft to create a place that offers an outstanding environment to view and learn about succulents (cactus) from all over the world.

Justin Levitt. Classical piano. One hour. Local pianist and self-taught musician, Justin Levitt, performs piano music. This includes songs such as “Villain Waltz in C,” “Bach Revisited” and “Classical Rag.” Levitt has been playing piano and composing for the past 15 years and has had three solo piano concerts featuring his own compositions in the Bay Area.

Duo Gadjo. Jazz music. One hour. Isabelle and Jeff Magidson is a French-American couple who offer the best of both cultures in musical form of jazz. They have spent the last 30 years performing throughout France and now are making the Bay Area their home. In this production they sing in both English and French and take song from the American Songbook.
The Prime Time Couples Dinner Club will hold its next dinner on Tuesday, March 16, at Dollar Clubhouse.

Bring your own beverage to the social hour, which is from 5:30 to 6:30 p.m. A variety of hors d’oeuvres will be served. Dinner will be served at 6:30 p.m.

Dinner by Hamilton Catering will include a green salad, corned beef, cabbage, potatoes, carrots, bread and grasshopper pie. Wine, coffee and tea will also be served with the meal. The cost is $18 per person for members and $19 per person for non-members.

Reservation checks must be received by Thursday, March 11. They can be dropped off at the club mailbox at Gateway. Or, they may be mailed to the club’s treasurer, Tom Mesetz, at 2312 Golden Road No. 1.

Seating will be determined by a random drawing to mix couples and promote maximum acquaintanceship.

Prime Time Couples is a social club for couples that meets the third Tuesday of every month for a catered dinner and conversation. There are member openings available.

For more information, contact Frank Briersly at 939-9213. Couples are invited to learn more about the club by coming as paying guests.

The Prime Time Couples Dinner Club will hold its next dinner on Tuesday, March 16, at Dollar Clubhouse. Happy hour will begin at 5 p.m. and dinner will be served at 6:30 p.m. Appertizers are welcome. Ruggie’s will cater the dinner, which will include corned beef and cabbage, boiled potatoes, green salad and rolls. Chocolate cake will be served for dessert. Hasherdish and mustard will be provided in those who wish.

The cost of the dinner is $14 for members and guests and is payable in advance at the luncheon or left a check in the Red Hat mailbox.

Saturday, March 13, in the Firehouse for the Red Hat luncheon on Hwy. 60 at 11:30 a.m. Sign up now to avoid census-taking scams.

The Federal Government, via the U.S. Census Bureau, has begun the process of taking the population every 10 years. This process is now underway with census workers identifying and gathering information on every person in the country.

The Census Bureau Web site is at www.census.gov. It says forms will be received by mail no later than April 30. The package will contain two items: the census form and a postage paid envelope. Completing the forms online is not possible.

It says forms must be returned by mail or fax. Tell everyone that the 10 questions take 10 minutes to answer, but there are 29 pages, including instructions that are lengthy, so be prepared to spend more time.

In a society that is increasingly cautious due to privacy intrusion, including by its government, some residents may ask whether all questions must be answered. The club’s examination of the bureau’s Web site did not find an answer or a penalty for not answering. However, one of the questions asked for a telephone number, suggesting that a call from the Census Bureau is a possibility, if a question is not answered.

What about the efforts of scammers posing as census workers to obtain personal information? It’s happening and seniors are unfortunately often victims.

Here is how to tell whether a person is a census worker. If one knocks at the door, the following credentials are required:

• The Census Bureau House Call Team member should have a badge; a Census Bureau canvas bag; and, a confidentiality notice. Ask to see a badge and the confidentiality notice.

Also, never let a census worker enter the home. Never answer any questions that aren’t on the census form, either.

Don’t give Social Security, bank or credit card information.

If you have questions or concerns about the census, you can call the Census Bureau at 1-800-977-7000.

Tip of the week

Google is a good place to find the latest news whether local, national or global. Click on www.google.com and when the site appears notice the list of services offered atop the site, such as images, videos, maps, news, shopping, email and much more.

News, for example, provides articles and locations to the screen and the news specific to those communities will appear as well.

Other matters of interest

• The club’s Web site is www.carisomoorcomputerclub.com.

• For free home pickup electronic waste, call 1-800-449-7878.

• The club house call team is looking for volunteers. These are people who enjoy solving members’ personal computer problems in their spare time. Call the office at 280-3984, if interested.

• The Computer Center telephone number is 947-4528.
## Calendar of Events

**THURSDAY, MARCH 11**

<table>
<thead>
<tr>
<th>TIME</th>
<th>EVENT</th>
<th>LOCATION</th>
<th>ORGANIZATION</th>
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<tbody>
<tr>
<td>6 a.m.</td>
<td>Strength Circuit</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>7 a.m.</td>
<td>Pilates Mat/Reformer</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>7:15 a.m.</td>
<td>Luk Tung Kuen Exercise</td>
<td>Diablo Rm., H</td>
<td>Luk Tung Kuen</td>
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<td>8 a.m.</td>
<td>Stretch/Strength</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<td>8 a.m.</td>
<td>Tax Aid</td>
<td>Diablo Rm., H</td>
<td>Rec. Dept.</td>
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<td>8:30 a.m.</td>
<td>Low Impact Dance</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>9 a.m.</td>
<td>Adv. Players</td>
<td>Table Tennis, H</td>
<td>Table Tennis Club</td>
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<tr>
<td>9 a.m.</td>
<td>Bible Study</td>
<td>Diablo Rm., H</td>
<td>Bible Study Group</td>
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<tr>
<td>9 a.m.</td>
<td>Open Workshop</td>
<td>Art Studio &amp; Back Rm. G</td>
<td>Art Association</td>
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<tr>
<td>9 a.m.</td>
<td>Stickers</td>
<td>Sewing Rm., G</td>
<td>Sewing Arts Club</td>
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<td>9 a.m.</td>
<td>Tennis Open Play</td>
<td>Tennis Courts</td>
<td>Rec. Dept.</td>
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<td>Gluten Free Meeting</td>
<td>MPR 1,2 G</td>
<td>Gluten Free Group</td>
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<td>9:30 a.m.</td>
<td>Meeting</td>
<td>Cardroom 2, D</td>
<td>Historical Society</td>
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<tr>
<td>9:30 a.m.</td>
<td>Workshop to Music</td>
<td>Art Classroom &amp; Gall. G</td>
<td>Art Association</td>
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<tr>
<td>10 a.m.</td>
<td>Pool Open</td>
<td>Pool, DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>10 a.m.</td>
<td>Qi Gong</td>
<td>Shasta Rm., DV</td>
<td>Chinese-American Assoc.</td>
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<td>Light Stretch</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<td>11 a.m.</td>
<td>Tai Chi</td>
<td>Shasta Rm., DV</td>
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<td>Noon</td>
<td>Balance Rehab</td>
<td>Sierra Rm., DV</td>
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<tr>
<td>Noon</td>
<td>Fun Day</td>
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<td>Noon</td>
<td>Italian Conversation</td>
<td>MPR 3, G</td>
<td>Ital. Cons. Group</td>
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<td>Library Open</td>
<td>Library, G</td>
<td>Library Association</td>
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<td>Noon</td>
<td>Piano by Serena</td>
<td>Redwood Rm., G</td>
<td>Rec. Dept.</td>
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<td>12:15 p.m.</td>
<td>Ballroom Class</td>
<td>Fitness Center, DV</td>
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<td>Acrylic/DIY Painting</td>
<td>Art Classroom &amp; Gall. G</td>
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<td>Balance Int/Adv</td>
<td>Shasta Rm., DV</td>
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<td>1 p.m.</td>
<td>Beg. Players</td>
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<td>Table Tennis Club</td>
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<td>Bingo</td>
<td>Diablo Rm., H</td>
<td>Bridge</td>
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<td>Dominess</td>
<td>Cardroom 2, D</td>
<td>Trails Club</td>
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<td>1 p.m.</td>
<td>Movie</td>
<td>Pool, DV</td>
<td>Rec. Dept.</td>
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<td>1:15 p.m.</td>
<td>Bridge</td>
<td>Oak Rm. A, G</td>
<td>Bridge</td>
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<td>Parkinson’s Group</td>
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<td>Rec. Dept.</td>
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<td>Tap Rehearsal Practice</td>
<td>Shasta Rm., DV</td>
<td>Rec. Dept.</td>
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<td>Line Dance</td>
<td>Diablo Rm., H</td>
<td>Line Dance Club</td>
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<td>Registered Nurses</td>
<td>Vista Rm., H</td>
<td>Registered Nurses</td>
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<td>Peacock Hall, G</td>
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<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
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<td>Aquachile</td>
<td>Pool, DV</td>
<td>Rec. Dept.</td>
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<td>Moving to Music</td>
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<td>Rec. Dept.</td>
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<td>Strength Yoga</td>
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<td>Rec. Dept.</td>
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<td>Aquachile</td>
<td>Pool, DV</td>
<td>Rec. Dept.</td>
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<td>Circuit Training</td>
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<td>7 p.m.</td>
<td>Duplicate Bridge</td>
<td>Oak Rm. A, G</td>
<td>Bridge</td>
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<td>Meeting</td>
<td>Main, D</td>
<td>Shakespeare Society</td>
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<td>Movie</td>
<td>Peacock Hall, G</td>
<td>Rec. Dept.</td>
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<td>7:30 p.m.</td>
<td>AA Open Discussion</td>
<td>Garden Rm., D</td>
<td>Counseling</td>
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<td>7:30 p.m.</td>
<td>Sing-along</td>
<td>MPR 3, G</td>
<td>Acapalas/Rec. Dept.</td>
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**SATURDAY, MARCH 13**

<table>
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<tr>
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<th>EVENT</th>
<th>LOCATION</th>
<th>ORGANIZATION</th>
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<tr>
<td>6 a.m.</td>
<td>Pool Open</td>
<td>Pool, DV</td>
<td>Rec. Dept.</td>
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<td>7 a.m.</td>
<td>Adv. Players</td>
<td>Table Tennis, H</td>
<td>Table Tennis Club</td>
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<tr>
<td>7:30 a.m.</td>
<td>Open Workshop</td>
<td>Art Studio &amp; Back Rm. G</td>
<td>Art Association</td>
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<td>8 a.m.</td>
<td>Thai Massage</td>
<td>Shasta Rm., DV</td>
<td>Rec. Dept.</td>
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<td>9 a.m.</td>
<td>Cheese</td>
<td>Shasta Rm., DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>10 a.m.</td>
<td>Yoga</td>
<td>Shasta Rm., DV</td>
<td>Rec. Dept.</td>
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<td>10 a.m.</td>
<td>Tai Chi</td>
<td>Shasta Rm., DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>10 a.m.</td>
<td>Open Workshop</td>
<td>Art Studio &amp; Back Rm. G</td>
<td>Art Association</td>
</tr>
<tr>
<td>11 a.m.</td>
<td>Beginners</td>
<td>Shasta Rm., DV</td>
<td>Rec. Dept.</td>
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<tr>
<td>11 a.m.</td>
<td>Knights of Columbus</td>
<td>Shasta Rm., DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>12:30 p.m.</td>
<td>Duplicate Bridge</td>
<td>Oak Rm. A, G</td>
<td>Bridge</td>
</tr>
<tr>
<td>1 p.m.</td>
<td>Movies</td>
<td>Peacock Hall, G</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>3:45 p.m.</td>
<td>Moving to Music</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>4 p.m.</td>
<td>Penguins Dance Club</td>
<td>Fireside Rm., G</td>
<td>Penguin Dance Club</td>
</tr>
<tr>
<td>5 p.m.</td>
<td>Movie</td>
<td>Peacock Hall, G</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>7:30 p.m.</td>
<td>Game Night</td>
<td>MPR 3, G</td>
<td>Lesbian Social Club</td>
</tr>
</tbody>
</table>

**SUNDAY, MARCH 14**

<table>
<thead>
<tr>
<th>TIME</th>
<th>EVENT</th>
<th>LOCATION</th>
<th>ORGANIZATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 a.m.</td>
<td>Pool Open</td>
<td>Pool, DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>7 a.m.</td>
<td>Open Workshop</td>
<td>Art Studio &amp; Back Rm. G</td>
<td>Art Association</td>
</tr>
<tr>
<td>7:30 a.m.</td>
<td>Pilgrim Sunday Service</td>
<td>Vista Rm., H</td>
<td>Pilgrim Cong. Church</td>
</tr>
<tr>
<td>8 a.m.</td>
<td>Bible Study</td>
<td>Peacock Hall, G</td>
<td>Recreation Dept.</td>
</tr>
<tr>
<td>9 a.m.</td>
<td>Cardio Mix</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>11 a.m.</td>
<td>Services</td>
<td>Peacock Hall, G</td>
<td>Tice Valley Methodist Church</td>
</tr>
<tr>
<td>1 p.m.</td>
<td>Bridge</td>
<td>Diablo Rm. A, D</td>
<td>Beyond Eyes</td>
</tr>
<tr>
<td>1 p.m.</td>
<td>Movie</td>
<td>Peacock Hall, G</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>4 p.m.</td>
<td>Jewish Folk Chorus</td>
<td>Sierra Rm., DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>6 p.m.</td>
<td>MEEDOR</td>
<td>Diablo Rm., H</td>
<td>Middle East Information</td>
</tr>
<tr>
<td>7 p.m.</td>
<td>Movie</td>
<td>Peacock Hall, G</td>
<td>Rec. Dept.</td>
</tr>
</tbody>
</table>

**MONDAY, MARCH 15**

<table>
<thead>
<tr>
<th>TIME</th>
<th>EVENT</th>
<th>LOCATION</th>
<th>ORGANIZATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 a.m.</td>
<td>Group Cycle</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>7 a.m.</td>
<td>Pool Open</td>
<td>Pool, DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>7 a.m.</td>
<td>Ab/Back</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>7:15 a.m.</td>
<td>Luk Tung Kuen Exercise</td>
<td>Diablo Rm., H</td>
<td>Luk Tung Kuen</td>
</tr>
<tr>
<td>7:30 a.m.</td>
<td>Rhythmics</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>8:30 a.m.</td>
<td>Men’s Exercise Class</td>
<td>MPR 1, 2, G</td>
<td>Men’s Exercise Group</td>
</tr>
<tr>
<td>8:30 a.m.</td>
<td>Strength</td>
<td>Fitness Center, DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>9 a.m.</td>
<td>Adv. Pilates</td>
<td>Table Tennis, H</td>
<td>Table Tennis Club</td>
</tr>
<tr>
<td>9 a.m.</td>
<td>Harimana Practice</td>
<td>MPR 3, G</td>
<td>Harimana Club</td>
</tr>
<tr>
<td>9 a.m.</td>
<td>Keeping Fit Exercise</td>
<td>Shasta Rm., DV</td>
<td>Keeping Fit Exercise</td>
</tr>
<tr>
<td>9 a.m.</td>
<td>Open Workshop</td>
<td>Art Studio &amp; Back Rm. G</td>
<td>Art Association</td>
</tr>
<tr>
<td>9:30 a.m.</td>
<td>Hands On Quilters</td>
<td>Sewing Rm., G</td>
<td>Sewing Arts Club</td>
</tr>
<tr>
<td>9:45 a.m.</td>
<td>Active Yoga</td>
<td>Shasta Rm., DV</td>
<td>Rec. Dept.</td>
</tr>
<tr>
<td>10 a.m.</td>
<td>Water Exercise</td>
<td>Pool, DV</td>
<td>Rec. Dept.</td>
</tr>
</tbody>
</table>
Tuesday, March 16

**TIME** | **EVENT** | **LOCATION** | **ORGANIZATION**
---|---|---|---
6 a.m.| Pool Open | Pool, DV | Rec. Dept.
7 a.m.| Breakfast Work out | Fitness Center, DV | Rec. Dept.
7:15 a.m.| Luk Tung Kuen Exercise | Diablo Rm., H | Luk Tung Kuen
8 a.m.| Aerobics | Fitness Center, DV | Rec. Dept.
8 a.m.| Yoga | Fitness Center, DV | Rec. Dept.
8 a.m.| Tai Chi | Vista Rm., H | Table Tennis Club
8:15 a.m.| Low Impact Dance | Fitness Center, DV | Rec. Dept.
9 a.m.| Adv. Players | Table Tennis, H | Table Tennis Club
9 a.m.| Cribbage | Garden Rm., D | Women’s Cribbage
9 a.m.| Ladies’ Pinochle | MPR 2, G | Pinochle/Ladies
9 a.m.| Meeting | Fireside Rm., G | Activities Council
9 a.m.| Open Workshop | Art Studio & Back Rm., G | Art Association
9 a.m.| Tennis Open Play | Bucky Bch. | Rec. Dept.
10 a.m.| DVX Yoga | MPR 3, G | Grace Notes
10 a.m.| Qi Gong | Shasta Rm., DV | Chinese-American Assoc.
10 a.m.| Yoga Class | Fitness Center, DV | Rec. Dept.
11 a.m.| Advanced Mah Jong | MPR 1, 2, G | Chinese-American Assoc.
12:15 p.m.| Beg. Ball/Balance | Fitness Center, DV | Rec. Dept.
12:15 p.m.| Lunch | Library, G | Library Association
12:45 p.m.| Beginning Line Dance | Diablo Rm., H | Line Dance Club
1 p.m.| Beg. Players | Table Tennis Club | Rec. Dept.
1 p.m.| Bridge Club | Cardroom 1, 2, D | Party Bridge
1 p.m.| Current Events | MPR 3, G | Acalanes/Rec. Dept.
1 p.m.| Port Art Workshop | Art Studio & Back Rm., G | Art Association
1 p.m.| Workshop | Art Classroom & G, | Art Association
2 p.m.| Inter. Tap | Shasta Rm., DV | Hot Flashers
3 p.m.| Cardio Class | Garden Rm., D | Hootenanny Exercise Group
4 p.m.| Foreign Film Movie | Peacock Hall, G | Foreign Film Fans
5 p.m.| Social Dance | Diablo Rm., H | Social Dance Club
6 p.m.| Aquacise | RV8 Pool, DV | Rec. Dept.
5 p.m.| Dinner | Main, D | Prime Time Club
5:30 p.m.| Moving to Music | Fitness Center, DV | Rec. Dept.
6:45 p.m.| Circuit Training | Fitness Center, | Rec. Dept.
6:45 p.m.| Partnership Bridge | Oak Rm. A, G | Bridge
7 p.m.| Square Dancing | Diablo Rm., H | Square Dance Club

THURSDAY, MARCH 18

**TIME** | **EVENT** | **LOCATION** | **ORGANIZATION**
---|---|---|---
6 a.m.| Strength Circuit | Fitness Center, DV | Rec. Dept.
7 a.m.| Luk Tung Kuen Exercise | Diablo Rm., H | Luk Tung Kuen
7 a.m.| Stretch/Strength | Fitness Center, DV | Rec. Dept.
8:30 a.m.| Low Impact Dance | Fitness Center, DV | Rec. Dept.
9 a.m.| Adv. Players | Table Tennis, H | Table Tennis Club
9 a.m.| Bible Study | Table Tennis, H | Bible Study Group
9 a.m.| Open Workshop | Art Studio & Back Rm., G | Art Association
9 a.m.| Stitches | Peacock Hall, G | Sewing Arts Club
10 a.m.| RAA | Art Classroom & G, | Art Association
10 a.m.| Pool Open | Pool, DV | Rec. Dept.
11 a.m.| Qi Gong | Shasta Rm., DV | Chinese-American Assoc.
11 a.m.| Meeting | MPR 2, G | Gaynor
11 a.m.| Qi Gong | Shasta Rm., DV | Chinese-American Assoc.
11 a.m.| Beg. Players | Table Tennis, H | Table Tennis Club
11 a.m.| Bingo | Sienna Rm., D | Rec. Dept.
11 a.m.| Fun Day | Sierra Rm., D | Rec. Dept.
11 a.m.| Italian Conversation | MPR 3, G | Ita. Cons. Group
11 a.m.| Library Open | Library, G | Library Association
11 a.m.| Piano by Serena | Peacock Hall, G | Rec. Dept.
12 a.m.| Bike Ride | Oak Rm. A, G | Rec. Dept.
12:15 p.m.| Parkinson’s Group | Fitness Center, DV | Rec. Dept.
2 p.m.| Tap Rehearsal Practice | Shasta Rm., DV | Rec. Dept.
2 p.m.| Dance | Shasta Rm., DV | Rec. Dept.
2:30 p.m.| Line Dance | Diablo Rm., H | Line Dance Club
3 p.m.| Meeting | Delta Rm. A, B, D, AHS/Artists and Group | Rec. Dept.
3 p.m.| Movie | Peacock Hall, G | Rec. Dept.
4:30 p.m.| ‘T’ai Chi Chaun | Fitness Center, DV | Rec. Dept.
5 p.m.| Aquacise | Pool, DV | Rec. Dept.
5 p.m.| Moving to Music | Fitness Center, DV | Rec. Dept.
6:15 p.m.| Strength Yoga | Shasta Rm., DV | Rec. Dept.
6:45 p.m.| Aquacise | Pool, DV | Rec. Dept.
7 p.m.| Beach Nit | Shasta Rm., DV | Rec. Dept.
7 p.m.| Duplicate Bridge | Oak Rm. A, G | Bridge
7 p.m.| Movie | Peacock Hall, G | Rec. Dept.
7:30 p.m.| Open Rehearsal | MPR 3, G | Rec. Dept.
7:30 p.m.| Sing-along | MPR 3, G | Acalanes/Rec. Dept.
Excursions

Continued from page 29

Époque for his beautifully made diamond and platinum jewelry created for the courts of Europe. With an extensive variety of jewelry forms ranging from 17th-century tutorials to the highly colored exotic creations of the 1920s and '30s Cartier made its mark with the ingenuity of its designs and its exquisite craftsmanship. "Cartier and America" celebrates the imagination and creativity of Cartier in the 20th century. The exhibition includes 40 pieces from the private collection of Cartier. The bus departs Gateway at 9:00 a.m. and returns around 2:30 p.m. The cost is $37 for museum members and $53 for nonmembers.

CHINESE PLAY – "A CHANGE OF HEART" Saturday, March 20

Minimal walking

Celebrate the Chinese New Year with "A Change of Heart" musical spectacular at the Buddha's Universal Church in San Francis- co. Set in the time of ancient China is a story concerning three families who become entangled in a web of love, wealth and de- ceit. The show features traditional Chinese prose and poetry as these families become desperate to find resolution. Presented in a traditional Chinese musical theatre style, this en- titlement will feature new music, lighting effects and dynamic kung fu. Enjoy the hosted Chinese lunch at the Louie's Restaurant before the performance. The bus departs Gateway at 10:45 a.m. and returns around 5 p.m. The cost is $53.

WALT DISNEY FAMILY MUSEUM Monday, March 22

Extensive walking

Join other residents for a self-guided tour of the Walt Disney Family Museum in Presidio, San Francisco. The stories of Disney's life, creativity, family and the processes and innovations he brought to his art will be told through a series of 10 galleries. Throughout the exhibits, visitors will find rare film clips, concept art, scripts, musical scores, and cameras that Disney and his staff used in creating his characters and films. The museum also corporatizes movie posters that come to life to show scenes from Disney films, interactively. The museum has a large collection of Disney's personal items and corporate ties to the world of music and animation. Enjoy the hosted lunch at the Presidio Cafe. The bus departs Gateway at 10:00 a.m. and returns at 3:30 p.m. The cost is $79.

PETALUMA RIVER CRUISE Wednesday, April 7

Trip Rating: Moderate walking

Experience the charm of one of the old- est cities in California, with one of the best preserved Victorian downtown areas, on the National Register of Historic Places. Victorian homes and iron Front buildings surround this picturesque town. Start the day with a narrated cruise of the Petaluma River on Delphinus charter boat. Departing downtown, you will explore a different world as the river winds its way through the meadows and oxbows of the wetlands area of Petaluma's historic Mill Creek. Highway 37 overlap. Learn about the history of the river and its importance to the town of Petaluma. Enjoy the hosted lunch at Dimpsey's Restau- rant & Brewery. After lunch, stroll through Petaluma's Victorian downtown area from Petaluma History Museum. The bus will depart Gateway at 8:30 a.m. and return at 4 p.m. The cost is $85.

FIOLI GARDENS AND ALLIED ARTS FRIDAY, April 9

Extensive walking

Join this docent-led tour of the Filoli man- sion and the gardens in San Mateo County. Recognized as one of the finest remaining country estates of the early 20th century, Filoli welcomes the public to this remarkable 56-acre property, including the 36,000- square-foot Georgian country house and its spectacular 16-acre English Renaissance garden. Designed by Willis Polk and noted for its elegant interiors, the house is an in- teractive museum exhibit for an extensive collection of French eighteenth-century and antique American pieces from the private collection of Cartier. The bus will depart Gateway at 8:30 a.m. and return at 3:30 p.m. The cost is $37.

CALIFORNIA ACADEMY OF SCIENCES Thursday, April 29

Extensive walking

Experience the California Academy of Sciences in Golden Gate Park. California Academy of Sciences is the only place on the planet with an aquarium, a planetarium, a natural history museum and an extensive research facility under one roof. The 412,000- square-foot structure may be the greenest museum on the planet, with a 2½-acre living roof, an expansive solar canopy, an extensive water reclamation system and continued with application. Stop by the Excursion Desk for this three-day tour to Chukchansi Gold Casino with sightseeing in Yosemite National Park. The first day of the tour begins at the Chuk- chansi Company where there will be a tasting. The group will then head to Hillmar Cheese Company for a tour of the factory. Deluxe lodging for the next two nights will be at the Chukchansi Gold Casino. This tour includes all meals, sightseeings, and transportation. There will also be free time to visit shops, gallery and visitor center in Yosemite Vil- lage. A short stop will be made in the small town of Newman to visit Stewart and Jester’s Rusty Nail for a complimentary meal. Included. The cost per person, double occupancy, is $425. A deposit of $100 is due with application.

SKYSCRAPERS MEETING

LUSCIOUSLY GOOD FOR AGES

EXTENDED TRIPS

THE OSMOND BROTHERS March 31 through April 2

See and come to the legendary Osmond Brothers for a sold-out World tour celebrating 50 years in show business. Travel to Sparks, Nevada for a sit-down lunch at Billy Reed's. There will be a performance by the fabulous Palm Spring Follies, featuring Nick 'n' Poles of Ketchikan and the Mendenhall Glacier. Guests will then head to Los Angeles for a guided tram tour of Disney Gardens, which contain forests, streams, a bird sanctuary, highlighted with 80 acres of col- orful flowers. Guests will be able to visit a night at the new Hard Rock Cafe. The bus departs Gateway at 8:15 a.m. and returns around 5:30 p.m. The cost is $67.

BALLETT FOLKORIKO QUEZALLI Sunday, May 2

Minimal walking

Experience celebrated Cinco de Mayo with an unequaled performance of Ballet Folkori- ko Quezalli at Zellerbach Hall in Berkeley. Established in 1985, this company has established a tradition of both cultural in- ternational and community events in Indonesia. For more than 20 years, the group has thrilled international audiences with its unique and culturally rich stylings. Enjoy the hosted lunch at Presidio Cafe. The bus will depart Gateway at 9:15 a.m. and return around 6 p.m. The cost is $47.

GRAND ISLAND MANSION Monday, May 10

Moderate to extensive (optional) walking

Enjoy a tour and a sit-down champagne brunch at the Grand Island Mansion in Walnut. The delta's historic Grand Island Mansion is a spectacular example of a Renaissance- style villa. The mansion is the largest private estate in Northern California, and one of the last surviving examples of this architectural and European craftsmanship. The four-story, 24,000-square-foot, 58-bedroom villa is considered to be one of the finest examples of classi- cal architecture in the world. The tour includes all meals, sightseeing, and transportation. There will be time to visit shops, gallery and visitor center in Walnut. Included. The cost per person, double occupancy, is $245. A deposit of $100 is due with application.

SPLASH OF THE CENTURY

SHORE EXCURSIONS

LUSCIOUSLY GOOD FOR AGES

ALASKA CRUISE / ROUNDTWOPRIMARYCRUISESHORElixir

Week of May 22 through June 1

Guests will sail under the Golden Gate Bridge as they begin an uninterrupted 11-day cruise to Alaska via the Inside Passage. Princess has many amenities and an ite- mario that is invaluable. The vessel's facilities include a gymnasium, spa, and a variety of shops and restaurants. Included. The cost per person is $2,499. A deposit of $250 is due with application.

RAMONA PAGEANT AND PALM SPRINGS FOLLIES

April 15 through 20

Join the Excursion Desk and see the Ra- mona Pageant and Palm Springs Follies. Guests will be hosted at the Hilton Garden Inn in Rancho Mirage. There will be guided tours of Palm Springs, showing the estates of 65 to 70 celebrities, such as Frank Sinatra and Gabor. Enjoy the 87th annual performance of the world-famous Ramona Pageant, as well as an afternoon in the Living Desert, a wildlife and botanical park where they will see rare plants and animals. The bus will depart Gateway at 8:15 a.m. and return at 5:30 p.m. The cost is $235 per person double occupancy, $225 per person triple occupancy and $295 for a single. A deposit of $50 per person is due with application.
Excursions

Continued from page 30

from $1,620 per person. A $600 deposit is due with application. Final payment is due by March 2. The trip begins with a visit to the Exursion Desk for a complete itinerary.

PORTLAND ROSE FESTIVAL
June 7 through 15

Enjoy the sights and sounds of the Oregon Coast highlighted by the Portland Rose Festival. The festival is one of the largest events in Portland. Also included is a visit to the Cranberry Sweet Candy Shop and the Oregon Connection, which features just about everything made out of Myrtle Creek Cranberries. An outdoor amphitheater features many artists demonstrating and creating their works. A host of artists are re-created with real people posing to look like their counterparts in the original works of art. The day begins with a trip to Naples. Board the gondolas and glide by the homes lining the canal while being serenaded by the boatmen. Afterwards, the group will travel to Knott's Berry Farm for shopping and an early hosted dinner at Mrs. Knott’s Roast Beef Restaurant. The next day, depart for Escondido and arrive at the Lawrence Welk Resort for a hosted buffet dinner and performance of the Lawrence Welk Show. This trip concludes with a visit to Paso Robles and the Missions for self-guided tours. The cost is $845 per person double occupancy, and $1,095 for a single.

CHICAGO EXPLORER
Sept. 16 through 21

Discover Chicago, the dynamic city known as the “Second City” or “Windy City.” With its beautiful lakefront, breathtaking architecture, world-class museums, great theatre, cutting-edge restaurants, Chicago is a city that is a must-see. Chicago city tour features the historic Water Tower, Pumping Station, Millennium Park, Wrigley Building, The Loop, Lakefront, Navy Pier and Sears Tower. Enjoy a Chicago River Cruise, showing off the city’s unique architecture. Travel to Bend and tour our Nime Dame University and Indiana Dunes National Lakeshore. Enjoy a tour of the historic town of Roadside Chicago. Visit the village of Oak Park for tours of the Frank Lloyd Wright Home and Studio, as well as looking at some of the other exhibits. Friday evening will be an outdoor amphitheater. Great works of art are re-created with real people posing to look like their counterparts in the original works of art. Great works of art are re-created with real people posing to look like their counterparts in the original works of art. The day begins with a trip to Naples. Board the gondolas and glide by the homes lining the canal while being serenaded by the boatmen. Afterwards, the group will travel to Knott’s Berry Farm for shopping and an early hosted dinner at Mrs. Knott’s Roast Beef Restaurant. The next day, depart for Escondido and arrive at the Lawrence Welk Resort for a hosted buffet dinner and performance of the Lawrence Welk Show. This trip concludes with a visit to Paso Robles and the Missions for self-guided tours. The cost is $845 per person double occupancy, and $1,095 for a single.

Special Events & Movies

FROM THE RECREATION DEPARTMENT

The following are the current special events sponsored by the Rossmoor Recreation Department. For more information on these events during the month, check the Special Events listing on the calendar page each week, or the Rossmoor News & Leisure section of the News, or call the Recreation Department at 988-7732. Events are free unless otherwise noted. This information is posted throughout the month on the Rossmoor News Web site at www.rossmoornews.com.

SUNDAY, MARCH 14

The 2009 drama “The Informant” starring Robert DeNiro and Charles Grodin will be shown in Peacock Hall at 1 and 7 p.m. The p.m. showing will feature language captions. This film is 127 minutes long and is rated R. This free program is open to all residents and their guests.

San Francisco Jazz Choral Concert
San Francisco, March 14

The Jewish Choral Society of San Francisco will perform in the Sierra Room at 9:30 a.m. This event is sponsored by the Recreation Department and is open to all residents and their guests.

Marilyn Straka Presents
San Francisco, March 15

Marilyn Straka will present a slide show and talk about the Panning at the Peacock Hall system at 11 a.m. in Peacock Hall at 11 a.m. This free program is open to all residents and their guests.

CANEY CREEK WITH ORT
March 25

Enjoy a fun evening at Tommy Gun’s at 4 p.m. There will be time for photographs, refreshments, and a chance to purchase raffle tickets. There will be door prizes including language captions. This film is 127 minutes long and is rated R. This free program is open to all residents and their guests.

Coach America’s Riverboat Cruise
San Francisco, March 27-31

Coach America’s Riverboat Cruises have a new name: Visit the Avenue of Giants for a walk through the Mammoth Cave National Park. There is an additional tax of $22.82 included all tips. Receive $10 plus monthly special on the card. The $5 food coupon is good in all restaurants. Reservations are essential. Make checks to ORT and mail to Members of the Rossmoor Art Association (member of the Rossmoor Art Association) and not by the Recreation Department. The trips are open to all residents and their guests.

New Orleans Art Move
San Francisco, April 2

Take a trip to New Orleans with your hosts to explore the culture and art scene. The trip begins with a visit to the Cranberry Sweet Candy Shop and the Oregon Connection, which features just about everything made out of Myrtle Creek Cranberries. An outdoor amphitheater features many artists demonstrating and creating their works. A host of artists are re-created with real people posing to look like their counterparts in the original works of art. The day begins with a trip to Naples. Board the gondolas and glide by the homes lining the canal while being serenaded by the boatmen. Afterwards, the group will travel to Knott’s Berry Farm for shopping and an early hosted dinner at Mrs. Knott’s Roast Beef Restaurant. The next day, depart for Escondido and arrive at the Lawrence Welk Resort for a hosted buffet dinner and performance of the Lawrence Welk Show. This trip concludes with a visit to Paso Robles and the Missions for self-guided tours. The cost is $845 per person double occupancy, and $1,095 for a single.

SOUTHWEST NATIONAL PARKS
Oct. 2 through 13

Discover the cities and unique landscapes of Utah. Start your journey in Salt Lake City, then transfer to Moab for four nights. You will stay at the Red Cliffs Lodge, enjoy a ranch-like experience amid western charm. Nestled high on the banks of the Colorado River, the Red Cliffs Lodge is surrounded by 2,000 square feet of rock cliffs. The lodge features a main lodge, 20 cabins and a spa. Stop at the Moab Arches National Park. Travel to Canyonlands National Park to see deeply eroded canyons, spires, arches and unusual rock formations. Stop at Dead Horse Point State Park and hike to the top of the mesa. From there you can see the Colorado River and thebeautiful desert with its beautiful lakefront, breathtaking architecture, world-class museums, great theatre, cutting-edge restaurants, Chicago is a city that is a must-see. Chicago city tour features the historic Water Tower, Pumping Station, Millennium Park, Wrigley Building, The Loop, Lakefront, Navy Pier and Sears Tower. Enjoy a Chicago River Cruise, showing off the city’s unique architecture. Travel to Bend and tour our Nime Dame University and Indiana Dunes National Lakeshore. Enjoy a tour of the historic town of Roadside Chicago. Visit the village of Oak Park for tours of the Frank Lloyd Wright Home and Studio, as well as looking at some of the other exhibits.

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SOUTHWEST NATIONAL PARKS

Oct. 2 through 13

Discover the cities and unique landscapes of Utah. Start your journey in Salt Lake City, then transfer to Moab for four nights. You will stay at the Red Cliffs Lodge, enjoy a ranch-like experience amid western charm. Nestled high on the banks of the Colorado River, the Red Cliffs Lodge is surrounded by 2,000 square feet of rock cliffs. The lodge features a main lodge, 20 cabins and a spa. Stop at the Moab Arches National Park. Travel to Canyonlands National Park to see deeply eroded canyons, spires, arches and unusual rock formations. Stop at Dead Horse Point State Park and hike to the top of the mesa. From there you can see the Colorado River and the
Boomer ‘schmooze’ facilitates new friendships

Rossmoor’s newest social club, Boomers Forever, celebrated its new beginning with a Boomer Bash on Feb. 26. Club treasurer and membership chairwoman, Diane Guifroy, reported that the bash was attended by approximately 200 people, many of whom paid the $10 annual dues to join the club. Membership is now at 163 and growing.

The dance floor was jammed and the chairs were empty as the place played to tunes from the 1950s, ‘60s, and ‘70s. Follow-up comments on the club’s chatboard noted conversations to the club and its members.

Attendees should bring anything they would like to share (wine, soda, crackers and cheese, and even their own glass). Boomers Forever news and information, such as reminders about the Boomer Schmooze, can be found online at the club’s Yahoo Group chatboard: groups.yahoo.com/group/ribbi04959. Only members can view the posted messages and see the club photos and calendar. Chatboard members do not have to be members of the club or do club members have to subscribe to the chatboard.

The spring session of Acalanes Adult Education classes and workshops on the Del Valle campus begins the week of March 22; watch for announcements in the News or call the center to request a copy of the new brochure at 280-3980 ext. 8001.

For volunteer in-home help, call Dian Overly at 945-6055.

Learn more about using a Mac at RMUG focus sessions

Brenda Boswell will introduce newcomers to a Mac with some of the basic things that “everybody knows” (but some don’t) about how to use the Mac.

At 10:45, Jim Drommond will demonstrate the importance and some methods of keeping records on the Mac: word processing, database or spreadsheet. Which software is best for a specific record-keeping document?

Mt. Diablo Genealogical Society to discuss Internet research

The cost is $27 for members and $32 for guests. Reservations will be accepted beginning Monday, March 1, and will be filled in the order received.

Reservation checks, payable to TGIF, should be sent to Sue Fleck at 1905 Cactus Court No. 1, Entry 4. The TGIF drop box will also be at this address. No cash will be accepted. Do not put checks in the club box at Gateway. Those who wish to sit together must send all checks in the same envelope.

Refunds will not be given after 5 p.m. on March 12. To cancel a reservation by the deadline, call Fleck at 949-9771. After the deadline if unable to attend, call Maroulas by 5 p.m. on the day of the dinner. Arrangements will be made to pick up a take-home dinner from the caterer at 7:30 p.m. This procedure must be followed or dinners will not be released.

The spring session of Acalanes Adult Education classes and workshops on the Del Valle campus begins the week of March 22; watch for announcements in the News or call the center to request a copy of the new brochure at 280-3980 ext. 8001.

For volunteer in-home help, call Dian Overly at 945-6055.

By Dian Overly

Club correspondent

Membership is now at 163 and growing.

The club and its activities, contact Peggy Johnson at 937-6598.

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JEWISH
N’uai Israel Congregation will hold Sabbath services on Fri-
day, March 12, at 8 p.m. in the Vista Room, Hillside Clubhouse.
The chazzan will be Aron Slouster. The hostess, Marjorie
Richman, will recite the blessing over the Sabbath candles. The
greater, Hanne Ballin, will recite the blessing over the Sabbath
bread. A social will follow the service. All are welcome.

CONGREGATIONAL
“Embracing God’s Joy?” will be the topic of the sermon by
the Rev. Bob Howel as the Roswell Pilgrim Congregation-
G Synagogue’s speaker on Sunday, March 14, at 10 a.m. in the Vista Room of Hillside Clubhouse. The scripture,
Luke 15:1-3, 11-32 will be read by Jack Clevenger. A cordial
invitation is extended to all to participate in activities of the
Pilgrim Congregational Church, where all are welcome. Coffee
and cookies will be served after the service.

LUTHERAN
Hope Lutheran Church invites everyone to gather for a
spirited liturgical worship service in the Delta Room at 10:30
a.m. on Sunday, March 14. Pastor Jack Niemi will be leading the
Organist Wayne Anderson will be the organist, and Don Gru
ey will be providing special music.
The people of Hope Church gather in the Delta Room at Del-
Valle Clubhouse to be transformed by a warm and friendly
liturgy designed to reach out to those who are feeling isolated and
lonely during the current time. Worship of the Word will focus on the
extraordinary events that took place in the Richmond shipyards dur-
ing that era. Tucker will be accompanied by a real “Rosie,”
Agnes Moore, a Rossmoor resident, who will tell of her
experiences and the impact of the war effort on many lives.
Musick museum technician Veronica
prophesy

Bible Study completes session on prophecy

The Rossmoor Bible Study class will meet Thursday,
March 11, at 9 a.m. at Dollar Clubhouse to complete its cur-
rent study of Biblical prophesy.
This 10-week study has em-
phatized that these are eternal issues that should challenge
everyone and is the clear mes-
sage of Scripture down through the ages.
The class convenes for dis-
cussion groups followed by a
lecture on the material studied
from 10 to 10:40. Refresh-
ments and falafel-greens fol-

Visitors are always wel-
come as are questions of any
variety relating to the subject
at hand.
Next week begins a new 10-
week study — “Sermon on the Mount.” The study guide was
developed by Dr. Robert Ste-
vens, one of the originators of
the class many years ago.
For information, call the
teacher, Pastor Earle Fries, at
926-0307.

Unitarians to discuss mental health and youth

Dr. Arnold Gilbert, pediatric psychiatrist, will discuss the
increase and severity of mental health issues in young people
at the next meeting of the Unitarian Universalist Society to be held
Friday, March 12, in the Vista Room at Hillside Clubhouse.
Gilbert will raise questions about the increasing use of
medication, marijuana legalization, and social and economic
issues as they affect young people.

For the potluck lunch at 11:30 a.m., bring an appetizer, main
dish, side dish or dessert to share. Coffee, tea and table service
will be provided.

Everyone is welcome. For information, call Jane Loebel,
943-6114.
EDITH ANNA BODWAY
Former longtime Rossmoor resident Edith Anna Bodway died Feb. 25. She lived on Golden Rain Road for 40 years. She moved to Antioch in 2007. She is survived by her four children, George, Philip, Diana and JoAnn and numerous grandchildren, great-grandchildren and great-great grandchildren.

Mary Lou Delpech, 2916 Tice Creek Drive No. 8. For information, call the church at 932-2324.

阳县 Mary's College Brother Brennan will give a lecture on dreams. His lecture will be held in the Fireside Room at Gateway. After her talk, Bonacich will answer questions.

The meeting will be held in the Delta Room at Del Valle at 10 a.m. A brief business meeting will precede the program. Light breakfast refreshments will be served.

In Memoriam

EDITH ANNA BODWAY
Former longtime Rossmoor resident Edith Anna Bodway died Feb. 25. She lived on Golden Rain Road for 40 years. She moved to Antioch in 2007. She is survived by her four children, George, Philip, Diana and JoAnn and numerous grandchildren, great-grandchildren and great-great grandchildren.

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Mary Lou Delpech, 2916 Tice Creek Drive No. 8. For information, call the church at 932-2324.
The Rossmoor Tennis Club (RTC) BALL team members had quite an adventure getting to their match in Alameda on March 1. Not equipped with a GPS, one of the cars got very lost. Pulling over to the side of the road, cell phones were put to use in communication with the other cars that were on course. Husbands were called. Advice was given.

Just then an Alameda Sheriff appeared. The officer was consulted and he offered assistance. He escorted the lost car with lights flashing as they arrived just in time, thereby avoiding a default of two of the four teams.

The match was a huge success with all four teams winning in two sets. Team 1 with Addie Mattox and Shin Kim won 6-0, 6-0. Team 2, the dynamic duo, Barbara Blum and Barbara Phillips scored 6-4, 6-1.

Pat Hyde and Pauline Hanley won 6-2, 6-4. This was especially notable considering that Hanley has just come back although he hasn’t been able to get out on the greens as often as he used to. Still, it’s good to see him out for the social activities.

The Rossmoor Tennis Club's club takes a loss to Walnut Creek

By Bob Lewis
Club correspondent

Ten Rossmoor Niners traveled to Acapulco for a week to play golf. Some of those who went were, from left, Lorrie McCurdy, Niners captain, Sharon Birdsell, Sherry Smith, Barbara Jordon and Claire Wolfe.

Enjoying a successful day at Harbor Bay were BALL team players, from left, Pauline Hanley, Barbara Blum, Pat Hyde, Barbara Phillips, Angie Dometrovich and Nellie Sawczuk. Addie Mattox and Shin Kim are not pictured.

The Lawn Bowling Club's first scheduled tournaments for 2010, the Women’s and Men’s Handicap Pairs Draws, which were to have been played March 2 to 4, were cancelled "because of rain. According to Tournament Director Ed Gutieres, these games have been rescheduled for Tuesday through Thursday, May 4 to 6. This postponement follows the rain-forecasted January and February Fun Socials.

Because of the rained-out bowling, even Jack Walton hasn’t been able to get out on the greens as often as he used to. Still, it’s good to see him out for the social activities.

**Coming events**

The March Fun Social is scheduled for Thursday, March 18, to avoid conflict with the final scheduled day of the Triples Handicap Draw tournament play on March 20.

Fun Socials.
Bocce Ball Club holds supper, meeting

The Bocce Ball Club will hold its spring membership meeting and supper on Thursday, March 11, at 5 p.m. in Multipurpose rooms 1 and 2 at Gateway.

The supper is a potluck, so bring an appetizer, salad or dessert for six people. The club will provide coffee, tea and soda.

Wear the club name badge.

For reservations, contact Mary Hufford at 979-5611 or hufford@hotmail.com. Dues of $10 per person may be paid at the supper. Send to Mary Hufford at 534 Spotted Owl Court or left in the club’s mailbox at Gateway.

Those interested in being on a team in the upcoming evening league should attend the membership meeting.

For information, call Lois Piade (president) at 932-3160.

First RMGC Home and Home set

The Rossmoor Men’s Golf Club (RMGC) will hold its first Home and Home match of the year at Crow Canyon Country Club on Wednesday, March 4.

Envelopes are available in the Pro Shop. The cost is $45 and includes breakfast, lunch, green fees and prizes for winners. Reservations should be made as soon as possible. The deadline is Friday, March 5.

The number of players is limited and players will be selected based on previous activity and entry fee received. A player roster will be posted on Sunday, March 21, in the Pro Shop. Checks of players not selected will be destroyed.

Players who need to cancel after the close of registration will forfeit their payment unless an alternate can be found to accompany them. The club will offer registration refunds only if an alternates can be found to take their place. Membership in the RMGC is required to play in Home and Home tournaments. The club will provide a list of players for the club in the Pro Shop.

Reservations should be made as soon as possible. The deadline is Friday, March 5.

The number of players is limited and players will be selected based on previous activity and entry fee received. A player roster will be posted on Sunday, March 21, in the Pro Shop. Checks of players not selected will be destroyed.

Forecast for Rossmoor Golfers

Group travel

By Don Terry, Men’s Golf Club

Claudia and I went to Acapulco, Mexico, with a group of Rossmoor folks, most of them golfers. The weather there was very pleasant and the ambiance quiteGeni and砖ex. We very much enjoyed ourselves. This was the first time either of us has participated in an organized group trip of this type.

It is a unique and gratifying experience to be able to spend an afternoon and maybe have dinner with a group of people that you normally would not have the opportunity of really getting to know. This was especially true in some of the interesting experiences with quite a few very interesting and charming individuals. Like Bogart says at the end of Casablanca, “Frenchie, this could be the start of a beautiful friendship.” Now we know why so many of you do these trips and cruises.

Character and heroism

We learned that Joe McElroy is a storyteller and card magician of the first order. Lou Artiaco may have been a riverboat gambler in a previous incarnation. Fearless Chuck Clare stepped boldly into the dreaded black swamp that even Jacques Cousteau and his team would fear. Chuck did it simply to save a stroke. I’m not sure he had intended to submerge before taking his shot.

Of course, afterwards he had to be taken to the corporation yard by a work crew. Unfortunately his footage was obtained. No samples of the carnivorous black and green slime that covered Chuck were collected, so a great moment in Western history of exploration may have been lost.

The Bruno Maglis of snowshoes. Golfing mud shoes. They will look a lot like small snowshoes but will be more stylish. The Bruno Maglis will be Monday, March 15, at 7:30 a.m. at the club in the Pro Shop.

Members of the Bocce Ball Club board are, from left, Muriel Cabral, Bertha Messina, Mary Hufford and Lois Piade.

Get ready for Tennis Club’s Spring Fling

Continued from page 36

Sequeira with his karaoke music.

Calendar reminders

The following week is Charm Day on Thursday, March 18. The Thursday, March 25, tournament will be a four-player best-ball event. Players in each foursome will have handshakes in the same 10-digit group, for example, 21 through 30. The 18ers tournament last Thursday was cancelled due to rain.

Be sure to sign in at the Pro Shop (in the little back room) to participate in any of the 18ers events.

I hope everyone will be able to attend the upcoming events.

Tennis is at its best, the wildlife is out and about and you’ll not find many others out there with you. Give it a try sometime.

Get ready for the upcoming events.

Fill your tank

New hours for getting gas for your golf car will also start the week of March 14. We’ll be pumping gas at the Mutual Operations yard from 3:30 to 4:30 p.m. on Tuesdays and Thursdays. You’ll still need to pay for the gas at the Pro Shop and present the receipt to the attendant before he pumps the gas. The gas will continue to cost $4 a gallon.

“When the worse your lie, the farther back in your stance you play the ball.” That right there is the best tip for winter golf that I’ve seen. The idea is to contact the ball first, make crisp contact and get the most out of your shot.

In the winter, we often get lies that are soggy, muddy and involve wet grass in the rough. Try taking less club, because you don’t want to hit the ball on the back of your swing. You’ve been known to play the ball outside my right foot in really terrible lies. Also try taking more club and playing it back in your stance when you’re playing into the wind. The trick here is to hit down on the back of the ball with your swing. I’ve been known to play the ball right outside my right foot in really terrible lies.

Also try taking more club and playing it back in your stance when you’re playing into the wind. The trick here is to hit down on the back of the ball with your swing.
Women lawn bowlers do well in Sun City

Plenty of Trails Club hikes to choose from

Residents with golf carts should carry insurance

Bridge Bites

Duplicate Bridge

Chess Forum

Golfers Alert

Please don't drive on the greens, especially after a rainfall.

**Please don't drive on the greens, especially after a rainfall.**

**Please don't drive on the greens, especially after a rainfall.**
**What love is will be topic for Atheists/Agnostics Group**

The Atheists and Agnostics Group will continue its ongoing examination of human nature and behavior by asking the question “What is love?” at its next meeting. The meeting will be held on Sunday, March 18, at 3 p.m. in the Delta Room at Del Valle Clubhouse.

A video will be shown of psychologist Dr. Helen Fisher of Rutgers University discussing her research. One of Fisher’s books, “Why We Love: The Nature and Chemistry of Romantic Love.” Fisher’s research is based on brain-imaging experiments of people who were madly in love. Half of her subjects were finding acceptance of their love and half had just experienced rejection. Fisher maintains that nature has evolved three distinctly different human brain systems for mating and reproduction. The one which she will focus on is romantic love, which she compares to an addiction.

Prior to the video, two short video presentations will be shown. “Mr. Deity” is a three-minute humorous clip and the other provides a performance of “What Is This Thing Called Love?”

A discussion of the various ideas presented will follow Fisher’s talk. Visitors are welcome. Snacks and coffee are available at 2:30.

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**Volunteer Exchange learns laughter yoga techniques**

Tired of bad news? Gloomy weather? Join the Volunteer Exchange Program for an uplifting presentation about the benefits and practice of laughter yoga.

Certified yoga leader Helen Baldwin will be giving a demonstration of laughter yoga techniques at the next Volunteer Exchange meeting on Tuesday, March 23, from 1:30 to 2:30 p.m. in the Fireside Room at Gateway. All Rossmoor residents who would benefit from laughter are welcome to attend.

The Volunteer Exchange Program members trade a variety of short-term services, such as transportation to doctors appointments, friendly visiting, and reading to the vision impaired. Volunteer Exchange general meetings occur on the fourth Tuesday of the month.

For information about the Volunteer Exchange Program, or to become a member, contact Deborah Ott in Counseling Services at 988-7750. Membership is $15 a year.

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**Antiques Club presents ‘Cartier and America’**

The Antiques Club will present “Cartier and America,” a lecture and slide show about an exhibit at the Palace of the Legion of Honor, San Francisco.

The exhibition celebrates the work of the house of Cartier, which dates to 1847 in France and to 1909 in the U.S. when Pierre Cartier set up a New York branch.

The club’s meeting is Wednesday, March 24, at 1:30 p.m. in the Delta Room at Del Valle. The speaker is Clara Morrissey, a docent for 30 years at the Fine Arts Museums of San Francisco.

“Cartier and America” demonstrates the enduring connections between France and America with an array of exquisite jewelry, mysterious clocks and other objects made for American patrons.

The company’s works were sought by the royalties of Europe during its Belle Epoque and by Americans whose wealth was amased during the Gilded Age.

The club welcomes new members, however, membership is limited to Rossmoor residents.

For get-well or sympathy cards to be sent to Antiques Club members, call Barbara Martin at 935-9525.

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**Domino scores**

Domino winners Monday, March 1, were: JayDee Tingle 348, Joe Blyskal 335, Larry McFarland 331, Ace Shadell 325, Karl Nemin 323 and Margaret Leong 310.

High scores, Saturday, Feb. 27, were: Walter Rossi 336, Jim Ford 322 and Margaret Leong 313.

The Domino Club meets regularly on Monday evenings in the Oak Room at Gateway Clubhouse. Play begins promptly at 6:45.

On Saturdays, the Domino Club meets at noon in Multipurpose Room 2 at Gateway. This is an opportunity to learn and practice the rules and etiquette of Fives, the domino game played at the club.

On request, Kent Crosswell and Joe Blyskal are available for additional training on timed domino play with a partner. To make arrangements for instruction, call Blyskal at 937-5318. Everyone is welcome to attend and learn about dominos.

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**Spend St. Patrick’s Day playing Bunco**

Celebrate St. Patrick’s Day with the Bunco Club on Wednesday, March 17, in the Oak Room at Gateway. Check-in is at 6 p.m. with play at 6:30.

Bunco is a progressive game of dice, luck and lots of prizes. It’s a good way to make new friends and have fun. It requires no special skills or previous experience. The cost is $5 per person and includes snacks and drinks.

For information or a ride, contact Bev Fellows at 949-7628 or bev fellows@comcast.net.

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**Rossmoor Quilters to participate in the nationwide One Million Pillowcases Project**

During the month of March, the Rossmoor Quil- ters will be sewing pillowcases for the nationwide One Million Pillowcases Project. This charity project donates pillowcases to critically ill children, armed forces members, hospice patients, and women and children who are survivors of domestic violence and living in shelters.

The One Million Pillowcases Project is sponsored nationally by Better Homes and Gardens Quilting, and is sponsored locally by the Quilters Inn Quilt Shop located in Danville. Owner Jane Lewis states that all pillowcases received by the Quilters Inn are then donated to terminally ill patients at George Mark Children’s Hospital in San Leandro, or to the Blue Star Mothers, for distribution to U.S. Marine Corps members around the world.

Monetary donations or fabric donations to the Rossmoor Quilters are welcome, so that as many pillowcases as possible can be sewn and donated. In addition, any Rossmoor resident who would like to assist in this important charitable effort is invited to attend the regular gatherings of the quilters’ group on Friday mornings, in the Gateway Clubhouse Sewing Arts rooms from 9:15 until 11.

For information, contact the Rossmoor Quilters Chairman Barbara Whaley at 287-1811.

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**Partnership Bridge**

On March 2, 54 persons played partnership bridge in the Oak Room at Gateway. Dick Dockus/Shari Siegel 3810 with a small slam in diamonds; Helen Dailey/Virginia McKenna 3480 with a small slam in hearts; John and Dolores Clark 3160; and Bob and Alli Jornlin 2720. Low score was 870.

For information, call Helen Dailey at 934-1902 or Carolyn Nelson at 256-0144.

Partnership bridge played Wednesday afternoon, Feb. 24, had these winners: Hilda Stein/Bruce Carter 3480, Carolyn Nelson/Frank Louie 3440, Hilda Stein/Ruth Resch Gross/Shari Siegel 3810 with a small slam in no trump; Mary Kenney/Lynne Brucie Carter 3480, Carolyn Nelson/Frank Louie 3260, Wynette and Frank Greer 3120, and John and Dolores Clark 3160; and Bob and Alli Jornlin 2720. Low score was 870.

For information, call Hilda Stein at 934-1902 or Carolyn Nelson at 256-0144.

Partnership bridge played Wednesday afternoon, March 3, had these winners: Tey Ogi/Lillian Setodani 3560, Henry Sloan/Nicky Hoagland 3450, Carolyn Nelson/Frank Louie 3440, Hilda Stein/Ruth Resch Gross/Shari Siegel 3810, Wynette and Frank Greer 3120, Liz Algtelt/Io Malanowski 2560 and Gail Strack/Shari Siegel 2840.

Partnership bridge played Thursday afternoon, Feb. 25, had these winners: Wynette and Frank Greer 4190, Mary Kenney/Lynne Fry 3960, Jim and Joan Cheeney 2840, Tey Ogi/Frank Louie 2840, Virginia Pryborowski/Io Mala- nowski 2680 and Liz Algtelt/Luciana Young 320.

Partnership bridge played Wednesday afternoon, March 3, had these winners: Tey Ogi/Lillian Setodani 3560, Henry Sloan/Nicky Hoagland 3450, Carolyn Nelson/Frank Louie 3440, Hilda Stein/Ruth Resch Gross/Shari Siegel 3810, Wynette and Frank Greer 3120, Liz Algtelt/Io Malanowski 2560 and Gail Strack/Shari Siegel 2840.

Partnership bridge played Thursday afternoon, March 4, had these winners: Marie Nelson/Julie Battle 4550 with slams in 6 hearts and 6 no trump, Carolyn Nelson/Frank Louie 3470, Henry Sloan/Ted Gibson 3220 with a slam in 6 no trump, Barbara Smith/Nicky Hoagland 3160, Jo Malanowski/Peggy Wilms 2430 and Lynn and Mick Gross 2360.

For information, call Shari Siegel at 287-1720.

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**Rossmoor Quilters participating in the pillowcase project are, from left, Wanda Tienken, Barbara Whitehead, Evelyne Provaznik, Pat Horne, Betty Morton, Glenda Guillinger, Dora Burdick, Daryl Harvey and Pamela Scalioa.**

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**February bunco winners, from left, Mary Lou Browning, Bil- lie Lennox, Jim McHugh, Mary Lou Delpech and Joanne Ray- mond.**

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**News photo by Mike DiCarlo**

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**Rossmoor Quilts are welcome, so that as many pillowcases as possible can be sewn and donated. In addition, any Rossmoor resident who would like to assist in this important charitable effort is invited to attend the regular gatherings of the quilters’ group on Friday mornings, in the Gateway Clubhouse Sewing Arts rooms from 9:15 until 11.**

**For information, contact the Rossmoor Quilters Chair- woman Barbara Whaley at 287-1811.**
Counseling Services offers stress support group
Sessions begins this month

Counseling Services offers a support group to address stressors and stress management. The group examines dominant styles of reacting to stress, and negative thinking patterns. Sessions focus on stress-reduction and relaxation techniques including meditation, deep abdominal breathing, progressive muscle relaxation, guided imagery, self-hypnosis, yoga and lifestyle changes. The group will meet for eight Thursday mornings starting in mid March. It is important that group members plan to attend all eight sessions. Seating is limited and registration is required. The group is facilitated by Ann Pagliaro, social worker with Counseling Services. Call Pagliaro at 988-7753 for more information or to register for the group. There is no charge for the group.

Free information to Brain Gym offered by Brain Booster Club
Introduction to course at Dollar on March 16

The Brain Booster Club offers a free introductory program of Brain Gym on Tuesday, March 16, from 9 to 10:30 a.m. in the Dollar Clubhouse. This is an opportunity to learn what Brain Gym is all about. The next series is Tuesdays, May 4 to June 8, from 9 to 10:30 a.m. at Dollar Clubhouse. The instructor is Pam Whitman, a movement and performance specialist. She is in private practice and works with all ages.

The benefits of Brain Gym for seniors include improving memory, concentration, vision, hearing, coordination, balance and mobility to increase cognition, reduce falls and improve sleep, among many other benefits. These movements take between 30 seconds to one minute to do, so specific sequences can be done in less than five minutes. The program was developed to enhance the integration of left/right brain hemispheres. Brain Gym has been described as a program that sets the foundation for people to enhance their own best performance.

Membership in the Brain Booster Club is required. Dues are $10 a year. The cost of each program is $45 plus $3 for class materials.

To reserve a space in the program, call 932-2618. Whitman plans other programs throughout the year, including a Bal-A-Vis-X class and a “Speaking Fearlessly” series to develop a presence in front of an audience.

Counseling offers bereavement group

Rossmoor Counseling Services will conduct a bereavement support group for individuals who have lost a loved one at least two months ago. The group will meet for eight sessions on Thursdays, beginning March 18, from 2 to 3:30 p.m. in a private conference room in Gateway Clubhouse. For maximum benefit, it is important to plan to attend all eight sessions. The consensus among former group members is that being with others who shared their experience and genuinely understood was very comforting and helped them heal. The group fills quickly. Call Counseling Services at 988-7750 to reserve a space and to get directions to the meeting room.

Exercise With El to hold party

Residents who have wondered what Exercise With El is all about have a chance to find out at a St. Patrick’s Day party immediately after the exercise routine. This special event is Wednesday, March 17, at 9 a.m. in the Oak Room at Grace Presbyterian Church, located at 2100 Tice Creek Blvd.

No special clothing or equipment is needed, and there is no fee. For information call El Nungesser at 256-4361.
Registered dietitian to speak to Gluten-Free Discussion Group

Dietitian Kathi Nichols will speak to the Gluten-Free Discussion Group on Thursday, March 11, from 9:30 to 11:30 a.m. in Multipurpose Room 1 at Gateway.

The Gluten-Free Discussion Group focuses on topics of interest to people who are gluten intolerant, have been diagnosed with celiac disease or those interested in healthier eating alternatives.

Nichols will discuss issues and ideas about the use of vitamins (yes, no and maybe), use of select mineral supplements (sources do matter) and personal energy levels (alternative carbohydrate strategies). She will also discuss concerns for those with celiac and gluten sensitivities (concomitant diseases that add challenges to diet and nutritional choices).

She has a bachelor’s degree in food, nutrition and dietetics from UCLA, a master’s degree in community nutrition from the University of Manitoba, Canada, and is a registered dietitian.

She has been involved in acute care, rehabilitation, skilled nursing, food service and youth services. She has had to use her training in medical nutrition therapy to accommodate for food allergies, sensitivities and other custom needs as they arise.

She was trained in therapies for celiac disease, gluten sensitivity and wheat allergies as part of her clinical education. She was diagnosed with celiac disease in 2000. She strives to stay current in her education by taking all available continuing professional education courses relating to the celiac spectrum.

The Blue Diamond Growers (the nut company) has provided samples of its new gluten-free Nut-Thins as an added treat for this meeting. These gluten-free crackers are made from almonds and pecans.

For information, send an email to GlutenFreeWC@yahoo.com or call Walter Moeller at 930-8875.

Beyond Eyes to hear about senior center

Anne Allen, a volunteer for Senior Center Without Walls, will speak about this service at the Beyond Eyes meeting on Sunday, March 14, at 2 p.m. at Del Valle.

The program offers classes, lectures and other services over the telephone. There is also a chat group for people with vision loss. It is open to Northern California adults age 50 and over. There is no fee to join and no obligation.

Beyond Eyes is a social club for the sight impaired, their family and friends. Sighted persons are needed to assist with the program. The dues are $5 a year. Refreshments are always served at no cost. No reservations are necessary.

If you’re over 50 or have osteoporosis, it’s important that you don’t ignore your back pain. It may signal a spinal fracture. See your doctor right away if you think you may have one.

Spinal fractures can be repaired if diagnosed.

KYPHON® Balloon Kyphoplasty is a minimally invasive treatment for spinal fractures that can correct vertebral body deformity, reduce pain and improve patient quality of life.

For more information on balloon kyphoplasty or to find a local physician performing the procedure, call (877) 459–7466 or visit www.kyphon.com

You Deserve the Best Care! ❤
WE PROVIDE PROFESSIONAL CARE PARTNERS RIGHT TO YOUR HOME
Companionship ❤ Personal Care ❤ End of Life Care ❤ Live In Live Out ❤ Hospice Care ❤ Respite Care 24 Hr/day ❤ Affordable/Negotiable Rates

Friends of Rossmoor Fitness is an official club

Friends of Rossmoor Fitness is a new club that will host events related to health and aging, with the proceeds going to support fitness programming needs in the Fitness Center and pools.

With a start of 45 members, a meeting is scheduled for Saturday, March 13, from 1 to 3 p.m. at Dollar Clubhouse to organize the structure and plans of the new club. Election of president, vice president, secretary and treasurer will be held. These officers will help lead the club in its efforts to support resident needs in fitness and health.

All residents are encouraged to attend and become part of this effort to build a strong and active team. For information, call Dick Corriveau at 538-3601.
T’ai chi chih movements can offer a sense of wellbeing

Learn the gentle practice of the graceful movements of t’ai chi as a new eight-week series of classes on Tuesdays from March 23 through May 11 in the Diablo Room of Hillside Clubhouse.

t’ai chi chih is done with softness and focus affecting all aspects of being: the emotions and the joints and muscles of the body receive a gentle workout. This is a nonmartial art form of movement derived from t’ai chi chih.

The feeling at the end of a workout. This is a nonmartial art form of movement derived from t’ai chi chih. The 10 to 11 a.m. class is for beginning students. The 11:15 a.m. to 12:15 p.m. class is for continuing students who are familiar with the t’ai chi chih form. Returning students may join the class at any time. Fee for the eight-week series of classes is $48, payable in class. Drop-in fee is $7 per class.

For information, call Club President Diane Mader at 287-9460 or Vice President Geraldine Bagley at 287-0083.

The movements, practiced 20 to 30 minutes, have an effect on the physical body. Studies have shown t’ai chi chih to have a positive influence on the immune system, sleep, improving balance and many other aspects of our health. The movements practiced 20 to 30 minutes, have an effect on the physical body. Studies have shown t’ai chi chih to have a positive influence on the immune system, sleep, improving balance and many other aspects of our health.

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For information, call Club President Diane Mader at 287-9460 or Vice President Geraldine Bagley at 287-0083.

Parkinson’s Network holds support meeting

The Parkinson Network of Mt. Diablo will hold its general support group meeting on Saturday, March 20, from 10 a.m. to noon at Grace Presbyterian Church.

After introductory comments and a question and answer period, participants will break up into groups for caregivers, women with Parkinson’s disease and men with Parkinson’s disease to share valuable information.

For more information call Rosalee Spear at 284-2189. Grace Presbyterian Church is located at 2000 Tice Valley Blvd.

Hearing-loss support group will discuss issues related to hearing loss

A new support group club for hard-of-hearing people will meet monthly in Rossmoor. It will be conducted by Rossmoor resident Dr. Mimi Salamat, an audiologist with excellent credentials.

Each meeting will be focused on issues related to hearing loss and its effect on the person, his/her family and the community.

The meeting will include group discussion.

Call Olga Radoccia at 938-3998 to join the group or ask for information.

Lafayette Care Home

A Residential Care Home for the Elderly

Lafayette Care Home features six private rooms in a beautiful setting. We pride ourselves in giving personal and individual care. Please contact Linda at (925) 451-6456 to arrange a visit.

Testimonial from Marian M.

“Our mother has been with the Lafayette Care Home for over 3 years, and we are more than pleased with the loving care provided. We highly recommend this exceptional care home.”

Linda

Lafayette Care Home 3640 Baker Lane, Lafayette, CA 94549 (925) 451-6456

Lic. #075600841

Valley Audiology has been providing audiology and hearing aid service in Contra Costa County since 1984. While it might sound old fashioned, we put integrity, honesty and commitment up there with education and experience as values we think you want in a hearing-care practice.

We tell you the truth. We will tell you, but we can — and do — guarantee that we’ll always tell you the truth. Of course we can’t guarantee that you’ll always like what we tell you, but we can — and do — guarantee that we’ll always tell you the truth.

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Get Healthy with your Honey!

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Variety of yoga classes offered daily at Rossmoor Fitness Center

The Rossmoor Fitness Center offers a variety of yoga classes, from Monday through Friday. Classes are for all levels and accommodate those with physical limitations. Participants are advised to wear loose clothing and come with a relatively empty stomach. Props, used when needed, may include chairs, blocks and straps.

**Monday**

**Flexible Yoga**
Time and place: 5 to 6 p.m. in the Shasta Room at Del Valle Clubhouse.
Instructor: Barbara Bureker.
For information, call 934-7857.
Fees: $6 per class. Drop-ins welcome at $7 per class.

**Tuesday**

**Gentle Yoga**
Time and place: 11 a.m. to noon in the Shasta Room at Del Valle Clubhouse.
Instructor: Barbara Bureker.
For information, call 934-7857.
Fees: $6 per class. Drop-ins welcome at $7 per class.

**Wednesday**

**Gentle Yoga for Your Health**
Time and place: 12:30 to 1:30 p.m. in the Shasta Room at Del Valle Clubhouse.
Instructor: Katherin Bledsoe.
For information, call (510) 415-0177.
Fees: $10 per class welcome or $40 a month.

**Thursday**

**Brain Yoga With Katherine**
Time and place: 6:15 to 7:15 p.m. in the Shasta Room at Del Valle Clubhouse.
Instructor: Bonnie Maeda.
For information, call (510) 548-9566.
Fees: $10 per class; if four classes are purchased, $8 for drop-ins.

**Friday**

**Active Yoga**
Time and place: 10 to 11 a.m. in the Shasta Room at Del Valle Clubhouse.
Instructor: Sarah Harvey.
Call 510-639-4568 for information.
Fees: $8 per class or $30 per month for four classes. Drop-ins welcome.

**Yoga and Breathing**
Time and place: 1 to 2 p.m. in the Shasta Room at Del Valle Clubhouse.
Instructor: Sumi Kaur.
For information, call (925) 297-9550.
Fees: $7 per class or $8 for drop-ins.

**Strength Yoga**
Time and place: 12:30 to 1:30 p.m. in the Shasta Room at Del Valle Clubhouse.
Instructor: Barbara Bureker.
For information, call 934-7857.
Fees: $6 per class. Drop-ins welcome at $7 per class.

Have you had your COLONOSCOPY?

- Colon cancer is the second highest cause of all cancer related deaths in the U.S.
- Colonoscopy is the most effective tool for colon cancer screening. It is an outpatient procedure that takes about 30 minutes. Screening usually starts for men and women at age 50.
- Consultative Gastroenterology
- Hemorrhoidal Treatment
- Inflammatory Bowel Disease
- Hepatobiliary Disease

Call Today for your Appointment 925-943-4900

**Volunteers needed at Fitness Center**

Volunteers are needed at the front desk in the Fitness Center.
Responsibilities include answering the phone, checking identification and directing residents.
Volunteer shifts are available in the morning, midday and afternoon. For information, call Kelly Spraker, volunteer coordinator, at 988-7703.

**Rules of the road**

Golf carts are not allowed on the sidewalks or in the clubhouse courtyards. Golf carts can only be driven on the streets.

**HOW’S YOUR HEARING?**

Ask Dr. Mimi, a Rossmoor resident, with a Ph.D. in Clinical Audiology and former University Professor with 26 years experience.

**BEST Technology & Hearing Aids @ Dr. Mimi’s Audiology Clinic**

Are you unhappy with your hearing aids or having trouble hearing in noisy places?
Please give Dr. Mimi a call for a FREE HEARING EVALUATION & CONSULTATION

“As a person who grew up in a hard of hearing family, my Mission is to provide our community with unsurpassed Hearing Health Care & Tinnitus Management. I serve my patients with the highest level of competency, compassion, understanding & fairness.”

Dr. Mimi makes house calls at no extra charge!

(925) 937-4455
1280 Boulevard Way, Walnut Creek
Dr.Mimi@YourHearingDoc.com
Sock hop planned for 30s/40s Club this month

Members of 30s/40s Club will be transported back to the golden 1950s and ’60s for one evening on Saturday, March 27. The Diablo Room in the Hillside Clubhouse will be transformed into a high school gym. The fun will begin at 6 p.m., with dinner at 6:30.

A caterer is Top Dog Hot Dogs. The menu will be hot dogs to order, potato salad and cole slaw. Beer floats will also be served.

Kiwanis hears from EBMUD

Kiwanis meets every Monday, in the Delta Room at 7:30 a.m.Kiwanian Matt Matthews, at 1157 Singingwood Court No. 1. Checks must be received by Friday, March 19.

Club hosts for this event are Matt and Jo Ann Matthews, Ann and Don Peterson, Colleen and Peter Scally, Carol and Jim Regimbald and Jean and John Geyer.

For information, call the Gey- ers at 932-6183.

The 30s/40s Club is a married couples group for people born in the decades of the 1930s, 1940s or 1950s. It is a social group whose purpose is to meet others in the same age group with similar interests.

To join, or for information about other club activities, contact Membership Chairwoman Janey Key at 932-0727.

Nature Association holds bird walk

The Rossmoor Nature Association’s monthly bird walk will be Monday, March 15, at 9 a.m. starting from the Creekside Golf Course (at the corner of Rossmoor Parkway and Stanley Dollar Drive).

Due to construction work on the Creekside site, parking is somewhat limited at this location.

Visitors are always welcome to attend these casual walks, which are only canceled in the event of rain or heavy fog.

These guided bird walks have been a popular activity for Rossmoor birders for more than 20 years.

A typical walk is along the level cart paths of the Creekside Golf Course, which is normally open for walking on Mondays. On an average outing, birders can expect to see approximately 20 species during the 1.5 to 2-hour walk.

A complete record of all the club’s past documented bird sightings (including the dates and locations) can be perused at www.jardin-electronics.com/nm/hold.html.

For information, contact Bob Carlton at 280-8129 or at RLCarlton35@gmail.com.

Kiwanis hears from EBMUD

Kiwanis Club

Kiwanis Club will learn about the Central Contra Costa Sanitary District at its Club meeting on Monday, March 15. The speaker will be Chris Carpenter, a district community affairs representative.

They will review how the county collects and treats waste water for approximately 450,000 residences and businesses in the county. Additionally, he will tell how the water district provides recycled water to some local communities and about the waste water collection facility in Martinez.

Camera Club announces winners in travel and journalism competition

By Lynn Letteris

Club Correspondent

The Camera Club is a composite group of friends and neighbors who like to take pictures. Their equipment can range from a simple point-and-shoot camera to cameras, lenses and other accessories that can run into thousands of dollars. A simple, inexpensive camera can take an extraordinary picture, and with the advent of the digital camera, the photographer can take hundreds of shots, deleting down to the few that he or she likes.

Most people own cameras, but somewhat like owning a computer and not understanding its complexities, many camera owners do not understand the camera’s use, how to unleash its magic, as well as the fun and satisfaction derived from creating a library of memories – and almost free of cost – hence, the Camera Club.

The Camera Club’s meetings are open to all Rossmoor residents. Anyone who wants to learn more about using a camera or the art form that is photography may want to drop into the meetings that occur on the first and fourth Wednesdays of each month. These evenings are devoted to competition.

Entrants begin competing at the basic level and, with points earned in competition, gradu ate finally to the master’s rank ing. An experienced judge critiques competitor’s entries.

The photographer’s work is projected on a screen anonymously, so the judge’s comments are in the competitor’s comfort zone. The judge offers helpful criticism, and attendance at these meetings gives a virtual education in the art of photography.

This month’s judge for the categories of travel and journalism was Barbara Mallon. Mallon’s background includes specializing in black-and-white prints, color slides and more recently, digital prints. She has been in charge of the Livermore Camera Club’s Photo Class. She has judged for several camera clubs and has been slide show judge at the Alameda County Fair.

She has also judged educational exhibits. She looks for originality, impact, lighting, composition and technical quality when selecting images.

This month’s winning entries are as follows:

Journalism

Basic: first place, Arlita Smith for “Mayor Newsom on the Campaign Trail,” by Arlita Smith


Intermediate: first place, Norman Nielsen for “Snow Storm in the Midwest”; second, "Indian Temple, Kashmir, Inda,” by Hazel Horti

Kevin Kratins for “Munich Oktoberfest”; and second and third, Walter Braun, “Even a Snowstorm” and “Documenting the News”

Travel

Basic: first and second place, Smith for “Reading the Koran” and “Taking Pigs to Market”; third, John Clark, “Machu Picchu Llama”; and

Continued on back page
HOW TO PLACE A CLASSIFIED AD

Classified ads in the Rossomoor News are a minimum of $12.50 for 10 words, $1.25 per word for non-residents and $1.00 for residents. Each additional word is 25¢. Phone numbers are one word. Discount rates are available for long-term ads. Payment must be made at the time the ad is ordered.

Place classified ads at the News office located at Gateway Complex in the back parking lot, or mail to PO. Box 2190, Walnut Creek, CA 94595. Classified ads can be emailed to newsdesk@rossmoor.com, or faxed to 925-935-8348. Staff will call back for payment information and ad confirmation.

The ad deadline is Friday at 5 p.m. for the Wednesday edition. Deadline changes due to holidays will be printed in the News. For information, call the News Monday through Friday from 8 a.m. to 4:30 p.m. at 988-7800.

CLASSIFIED ADS

10 PERSONALS

ROOMATE WANTED: FLEXIBLE arrangement. Rent reduced if you combine with another non-smoker elderly person ok. Very quiet and comfortable, almost as if you were alone. Furniture furnished. 205-935-1444.

FLEISCHMAN FIELD Research, a management consulting firm in downtown San Francisco, is looking for motivated, self-starter, recent college graduates, with an emphasis on accounting. This is a one hour research interview taking place in March in our SF office. We will pay you $100 for your time and opinions. Absolutely no sales - re- search only. If you are between 65 and 68 years of age please call us at 415-388-1400 X 11. We are specifically interested in talking to you about women. www.fleischmanfield.com

40 MISCELLANEOUS

HELPING HANDS/PERSONAL Assistance. Disruptive to transportation, appointments, grocery shopping, errands. etc. I am reliable, honest and caring. Rossomoor resident. Call Linda at 925-928-2181.

"MY BUTLER JOHN" Making life easi- er for you. These are my services: shopping, running simple errands; transportation to appointments, airports; reminder services; check-ins for family. I'm here to help you. Call John at 925-989-7113.

ANGICAL CHURCH IN NORTH AMERICA Group is offering to all Rossmoor residents in the East Bay area in Oakland. Let’s all work together to build a strong endowment and a foundation for the church. Contact us at 510-935-2128.

WORKING WITH ROSMOOR residents for years—College studies, looking for extra income. Gardening, pet sitting, cooking, housecleaning, hauling small items, etc. References. I am a hard worker and honest. Call Michelle at 925-705-1694.


95 TRAVEL

FABULOUS TAHOE II
Exquisitely updated upper Tahoe II with 2 bedrooms, 2 baths, custom office/study, bright kitchen, smooth vaulted ceiling, crown molding and custom space-saver closets. Hardwood floors, marble fireplace, gas heat, attached garage and carport. Lots of privacy and views overlooking the lake and mountains. This property offered exclusively for $494,500. Take a virtual tour of this beautiful penthouse at www.1568stanleydollar.com
110 PROFESSIONAL SERVICES

115 HEALTH SERVICES

120 SEEKING EMPLOYMENT

CAREGIVERS

YARD SERVICES

PENDING AFTER 4 DAYS

² Bed, 1 bath Sonoma enclosure + washer/dryer, $136,000
² 1 bath, 1.5 baths, elegant remodeld San Francisco, $329,000

A Choice for Everyone

2 bedroom, 1-bath Sonoma enclosure + washer/dryer, $136,000
2 bedroom, 1.5 baths, elegant remodeld San Francisco, $329,000

DOE LICENSE #10123810

awarded for the listing and selling of 2 bedroom, 2 bath, 1,216 sq. ft. property

#5 "It’s Your Move..."

100 BUSINESS SERVICES

Company is a Choice for Everyone

LAFAYETTE TAX SERVICE

100 BUSINESS SERVICES

ROSSMOOR REALTY

110 PROFESSIONAL SERVICES

ROSMOOR REALTY

ROSSMOOR REALTY

Rossmoor REALTY

2 bedroom, 1-bath Sonoma enclosure + washer/dryer, $136,000
2 bedroom, 1.5 baths, elegant remodeld San Francisco, $329,000

JOSEPH LING

3044 SPARTAN AVE.

ROSMOOR REALTY

100 BUSINESS SERVICES

ATTORNEY DOROTHY HENSON:

2 bedrooms, 1-bath Sequoia Wrap great location, $129,000
2 bedroom, 1-bath Carmel dollhouse with privacy, $230,000
2 bedroom, 1-bath San Franciscan, remodeled by Toupin, $295,000

2 bedroom, 2-bath Mariposa with views and carport $325,000
2 bedroom, 1-bath Son Francisco, remodeled by Toupin, $295,000
2 bedroom, 1-bath Carmel dollhouse with privacy, $230,000
2 bedroom, 1-bath Sonoma Wrap with washer/dryer, $110,000
2 bedroom, 1-bath Sequoia Wrap great location, $129,000
2 bedroom, 1-bath Golden Gate remodeled, no steps, $220,000
2 bedroom, 2-bath Villa El Rey condo, remodeled, $395,000
2 bedroom, 1-bath Villa Regency, remodeled, $309,000
2 bedroom, 2-bath Westchester with den, attached garage, $540,000
3-bedroom, 3-bath Valley Oak with views and carport $1,325,000

WATERFORD

2 bedroom, 1-bath Rosedown with views, $219,000
2 bedroom, 2 bath Cypress, east exposure, $219,000

DECADES OF TOP PRODUCTION

3044 SPARTAN AVE.

ROSSMOOR REALTY

2-bedroom, 2-bath Villa Regency, remodeled, $309,000
2-bedroom, 2-bath Westchester with den, attached garage, $540,000
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DECADES OF TOP PRODUCTION

3044 SPARTAN AVE.

ROSSMOOR REALTY
CURRENT EXCLUSIVE LISTINGS

VILLA BELMONTE – 1 bed, 1 bath condo. DARRLING PROPEPT OVERLOOKS POOL. Level-in & convenient to carport.
Partially enclosed deck - a plus for hobby room or office.
$165,000

CARmEL – 2 bed, 1 bath co-op. PRIVACY, TRANQUILITY & CONVENIENCE! Many upgrades in this Carmel. Maple cloths, tile crrs, Wllsumart fir, crown molding, recessed lighting, bookshelves in guest bdrm, upgraded bth w/window.
$230,000 Equity

GOLDEN GATE – 2 bed, 1 bath co-op. RECENT REMODEL. Cheery, light & bright. All new white cloths thru-out w/extra clls in livrm. Newer witt apps + micro. Attrcctive Pergo fl  r in entry & kit. Skylight in bth.
$174,900 Equity

S AN FRANCISCO – 2 bed, 1 bath co-op. BRIGHT SUNNY LOVELY HOME with many upgrades. Kitchen updated 2 yrs ago. Tle flr & back patios. Updated bth w/W/D.
$175,000 Equity

$178,000 Equity

SONOMA – 2 bed, 1 bath co-op. BEAUTIFULLY REMODELED w/full enclosure (co-doors or windows), crwn mldg, mrmrored clost doors, W/D, window treatments. Light & bright. MOVIE IN READY.
$136,000 Equity

MONTEREY – 2 bed, 1.5 bath co-op. LOTS OF UPGRADES HERE! Beautiful enclosure w/E Vu of park. Crown molding, can lights, w/cmncotng, new carpet, uprdgld kit w/grnnt crr & cler fronts, s/s Bch full size W/D. Upgraded drs. Beautiful 1/2 bth.
$250,000 Equity

CASCADE – 2 bed, 2 bath condo. LOVELY GOLF COURSE SETTING. Mov-in condition. White kit. Private end unit w/lofts steps down. Garage & carport.
$390,000

$310,000

$325,000

$485,000

$579,000

MIDDLETON – 2 bed, 2 bath condo at The Waterford. FIRST FLOOR W/NEW CARPET & PAINT. Level in from parking area. Wrap around patio. New dishwasher & garag cmpctor. New kitchen & bth flooring.......
$228,000

OUR CURRENT MLS LISTINGS: CONDOMINIUMS

VALLY OAK – VALLEY OAK LIKE NO OTHER. 3 bed, 3 bath plus den single family home. Custom upgrades thru-out. Beautiful vu of the valley. There is nothing better in all of Rossmoor.
$1,395,000

3 BEDS, 3 BATHS

SANTA CRUZ – SECLUDED MANOR – LEV COUNTRY MEMORIAL. 3 bed, 3 bath. Travertine stone entry, high quality hrd frs, state of the art kit, built in cabinets. 2 BR + Den or 3rd BR, travertine fl ooring. 2 upstairs BR, Carport close by.....
$319,000

BLUE OAK – ESQITISHE HERITAGE OAK HOME nestled in southern hills. Offers sweeping views, stunning archways w/ten foot ceilings, eye catching btt-in entertainment center, expnsive Travertine stone entry, high quality bld fsr, state of the art kit and much more....
$999,000

CARmEL – BEAUTIFULLY REMODELED 2 BATH. Like new interior. A MUST SEE! Groupy over front patio.
$292,000

DIABLO – SPACIOUS CONDO w/lofty view of treet & eastern hills. Updated kitchen attrctive cabinets, microwave. Msembled clost doors, shutters on windows & new carpet. Your clients will like it!
$295,000

EXP KENTFIELD – PANORAMIC VIEW FROM ENCLOSED DECK. Remodeled kit & baths. Den or TV room. New carpet & beautiful stone/vle flrring. Mrmrored doors at entry. White shutters in both bdrms. Carport close by.....
$315,000

$279,000

LIVE OAK – A GREAT SINGLE FAMILY HOME! New hardwood floors - built-in, paint & carpet. A MUST SEE!!.....
$999,000

MARiPOSA – GREAT GOLF COURSE VIEW. Nice unit w/remodeled kit. New carpet & paint. Convent location - cprnt @ base of stair. .....$305,000

MARiPOSA – BEAUTIFUL NEWLY REMODELED. Granite counters, Travertine tile. Redesigned kitchen. All new baths. Great buy w/bl & the bells & whistles. .........
$350,000

PINEHURST – BEAUTIFUL HOME. Updated kitchen, maple cabinets tile backsplash. Skylight. Veranda overlooking golf course. Garage with built in cabinets. .........
$399,000

ROSSLYN – LONG LEVEL RAMP & PRIVATE GARDEN. Garage & carport. Newly updated kitchen with new appliances & Granite counters. Spectacular master with window seat, walk-in closet & access to balcony. .........
$599,000

Waterford

OUR CURRENT MLS LISTINGS: CONDOMINIUMS

MIDDLETON – 2 BEDROOM, 2 BATHS

New carpet & paint, Level in from parking area, Wrap around patio, New dishwasher & garbage compactor, New kitchen & bath flooring.

Asking $228,000

Prices Starting as Low as $195,000

Waterford

The Waterford is all better a value.

There’s never been a better time...

Enjoy all the advantages of Rossmoor living plus:

• Ownership equity
• Companionship
• Security
• Restaurant style fine dining

When comparing monthly costs for similar living, The Waterford is all better a value.

Waterford (includes one meal per day) 1 Bed, 1 Bath Model...............................

$1,649

Comparable Rental (includes one meal per day) 1 Bed, 1 Bath Model.......................

$3,445

Incredible values available!
OUR CURRENT MLS LISTINGS: CONDOMINIUMS

2 BEDS, 2 BATH


VILLA NUEVO — PANORAMIC VIEW OF MT. DIABLO. Top floor with 2 open decks. Updated appliances & baths. Elevator blgd. Garage & carport. $579,000

VILLA ROBLES — EXTRAORDINARY PANORAMIC MT. DIABLO VIEW. 10+ Truly a diamond in the rough. Top fl, unit, level-in, boundaries opportunity. Spacious, bs, ceilings, lg eat in kit, formal DR, FP, end deck makes a den for extra living space. $425,000

VILLA ROBLES — PICTURE PERFECT VIEW OF MT. DIABLO w/own area for pet. Level-in w/garage & carport. Southeast exposure brings in lots of light. Dual pane windows, newer furnace. Some rooms remodeled. $525,000

WESTCHESTER — 2 bed, 2 bath condo. On THE GOLF COURSE! Beautiful setting. New paint & carport. Master bedroom deck has been enclosed. Perfect for office. Garage & Carport. $539,000

WESTCHESTER - 2 bed, 2 bath condo. UNIQUE WESTCHESTER W/Open Den. Nicely updated with smooth ceilings, newer high end carpet, dual pane windows. Master bdrm with encloure, 3 skylights, sunny SW exposure. Clean & ready to go! $540,000

WESTCHESTER — QUALITY “OVER THE TOP” REMODEL complete w/its own temperature controlled wine cellar. Dual pane windows, spacious DR, encloure - entertainer’s dream. Top of line upgrades throughout - golf course view $975,100

WESTCHESTER — A REMODEL SHOWCASE on the 6TH FAIRWAY! Level-in, golf port Double pane windows. New heating system. MUST SEE! $985,000

WHITNEY — RARE SPACIOUS OPEN CONDO FLOOR PLAN w/converted garage retreat & only two-steps to the first. No one above or below. The ultimate location of this end unit home is situated at the end of an entry w/sprawling lawn in the front, side & off the patio. $825,000

OUR CURRENT MLS LISTINGS — COOPERATIVES (EQUITY PRICE)

2 BEDS, 1 BATH

SONOMA WRP — NEW PRICE!! Lovely 2 bed w/new paint, newer carpet & kitchen counter. Updated baths. Plaster shutters all around. Light & bright & very clean. Extra storage in carport. $212,500

SONOMA WRAP — A EXTENSIVELY REMODELED IN ’04. Smooth ceilings, new molding, carpet & kitchen. Updated baths, full size W/D, Kraftmaid cabinates, granite, SS app, rocker switches & new plugs throughout. $277,000

2 BEDS, 1.5 BATH

GOLDEN GATE — 1BD DEGREE VIEW OF THE GOLF COURSE! Sumptuous remodel w/added 1/2 bath, solid maple cabinets, new stove, SS app. Large patio w/garden. $220,000

SAN FRANCISCAN — WONDERFUL TUPPIN REMODEL. WITH ALL UPGRADES incl. Kit. Redo's galore. Front door has custom glass design, entry & courtyard is a serene quiet oasis. $112,000

SEQUOIA — VERY NICE UNIT!! Pretty view from open deck. New carpet, lino in bthrm. Shower instead of tub. W/D, close to carpt & guest parking. Light, bright & cheerful! NEW PRICE!! $110,000

SEQUOIA — SPACIOUS 2 BED 2 BATH. Freshly painted, newer floors & nice view. Large kit & bath. ALL IN GREAT LAY to the first floor. NEW PRICE! $104,900

SONOMA WRAP — ORIGINAL with washer & dryer. Good view. Carport very close. Enclosure with partial open deck. $100,000

SONOMA WRAP — ORIGINAL with nice outlook. $113,000

SONOMA WRAP — PRICED FOR QUICK SALE! 4 Shadowns area. Close to laundry/laundry. $115,000

SONOMA WRAP — BASIC BUT WITH SOME UPGRADES. Enclose w/o back up price includes utility room. Nice outlook, close to parking. $115,000

SONOMA WRAP — EXPANSIVE OPEN AIR DECK. Side deck enclosure off DR. Bosch W/D, window in bath, glass front cabinets. SS sink, DW, water purifier, plantation shutters. $132,500

SONOMA WRAP — LOTS OF UPGRADES HERE!! Quality kitchen w/maple cabinets, slab granite counters, SS sink & ap & sink, pullouts & lazy susan. Remodeled bath w/stall shower, stack W/D. NEW PRICE!! $199,000

1 BED, 1 BATH

DEL MONTE — A REAL WINNER! Spic & span. Back-up to open space at top of Singingwood Ct. No one above or below. Directly above carport. ALL FURNISHINGS AVAILABLE! ................. $85,000

MENDOCINO — LOVELY LEVEL-IN PROPERTY. Steps away from laundry & guest parking. New paint & carpet. $125,000

Don’t Miss Our EXCLUSIVE LISTINGS

Whether you’re buying or selling or for a personal tour, call us today (925) 932-1162

1-800-980-7653 (SOLD) www.rossmoorrealty.com

FEATURED LISTING

Blue Oak

PRESENTED BY DANNY SMITH

EXCLUSIVE “HERITAGE OAK” HOME

• 2 Bedrooms, 2 baths plus den & formal dining
• Sweeping views.
• Stunning archways & 10ft ceilings.
• State of the art kitchen.
• High quality hardwood floors!
• Plus much, much more!
OFFERED at $999,000

Sue DiMaggio Adams
Gina Bethel
Ann Cantrell
Dave Caron
Betsy Case
Muffie Clark
Patsy Compton
Earl Corder
Jimmie Lee Cropper
Meg Crosby
Kathryn Davi
Virginia Dempsey
Tom Donovan
Linda Fernbach
Rose Fox
Barbara Guandalini
Bill Gray
Elizabeth Hastam
Laura Hunt
Alex Kokes
Kim Makes
Dee Littrell
Janet McCaldle
Mary Jane Madden
Shirley Nankin
Carol Nelson
Evelyn Nielsen
Nicole Nielsen
Richard Nielsen
Karen Parrish
Robert Parrish
Tina Parrish
Valerie Petersen
Andrew Plaisted
Connie Rogers
John Saunders
Danny Smith
Barbara Spina
Marilynn Van Story
Sonja Weaver
Diane Wilson
Lori Young

Rossmoor News • March 10, 2010 49

John Russell, Jr., BROKER
PRACTICAL NURSE GENERAL
nursing care, run errands, give baths, honest, neat, dependable. Live-in or live-out, flexible hours, available anytime of day or night, week-ends/week-days. Wages negotiable, references. Call Aaron 925-435-4314.

COMPASSION & CARE services.
Live-in, live-out, hourly. For seniors with special needs or care. We have 15 years experience, good references. We are honest and trustworthy. Call Lyla or Lucy at 925-819-2248.

Please keep dogs and cats on leashes in all but special areas!


CERTIFIED NURSING Assistant/

EXPERIENCED CAREGIVER:
Female, trustworthy, conscientious, reliable. Expertise in massage/exercises. PTH was in-home care/assistant in Rossomoor. Has handled difficult cases, Monday through Friday. AM, PM Sleepover. Call Mary/Ding, 510-305-2371 or 510-329-0187.

RETIRED SCHOOL TEACHER.

ARE YOU LOOKING FOR an experienced caregiver with lots of experience? I have hospice experience as well as in-home care. Light housekeeping. Hourly (vary with each client or will consider live-in). Dorothy Smack, 925-436-9734.


HOME SICKNESS:
Female, 47 years experience. Striving to be one of the best in the home health field. Call 925-487-2934.

YOUR GIRL FRIDAY:


CAREGIVER SEEKING employment. Nurse assistant caregiver for a fe- male living in Rossmoor. She is 88 years old. I am retired from Kaiser Hospital, very qualified. I am the best recommendation. I also help with your appoint- ments etc. Please call me. Holly 925-385-2201 or 925-228-7700.

HONEST, RELIABLE, TRUSTED

HOUSEKEEPING SERVICES.
10 years experience. 100% professional. Reliable, hard working. Call Nyla, 925-937-3226.

USING A GREAT HOUSE CLEANER?
NEED A GREAT HOUSE CLEANER?
I've been in Rossmoor for over 10 years. I have lots of customer refer- ences. I will clean your house as if it's my own. I will give you a free estimate. Reliable, honest and nice. Call anytime, Miranda 925-925-8790.

Need a great house cleaner? I've been in Rossmoor for over 10 years. I have lots of customer refer- ences. I will clean your house as if it's my own. I will give you a free estimate. Reliable, honest and nice. Call Miranda 925-925-8790 or 925-363-3415. The best in Contra Costa! Email evaluations. Miranda@rosmoor.com 925-363-3415.

EDITH’S HOUSEKEEPING: Reli- able, professional. Very good references. Move in and out. One time only or regular cleaning. I do window washing and other chores. Most clients are in Rossomoor.Call 925-207-9863.

130 Help Wanted
BOOKKEEPER WANTED Part-time, familiar with computer. Quickbook, Google Drive, Google Sheets.

140 Wanted
I BUY ANTIGUDES & Collectibles. From pottery, lighting and glass, thru silver, furniture, jewelry and paintings. Estates are welcome and conducted professionally. Free photo evaluations. Call 925-329-2775 or 925-228-8677 or Lynda Francisco, 925-237-9370.

COINS-AUTOGPHS-PHOTOS.
Collectibles, Coin collections; gold, silver, copper, American or foreign. Photographs, Daguerreotypes, Ambro-types, bromo-types, all forms. Especially request autog- phs, letters and documents signed by Joseph Silva, 925-372-8743. Rossomoor home calls only. Call Joseph 925-839-9789.

VINTAGE OLD AMERICAN Baskets, rugs and blankets, pot-tery, china/dishes or other artifacts, also California and Southwest paintings. I have the knowledge, expertise and pro- personal. Professional and corporate referrals available upon request. 707-996-1820.

ESTATE LIQUIDATION- Full service estate liquidation. Complete or par- tial liquidations of house contents, fine antiques, furniture and art. Trusted family business, over 30 years experience. Call the professionals at Hudson’s Estate Liquidations. 510-996-3999 or 510-996-3415. Free assessment. Fully insured. License 170528.

More Wanted on page 52
Visit us in the Rossmoor Shopping Center
1950 Tice Valley Blvd., Walnut Creek
(925) 937-6050
www.PruRealty.com/Rossmoor

GORGEOUS FIRESTONE ON THE FAIRWAYS!

ONE YEAR LEASE AVAILABLE
This lovely one bedroom Brookgreen model is located at the Waterford. .................................................................$2,150 per month.

GREAT VALUE MIDDLETON
This 2-bedroom, 2-bath condo located on the first floor of the Waterford is freshly painted with new carpet. This unit shines!......$218,750.

ELEGANT PANORAMA
No steps and 2 parking spaces make this 2-bedroom, 2-bath home a winner. Eat-in kitchen, walk-in closet in master. Working fireplace in living room, plantation shutters throughout. Elegance and convenience await you, come and see it.................$399,500.

WATERFORD FOURTH-FLOOR CONDO
With beautiful view. This Chatsworth model is conveniently located near elevator at the Waterford. This unit has been refurnished with new granite counter tops in the kitchen, new stainless steel sink, cook top and hood, new faucets, new paint, carpet and vinyl. New price.................$239,000.

HIGH STYLE AT THE WATERFORD
The best in club-style living. This model features 2 bedrooms/2 baths, stall shower, walk-in closet, bright kitchen with eat-in area, nice patio and garage parking. Weekly housecleaning and daily lunch or dinner are included. .........................$499,000.

BEAUTIFUL BROOKGREEN AT THE WATERFORD
This beauty features one bedroom, one bath, stall shower, washer/dryer, bright kitchen, nice patio, great setting and is move-in ready. Weekly housekeeping and one daily meal are included. ....$129,000.

FLASH - ANOTHER HONAN REMODEL
This Piedmont has 3 beds/2.5 baths. It should be for the young at heart as it has stairs. Located in private setting. Newly painted, new laminate floors, all new kitchen with granite. New washer/dryer. A must see....$3,499,000.

BRIGHT TAHOE II WITH ALL THE EXTRAS

PICTURE-PERFECT INVERNESS
Elegant and airy, 2 bedrooms/2 baths, plus den. Open floor plan, soaring ceilings, windows on all sides. Granite counters, hardwood floors, and so much more. .........................$499,000.

EXTRA LARGE, UPPER, END UNIT
This Sequoia Wrap shows beautiful skylights in kitchen and bathroom, window in bathroom, built-in microwave, neutral carpet, parquet entry, expanded living area and a bonus room. This home boasts “pride of ownership” and is located close to the carport and laundry facility. Preview at VisualTour.com ..................$145,000.

PICK A PEACH!
Rare “level-in Carmel” is a peach of a unit boasting fresh paint, neutral carpet, granite counter tops, and a white kitchen. Enjoy your leisure time on the spacious front courtyard or the private enclosed back patio. Laundry facility is a door step close. Preview at visualtour.com .......$180,000.

YOUR DREAM COME TRUE
This highly updated Sonoma wrap features 2 bedrooms, updated bath with W/D and stall shower, updated kitchen with custom cabinets, granite counters and S/S appliances, coffered ceiling, recessed lights, enclosed wrap, open deck, and carport just steps from entry. Great location and price ....................$199,000.

LEVEL-IN MENDOCINO
No steps to this 1 bedroom, 1 bath featuring a garden patio, central heat and air conditioning, newer paint and carpeting. Tons of parking. Walk to Hillside Clubhouse and pool. Nice! .........$129,000.

CARMEI ON THE ROSSMOOR WOODS
This little charmer is nestled at the end of a block of houses. This co-op is surrounded by trees and bushes. Two bedrooms, one bath, with window, freshly painted and new carpets. Nice backyard view. A real cottage like setting. .....................$159,000.

AFFORDABLE, SUN-FILLED CYPRESS MODEL
Bring your decorator touches and move right in. Private, level patio adjoins the living areas and offers level-in possibility. Near to everything. Lots of parking. ........................................$79,000.

GREAT LOCATION MENDOCINO
Single story, end unit with private patio for gardening and barbecue. New carpets, paint, kitchen sink, smooth ceiling, walking distance to golf course and Dollar Clubhouse. ..................$135,000.

A MUST SEE YOSEMITE
This model has many unique features. Two bedrooms, two baths. All new, open kitchen with granite counters. Bright and cheery with 3 skylights. This unit is highly updated with many extras. Don’t miss it! ..................$279,500.

NO STEPS
To this sunny Yosemite model. Newer appliances in kitchen. 2 bedrooms and 2 full baths. Come see it!.........................$199,000.

CLEAN AND READY FOR MOVE IN
Two bedrooms, 1-bath Sonoma with new carpet and vinyl and freshly painted. Lots of open space and nice outlook from open deck. Near carport and laundry just steps away. .........$102,500.

DON’T MISS THIS HOME
It sparkles. Two-bedroom, 2-bath Saratoga with washer and dryer. Some upgrading. Enclosed veranda with end section left open for outdoor living. Lots of natural light. ...................$175,000.

NESTLED IN A QUIET PARK SETTING
This manor has an updated kitchen and bath. The unit features washer/dryer, new carpet and paint. .........................$112,000.

(925) 937-6050
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Serving Rossmoor for Over 30 Years
Prudential can also help with your real estate needs outside Rossmoor.
NOTICE OF PETITION TO ADMINISTER ESTATE

TO all heirs, beneficiaries, creditors, and persons who may have an interest in the estate of, or estate or, both, of W. H. HAWLEY,

A PETITION FOR PROBATE has been filed by BETTY L. K. SYMONS in the Superior Court of California, Contra Costa County. THE PETITION FOR PROBATE requests that B. L. SYMONS be appointed as personal representative to administer the estate of the decedent.

The Petitioner requests the decedent’s will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The Petitioner requests authority to administer the estate under the Independent Administration of Estates Act. This authority will allow the personal representative to settle the estate, pay debts, and distribute property to the heirs, etc., without obtaining court approval. Before taking any action under this authority however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.)

The personal representative will be required to give notice to interested persons and show good cause why the court should not appoint the personal representative as the administrator of this estate.

A HEARING on the petition will be held in the courtroom of Judge Demos at Dept. 61, located at Court House, 725 Court Street, Martinez, California 94553.

NOTICE OF PETITION

If you are a person interested in the estate, you may file with the court a written objection to the granting of this petition. Your objection must be in writing and filed at this court by the close of business on March 10, 2010.

Your objection will be required to be given notice to interested persons as provided in Probate Code Section 1202.

A HEARING on the petition will be held in the courtroom of Judge Demos at Dept. 61, located at Court House, 725 Court Street, Martinez, California 94553.

If you OBJECT to the granting of this petition, you should appear at the hearing. Your appearance may be in person or by your attorney.

NOTICE OF TRUSTEE’S SALE

The following are doing business as: 11-1800 Cafe and Deli Group, 1800 Monument Blvd, Concord, CA 94520.

Richard H. Drew
Maria Lourdes Drew

217-052-011-0. The total amount of the debt guaranteed by said Deed of Trust is $446,790.81 and any amounts which may be added to said debt through the accrual of interest and costs, that are secured by the property to be sold.

Notice of Sale: The undersigned Trustee disclaims any interest, title or claim to the property described in said Notice of Sale, and in the property situated in said County, State of California. Executed by: Richard H. Drew

Liz Gutierrez, Deputy County Clerk

CONTRA COSTA COUNTY CLERK
555 Escobor St., P.O. Box 350 Martinez, CA 94553-0350
FILED: Feb. 19, 2010

CONTRA COSTA COUNTY CLERK
555 Escobor St., P.O. Box 350 Martinez, CA 94553-0350
FILED: Feb. 16, 2010

CONTRA COSTA COUNTY CLERK
555 Escobor St., P.O. Box 350 Martinez, CA 94553-0350
FILED: June 23, 2010

L. Barajas, Deputy County Clerk
BUSINESS SERVICES

CONSTRUCTION

PREMIER KITCHENS 20 YEARS EXPERIENCE

Quality, Reliability, Value

Your complete home remodeling contractor specializing in Bath and Kitchen remodels.

◆ Established Reputation of Quality Workmanship and a leader in Residential Design with over 18 years of Rossmoor Experience.

◆ Professional Design and Project management services with a staff of clean and courteous tradesmen.

◆ Offering to our clients a Design Selection Showroom for convenient “one-stop” shopping.

◆ Displaying KraftMaid Cabinetry, Amtico vinyl, Quickstep laminate, LM hardwood, Shaw carpet, Silestone, Granite and Corian countertop materials and a large tile selection.

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WWW.PREMIERKITCHENS.NET

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2717 N. Main St. Suite C
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Quality, Reliability, Value

Your complete home remodeling contractor specializing in Bath and Kitchen remodels.

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Customer Satisfaction is #1
Satisfied clients say it best!

◆ “Dennis listened to what I wanted” - Gloria S.
◆ “A Rossmoor friend recommended Sattlers” - Dave L.
◆ “Your team did a great job remodeling my home” - Sigrid L.
◆ “I trust you” - Luita L.

Kitchens, Bathrooms, Washers/Dryers: Sattlers does it all!
“I only work in Rossmoor ...”

We feature:

• Fast response
• Knowledge of Rossmoor permit requirements
• Detailed Proposal with drawings, specifications and material samples
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525-4700 Cell 934-2104 Office

Sattlers Construction, Inc.

LANDSCAPING

Consulting Services

Consultation for Decks, Patios, Gardens • Planting and Planting Installation, Concession, Repair • Drop Irrigation • Pressure Washing

Rossmoor References

WALLY RUEDRICH 671-2721

ROSSMOOR NEWS • MARCH 10, 2010
CONSTRUCTION

CONTRA COSTA COUNTY CLERK
665 Escobar St.
P.O. Box 350
Martinez, CA 94553-0135
FILED: Feb. 24, 2010
L. Barajas, Deputy County Clerk
Contra Costa County
FILE NO. F-000155-S-00
FITICTIOUS BUSINESS
NAME STATEMENT
The following are doing business as: 1) Moraga Cellars, 2) Ralyn Drywall & Painting, 3) Moraga Bluffs
1) Lafayette/Cellars, 1961-Joseph Dr., Moraga, CA 94556, Contra Costa County.
Captain Vineyards, LLC 1389 Joseph Dr.
Moraga, CA 94556
Business conducted by a Limited Liability Co.
The registrants commenced to transact business under the fictitious business name listed above on 2/24/2010.
Julie M. Captain, President
This statement was filed with Stephen L. Weir, County Clerk of Contra Costa County, on
date indicated by file stamp.
Stephen L. Weir, County Clerk
Legal RM 6531

INTERIORS

TUB & TILE RESURFACING
• RECOLORING • CHIP REPAIRS • NON-SKID BOTTOMS
• BATHTUBS • SINKS • TILE • SHOWER
• COUNTERTOPS • REPAIRS • TUB FRONT CUTOUTS
Fiberglass • Ceramic Tile
Porcelain • Formica & More
30 YEARS EXPERIENCE • ALL WORK GUARANTEED

Luminette® Privacy Sheers Duette® Honeycomb Shades • Bedspreads
ROSSMOOR RESIDENT DISCOUNT
ONE CALL CLEANS IT ALL!

CARPET CLEANING

Contra Costa County
555 Escobar St., P.O. Box 350
Martinez, CA 94553-0135
FILED: Feb. 18, 2010
Liz Guitierrez, Deputy County Clerk
Contra Costa County
FILE NO. F-0001155-00
FITICTIOUS BUSINESS
NAME STATEMENT
The following are doing business as: 1) Moraga Cellars, 2) Ralyn Drywall & Painting, 3) Moraga Bluffs
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Stephen L. Weir, County Clerk
Legal RM 6531
Prudential Realty gets a ‘coffee break’

Prudential California Realty in the Rossmoor Shopping Center won a “coffee break” from a local radio station. Kevin Kelly, center, entered the contest, and the staff from the office gathered around to enjoy coffee and pastries. In addition to the station setting up a remote in the office, there were plenty of give-aways.

Panhellenic to host Games Day March 30

The Rossmoor Panhellenic will hold its annual Games Day fund-raiser on Tuesday, March 30, from 11 a.m. to 3 p.m. at Dollar Clubhouse. A buffet luncheon will be served. The event is open to sorority alumnae and their guests. The cost is $15, which includes a beverage, sandwich, salad, coffee and dessert.

Members should bring a game of their choice which may include bridge, dominoes and cribbage. Members may also just chat with friends in front of the fire.

The proceeds are donated to the Rossmoor Scholarship Fund. Last year, the club gave $800.

Membership dues of $10 are due and should be sent to Joanne Anderson, 3201 Golden Rain Road No. 3.

For information, contact Anderson at 938-9086 or Barbara May at 256-0344.

Meg Crosby of Rossmoor Realty attends ‘Practical Green’ Meeting is with top Realtors

Meg Crosby, a broker associate with Rossmoor Realty, met with other members of the Northern California Chapter of Certified Residential Specialists (CRS), to hear Bob Hart, chairman of Green Task Force for the California Association of Realtors, share information to help homeowners maximize the value of their homes and save money on their energy costs.

Protecting consumers, reducing pollution, creating jobs with clean energy were discussed along with the state and federal tax credits available for homeowners and sources for additional local rebates when replacing water heaters, heating systems, windows and appliances.

A Certified Residential Specialist is a Realtor who has completed a rigorous course of advance training, and by meeting significant experience requirements. Members of the Northern California CRS chapter meet quarterly for educational meetings to promote the professionalism of the real estate industry, share ideas and network with other real estate professionals from across Northern California.

Crosby is a third-generation Rossmoor resident. A Realtor since 1990, she serves the Northern California Chapter of Residential Specialists as Contra Costa AVP and education chairwoman. She may be reached at 287.3328 for information regarding recent legislation about how homeowners can increase the value of their home and take advantage of tax credits and rebates.

Camera Club results

Continued from page 44

Fourth, Stephen Shields, “Rooftops of Lisbon”


Advanced: first and second place, Tim Christoffersen for “102-year Old Tribal Woman” and “Burmese Monks”; third, Victoria Richardson, “Roja Region Winery Architecture”; fourth, Braun, “Mori, New Zealand”; and fifth, Richardson, “Peruvian Mardi Gras”.

The Rossmoor Camera Club extends an invitation to both beginner and experienced photographers. Meetings are held every Wednesday at 7:30 p.m. in the Vista Room at Hillside, with members gathering early for conversation. Competitions are held on the first and fourth Wednesdays of the month.

For membership information, call Norman Nielsen at 932-2789.

“Snow Storm Hits the Midwest,” by Norman Nielsen

“One-Hundred-Two-Year-Old Tribal Woman,” by Tim Christoffersen

Meg Crosby

Dan

Paul

Maintenance Master LLC

We are the West Family. We have proudly served the Residents of Rossmoor since its beginning. We are fourth generation Californians. Over the years, the people we have served have changed, but our contract hasn’t. We offer the same long list of items we always have. We are proud of our record, but even prouder of our customers who think of us as family. Many of our customers have had our parts, Labor and Service Calls are included Also Included: Helping Hand Services & 24-Hour Emergency Service — No monthly call limits

For $188.00 per year

• Fluorescent tubes SUPPLIED & installed — all at no cost
• Lamp sockets, cords, switches
• Light fixtures repaired and installed
• Electrical repairs, towel bars
• Plumbing, drains and leaks
• Sinks, faucets, toilet, tub, shower
• Disposals, stoppers, doors
• Dishwashers, stoves, ovens
• Washer, dryer, refrigerator
• Furnace, air conditioning
• Sliding doors, drawers, rods
• Cabinet doors, water heaters and a lot more

For $245.00 per year

All of the above services plus Preventive Maintenance Every 4 months. A/C & furnace filters, oil motors, Clean fridge coils and a lot more …

Call Julie 937-4600 for a copy of the Service Contract

News photo by Mike DeCorte

Meg Crosby

“Snow Storm Hits the Midwest,” by Norman Nielsen

“One-Hundred-Two-Year-Old Tribal Woman,” by Tim Christoffersen